title: "Habits"

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output: ioslides_presentation

In the morning

Getting up

- ► Turn off alarm
- ► Get out of bed

Breakfast

- ► Eat eggs
- ► Drink coffee

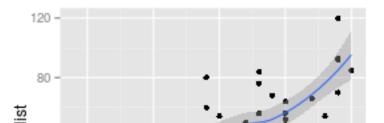
In the evening

Dinner

- ► Eat spaghetti
- Drink wine

library(ggplot2) summary(cars)

```
speed
                     dist
##
   Min. : 4.0 Min. : 2.00
##
##
   1st Qu.:12.0 1st Qu.: 26.00
   Median: 15.0 Median: 36.00
##
   Mean :15.4 Mean : 42.98
##
   3rd Qu.:19.0 3rd Qu.: 56.00
##
   Max. :25.0 Max. :120.00
##
qplot(speed, dist, data = cars) + geom_smooth()
```



Going to sleep

- ► Get in bed
- Count sheep