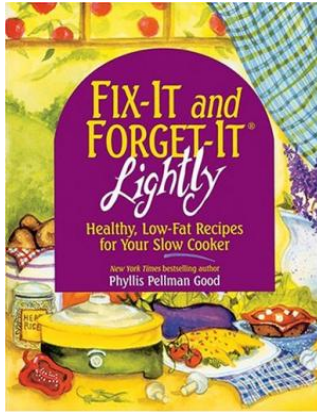


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FIX-IT AND FORGET-IT LIGHTLY : HEALTHY, LOW-FAT RECIPES FOR YOUR SLOW COOKER



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