Wessly Green

10/21/2022

Total: 100 points

I answered all the questions making 100 points giving my own thoughts of the readings and the teamwork in class.

* How do plan on contributing to the team, besides completing your tasks? (20)

With looking over the PowerPoint and answering the questions I stopped at the quicksand slide. It made be think of what my personal quicksand might be for contributing to this team. Sometimes I get worried about getting things done on time or speaking my mind on a project. So, I have decided to over come this and contribute a calm and clear mind, and offer my opinions on the task ahead instead of waiting for someone else to tell me what to do.

* Why is this week's topic important for teamwork? (20)

All of the questions that I had to answer was very eye opening. It is good to know yourself more in order to work well with a team. I feel that I have learned more about myself and I can better communicate with the rest of my team because of it. It is important to ask yourself different or hard questions and to answer them truthfully. I enjoyed the PowerPoint and how It opened my eyes.

* If this was a religion class, how would you relate this week’s topic to the gospel? (20)

When I was answering the journal questions it made me think how I needed to journal more. Our prophets of old kept their memories written down and that is one of the ways we have received our doctrine and knowledge of our history. If I start recording my memories and keeping a journal like they did in the Book of Mormon maybe I can leave a message for my future generations as well that could help them.

* What is the most significant take-a-way you have gained from your study this week? (10)

I have really come to understand certain things about myself. Sometimes I don’t like to admit things about who I am and what I need to work on. Asking myself questions like “what holds me back?” or “where am I in my life?” I really had to think and be honest with myself about that one. There are some things in my life that are not really going the way I wanted them to, and I lose my motivation easily when things go downhill. Even though asking these questions where hard it was good to have, and now I know what to work on for myself and my life.

* What do you do, steps, or processes related to this week's topic? (10)

I read over the questions and the PowerPoint many times to process it. I thought about the questions many times and even shared it with my roommates and Girlfriend to see their opinions. We talked about my own personality and then took turns talking about each other. It was a really good bonding time for us all and I feel helped my relationship grow. Sharing those little things with each other was a great way to understand one another better and I felt filled with the spirit there.

* How would you explain this week's topics to a person not in this class? (10)

I would say that it is a self-reflection week of your inner self. I would challenge that person to ask themselves those hard questions and not be afraid of being open and honest with yourself. I would talk about how the gospel asks us hard things but nothing impossible. The Lord inly asks of us to carry what we can, nothing more. I would explain to them how to find their quicksand or the importance of a journal. Knowing yourself is just as important as knowing those around you.

* What would you do differently next week? (10)

I will try to be more open with myself and honest about my feelings. I will offer my opinion and thoughts to my group instead of waiting to be given something to do. I believe I will share more of my thoughts in my relationship and how I feel instead of keeping them to myself. I would like to continue to grow and widen my surroundings. I need to try new things and not be so afraid of rejection and failure. Life is amazing and good, and I want to experience more of it.