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One Hundred One Mexican Dishes (Classic Reprint) (Paperback)

By May E Southworth

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from One Hundred One Mexican Dishes Wash a cupful of rice and put in a double boiler with a quart of milk and cook slowly until every grain is tender. Shell and blanch a half-pound of almonds, chop fine and then pound in a mortar; add, a few drops at a time, a half-cupful of cream, forming a smooth paste. Mix with this a tablespoonful of sugar, a little ground chile and a pint of milk and put all in with the cooked rice and simmer for a half-hour. Season with salt, and if too thick add more milk. Caldo De Pescado Chop four onions and fry in four tablespoonfuls of oil; add six tomatoes peeled and cut fine, one herb bouquet, a sprig of parsley, a glassful of white wine, four tablespoonfuls of oil, one chile pepper and four tablespoonfuls of flour. When brown add three pints of water and boil a half-hour; then add six slices of fish of almost any variety. Remove the herb bouquet, add salt, and pour over crusts of dry...



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