

Mixed Amphetamine Salts Extended-Release in the Treatment of Adult ADHD: A Randomized, Controlled Trial

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ABSTRACT

Introduction: Attention-deficit/hyperactivity disorder (ADHD) is a serious neurobehavioral disorder of childhood onset that often persists into adolescence and adulthood. Functional impairments, underachievement, and difficult interpersonal relationships illustrate the need for effective treatment of ADHD through adulthood.

Method: This prospective, multisite, randomized, double-blind, placebo-controlled, parallel-group, dose-escalation study was conducted to assess the efficacy, safety, and duration of action of mixed amphetamine salts extended-release (MAS XR) in adults with ADHD, combined type. Adults ≥ 18 years of age were given placebo or MAS XR 20, 40, or 60 mg/day for 4 weeks. The main outcome measures were the ADHD Rating Scale and Conners' Adult ADHD Rating Scale Short Version Self-Report (CAARS-S-S).

FOCUS POINTS

- Attention-deficit/hyperactivity disorder (ADHD) is a serious neurobehavioral disorder of childhood onset that often persists into adulthood.
- Stimulants have been studied extensively in children with ADHD and have a well-established safety and efficacy profile.
- Stimulants are indirect agonists of catecholaminergic transmission in the central nervous system and increase the amount of dopamine and norepinephrine available presynaptically.
- In this study, mixed amphetamine salts extended-release (MAS XR) 20-60 mg/day were safe and effective in adults with ADHD.
- Treatment response to MAS XR was related to ADHD symptom severity and a trend toward dose response for efficacy was observed for adults with higher baseline symptom severity.
- MAS XR seems to have an acceptable cardiovascular safety profile in adults with ADHD.

Results: Two hundred fifty-five subjects were randomly assigned to treatment with MAS XR or placebo. MAS XR treatment was associated with

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statistically and clinically significant ADHD symptom reduction at endpoint; mean ADHD Rating Scale scores were 18.5 for the 20-mg group ($P=.001$), 18.4 for the 40-mg group ($P<.001$), and 18.5 for the 60-mg group ($P<.001$). Adults with severe symptoms (ADHD Rating Scale score ≥ 32 at baseline) had significantly greater symptom reduction with the highest MAS XR dose (60 mg/day), however, this dose-response relationship was determined by post-hoc analysis. The mean MAS XR effect size was 0.8. Statistically significant ($P<.05$) improvements in CAARS-S-S ADHD index scores occurred at 4- and 12-hours postdose for all MAS XR groups, indicating a 12-hour duration of effect. Symptoms improved within the first treatment week. Most adverse events reported were mild or moderate in intensity, and the most commonly reported adverse events were consistent with the known profile of stimulant medications. Vital signs and electrocardiograms showed no clinically significant cardiovascular changes.

Conclusion: These results suggest that MAS XR is safe and effective in adults with ADHD and controlled ADHD symptoms for up to 12 hours.

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INTRODUCTION

Attention-deficit/hyperactivity disorder (ADHD) is a serious neurobehavioral disorder of childhood onset that often persists into adolescence and adulthood. Estimates of the prevalence and persistence of ADHD vary depending on the diagnostic criteria used and definitions of persistence.¹ Based on Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM-IV-TR) criteria,² ~10% of school-aged youth worldwide are affected by ADHD³⁻⁵ and 4.4% of adults in the United States have ADHD.⁶ With 209 million adults ≥ 18 years of age and a 4.4% prevalence rate, >9 million adults in the US may have ADHD.⁷

Faraone and colleagues⁸ surveyed primary care and psychiatry practices to determine

whether patterns of diagnosis and treatment of adult ADHD differ. Only 25% of the patients with ADHD were first diagnosed in childhood or adolescence. Although ADHD is a chronic disorder, many individuals are able to compensate until the challenges of family and career become overwhelming. In the Faraone and colleagues⁸ study, $>90\%$ of adults with undiagnosed ADHD were self-referred, both in primary care and psychiatric settings, and common symptoms that motivated self-referral were general disorganization, problems with time management, a tendency to leave projects incomplete, and difficulty functioning at work. Greater than 50% of previously undiagnosed adults had complained about ADHD symptoms to other healthcare professionals in the past. Unlike the standard of care in pediatrics, adults are not routinely screened for ADHD in primary care. Lack of training and uncertainty about the diagnosis likely contribute to the underrecognition of the disorder in adults.

Clinical, family, psychopharmacologic, neurobiologic, neuropsychological, and outcome studies support the validity of adult ADHD.⁹ Neuroimaging studies^{10,11} indicate a profile of prefrontal dopaminergic hypoactivity in both adult and childhood ADHD. The core symptoms of ADHD—inattentiveness, impulsivity, and hyperactivity—are well documented in adult ADHD, although hyperactivity symptoms tend to diminish with age.^{12,13} Similar functional impairments, such as educational or occupational underachievement and difficult interpersonal relationships, affect both children and adults with ADHD.^{14,16} Compared with age- and gender-matched individuals, teenagers and young adults with ADHD are >4 times as likely to have automobile accidents.¹⁷ Significantly fewer adults with ADHD had attended college, twice as many had been divorced, and half as many were completely satisfied with their professional lives and career tracks.¹⁶ These life impairments illustrate the need for effective treatment of ADHD throughout the lifespan.

Stimulant medications have been studied extensively in children with ADHD and have a well-established safety and efficacy profile. Research suggests that adults with ADHD respond well to stimulants when adequate doses are used.^{18,19} A number of once-daily extended-release (XR) stimulant formulations have been developed recently and are likely to increase

treatment compliance,²⁰ particularly in a population that tends to be forgetful and disorganized. Additionally, XR formulations may reduce the abuse potential compared with immediate-release (IR) formulations.^{21,22}

Mixed amphetamine salts XR (MAS XR) capsules contain a 1:1 ratio of immediate-to-delayed-release MAS pellets. The pharmacokinetic profile of one MAS XR 20-mg capsule is equivalent to that of two MAS IR 10-mg tablets dosed 4-6 hours apart.²³ The safety profile and rapid onset of action of MAS XR are similar to those of the IR tablets, but the long-acting formulation provides a persistent 12-hour therapeutic effect with once-daily dosing.^{24,25} A linear pharmacokinetic profile for MAS XR 20 mg, 40 mg, and 60 mg/day has been demonstrated in healthy adults.²⁶ This randomized, double-blind, placebo-controlled, forced-dose-escalation study was designed to assess the efficacy and safety of MAS XR 20, 40, and 60 mg/day in adults with ADHD. We hypothesized that MAS XR would reduce ADHD symptoms significantly in adults and that higher doses would lead to greater symptom improvement.

METHODS

Subjects and Eligibility Criteria

Subjects were outpatients ≥ 18 years of age who were referred by clinics and had a primary diagnosis of ADHD established by psychiatric evaluation using DSM-IV-TR criteria.² Diagnosis required identification of at least six of nine symptoms for hyperactive/impulsive and inattentive subtype criteria and ADHD onset by 7 years of age. Subjects were in good physical health, with normal vital signs and 12-lead electrocardiogram (ECG) measurements. This study complied with institutional review board regulations and the Declaration of Helsinki, 2000 revision. Each subject provided written, informed consent after study procedures and objectives were disclosed.

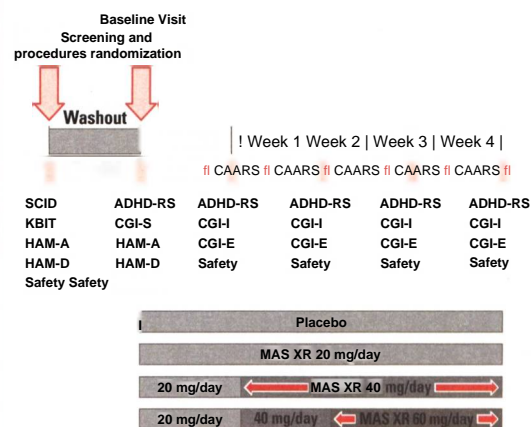
Subjects incapable of following study instructions or having an intelligence quotient < 80 (Kaufman Brief Intelligence Test) were excluded from the study. Several comorbid psychiatric diagnoses were excluded: psychosis, bipolar illness, pervasive developmental disorder, severe obsessive-compulsive disorder, and severe depressive (17-item Hamilton Rating Scale for Depression score > 19) and anxiety disorders

(14-item Hamilton Rating Scale for Anxiety score > 17). Subjects were excluded for a positive drug screen or substance abuse history (or living with someone with a substance abuse disorder); glaucoma; hyperthyroidism; seizure, tic disorder, or Tourette syndrome; and pregnancy or lactation. Also excluded were subjects who were taking within 30 days of the screening visit any anticonvulsant drugs, clonidine, guanfacine, systemic steroids, medications that affect blood pressure (BP) or the heart or have central nervous system effects, pemoline, or investigational drugs.

Study Design

This was a multisite, randomized, double-blind, placebo-controlled, parallel-group study designed to assess the efficacy and safety of three doses of MAS XR in adults with ADHD. The study was conducted between February 6, 2002, and May 24, 2002. Eligible subjects were randomly assigned (3 active:1 placebo) to a daily morning dose of MAS XR 20 mg, 40 mg, or 60 mg for 4 weeks (Figure 1). This was a forced-dose-escalation design and dosage modification was not permitted; subjects were excluded if sustained drug intolerance occurred.

FIGURE 1.
Study design



CAARS=Conners' Adult ADHD Rating Scale; SCID=Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition; ADHD-RS=Attention-Deficit/Hyperactivity Disorder Rating Scale; KBIT=Kaufman Brief Intelligence Test; CGI-S=Clinical Global Impressions-Severity; CGI-I=Clinical Global Impressions-Improvement; HAM-A=Hamilton Rating Scale for Anxiety; CGI-E=Global Impressions-Efficacy; HAM-D=Hamilton Rating Scale for Depression; MAS XR=mixed amphetamine salts extended-release.

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Measurements

Primary Efficacy Assessments

Investigators completed the ADHD Rating Scale to assess the 18 individual symptom criteria of ADHD in DSM-IV-TR at baseline and at each clinic visit. The ADHD Rating Scale is composed of two subscales, inattentive and hyperactive/impulsive; all items were scored on a 4-point scale from 0 (no symptoms) to 3 (severe symptoms).

Secondary Efficacy Assessments

Conners' Adult ADHD Rating Scale-Short Version-Self-Report (CAARS-S-S) was used to determine the duration of MAS XR action. Each item was scored on a 4-point scale, from 0 (not at all, never) to 3 (very much, very frequently). The five CAARS-S-S subscales include the 12-item ADHD index and 4-factor-derived, 5-item scales. The CAARS-S-S ADHD index measures the overall level of ADHD-related symptoms using items that capture daily symptomatology, such as "I have a short fuse/hot temper," "I am always on the go," "I feel restless even when sitting still," and "Things I hear or see distract me from what I'm doing." Using an interactive voice-response system, subjects completed the CAARS-S-S at 4- and 12-hours postdose 3 days/week during the washout week and each of the 4 treatment weeks.

The Clinical Global Impressions-Severity (CGI-S), -Improvement (CGI-I), and -Efficacy (CGI-E) scales were used to determine overall improvement over time. The CGI-S is a cross-sectional assessment of the severity of illness using a 7-point scale and was assessed at baseline and end point. The CGI-I (also a 7-point scale) provides a longitudinal assessment of overall symptom improvement relative to baseline and was measured weekly during the 4 treatment weeks. Investigators also completed the CGI-E weekly. The CGI-E consists of two items (Therapeutic Effects and Side Effects), each of which is a 4-point scale intended specifically to capture medication effects.

Safety Assessments

Safety was assessed through physical examination, neurologic evaluation, vital sign measurements, and clinical laboratory test results. A 12-lead ECG, performed at baseline and 2-week intervals, was evaluated for safety by the investigator but was analyzed for ECG measures by a central laboratory. Spontaneously reported

adverse events (AEs) were recorded weekly using Coding Symbols for a Thesaurus of Adverse Reaction Terms (COSTART)²⁷ terminology.

Statistical Analysis

Determination of Sample Size

An enrollment of 200 subjects was required to detect a standardized treatment difference of 0.60 between any MAS XR group and the placebo group at 80% power (type I error=.05) using a 2-sided t-test.

Randomization

Eligible subjects were randomly assigned to one of the four double-blind treatment groups (MAS XR 20, 40, or 60 mg/day or placebo) in a 1:1:1:1 ratio using a block randomization schedule. Each site initially received treatment kits in two complete blocks (eg, eight pre-numbered drug kits); additional kits were provided in complete blocks as needed. The clinical study coordinator at each site assigned eligible subjects the next available randomization number in ascending order. Statistical tests were completed to determine whether the counts (Cochran-Mantel-Haenszel [CMH] test) and means (F test) for demographic and baseline characteristics were similar across treatment groups.

Analyses were performed using SAS statistical software, version 6.12 or higher.²⁸ Efficacy results were analyzed on the intent-to-treat (ITT) sample (all subjects assigned to treatment with at least one valid post-baseline ADHD Rating Scale total score). Safety results were analyzed for all subjects assigned to treatment. For all measures, the endpoint was defined as the last valid postbaseline observation (numerically equivalent to a last observation-carried forward analysis).

Primary Efficacy Analysis

For the ADHD Rating Scale total score at endpoint, an analysis of covariance (ANCOVA) was performed, with treatment and site as fixed effects and the baseline score as a covariate. Dunnett's test was used to compare each active treatment group with placebo if an overall treatment effect was detected. This model was also applied to ADHD Rating Scale total scores at each treatment week and the ADHD Rating Scale subscale scores at endpoint. Effect size for the ADHD Rating Scale total score at endpoint was calculated as the mean treatment difference for MAS XR versus placebo divided by the pooled standard deviation.

Secondary Efficacy Analyses

Endpoint CAARS-S-S ADHD index scores were analyzed using an ANCOVA model, with treatment and site as fixed effects and the average baseline ADHD index score as a covariate. For significant overall treatment effects, pairwise comparisons were performed using a closed-testing procedure: a t-test between the least-squares means of the MAS XR 60-mg and placebo groups was performed first; if a significant difference was detected, the same test was performed for the 40-mg and 20-mg groups. To determine the treatment effect at 4- and 12-hours postdose, a similar analysis was performed for both postdose ADHD index scores at endpoint.

A dichotomized variable was created for the CGI-I: the "improved" category included subjects "very much improved" and "much improved"; the "not improved" category included all other ratings. For placebo and active treatment pairs, the dichotomized CGI-I at endpoint was analyzed for differences using a CMH test adjusted for site. The CGI-S and CGI-E results were summarized as categorical variables (n, % for each rating).

Post-Hoc Efficacy Analyses

To further investigate the dose-response relationship between ADHD Rating Scale scores and actual final dose (adjusted for final dose duration and baseline severity), a 1-way ANCOVA was performed. Actual dose was the effect, and baseline ADHD Rating Scale total score was a covariate. The difference in ADHD Rating Scale change from baseline among the active doses was assessed for each treatment week. Actual dose refers to the final dose achieved, which in some cases was less than the dose assigned by randomization. Because this was a forced-dose-escalation design, subjects assigned to higher doses did not achieve their final assigned dose until midway through the study. Some subjects may have withdrawn from the study before reaching the assigned dose. The model included the placebo dose to address the issue of minimum effective dose. Analyses were performed on ITT subjects segregated by the median baseline ADHD Rating Scale score: <32 (mild) and ≥32 (severe). The median baseline score was chosen to provide similar sample sizes for this analysis.

The linear association between final MAS XR dose at each treatment week and the propor-

tion of subjects rated "very much improved" or "much improved" on the CGI-I scale was analyzed using the Mantel-Haenszel χ^2 test.

Safety Analyses

Treatment-emergent AEs were summarized by body system, preferred term, and treatment group. Because the same subject may have reported the same AE when receiving different doses of MAS XR in this forced-dose-escalation design, the counts (and percentages) of AEs by treatment group are not independent observations. This lack of independence could affect the variability and would invalidate a test that assumes independence of the proportions. Because there is no methodology for a statistical test for linear trends in proportions where the proportions are dependent, no statistical test for a dose relationship for AEs was conducted. An ANCOVA model with treatment as a fixed effect and baseline as a covariate was fitted to the laboratory, vital sign, and ECG interval data for each visit. For statistically significant treatment effects, Dunnett's test assessed which active-treatment groups differed significantly from the placebo group. ECGs included interval measurements (RR interval, PR, QRS, QT, QTcB [Bazett correction], heart rate) and tracing interpretations (rhythm, conduction, morphology, myocardial infarction, ST segments, T waves, U waves).

Post-Hoc Safety Analyses

Outlier analyses of safety measures, including AE reports, vital signs, and ECGs (including QTcF [Fridericia correction]) were completed to further investigate the dose-response relationship for safety measures. Individual BP measurements ≥140 mmHg for systolic or ≥90 mmHg for diastolic on two consecutive visits were considered clinically significant.²⁸ A predefined limit of ≥110 beats per minute was considered clinically significant for individual pulse measurements. Individual changes in QT or QTcF intervals >60 milliseconds relative to baseline values were considered clinically noteworthy.³⁰

RESULTS

Study Sample

Eighteen study sites screened 339 adults, and 259 subjects entered the washout phase of the study; 255 were randomly assigned to treatment, and 248 were included in the ITT sample (Figure 2).

Treatment groups were similar with respect to demographic and baseline symptom severity data (Table 1). The only statistically significant group difference observed in demographic or baseline characteristics occurred for previous stimulant exposure, whereby the placebo group had a significantly lower overall exposure than the three active-treatment groups.

Subjects, predominantly white males, ranged in age from 18-76 years. The mean time since ADHD diagnosis was 5.5 years. Mean baseline ADHD Rating Scale total scores ranged from 31-33. The mean CAARS-S-S ADHD index scores ranged from 20-23. Greater than 75% of subjects were stimulant naive.

TABLE 1.
Demographic Characteristics and Baseline Symptom Severity of the ITT Sample*

	MAS XR Assigned Dose				V-value
	Placebo (n=60)	20 mg/day n=64	40 mg/day n=64	60 mg/day (n=60)	
Age Group, n (%)					.89 ^t
18-29	14(23)	18(28)	15(23)	12(20)	
30-39	17(28)	14(22)	20 (31)	21 (35)	
40-49	17(28)	20(31)	17(27)	13(22)	
≥50	17(20)	12(19)	12(19)	14(23)	
Mean age (range)	39.3(18-59)	38.8(19-65)	38.9 (20-68)	39.9(18-76)	.93*
Sex, n (%)					.16*
Male	41 (68)	41 (64)	38 (59)	29 (48)	
Race, n (%)					.66 ^t
White	54 (90)	56 (87)	58 (91)	53 (88)	
Black	3(5)	3(5)	2(3)	0	
Hispanic	2(3)	4(6)	2(3)	5(8)	
Other	1 (2)	1 (2)	2(3)	2(3)	
Years since diagnosis, mean±SD	5.0±7.2	4.6±6.8	4.9±8.6	7.1±10.2	.31 ^t
Previous stimulant exposure, n (%)	8(13)	15(23)	17(27)	15(25)	.04 ^t
CGI-S, n (%)					.89 ^t
Mild	1 (2)	4(6)	3(5)	3(5)	
Moderate	33 (55)	36 (56)	41 (64)	33 (55)	
Marked	23 (38)	20(31)	18(28)	22(37)	
Severe	3(5)	4(6)	2(3)	2(3)	
ADHD-RS, mean±SD					
Total score	33.0±8.8	31.1±9.6	31.3±8.1	32.9±9.8	.45 ^t
Inattentive score	18.9±4.8	17.8±5.4	18.0±5.0	18.2±6.1	.57 ^t
Hyperactive/impulsive score	14.1±6.2	13.4±6.0	13.3±5.3	14.7±5.5	.43 ^t
CAARS-S-S ADHD Index score, mean±SD	22.4±5.7	21.6±5.8	20.2±5.4	22.6±5.4	.12*

* Some of the percentages may not equal 100 due to rounding.

^t Based on the Cochran-Mantel-Haenszel statistic, with adjustment for center.

^t Based on the F test, using a model that included center and treatment group.

ITT=intent-to-treat; MAS XR=mixed amphetamine salts extended-release; CGI-S=Clinical Global Impressions-Severity; ADHD-RS=Attention-Deficit/Hyperactivity Disorder Rating Scale; CAARS-S-S=Conners' Adult ADHD Rating Scale Short Version Self-Report.

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Efficacy

Primary Efficacy

ADHD Rating Scale Total Scores

A 2-way analysis of variance (ANOVA) showed no difference in baseline scores across treatment groups ($F_{3,227}=0.87$; $P=0.456$). All MAS XR groups had improved ADHD Rating Scale total scores at endpoint ($F_{3,226}=7.61$; $P<0.001$; ANOVA for a treatment effect). However, the active-treatment groups improved nearly two fold compared with

placebo (Table 2). The MAS XR 60-mg group had the greatest improvement in mean ADHD Rating Scale total scores. Mean ADHD Rating Scale inattentive subscale scores showed a statistically significant treatment effect ($F_{3,226}=6.89$, $P<0.001$). Dunnett's test detected significantly improved inattentive subscale scores for each MAS XR group compared with placebo. However, there was no dose-response effect (Table 2). Likewise, there was a statistically significant treatment effect

TABLE 2.
Efficacy Outcomes

Measure	MAS XR Assigned Dose			ANOVA ^a		
	20 mg/day (n=64)	40 mg/day (n=64)	60 mg/day (n=60)	F	df	P-value
ADHD-RS Total Score						
Endpoint mean±SD	18.5±12.5	18.4±11.5	18.5±11.7	7.61	3, 226	<0.001
Placebo-adjusted difference (95% CI)	-6.6 (-11.0 to -2.3)	-7.2 (-11.5 to -2.8)	-7.8 (-12.2 to -3.4)			
P-value	.001	<.001	<.001			
ADHD-RS Inattentive Score						
Endpoint mean±SD	10.7±7.4	10.3±7.3	10.0±7.3	6.89	3, 226	<.001
Placebo-adjusted difference (95% CI)	-3.5 (-6.1 to -0.9)	-4.1 (-6.7 to -1.5)	-4.5 (-7.2 to -1.9)			
P-value	.005	.001	<.001			
ADHD-RS Hyperactive/Impulsive Score						
Endpoint mean±SD	7.8±6	8.0±5.3	8.5±5.3	6.23	3, 226	<.001
Placebo-adjusted difference (95% CI)	-3.1 (-5.2 to -1.0)	-3.0 (-5.1 to -0.9)	-3.3 (-5.4 to -1.3)			
P-value	.001	.002	.001			
CAARS-S-S ADHD Index Score 4 (range: 2-6) Hours Postdose						
Endpoint mean±SD	14.9±7.2	14.6±6.8	14.7±6.7	5.04	3, 198	.002
Placebo-adjusted difference (95% CI)	-3.4 (-5.7 to -1.2)	-2.7 (-5.1 to -0.4)	-4.4 (-6.7 to -2.1)			
P-value	.004	.021	<.001			
CAARS-S-S ADHD Index Score 12 (range: 10-14) Hours Postdose						
Endpoint mean±SD	15.3±7.2	14.3±6.8	14.3±6.5	6.34	3, 194	<.001
Placebo-adjusted difference (95% CI)	-3.3 (-5.6 to -1.0)	-3.2 (-5.4 to -0.9)	-4.9 (-7.1 to -2.6)			
P-value	.004	.006	<.001			

^aLast observation carried forward for the ITT sample.

^bDunnett's method for multiple comparisons used for the construction of 95% CIs and P-values.

MAS XR=mixed amphetamine salts extended-release; ANOVA=analysis of variance; ADHD-RS=Attention-Deficit/Hyperactivity Disorder Rating Scale; CAARS-S-S=Conners' Adult ADHD Rating Scale Short Version Self-Report; ITT=intent-to treat.

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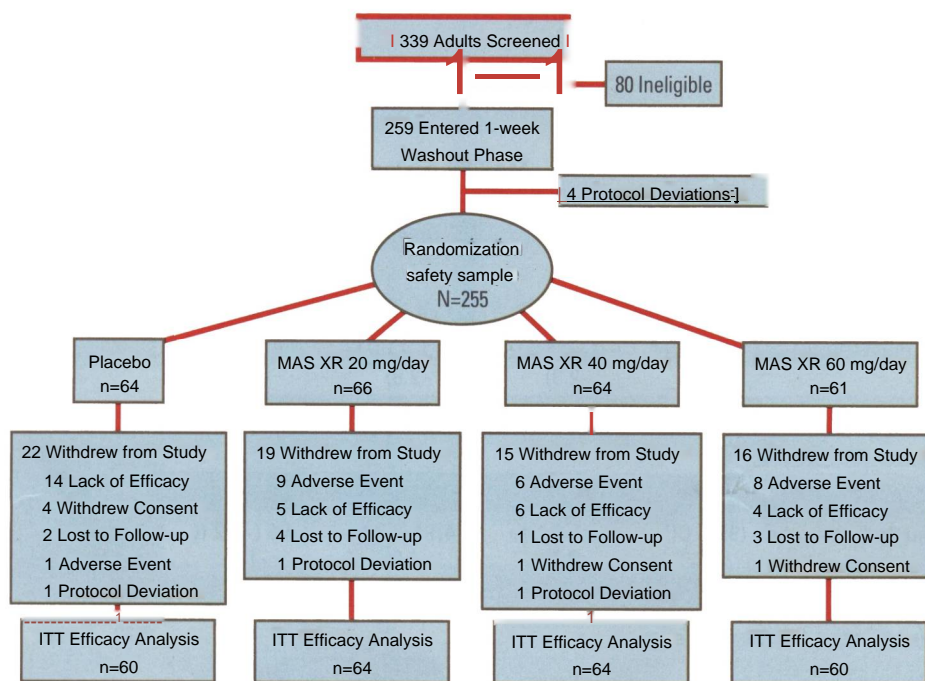
for mean ADHD Rating Scale hyperactive/impulsive subscale scores ($F_{3,226}=6.23$; $P<.001$), and Dunnett's test detected significantly improved scores for each MAS XR group compared with placebo, but a dose-response effect was not noted (Table 2).

Post-Hoc Analysis by Baseline Severity

Of the subjects with severe baseline symptoms (ADHD Rating Scale total score ≥ 32), those receiving MAS XR 60 mg/day improved significantly compared with the placebo group

FIGURE 2.

Subject flow chart: all subjects with at least 1 valid postbaseline primary efficacy assessment



MAS XR=mixed amphetamine salts extended-release; ITT=intent-to-treat.

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TABLE 3.

Summary and Analysis of Dichotomized CGI-I at Endpoint*

Dichotomized CGI-I Category	Placebo (n=60)	MAS XR 20 mg/day (n=64)	MAS XR 40 mg/day (n=64)	MAS XR 60 mg/day (n=60)	P-value [†]
Improved	16 (27%)	32 (50%)	36 (56%)	35 (58%)	<.001
Not improved	44 (73%)	32 (50%)	28 (44%)	25 (42%)	
Difference*	N/A	23%	30%	32%	
P-value (CMH) [§]	N/A	.012	<.001	<.001	

* Last observation carried forward for the ITT sample.

† Based on the nonzero correlation CMH statistic with adjustment for center.

‡ Difference in the percentage of MAS XR subjects who were improved compared with placebo subjects.

§ With adjustment for center, comparing the percentage of subjects categorized as improved for each MAS XR group with the placebo group.

CGI-I=Clinical Global Impressions-Improvement; MAS XR=mixed amphetamine salts extended-release; N/A=not applicable; CMH=Cochran-Mantel-Haenszel;

ITT=intent to treat.

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(mean point difference: -11.1; $P=.0007$) and the 20-mg group (-8.2; $P=.001$); improvement approached statistical significance compared with the 40-mg group (-5.2; $P=.10$), suggesting a trend toward a linear dose-response relationship (Figure 3). For subjects with severe symptoms who were receiving MAS XR 40 mg/day, the change in mean ADHD Rating Scale scores at week 4 approached statistical significance compared with the placebo group (-5.9; $P=.06$) but not the 20-mg group (-3.0; $P=.34$). The change in ADHD Rating Scale scores for subjects with severe symptoms who were receiving MAS XR 20 mg/day was not statistically different from the change for subjects receiving placebo (-2.9; $P=.36$).

Clinical improvement, defined as at least a 30% reduction in ADHD Rating Scale total scores, was substantially higher in the subjects receiving active treatment than in those receiving placebo. Of those who completed the study, 61% receiv-

ing placebo achieved at least a 30% reduction in ADHD Rating Scale total scores compared with 74%, 80%, and 82% of subjects receiving MAS XR 20, 40, and 60 mg/day, respectively.

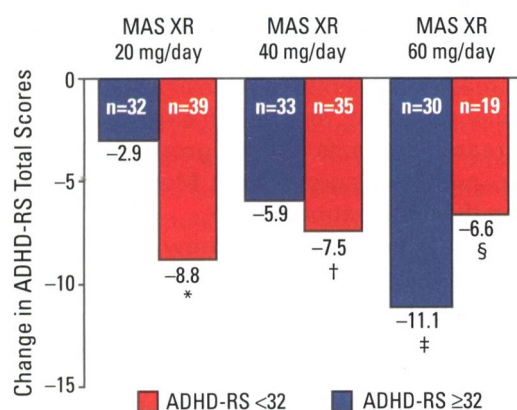
Secondary Efficacy

CAARS-S-S ADHD Index

ANOVA indicated a statistically significant treatment effect for the 4-hour postdose CAARS-S-S ADHD index ($F_{3,198}=5.04$; $P=.002$) and the 12-hour postdose CAARS-S-S ADHD index ($F_{3,194}=6.34$; $P<.001$) (Table 2). The end-point CAARS-S-S ADHD index scores were similar (14-15 unit points for all MAS XR groups) at 4- and 12-hours postdose, suggesting that MAS XR has a 12-hour duration of effect in adults with ADHD, although this should be considered a preliminary finding since the CAARS-S-S ADHD index is not a validated measure of diurnal symptom change. At both 4- and 12-hours postdose, all MAS XR groups were statistically significantly improved compared with placebo on the CAARS-S-S ADHD index, but dose-response relationships did not occur at either time point (Table 2).

FIGURE 3.

Least-squares mean differences in ADHD-RS total scores for MAS XR compared with placebo at week 4 (actual dose) by baseline ADHD symptom severity. This analysis indicates a dose-response effect for subjects with more severe ADHD



* $P<.0001$ vs placebo.

† $P<.0005$ vs placebo.

‡ $P=.0007$ vs placebo.

§ $P=.0101$ vs placebo.

ADHD-RS=Attention-Deficit/Hyperactivity Rating Scale; MAS XR=mixed amphetamine salts extended-release.

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TABLE 4.

AEs Reported by at Least 10% of Subjects in Any Treatment Group"

AE (COSTART Term), n (%)	MAS XR Assigned Dose			
	Placebo (n=64)	20 mg/day (n=66)	40 mg/day (n=64)	60 mg/day (n=61)
Dry mouth	3(5)	16(24)	28(44)	23(38)
Anorexia	2(3)	13(20)	27(42)	23(38)
Insomnia	8(13)	14(21)	19(30)	16(26)
Headache	8(13)	9(14)	19(30)	16(26)
Nervousness	8(13)	7(11)	10(16)	7(12)
Weight loss	0	3(5)	10(16)	7(12)
Nausea	1(2)	5(8)	5(8)	6(10)
Agitation	3(5)	5(8)	4(6)	6(10)
Anxiety	2(3)	4(6)	4(6)	6(10)

*AEs considered possibly or probably related to study medication for all subjects who received at least one dose of study medication. Because this was a forced-dose-escalation design over a 4-week period, subjects may have reported the same AE more than once and at more than one MAS XR dose.

MAS XR=mixed amphetamine salts extended-release; AEs=adverse events; COSTART=Coding Symbols for a Thesaurus of Adverse Reaction Terms.

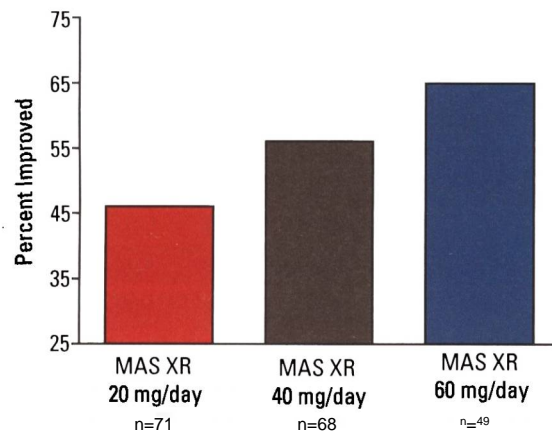
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Clinical Global Impressions

Only 27% of placebo subjects experienced robust improvement (endpoint CGI-I score of 1 or 2 ["very much improved" or "much improved"]) compared with 55% of subjects receiving MAS XR (103/188). The nonzero correlation CMH statistic showed a statistically significant correlation (Pc.OOI) between dose and the percentage of subjects considered improved by investigators (includes ratings of "very much improved" or "much improved" on the CGI-I scale) (Table 3). The post-hoc analysis of CGI-I indicated that, at week 2, when subjects assigned to the 40- and 60-mg groups received 40 mg/day, the linear relationship between dose and proportion of subjects considered improved was statistically significant ($P=.03$). At weeks 3 and 4, when subjects were receiving assigned doses (20, 40, or 60 mg/day) according to the forced-dose-escalation design, the association between MAS XR dose and the proportion of subjects who were improved was statistically significant ($P=.01$ and $P=.04$, weeks 3 and 4, respectively [Figure 4]). These findings demonstrate a clear dose-response for efficacy as measured by the CGI-I.

FIGURE 4.

Linear dose-response relationship for the proportion of subjects rated by investigators as improved (includes "very much improved" and "much improved") on the CGI-I scale at week 4 (actual MAS XR dose). The linear dose-response trend is statistically significant ($P=.04$ by the Mantel-Haenszel χ^2 test)



CGI-I=Clinical Global Impressions-Improvement scale; MAS XR=mixed amphetamine salts extended-release.

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Substantially more subjects receiving MAS XR 20 mg/day (56%), 40 mg/day (59%), or 60 mg/day (60%) reported either "marked—vast improvement" or "moderate—decided improvement" on the CGI-E Therapeutic Effects scale than did subjects receiving placebo (25%). There was a suggestion of a dose-response effect as the proportion of subjects with "marked—vast improvement" increased with dose. Most subjects reported "none" or "do not significantly interfere with functioning" on the CGI-E Side Effects scale (placebo group: 97%; 20-mg group: 84%; 40-mg group: 84%; 60-mg group: 85%). Few subjects in any treatment group reported that side effects "outweighed therapeutic benefit" (placebo group: 3%; 20-mg group: 6%; 40-mg group: 6%; and 60-mg group: 5%). The post-hoc dose-response analysis of the CGI-E data suggested that there were significantly fewer side effects relative to therapeutic improvement in the higher-dose groups ($\chi^2(6)=21.1$; $P=.002$). This effect was stronger for subjects with high ADHD symptom severity at baseline.

Safety

All 259 subjects enrolled were included in the AE evaluation. The ITT sample ($n=255$) was evaluated for all other safety measures.

Adverse Events

No serious adverse events (AEs) were reported. The incidences of treatment-related AEs are summarized in Table 4. The most commonly reported AEs were dry mouth (27.4% of all subjects enrolled), anorexia/decreased appetite (25.5%), insomnia (23.9%), and headache (23.6%). Most AEs were mild or moderate in intensity. Insomnia was the only severe AE reported in two or more MAS XR-treated subjects (20-mg group: $n=2$; 40-mg group: $n=3$; 60-mg group: $n=4$). Most AEs occurred during the first treatment week.

Twenty-four subjects withdrew from the study due to AEs: one (1.6%) placebo-treated subject, nine (13.6%) MAS XR 20-mg subjects, 6 (9.4%) 40-mg subjects, and eight (13.1%) 60-mg subjects (Figure 2). The most common AEs leading to discontinuation were insomnia (10 [3.9%] subjects), agitation (four [1.6%] subjects), anxiety (four 1.6%), and nervousness (four 1.6%).

Three subjects were withdrawn from the study due to cardiovascular AEs (two tachycardia; one hypertension), one participant had increased liver enzymes, and one experienced chest pain of unclear etiology. None of the subjects required treatment for an AE.

Other Safety Assessments

There was a slight decrease from baseline to endpoint in mean cholesterol (-2.4 mg/dL) for placebo, compared with larger, statistically significant (P<.05), decreases for MAS XR 20 mg/day (-15.5 mg/dL), 40 mg/day (-16.0 mg/dL), and 60 mg/day (-18.6 mg/dL). There was also a slight decrease in triglycerides for placebo (-1.8 mg/dL) compared with larger, statistically significant (P<.05), decreases for MAS XR 20 mg/day (-31.0 mg/dL), 40 mg/day (-20.0 mg/dL) and 60 mg/day (-42.4 mg/dL). Changes in mean laboratory values from baseline to endpoint were otherwise small in magnitude and showed no apparent trend. Changes in individual laboratory values observed during this study seemed to be spontaneous events and, with one exception (increased liver enzymes), were not considered clinically significant. Changes in physical examinations were similar across placebo and MAS XR groups. A statistically significant treatment effect of MAS XR on weight was observed (2-way ANCOVA, P<.001): the mean weight loss between baseline and endpoint was 1.1 ± 1.8 kg for the 20-mg group (P=.01), 2.5 ± 2.3 kg for the 40-mg group (P<.001), and 2.5 ± 2.5 kg for the 60-mg group (P<.001) compared with a mean weight gain of 0.1 ± 2.7 kg for subjects receiving placebo. However, weight loss was not considered clinically significant in any individual subject.

Vital Signs

Mean changes in vital signs were moderate and not considered clinically meaningful. A 2-way ANCOVA indicated a statistically significant treatment effect of MAS XR on pulse (P=.025) and systolic BP (P=.015) but not on diastolic BP (P=.135). Dunnett's test for multiple comparisons was used to further analyze mean changes in pulse and systolic BP for each MAS XR group compared with placebo. Between baseline and endpoint, mean \pm SD changes in pulse (beats per minute) were 4.2 ± 9.7 (P=.582), 5.3 ± 11.3 (P=.053), 6.2 ± 10.9 (P=.016) in the 20-, 40-, and 60-mg groups, respectively, compared with 1.9 ± 10.4 beats per minute for the placebo group. For systolic BP (mmHg), mean \pm SD changes were 0.3 ± 11.2 (P=.191), 4.3 ± 12.3 (P=.004), and 0.9 ± 10.2 (P=.219) in the 20, 40-, and 60-mg groups, respectively, compared with -1.9 ± 10.1 mmHg in the placebo group.

A post-hoc outlier analysis of vital signs did not reveal a dose-response relationship for MAS XR 20 mg/day to MAS XR 60 mg/day for

pulse, systolic BP, or diastolic BP. Only one subject in each treatment group had a pulse ≥ 110 beats per minute at any point, and changes ≥ 25 beats per minute were transitory and not dose dependent. Although MAS XR appears to have a slight effect on systolic BP, the outlier analysis did not indicate a dose-response relationship. A small number of subjects receiving placebo or MAS XR had generally transient systolic BP increases of ≥ 20 mmHg and few subjects had two consecutive measurements ≥ 140 mmHg (one, four, one, and three subjects in the placebo, 20-, 40-, and 60-mg MAS XR groups, respectively). Similarly, few subjects had diastolic BP increases of ≥ 10 mmHg from baseline and few had measurements ≥ 90 mmHg at two consecutive visits (four, three, one, and three subjects in the placebo, 20-, 40-, and 60-mg MAS XR groups, respectively). No apparent trends were identified for any of the cardiovascular measurements with respect to absolute increases from baseline or increases above the threshold values on consecutive visits.

Electrocardiograms

The ECG data did not suggest any clinically significant cardiovascular treatment effects associated with MAS XR in adults. The incidence of qualitative ECG abnormalities was similar for subjects receiving placebo and for subjects receiving MAS XR, and the abnormalities were either normal variants or they were of limited clinical relevance.

Analyses of ECG interval measurements by 2-way ANCOVA revealed no clinically meaningful differences in PR (P=.354) or QRS (P=.204) intervals from baseline to endpoint between MAS XR (all doses) and placebo. Statistically significant treatment effects (ANCOVA) were noted for heart rate (P<.001) and for QT (P=.002) and QTcB (P=.003) intervals. The mean changes for each treatment group were not considered clinically significant and were not statistically significant in many cases when further analyzed by dose (Dunnett's test was used for the construction of treatment group P-values). The mean changes from baseline to endpoint for heart rate (beats per minute) were -2.0 ± 9 for the placebo group; 2.6 ± 9 for the 20-mg group (P=.035); 7.3 ± 12 for the 40-mg group (P<.001), and 4.8 ± 11 for the 60-mg group (P<.001). The mean changes from baseline to endpoint for the QT interval (milliseconds) were 2.9 ± 22 for the placebo group; -6.0 ± 21 for the 20-mg group

(Ft.211); -11.7 ± 25 for the 40-mg group ($P=.001$), and -7.1 ± 21 for the 60-mg group ($P=.047$). For the QTcB interval (milliseconds), mean changes from baseline to endpoint were -2.8 ± 19 for the placebo group; 1.0 ± 21 for the 20-mg group (Ft.101); 6.9 ± 21 for the 40-mg group ($P=.007$), and 5.6 ± 22 for the 60-mg group ($P=.002$). There were no apparent dose-response relationships.

The post-hoc analysis using the Fridericia method of correction indicated no statistically significant change from baseline in the QTcF intervals for MAS XR (all doses) versus placebo (ANCOVA, $P=.132$). The mean QTcF interval changes (milliseconds) from baseline to endpoint were -1.5 ± 16 for the 20-mg group ($P=.149$); -1.1 ± 21 for the 40-mg group ($P=.465$); and -1.1 ± 19 for the 60-mg group ($P=.075$). Dunnett's test was used for the construction of treatment group P -values. At endpoint, mean QT intervals did not exceed 436 milliseconds for the MAS XR groups or 433 milliseconds for the placebo group. A few 30-59 milliseconds increases were recorded, but these changes were evenly distributed across the placebo and MAS XR groups. None of the subjects in any treatment group experienced a ≥ 60 milliseconds increase in QT or QTcF intervals.

DISCUSSION

In this largest adult ADHD stimulant study to date, results indicate that once-daily MAS XR 20 mg/day, 40 mg/day, and 60 mg/day doses were safe and effective in the treatment of adult ADHD, combined type. Subjects treated with MAS XR had significantly improved symptoms compared with placebo, as determined by the ADHD Rating Scale. Improved symptoms were detected within the first treatment week and maintained throughout the study. Although the lowest dose used in this study (20 mg/day) led to some improvement, the 40 mg/day and 60 mg/day doses led to increasing levels of efficacy. The dose-response of efficacy seemed to be related to symptom severity: adults with mild symptoms had significantly greater improvements with the lowest MAS XR dose (20 mg/day), whereas those with severe symptoms had significantly greater improvements with the highest dose (60 mg/day). The mean effect size for MAS XR 20, 40, and 60 mg/day was 0.8 based on ADHD Rating Scale total scores at endpoint.

Treatment efficacy is arguably most difficult to demonstrate in combined-type adult

ADHD, because hyperactive/impulsive symptoms become less problematic in adulthood.¹² Significant improvements in ADHD Rating Scale inattentive and hyperactivity/impulsivity subscale scores were demonstrated in all MAS XR groups compared with placebo, but a dose-response effect was not observed for either subscale.

As expected, daily symptom relief continued for up to 12 hours for all MAS XR doses as demonstrated by CAARS-S-S ADHD index scores. This is an important benefit for individuals with ADHD, given the potential for missed doses with multiple daily dose regimens. Additionally, compliance with XR stimulant medications is improved,³¹ and the XR platform of these formulations may result in a lower abuse liability relative to IR stimulant formulations.³¹

Subjects receiving MAS XR had greater improvements on all CGI measures compared with those receiving placebo. Nearly 30% of MAS XR-treated subjects achieved remission, as defined by CGI-S scores of 1 or 2 at endpoint. The CGI-I indicated statistically significant global improvements, with a clear dose response for efficacy for all MAS XR groups when analyzed by final dose. Analysis of the CGI-E Therapeutic Effects and Side Effects scales suggests that the therapeutic benefit of treatment outweighs the impact of side effects in the higher-dose groups, particularly for subjects with higher symptom severity at baseline.

ADHD medications modulate the cognitive processes of attention and impulse control through effects on both dopaminergic and noradrenergic neurotransmitter systems.³² Stimulants are indirect agonists of catecholaminergic transmission in the central nervous system and increase the amount of dopamine and norepinephrine available presynaptically.³² The differences in synaptic mechanisms of action of amphetamine and methylphenidate (MPH) may explain the differential response to these medications in some patients.³³ Both medications block the reuptake of catecholamines by binding to catecholamine reuptake transporter proteins, but amphetamine can also be transported into the nerve terminal via the transporter proteins and enhance the release of neurotransmitters stored in cytoplasmic vesicles.³⁴ Bupropion, atomoxetine, and tricyclic antidepressants also affect catecholaminergic transmission, although the clinical effect of

these medications appears to be somewhat less robust than that of stimulant medications.

The average effect size of MAS XR (calculated without regard to severity of illness at baseline) was 0.8 in this study, which is similar to effect sizes reported for other studies of stimulant medications in adults with ADHD. Faraone and colleagues³⁶ completed a meta-analysis of six placebo-controlled studies of MPH in adults with ADHD and reported a mean effect size of 0.9. The treatment effect sizes for stimulant medications are higher than those for nonstimulant medications in adults with ADHD. An effect size of 0.6 based on ADHD Rating Scale total scores was reported for a short-term, placebo-controlled, flexible-dose study by Wilens and colleagues³⁶ of an extended-release bupropion formulation (bupropion XL). Effect sizes of 0.35 and 0.40 based on the investigator-rated CAARS-S-S were reported for two short-term, placebo-controlled, flexible-dose atomoxetine studies.³³ Demographic characteristics and baseline symptom severity were similar for both the MAS XR and atomoxetine adult study samples,³⁷ whereas subjects in the bupropion XL study had more severe symptoms at baseline (mean baseline ADHD Rating Scale score of 36) and 37% of the subjects had ADHD, inattentive subtype.³⁶

Response rates for MAS XR (defined as $\geq 30\%$ improvement on the ADHD Rating Scale total score at endpoint) are similar to those reported for other large, well-controlled studies in adults with ADHD. In a forced-dose-escalation study of dexamethylphenidate extended-release (D-MPH XR) in 221 adults,³⁸ response rates were 34% for placebo; 58% for D-MPH XR 20 mg/day; 54% for D-MPH XR 30 mg/day, and 61% for D-MPH XR 40 mg/day. In the Wilens and colleagues³⁶ study of bupropion XL in 162 adults with ADHD, $\sim 50\%$ of subjects achieved at least a 30% reduction in ADHD Rating Scale total scores compared with 30% of placebo subjects. The magnitude of difference in response rates for the placebo versus active groups in all these large, well-controlled, multicenter studies appears to be ≈ 20 percentage points. Higher response rates may be achieved with higher doses. In smaller ($N \leq 40$), single-site studies of adults with ADHD,^{18,19,38} response rates of 70%, 78%, and 76% have been reported for MAS IR 54 mg/day, MPH IR 0.9 mg/kg/day, and bupropion 362 mg/day, respectively.

An MAS XR dose relationship was not established for any safety assessment. Overall, treatment-related AEs (eg, dry mouth, anorexia, insomnia, and headache) were similar in type to those reported in children. Most adults in this study were stimulant naive, which may account for the higher incidence of AEs compared with studies of children with ADHD, who typically have a history of stimulant treatment. Of note, side effects diminished rapidly over time; $>40\%$ of the treatment-emergent AEs were reported during the first week of treatment and $<10\%$ were reported during the fourth week.

MAS XR appears to have an acceptable cardiovascular safety profile in adults with ADHD. Group mean changes in vital signs were not clinically significant. Individual changes in BP and pulse were sporadic and resolved spontaneously. The ECG data indicated no clinically relevant effects on ECG measurements, and no clear dose-response relationships were evident for any cardiovascular safety measures. No treatment-emergent abnormalities in cardiac conduction were found.

Based on an August 2004 MAS XR product label revision⁴⁰ cautioning against the use of MAS XR in patients with structural cardiac abnormalities, Health Canada suspended the sale of MAS XR throughout Canada in February 2005. Despite the action of this regulatory agency, the Food and Drug Administration took no additional action, having concluded that the sudden death rate associated with MAS XR was no greater than that expected in patients not exposed to MAS XR. In August 2005, Health Canada reinstated the marketing authorization of MAS XR. Nevertheless, like other stimulants, the FDA labeling for MAS XR carries a warning against the misuse of amphetamine because of the risk for sudden death and serious cardiovascular adverse events. Hence, clinicians are urged to follow the recommendations of the American Heart Association⁴¹ suggesting a careful patient history, evaluation of symptoms, and evaluation of medication use, including over-the-counter medications, with the detection of symptoms or risk factors prompting a cardiovascular examination, prior to being prescribed MAS XR or any other stimulant medication, in light of the potential for significant increases in heart rate and BP associated with amphetamines in a small percentage of patients.⁴¹

Limitations of this 4-week study relate primarily to the diagnostic criteria for adult ADHD, combined type. Because many adults with ADHD are below the diagnostic threshold for hyperactivity/impulsivity, the study sample (ADHD, combined type) may not be representative of the general adult ADHD sample. In addition, the forced-dose-escalation study design may have underestimated efficacy because subjects assigned to higher doses did not achieve their final assigned dose until midway through the study, or overestimated side effects because AE reports were cumulative for all doses.

CONCLUSION

This short-term, placebo-controlled, forced-dose-escalation study found that once-daily doses of MAS XR 20 mg, 40 mg, and 60 mg were safe and effective in adults with ADHD. Treatment response based on post-hoc analysis was related to ADHD symptom severity: MAS XR 20 mg/day was effective for subjects with low symptom severity at baseline, and a trend toward dose response for efficacy was observed for adults with higher baseline symptom severity. All doses of MAS XR adequately controlled ADHD symptoms for up to 12 hours and were well tolerated, with no evidence of a dose-response relationship for safety assessments. Because treatment response appears to depend on baseline symptom severity, MAS XR should be dosed to optimal efficacy based on an objective symptom rating scale. Additional research is needed to document whether these short-term benefits are sustained during long-term treatment. **CNS**

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SEROQUEL is indicated for the treatment of acute manic episodes associated with bipolar I disorder, as either monotherapy or adjunct therapy with lithium or divalproex, and the treatment of schizophrenia. Patients should be periodically reassessed to determine the need for continued treatment.

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death compared to placebo (4.5% vs 2.6%, respectively). SEROQUEL is not approved for the treatment of patients with dementia-related psychosis.

Prescribing should be consistent with the need to minimize the risk of tardive dyskinesia. A rare condition referred to as neuroleptic malignant syndrome has been reported with this class of medications, including SEROQUEL.

Hyperglycemia, in some cases extreme and associated with ketoacidosis, hyperosmolar coma, or death, has been reported in patients treated with atypical antipsychotics, including SEROQUEL. Patients starting treatment with atypical antipsychotics who have or are at risk for diabetes should undergo fasting blood glucose testing at the beginning of and during treatment. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing.

Precautions include the risk of seizures, orthostatic hypotension, and cataract development.

The most commonly observed adverse events associated with the use of SEROQUEL in clinical trials were somnolence, dry mouth, dizziness, constipation, asthenia, abdominal pain, postural hypotension, pharyngitis, SGPT increase, dyspepsia, and weight gain.

*All atypical prescriptions: Total prescriptions. Jan. 05-Feb. 06. New prescriptions. Sept. 04-Feb. 06. IMS Health. National Prescription Audit.

* Significant improvement in all 11 YMRS items was measured at Day 21 and continued through Day 84 in monotherapy mania trials.

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