



## AUSNUT 2011–13 food recipe file

The food recipe file contains information about the ingredients used in a food in AUSNUT 2011–13 when the nutrient out in Table 3.

Note: the nutrient retention factors contained in this file are identified by code number only. More detailed information be found in the Food Retention Factor file.

**Table 3: Summary of information included in the Recipe File**

Column Heading	Description of data
Food ID	FSANZ specific 8-digit alpha numeric food identification code.
Survey ID	AHS specific 8-digit numeric food identification code.
Food Name	Identifies as accurately as possible the food or beverage consumed during the AHS.
Total Weight Change (%)	Weight change on a percentage basis to account for moisture losses or gains from cool
Ingredient ID	FSANZ specific 8-digit alpha numeric ingredient identification code.
Ingredient Survey ID	AHS specific 8-digit numeric ingredient identification code.
Ingredient Name	Identifies as accurately as possible the food or beverage used as the ingredient.
Ingredient Weight (g)	Weight of the ingredient in grams.
Ingredient Retention Factor	Retention factor identification code. Note that all ingredients without a retention factor have been allocated an ingredient ret

Access the [AUSNUT 2011–13 Food Recipe file](#) (849 Kb Excel) .

---

[Return to top](#)