



Managing Your Inner A**hole: An Unusual Education in the Fundamentals of Emotional Intelligence

By B W Prescott

Second Blessing Media, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Have you ever let your emotions get the better of you? Have you ever felt like events, or circumstances, or other people were controlling you-instead of you being in control of you? Have you ever acted in a way that you later regretted because you were caught off guard, or were tired, or angry, or hurt, or frustrated, or didn t really know what to do, or just didn t have the time you needed to think through how you should respond to something or someone before you actually did? Have you ever hated yourself afterward, or wondered how you could be so dumb? Have you ever wondered why nobody ever wrote down a practical set of step-by-step, bulletproof guidelines for developing and maintaining a healthy relationship? Or have you ever wondered why, if there really is a God and He really is the Creator of the universe, why He didn t bother to take the time to leave us a simple list of instructions for dealing with the biggest emotional challenges of our lives? If...



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Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dana Hintz**

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

-- **Elisa Reinger**