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Baleen Whale Migration Speeds Optimize Year-round Energetic Budgets

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Abstract:	<p>Summary</p> <p>Long-distance animal migrations are energetically demanding behaviors performed for a variety of reasons, with migrants facing a continuum between cost- and time-minimizing strategies^{1–7}. Minimizing expenditure leaves more energy available for other processes (e.g., growth and reproduction), but may result in fewer foraging opportunities. Minimizing time results in longer foraging periods and increased energetic intake, but incurs high movement costs. Optimal migration theory predicts that migrants may optimize their energy budget by adopting an intermediate strategy². To test this hypothesis, we modeled the annual energy budgets of baleen whales (Mysticeti), a well-studied group of migratory capital breeders (i.e., species which rely on accumulated energy stores to fuel reproduction)¹⁰. Mysticetes undertake ocean-basin scale migrations, so their large body sizes and fast reproductive cycles likely place strong selective pressures to optimize their annual energy budgets¹³. Using tag-based estimates of foraging intake and swimming costs, we modeled the energy gained during a variable-duration foraging season and the energy spent during a variable-speed migration¹⁵. We found optimal migration speeds of approximately 1 –1 for shorter migration distances (2000-4000km), with longer migrations (up to 12000km) requiring higher speeds to minimize transit costs relative to foraging intake. Our model accurately predicted the migration speeds of 67 satellitetracked mysticetes from three species and 10 migration routes. At optimal swimming speeds, we estimate migration accounts for <15% of the annual energy budget in most cases. These results demonstrate that time- and energy-minimizing migration strategies are not distinct options, and migrants optimize their annual energy budgets by adopting intermediate strategies.</p>
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	<p>Extensive knowledge of energetics and physiology as they relate to foraging and locomotion.</p> <p>Anders Hedenström</p> <p>Extensive knowledge of migration dynamics and tradeoffs, primarily in birds.</p> <p>Elizabeth McHuron</p> <p>Extensive knowledge on baleen whale bioenergetics as they relate to foraging, migration, and reproduction.</p> <p>Åke Lindström</p> <p>Extensive knowledge of migration dynamics and tradeoffs, primarily in birds.</p> <p>Leena Riekkola</p> <p>Extensive knowledge of baleen whale migration tradeoffs as shown in:</p> <p>Riekkola, L., Andrews-Goff, V., Friedlaender, A., Zerbini, A.N. and Constantine, R. Longer migration not necessarily the costliest strategy for migrating humpback whales. Mar. Freshw. Ecosyst. 30, 937-948 (2020)</p>
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<p>Standardized datasets</p> <p>A list of datatypes considered standardized under Cell Press policy is available here. Does this manuscript report new standardized datasets?</p>	No
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William T. Gough
Post-Doctoral Researcher
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October 26, 2023

Dear Editorial Board,

Animal migrations are one of Earth's most amazing wildlife spectacles, but migratory species are susceptible to a wide range of threats. Within the marine environment, baleen whales (Mysticeti) display some of the longest migrations, but we do not know how they 1) manage the energetic burden of this extreme behavior or 2) what impact different locomotor strategies may have on an individual's energy economy and ability to cope with future environmental change. Our study seeks to fill these knowledge gaps with estimates of the energetic cost of migration as well as how migratory variables and changing foraging conditions throughout the year might impact the annual energetic calculus for an individual. *Current Biology* has published numerous key works on animal migration and thus we feel our manuscript would be an ideal fit for this journal and represent a significant advancement in the literature^{1,2,3,4,5,6,7}.

The advent of attachable bio-logging tags in the 1990s has led to an explosion of information on the movements and behavior of marine species that would be difficult or impossible to study otherwise⁸. The field of energetics – the intake and cost of life – has seen a particularly large push in the last few years^{9,10}. Unfortunately, a majority of these studies have focused almost exclusively on a single time-scale of movement, using either high-resolution multi-sensor biologgers to study fine-scale behaviors^{11,12,13,14,15} or low-resolution GPS to study broader-scale movements such as migrations^{16,17,18}. This has led to deep understanding of individual behaviors, but an incomplete picture of the broader fitness implications for individuals, populations, and species. Understanding how species will react to changing oceans requires more holistic analyses that incorporate a range of data collected at varying scales.

Fortunately, baleen whales have been extensively tagged with both high- and low-resolution devices, making this the ideal time for a multi-scale approach to energetic analyses. Using high-resolution data, we now have accurate and detailed measures of the fine-scale energetic economy of foraging^{11,19} as well as the mechanics and cost of swimming^{20,21}. From lower-resolution datasets, we have migratory distances and durations^{18,22,23}. Here, my coauthors and I submit **Baleen Whale Migration Speeds Optimize Year-round Energetic Budgets** for consideration as a report in *Current Biology*. In this study, we used high-resolution tag data to estimate the energetic economics of a complete foraging season in higher resolution than ever before. We then used a combination of detailed high-resolution and long-duration low-resolution tag data to estimate how variables such as body size, migration duration, and migratory swimming speed impact the annual energetics of an individual. Through this integration of datasets, we were able to estimate a range of optimal migratory speeds between 1-2 m s⁻¹, suggesting that swimming too quickly leads to an increased cost of transport, but swimming too slowly results in a late arrival to the foraging ground and subsequently missed foraging opportunity. In addition, we found a novel tradeoff between migratory distance and speed, with longer-distance migrations corresponding with higher optimal migratory speeds. To validate our modeled results, we compared our optimal speed range against satellite tag

data from migrating baleen whales and found a similar relationship with increasing migratory distance leading to faster migratory swimming speeds. For fast “pace-of-life” species such as baleen whales that are thought to be highly susceptible to disturbance²⁴, our results can act as baselines and inform management models determining the impacts of environmental shifts on individual and population fitness.

To review this manuscript, we suggest the following referees based on their expertise in behavioral energetics, cost of transport, and the ecology and conservation of migratory species:

Dr. Enrico Pirotta

Dr. Terrie Williams

Dr. Anders Hedenström

Dr. Elizabeth McHuron

Dr. Åke Lindström

Dr. Leena Riekkola

Sincerely,

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Baleen Whale Migration Speeds Optimize Year-round Energetic Budgets

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Summary

Long-distance animal migrations are energetically demanding behaviors performed for a variety of reasons, with migrants facing a continuum between cost- and time-minimizing strategies¹⁻⁷. Minimizing expenditure leaves more energy available for other processes (e.g., growth and reproduction), but may result in fewer foraging opportunities. Minimizing time results in longer foraging periods and increased energetic intake, but incurs high movement costs. Optimal migration theory predicts that migrants may optimize their energy budget by adopting an intermediate strategy². To test this hypothesis, we modeled the annual energy budgets of baleen whales (Mysticeti), a well-studied group of migratory capital breeders (i.e., species which rely on accumulated energy stores to fuel reproduction)¹⁰. Mysticetes undertake ocean-basin scale migrations, so their large body sizes and fast reproductive cycles likely place strong selective pressures to optimize their annual energy budgets¹³. Using tag-based estimates of foraging intake and swimming costs,

we modeled the energy gained during a variable-duration foraging season and the energy spent during a variable-speed migration¹⁵. We found optimal migration speeds of approximately 1 ms^{-1} for shorter migration distances (2000-4000km), with longer migrations (up to 12000km) requiring higher speeds to minimize transit costs relative to foraging intake. Our model accurately predicted the migration speeds of 67 satellite-tracked mysticetes from three species and 10 migration routes. At optimal swimming speeds, we estimate migration accounts for <15% of the annual energy budget in most cases. These results demonstrate that time- and energy-minimizing migration strategies are not distinct options, and migrants optimize their annual energy budgets by adopting intermediate strategies.

Results

Annual Energetic Cost of Migration

Recent studies on several mysticete species have produced high-resolution estimates of energetic intake and costs for both foraging and swimming by combining biologging tags with UAS-derived (uncrewed aerial systems) morphometrics and hydrodynamic physical modeling^{12,15} (Figure 1). Using those estimates, we quantified the relationship between migration distance and the percentage of annual energetic budget devoted to migration (Figure 2). Of the four species in our analysis, cost per km of migration increased the fastest in humpback whales (increased by factor of 17.58 between 2000km and 12000km) and slowest in Antarctic minke whales (increased by factor of 17.04 between 2000km and 12000km).

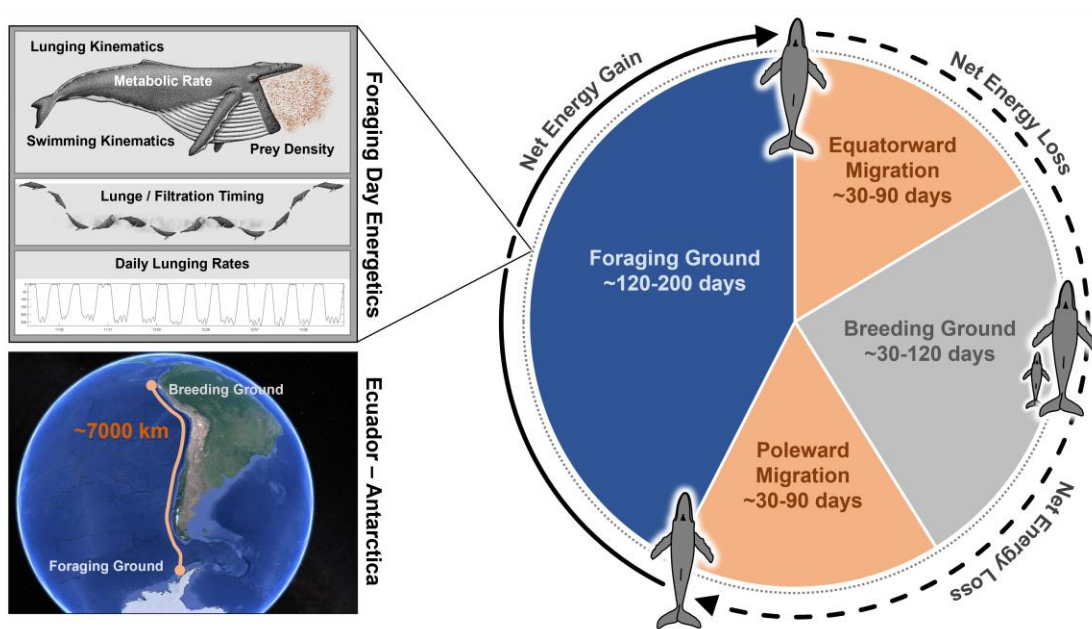


Figure 1. Schematic of a humpback whale annual cycle (right) with a generic equatorward migration route highlighted (bottom left). The upper left box highlights the variables used to determine the energetic cost and intake of a single day on the foraging ground.

From satellite tracks of migrating humpback ($n=24$) and blue whales ($n=41$), we found the combined 95th percentile of migration distances to be 8956km, corresponding to annual migration costs ranging from 10-20%. Mean migration distances of 5511km for humpback and 4080km for blue whales correlated with lower annual migration costs ($>10\%$). We did not have a full energetic model for the gray whales in our dataset ($n=2$), but their migration distances were long ($>10000\text{km}$), suggesting annual migration costs as high as 30%.

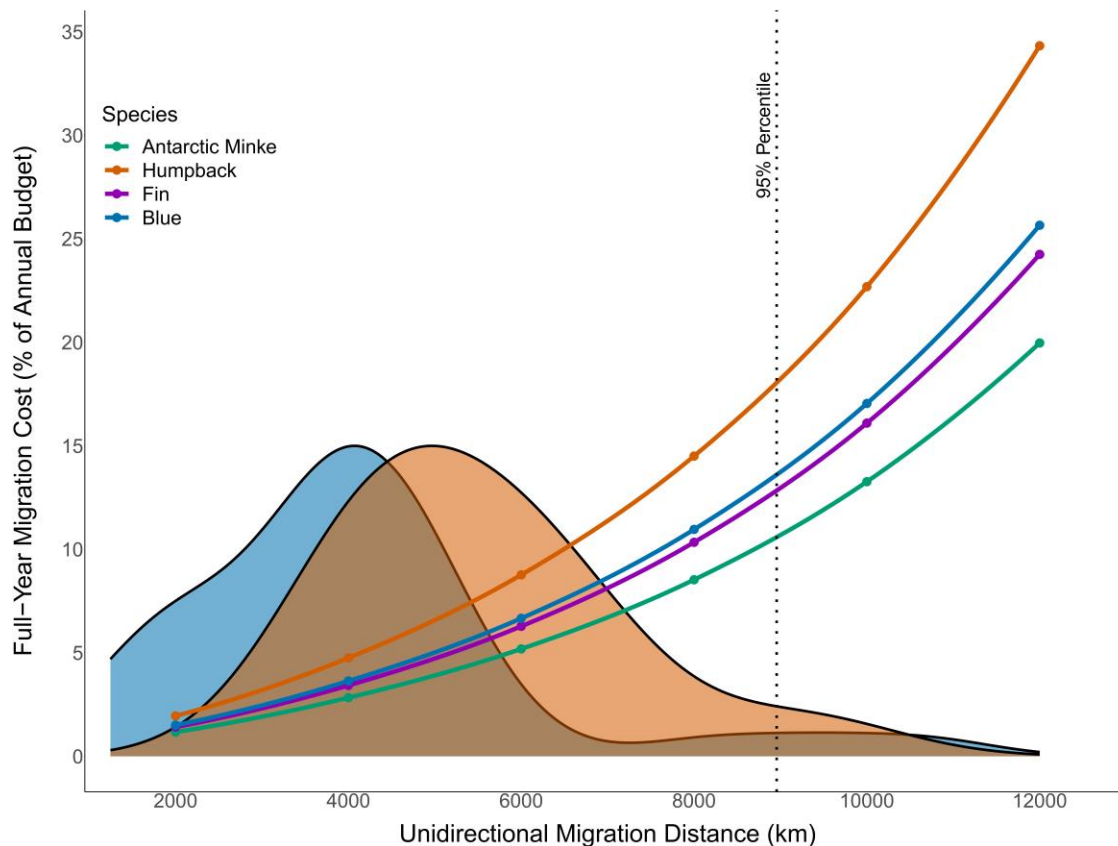


Figure 2. Relationship between migration distance and the percentage of annual energy used for migration. Curves correspond to the minimal energy used for migration (annual total) as a percentage of annual net foraging season energy intake for an animal performing migrations of a given unidirectional distance. Probability density plots correspond to the migration distances for humpback (orange; $n=24$) and blue (blue; $n=41$) whales obtained through satellite tagging. Data are detailed in Table S1^{16–20}. The vertical dotted line denotes the 95th percentile for the probability densities combined (8956km).

Optimal Over-Ground Migration Speeds

Speed values throughout our study are presented as over-ground migration speeds (horizontal point-to-point speed), unless explicitly stated to be instantaneous forward swimming speed in three dimensions. We found a concave relationship between the migration speed of an individual and the ratio of net foraging season energy intake to migration energy loss (Figure 3). Each curve displays a single migration speed at which the energetic ratio of cost:benefit was minimized, representing an optimal migration speed.

These optimal migration speeds fell between $0.95\text{--}1.55\text{ ms}^{-1}$ across our range of migration distances (2000-12000km), with longer migration distances correlated with faster optimal migration speeds and an increased ratio of migration costs to annual energy intake. Longer migration distances also correlated with a higher percentage of the annual cycle (in days) devoted to migration at optimal migration speeds (ranging from 13% or 47.5 days for a 2000km migration to 48.3% or 176.4 days for a 12000km migration).

The average migration speeds (mean \pm SE) for blue whales taken from our satellite tag dataset ($1.01 \pm 0.04\text{ ms}^{-1}$) aligned closely with our predicted optimal migration speed for a 4000km migration distance (1.05 ms^{-1}), a distance very close to their average migration distance (4080km). Average migration speeds for humpback whales (1.30 ms^{-1}) were higher, aligning closely with the optimal migration speed for a 8000km migration ($1.30 \pm 0.07\text{ ms}^{-1}$), while their average migration distance (5511km) would suggest a speed closer to the optimal speed for our 6000km curve (1.18 ms^{-1}). At distances near the middle of our range ($\sim 6000\text{km}$), optimal migration speeds were similar to the routine swimming speed that minimizes cost-of-transport ($\sim 1.25\text{ ms}^{-1}$ over-ground speed, or $\sim 2.50\text{ ms}^{-1}$ instantaneous forward speed)^{21,22}.

We compared our modeled relationship between migration distance and optimal migration speed against our full satellite tag dataset ($n=67$) and found a similar increasing relationship between migration distance and migration speed (Figure 4; $p=0.99$ for a comparison of the slopes of each regression, suggestion no significant differences). Migration direction (equatorward vs. poleward) did not impact this relationship and we found that migration distances and migration speeds did not differ between the two directions ($p=0.68$ for distance; $p=0.24$ for speed). Across the range of migration distances, migration speeds from our satellite tag dataset were significantly higher than our model by approximately 0.10 ms^{-1} (intercepts of 0.88 and 0.84 ms^{-1} , respectively; $p<0.001$ for a comparison of the intercepts of each relationship).

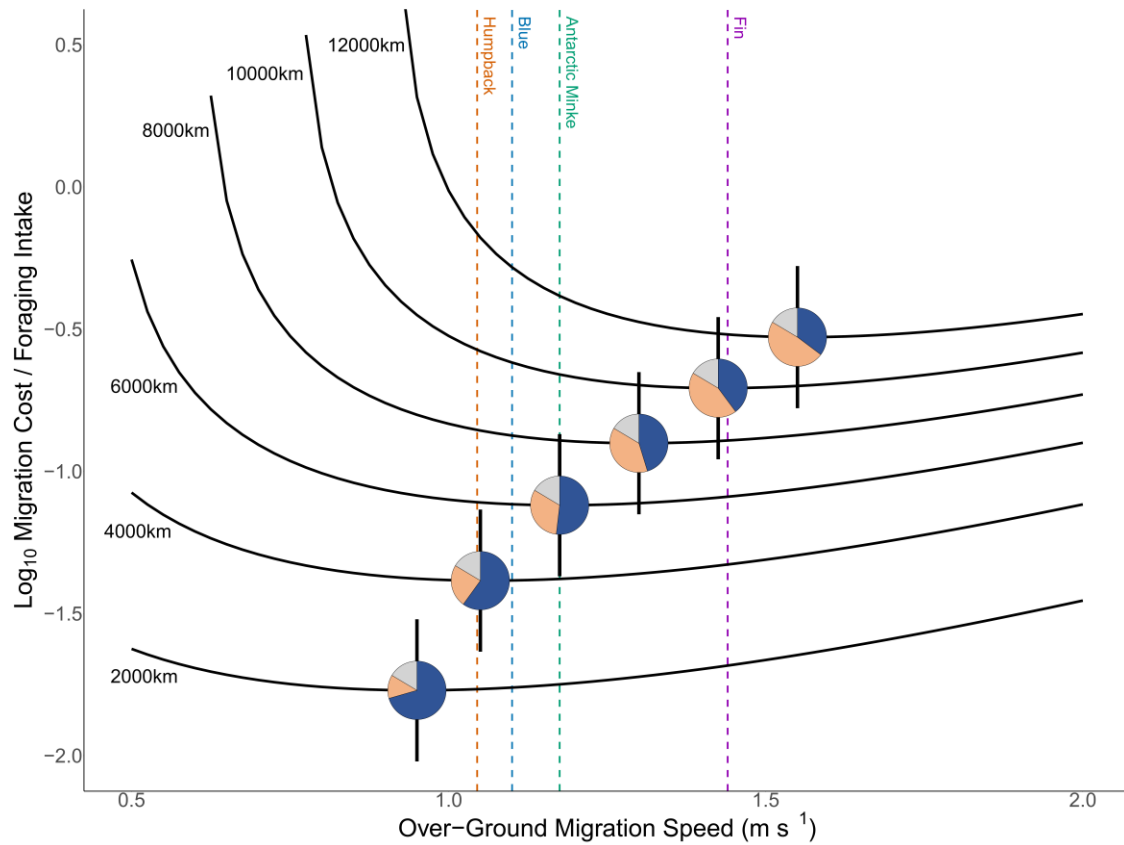


Figure 3. Relationship between over-ground migration speed and the energetic ratio between annual migration costs and annual foraging season energy intake. Curves are given for a range of unidirectional migration distances (2000-12000km). Vertical segments denote the migration speeds that minimize each curve. Dashed vertical lines denote the converted values of routine swimming speed that minimize cost-of-transport for each species in our analysis²¹. Pie charts correspond to the percentages of the annual cycle (in days) devoted to foraging (blue), migration (orange), and breeding (light grey).

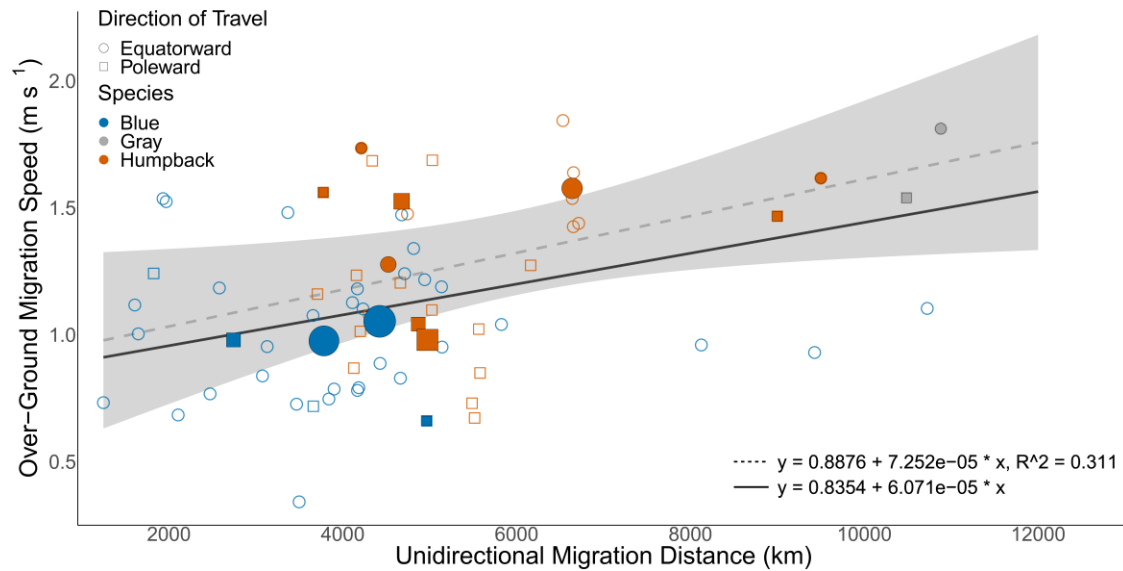


Figure 4. Relationship between migration distance and over-ground migration speed for satellite tracks obtained from literature sources. Filled symbols denote average values for a given migration route, with the size of symbols corresponding to the number of tag deployments averaged together from that migration route. Unfilled symbols correspond to individual satellite track data included in the migration route averages. Circles and squares denote equatorward and poleward migration routes, respectively. The dashed gray line denotes the relationship for these symbols, while the solid black line denotes the relationship between migration distance and optimal migration speed taken from our model shown in Figure 3.

Discussion

Our results are the first to show that a group of ocean-going, long-distance migratory species optimize their travel speeds for energetic efficiency across a range of migration distances. These optimal migration speeds result from a tradeoff between phenological constraints and swimming costs. If whales swim slower than the optimal migration speed (cost-minimizing), then the late arrival to the foraging grounds reduces foraging opportunities and energy intake. Conversely, whales that swim faster than the optimal migration speed (time-minimizing) incur locomotor costs greater than the energy gained from additional foraging days. In keeping with optimal migration theory², our model predicted an intermediate solution for each migration distance that optimized the cost:benefit ratio between migration swimming costs and foraging season energy intake.

Previous research on migrating mysticetes found an energetic tradeoff within the migration route, with faster migrations incurring higher swimming costs but lower metabolic costs over a shorter period of time, leading to near-parity in energetic costs between short- and long-distance migrations²⁰. Our results suggest that, even at optimal migration speeds, longer migrations incur higher costs when we factor in the broader annual cycle (Figures 3-4). From this purely energetic standpoint, the optimal life-history strategy would be to reduce migration costs to zero and remain in one place throughout

the year, strongly suggesting that the fitness benefits of migration must outweigh the energetic costs in mysticetes.

Migration offers diverse fitness benefits, from predator and parasite avoidance to better mate selection or the maximization of energy intake at another location or point in the year^{23–25}. For species that track shifting food sources²⁶, migration increases energetic intake. For large mysticetes that leave their prey-rich foraging grounds in the winter, migration may have evolved to accelerate development or avoid predation. Warmer waters at low latitudes may allow for faster calf growth rates if they can reallocate energy from thermoregulation to growth^{27,28}. Predators, specifically killer whales (*Orcinus orca*), frequently attack calves and are more abundant at high latitudes^{7,29,30}. Thus the fitness benefits of mysticete migration are derived from faster growth and reduced mortality of offspring, which likely outweigh the fitness costs associated with adult energy expenditure.

Mysticetes are thought to have established long-distance migration patterns and experienced rapid gigantism in the last ~5 million years due to a phase shift in ocean ecosystems towards stronger seasonality^{31,32}. The high foraging efficiencies that resulted from this shift likely allowed for rapid mass-specific calf development and growth with subsequently shorter, less costly breeding season intervals^{33–36}. Large body sizes also result in low mass-specific transport costs and large energy reserves, resulting in lower migration costs and an increased ability to support a capital breeding lifestyle^{37,38}.

This suite of evolutionary adaptations has allowed mysticetes to remain successful for the last ~5 million years, but this fast pace of life is dependent on abundant and predictable prey resources. Anthropogenic impacts on modern oceans (i.e., climate change, pollution, overfishing, ocean noise) have begun to impact the reliability, quality, and geographic location of prey species, possibly resulting in longer and more costly migrations^{39–46}. The majority of whales in our analysis migrated less than ~9000km (unidirectionally) in a year, thereby keeping energetic costs low (~5-15% of annual budget; Figure 2). But in the shifting prey scenarios outlined for future oceans, an increase of 1000-2000km could increase the cost of migration by as much as 5-10%, a significant burden that may have adverse ecological implications for species such as the gray whale that perform longer migrations and may be operating closer to their energetic capacities⁴⁷. Villegas-Amtmann et al.^{48,49} found that for the gray whale, a foraging season intake reduction of as little as 4% could result in a suspension of pregnancy, while a reduction of ~30% would represent a significant impact on long-term species fitness. Pallin et al.⁵⁰ similarly found that reproduction of humpback whales in the Antarctic is prey-limited, with pregnancy rates negatively impacted by declines in the abundance of krill. Mysticetes have shown resilience to predictable fluctuations in their environment and they can vary the timing and duration of foraging, migration, and breeding to account for these natural variations^{51–55}. Unexpected or cumulative disturbances, on the other hand, can cause direct impacts on the foraging success of mysticetes^{56,57}, lowering their annual energy intake below the theoretical values that we have predicted.

These habitat uncertainties call into question whether life history strategies that include long-distance migrations will remain profitable into the future, or whether shorter distance or non-migratory strategies such as those seen in equatorial mysticete populations will

become more common^{58–62}. In any event, mysticetes' ability to optimize their travel speeds for energetic efficiency across migration distances undoubtedly increases their fitness, underpinning their evolutionary success.

STAR Methods

For our energetic and optimal migration speed models, we chose a five-meter range of body lengths (TL_{body}) for four mysticete species: blue (*Balaenoptera musculus*), fin (*Balaenoptera physalus*), humpback (*Megaptera novaeangliae*), and Antarctic minke (*Balaenoptera bonaerensis*). Each range was centered at the average body length for that species taken from a UAS dataset of tagged animals used to calculate the energetic estimates underlying our optimal migration speed model^{14,22}.

Satellite Tag Data

In a literature review of satellite tag data for migratory mysticetes, we found data for blue ($n = 41$) and humpback ($n = 24$), with smaller numbers for the gray whale (*Eschrichtius robustus*; $n = 2$).

Satellite tag data was compiled from multiple literature sources and tag types (Table S1). To be included in our dataset, a satellite track had to include: 1) a complete migration moving in either direction (i.e., from foraging ground to breeding ground or vice-versa), 2) not include any portions of swimming on the foraging or breeding grounds, 3) the overall distance covered by the animal during the migration (D_{mig} ; km), and 4) the duration of the migration period ($T_{\text{mig,uni}}$; days). Using this data, we were able to calculate the over-ground migration speed of each animal ($U_{\text{over-ground}}$; ms^{-1}) using the equation:

$$U_{\text{over-ground}} = \frac{D_{\text{mig}} * 1000}{T_{\text{mig,uni}} * 86400} \quad (1)$$

Using average values for D_{mig} , $T_{\text{mig,uni}}$, and $U_{\text{over-ground}}$, we calculated the distance ($D_{\text{mig,avg}}$), duration ($T_{\text{mig,uni,avg}}$), and over-ground migration speed ($U_{\text{over-ground,avg}}$) for a stereotypical migration route (Figure S1). We used these values to parameterize a standardized annual cycle as well as our energetic models.

Standardized Annual Cycle

Our energetic models were predicated on a standardized annual cycle, with costs and benefits calculated as deviations from that cycle. From our satellite tag dataset, we calculated $T_{\text{mig,uni,avg}}$ to be 52 days (Figure S1), so we estimated 50 days for a unidirectional migration ($T_{\text{mig,uni,standard}}$), resulting in 100 days spent migrating during a standardized annual cycle ($T_{\text{mig,year,standard}}$). For the time spent on the breeding ground ($T_{\text{breed,standard}}$), we estimated 60 days based on sightings data, specifically from Maui-Nui for humpback whales (Evans and van Aswegen, pers. comm.). Finally, we estimated the foraging season as the remaining portion of the year, set to 205 days ($T_{\text{feed,standard}}$).

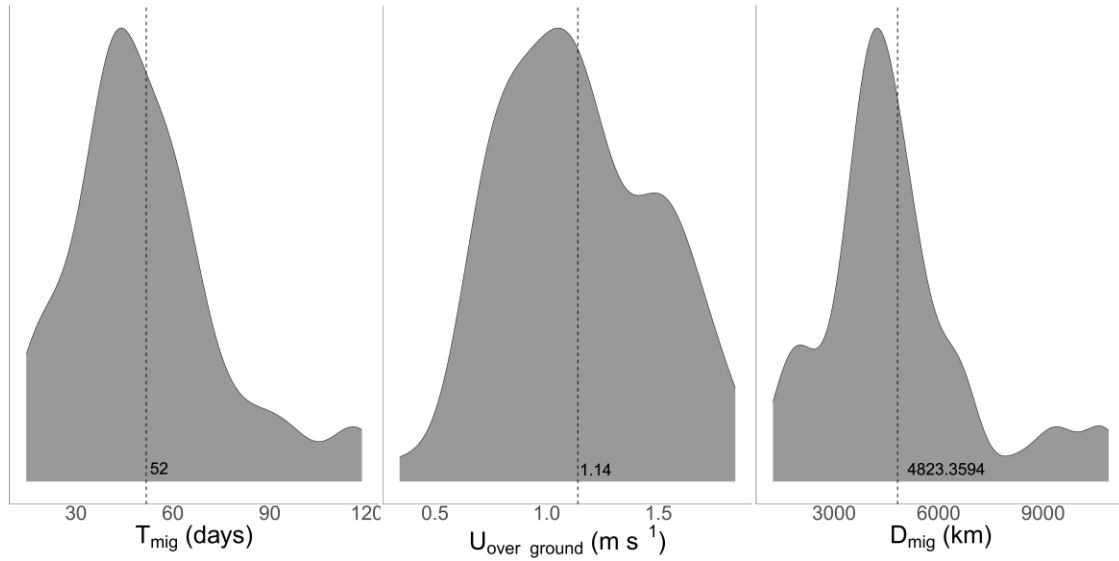


Figure S1. Probability density plots for migration duration (in days), over-ground migration speed (m s^{-1}), and migration distance (km) taken from a review of the literature. Data are detailed in Table S1.

Standardized Foraging Season Energetics

We determined the net energy obtained from a day of foraging ($E_{\text{net,feed.day}}$; kJ) using the equation:

$$E_{\text{feed.day}} = E_{\text{feed.day.gain}} - E_{\text{feed.day.cost}} \quad (2)$$

where $E_{\text{feed.day.gain}}$ and $E_{\text{feed.day.cost}}$ are calculated for each species at a given body length using body length regressions from the literature¹⁴. These regressions subtracted the energetic cost of a lunge feeding event from the energetic intake of that same event, then multiplied the duration of the lunge feeding event by the average number of lunges performed in a day for that species taken from Savoca et al.¹⁵. For the remaining portion of the day, we calculated the energetic cost per second using metabolic equations outlined by Gough et al.¹⁴ and body mass (M_{body} ; kg) calculated from body length using methods outlined by Kahane-Rapport and Goldbogen⁶³. To determine the net energy flux for a standard foraging season ($E_{\text{feed.year.standard}}$; kJ), we multiplied $E_{\text{feed.day}}$ by the $T_{\text{feed.standard}}$ using the equation:

$$E_{\text{feed.year.standard}} = E_{\text{feed.day}} * T_{\text{feed.standard}} \quad (3)$$

Standardized Migration Route Energetics

We estimated the combined energetic cost of swimming ($E_{\text{swim.sec}}$; kJ s^{-1}) and metabolism for each species at a given body length using the equation:

$$E_{\text{swim.sec}} = \left(\frac{P_T * M_{\text{body}}}{\eta_{\text{met}} * \eta_{\text{prop}}} + \frac{BMR_{\text{kleiber}} * 1000}{86400} \right) \div 1000 \quad (4)$$

where P_T is the thrust power output (Wkg^{-1}) estimated for a given forward swimming speed (U_{swim} ; ms^{-1}) with a regression taken from Gough et al.²², η_{met} is a metabolic efficiency factor set at 0.25^{64–66}, η_{prop} is a propulsive efficiency factor set at 0.90²², $BMR_{kleiber}$ is the basal metabolic rate using a Kleiber function ($70 * M_{body}^{0.75}$)⁶⁷. To determine the energetic cost of a single migration day ($E_{mig-day}$; kJ), we multiplied the per-second value of $E_{swim-sec}$ by the percentage of time spent actively fluking for each species ($\%_{fluke}$) and the number of seconds in a day:

$$E_{mig-day} = (E_{swim-sec} * \%_{fluke} * 86400) + (BMR_{kleiber} * (1 - \%_{fluke})) \quad (5)$$

and included the metabolic cost for the remaining portion of the day. We estimated $\%_{fluke}$ for each species using previously published tag data from the four species included in our analyses¹⁴. These estimations resulted in 35% for the blue whale, 40% for the fin whale, 55% for the humpback whale, and 65% for the Antarctic minke whale. Finally, we could calculate the overall cost of a migration ($E_{mig-year.standard}$) using the equation:

$$E_{mig-year.standard} = E_{mig-day} * T_{mig-year.standard} \quad (6)$$

Speed-Adjusted Foraging Season and Migration Route Energetics

We used previously published data from 2 migrating blue whales⁶⁸ to compare $U_{over-ground}$ and U_{swim} . These measurements resulted in a multiplicative factor of 2.0 to convert values of $U_{over-ground}$ from our satellite tag dataset into U_{swim} values that could be used to more accurately calculate $E_{swim-sec}$. This factor also allowed us to create a range of speeds for both $U_{over-ground}$ and U_{swim} to calculate changes in annual energy flux.

For a given $U_{over-ground}$ value, we could calculate an adjusted value for the duration of a unidirectional migration period ($T_{mig.uni.adj}$) using the equation:

$$T_{mig.uni.adj} = \frac{D_{mig} * 1000 * 86400}{U_{over-ground}} \quad (7)$$

with the overall days spent migrating during an annual cycle ($T_{mig-year.adj}$) given given as:

$$T_{mig-year.adj} = T_{mig.uni.adj} * 2 \quad (8)$$

We could then update the uni-directional cost of migration ($E_{mig.uni.adj}$) using the equation:

$$E_{mig.uni.adj} = E_{mig-day} * T_{mig.uni.adj} \quad (9)$$

with the annual cost of migration given as:

$$E_{mig-year.adj} = E_{mig.uni.adj} * 2 \quad (10)$$

We then used our $T_{mig-year.adj}$ values across our range of $U_{over-ground}$ to calculate the change in foraging season duration from $T_{mig-year.standard}$ due to migration speed (ΔT_{feed}) using the equation:

$$\Delta T_{\text{feed.year}} = T_{\text{mig.year.adj}} - T_{\text{mig.year.standard}} \quad (11)$$

and the subsequent change in net energy intake per year ($\Delta E_{\text{feed.year}}$) using the following equations:

$$\Delta E_{\text{feed.year}} = E_{\text{feed-day}} * \Delta T_{\text{feed.year}} \quad (12)$$

Next, we recalculated the net energy from the foraging season ($E_{\text{feed.year.adj}}$) using the equation:

$$E_{\text{feed.year.adj}} = E_{\text{feed.year.standard}} - \Delta E_{\text{feed.year}} \quad (13)$$

Optimal Migration Speeds

We calculated the ratio of between $E_{\text{mig.year.adj}}$ and $E_{\text{feed.year.adj}}$ (E_{ratio}) using the following equation:

$$E_{\text{ratio}} = \frac{E_{\text{mig.year.adj}}}{E_{\text{feed.year.adj}}} \quad (14)$$

We calculated the speed values (both $U_{\text{over-ground}}$ and U_{swim}) at which E_{ratio} is minimized (U_{opt}) using the following equation:

$$U_{\text{opt}} = \min(E_{\text{ratio}}) \quad (15)$$

We repeated these analyses for a range of D_{mig} values from 2000-12000km, informed by the range of migration distances found in our review of satellite tracks in the literature (Figure S1 and Table S1). For each value of D_{mig} in this range, we could calculate the minimum value of $E_{\text{mig.year.adj}}$ as a percentage of $E_{\text{feed.year.adj}}$. A schematic of our workflow is given in Figure S2.

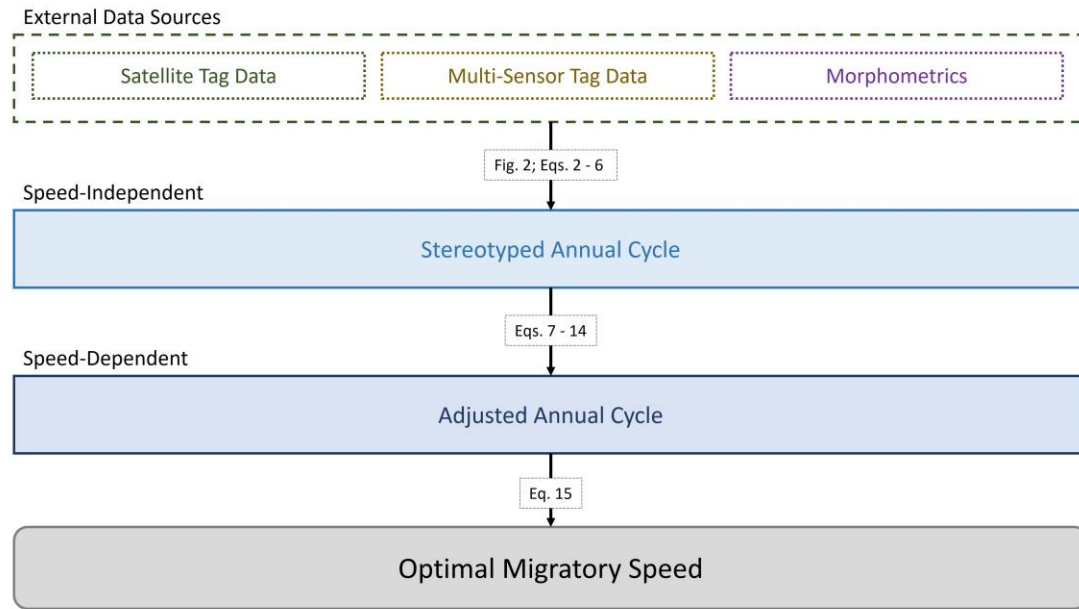


Figure S2. Simplified schematic showing the progression from external data sources to our optimal migration speed calculations. Satellite tag data was sourced from the literature and is detailed in Table S1, while multi-sensor tag data and morphometrics were obtained from Gough et al.¹⁴. Together, these data were used to calculate the foraging and migration energetics for a generalized annual cycle (50 days on each migration route, 60 days on the breeding ground, 205 days on the foraging ground). We recalculated these energetics at each over-ground migration speed between 0.5-2.0 ms⁻¹ for each unidirectional migration distance between 2000-12000km. From these speed-adjusted models, we could determine which over-ground migration speed produced the optimal value of Eratio at each unidirectional migration distance.

Supplemental Information

Table S1. Metadata for satellite tag-derived migration tracks obtained from a review of the literature.

Species	Data Source	Geographic Region	Direction	Distance	Duration	Speed
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	5564	63.0	1.02
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	6161	56.0	1.27
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	5025	53.0	1.10
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	3709	37.0	1.16
Humpback	Riekkola et	Southern	Poleward	5487	87.0	0.73

Species	Data Source	Geographic Region	Direction	Distance	Duration	Speed
	al. 2020	Oceania				
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	5517	95.0	0.67
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	4202	48.0	1.01
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	4127	55.0	0.87
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	4158	39.0	1.23
Humpback	Riekkola et al. 2020	Southern Oceania	Poleward	5579	76.0	0.85
Humpback	Modest et al. 2021	South Pacific	Equatorward	6654	47.0	1.64
Humpback	Modest et al. 2021	South Pacific	Equatorward	6640	50.0	1.54
Humpback	Modest et al. 2021	South Pacific	Equatorward	6652	54.0	1.43
Humpback	Modest et al. 2021	South Pacific	Equatorward	6714	54.0	1.44
Humpback	Modest et al. 2021	South Pacific	Equatorward	6532	41.0	1.84
Humpback	Kettemer et al. 2022	Atlantic	Equatorward	9500	68.0	1.62
Humpback	Kettemer et al. 2022	Atlantic	Poleward	9000	71.0	1.47
Gray	Mate et al. 2015	North Pacific	Equatorward	10880	69.5	1.81
Gray	Mate et al. 2015	North Pacific	Poleward	10484	78.8	1.54
Humpback	Palacios et al. 2020	North Pacific	Equatorward	4744	37.2	1.48
Humpback	Palacios et al. 2020	North Pacific	Equatorward	4303	46.2	1.08
Humpback	Palacios et al. 2020	North Pacific	Equatorward	4213	28.1	1.74
Humpback	Palacios et al. 2020	North Pacific	Poleward	4339	29.8	1.69
Humpback	Palacios et	North Pacific	Poleward	3775	28.0	1.56

Species	Data Source	Geographic Region	Direction	Distance	Duration	Speed
	al. 2020					
Humpback	Palacios et al. 2020	North Pacific	Poleward	5030	34.5	1.69
Humpback	Palacios et al. 2020	North Pacific	Poleward	4662	44.8	1.20
Blue	Palacios et al. 2019	North Pacific	Equatorward	4711	44.0	1.24
Blue	Palacios et al. 2019	North Pacific	Equatorward	5136	50.0	1.19
Blue	Palacios et al. 2019	North Pacific	Equatorward	2473	37.3	0.77
Blue	Palacios et al. 2019	North Pacific	Equatorward	4815	41.6	1.34
Blue	Palacios et al. 2019	North Pacific	Equatorward	3840	59.5	0.75
Blue	Palacios et al. 2019	North Pacific	Equatorward	1647	19.0	1.00
Blue	Palacios et al. 2019	North Pacific	Equatorward	1607	16.7	1.12
Blue	Palacios et al. 2019	North Pacific	Equatorward	3764	44.1	0.99
Blue	Palacios et al. 2019	North Pacific	Equatorward	4168	40.9	1.18
Blue	Palacios et al. 2019	North Pacific	Poleward	3661	59.0	0.72
Blue	Palacios et al. 2019	North Pacific	Equatorward	1932	14.6	1.54
Blue	Palacios et al. 2019	North Pacific	Equatorward	3076	42.5	0.84
Blue	Palacios et al. 2019	North Pacific	Poleward	1824	17.0	1.24
Blue	Palacios et al. 2019	North Pacific	Equatorward	4233	44.5	1.10
Blue	Palacios et al. 2019	North Pacific	Equatorward	8125	98.0	0.96
Blue	Palacios et al. 2019	North Pacific	Equatorward	4184	61.2	0.79
Blue	Palacios et	North Pacific	Equatorward	3498	118.5	0.34

Species	Data Source	Geographic Region	Direction	Distance	Duration	Speed
	al. 2019					
Blue	Palacios et al. 2019	North Pacific	Equatorward	4663	65.1	0.83
Blue	Palacios et al. 2019	North Pacific	Equatorward	3900	57.4	0.79
Blue	Palacios et al. 2019	North Pacific	Equatorward	2106	35.6	0.68
Blue	Palacios et al. 2019	North Pacific	Equatorward	4429	57.8	0.89
Blue	Palacios et al. 2019	North Pacific	Equatorward	3851	45.0	0.99
Blue	Palacios et al. 2019	North Pacific	Equatorward	3130	38.0	0.95
Blue	Palacios et al. 2019	North Pacific	Equatorward	1968	14.9	1.52
Blue	Palacios et al. 2019	North Pacific	Equatorward	1246	19.7	0.73
Blue	Palacios et al. 2019	North Pacific	Equatorward	3657	39.3	1.08
Blue	Palacios et al. 2019	North Pacific	Equatorward	9428	117.3	0.93
Blue	Palacios et al. 2019	North Pacific	Equatorward	10724	112.5	1.10
Blue	Palacios et al. 2019	North Pacific	Poleward	4966	87.0	0.66
Blue	Palacios et al. 2019	North Pacific	Equatorward	4169	61.8	0.78
Blue	Palacios et al. 2019	North Pacific	Equatorward	4111	42.2	1.13
Blue	Palacios et al. 2019	North Pacific	Equatorward	5142	62.5	0.95
Blue	Palacios et al. 2019	North Pacific	Equatorward	3368	26.3	1.48
Blue	Palacios et al. 2019	North Pacific	Equatorward	2580	25.2	1.18
Blue	Palacios et al. 2019	North Pacific	Equatorward	4942	47.0	1.22
Blue	Palacios et	North Pacific	Equatorward	3468	55.3	0.73

Species	Data Source	Geographic Region	Direction	Distance	Duration	Speed
	al. 2019					
Blue	Palacios et al. 2019	North Pacific	Equatorward	5825	64.8	1.04
Blue	Palacios et al. 2019	North Pacific	Equatorward	4677	36.8	1.47

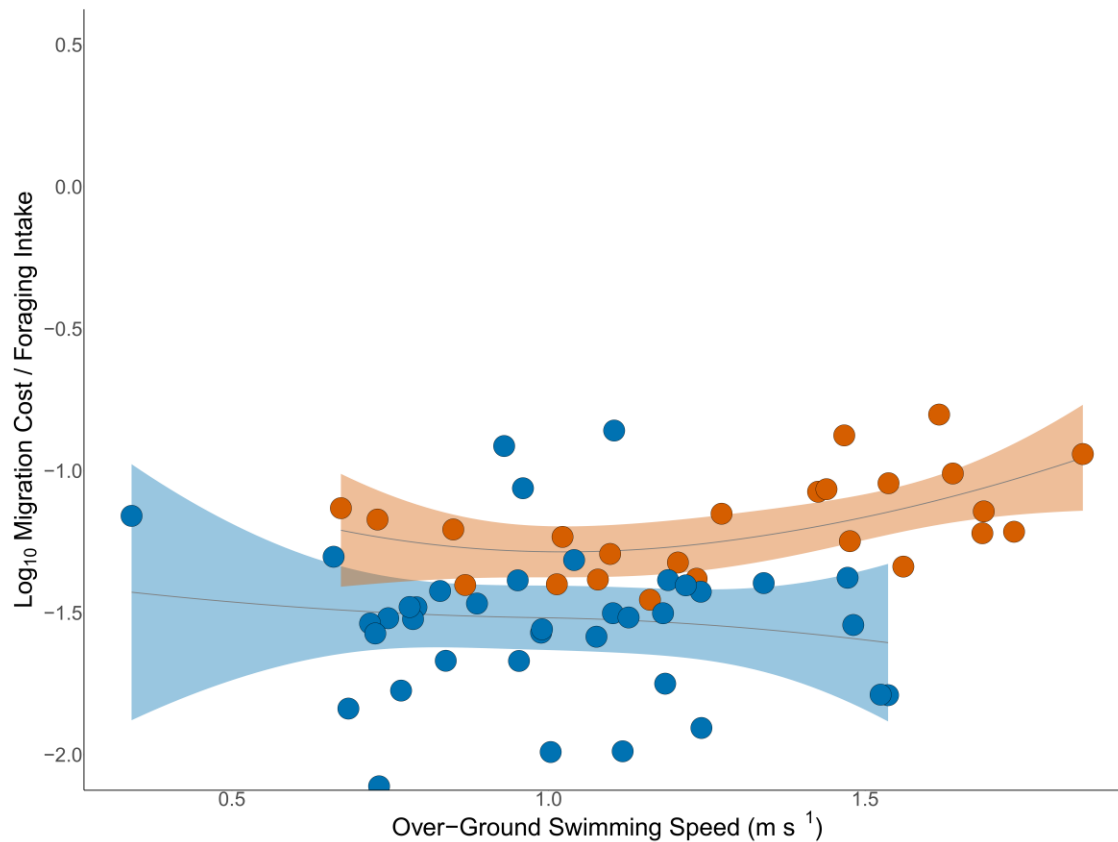


Figure S3. Relationship between over-ground migration speed and the energetic ratio between annual migration costs and annual foraging season energy intake for migration tracks of humpback and blue whales. Values were obtained from the literature and detailed in Table S1.^{16–20}

Author Contributions

Conceptualization - W.T.G, M.F.C, M.S.S., J.A.G.; Methodology, W.T.G., M.F.C., J.A.G.; Formal Analysis - W.T.G., J.F.; Visualization - W.T.G, M.F.C, J.F., J.A.G.; Writing - Original Draft - W.T.G.; Writing - Review and Editing - all authors

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Declaration of Interests

The authors declare no competing interests.

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