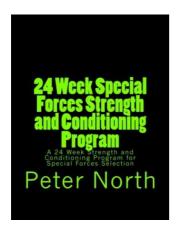
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# 24 WEEK SPECIAL FORCES STRENGTH AND CONDITIONING PROGRAM: A 24 WEEK STRENGTH AND CONDITIONING PROGRAM FOR SPECIAL FORCES SELECTION



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- Authored by Principal of Jesus College and Vice-Chancellor Elect Peter North
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