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St. Martin s Griffin, United States, 2011. Paperback. Book Condition: New. Original. 201 x 112 mm. Language: English . Brand New Book. Finally . . . a real-world guide that will help you navigate the supermarket and stock up on guilt-free foods, from mealtime must-haves to snack finds and more! It s Hungry Girl s ultimate resource for grocery-store survival---a must-own manual that makes shopping for better-for-you foods easy and fun! Inside you ll find: * HG All-Stars and grocery-store...

Read PDF Hungry Girl Supermarket Survival: Aisle by Aisle, HG-Style!

- Authored by Lisa Lillien, Lillien
- Released at 2011



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