

Capstone Courses: Summer 2024

No records found

Capstone Courses: Fall 2024

UNCP550401

Capstone: The Courage to Becoming

Bracher, Elizabeth R

Fall 2024

Capstone Seniors only. classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. The title of the Cornerstone elective The Courage to Know implies it requires courage to be an educated person. Wisdom evolves from having courage to set aside previous ways of being, seeing, and knowing, in order to incorporate new and previously unexplored understandings of the world around us. As a first-year student at BC, you courageously set out to know yourself in new ways while transitioning into college. Now, as seniors transitioning out of college, how has that early experience of CTK and your experience of Jesuit education combined to give you the Courage to Be . . .Be Attentive, Be Intelligent, Be Responsible, Be Reasonable, and Be Loving as you move from undergraduate life at BC into professional life beyond Chestnut Hill? Restricted to students who took Courage to Know in their first year.If seats are not filled, students from other sections of CTK in either of those semesters will be considered for overrides. Email Dr. Bracher renicke@bc.edu to ask to be enrolled in this course.

Credits: 3

Room and Schedule: Stokes Hall 131N M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Permission of Department

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550501

Capstone: Life and Career Planning

Capalbo, Robert F

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This course provides an overview of life and career planning in the context of (1) career, (2) personal relationships, (3) spirituality, and (4) ethical decision making. Students are asked to develop autobiographical responses to a series of questions about their lives to find themes related to possible careers and relationship issues. Readings, cases, exercises, and guest lecturers will amplify those personal themes and common issues in life as we enter the twenty-first century. The integration of spirituality and ethical decision making into one's life will be addressed by readings on ethical perspectives and the students' written reflections.

Credits: 3

Room and Schedule: Tu 05:00PM-07:20PM; Voute Hall, 2nd Floor Lounge

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: None

Frequency: Every Fall, Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550502

Capstone: Life and Career Planning

Capalbo, Robert F

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This course provides an overview of life and career planning in the context of (1) career, (2) personal relationships, (3) spirituality, and (4) ethical decision making. Students are asked to develop autobiographical responses to a series of questions about their lives to find themes related to possible careers and relationship issues. Readings, cases, exercises, and guest lecturers will amplify those personal themes and common issues in life as we enter the twenty-first century. The integration of spirituality and ethical decision making into one's life will be addressed by readings on ethical perspectives and the students' written reflections.

Credits: 3

Room and Schedule: Voute Hall, 2nd Floor Lounge; W 04:30PM-07:00PM

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: None

Frequency: Every Fall, Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551101

Capstone: The Balancing Act

Olivieri, Scott D

Fall 2024

Capstone classes may NOT be taken Pass/Fail. Seniors only. You may take only ONE Capstone class before graduation. College students have many competing demands. Academics, friends, student orgs, physical and emotional wellness, family, faith, service, and work all need attention. In The Balancing Act, we cover all these life components through a dynamic mix of articles, books, podcasts, and videos targeted to graduating seniors. Class sessions include small group discussions, white-boarding activities, case studies, role playing, and student presentations. In this small discussion-based course, students are exposed to thought leaders and reflect on how they can apply this research to enhance their lives. By sharing our experiences, we build a tight community and learn from each other. The course is divided into five modules each covering a major life domain. Students reflect on their past, assess their current state, and then develop strategies to optimize each life domain. The class skews practical, with Take Action Challenges related to personal finance, gratitude, cooking, fitness, and social media management. Throughout the semester students construct a balance plan to ensure their activities align with their values and goals ultimately providing them with a roadmap to a productive, meaningful, and balanced life.

Credits: 3

Room and Schedule: Carney Hall 202 Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Fall

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP552101

Capstone: Surviving Life with Humor

Jayasundera, Thusitha

Fall 2024

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Seniors only. A sense of humor can be a powerful tool that helps us navigate real-life situations that may otherwise cause us anxiety and distress. This course aims to sharpen your emotional intelligence through humor, and help cultivate values and attitudes that will serve you well in life. Class discussions will allow us to acknowledge another point of view with empathy, and convey our own ideas with humor and humility. We will study the Capstone foundations (spirituality, vocation, citizenship, relationships) through the lens of humor and, hopefully, equip you with yet another valuable tool for success, as you embark on the next chapter of your lives.

Credits: 3

Room and Schedule: Stokes Hall 111S M 06:00PM-08:20PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Fall

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP553301

Capstone: Desire and Discernment

Muldoon, Timothy P

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. First, the course will involve careful reflection on the sifting and pruning of desires. It will introduce philosophical reflection on desire from ancient Greece to modern philosophy, paying particular attention to the Ignatian tradition of discernment of spirits. Second, it will invite particular reflection on our relationships, and the desires that we have for the relationships we seek to cultivate over the course of our lives. Third, it will invite students to reflect on their experiences of work and preparation for a career, asking how their Boston College education has formed them. Fourth, we will reflect on our citizenship within communities: family, local community, society, nation, and world.

Credits: 3

Room and Schedule: Stokes Hall 217N M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: PHIL5533

Frequency: Every Fall, Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP554801

Capstone: Leadership and Mindfulness

Waddock, Sandra A

Fall 2024

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. No matter what your major, you will participate in groups and organizations that will consistently ask or expect you to lead. The best leader is authentic, has integrity, is self- and other-aware, and acts with this awareness firmly in mind. Good leaders, that is, act mindfully with respect for the people and world around them. This course explores your development as a mindful focusing inward and outward, reflecting on where you have come from and where you are going, what type of world you want to live in, your relationships with others, and how you can be an effective leader.

Credits: 3

Room and Schedule: Fulton Hall 310 M 12:00 Noon-02:20PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: MGMT5548

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP556601

Capstone: Pilgrim's Progress--The Discerned Life on Pilgrimage

Beaumier, Casey, SJ

Fall 2024

This Capstone course will provide seminar members with the opportunity to pause in order to consider how the image of pilgrimage might assist in the interpretation of life as an act of faithful trust. The intention is that this might be accomplished through particular focus upon life experiences occurring before, during, and after matriculation at Boston College--especially regarding one's engagement with relationships, society, work, and spirituality. We will attempt this through the careful pondering of the pilgrim way of life to elicit greater desires for the future journey, specifically through works of fiction, autobiography, business practice, and prayer.

Credits: 3

Room and Schedule: Stokes Hall 286S Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP557001

Capstone: Adulthood

Arnold, Karen

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Most college students in their early 20s feel neither fully adult nor fully competent in the tasks, responsibilities, and behaviors that are traditionally associated with grown-up life. In this class, students will take stock of their journey to adulthood so far and look ahead to what relationships, work, citizenship, and spirituality might look like in post-college life. Readings on the developmental psychology of young adulthood will be paired with popular media, exercises, and reflective writing to help students progress in their own "adulthood" as they prepare to negotiate the transition out of college.

Credits: 3

Room and Schedule: Stokes Hall 133S Th 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP557101

Capstone: What Matters Most

Hammond, Alison B

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This Capstone seminar will ask you to review and preview some of your life's most significant commitments in light of a fundamental question: What matters most? Course materials include books, articles, podcasts, and videos that will prepare you to reflect deeply and write regularly on topics such as family, friendship, love, citizenship, meaning, and purpose. Undoubtedly, the more you give to the course materials and assignments, the more you will gain - and the better you will come to understand what matters most to you. And isn't your life too valuable to be guided by anything else?

Credits: 3

Room and Schedule: Stokes Hall 121N M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP557201

Capstone: Identifying Your Truth

Stoops, Melinda

Fall 2024

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This Capstone lets students reflect upon their college experiences and consider intentional approaches towards post-college life. The students' formation furnishes the framework for our process. The first part of the course explores how students developed within intellectual, social, and spiritual dimensions and what they came to know about themselves in the process. After this review of formative experiences and outcomes, we focus toward the future and their development of individualized frameworks to guide transition into life after college. Students will reflect upon their personal truths throughout the course, using existentialism, social psychology, and examination of their individual strengths as guides.

Credits: 3

Room and Schedule: Stokes Hall 217N Th 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

Capstone Courses: Spring 2025

UNCP430501

Living Intentionally: Portico into the world of work

La Combe, Amy M

Spring 2025

In this one-credit senior seminar, students will meet with their first year Portico professor to reflect on themes of Portico with an eye towards their future lives.

Credits: 1

Room and Schedule: Fulton Hall 210 M 01:30PM-02:45PM

Satisfies Core Requirement: None

Prerequisites: Permission of Instructor

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP430502

Living Intentionally: Portico into the world of work

Sullivan, Ethan A

Spring 2025

In this one-credit senior seminar, students will meet with their first year Portico professor to reflect on themes of Portico with an eye towards their future lives.

Credits: 1

Room and Schedule: Fulton Hall 210 Th 04:30PM-05:45PM

Satisfies Core Requirement: None

Prerequisites: Permission of Instructor

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP430601

Free Markets, Faith, and the Common Good

Cioni, Joseph R

Spring 2025

If sharing our gifts, pursuing justice, and acting on our concern for the poor and marginalized of society are core values of Jesuit-trained students, to what extent is free market capitalism a good "fit" for helping us meet those goals? In this course, we will explore several key moral and philosophical foundations of free market capitalism. These arguments will then be placed in dialogue with central insights contained in Catholic social teaching, especially the principles of human dignity, solidarity, the preferential option for the poor, and the common good.

Credits: 3

Room and Schedule: Fulton Hall 210 TuTh 09:00AM-10:15AM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP430701

Happiness in a Commercial Society

Evans, Jeremy A;Smith, Michael J

Spring 2025

The aim of this course is to introduce students to the interdisciplinary study of human well-being as it applies to the domains of contemporary business and commercial life. The course will include philosophical, psychological, and social scientific inquiries into human flourishing, as well as the nature of meaningful work, the relationship between wealth and happiness, and the application of well-being measures to thriving economic and political institutions.

Credits: 3

Room and Schedule: Fulton Hall 210 MW 12:00 Noon-01:15PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: PHIL4307

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP430801

Leading Others and Leading the Self

Kelly, Corey R

Spring 2025

Being a leader is about becoming more of yourself and leaning into one's authenticity and values in service of others. This course examines self-development, self-awareness, interpersonal effectiveness and resilience as key elements of leadership. In this course, students will learn about the concepts such as humility, vulnerability, dignity, and emotional intelligence in the context of leading. Students will be able to communicate who they are as leaders, their values and strengths, and how those align with their leadership philosophy and style. This course will also discuss developing others and team culture in an intentional manner, including how trust and belonging are cultivated. Focusing on self-leadership and with a strengths-based lens, this course will incorporate mindfulness, discernment, and gratitude practices that build capacity for leadership adaptability in the face of challenges. At the conclusion of the class, students will have created a distinct leadership vision and purpose to guide them after graduation.

Credits: 3

Room and Schedule: Fulton Hall 423 M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP430901

Everybody's Working for the Weekend: Ambition and Alienation

Rojcewicz, Christine

Spring 2025

This course will propose an answer to the following question: Why does it seem like some people are more ambitious than others? On the surface, those with what appears to be a natural drive to succeed seem to become more affluent. That is to say, some people appear to embrace hustle culture, or the idea that any time spent not making money is wasted time, while others are drawn toward a trend identified around 2021 as quiet quitting, that is to say, they refuse to devote more time and energy to their work than is absolutely necessary to avoid losing their jobs. Why is this apparent lack of ambition and motivation so prevalent? Can we blame mere laziness? This question will be answered with a resounding no. Rather, this class will show that there are indeed systematic measures in place that cause some to not appear as motivated as others. In order to work through this answer, this class will look at alienation and capitalism. This course will address the effects of systemic racism, automation and AI, environmental concerns, generational trends, and the COVID-19 pandemic on one's ambition to succeed in the workforce. This course will combine philosophical readings from Marx, Weber, Arendt, and others with contemporary business case studies.

Credits: 3

Room and Schedule: Fulton Hall 423 MW 01:30PM-02:45PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: PHIL4309

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP431001

The Ethics and Politics of Capitalism

Smith, Michael J

Spring 2025

This course explores the philosophical basis and moral implications of contemporary commercial life. Along the way, we will consider the role of business in society, the relationship between capitalism and democracy, the ethics of consumption, among other issues where market values intersect public and private virtues.

Credits: 3

Room and Schedule: Fulton Hall 210 MW 10:30AM-11:45AM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Both

Comments: None

Status: Offered

UNCP450101

Sustaining (Y)Our Future

Olins, Heather C

Spring 2025

In this 1 credit course, seniors from a variety of majors will come together weekly to consider ways they might engage in future work related to climate change mitigation, biodiversity preservation, and sustainability. We will take stock of our skills and interests, examine the landscape of climate solutions, and identify interesting and unexpected ways people are actively working towards these solutions across disciplines. As we do this work in community, you will consider your future trajectory more broadly, and the ways in which your time at Boston College has prepared you for the next chapter and those beyond.

Credits: 1

Room and Schedule: Stokes Hall 363S Tu 01:00PM-02:15PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP450201

Lead Like Ignatius

Berardelli, Lynn M

Spring 2025

Are you hoping to take on leadership roles once you graduate? If so, what type of leader would you like to be? St. Ignatius of Loyola, founder of the Jesuit order, provides an inspiring approach for future leaders. Identifying and applying our gifts, reflecting on our experiences, constantly seeking improvement, making sound decisions, and considering our impact on others these are just some of the practical hallmarks of Ignatian spirituality that will be explored as we consider our personal and professional leadership. Based on a book by Chris Lowney, Heroic Leadership: Best Practices from a 450-Year-Old Company that Changed the World, and other selected readings, seniors in this one-credit course will discover resources and skills that will serve you in the transition to life beyond the University.

Credits: 1

Room and Schedule: Stokes Hall 201S M 05:00PM-06:15PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP450301

From Common App to Cap and Gown: Reflecting on Your BC Career from the Very Beginning

O'brien, Christopher

Spring 2025

TBD

Credits: 1

Room and Schedule: Stokes Hall 145N Th 04:30PM-05:45PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP457501**Core Connections and Reflections: BC and Beyond****Shlala, Elizabeth H****Spring 2025**

This senior seminar is a two-credit spring course that will allow seniors to integrate their time at Boston College through retreat and with a particular emphasis on the educational foundation the Core. In the course, students will use reflection, journaling, writing, art, and presentation as they prepare to launch into the next phase of life. The class will be formative as students learn new practices to know themselves better as they map themselves through their BC undergraduate experience to prepare for a meaningful life of purpose after graduation!

Credits: 2**Room and Schedule:** Stokes Hall 103N M 04:30PM-05:45PM**Satisfies Core Requirement:** None**Prerequisites:** None**Corequisites:** None**Cross-listed with:** None**Frequency:** Annually**Student Level:** Undergraduate**Comments:** None**Status:** Offered

UNCP460101**The Discerning Pilgrim****Beaumier, Casey, SJ; Dallavalle, Colleen****Spring 2025**

This course is designed to help students who may have held a previous leadership position (student organization leader, retreat leader, resident assistant, orientation leader, Ever to Excel mentor, student employee, etc.) integrate and synthesize knowledge with an interdisciplinary perspective, focusing on gaining familiarity with Ignatian principles and practices that deepen reflective analysis, moral/ethical discernment, and provide resources for students to make meaning of their experiences in service of the common good. This 4th-year seminar entails weekly classroom sessions and requires all students to participate in a week-long pilgrimage in Spain during Spring Break (March 2025). Department Permission Required.

Credits: 3**Room and Schedule:** Carney Hall 202 Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Permission of Department

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP460201

There and Back Again: A Critical Reflection on Hobbits, Wizards, Middle Earth, and a Purposeful Life after Boston College

Gareau, Brian J, PHD

Spring 2025

This seminar-style capstone explores J.R.R. Tolkiens transformative works, which have defined the modern fantasy genre and inspired generations to reflect on faith, purpose, and meaning. Through Tolkiens narratives, students will engage in discussions on how their own journeys at Boston College mirror the themes of challenge, growth, and hope found in Middle-earth. As they prepare to graduate, they will reflect on how their experiences at BC resonate with Tolkiens idea of "There and Back Again," fostering a deeper understanding of their personal, and intellectual paths.

Credits: 3

Room and Schedule: Stokes Hall 111S M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP460301

Self & Community

Muldoon, Timothy P

Spring 2025

This course invites students to discern their insights--that is, the ways that they come to knowledge--for the sake of building a good life and a good world. It is based on Bernard Lonergan's "heuristic method," a method of discovery of the inner structures of our understanding that shape our ability to make sense of the world. In the first part of the course, students will engage in exercises that help them in the process of what Lonergan calls "self-appropriation," taking hold of oneself and one's intelligence. In the second part, students will work together to use what they've learned for the sake of developing a project that aims at some social good. Guest lecturers from different disciplines and fields will help name the various ways that reflective intelligence can contribute to a community of growth, healing the world's ills and creating new avenues of progress.

Credits: 3

Room and Schedule: Carney Hall 303 M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: PHIL4602

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550001

Capstone: One Life, Many Lives

Weiss, James M

Spring 2025

Capstone classes cannot be taken Pass/Fail. You may take only one Capstone class before graduation. This Capstone is designed for students who have engaged in service projects during college and want to reflect on that as they plan their future lives. The service projects may have been through BC (Pulse, 4Boston, Arrupe, service trips, etc.) or on their own in Boston, the U.S., or abroad. Please contact Fr. Weiss to enroll: weissj@bc.edu or 617 552 3897.. This course gives you the chance to review what you have made of your education and preview your long-term life commitments to work, relationships, community, and spirituality. We read fiction, psychology, sociology, and wisdom figures to find the deeper continuity underlying our many experiences. Students lead discussions, conduct interviews of working people, and cap off their Capstone by writing their own autobiography.

Credits: 3

Room and Schedule: Stokes Hall 217N Th 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: THEO2410

Frequency: Every Fall,Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550401

Capstone: The Courage to Becoming

Bracher, Elizabeth R

Spring 2025

Capstone Seniors only. classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. The title of the Cornerstone elective The Courage to Know implies it requires courage to be an educated person. Wisdom evolves from having courage to set aside previous ways of being, seeing, and knowing, in order to incorporate new and previously unexplored understandings of the world around us. As a first-year student at BC, you courageously set out to know yourself in new ways while transitioning into college. Now, as seniors transitioning out of college, how has that early experience of CTK and your experience of Jesuit education combined to give you the Courage to Be . . . Be Attentive, Be Intelligent, Be Responsible, Be Reasonable, and Be Loving as you move from undergraduate life at BC into professional life beyond Chestnut Hill? Restricted to students who took Courage to Know in their first year. If seats are not filled, students from other sections of CTK in either of those semesters will be considered for overrides. Email Dr. Bracher renicke@bc.edu to ask to be enrolled in this course.

Credits: 3

Room and Schedule: Stokes Hall 109S M 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Permission of Department

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550501

Capstone: Life and Career Planning

Capalbo, Robert F

Spring 2025

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This course provides an overview of life and career planning in the context of (1) career, (2) personal relationships, (3) spirituality, and (4) ethical decision making. Students are asked to develop autobiographical responses to a series of questions about their lives to find themes related to possible careers and relationship issues. Readings, cases, exercises, and guest lecturers will amplify those personal themes and common issues in life as we enter the twenty-first century. The integration of spirituality and ethical decision making into one's life will be addressed by readings on ethical perspectives and the students' written reflections.

Credits: 3

Room and Schedule: VOUTE 2ND FLR LNG, Tu 5:00PM-7:20PM

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: None

Frequency: Every Fall, Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550502

Capstone: Life and Career Planning

Capalbo, Robert F

Spring 2025

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. This course provides an overview of life and career planning in the context of (1) career, (2) personal relationships, (3) spirituality, and (4) ethical decision making. Students are asked to develop autobiographical responses to a series of questions about their lives to find themes related to possible careers and relationship issues. Readings, cases, exercises, and guest lecturers will amplify those personal themes and common issues in life as we enter the twenty-first century. The integration of spirituality and ethical decision making into one's life will be addressed by readings on ethical perspectives and the students' written reflections.

Credits: 3

Room and Schedule: VOUTE 2ND FLR LNG W430PM-7:00PM

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: None

Frequency: Every Fall, Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP550901

Capstone: Your Future, Your Choice

Michalczyk, Susan A

Spring 2025

Capstone classes are for seniors only and may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Reflecting upon your BC years and looking ahead, in Capstone you'll center yourself in your present to process learning and relationships. Journeying forward, you'll learn more about yourself with each choice you make. Written and visual narratives, fiction, autobiography and film connect your college experience with numerous aspects of your life -- past, present, future. In our search for meaning, we draw strength from relationships: to self, to others, to God. The profoundest relationships build upon identifying the self as other, recognizing the sacred in the profane. Choosing a life of mutual respect defines the human condition at its best.

Credits: 3

Room and Schedule: Stokes Hall 105S Th 03:00PM-05:20PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551101

Capstone: The Balancing Act

Olivieri, Scott D

Spring 2025

Capstone classes may NOT be taken Pass/Fail. Seniors only. You may take only ONE Capstone class before graduation. College students have many competing demands. Academics, friends, student orgs, physical and emotional wellness, family, faith, service, and work all need attention. In The Balancing Act, we cover all these life components through a dynamic mix of articles, books, podcasts, and videos targeted to graduating seniors. Class sessions include small group discussions, white-boarding activities, case studies, role playing, and student presentations. In this small discussion-based course, students are exposed to thought leaders and reflect on how they can apply this research to enhance their lives. By sharing our experiences, we build a tight community and learn from each other. The course is divided into five modules each covering a major life domain. Students reflect on their past, assess their current state, and then develop strategies to optimize each life domain. The class skews practical, with Take Action Challenges related to personal finance, gratitude, cooking, fitness, and social media management. Throughout the semester students construct a balance plan to ensure their activities align with their values and goals ultimately providing them with a roadmap to a productive, meaningful, and balanced life.

Credits: 3

Room and Schedule: Lyons Hall 315 Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Fall

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551201

Capstone: Mindful First Gen Success

Gentilella, Dacia J

Spring 2025

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Where are we really living day to day? Are we holding onto our past? Are we planning for and overwhelmed by the future? What happened to the present? We will explore the particular challenges of first gen students including the trailblazing necessary to enter and thrive in college and the way in which their past can be seen as an accomplishment that informs their lives but doesn't hold them back from exploring the world in a fearless and unfolding way.

Credits: 3

Room and Schedule: Stokes Hall 121N W 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551701

Capstone: Love and Indoctrination

Kaplan-Maxfield, Thomas

Spring 2025

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Seniors only. In our world of political spin and fake news, the surveillance state and social media, the pressure to separate whats real and valuable from whats fake and mere propaganda (another way of saying lies) is paramount, and critical for figuring out how to live, practically, spiritually, intellectually and psychologically. In George Orwells 1984, the affair of Winston Smith and Julia threatens the entire structure of Big Brother. Why? What is it about love that threatens large systems based on indoctrination? In this course we will explore and develop working definitions of both love and indoctrination in order to differentiate them.

Credits: 3

Room and Schedule: Stokes Hall 133S Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: ENGL5517

Frequency: Periodically in the Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551801

Capstone: Working, Playing, Being

Storey, David E

Spring 2025

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Seniors only.. The conventional wisdom is that BC student culture is "work hard, play hard." But what do we mean by "work" and "play" here? How do these implicit meanings reflect broader cultural forces? And do these meanings serve us well? Senior year is an exciting but anxious time, and this seminar is a chance for you to: (a) reflect on how your education has shaped you, and how you have shaped your education and (b) explore your goals, fears, hopes, and expectations around life post-graduation with a small group of peers. We will examine: (1) the meaning of, and relationship between, work and leisure in your own life; (2) how they have developed since your freshman year in light of your education at BC and; (3) how they figure into your vision of a fulfilling life.

Credits: 3

Room and Schedule: Stokes Hall 203S M 05:00PM-07:30PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: PHIL5418

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP551901

Capstone: A Life Well Lived

DeChiara-Quenzer, Deborah

Spring 2025

Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Seniors only.. This course engages students in serious reflection on what it means to have "a life well lived." It is advantageous to do this reflection at this time in your life, as it affords you time and opportunity to shape your life going forward. What kind of life do you hope to live? What will bring you peace and satisfaction--dare we say, even happiness? Students will be asked to examine themselves by looking both backwards and forwards in many dimensions of their lives (education, ethics, relationships, career, etc.) while learning what others have said about having a meaningful life.

Credits: 3

Room and Schedule: Gasson Hall 307 MW 03:00PM-04:15PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: PHIL5419

Frequency: Every Fall

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP552201

Capstone: Creativity and Self

Roberts, Susan A

Spring 2025

Capstone classes are for seniors only and may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Creativity is the act of bringing that which does not exist into existence, of bringing forward that which has previously never lived. It is the remarkable experience of bringing something out of nothing. In order to bring something new into the world, you must be willing to go into the unknown. Just as the poet might listen inwardly and stay open for the next word and just as the artist might pay attention to the images that arise from within, creativity asks that we have one foot in what is known, or existence, and one foot in what is not-known, or non-existence. This requires an ability to be still, to look both inward and outward, and then to record the resulting art-making or in life. In this Capstone course, students will attend to two areas: the meaning of art and mindfulness, and their own history of making (or lack thereof) and how they would like to build artistic sensibility, creativity and creation into their lives. We will investigate the spiritual roots of creativity, and the ways in which creativity and appreciation of art and art-making can contribute meaningfully to the development of one as a full citizen of the world. You do not have to have any experience in art-making to take this course. Texts include: Creativity: Where the Divine and Human Meet, by Matthew Fox and Art and Fear: Observations on the Perils (and Rewards) of Artmaking, by David Bayles and Ted Orland, Start Where You Are: A Journal for Self-Exploration, by Meera Lee Patel (you should write in this every week; you'll be presenting it in your "exit interview" at semester's end)

Credits: 3

Room and Schedule: Stokes Hall 361S Th 02:00PM-04:20PM

Satisfies Core Requirement: None

Prerequisites: Seniors only.

Corequisites: None

Cross-listed with: ENGL5522

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP552701

Capstone: Your Roaring 20s (and Beyond)

Regan, Tracy L

Spring 2025

Capstone classes are for seniors only and may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. As your graduation from Boston College looms, soon you'll have the opportunity to join the chorus of people proclaiming that college was the best four years of their life. Why does everyone say that and do you feel that way? If not, will you feel that way at some point in the future? The coveted real world awaits you where you'll finally have a chance to go and set the world aflame. As you approach this important juncture in your life, this class will provide you the opportunity to reflect and discuss your time on the Heights all the while helping you prepare for the decade(s) ahead. How did you grow during your time here? What lessons did you learn? Do you have any regrets? What are your most cherished memories? Did you become a person for others? And how will you carry the lessons you learned into the next proverbial chapter of your life as you navigate a career, relationships, a family, getting older, etc.? You'll have a chance to read a variety of viewpoints about the next decade of your life and beyond. As a class, we'll consider your academic, professional, and personal development in the context of relationships, spirituality, and citizenship. You'll join in conversation with your peers, under the guidance of an older economist who has experienced a lot of this already, and be ready to engage in lively dialogue on a weekly basis with the opportunity to reflect, think, and debate matters through a series of written assignments.

Credits: 3

Room and Schedule: Stokes Hall 145N Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Capstone classes are for seniors only and may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation.

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP554101

Capstone: Into the Woods

Rudner, Bonnie

Spring 2025

All readers, young and old, share the wonder in fairy tales. This serves a deeper purpose: to experiment and learn our boundaries and responsibilities. There are dangers in woods, but Red Riding Hood learns a lot, frees herself, and embarks upon life. The symbolic journey into the woods allows seniors to leave the "woods of BC" with optimism and commitment. How will you negotiate transitions into society with the wisdom from your journey here?

Credits: 3

Room and Schedule: Stokes Hall 286S M 10:00AM-12:20PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: ENGL4670

Frequency: Every Fall

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP554901

Commitment and Freedom

Cornille, Catherine M

Spring 2025

In an age of infinite browsing and vast personal and professional possibilities, the idea of commitment to a particular person, religion, ideal, and vocational path seems more than ever countercultural. Why limit oneself to one option when a variety of attractive alternatives readily present themselves, or when one might continuously scan the horizon of possibilities without locking oneself in? Though freedom and commitment seem diametrically opposed, we will explore in this seminar the ways in which they may actually intersect, considering the ways in which freedom may lead to commitment and commitment may in turn generate freedom.

Credits: 3

Room and Schedule: Stokes Hall 131N M 03:00PM-05:20PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: null

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP555301

Capstone: Poets, Philosophers, and Mapmakers

McNellis, Paul W, SJ

Spring 2025

We go through life with mental maps of reality in various degrees, implicit or explicit. A liberal arts education presupposes such a map of the intelligible world. Is it accurate? What does your map of reality look like? How has it changed since freshman year? The goal of the seminar is to help you see what kind of map you implicitly have now and to begin to ask what you want the map to look like ten years after graduation. How do you develop an open rather than closed map?

Credits: 3

Room and Schedule: Stokes Hall 209S Th 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: Completion of Philosophy and Theology core or Permission of Department

Corequisites: None

Cross-listed with: PHIL5553

Frequency: Every Spring

Student Level: Undergraduate

Comments: None

Status: Offered

UNCP556901

Capstone: How We Decide

Lamoureux, Jeffrey A, PHD

Spring 2025

Seniors only. Capstone classes may NOT be taken Pass/Fail. You may take only ONE Capstone class before graduation. Why did I eat at White Mountain at 11PM last night? And how can my friends convince me to go to Cityside when I know I should be studying? In this seminar, we will focus on how the mind and brain function to produce the decisions we ourselves make. The class is open to students from all majors, and there is no science prerequisite. Throughout the semester, we will reflect on our own past decisions, and consider alternative decision making strategies for the future.

Credits: 3

Room and Schedule: Higgins Hall 275 Tu 04:30PM-06:50PM

Satisfies Core Requirement: None

Prerequisites: None

Corequisites: None

Cross-listed with: None

Frequency: Annually

Student Level: Undergraduate

Comments: None

Status: Offered
