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## Soccer Alive

By Detlev Brueggemann

Meyer & Meyer Fachverlag Jan 2008, 2008. Taschenbuch. Book Condition: Neu. 210x148x13 mm. Neuware - Soccer is a game that requires the player to be quick not only in movement but also in decision-making. Everyday soccer training focuses on improving technical and tactical abilities and almost completely neglects to practice the ability to read the game and make the right decision quickly. The use of all technical and tactical abilities in the game is of little use unless connected to the ability to make decisions. 'Soccer Alive - The Game is the Best Teacher' provides a new training philosophy. It presents the new didactical approach of using game situations to improve the particular movements and behaviors which are used most frequently in the game. The book explains how to deal with game situations as a model for appropriate exercises and how to coach players practicing complex tasks. It is geared toward coaches and parents of recreational level through high school level players and players at the high school level and above. 192 pp. Englisch.



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