

Waltham Forest Ward Map ~ COVID 19 Support Network

This special Waltham Forest Ward Map gives an overview of the mutual support and emergency services operating in different areas of the borough.
The coloured dots act as rough ward locations of organisations and are only guideline indicators, however many are working borough-wide during this crisis.
It's best to refer to them for more information.

1 Waltham Forest Council
Community Help Network set up by the Connecting Communities Team
(a partnership between Local Authority, Age UK WF, Eat or Heat and PL84U)
Helpline service ~ **020 8496 3000**
www.walthamforest.gov.uk/covid-19

2 Citizens Advice Waltham Forest
Essential advice services via telephone, including:
Advice line service | Universal Credit help line | PensionWise
SENDIASS | Immigration service | Social Prescribing Service
Advice line ~ **0300 330 1175**
Professionals can refer by contacting
admin@citizensadvicewalthamforest.org.uk

3 Waltham Forest Community Hub
Telephone befriending for young people
& senior citizens
Monday to Friday 10am to 5pm
www.wfchub.org
Office - **0208 223 0707** ~ info@wfchub.org
Youth number **07716736315**

4 Age UK Waltham Forest
Support including prescription collection
& food parcels from:
Waltham Forest Resource Hub North,
58 Hall Lane,
Chingford,
E4 8EU
Monday - Friday 10am to 3pm ~ **020 8558 5512**
Or via Community Network line ~ **020 8496 3000**
www.ageuk.org.uk/walthamforest
(Operating from Chingford & Leyton)

5 OrganicLea
Essential food production, distribution, sale &
delivery. Plus a Social Prescribing link worker
providing a phone based service.
Telephone ~ **020 8524 4994**
Email ~ info@organiclea.org.uk
www.organiclea.org.uk

6 Highams Park Food Aid
Have created a food aid group
delivering prepared meals & food
packages supplied to vulnerable people.
(Sponsored & jointly managed by -
All Saints Church / Hornbeam /
Highams Park Covid 19 Volunteers &
Waltham Forest Scouts)
To request an application form
please send an email to~
highamsparkfoodaid@gmail.com

7 Al-fath trust
Food & household essentials
& home deliveries from ~
37 Palmerston Road,
Walthamstow, E17 6PR
Telephone ~ **07809 649312**
or **07984 062282**

8 Eat or Heat Food Bank
Continuing to provide a Food Bank,
but it can only be accessed by referral from
one of the organisations on their website
Please check ~ www.eatorheat.org
Telephone ~ **0800 772 0212**

9 Waltham Forest Migrant Support
Providing advice & information for migrants
Text your full name to ~ **07496394175**
& somebody will call you back.
Please **do not call** this number as there
is no-one to answer it.
www.wfma.org.uk

10 The HEET Project
Focused on ensuring people on low
incomes or with long-term health
conditions or a disability have essential
services such as water and heat.
Telephone ~ **0208 5201900**
www.theheetproject.org.uk

**11 Food Bank taking referrals via a completed
PL84U referral form. To request this & for more
information email ~ pl84u@suffa@gmail.com
Telephone ~ **07539364110****

12 Hornbeam
Café is open as community food
distribution centre providing freshly
cooked nutritious ready meals
on a pay as you feel basis.
Cafe hours for collecting
meals 12 – 3 pm weekdays.
Questions call ~ **07492915531**
Or email ~ Anne@hornbeam.org.uk
www.hornbeam.org.uk/hornbeam-covid-19

13 Revert 2 Reality
Offering a telephone befriending service.
Telephone ~ **020 8610 9393** or **07976 807 268**
For more information ~ info@revert2reality.com

14 Samaritans
Telephone helpline ~ **0330 094 5717**
www.samaritans.org/branches/leyton

15 Elim Pentacostal Church
Food Bank based in the Elim Pentacostal church
Open 10am - 12pm on Wednesday & Thursday
via appointments or drop-in.
Telephone ~ **020 8539 2286**
Email ~ info@elimleytonstone.org

16 Salvation Army Leytonstone
Supporting members of congregation & acting
as a food bank in Leytonstone.
Food bank collections on Thursdays 10-11am
Telephone ~ **07827 031422** or **020 8558 7290**
Email ~ marie.burr@salvationarmy.org.uk

17 St Margaret with St Columba
Offering a Food Share & telephone befriending
service. Food Share ~ Thursday 2pm - 3pm
£1.50 for a bag then you can fill the bag for free.
For more info call ~ **07709611310**
Or email ~ stmargaret11@gmail.com
Telephone befriending ~ **0208 558 2121**
Open Monday to Friday - 9am to 5pm
(Will call back if no one answers, leave voice mail)

18 Christ Church Food Share
A Food Share based in Francis Road, Leyton
running alternating Sundays & Mondays.
Sundays ~ 1pm to 2pm
Mondays ~ 10am to 12pm
Telephone ~ **020 8539 0193** for more information

