



AUSNUT 2011-13 food nutrient database

The food nutrient database contains information on the nutrient content of the 5,644 foods for which nutrient data wer 2011–12 National Nutrition and Physical Activity Survey (NNPAS) component of the 2011–13 Australian Health Surve

The file contains 51 nutrient values reported for each food. Each nutrient value is presented on a per 100 g edible por

Table 2: Summary of information included in the 'Food Nutrient Database'

Column Heading	Description of data
Food ID	FSANZ specific 8-digit alpha numeric food identification code.
Survey ID	AHS specific 8-digit numeric food identification code.
Food Name	Identifies as accurately as possible the food or beverage consumed during the AHS.
Nutrient Name (units)	Describes the full nutrient name of each of the nutrients e.g. 'Protein' and includes the units th value is then provided for each food and nutrient.

Access the [AUSNUT 2011–13 Food Nutrient Database file](#) (1,904 Kb Excel) .

[Return to top](#)