



## The Spirituality of Music

By John Bird, Michael J. Schwartzentruber

Northstone Publishing Inc. Paperback. Book Condition: new. BRAND NEW, The Spirituality of Music, John Bird, Michael J. Schwartzentruber, Author John Bird invites us to discover how music touches us throughout our lives, from the pulsing rhythms we experience in the womb, to the music that will escort us out of life. In between, Bird shows how music connects us with family and friends and the world of the spirit; how it can express our 'authentic voice', both as individuals and as members of particular cultural traditions; and, how it strengthens and unites us during times of protest, and comforts us during times of loss. He shows how music and word combine to integrate mind and spirit, and how music and movement combine to integrate spirit and body. The book is beautifully illustrated with full-colour photographs throughout. The simple singing of Happy Birthday renews our sense of personhood and identity within a community of friends and family. We seek the sublime sweep of violins at the symphony, the mighty roar of a massed choir, or the soaring scream of an electric guitar, to lift us out of our humdrum daily existence. Sometimes the music welds us for a few heightened moments,...



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