



## The Origins, Prevention and Treatment of Infant Crying and Sleeping Problems: An Evidence-Based Guide for Healthcare Professionals and the Families They Support (Paperback)

By Ian St. James-Roberts

Taylor Francis Ltd, United Kingdom, 2012. Paperback. Book Condition: New. New.. 232 x 154 mm. Language: English . Brand New Book. Babies who cry a lot, or are unsettled in the night, are common sources of concern for parents and, consequently, costly problems for health services. In this book, Ian St James-Roberts summarises the evidence concerning infant crying and sleeping problems to provide a new evidence-based approach to these common challenges for parents and health services. The book begins by distinguishing between infant and parental parts of the problems and provides guidelines for assessing each issue. Topics covered include: \* the pros and cons of infant-demand versus limit-setting forms of parenting \* causes of infant colicky crying and night waking \* effects of night-time separations on infant attachments \* interventions such as swaddling, herbal remedies, and controlled crying. Since there is now firm evidence that parents vulnerabilities and cultural backgrounds affect how problems are defined and guidance is acted upon, and that parents who wish to do so can reduce infant crying and unsettled night waking, social factors are considered alongside medical issues. Translating research evidence into practical tools and guidance, The Origins, Prevention and Treatment of Infant Crying and...

### Reviews

*Good electronic book and valuable one. It is one of the most incredible publication we have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

**-- Mrs. Bridgette Rau MD**

*It in a of the most popular publication. It really is filled with knowledge and wisdom Its been designed in an exceedingly straightforward way and it is merely soon after i finished reading this pdf by which actually transformed me, affect the way in my opinion.*

**-- Gerardo Rath**