

Particle spectrograph

Wave operator and propagator

Quadratic (free) action

$$S == \iiint (h^{\alpha\beta} \mathcal{T}_{\alpha\beta} + \alpha \partial_\beta h^{\chi}_{\chi} \partial^\beta h^{\alpha}_{\alpha} + \alpha (-2 \partial_\beta h_{\alpha\chi} + \partial_\chi h_{\alpha\beta}) \partial^\chi h^{\alpha\beta}) [t, x, y, z] dz dy dx dt$$

Source constraints/gauge generators

| SO(3) irreps | Multiplicities |
|--------------------------------------|----------------|
| $\mathcal{T}^{\#1\alpha}_{1^-} == 0$ | 3 |
| Total constraints: | 3 |

$\mathcal{T}^{\#1}_{2^+} \alpha\beta$
 $\mathcal{T}^{\#1}_{2^+} \dagger^{\alpha\beta}$

$\frac{1}{\alpha k^2}$

$h^{\#1}_{2^+} \alpha\beta$
 $h^{\#1}_{2^+} \dagger^{\alpha\beta}$

αk^2

$\mathcal{T}^{\#1}_{1^-} \alpha$
 $\mathcal{T}^{\#1}_{1^-} \dagger^\alpha$

0

$h^{\#1}_{1^-} \alpha$
 $h^{\#1}_{1^-} \dagger^\alpha$

0

$\mathcal{T}^{\#1}_{0^+}$
 $\mathcal{T}^{\#2}_{0^+}$

0
 $\frac{1}{\sqrt{3} \alpha k^2}$

$\frac{1}{\sqrt{3} \alpha k^2}$
 $-\frac{4}{3 \alpha k^2}$

$h^{\#2}_{0^+}$
 $h^{\#1}_{0^+}$

$\sqrt{3} \alpha k^2$
 $4 \alpha k^2$

0
 $\sqrt{3} \alpha k^2$

Massive and massless spectra

Quadratic pole

| | |
|----------------|------------------------|
| Pole residue: | $\frac{1}{\alpha} > 0$ |
| Polarisations: | 3 |

(No massive particles)

Unitarity conditions

$\alpha > 0$