Basic conventions								
Minkowski n	netric tensor	Totally antisymmetric tensor	Four-momentum	Four-momentum norm	Massive rest-frame			
$\eta_{\mu  u}$		$\epsilon \eta_{\mu \nu  ho \sigma}$	$k^{\mu}$	$k^2 == k_\mu k^\mu$	$n^{\mu} == \frac{k^{\mu}}{k}$			
Fundamental field Symmetries Decomposition in SO(3) irre					eps		Sou	rce
$\phi$   Symmetry[0, $\phi$ , {}, StrongGenSet[{}, GenSet[]]]							ho	
SO(3) irrep Symmetries Exp			Expansion	expansion in terms of the fundamental field				
$\overline{\phi_0^{\#1}}$	Symmetry[0	$0$ , $\phi_0^{\#1}$ , {}, StrongGenSet[{}, Ge	enSet[]]] $\phi$				$ ho_{0^{+}}^{\#1}$	