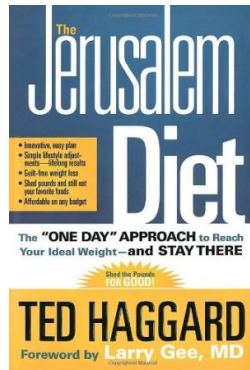


## The Jerusalem Diet: The One Day Approach to Reach Your Ideal Weight--and Stay There



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