## Particle spectrograph

Wave operator and propagator

Quadratic (free) action
$$S_{F} == \iiint (h^{\alpha\beta} \mathcal{T}_{\alpha\beta} + \alpha \partial_{\beta} h^{\chi}_{\chi} \partial^{\beta} h^{\alpha}_{\alpha} + \alpha (-2 \partial_{\beta} h_{\alpha\chi} + \partial_{\chi} h_{\alpha\beta}) \partial^{\chi} h^{\alpha\beta})[t, x, y, z] dz dy$$

$$dx dt$$
Source constraints/gauge generators
$$SO(3) \text{ irreps} \qquad \text{Multiplicities} \qquad \mathcal{T}_{0}^{\#1} + \mathcal{T}_{0}^{\#2} + \mathcal{T}_{0}^{\#2} + \mathcal{T}_{0}^{\#1} + \mathcal{T}_{0}^{\#2} + \mathcal{T}_{0}^{\#1} + \mathcal{T}_{0}^$$

## Massive and massless spectra

Quadratic pole
Pole residue: 
$$\frac{1}{\alpha} > 0$$
Polarisations:  $3$ 

(No massive particles)

## Unitarity conditions