

# HEARTLAND CARDIOLOGY ASSOCIATES

Rebecca Okonkwo, MD, FACC | Samuel Pfeiffer, MD, FACC | Anya Deshmukh, MD  
7700 Cardiac Care Drive, Suite 400 • Willowdale, OR 97333  
Tel: (555) 443-2100 • Fax: (555) 443-2101

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TO: Dr. Evelyn Sato, DO — Whispering Pines Family Medicine

FAX: (555) 867-5309

FROM: Dr. Rebecca Okonkwo, MD, FACC

RE: Consultation — THORNBERRY, MARGARET A. (DOB 04/15/1958)

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Dear Dr. Sato,

Thank you for referring Mrs. Thornberry for cardiology evaluation. I had the pleasure of seeing her in our clinic on January 31, 2026.

**CHIEF COMPLAINT:** Intermittent palpitations and exertional dyspnea over the past 3 months.

**EVALUATION PERFORMED:**

- 12-lead ECG: Normal sinus rhythm, rate 74 bpm, no ST changes
- Transthoracic Echocardiogram: LVEF 60%, no valvular abnormalities, normal chamber dimensions
- 48-hour Holter Monitor: Ordered, results pending (est. 2 weeks)

**IMPRESSION:**

At this time, the structural evaluation is reassuring. The echocardiogram is normal and there is no evidence of significant valvular disease or systolic dysfunction. The Holter monitor will help characterize the arrhythmia burden.

**PLAN:**

1. Await Holter results — will fax addendum upon receipt
2. Start low-dose metoprolol 25mg daily for symptom management
3. Recommend thyroid panel if not recently checked (TSH, Free T4)
4. Follow-up in 4-6 weeks after Holter review

I will keep you informed of the Holter findings. Please do not hesitate to contact our office with any questions.

Sincerely,

Rebecca Okonkwo, MD, FACC  
Heartland Cardiology Associates

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