**BACHELOR OF SCIENCE DEGREE IN HEALTH, PHYSICAL EDUCATION AND RECREATION**

**120 semester hours**

**Course Title Credit Hours**

**Albany State**

**AREA A: ESSENTIAL SKILLS (9 hours)**

ENGL 1101 English Composition I or 3

**Arts & Humanities**

HONR 1111 Honors Humanities I (H) 3

ENGL 1102 English Composition II or 3

HONR 1112 Honors Humanities II (H) 3

Select one, as required:

MATH 1101 Math Modeling 3

MATH 1111 College Algebra 3

MATH 1113 Pre-Calculus 3

MATH 1211 Calculus I 4

**AREA B: INSTITUTIONAL OPTIONS (5 hours)**

**Business**

COMM 1100 Public Speaking 3

HIST 1002 Intro to African Diaspora(s) 2

**AREA C: HUMANITIES/FINE ARTS (6 hours)**

ENGL 2111 World Literature I or 3

HONR 2111 Honors Humanities III (H) 3

Select one:

ARAP 1100 Art Appreciation 3

**Education**

ENGL 2112 World Literature II 3

MUSC 1100 Music Appreciation 3

FREN 2201 Intermediate French 3

GERM 2221 Intermediate German 3

SPAN 2231 Intermediate Spanish 3

FIAR 1100 Introduction to Fine Arts 3

HONR 2112 Honors Humanities IV (H) 3

**AREA D: SCIENCE, MATH & TECH (10-11 hours)**

Option I: Non-Science Majors (Select 2)

BIOL 1111K Intro to Biological Science 4

BIOL 1112K Intro to Biological Science 4

BIOL 1114K Survey of Biotechnology 3

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BIOL 1115K Intro to Environmental Biology 3

CHEM 1151K Survey of Chemistry I 4

CHEM 1152K Survey of Chemistry II 4

PHYS 1001K Physical Science I 4

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PHYS 1002K Physical Science II 4

PHYS 1020K Survey of Modern Science & Tech 3

Select one:

CSCI 1003 Intro to Technology 2

CSCI 1101 Intro to Computers 3

MATH 1113 Pre-Calculus 3

MATH 1201 Survey of Calculus 3

MATH 2411 Basic Statistics 3

**Course**

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PHY 2100 Computer Applications 3

SSCI 2402 Microcomputers in Soc Sciences 3

**Option II- Science Majors (Select 2)**

CHEM 1211K General Chemistry I 4

CHEM 1212K General Chemistry II 4

PHYS 1111K Introductory Science I 4

PHYS 1112K Introductory Science II 4

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PHYS 2221K Principles of Physics I 3

PHYS 2222K Principles of Physics II 3

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|  |  |  |  |
| --- | --- | --- | --- |
| Select one: |  | | |
| MATH | 1113 | Pre-Calculus | 3 |
| MATH | 1211 | Calculus I | 4 |
| MATH | 2411 | Calculus II | 4 |
| PHY | 2100 | Computer Applications | 3 |

\*\*\*\* REGENTS’ TEST passage of Reading and Essay

\*\*\*\*\* GACE I passage

Regents’ Test Remediation Courses

|  |  |  |
| --- | --- | --- |
| ENG | 0075 | Writing Practicum (I) |
| ENG | 0077 | Basic Reading Skills (I) |

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**AREA E: SOCIAL SCIENCE (12 hours)**

POLS 1101 U.S. & Georgia Govt. or 3

HONR 1161 Honors American Govt. 3 (Optional for Honors students only)

**ELECTIVES, select at least one HISTORY:**

**Education**

|  |  |  |  |
| --- | --- | --- | --- |
| ECON | 2105 | Macroeconomics | 3 |
| ECON | 2106 | Microeconomics | 3 |
| ECON | 2201 | Survey of Economics for Soc Sci | 3 |
| GEOG | 1101 | Intro to Human Geography | 3 |
| HIST | 1111 | Survey of World History I | 3 |
| HIST | 1112 | Survey of World History II | 3 |
| HIST | 2111 | Survey of American History I | 3 |
| HIST | 2112 | Survey of American History II | 3 |
| HIST | 2113 | Minorities in America | 3 |
| HONR | 1151 | Honors World History I | 3 |
| HONR | 1152 | Honors World History II | 3 |
| PHIL | 2101 | Intro to Philosophy | 3 |
| POLS | 2101 | Intro to Political Science | 3 |
| POLS | 2102 | Intro to Law | 3 |
| PSYC | 1101 | General Psychology | 3 |
| SOCI | 2011 | Principles of Sociology | 3 |
| SOCI | 2031 | Introduction to Anthropology | 3 |

**ABOVE THE CORE:**

ASU 1200 Freshmen Seminar & Service to Leadership 3

PHYSICAL ACTIVITY SKILLS COURSES

PEDH 1001 Team Sports 1

PEDH 1002 Fitness 1

PEDH 1003 Recreational Skills I 1

PEDH 1004 Recreational Skills II 1

PEDH 1005 Lifetime Skills I 1

PEDH 1006 Lifetime Skills II 1

PEDH 1008 Progressive Resist 1

PEDH 1010 Yoga 1

PEDH 2010 Intermediate Yoga 1

PEDH 2221 Intermediate Tennis 1

**Area F**

EDUC 2110 Invst Crit/Contemp Issues in Edu 3

EDUC 2120 Explore Soci/Cul Perspec Div in Edu Cnt 3

EDUC 2130 Exploring Teaching & Learning 3

BIOL 2411K Anatomy & Physiology I 4

BIOL 2412K Anatomy & Physiology II 4

PEDH 1007 Aquatics 1

**Subtotal 18**

\*A change in course is pending

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**Major Requirements**

**Physical Education Theory Courses**

PEDH 1000-2000\* Skills Courses 7

PEDH\* 3384 Adapted Phys Ed & Diversity in the Classroom 3

PEDH 3394 Psychology of Coaching 3

PEDH 4460 Kinesiology 3

PEDH 4470 Physiology of Exercise 3

PEDH 4482 Tests & Measurements 3

PEDH 2213 Intro to HPER 3

**Total 25**

**Education**

\*Guided Physical Education activity courses.

**Courses Above the Core:**

|  |  |  |  |
| --- | --- | --- | --- |
| ASU | 1200 | Freshman Seminar & Service to Leadership | 3 |
| **Subtotal** |  |  | **3** |

**Health Education**

|  |  |  |  |
| --- | --- | --- | --- |
| HEDP | 1001 | Intro to Wellness | 1 |
| HEDP | 2250 | Drug Education | 2 |
| HEDP | 2267 | First Aid and Safety Education | 2 |
| HEDP | 3350 | Public School Health | 3 |
| HEDP | 4490 | Contemporary/Current Issues in Health | 3 |
| **Subtotal** |  |  | **13** |

**Recreation Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| RECD | 2075 | Outdoor Recreation | 3 |
| RECD | 3045 | Rec Facility/Equip Design | 3 |
| RECD | 4002 | Rec for Spc Pop | 3 |
| RECD | 4090 | Adm Supervision of Recreation | 3 |
| RECD | 4095 | Recreation Practicum | 3 |
| **Subtotal** |  |  | **15** |
| **Electives** |  |  | **5** |
| PEDH | 2214 | Games of Low Organization | 2 |
| PEDH | 2272 | Fund Coaching Football/Soccer | 2 |
| PEDH | 2276 | Fund Coaching Basketball/Volleyball | 3 |

**Total required for graduation 120**

**ENDORSEMENT IN DRIVER EDUCATION**

Candidates holding initial or higher certification are eligible for an endorsement in driver education by Georgia Professional Standards

Commission.

|  |  |  |  |
| --- | --- | --- | --- |
| DEDP | 4468 | Driver and Traffic Safety Education | 3 |
| DEDP | 4469 | Teaching of Driver Safety | 3 |
| DEDP | 4470 | Multiple Car Facility | 3 |

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