Basic conventions								
Minkowski metric tensor Totally antisymmetric tensor Four-momentum Four-momentum norm Massive rest-frame								
$\overline{\eta_{\mu  u}}$	$\epsilon \eta_{\mu \nu  ho \sigma}$	$k^{\mu}$	$k^2 == k_\mu k^\mu$	$n^{\mu} == \frac{k^{\mu}}{k}$				
Fundamental field Symmetries Decomposition in SO(3) irreps							Source	
$\mathcal{B}_{\alpha\beta} \qquad \qquad \text{Symmetry[2, $\mathcal{B}^{\bullet 1 \bullet 2}$, $\{\bullet 1 \to -a, \bullet 2 \to -b\}$,} \\ \text{StrongGenSet[\{1, 2\}, GenSet[-(1, 2)]]]} \qquad \mathcal{B}_{1^{+}\alpha\beta}^{\#1} - \mathcal{B}_{1^{-}\beta}^{\#1} n_{\alpha} + \mathcal{B}_{1^{-}\alpha}^{\#1} n_{\beta}$							$oxed{{\cal J}_{lphaeta}}$	
SO(3) irrep   Symmetries   Expansion in terms of the fundamental field								Source
$\mathcal{B}^{\#1}_{1^+  lpha eta}$	Symmetry[2, $\mathcal{B}_{1}^{\#1} \bullet 1 \bullet 2$ , $\{ \bullet 1 \rightarrow -a, \bullet 2 \rightarrow -b \}$ StrongGenSet[ $\{ 1, 2 \}$ , GenSet[ $-(1,2)$ ]]]	$\mathcal{B}_{\alpha\beta} + \mathcal{B}_{\beta\chi} \; n_{\alpha} \; n^{\chi} - \mathcal{B}_{\alpha\chi} \; n_{\beta} \; n^{\chi}$					${\cal J}_{1^+lphaeta}^{\sharp 1}$	
$\mathcal{B}_{1^{-}\alpha}^{\#1}$	$ \text{Symmetry}[1, \ \mathcal{B}_{1}^{\#1} \bullet 1, \ \{ \bullet 1 \rightarrow -a \}, \ \text{StrongGenSet}[\{\}, \ \text{GenSet}[]]] \ \mathcal{B}_{\alpha\beta} \ n^{\beta} $							$\mathcal{J}_{1-lpha}^{\sharp_1}$