

Summer Highlights to Improve Patient Care

Key Takeaways:

1. CDC Data Update:
 - The CDC released an updated fact sheet highlighting that tobacco products are most commonly used among youth in the USA. This is important for understanding current trends in tobacco use and developing measures to reduce consumption among youth.
2. Impact of E-cigarettes on Skin Conditions:
 - A study conducted by Peter Lio and Kripa Ahuja showed that the use of e-cigarettes worsens skin conditions such as atopic dermatitis. This underscores the need to inform patients about the potential negative effects of e-cigarette use on skin health.
3. Acne and Hormonal Therapy:
 - June is Acne Awareness Month. Karan Lal emphasizes the importance of safe and effective acne treatment, especially for patients undergoing hormonal therapy. This is crucial for improving the quality of life for patients suffering from acne.
4. Safe Cosmetic Procedures:
 - There is growing interest in minimally invasive cosmetic procedures that cater to individual patient needs. Amy Lewis discusses advancements in aesthetic medicine, such as neuromodulators, fillers, and full-body rejuvenation methods, providing patients with more personalized and safer solutions.
5. Increase in Skin Cancer Cases:
 - Robert Den discusses the increase in skin cancer cases and the role of clinicians in treatment and research. He notes that the rise in cases may indicate earlier detection and proactive patient approaches to skin health, which can be a positive sign.