

# Lecture 11

## Spectral Analysis of Time Series I

Readings: CC08 Chapter 13-14; BD16 Ch 4; SS17 Chapter 4.1-4.4

*MATH 8090 Time Series Analysis*  
Week 11

Background

From Spectral Density  
to the Periodogram

Spectral Estimation

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Background

From Spectral Density  
to the Periodogram

Spectral Estimation

- 1 Background
- 2 From Spectral Density to the Periodogram
- 3 Spectral Estimation

# Time vs. Frequency: Two Views of the Same Process

## Time domain (Box & Jenkins, 1970)

- **Example (AR(1)):**

$$Y_t = \phi Y_{t-1} + Z_t, \quad |\phi| < 1, \\ Z_t \sim \text{WN}(0, \sigma^2)$$

- **Idea:** Predict the present from the past
- **Physical view:** Dynamics in *state variables*: position  $\rightarrow$  velocity  $\rightarrow$  acceleration; cause  $\rightarrow$  effect in time
- **Good for:** Shocks, transients, local dependencies
- **Asks:** “How does the system evolve through time?”

## Frequency domain (Priestley, 1981)

- **Example (har-regression):**

$$Y_t = \alpha_0 + \sum_{j=1}^P [\alpha_{1j} \cos(\omega_j^* t) + \alpha_{2j} \sin(\omega_j^* t)]$$

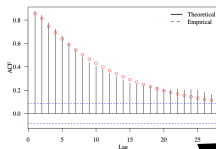
- **Idea:** Decompose into sines/cosines (*frequency*)
- **Physical view:** *Energy at resonant frequencies* (oscillators ringing at certain rates)
- **Good for:** Cycles, seasonality, filtering
- **Asks:** “Which time scales dominate the variability?”

# From Autocorrelation to Spectrum: Dual Representations of Time Series

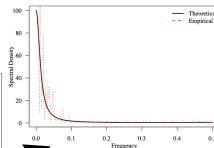
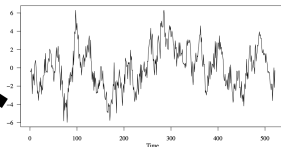
## Background

From Spectral Density  
to the Periodogram

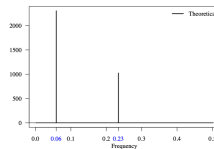
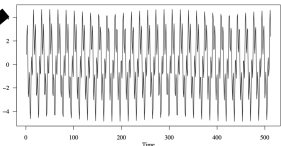
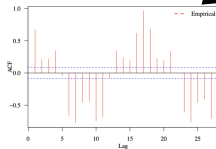
Spectral Estimation



Time Domain



Frequency Domain



The simplest case is the **cosine wave**

$$\begin{aligned}Y_t &= A \cos(2\pi\omega t + \phi) \\&= \alpha_1 \cos(2\pi\omega t) + \alpha_2 \sin(2\pi\omega t),\end{aligned}$$

$\alpha_1 = A \cos(\phi)$ ,  $\alpha_2 = -A \sin(\phi)$ ,  $A = \sqrt{\alpha_1^2 + \alpha_2^2}$ ,  $\phi = \tan^{-1} \frac{-\alpha_2}{\alpha_1}$   
where

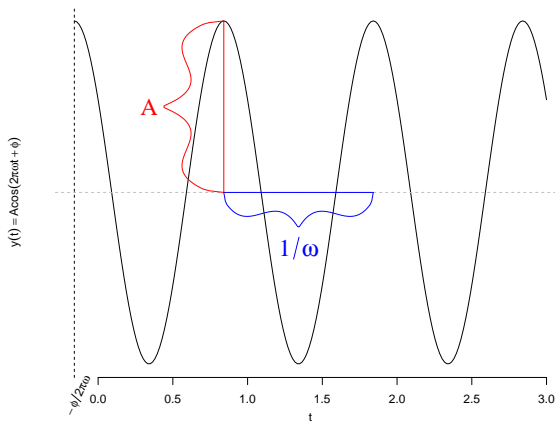
- $A$  is **amplitude**: the height of the wave
- $\omega$  is **frequency**: how many cycles per unit time
- $\phi$  is **phase**: the start point of the cosine function

# Graphical Illustration of the Cosine Wave

## Background

From Spectral Density  
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Spectral Estimation



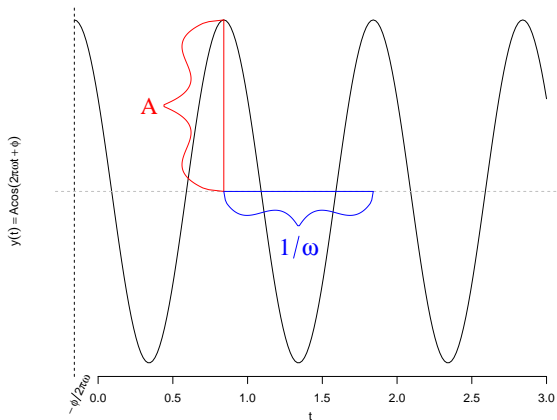
- Changing amplitude stretches vertically

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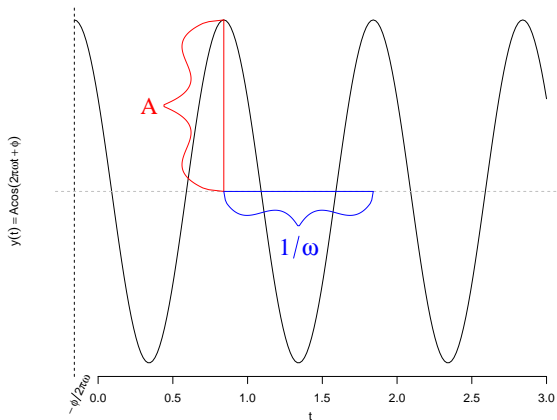
- Changing amplitude stretches vertically
- Changing frequency compresses horizontally

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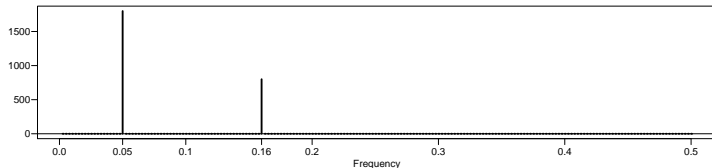
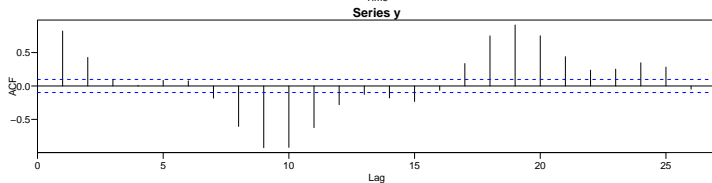
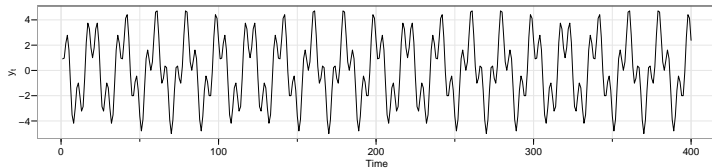
Spectral Estimation



- Changing amplitude stretches vertically
- Changing frequency compresses horizontally
- Changing phase shifts horizontally



# Searching Hidden Periodicities



## Background

From Spectral Density  
to the Periodogram

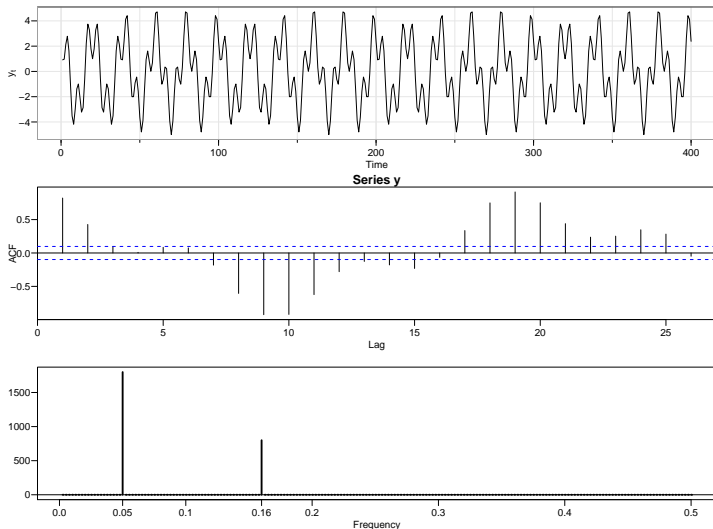
Spectral Estimation

# Searching Hidden Periodicities

## Background

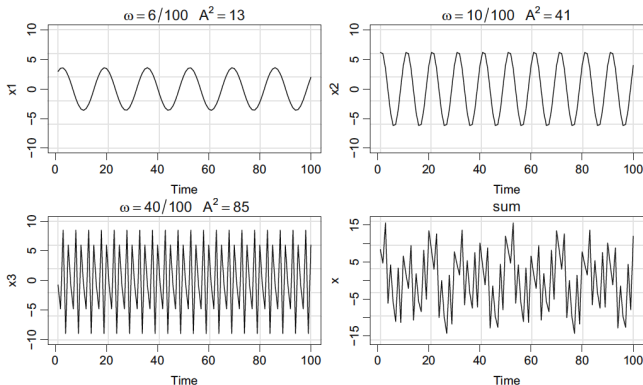
From Spectral Density  
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Spectral Estimation



$$y_t = 3 \cos\left(2\pi\left(\frac{10}{200}\right)t\right) + 2 \cos\left(2\pi\left(\frac{32}{200}t + 0.3\right)\right)$$

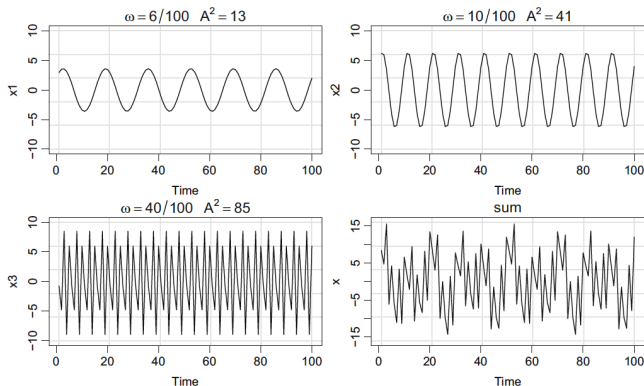
# Examples of Periodic Time Series



**Source:** Fig. 4.1. of Shumway and Stoffer, 2017

- Combining sine and cosine waves with different frequencies and amplitudes can produce complex periodic series

# Examples of Periodic Time Series



**Source:** Fig. 4.1. of Shumway and Stoffer, 2017

- Combining sine and cosine waves with different frequencies and amplitudes can produce complex periodic series
- With a continuous spectrum (infinitely many frequencies), we can represent any stationary time series

## Folding Frequency and Aliasing

Let's consider  $Y_{1,t} = \cos(2\pi(0.2)t)$  and  $Y_{2,t} = \cos(2\pi(1.2)t)$

- At  $t = 1$ ,  $Y_{1,t} = \cos(0.4\pi t)$ ,  
 $Y_{2,t} = \cos(2.4\pi t) = \cos(2\pi t + 0.4\pi t) = \cos(0.4\pi t) = Y_{1,t}$
- This is true for all integer values of  $t$

$\Rightarrow \omega = 1.2$  is an **alias** of  $\omega = 0.2$ .

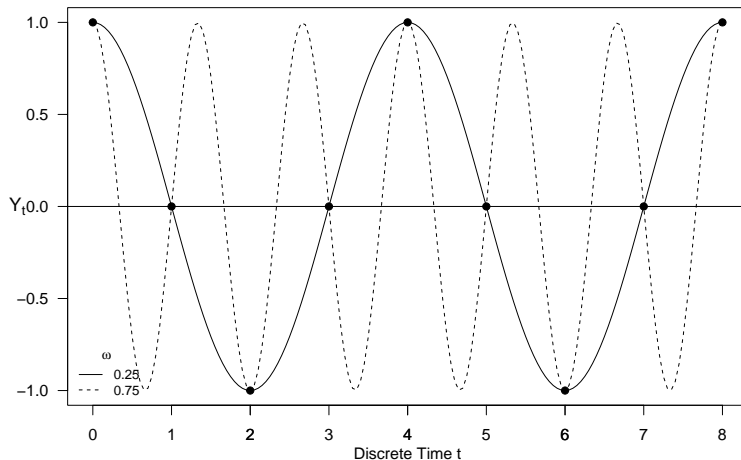
In general, all frequencies higher than  $\omega = \frac{1}{2}$  have an alias  
in  $0 \leq \omega \leq \frac{1}{2}$

- $\omega = \frac{1}{2}$  is the **folding frequency (aka Nyquist frequency)**,  
because the shortest period that can be observed is  $\frac{1}{\omega} = 2$ .

**Takeaway:** It suffices to limit attention to  $\omega \in [0, \frac{1}{2}]$

# Illustration of Aliasing

$\omega = 0.25$  and  $\omega = 0.75$  are **aliased** with one another



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If

$$\begin{aligned}Y_t &= A \cos(2\pi\omega t + \phi) \\&= \alpha_1 \cos(2\pi\omega t) + \alpha_2 \sin(2\pi\omega t),\end{aligned}$$

and  $\phi$  is random, uniformly distributed on  $[-\pi, \pi)$ , then:

$$\mathbb{E}(Y_t) = 0$$

$$\mathbb{E}(Y_{t+h}Y_t) = \frac{1}{2}A^2 \cos(2\pi\omega h)$$

$\Rightarrow Y_t$  is weakly stationary

Also

$$\mathbb{E}(\alpha_1) = \mathbb{E}(\alpha_2) = 0,$$

$$\mathbb{E}(\alpha_1^2) = \mathbb{E}(\alpha_2^2) = \frac{1}{2}A^2,$$

$$\text{and } \mathbb{E}(\alpha_1\alpha_2) = 0.$$

Alternatively, if the  $\alpha$ 's have these properties, then  $Y_t$  is stationary with the same mean and autocovariances:

$$\mathbb{E}(Y_t) = 0,$$

$$\mathbb{E}(Y_{t+h}Y_t) = \frac{1}{2}A^2 \cos(2\pi\omega h).$$

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## Representing a Periodic Process as Multiple Sines/Cosines

More generally, if  $Y_t = \sum_{k=1}^K [\alpha_{k,1} \cos(2\pi\omega_k t) + \alpha_{k,2} \sin(2\pi\omega_k t)]$ , where:

- The  $\alpha$ 's are uncorrelated with zero mean;
- $\text{Var}(\alpha_{k,1}) = \text{Var}(\alpha_{k,2}) = \sigma_k^2$ ;

then  $Y_t$  is stationary with zero mean and autocovariances

$$\gamma(h) = \sum_{k=1}^K \sigma_k^2 \cos(2\pi\omega_k h)$$

$$\Rightarrow \gamma(0) = \text{Var}(Y_t) = \sum_{k=1}^K \sigma_k^2$$

As  $K \rightarrow \infty$ , the discrete sum turns into a process with variance continuously distributed across frequencies  $\Rightarrow$  **spectral density function**

## From Autocovariance to Spectrum

Every weakly stationary time series  $Y_t$  with  $\gamma(h)$  has a way to describe **how its variance is distributed over frequencies**

$$\gamma(h) = \int_{-\frac{1}{2}}^{\frac{1}{2}} e^{2\pi i \omega h} dF(\omega) = 2 \int_0^{\frac{1}{2}} \cos(2\pi \omega h) dF(\omega),$$

where  $F(\omega)$  analogous to a CDF, describing the accumulated variance up to frequency  $\omega$ . If  $F(\omega)$  is *absolutely continuous*, it admits a spectral density function  $f(\omega) = F'(\omega)$ , and

$$\gamma(h) = \int_{-\frac{1}{2}}^{\frac{1}{2}} e^{2\pi i \omega h} f(\omega) d\omega = 2 \int_0^{\frac{1}{2}} \cos(2\pi \omega h) f(\omega) d\omega$$

The autocovariance and the spectral distribution function contain the same information

Under the absolute-summability condition  $\sum_{h=-\infty}^{\infty} |\gamma(h)| < \infty$   $f(\omega)$  exists and can be written as the (uniformly convergent) Fourier series

$$f(\omega) = \sum_{h=-\infty}^{\infty} \gamma(h) e^{-2\pi i \omega h} = \gamma(0) + 2 \sum_{h=1}^{\infty} \gamma(h) \cos(2\pi \omega h), \quad \omega \in \mathbb{R}.$$

### Properties of the spectral density:

- $f(\omega) \geq 0$  for all  $\omega$  (nonnegativity)
- $f(-\omega) = f(\omega)$  (evenness)
- $f(\omega + 1) = f(\omega)$  (1-periodicity in frequency)
- $\int_{-1/2}^{1/2} f(\omega) d\omega = \gamma(0) < \infty$  (total variance)

## Example: White Noise

For white noise  $\{Z_t\}$ , we have seen that  $\gamma(0) = \sigma_Z^2$  and  $\gamma(h) = 0$  for  $h \neq 0$ . Thus,

$$\begin{aligned} f(\omega) &= \sum_{h=-\infty}^{\infty} \gamma(h) e^{-2\pi i \omega h} \\ &= \gamma(0) = \sigma_Z^2 \end{aligned}$$

That is, the spectral density is constant across all frequencies: each frequency in the spectrum contributes equally to the variance.

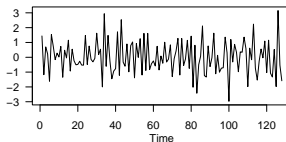
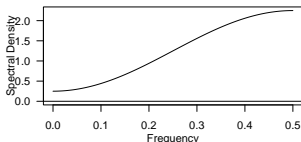
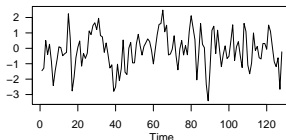
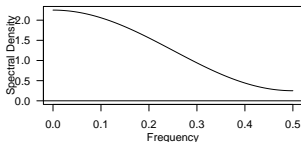
This is the origin of the name *white noise*: it is like white light, which is a uniform mixture of all frequencies in the visible spectrum

## Examples: MA(1)

An MA(1) process  $Y_t = \theta Z_{t-1} + Z_t$  is a simple filtering of white noise. Therefore, the (power) transfer function of the MA filter ( $Y_t = \psi(B)Z_t$  with  $\psi(z) = 1 + \theta z$ ) is given by:

$$\begin{aligned} |1 + \theta e^{-2\pi i \omega}|^2 &= (1 + \theta e^{-2\pi i \omega})(1 + \theta e^{2\pi i \omega}) \\ &= 1 + \theta^2 + \theta(e^{2\pi i \omega} + e^{-2\pi i \omega}) \\ &= 1 + \theta^2 + 2\theta \cos(2\pi \omega). \end{aligned}$$

Thus, we have:  $f(\omega) = [1 + \theta^2 + 2\theta \cos(2\pi \omega)] \sigma_Z^2$



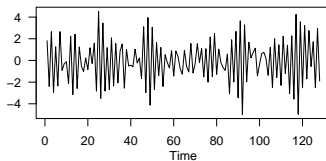
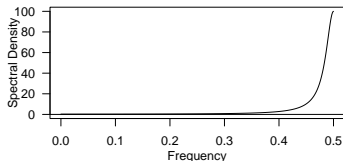
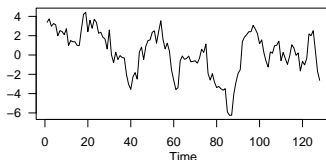
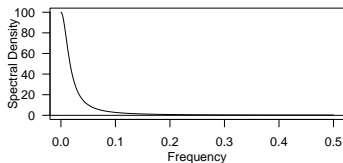
## Example: AR(1)

For an AR(1) process  $Y_t = \phi Y_{t-1} + Z_t$ , we can write  $(1 - \phi B)Y_t = Z_t \Rightarrow \psi(B) = \frac{1}{1 - \phi B}$ . Then we have

$$[1 + \phi^2 - 2\phi \cos(2\pi\omega)] f(\omega) = \sigma_Z^2$$

Thus,

$$f(\omega) = \frac{\sigma_Z^2}{1 + \phi^2 - 2\phi \cos(2\pi\omega)}$$



## Examples: ARMA( $p, q$ )

- For an ARMA( $p, q$ ) process:

$$\phi(B)Y_t = \theta(B)Z_t,$$

where  $\phi(B)$  and  $\theta(B)$  are the AR and MA polynomials, respectively.

Using the *linear filtering* result, the spectral density is:

$$f(\omega) = \sigma_Z^2 \frac{|\theta(e^{-2\pi i\omega})|^2}{|\phi(e^{-2\pi i\omega})|^2}.$$

- Interpretation:** The spectral density shows how the variance of  $Y_t$  is distributed across frequencies. The AR and MA polynomials determine this distribution:
  - $\phi(\cdot)$ : controls how strongly the series smooths or amplifies low vs. high frequencies (persistence)
  - $\theta(\cdot)$ : determines short-term fluctuations or fine-scale noise

## From Spectral Density to the Periodogram

Any finite time series sample  $y_1, y_2, \dots, y_n$  can be expressed as

$$y_t = \alpha_0 + \sum_{j=1}^{(n-1)/2} \left[ \alpha_j \cos\left(\frac{2\pi jt}{n}\right) + \beta_j \sin\left(\frac{2\pi jt}{n}\right) \right],$$

(with one extra term if  $n$  is even)

- The coefficients  $\alpha_j$  and  $\beta_j$  measure how much of each frequency is present in the data
- The (scaled) periodogram

$$P(j/n) = \alpha_j^2 + \beta_j^2$$

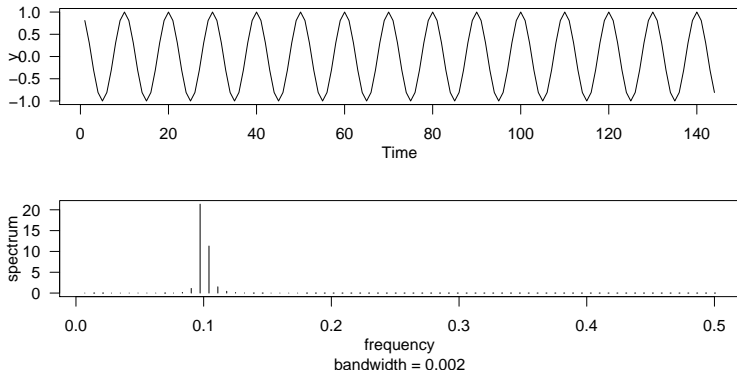
estimates how variance is distributed across frequencies -  
a sample analogue of the spectral density

- In R: use `spectrum()` to compute and plot  $P(j/n)$



## An Example: $Y_t = \cos(2\pi(0.1)t)$

```
y = cos(2 * pi * (0.1) * (1:144))  
ts.plot(y)  
spectrum(y, log = "no", main = "", type = "h")
```



Power around 0.1 shows the true frequency, while nearby spikes reflect **spectral leakage**-we'll revisit this later

## Discrete Fourier Transform (DFT) and Periodogram

- The **DFT** transforms a time series  $y_0, \dots, y_{n-1}$  into its frequency-domain representation:

$$d(\omega_j) = \frac{1}{\sqrt{n}} \sum_{t=0}^{n-1} y_t e^{-2\pi i \omega_j t}, \quad \omega_j = \frac{j}{n}, \quad j = 0, \dots, n-1.$$

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$$I(\omega_j) \propto |d(\omega_j)|^2.$$

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- Alternatively, in the time domain:

$$I(\omega_j) = \hat{\gamma}(0) + 2 \sum_{h=1}^{n-1} \hat{\gamma}(h) \cos(2\pi \omega_j h),$$

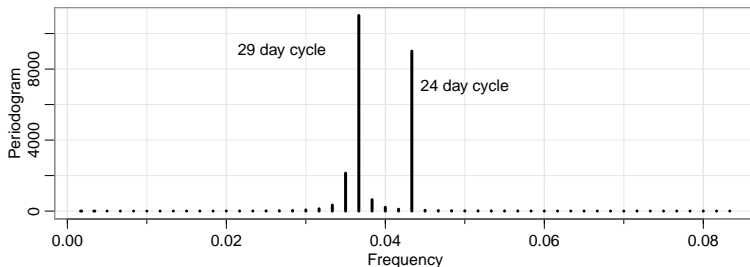
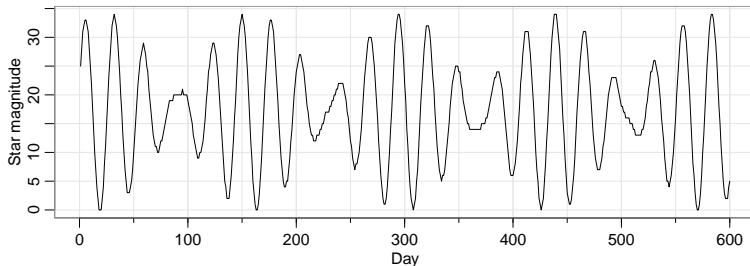
where  $\hat{\gamma}(h)$  is the sample autocovariance at lag  $h$

## Example: Detecting Periodicities in Star Brightness [Example 4.3, SS17]

Background

From Spectral Density  
to the Periodogram

Spectral Estimation



If  $n$  is large

$$\begin{aligned}\mathbb{E}[I(\omega_j)] &\approx \sum_{h=-(n-1)}^{n-1} \gamma(h) e^{-2\pi i \omega_j h} \\ &\approx \sum_{-\infty}^{\infty} \gamma(h) e^{-2\pi i \omega_j h} = \gamma(0) + 2 \sum_{h=1}^{\infty} \gamma(h) \cos(2\pi \omega_j h) \\ &= f(\omega_j) \text{ 😊}\end{aligned}$$

- Heuristically, the spectral density is the approximate expected value of the periodogram

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- Conversely, the periodogram can be used as an estimator of the spectral density



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- Heuristically, the spectral density is the approximate expected value of the periodogram
- Conversely, the periodogram can be used as an estimator of the spectral density
- But the periodogram values have only two degrees of freedom each, which makes it a poor estimate 😞

For  $j = 0, 1, \dots, n-1$

$$\begin{aligned}d(\omega_j) &= n^{-\frac{1}{2}} \sum_{t=1}^n y_t e^{-2\pi i \omega_j t} \\&= n^{-\frac{1}{2}} \sum_{t=1}^n y_t \cos(2\pi \omega_j t) - i \times n^{-\frac{1}{2}} \sum_{t=1}^n y_t \sin(2\pi \omega_j t) \\&= d_{\cos}(\omega_j) - i \times d_{\sin}(\omega_j).\end{aligned}$$

- $d_{\cos}(\omega_j)$  and  $d_{\sin}(\omega_j)$  are the **cosine transform** and **sine transform**, respectively, of  $y_1, y_2, \dots, y_n$
- The periodogram is  $I(\omega_j) = d_{\cos}(\omega_j)^2 + d_{\sin}(\omega_j)^2$

# Sampling Properties of the Periodogram

For convenience, suppose that  $n$  is odd:  $n = 2m + 1$

- **White noise:** orthogonality properties of sines and cosines mean that

$d_{\cos}(\omega_1), d_{\sin}(\omega_1), d_{\cos}(\omega_2), d_{\sin}(\omega_2), \dots, d_{\cos}(\omega_m), d_{\sin}(\omega_m)$   
have zero mean, variance  $\frac{\sigma_Z^2}{2}$ , and uncorrelated

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- **Gaussian white noise:**

$d_{\cos}(\omega_1), d_{\sin}(\omega_1), d_{\cos}(\omega_2), d_{\sin}(\omega_2), \dots, d_{\cos}(\omega_m), d_{\sin}(\omega_m)$   
are i.i.d.  $N(0, \frac{\sigma_Z^2}{2})$

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have zero mean, variance  $\frac{\sigma_Z^2}{2}$ , and uncorrelated

- **Gaussian white noise:**

$d_{\cos}(\omega_1), d_{\sin}(\omega_1), d_{\cos}(\omega_2), d_{\sin}(\omega_2), \dots, d_{\cos}(\omega_m), d_{\sin}(\omega_m)$   
are i.i.d.  $N(0, \frac{\sigma_Z^2}{2})$

- So for Gaussian white noise

$$I(\omega_j) \sim \frac{\sigma_Z^2}{2} \times \chi^2_2$$

### General case:

$d_{\cos}(\omega_1), d_{\sin}(\omega_1), d_{\cos}(\omega_2), d_{\sin}(\omega_2), \dots, d_{\cos}(\omega_m), d_{\sin}(\omega_m)$ ,  
have zero mean and are approximately uncorrelated, and

$$\text{Var}[d_{\cos}(\omega_j)] \approx \text{Var}[d_{\sin}(\omega_j)] \approx \frac{1}{2}f(\omega_j),$$

where  $f(\omega_j)$  is the spectral density function

If  $Y_t$  is Gaussian,

$$\frac{I(\omega_j)}{\frac{1}{2}f(\omega_j)} = \frac{d_{\cos}(\omega_j)^2 + d_{\sin}(\omega_j)^2}{\frac{1}{2}f(\omega_j)} \approx \chi_2^2,$$

and  $I(\omega_1), I(\omega_2), \dots, I(\omega_m)$  are approximately independent

**The periodogram is not a consistent estimator!**

From previous slide:

$$\frac{I(\omega_j)}{\frac{1}{2}f(\omega_j)} = \frac{d_{\cos}(\omega_j)^2 + d_{\sin}(\omega_j)^2}{\frac{1}{2}f(\omega_j)} \approx \chi_2^2,$$

and  $I(\omega_1), I(\omega_2), \dots, I(\omega_m)$  are approximately independent

**Problem:**  $I(\omega_j)$  is an approximately unbiased estimator of  $f(\omega_j)$  but with too few degrees of freedom (df = 2) to be useful. Specifically,  $I(\omega) \sim \frac{1}{2}f(\omega)\chi_2^2$ , which implies

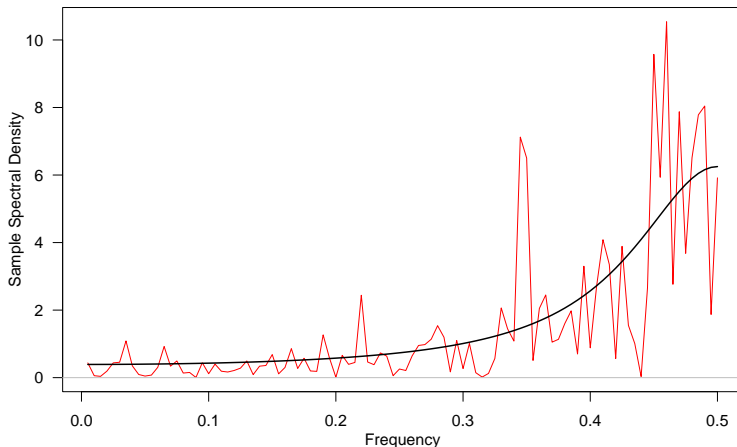
$$\mathbb{E}[I(\omega)] \approx f(\omega)$$

and

$$\text{Var}[I(\omega)] \approx f^2(\omega)$$

Consequently,  $\text{Var}[I(\omega)] \xrightarrow{n \rightarrow \infty} \neq 0$  and thus the periodogram is not a consistent estimator of the spectral density

# Smoothing the Periodogram



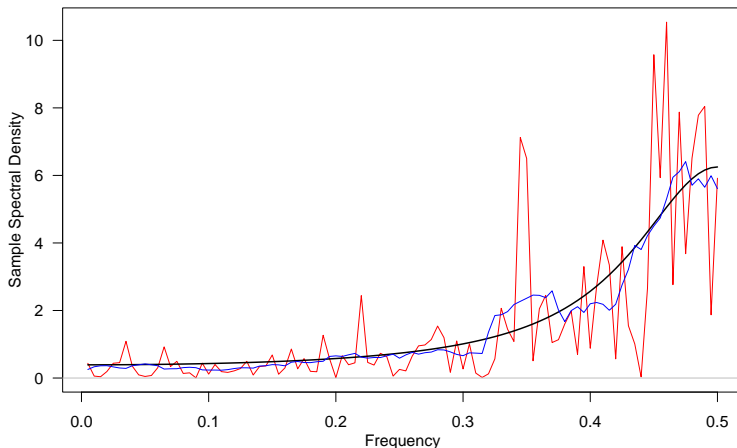
**Main idea:** “average” the values of the periodogram over “small” intervals of frequencies to reduce the estimation variability



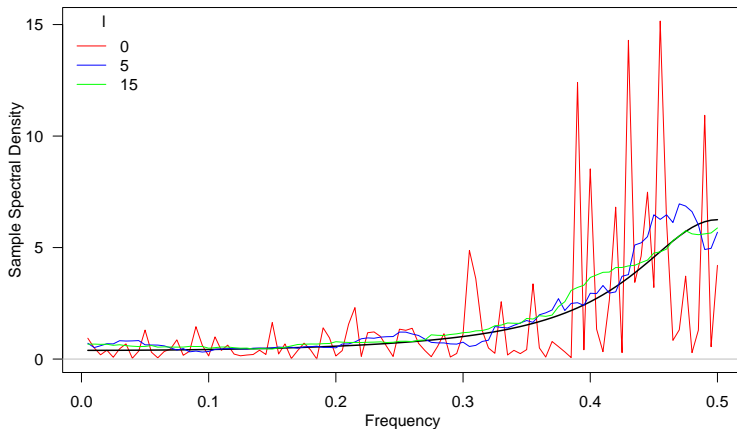
## Averaged Periodogram [Daniell Spectral Window]

Use the band  $[\omega_{j-l}, \omega_{j+l}]$  containing  $L = 2l + 1$  Fourier frequencies:

$$\bar{f}(\omega_j) = \frac{1}{L} \sum_{k=-l}^l I(\omega_{j+k})$$



## Tuning Parameter: $l$



A large  $l$  can effectively reduce the estimation variability but can also introduce bias

## Bias and Variance

Let's assume the true spectral density does not change much locally, then a Taylor expansion produces

$$\begin{aligned}\mathbb{E}[\bar{f}(\omega)] &\approx \sum_{k=-l}^l W_l(k) f\left(\omega + \frac{k}{n}\right) \\ &\approx \sum_{k=-l}^l W_l(k) \left[ f(\omega) + \frac{k}{n} f'(\omega) + \frac{1}{2} \left(\frac{k}{n}\right)^2 f''(\omega) \right] \\ &\approx f(\omega) + \frac{1}{n^2} \frac{f''(\omega)}{2} \sum_{k=-l}^l k^2 W_l(k)\end{aligned}$$

$$\text{Bias} \approx \frac{1}{n^2} \frac{f''(\omega)}{2} \sum_{k=-l}^l k^2 W_l(k)$$

$$\text{Variance} \approx f^2(\omega) \sum_{k=-l}^l W_l^2(k)$$

**Example:** for Daniell rectangular spectral window, we have

$$\text{bias} = \frac{f''(\omega)}{2n^2} \frac{l(l+1)}{3} \text{ and variance } \frac{f^2(\omega)}{2l+1}$$

## Pointwise Confidence Intervals for $f(\omega)$

The distribution of  $\frac{\nu \bar{f}(\omega)}{f(\omega)}$  can be approximated by  $\chi_{df=\nu}^2$ , where

$$\nu = \frac{2}{\sum_{k=-l}^l W_l^2(k)}$$

$\Rightarrow 100(1 - \alpha)\%$  CI for  $f(\omega)$

$$\frac{\nu \bar{f}(\omega)}{\chi_{df=\nu, 1-\frac{\alpha}{2}}^2} < f(\omega) < \frac{\nu \bar{f}(\omega)}{\chi_{df=\nu, \frac{\alpha}{2}}^2}$$

Taking logs we obtain an interval for the logged spectrum:

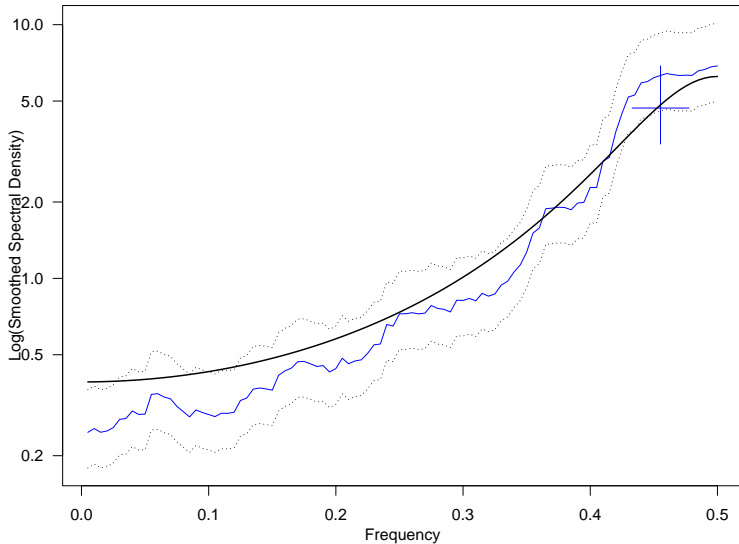
$$\log[\bar{f}(\omega)] + \log\left[\frac{\nu}{\chi_{\nu, 1-\frac{\alpha}{2}}^2}\right] < \log[f(\omega)] < \log[\bar{f}(\omega)] + \log\left[\frac{\nu}{\chi_{\nu, \frac{\alpha}{2}}^2}\right]$$

# Pointwise Confidence Intervals for $f(\omega)$ : Log-Scale

Background

From Spectral Density  
to the Periodogram

Spectral Estimation

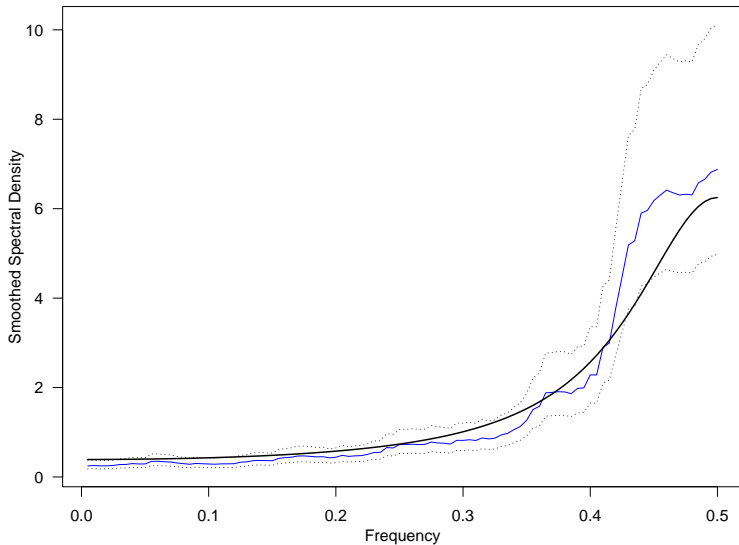


# Pointwise Confidence Intervals for $f(\omega)$ : Original Scale

Background

From Spectral Density  
to the Periodogram

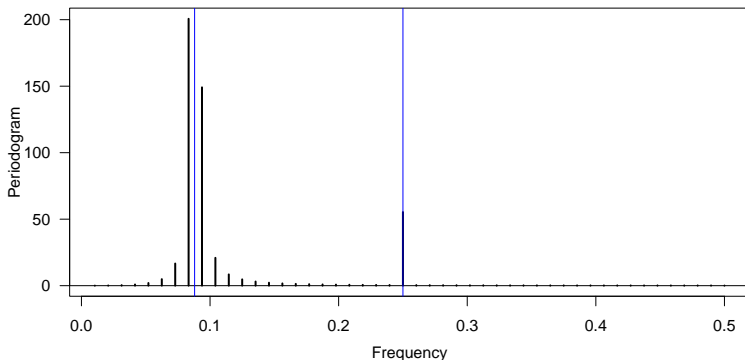
Spectral Estimation



## Spectral Leakage

Much of the previous discussion has assumed that the frequencies of interest are the **Fourier frequencies**, i.e.,  $\omega_j = \frac{j}{n}$ . What happens if that is not the case?

**Example:**  $Y_t = 3 \cos(2\pi(0.088)t) + \sin(2\pi(\frac{24}{96})t)$ ,  $t = 1, \dots, 96$

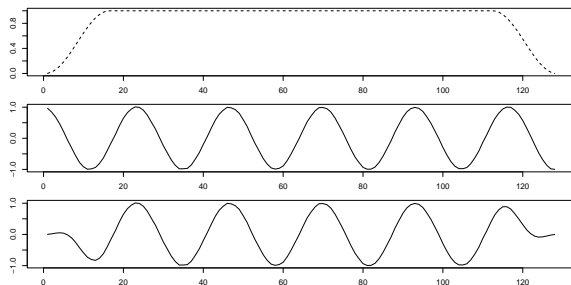


Power at non-Fourier frequencies will leak into the nearby Fourier frequencies

## Tapering

**Tapering** is one method used to alleviate the issue of **spectral leakage**, where power at non-Fourier frequencies leak into the nearby Fourier frequencies

**Main idea:** replace the original series by the tapered series, i.e.,  $\tilde{y}_t = h_t y_t$ . Tapers  $h_t$ 's generally have a shape that enhances the center of the data relative to the extremities to reduce the end effects of computing a Fourier transform on a series of finite length





# Effect of Tapering

Background

From Spectral Density  
to the Periodogram

Spectral Estimation

