



## Smartly Track Your Goals to Superior Achievements with Ease: Your Smart GPS to Keep You on Track to Your Targeted Goals (Paperback)

By Frank S Adamo

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is meant to assist you in tracking your specific goals. Whether it is a personal goal such as losing weight or spending time with your family; or if it is a career goal such as starting a business, receiving a promotion, or improving your presentation skills; setting and accomplishing goals is quite important in having a happy and productive life. A primary key to achieving your goals is to write down and place them where you can view them daily. Yet, the most important and most overlooked factor to successfully complete your goals is tracking them. For example, let s say your goal is to drive from Los Angeles to New York. However, you might get caught up in a detour or miss an exit. You might even get turned around and head back to Los Angeles. Yet, a GPS will reroute you and get you back on track. There will always be obstacles to block you from completing your goal(s). Sometimes, they can stop you in your tracks and end your journey-much like broken resolutions....



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