



Back Off

By Catherine Mattice

Infinity Publishing (PA). Paperback. Book Condition: New. Paperback. 250 pages. Dimensions: 8.3in. x 5.4in. x 0.6in. If you're looking for actual, tangible advice to end workplace bullying, then this is the book. BACK OFF! will arm you with the information and guidance you need to successfully navigate your way through the turmoil of dealing with workplace bullying and the managers who may deny your experiences are genuine. We even offer an entire chapter on preparing to talk with HR, complete with a worksheet to make sure you are successful in gaining their help. BACK OFF! provides practical tools and case studies you can use to make change and end the bullying. This book will empower you to take action. . . I've never seen a more comprehensive or valuable handbook on this topic. - From the book's foreword by Ken Blanchard, co-author of The One Minute Manager and Leading at a Higher Level BACK OFF! is a remarkably useful and engaging survival guide that can help millions of targets, bystanders, and bullies that want to change their vile ways. I was especially impressed with the practical and powerful guidelines for battling against bullies without becoming one yourself. -...



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Reviews

A top quality pdf and also the font applied was fascinating to learn. it was actually writttern extremely properly and valuable. I discovered this publication from my i and dad recommended this publication to find out.

-- Jan Schowalter

It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Conor Grant

Relevant PDFs



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