



Kampfsportart

By Quelle

Reference Series Books LLC Jun 2012, 2012. Taschenbuch. Book Condition: Neu. 254x192x10 mm. Neuware - Quelle: Wikipedia. Seiten: 91. Kapitel: Taekwondo, Boxen, Wrestling, Judo, Ju-Jitsu, Ultimate Fighting Championship, Fechten, Kendo, Mixed Martial Arts, Kickboxen, Schwingen, Ringen, Taekgyeon, Haidong Gumdo, K-1, Liste der Kampfkünste und Kampfsportarten, Savate, Muay Thai, Pencak Silat, Brazilian Jiu-Jitsu, Pekiti-Tirsia Kali, Naginatado, Canne, Krabi Krabong, Sambo, Faustkampf, Moderne Schwertkunst, Öl-Ringkampf, Cut, Okichitaw, Wuzuquan, Anti-Terror-Kampf, Kajukenbo, UFC 1, Juego del Palo, Moringue, Shuaijiao, Panantukan, Ägyptischer Stockkampf, Hoplomachie, El Matreg. Auszug: Taekwondo (auch Tae-Kwon-Do oder Taekwon-Do) ist ein koreanischer Kampfsport. Die drei Silben des Namen stehen für Fußtechnik (Tae), Handtechnik (Kwon) und Die Kunst oder Der Weg (Do). Obwohl Taekwondo für den laienhaften Betrachter große Ähnlichkeiten mit anderen asiatischen Kampfsportarten aufweist, unterscheidet es sich in einigen wesentlichen Punkten von diesen. So ist die Taekwondo-Technik sehr auf Schnelligkeit und Dynamik ausgelegt, was nicht zuletzt durch den Wettkampf bedingt ist. Im Taekwondo dominieren Fußtechniken deutlicher als in vergleichbaren Kampfsportarten. Der Begriff Taekwondo tauchte erstmals 1955 auf und wurde von General Choi Hong-hi (ITF) entwickelt. Weltweit gibt es hauptsächlich drei Taekwondo-Stile (ITF traditionell, ITF reformiert und WTF), die sich in der Formausübung (Hyeong, Tul und Poomse) und im sportlichen Kampf unterscheiden. Taekwondo...



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