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r/Glitch_in_the_Matrix

Posted by u/Jahvo 9 years ago



I saw myself from another persons perspective.

This happened sometime last winter and I remember it very vividly. I'm on my way into work and just as I round the final corner in the building to my destination a coworker looks up from the parts desk and greets me. As the words pass his mouth I see myself walking as though I were him. This was brief, probably 1.5 seconds. For some time after this I felt dazed and slow. Has Anyone here experienced or heard of anything like this before?



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Bilgus · 9 yr. ago

Yes! This happened to me! It happened when I was with my best friend at the time that I was in a band with. We were sitting on a couch writing a song and for about a second or less I became him and then transitioned back to me. During the time I "was him", I learned his true thoughts about me. How he felt sorry for me and how he only pretended to be my friend because he needed me as a bassist and roommate until he had enough material written and money to move on to a bigger city and make it big. After that thought, there was a sudden realization that was, "What I minute, I'm not me, I am him!" and there was this really trippy transition like waking up from a dream and being the real me again. I was really dazed and confused like coming out of an acid trip. We both looked at each other like wtf was that. He got up and said he felt bad and went to his room. We never talked about it. A few months later I come back home from work and all of his stuff was gone and out of the apartment. I went to his parents house and asked them wtf happend?? And his Dad said, "Didn't he tell you? He moved off to New Mexico with his girlfriend." I was speechless and in absolute shock. Never saw or heard about him again.



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[deleted] · 9 yr. ago

This sounds almost telepathic!

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reduced-fat-milk · 9 yr. ago

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polinquard · 9 yr. ago

That's precisely what i was thinking.

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diabeetusmellitus · 9 yr. ago

I have lots of memories of my childhood in a different person's perspective.. the oddest one is of my first birthday from someone else's perspective.

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mcgingery · 9 yr. ago

I remember my mom putting me in a playpen in a hotel in Hawaii while we were waiting for furniture to be delivered to our new house. It was in the third person. I was only a year old.

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no_more_ducks · 9 yr. ago

I have that too and assume that's normal, although I do not know the name of this phenomenon.

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whovianfeminist · 9 yr. ago

I've seen myself from a 3rd person perspective. I was doing a flip in a pool when I was a child. But I don't remember this from a 1st person perspective. I was watching myself do it. WEIRD.

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aintnopicnic · 9 yr. ago

yeah something similiar happened to me in middle school. Where I lived all of the middle schoolers would go to the high school football games and stand around talking to each other the whole time. It was very overwhelming and fun to be around all of the other kids in that situation.



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when I shot back to my regular perspective I was really freaked out and still very out of it. I immediatly told the girl something like "whoah I felt like I just shot out my body". She got weirded out and walked away. It was still cool though.

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Bilgus · 9 yr. ago

You died that day.

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not1138 · 9 yr. ago

When I was a little boy my mother used to buy these glass night lights. Now for reasons unknown to me I used to like to twist them while plugged in.

The last time I did this I was about 4 years old and my eyes saw the night light. Like grown ass adults lose there shit over bubble wrap, I took off for the night night. all of a sudden I was at the ceiling of the room on the opposite side. Watching. I was watched myself get shocked, and then untwist it, only to repeat. Then, as if it was thought by someone else in my head, the thought "what is that kid doing?"

As quickly as it happen, it was over. I felt so strange afterwards. Strange enough never to have mentioned it in 26 years.

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inb4shitstorm · 9 yr. ago

seen myself twice as a kid from this perspective. when the schoolbus dropped my brother home and i was waiting outside for him and when rboerto baggio missed his penalty in the 94 world cup finals and i went outside to play after the match was done :/

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omnipotent-sloth · 9 yr. ago

Makes you wonder if the coworker has 1.5 seconds missing from his memory from that moment, or he has your "actual" memory.

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anonagent · 9 yr. ago

Kinda sounds like something I experienced regularly, although it's happened less and less the last few years.



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room, or from 15ish feet away, and 10ish feet up from the ground, it is especially common in memories, although I've experienced the same thing while it happened as well.

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dld80132 · 9 yr. ago

This happened to me on mescaline. Also saw other people that weren't there.

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Encie · 9 yr. ago

...like the dead? or were you hallucinating?

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Ainsophisticate · 9 yr. ago

Seeing yourself from somebody else's view when neither of you is there sounds like it deserves extra points.

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not1138 · 9 yr. ago

I like mescaline. upvote for you!

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Illblood 🍰 · 9 yr. ago

It's so hard to believe that these things could happen. I just wish it would happen to me! I hope you all are'nt hust hreat story tellers loll

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selymsivad · 9 yr. ago

My uncle's ex gf told my family about a very similar experience to this and some of the comments.

She used to be in an abusive relationship before she started dating my uncle. Her ex boyfriend had her laying on her back as he was on top of her, repeatedly punching her in the face. And for a long instant, she said she was on the ceiling on the other side of the room watching her ex boyfriend beat her. She said the weird thing was, she wasn't scared. She was confused, but the most prominent feeling she remembered was wanting to help herself from that new perspective. Kind of like "Holy shit! I need to help that girl!" Even though it was herself she was watching.

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Encie · 9 yr. ago



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scwildbunny · 9 yr. ago

Yeah this has happened to me. In my experience I became abnormally drowsy and reached out to touch a friend staring away from me roughly perpendicular where I was looking and transitioned halfway between her perspective and my own. It was like I was seeing my half of the world with one eye like usual and overlapped was what she was seeing through one of her eyes. It lasted maybe 3 seconds and I was completely unable to form any thoughts during the experience.



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