

# Welcome to the Whittington U School of Practical Pistol!



Let us welcome you to the NRA Whittington Center in beautiful Raton New Mexico. Our goal is to provide you with the best training possible through the Whittington U. Your course is starting in just a few days and we want to ensure you are ready to train!

Each defensive course focuses on a holistic defensive approach to the everyday implementation of the firearm. You will be challenged with various static and movement drills which embolden a consistent, efficient, and safe use of your firearm. You will deepen your confidence and defensive mindset and walk away with increase in your ability to safely defend yourself and others.

This packet will outline the goals for Practical Pistol I-III, along with where to be for each level and what to bring with you. You will also receive a welcome email from the Whittington U Admin, with the same information and a link to your Instructor's bio.

Thank you again for coming to train with us at Whittington U, we are looking forward to meeting you soon. Please let us know if you have any further questions or if we can be of any assistance to you in the meantime. Have safe travels!

# Practical Pistol I:

The Whittington U's Practical Pistol I Course is the Introductory to Intermediate Level Defensive Sidearm instruction that focuses on the Everyday Implementation of the Firearm Tool into our lives. The WU Practical Pistol series focuses on Violence as a Means of Last Resort with the defense of us and our loved ones as part of an overall lifestyle change.

## **Practical Pistol I will cover:**

Classroom Instruction

- o Defensive Posture
- o Fundamentals of Defensive Marksmanship
- o 3-position presentation technique
- o Principles of Cover

Static Fire Drills

Movement/Principles of Cover on Reactive Fire Range

Common questions we get asked before a course begins:

## **Where do I go?**

**Day 1:** 9:00am – Classroom – Main Whittington Admin Building (classroom is through the pro shop/library)

## **What equipment do I need?**

- ✓ Sidearm (semi-automatic or revolver)
- ✓ 3 magazines/speed loader highly recommended
- ✓ 500 rounds ammunition
  - o **No Handloaded Ammunition Accepted in the Course**
- ✓ Holster (Open or Concealed)
  - o No pocket holsters
- ✓ Sturdy Belt
- ✓ Closed toe shoes or boots (range has gravel)
- ✓ Hearing Protection
- ✓ Eye Protection
- ✓ Sunscreen
- ✓ Water
- ✓ Elbow and Knee pads if taking Level 2
- ✓ Flashlight and/or pistol mounted light for Level 3

## **What can I expect for weather this time of year?**

The weather can change drastically during the day and on very short notice. Please plan your clothing for the potential extremes of the season. Keep an active eye on the weather forecast [Weather.com Forecast](#)

[Wunderground Forecast](#)

[Accuweather Forecast](#)

## **If I have an emergency during my travels, who do I contact?**

The NRA Whittington Center has a 24/7 live contact phone number 575-445-3615. You can also reach the Whittington U Admin during normal business hours at 575-737-8695 via phone or text.

# **Practical Pistol II:**

The Whittington U's Practical Pistol II Course is the Intermediate to Advanced Level Defensive Sidearm instruction that focuses on the cognitive disconnect that occurs when the mind is under emotional duress. Advanced movement drills and alternate firing positions are the highlight of this course.

## **Practical Pistol II will cover:**

Static Fire/Body Position Refresher Drills  
Movement/Principles of Cover on Reactive Fire Range  
Advanced Movement Drills  
Alternate Firing Positions

Common questions we get asked before a course begins:

## **Where do I go?**

**Day 1:** 8:00am – Defensive Training Area main gate

## **What equipment do I need?**

- ✓ Sidearm (semi-automatic or revolver)
- ✓ 3 magazines/speed loader highly recommended
- ✓ 500 rounds ammunition
  - **No Handloaded Ammunition Accepted in the Course**
- ✓ Holster (Open or Concealed)
  - No pocket holsters
- ✓ Sturdy Belt
- ✓ Closed toe shoes or boots (range has gravel)
- ✓ Hearing Protection
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- ✓ Sunscreen
- ✓ Water
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# **Practical Pistol III:**

The Whittington U's Practical Pistol III Course is the Advanced Level Defensive Sidearm instruction that focuses on lowlight engagements, while employing a strong fundamental interaction with the firearm along with Principles of Cover.

Support side engagements with the non-dominant hand are also a large portion of this course, with scenario based engagements rounding out the Practical Pistol Series.

## **Practical Pistol III will cover:**

Static Fire/Body Position Refresher Drills  
Movement/Principles of Cover on Reactive Fire Range  
Advanced Movement Drills:  
Alternate Firing Positions  
Lowlight Engagements  
Support Side Engagements  
Scenario Based Engagements

## **Common questions we get asked before a course begins:**

### **Where do I go?**

**Day 1:** 1:00pm – DTA Range Gate. Your instructor will meet you at 1pm at the gate. You will stay on the range until the dinner break and then return after dinner for the lowlight engagement drills.

### **What equipment do I need?**

- ✓ Sidearm (semi-automatic or revolver)
- ✓ 3 magazines/speed loader highly recommended
- ✓ Handheld flashlight. A weapon mounted light may also be brought in addition.
- ✓ 500 rounds ammunition
  - **No Handloaded Ammunition Accepted in the Course**
- ✓ Holster (Open or Concealed)
  - No pocket holsters
- ✓ Sturdy Belt
- ✓ Closed toe shoes or boots (range has gravel)
- ✓ Hearing Protection
- ✓ Eye Protection
- ✓ Sunscreen
- ✓ Water

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