# Food Project 2: Food Dataset from the U.S. Department of Agriculture

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Regression

## **Dataset Information**

#### Dataset Information, Cleaning and Transformation

- Foundation Foods Dataset: fdc.nal.usda.gov/download-datasets
- Only 278 food items were analyzed, according to the dataset documentation, mostly natural and unprocessed foods.
- Food items (rows) with missing nutrient values were removed from the dataset sample.
- Specific columns from the dataset Food Names (e.g. "Lettuce, leaf, green, raw"), Food Categories (e.g. "Vegetables and Vegetable Products"), Food Nutrients (e.g. "4.066 22.046 0.175 0.156 94.008"), and Nutrient Names ("Carbohydrates (g) Energy (kcal) Nitrogen (g) Fats (g) Water (g)") were merged by shared id columns, which were renamed to not cause compilation problems. These were csv files that were combined into a single dataframe for human readability.
- The resulting dataframe was saved in the file food\_dataset\_reshaped.csv inside the datasets folder datasets/food\_data.
- All the numerical nutrient columns were standardized through the transformation pipeline.

### Data Cleaning: delete, create and merge files and columns

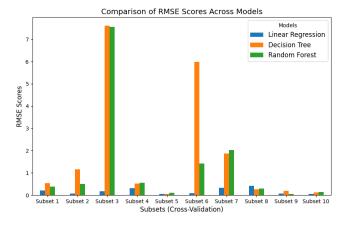
The food data from the USDA came broken down into different files. It was necessary to merge the columns – food names, food categories, nutrient names, nutrient values – by linking them together through shared id columns into a single dataset. This dataset was ordered so the columns – food name, category and nutrient values – were correctly aligned.

# Regression of the Protein Column

#### Root Mean Square Error

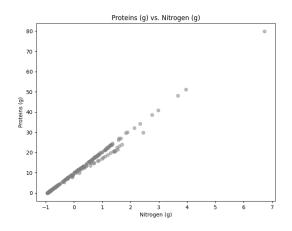
The regression task of the Protein Column of the Foundation Foods Database from the USDA was done by utilizing only a few major food nutrients – Carbohydrates, Lipids (Fats), Energy, Water, and Nitrogen – as feature columns to predict the values of the label column – Protein.

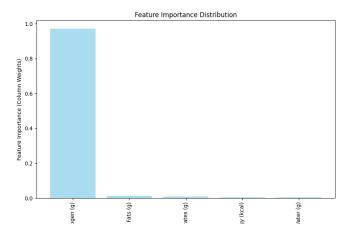
The Linear Regression Algorithm performed better, with lower Root Mean Square Error values across 10 subsets compared to the Decision Tree and Random Forest algorithms. Hence, on these subsets, the Linear Regression Algorithm produced a prediction column with predicted protein values for the food items that were far closer to the original protein values in the label column than those produced by the Decision Tree and Random Forest algorithms.



## Linear Correlation and Column Weight

The Nitrogen column had the strongest linear correlation with the protein column and the highest column weight in predicting the values of the protein column.





**Note:** An attempt was made to utilize every available nutrient value for each food item. However, there were too many missing values for some nutrients (e.g., vitamins, minerals, etc.). Even after performing the imputation of the missing values with the mean of the respective nutrient column, the results were noisy when printing the column weights (feature importances) and the linear correlation between the nutrient columns and the protein column.

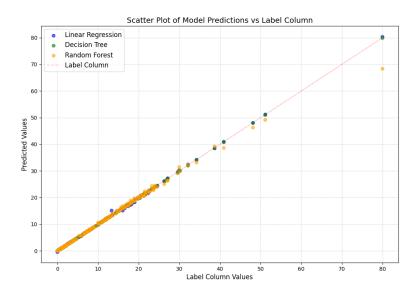
#### **Prediction Columns**

The first 10 protein values of the prediction columns made by the 3 algorithms – Linear Regression, Decision Tree, and Random Forest – and the label column with the true values:

```
Linear Regression, Decision Tree, Random Forest, Label Column
9.442165779000208, 9.43, 9.195242799999985, 9.43
12.399209740388855, 12.3000000000000002, 12.228042299999986, 12.3
5.614927844575728, 5.79, 5.743562500000001, 5.79
17.97849192064918, 18.4, 18.501206100000022, 18.4
```

```
19.955541118286277,20.13125,20.056890699999972,20.13125
17.011649693881935,17.53125,17.6048125,17.53125
17.45081184906512,18.15625,18.163937500000003,18.15625
18.51601668521432,18.74375,18.72433960000003,18.74375
21.600012089636742,21.475,21.53757479999997,21.475
0.6986124293957214,0.65625,0.6551125,0.65625
```

And the next figure shows a scatter plot between the predicted values of the prediction columns made by the algorithms and the original protein values of the label column:



## Full Code

Listing 1: Linear Regression of the protein column from the Food Dataset of the USDA.

```
# Python STL
import os
import sys
import tarfile
import urllib.request
import shutil
import typing
import math
# Packages
import pandas as pd
import numpy as np
import matplotlib.pyplot as plt
# Test Datasets
from sklearn.model_selection import train_test_split
from sklearn.model_selection import StratifiedShuffleSplit
# Tranformation Pipeline
from sklearn.impute import SimpleImputer
from sklearn.preprocessing import LabelEncoder
from sklearn.preprocessing import OneHotEncoder
from sklearn.preprocessing import LabelBinarizer
from sklearn.preprocessing import StandardScaler
from sklearn.base import BaseEstimator, TransformerMixin
from sklearn.pipeline import Pipeline
from sklearn.pipeline import FeatureUnion
# ML Algorithms
from sklearn.linear_model import LinearRegression
from sklearn.tree import DecisionTreeRegressor
from sklearn.metrics import mean_squared_error
from sklearn.model_selection import cross_val_score
from sklearn.ensemble import RandomForestRegressor
# ML Models
```

```
import joblib
from sklearn.model_selection import GridSearchCV
# Modules
# Dataframe PD Display options
pd.set_option("display.max_columns", None)
pd.set_option("display.max_rows", None)
pd.set_option("display.max_colwidth", None)
pd.set_option("display.width", shutil.get_terminal_size().columns)
# Array NP Display Options
np.set_printoptions(threshold=np.inf)
# Paths
FILE_DIR = os.path.dirname(os.path.abspath(__file__))
PARENT_FILE_DIR = os.path.dirname(FILE_DIR)
PARENT_DIR = os.path.dirname(PARENT_FILE_DIR)
## Datasets
DATA_PATH = os.path.join(PARENT_DIR, "datasets")
FOOD_DATA_PATH = os.path.join(DATA_PATH, "food_data_2")
## Models
MODEL_DIR = os.path.join(PARENT_DIR, "models")
FOOD_MODEL_DIR = os.path.join(MODEL_DIR, "food_models_2")
## Images
IMAGES_DIR = os.path.join(PARENT_DIR, "img")
FOOD_IMAGES_DIR = os.path.join(IMAGES_DIR, "food_img_2")
GRAPHS_IMAGES_DIR = os.path.join(FOOD_IMAGES_DIR, "graphs")
directories = [DATA_PATH, FOOD_DATA_PATH, MODEL_DIR, FOOD_MODEL_DIR, IMAGES_DIR,
FOOD_IMAGES_DIR, GRAPHS_IMAGES_DIR]
for dir in directories:
   os.makedirs(dir, exist_ok=True)
# Download and Load the Dataset
def get_data(data_download: bool = False, data_load: bool = False) -> pd.read_csv:
\verb| \_\_Downloads_and_loads_the_USDA_Food_Data_Central_dataset.|
____This_function_provides_two_functionalities:
\verb| \_\_\_\_1.\_Downloads\_and\_extracts\_the\_USDA\_Food\_Data\_Central\_dataset\_from\_the\_official\_URL. \\
```

```
____2._Loads_the_dataset_into_pandas_DataFrames_if_the_files_have_already_been_
downloaded.
\verb|____Parameters:
____data_download_:_bool,_optional
________If_set_to_True,_downloads_the_dataset_from_the_USDA_Food_Data_Central_website_
and extracts
\verb| \_\_\_\_\_ the\_files\_to\_the\_specified\_directory.\_Defaults\_to\_False.|
____data_load_:_bool,_optional
______If_set_to_True,_loads_the_extracted_dataset_files_(e.g.,_'food.csv',_'
food_category.csv',
_____`food_nutrient.csv`,_and_`nutrient.csv`)_into_pandas_DataFrames._Defaults_to_
False.
____Returns:
____A_tuple_of_DataFrames_containing_the_following_data:
______-_`food_category_csv`:_Information_about_food_categories.
_____-_'food_nutrient_csv':_Nutritional_details_associated_with_food_items.
----
|| || || ||
   DATA_URL = "https://fdc.nal.usda.gov/fdc-datasets/
   FoodData_Central_foundation_food_csv_2024-10-31.zip"
   ZIP_FILE_PATH = os.path.join(FOOD_DATA_PATH, "food_data_files.zip")
   EXTRACTED_PATH = os.path.join(FOOD_DATA_PATH, "food_data_files")
   if (data download):
       urllib.request.urlretrieve(DATA_URL, ZIP_FILE_PATH)
       shutil.unpack_archive(ZIP_FILE_PATH, EXTRACTED_PATH)
       for root, dirs, files in os.walk(EXTRACTED_PATH, topdown=False):
           # Move files to extracted_path
           for file in files:
               src_file_path = os.path.join(root, file)
               dest_file_path = os.path.join(EXTRACTED_PATH, file)
               shutil.move(src_file_path, dest_file_path)
           # Remove empty directories
           if root != EXTRACTED_PATH:
              if not os.listdir(root):
                  os.rmdir(root)
       print(f"\nDataset_downloaded_and_extracted_to:_{EXTRACTED_PATH}.\n")
```

```
if (data_load):
        FOOD_PATH = os.path.join(EXTRACTED_PATH, "food.csv")
        FOOD_CATEGORY_PATH = os.path.join(EXTRACTED_PATH, "food_category.csv")
        FOOD_NUTRIENT_PATH = os.path.join(EXTRACTED_PATH, "food_nutrient.csv")
        NUTRIENT_PATH = os.path.join(EXTRACTED_PATH, "nutrient.csv")
        food_csv = pd.read_csv(FOOD_PATH)
        food_category_csv = pd.read_csv(FOOD_CATEGORY_PATH)
        food_nutrient_csv = pd.read_csv(FOOD_NUTRIENT_PATH, dtype={"footnote": "str"})
        nutrient_csv = pd.read_csv(NUTRIENT_PATH)
       print (f"Dataset_loaded_from_the_files_inside:_{EXTRACTED_PATH}.\n")
        return food_csv, food_category_csv, food_nutrient_csv, nutrient_csv
# Rename Columns
def rename_columns(df: pd.DataFrame, column_suffix_name: str) -> pd.DataFrame:
\verb| \_\_\_Renames\_the\_columns\_of\_a\_DataFrame\_by\_appending\_a\_given\_suffix\_to\_each\_column\_name. \\
____Parameters:
\verb| \_\_\_\_dataframe\_(pd.DataFrame): \_Input\_DataFrame\_whose\_columns\_need\_renaming. \\
____column_suffix_name_(str):_Suffix_to_append_to_each_column_name.
____Returns:
____pd.DataFrame:_DataFrame_with_renamed_columns.
____Raises:
____TypeError:_If_input_is_not_a_pandas_DataFrame.
   if not isinstance(df, pd.DataFrame):
       raise TypeError("The_input_must_be_a_pandas_DataFrame.")
   return df.rename(columns={col: col + column_suffix_name for col in df.columns})
# Merge DataFrames
def merge_dataframes(df_left: pd.DataFrame, df_right: pd.DataFrame, key_left: str,
key_right: str, how: str = "left") -> pd.DataFrame:
____Merges_two_DataFrames_on_specified_keys_with_a_given_merge_method.
```

```
____Parameters:
____df_left_(pd.DataFrame):_The_left_DataFrame_to_be_merged.
____df_right_(pd.DataFrame):_The_right_DataFrame_to_be_merged.
\verb| \_\_\_\_\__key_left_(str): \_The\_column_name\_in\_the\_left_DataFrame\_to\_use\_as\_the\_merge\_key. \\
____key_right_(str):_The_column_name_in_the_right_DataFrame_to_use_as_the_merge_key
____how_ (str, _optional): _The_type_of_merge_to_perform._Default_is_"left"._Other_
options_are_"inner", "outer", and "right".
____Returns:
____pd.DataFrame:_The_merged_DataFrame.
____Raises:
____TypeError:_If_either_input_is_not_a_pandas_DataFrame.
\verb| \_\_\_\_ValueError: \_If\_the\_specified\_keys\_do\_not\_exist\_in\_the\_respective\_DataFrames. \\
   if not isinstance(df_left, pd.DataFrame) or not isinstance(df_right, pd.DataFrame):
        raise TypeError("Both_inputs_must_be_pandas_DataFrames.")
   if key_left not in df_left.columns or key_right not in df_right.columns:
        raise ValueError(f"Specified_keys_'{key_left}'_or_'{key_right}'_not_found_in_
        the respective DataFrames.")
    return df_left.merge(df_right, left_on=key_left, right_on=key_right, how=how)
# Data Cleaning: Reshape Dataset
def reshape_dataset(food_dataset: pd.DataFrame, save_dataset: bool = False) -> pd.
DataFrame:
\verb| \_\_\_Processes\_and\_reshapes\_a\_DataFrame\_containing\_food\_nutrient\_information.|
\verb| \_\_\_\_This\_function\_filters\_the\_dataset\_to\_retain\_only\_specific\_nutrients\_of\_interest\_and
reshapes
____it_into_a_table_where_rows_correspond_to_food_categories_and_items,_and_columns_
represent_the
  ___selected_nutrient_amounts._The_resulting_dataset_is_cleaned,_formatted,_and_saved_
as_a_CSV_file
\verb| \_\_\_ for\_further\_ analysis.\_ The\_ function\_ returns\_ the\_ reshaped\_ Data Frame.
____Parameters:
____food_dataset_:_pd.DataFrame
_____A_DataFrame_containing_detailed_information_about_food_items,_including_their_
_____descriptions,_nutrient_names,_and_nutrient_amounts.
```

```
____Returns:
____pd.DataFrame
\verb| \_\_\_\_A\_reshaped\_and\_cleaned\_DataFrame\_where: \\
\verb| \_\_\_\_\_-_Rows\_represent\_food\_categories\_and\_specific\_food\_items.|
fats, _energy) .
# Create the Nurtients Column
   relevant_nutrients = [
       "Protein", "Carbohydrate, _by_difference", "Total_lipid_ (fat) ", "Energy_ (Atwater
       _General_Factors)",
       "Water", "Nitrogen"
   ]
   # Get all unique nutrient names dynamically
   all_nutrients = food_dataset["name_nutrient"].unique()
   # Filter the dataset based on all nutrients (noisy) or only on the relevant
   nutrients
   nutrients = food_dataset[food_dataset["name_nutrient"].isin(relevant_nutrients)]
   \ensuremath{\sharp} Drop columns where all values are missing (Nan)
   nutrients = nutrients.dropna(axis=1, how="all")
   food_dataset_reshaped = nutrients.pivot_table(
      index=["description_food_category", "description_food"],
       columns="name_nutrient",
      values="amount_food_nutrient",
       aggfunc="mean"
   ).reset_index()
   # Rename column names
   food_dataset_reshaped.columns.name = None
   food_dataset_reshaped.rename(
      columns={
          "description_food_category": "Category",
          "description_food": "Food",
          "Protein": "Proteins_(g)",
          "Carbohydrate, _by_difference": "Carbohydrates_ (g) ",
           "Total_lipid_(fat)": "Fats_(g)",
          "Energy_ (Atwater_General_Factors)": "Energy_ (kcal)",
          "Water": "Water_(g)",
          "Nitrogen": "Nitrogen_ (g) "
```

```
inplace=True
   # Remove rows where any relevant nutrient value is Nan
   columns_to_check = list(food_dataset_reshaped.drop(columns={"Category", "Food"}))
   food_dataset_reshaped = food_dataset_reshaped.dropna(subset=columns_to_check)
   \# Resets the index of rows to 0, 1, 2, 3, ...
   food_dataset_reshaped.reset_index(drop=True, inplace=True)
    # Convert the dataset to a CSV file
   if (save_dataset):
        food_dataset_reshaped_path = os.path.join(FOOD_DATA_PATH, "
        food_dataset_reshaped.csv")
        food_dataset_reshaped.to_csv(food_dataset_reshaped_path, index=False)
        print(f"\nFile_converted_to_food_dataset_reshaped.csv_and_saved_to_{
        food_dataset_reshaped_path}.\n")
   return food_dataset_reshaped
# Transformation Pipeline
def transformation_pipeline(columns: list) -> Pipeline:
____The_output_or_return_value_of_a_transformer_becomes_the_input_for_the_next_
transformer.
# Selector: select the nutrients columns
   class CustomDataFrameSelector(BaseEstimator, TransformerMixin):
        def __init__(self, columns):
           self.columns = columns
        def fit(self, dataset, dataset_label = None):
           # self.columns = list(dataset.drop(columns=["Category", "Food", "Proteins (
           g)"]).columns)
           return self
        def transform(self, dataset, dataset_label = None):
           return dataset[self.columns]
   # Tranformation Pipeline
   full_pipeline = Pipeline([
        ("selector", CustomDataFrameSelector(columns)), # Selects nutrient columns
        ("imputer", SimpleImputer(strategy="mean")),  # Handles missing values
        ("std_scaler", StandardScaler()) # Standardizes the columns
```

```
])
           return full_pipeline
# Standardized Columns
def standardization_column(dataset: pd.DataFrame, dataset_numerical_columns: list):
\verb| \_\_\_Check\_the\_Standardization\_of\_the\_Columns\_transformed\_in\_the\_Transformation\_Pipeline | Columns\_transformed\_in\_the\_Transformation\_Pipeline | Columns\_transformation\_Pipeline | Columns\_transformed\_in\_transformation\_Pipeline | Columns\_transformation\_Pipeline | Columns\_transformation\_Pipel
"""
       print ("\nStandardization_of_Columns_(Mean_=_0,_Standard_Deviation_=_1):")
          for col in list(dataset_numerical_columns):
                      print(f"Mean_of_{col}:_", dataset[col].mean())
                     print(f"Standard_Deviation_of_{col}:_", dataset[col].std(), "\n")
# Train Model
def train_models(
         dataset_transformed: np.ndarray,
          dataset_labels: pd.DataFrame,
          save_models: bool
):
\verb| \_\_\_Train, \_evaluate, \_and\_optionally\_save\_or\_load\_regression\_models\_for\_the\_dataset. \\
____Trains_the_following_models:
____1._Linear_Regression
____2._Decision_Tree
____3._Random_Forest
____For_each_model:
_____Trains_on_the_transformed_dataset.
\verb| \_\_\_-\_Computes\_RMSE\_on\_the\_training\_set.|
 ____Evaluates_performance_using_10-fold_cross-validation_and_computes_RMSE_for_each_
 ____Saves_the_trained_models_to_disk_if_ `save_models `_is_True, _or_loads_pre-trained_
models_if_False.
____Parameters:
____dataset_transformed_:_numpy.ndarray
\verb| \_\_\_\_\_\_The\_preprocessed\_and\_transformed\_feature\_dataset.|
____dataset_labels_:_numpy.ndarray
_____The_target_labels_corresponding_to_the_dataset.
____save_models_:_bool
```

```
_____A_flag_indicating_whether_to_save_the_trained_models_to_disk_('True')_or_load_
pre-trained_models_from_disk_('False').
if (save_models == True):
        # Linear Regression
       lin_reg.fit(dataset_transformed, dataset_labels)
       lin_reg_path = os.path.join(FOOD_MODEL_DIR, "linear_regression_model.pkl")
        joblib.dump(lin_reg, lin_reg_path)
       dataset_predictions_lin = lin_reg.predict(dataset_transformed)
       lin_rmse = np.sqrt(mean_squared_error(dataset_labels, dataset_predictions_lin))
       lin_scores = cross_val_score(lin_reg, dataset_transformed, dataset_labels,
        scoring="neg_mean_squared_error", cv=10)
        lin_scores_rmse = np.sqrt(-lin_scores)
        # Decision Tree
        tree_reg.fit(dataset_transformed, dataset_labels)
        tree_reg_path = os.path.join(FOOD_MODEL_DIR, "decision_tree_model.pkl")
        joblib.dump(tree_reg, tree_reg_path)
        dataset_predictions_tree = tree_reg.predict(dataset_transformed)
        tree_rmse = np.sqrt(mean_squared_error(dataset_labels, dataset_predictions_tree
        tree_scores = cross_val_score(tree_reg, dataset_transformed, dataset_labels,
        scoring="neg_mean_squared_error", cv=10)
        tree_scores_rmse = np.sqrt(-tree_scores)
        # Random Forest
        forest_reg.fit(dataset_transformed, dataset_labels)
        forest_reg_path = os.path.join(FOOD_MODEL_DIR, "random_forest_model.pkl")
        joblib.dump(forest_reg, forest_reg_path)
        dataset_predictions_forest = forest_reg.predict(dataset_transformed)
        forest_rmse = np.sqrt(mean_squared_error(dataset_labels,
        dataset_predictions_forest))
        forest_scores = cross_val_score(forest_req, dataset_transformed, dataset_labels
        , scoring="neg_mean_squared_error", cv=10)
        forest_scores_rmse = np.sqrt(-forest_scores)
   else:
       lin_reg_path = os.path.join(FOOD_MODEL_DIR, "linear_regression_model.pkl")
        tree_reg_path = os.path.join(FOOD_MODEL_DIR, "decision_tree_model.pkl")
        forest_reg_path = os.path.join(FOOD_MODEL_DIR, "random_forest_model.pkl")
        # Load pre-trained models
        lin_reg_loaded = joblib.load(lin_reg_path)
        tree_reg_loaded = joblib.load(tree_reg_path)
        forest_reg_loaded = joblib.load(forest_reg_path)
        dataset_predictions_lin = lin_reg_loaded.predict(dataset_transformed)
        dataset_predictions_tree = tree_reg_loaded.predict(dataset_transformed)
```

```
dataset_predictions_forest = forest_reg_loaded.predict(dataset_transformed)
    lin_rmse = np.sqrt(mean_squared_error(dataset_labels, dataset_predictions_lin))
    lin_scores = cross_val_score(lin_reg_loaded, dataset_transformed,
    dataset_labels, scoring="neg_mean_squared_error", cv=10)
    lin_scores_rmse = np.sqrt(-lin_scores)
    tree_rmse = np.sqrt(mean_squared_error(dataset_labels, dataset_predictions_tree
    tree_scores = cross_val_score(tree_reg_loaded, dataset_transformed,
    dataset_labels, scoring="neg_mean_squared_error", cv=10)
    tree_scores_rmse = np.sqrt(-tree_scores)
    forest_rmse = np.sqrt(mean_squared_error(dataset_labels,
    dataset_predictions_forest))
    forest_scores = cross_val_score(forest_reg_loaded, dataset_transformed,
    dataset_labels, scoring="neg_mean_squared_error", cv=10)
    forest_scores_rmse = np.sqrt(-forest_scores)
print("Linear_Regression_(RMSE_of_the_transformed_dataset):_", lin_rmse)
print("Linear_Regression_(RMSEs_for_10_subsets):")
print ("RMSE for each subset:", lin_scores_rmse)
print("Mean_of_the_RMSEs:", lin_scores_rmse.mean())
print("Standard_deviation_of_the_RMSEs:", lin_scores_rmse.std())
print("\n")
print("Decision_Tree_(RMSE_of_the_transformed_dataset):_", tree_rmse)
print("Decision_Tree_(RMSEs_for_10_subsets):")
print("RMSE_for_each_subset:", tree_scores_rmse)
print("Mean_of_the_RMSEs:", tree_scores_rmse.mean())
print("Standard_deviation_of_the_RMSEs:", tree_scores_rmse.std())
print("\n")
print("Random_Forest_(RMSE_of_the_transformed_dataset):_", forest_rmse)
print ("Random Forest (RMSEs for 10 subsets):")
print("RMSE_for_each_subset:", forest_scores_rmse)
print("Mean_of_the_RMSEs:", forest_scores_rmse.mean())
print("Standard_deviation_of_the_RMSEs:", forest_scores_rmse.std())
print("\n")
column_names = ["Linear_Regression", "Decision_Tree", "Random_Forest"]
RMSE_columns_arrays = np.column_stack([lin_scores_rmse, tree_scores_rmse,
forest_scores_rmse])
RMSE_columns = pd.DataFrame(RMSE_columns_arrays, columns=column_names)
# Graph of RMSE Scores across subsets
fig, ax = plt.subplots(figsize=(10, 6))
RMSE_columns.plot(kind='bar', ax=ax)
ax.set_title("Comparison_of_RMSE_Scores_Across_Models", fontsize=14)
```

```
ax.set_xlabel("Subsets_(Cross-Validation)", fontsize=12)
       ax.set_ylabel("RMSE_Scores", fontsize=12)
       ax.legend(title="Models", fontsize=12)
        plt.xticks(ticks=range(len(RMSE_columns)), labels=[f"Subset_{i+1}" for i in range(
        len(RMSE_columns))], rotation=0)
        plt.savefig(os.path.join(GRAPHS_IMAGES_DIR, "RMSE_scores.png"))
# Prediction Columns
def prediction_columns(dataset_transformed: np.ndarray, dataset_labels: pd.DataFrame):
\verb| \_\_\_Generate_and_display_predictions_from_multiple_regression_models_(Linear_Regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_from_multiple_regression_models_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_predictions_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_display_dis
, Decision Tree,
_labels.
____This_function_trains_three_models_(Linear_Regression,_Decision_Tree,_and_Random_
Forest)_on_the_provided
    ___dataset,_makes_predictions_on_the_same_dataset,_and_prints_the_first_five_predicted
values for each model
____and_the_true_labels_for_comparison.
____Parameters:
____dataset_transformed_:_np.ndarray
\verb| \_\_\_\_\_\_The\_transformed\_dataset, \verb| \_where\_the\_features\_are\_ready\_for\_prediction.|
____dataset_labels_:_pd.DataFrame
_____The_target_labels_corresponding_to_the_dataset,_containing_the_true_values_to_
predict.
____Returns:
\verb| \_\_\_\_\_\_\_This\_function\_prints\_the\_first\_five\_predictions\_from\_each\_model\_and\_the\_true\_|
labels_to_the_console.
lin_reg.fit(dataset_transformed, dataset_labels)
        tree_reg.fit(dataset_transformed, dataset_labels)
        forest_reg.fit(dataset_transformed, dataset_labels)
        dataset_predictions_lin = lin_reg.predict(dataset_transformed)
        dataset_predictions_tree = tree_reg.predict(dataset_transformed)
        dataset_predictions_forest = forest_reg.predict(dataset_transformed)
        column_names = ["Linear_Regression", "Decision_Tree", "Random_Forest", "Label_
        Column"]
```

```
prediction_columns_arrays = np.column_stack([dataset_predictions_lin,
    dataset_predictions_tree, dataset_predictions_forest, dataset_labels])
    prediction_columns = pd.DataFrame(prediction_columns_arrays, columns=column_names)
    print("Prediction_Columns:")
    print (prediction_columns.iloc[0:5])
    # Save the prediction columns dataframe as a csv file
    prediction_columns_path = os.path.join(FOOD_DATA_PATH, "prediction_columns.csv")
    prediction_columns.to_csv(prediction_columns_path, index=False)
    print (f"\nPrediction_columns_converted_to_prediction_columns.csv_and_saved_to_{
    prediction_columns_path }. \n")
    # Scatter plot: prediction columns vs label column
    plt.figure(figsize=(12,8))
    plt.scatter(prediction_columns["Label_Column"], prediction_columns["Linear_
    Regression"], color="blue", alpha=0.6, label="Linear_Regression")
    plt.scatter(prediction_columns["Label_Column"], prediction_columns["Decision_Tree"
    ],color="green",alpha=0.6,label="Decision_Tree")
    plt.scatter(prediction_columns["Label_Column"], prediction_columns["Random_Forest"
   ],color="orange",alpha=0.6,label="Random_Forest")
    plt.plot(prediction_columns["Label_Column"], prediction_columns["Label_Column"],
    color="red", alpha=0.2, linestyle="--", label="Label_Column")
    plt.title("Scatter_Plot_of_Model_Predictions_vs_Label_Column", fontsize=14)
    plt.xlabel("Label_Column_Values", fontsize=12)
    plt.ylabel("Predicted Values", fontsize=12)
    plt.legend(fontsize=12)
    plt.grid(True, linestyle="--", alpha=0.5)
    plt.savefig(os.path.join(GRAPHS_IMAGES_DIR, "scatter_plot_prediction_columns.png"))
# Fine Tune Model
def fine_tune_model(
    dataset_transformed: np.ndarray,
   dataset_labels: pd.DataFrame,
   model: BaseEstimator,
   save_model: bool,
   model_name = "model",
) -> BaseEstimator:
____Fine-tune_a_given_machine_learning_model_by_performing_hyperparameter_tuning_with_
\verb| \_\_\_\_This\_function\_searches\_for\_the\_best\_parameters\_for\_the\_model\_using\_cross-validation| \\
_and_grid_search,
____evaluates_the_model_performance_on_the_training_data, _and_calculates_the_feature_
importance. It also tests
```

```
____the_model_on_a_separate_test_dataset_and_saves_the_fine-tuned_model_if_requested.
    ___Parameters:
\verb| \_\_\_ dataset\_transformed\_: \_np.ndarray|
\verb| \_\_\_\_\_The\_transformed\_training\_dataset, \_with\_features\_ready\_for\_model\_training. \\
____dataset_labels_:_pd.DataFrame
\verb| \_\_\_\_\_The\_target\_labels\_corresponding\_to\_the\_dataset, \verb| \_containing\_the\_true\_values\_to\_|
predict.
____model_:_BaseEstimator
\verb| _{\tt uu} = \texttt{The}_{\tt machine} = \texttt{learning}_{\tt model}_{\tt to} = \texttt{be}_{\tt fine-tuned}. \\ \verb| This\_{\tt model}_{\tt must\_{\tt implement}_{\tt the}} = \texttt{the}_{\tt implement} = \texttt{the}_{\tt implemen
() '_and_ 'predict() '_methods
____from_scikit-learn's_`BaseEstimator`.
____save_model_:_bool
\verb| \_\_\_\_\_\_If\_True, \_the\_fine-tuned\_model\_will\_be\_saved\_to\_a\_file.|
____model_name_:_str,_optional_(default="model")
\verb| \_\_\_\_\_\_The\_base\_name\_to\_be\_used\_for\_saving\_the\_fine-tuned\_model.|
____Returns:
____best_model_:_BaseEstimator
\verb| \_\_\_\_\_The\_fine-tuned\_model\_after\_grid\_search, \verb| \_ready\_for\_predictions.| \\
___Notes:
_____This_function_uses_GridSearchCV_to_find_the_best_combination_of_hyperparameters_
for_the_given_model.
\verb| \_\_\_-The\_model's\_feature\_importances\_are\_printed, \verb| \_showing\_the\_contribution\_of\_each\_|
\verb"column_to_the_column_of_predictions".
_____If_ `save_model `_is_set_to_True, _the_fine-tuned_model_is_saved_as_a_ `.pkl `_file_in
_the_ 'models/housing '_directory.
          # Search for the best parameters for the model: minimum RMSE and best performance
         across the subsets
         param_grid = [
                     {"n_estimators":[3,10,30], "max_features":[2,4,6,8]},
                     {"bootstrap":[False], "n_estimators":[3,10], "max_features":[2,3,4]}
          grid_search = GridSearchCV(model, param_grid, cv=5, scoring="neg_mean_squared_error
          grid_search.fit(dataset_transformed, dataset_labels)
          best_parameters = grid_search.best_params_
          best_model = grid_search.best_estimator_
```

```
best_model_predictions = best_model.predict(dataset_transformed)
    best_model_rmse = np.sqrt(mean_squared_error(dataset_labels, best_model_predictions
    ))
    cv_results = grid_search.cv_results_
    print ("Mean_of_the_RMSEs_of_the_subsets_for_each_parameter_combination:")
    for mean_score, params in zip(cv_results["mean_test_score"], cv_results["params"]):
        print("Mean_of_the_RMSEs:_", np.sqrt(-mean_score), "for_parameters:_", params)
   print("Best_parameters_for_the_model:_", best_parameters)
    print("Best_model_RMSE:_", best_model_rmse)
   if (save_model):
        model_full_name = model_name + "_fine_tuned_model" + ".pkl"
        fine_tuned_model_path = os.path.join(FOOD_MODEL_DIR, model_full_name)
        joblib.dump(best_model, fine_tuned_model_path)
        print("\nFine-tuned_model_saved_at:", fine_tuned_model_path, "\n")
   return best_model
# Column Weights
def column_weights(
   model: BaseEstimator,
   dataset_transformed: pd.DataFrame = None
):
____Calculates_the_importance_(weights)_of_each_column_based_on_the_trained_model's_
feature_importances.
____Parameters
____model_:_BaseEstimator
\verb| \_\_\_\_A\_trained\_machine\_learning\_model\_with\_a\_'feature\_importances\_'\_attribute.|
\verb| \_\_\_ dataset\_transformed\_: \_pd.DataFrame, \_optional|
_____The_processed_dataset_(numerical_and_textual_features)_transformed_in_the_
{\tt transformation\_pipeline\_and\_used\_by\_the\_ML\_algorithms.}
____Returns
\verb| \_\_\_\_\_Prints\_the\_feature\_importance\_weights\_and\_their\_corresponding\_columns, \_sorted\_
in_descending_order_of_importance.
____Notes
```

```
attribute.
____-_'dataset_processed'_should_match_the_features_used_to_train_the_model.
   # Extract feature importance weights from the model
   column_weights = [float(weight) for weight in model.feature_importances_]
   # Get the column names of the transformed dataset
   columns = list(dataset_transformed.columns)
   # Pair and sort columns with their corresponding weights in descending order
   sorted_column_weights = sorted(zip(column_weights, columns), reverse=True)
   print ("Feature_Importances_(Column_Weights):")
   print (sorted_column_weights, "\n")
   # Feature Importance Graph
   \# Extract feature names and weights
   weights, features = zip(*sorted_column_weights)
   plt.figure(figsize=(10, 6))
   plt.bar(features, weights, color='skyblue', alpha=0.7)
   plt.xticks(rotation=90)  # Rotate feature names for better readability
   plt.xlabel('Features_ (Column_Names)')
   plt.ylabel('Feature_Importance_(Column_Weights)')
   plt.title('Feature_Importance_Distribution')
   plt.savefig(os.path.join(GRAPHS_IMAGES_DIR, "column_weights.png"))
# Linear Correlation
def linear_correlation(dataset_numerical: pd.DataFrame, column_name: str, save_graphs:
bool):
   # Compute the correlation matrix
   corr_matrix = dataset_numerical.corr()
   linear_corr = corr_matrix[column_name].sort_values(ascending=False)
   # Plot scatter plots for each feature
   for col in dataset_numerical:
       if col == column_name:
           continue
       plt.figure(figsize=(8, 6))
       plt.scatter(dataset_numerical[col], dataset_numerical[column_name], alpha=0.5,
       c="gray")
       plt.title(f"{column_name}_vs.__{col}")
       plt.xlabel(col)
     plt.ylabel(column_name)
```

```
plt.savefig(os.path.join(GRAPHS_IMAGES_DIR, f"linear_correlation_{column_name}_
       {col}.png"))
   return linear_corr
if __name__ == "__main__":
   # sys.exit("Sys.exit(): stops the code right here.")
   # Download and load the dataset files as DataFrames
   food_csv, food_category_csv, food_nutrient_csv, nutrient_csv = get_data(
   data_download=True, data_load=True)
   # Add suffixes to column names to indicate their source
   food_csv = rename_columns(food_csv, "_food")
   food_category_csv = rename_columns(food_category_csv, "_food_category")
   food_nutrient_csv = rename_columns(food_nutrient_csv, "_food_nutrient")
   nutrient_csv = rename_columns(nutrient_csv, "_nutrient")
   # Merge DataFrames to combine food, categories, and nutrient information
   food_category_df = merge_dataframes(food_category_csv, food_csv, "id_food_category"
    , "food_category_id_food")
   food_nutrient_df = merge_dataframes(food_nutrient_csv, nutrient_csv, "
   nutrient_id_food_nutrient", "id_nutrient")
   food_merged_df = merge_dataframes(food_category_df, food_nutrient_df, "fdc_id_food"
   , "fdc_id_food_nutrient")
   print("Food Dataset merged dataframes:")
   print (food_merged_df.iloc[0:1], "\n")
   # Reshape the merged dataset: create 'Category', 'Food', and 'Nutrients' columns,
   and remove unnecessary columns
   food_dataset_reshaped = reshape_dataset(food_dataset=food_merged_df, save_dataset=
   print (f"Food_Dataset_reshaped_{food_dataset_reshaped.shape}:")
   print (food_dataset_reshaped.iloc[0:1], "\n")
   # Split the dataset into label, nutrient, and textual columns
   food_dataset = food_dataset_reshaped.drop(columns=["Proteins_(g)"])
   food_dataset_labels = food_dataset_reshaped["Proteins_(g)"].copy()
   food_dataset_nutrients = food_dataset.drop(columns=["Category", "Food"])
   food_dataset_text = food_dataset.drop(columns=food_dataset_nutrients.columns)
   print("Nutrient_columns_to_be_included_in_the_transformation_pipeline:")
   print(list(food_dataset_nutrients.columns), "\n")
```

```
# Transformation Pipeline
full_pipeline = transformation_pipeline(list(food_dataset_nutrients.columns))
full_pipeline.fit(food_dataset_reshaped)
\verb|food_dataset_nutrients_transformed = full_pipeline.transform(food_dataset_reshaped)|
# Merge the text, transformed nutrient columns, and labels into a single dataFrame
food_dataset_nutrients_transformed_df = pd.DataFrame(
food_dataset_nutrients_transformed, columns=food_dataset_nutrients.columns)
food_dataset_transformed = pd.concat([food_dataset_text,
food_dataset_nutrients_transformed_df, food_dataset_labels], axis=1)
print("Food Dataset after the transformation pipeline:")
print(food_dataset_transformed.iloc[0:1], "\n")
# Check the standardization of the columns
print ("Standardization_of_the_nutrient_columns_made_by_the_transformation_pipeline
:\n")
columns))
\# Train the models: use the ML algorithms to create the prediction column
# ML Algorithms
lin_reg = LinearRegression()
tree_reg = DecisionTreeRegressor()
forest_reg = RandomForestRegressor()
print("Root_Mean_Square_Errors_of_the_ML_Algorithms:\n")
train_models(
   dataset_transformed = food_dataset_nutrients_transformed,
   dataset_labels = food_dataset_labels,
   save_models = True
print("Prediction Columns created by the ML Algorithms:\n")
prediction_columns(
       dataset_transformed = food_dataset_nutrients_transformed,
       dataset_labels = food_dataset_labels
    )
print("Results_of_the_best_model_(Random_Forest_Algorithm):\n")
best_model = fine_tune_model(
    dataset_transformed = food_dataset_nutrients_transformed,
    dataset_labels = food_dataset_labels,
   model = forest_reg,
   save_model = True,
   model_name = "random_forest"
```

```
print("Column_Weights_(Feature_Importances)_created_by_the_best_model_(Random_Forest_Algorithm):")
column_weights(
    model = best_model,
    dataset_transformed = food_dataset_transformed.drop(columns=["Category", "Food",
    , "Proteins_(g)"])
)

print("Linear_Correlation_between_the_processed_nutrient_columns_and_the_label_column_(Proteins):")
linear_corr_protein = linear_correlation(
    dataset_numerical=food_dataset_transformed.drop(columns=["Category", "Food"]),
    column_name="Proteins_(g)",
    save_graphs=True
)
print(linear_corr_protein)
```

# Appendix

# **Formulas**

Mean

$$m = \frac{1}{n} \sum_{i=1}^{n} v_i$$

Variance

$$V = \frac{1}{n} \sum_{i=1}^{n} (v_i - m)^2$$

• Deviation from the mean:  $v_i - mean$ 

**Standard Deviation** 

$$SD = \sqrt{V}$$

Root Mean Square Error

$$RMSE(\boldsymbol{X},h) = \sqrt{\frac{1}{m} \sum_{i=1}^{m} \left(h(\boldsymbol{x}^{(i)}) - \boldsymbol{y}^{(i)}\right)^2}$$

 $RMSE(\textbf{\textit{Dataset}}, MLAlgorithm) = \sqrt{\frac{1}{rows} \sum_{i=1}^{rows} \left( MLAlgorithm(predicted\ value^{(i)}) - label\ value^{(i)} \right)^2}$ 

- Euclidean distance: straight line  $d = \sqrt{\Delta x^2 + \Delta y^2}$
- The ML Algorithm takes into consideration all the column values of the dataset to form a column of predicted values.
- The RMSE measures the standard deviation of the predicted values from the label values.

#### Mean Absolute Error

$$MAE(X, h) = \frac{1}{m} \sum_{i=1}^{m} |h(x^{(i)}) - y^{(i)}|$$

$$MAE(Dataset, MLAlgorithm) = \frac{1}{rows} \sum_{i=1}^{rows} \mid MLAlgorithm(predicted value^{(i)}) - label value^{(i)} \mid$$

- Manhattan distance: grid  $d = |\Delta x| + |\Delta y|$
- Both the RMSE and the MAE are ways to measure the distance between two vectors: the column of predicted values from the column of label values.
- The mean absolute error is preferred when the data has many outliers.

#### Difference between RMSE and Standard Deviation:

$$RMSE = \sqrt{\frac{1}{n} \sum_{i=1}^{n} \left( y_{predicted}^{(i)} - y_{label}^{(i)} \right)^2}$$

$$STD = \sqrt{\frac{1}{n} \sum_{i=1}^{n} \left( y_{predicted}^{(i)} - mean \right)^{2}}$$

RMSE (Root Mean Squared Error) measures the average magnitude (value) of the differences (errors) between the predicted values and the true values (labels). In other words, it's the average "distance" between the predicted values and the label values. It is the deviation from the label.

Standard Deviation measures the average distance of the differences between the predicted values from their own mean. It measures how spread out the values (in a dataset) are from the mean value. When applied to predictions, it measures how spread out the predicted values are from their own mean. It is the deviation from the mean.

## Standardization of a Column

$$Column = V_0, V_1, V_2, V_3, ... V_n \rightarrow Column' = Z_0, Z_1, Z_2, Z_3, ... Z_n$$

$$Z_i = \frac{V_i - mean(Column)}{Standard\ Deviation(Column)}$$

$$Mean(Column') = \frac{1}{n} \sum_{i=1}^{n} (Z_i) \simeq 0$$

$$SD(Column') = \sqrt{\frac{1}{n} \sum_{i=1}^{n} (Z_i - mean')^2} \simeq 1$$