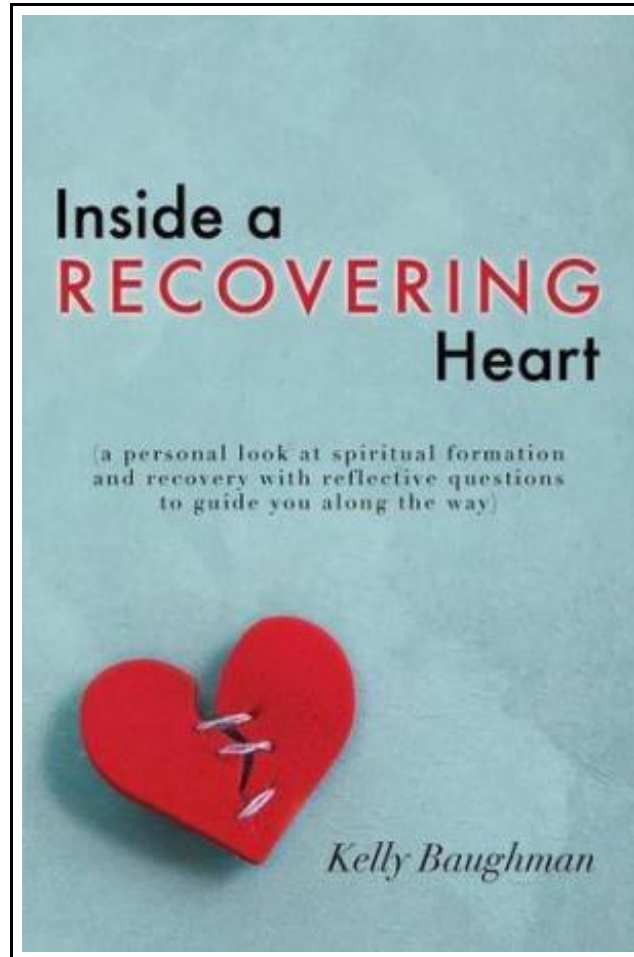


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Xulon Press, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do you want to live a life of freedom and hope? Inside a Recovering Heart takes you into the heart and soul of the author as he shares his life journey of spiritual formation and recovery from hurts, habits and a heartbreaking loss. Then the author draws upon his many years as a healthcare chaplain and addresses various spiritual questions he has heard from patients at a hospital recovery center where he frequently serves. Uniquely organized, this book guides you along your personal path to recovery and answering faith's tough realities. Take a deeper look at your own life as you read, reflect, and wrestle with the stories and questions throughout the book. Seize the opportunity to explore your own recovering heart by allowing the Spirit of God to draw you toward freedom and hope, now and forever. In many ways we are all in recovery. We are recovering from the effects of habits, compulsions, or coping behaviors we have dealt with our entire lives. We are recovering from a painful loss or a series of losses we have experienced along the way. We are recovering from the effects of our bondage to sin. We are broken people seeking to live a life of freedom, hope, and wholeness. -Kelly Baughman Kelly Baughman M.Ed, BCC, BCPC is an Associate Pastor of Care and Counseling at Mountain View Community Church in Snohomish, WA, a Healthcare Chaplain with HCMA, and a public school teacher. He volunteers weekly at Seattle Children's Hospital where he provides music with his ukulele and harmonica. A television interview of his ministry at the Children's Hospital can be seen at He and his...



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