



Nutrition Guide for Clinicians: Second Edition

By Neal D Barnard, Rick Weissinger, Brent J Jaster, Scott Kahan, Charles Smyth

Pcrm. Paperback / softback. Book Condition: new. BRAND NEW, Nutrition Guide for Clinicians: Second Edition, Neal D Barnard, Rick Weissinger, Brent J Jaster, Scott Kahan, Charles Smyth, This is a comprehensive manual on nearly 100 diseases and conditions. The guide not only provides basic information on risk factors and typical treatments, but it also provides evidence-based information on the role of nutrition in prevention and treatment. In addition, the guide contains in-depth information on general nutrition, including the roles of macronutrients and micronutrients and specific nutritional requirements for all stages of life. The guide was reviewed by more than 75 experts in a number of diverse fields, such as gastroenterology, dermatology, oncology, and nutrition and was compiled by a core team of physicians, nutrition experts, and medical editors.

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