



## Addictive Relationships Reclaiming Your Boundaries

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By Joy Miller

HCI. Paperback. Book Condition: New. Paperback. 108 pages. Dimensions: 8.4in. x 5.4in. x 0.3in. Dedicated to the claiming of your own personal boundaries, this book deals with our addictive or destructive relationships not only centered around our spouse or lover, but also around our children, our friends or our parents. If we have lost ourselves along the way, we have probably given ourselves away. This book examines where we are, where we want to go and how to get there. We will move addictive loving styles to find the true love of ourselves and reclaim our selfhood. This is a positive step-by-step process for recovery using affirmations and exercises for inner growth. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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