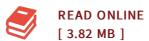




Stress, the Highest Killer Disease of the 21st Century and Beyond (Paperback)

By Raphael Motlotlegi Sikwane

Xulon Press, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. Ignorance drives the beholder towards the opposite direction of what he/she wants to create or accomplish on earth. So too does stress, particularly the inner causes of stress. These are negative emotions like anger, resentment, fear, hatred, jealousy, sorrow, conflict, etc. They drive the individual to endure and create so much pain and suffering that life loses its significance and meaning. Consciously, it is not in the nature of man to deliberately inflict pain on self. However, the individual does inflict pain on self through ignorance. Ignorance about how the mind functions in matters of dealing with it s inner causes. Stress is a hidden pain generator. Ignorance on the principles of the law of cause and effect - the law of causality, the beholder finds themselves treating the effects of stress-induced dysfunctions of modern life, and not dealing with the root cause. The results are reduced quality of life and great waste of human potential and resources. This book will help you learn to analyze life challenges from the root cause angle. Failure to do this...



Reviews

It in a of the best publication. It really is loaded with knowledge and wisdom You may like the way the blogger write this ebook.

-- Prof. Shannon Wehner PhD

This ebook might be worthy of a read, and far better than other. it was writtern really flawlessly and useful. I found out this pdf from my i and dad recommended this ebook to learn.

-- Prof. Ruben D'Amore PhD

Related Books



Finally Free (Paperback)

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book ***** Print on Demand ******. Its been four years since Malakais death, and Kinara couldnt be happier. She and Amir are married...



Coralie (Paperback)

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book ***** Print on Demand *****. Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable...



The Poor Man and His Princess (Paperback)

Mark Martinez, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book ***** Print on Demand *****.The Poor Man and His Princess is a children's short story about unconditional love, and the connection made...



The Range Dwellers (Paperback)

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book ***** Print on Demand *****. Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable...



The Stories Mother Nature Told Her Children (Paperback)

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable...



ASPCA Kids: Rescue Readers: I Am Picasso (Paperback)

Studio Fun International, United States, 2015. Paperback. Book Condition: New. Debra Melman (illustrator). 216 x 152 mm. Language: English . Brand New Book. Fourth in the ASPCA Rescue Readers series, this Level 2 reader follows the adventures of Picasso, a puppy that...