

#101



# City of Long Beach

## INTEROFFICE MEMO

To: Daniel Creighton City Manager  
Inna Reznik, Comptroller  
Steven Pambianchi, Asst. Corporation Counsel

From: Russell Darress, Interim Department of Public Works Commissioner

Subject: **Request for City Council Resolution – Transfer of Funds**  
(North Shore Critical Infrastructure)

Date: January 16, 2025

Please prepare a Resolution for the regularly scheduled February 4, 2025 City Council meeting amending the budget as follows:

**Increase Revenue: H0040-4<sup>4</sup>097**

**Increase Expense: H1021-52298**

On December 20, 2022 the City has been awarded \$39,139,237.81 under the FEMA 404 Hazard Mitigation Program for the work required for the North Shore Critical Infrastructure Protection Project.

Work has commenced and the City has requested and received remittance in the amount of \$1,610,812.39 from NYSDHSES

The intent is to return the funds to the Capital Budget line to pay the balance of the aforementioned project.

Thank you

A handwritten signature in black ink, appearing to read "Russell Darress".

Russell Darress  
Interim Department of Public Works Commissioner

cc: RD/rb



PREPARED FOR:

Long Beach Recreation Center  
700 Magnolia Blvd  
Long Beach, NY 11561  
Attn: Joe Brand

A collage of images. On the left, there's a photograph of a modern gym interior with various exercise equipment like treadmills and weight machines. To the right of the photo is a circular logo for 'Long Beach, New York - Since 1922'. The logo features a sun, a seagull, and the text 'THE CITY BY THE SEA' around the top and 'Long Beach' in large script across the middle. The background of the collage is a blurred image of a beach or waterfront area.

ONE SOURCE FOR ALL  
YOUR FITNESS NEEDS

**Wayne Fizzuoglio**

631-834-8227 | Director of Commercial Sales | [wayne@spsfitness.com](mailto:wayne@spsfitness.com)













# Quote

## Siegel Performance Systems, Inc.

12 Christa Court  
Huntington, NY, 11743  
(631)367-9044  
info@spsfitness.com

Date	Quote #
01/19/2025	54438
Exp.Date	
02/18/2025	

### Billing Address:

Parks and Recreation Of Long Beach  
1 West Chester Street  
Long Beach, NY 11561  
Attn:  
info@longbeachny.gov  
(516) 431-1000

### Shipping Address:

Long Beach Recreation Center  
700 Magnolia Blvd  
Long Beach, NY 11561  
Attn: Joe Brand  
jbrand@longbeachny.gov  
516.705.7403

Your sales rep is: Wayne Fizzuoglio, 631-834-8227, [wayne@spsfitness.com](mailto:wayne@spsfitness.com)

Product	Description	Quantity	Unit Price	Line Total
True TC900-21	TREADMILLS - TC900	5	\$7,050.00	\$35,250.00
True TI1000-21	TREADMILLS - Alpine Runner	2	\$6,825.37	\$13,650.74
TRUE 00613000BK	UPGRADES/Accessories - Optional Step for Alpine Runner - Optional Rear Step for Alpine Runner	2	\$164.99	\$329.98
True XS1000-19	ELLIPTICALS - Spectrum	2	\$8,900.00	\$17,800.00
True RC900-20	BIKES - RECLINING - RC900	1	\$2,925.00	\$2,925.00
True UC900-20	BIKES - UPRIGHT - UC900	1	\$2,325.00	\$2,325.00
True C4LWH / C4LELWH / C4LBKWH / C4LVCWH / C4LSTWH	CONSOLE OPTIONS for Treadmills/Bikes- Emerge - LED, Time, Speed, Distance, HR, Mets, Watts, Programs	11	\$524.25	\$5,766.75
Octane 112250-001-8023497	Seated Ellipticals - xR6000 Base-Swivel W/Standard Console & Apple Gym	1	\$5,999.25	\$5,999.25
Octane 8019430-8023660	LatX-Base W/Standard Console & Apple Gym Kit	1	\$7,199.25	\$7,199.25
SCIFIT PRO230-INT-FA	PRO SERIES - PRO2 total body - premium seat - cool gray - fully assembled	1	\$6,679.00	\$6,679.00

### Quotation Notes:

True and Octane items-  
NYS Contract # PC67849 SB  
Group # 30204  
Award # 23073  
Fed ID # 113143856  
NYS Vendor ID # 100005464  
INCLUDES FREIGHT, DELIVERY, AND INSTALLATION

<b>Subtotal</b>	<b>\$97,924.97</b>
<b>Total</b>	<b>\$97,924.97</b>

SCIFIT Bike  
NYS Contract # PC68954 SB  
Group # 30204  
Award # 23073  
Fed ID # 113143856  
NYS Vendor ID # 100005464  
INCLUDES FREIGHT, DELIVERY, AND INSTALLATION

**Attachment 09**  
**CONTRACTOR and RESELLER INFORMATION**  
**(for ordering and contract administration purposes)**

<b>CONTRACTOR/COMPANY INFORMATION</b>	
Company Name:	Andrew Venditti DBA Syracuse Fitness Store
Address (from first page of bid):	2922 Erie Blvd. E. Syracuse, NY 13224
Company Website:	www.syracusefitness.com
Federal ID #:	161555460
NYS Vendor ID #:	1000008361
Contract Administrator Name:	Andrew Venditti
Title:	Owner
Email:	andy@syracusefitness.com
Phone:	315-446-4136
Toll Free Phone:	315-446-4136

<b>SALES/BILLING (if different from above)</b>	
Contact Name:	
Title:	
Address:	
Email:	
Phone:	
Toll Free Phone:	

<b>EMERGENCIES</b>	
Contact Name:	Andrew Venditti
Title:	Owner
Address:	2922 Erie Blvd. E., Syracuse, NY 13224
Email:	andy@syracusefitness.com
Phone:	315-446-4136
Cell Phone:	315-446-4136

<b>RESELLER/DISTRIBUTOR INFORMATION</b>	
Company Name:	Siegel Performance Systems, Inc.
Address:	12 Christa Court, Huntington, NY 11743
Federal ID #:	11-3143856
NYS Vendor ID #:	1100005464
Contact Name:	Mark Siegel
Title:	President
Email:	mark@spsfitness.com
Hours of Availability:	M-F 9am - 5pm
Phone:	631-367-9044
MWBE and/or SDVOB Certification:	<input type="checkbox"/> NYS Certified Women Owned <input type="checkbox"/> NYS Certified Minority owned <input type="checkbox"/> SDVOB
SBE:	<input type="checkbox"/> NYS Small Business Enterprise (self-identified)
Reseller is Authorized to:	<input checked="" type="checkbox"/> Take orders <input checked="" type="checkbox"/> Ship Direct <input checked="" type="checkbox"/> Receive Payment *
Restrictions Applicable to this Reseller (if any):	

\*If a Reseller is allowed to accept payment, they MUST have a NYS Vendor ID

**Attachment 09**  
**CONTRACTOR and RESELLER INFORMATION**  
**(for ordering and contract administration purposes)**

<b>CONTRACTOR/COMPANY INFORMATION</b>	
Company Name:	Life Fitness, LLC
Address (from first page of bid):	10601 Belmont Avenue, Franklin Park, IL 60131
Company Website:	<a href="https://www.lifefitness.com/en-us">https://www.lifefitness.com/en-us</a>
Federal ID #:	36-4915818
NYS Vendor ID #:	1000031491
Contract Administrator Name:	Jeremy Wilson
Title:	National Segment Manager, Athletics/Education
Email:	jeremy.wilson@lifefitness.com
Phone:	954-301-0932
Toll Free Phone:	800-735-3867

<b>SALES/BILLING (if different from above)</b>	
Contact Name:	Keri Castoro
Title:	Sr. Manager, Customer Financing
Address:	2716 Network Place, Chicago, IL 60673-1271
Email:	keri.castoro@lifefitness.com
Phone:	847-288-3367
Toll Free Phone:	800-735-3867

<b>EMERGENCIES</b>	
Contact Name:	Jeremy Wilson
Title:	National Segment Manager, Athletics/Education
Address:	10601 Belmont Avenue, Franklin Park, IL 60131
Email:	jeremy.wilson@lifefitness.com
Phone:	800-735-3867
Cell Phone:	954-301-0932

<b>RESELLER/DISTRIBUTOR INFORMATION</b>	
Company Name:	Siegel Performance Systems, Inc.
Address:	12 Christa Court Huntington NY 11743
Federal ID #:	11-3143856
NYS Vendor ID #:	1100005464
Contact Name:	Mark Siegel
Title:	President
Email:	mark@spsfitness.com
Hours of Availability:	M-F 9am-5pm
Phone:	631-367-9044
MWBE and/or SDVOB Certification:	<input type="checkbox"/> NYS Certified Women Owned <input type="checkbox"/> NYS Certified Minority owned <input type="checkbox"/> SDVOB
SBE:	<input type="checkbox"/> NYS Small Business Enterprise (self-identified)
Reseller is Authorized to:	<input checked="" type="checkbox"/> Take orders <input checked="" type="checkbox"/> Ship Direct <input checked="" type="checkbox"/> Receive Payment *
Restrictions Applicable to this Reseller (if any):	

\*If a Reseller is allowed to accept payment, they MUST have a NYS Vendor ID

# 900 TREADMILL

The C900 Treadmill combines TRUE's newest technology and performance advancements with the dependable quality and low cost of ownership your facility demands. Backed by TRUE'S premium warranty, the C900 provides runners a high-end experience with the largest running surface in the industry, a speed range up to 17 mph, and TRUE's low-impact Soft System<sup>®</sup> and HRC Heart Rate Control<sup>®</sup>. Multiple console options provide customizable features, technology, and asset management capabilities for enhanced user engagement.



## FEATURES

- 17.0 MPH (27 KPH) Max speed with 18% Max incline
- HRC Cruise Control<sup>®</sup> and Soft System<sup>®</sup> deck
- Reversible Deck

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

84" x 34.5" x 60.5" / 213.36 cm x 87.63 cm x 153.67 cm

### SPEED

0.5 to 17.0 MPH / 0.8 to 27 KPH

### INCLINE/DECLINE LEVELS

0% to 18% (-3% to 18% with Decline Kit)

### PRODUCT WEIGHT

450 lbs / 204 kg

### COLOR

Charcoal/Black



Largest running surface in the industry  
62" L x 23" W / 157.4 cm x 58.4 cm

## CONSOLE OPTIONS



ENVISION



SHOWRUNNER



ENVISION 9



EMERGE



IGNITE

# 900 SERIES



## C900 TREADMILL

### TECHNICAL SPECIFICATIONS

	<b>Power Source</b>	120V/20A (NEMA 5-20R receptacle) 230V/15A
	<b>Cord Length</b>	12' / 3.7 M
	<b>Drive Motor</b>	5 HP AC Self-Cooling Max Drive
	<b>Motor Controller</b>	PFC
	<b>Incline Motor</b>	1,200 lbs. of thrust
	<b>Speed Sensor</b>	Optical
	<b>Deck</b>	Reversible 1" / 2.54 cm Medium Density Fiberboard
	<b>Reversible Deck</b>	Standard
	<b>Belt</b>	Lubricant Infused Multi-Ply with PVC Coating
	<b>Rollers</b>	3" / 8 cm w/ Shielded Bearings
	<b>Impact System</b>	True Soft System®
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Lubrication</b>	Silax
	<b>Speed Range</b>	0.5 to 17.0 MPH / 0.8 to 27 KPH
	<b>Incline/Decline Range</b>	0% to 18% (-3% to 18% with Decline)
	<b>Quick Access Control</b>	Speed and Incline on Hand Grips with Start and Stop on Quick Access Point
	<b>Handrail Design</b>	Extended Handrails with Molded Rubber, Moisture-Resistant Grips
	<b>Contact Heart Rate Monitoring</b>	Yes
	<b>Wireless Heart Rate Monitoring</b>	Polar® Compatible
<b>AVAILABLE CONSOLES</b>	Envision, ShowRunner, Envision 9 , Emerge, Ignite	
<b>ASSET TRACKING</b>	EcoFit Compatible	
<b>SAFETY</b>	<b>Safety Clip</b> Standard/Non-Removable <b>Extended Handrails</b> Standard <b>Large Straddle Covers</b> Standard <b>User Detection</b> Person Present Detection	
<b>REGULATORY APPROVALS</b>	ETL UL1647, CSA, CE, EN957, (ISO 20957), FCC	
<b>EXTRAS</b>	<b>Accessories</b> Water Bottle Holder (2), Accessory Tray, Over Molded Reading Rack/Tablet Holder, Power Cord Management, Optional Medical Rails, Optional Decline Feet Kit	
<b>PHYSICAL SPECIFICATIONS</b>	<b>Footprint</b> 84" L x 34.5" W x 60.5" H / 213.36 cm x 87.63 cm x 153.67 cm <b>Footprint with Decline</b> 84" L x 34.5" W x 62.5" H / 213.36 cm x 87.63 cm x 158.75 cm <b>Running Surface</b> 62" L x 23" W / 157.4 cm x 58.4 cm <b>Machine Weight</b> 450 lbs / 204 kg <b>Shipping Weight</b> 489 lbs / 222.8 kg <b>Maximum User Weight</b> 500 lbs / 226.7 kg <b>Step-Up Height</b> 7" / 17.7 cm ( 9" / 22.86 cm with Optional Decline) <b>Portability</b> 2 Front Transport Wheels	
<b>WARRANTY</b>	<b>Warranty Type</b> Commercial (all dues paying facilities, regardless of usage) <b>Frame</b> Lifetime <b>Motor</b> 5 Years <b>Parts</b> 3 Years <b>Labor</b> 3 Years	

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



[truefitness.com](http://truefitness.com) | 800.426.6570 | 636.272.7100

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# ALPINE RUNNER INCLINE TRAINER

Climb to new heights with the TRUE Alpine Runner Incline Trainer, the ultimate in incline training. With an incline range of -3% to 30%, this range intensifies workouts like never before. Choose from a variety of programmed workouts, including TRUE's Monument Workouts.

The Alpine Runner features a patented incline system engineered to reduce the load on the incline motor and reduce wear and tear.

## FEATURES

- Incline range of -3% to 30%
- A cushioning system and deck built to relieve impact on joints
- Vertical upper handgrips provide support at highest incline
- TRUE's Monument Workouts (available on Envision consoles)

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

71" x 39.7" x 71" / 180 cm x 101 cm x 180 cm

(With optional step - 81" x 39.7" x 71" / 205.7 cm x 101 cm x 180 cm)

### SPEED

0.5 - 12 MPH / 0.8-19 KMH

### INCLINE/DECLINE LEVELS

-3% to 30%

### PRODUCT WEIGHT

592 lbs / 269 kg

### COLOR

Charcoal/Black

### CONSOLE OPTIONS



ENVISION



ENVISION  
WITH COMPASS



ENVISION 9



EMERGE



IGNITE





## ALPINE RUNNER INCLINE TRAINER

TECHNICAL SPECIFICATIONS	Power Source	120V/20A (NEMA 5-20R receptacle) 230V/15A (NEMA 6-15R receptacle)
	Cord Length	12' / 3.7M
	Drive Motor	5 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
	Reversible Deck	Standard
	Belt	Siegling Multi-Ply Belt with PVC Coating
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE Soft System™ (neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	TRUE Proprietary Lubricant "Silex"®
	Speed Range	0.5 - 12 MPH / 0.8-19 KMH
	Incline Range	-3% to 30%
	Decline Range	Yes (-3%)
	Bluetooth Heartrate Monitoring	Available on Envision and Envision 9 Consoles
	CSAFE	Yes
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision, Envision with Compass, Envision 9 , Emerge, Ignite	
ASSET TRACKING	EcoFit Compatible	
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
	High Incline Handrails	Standard
	Straddle Covers	Standard
	User Detection	User Present Detection™
REGULATORY APPROVALS	UL, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
OPTIONAL STEP	Robotically welded and reinforced steel frame, molded step with TRUE logo surface	
PHYSICAL SPECIFICATIONS	Footprint	71" L x 39.7" W x 71" H / 180 cm x 101 cm x 180 cm (With optional step 81" L x 39.7" W x 71" H / 205.7 cm x 101 cm x 180 cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 12.7 cm with step. 13.2" / 33.5 cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Motor	5 Years
	Parts	3 Years
	Labor	3 Years

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# 900 RECLINENT BIKE

The C900 Recumbent Bike is comfortable, smooth, quiet and durable. The small footprint allows you to maximize the space in your facility while offering the highest quality equipment available to your users. Plus, since users don't have to step over the frame to reach the seat, it's perfect for all ages.

## FEATURES

- Self-Generating Capability
- Dual Stage Drive System
- 20-600 Watts Workload Range
- Dual Sided Pedals with Ratcheting Strap
- Quick Access Controls

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

58" x 26" x 51" / 147 cm x 66 cm x 130 cm

### RESISTANCE SOURCE

Hybrid Self-Generating Brake

### DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

### PRODUCT WEIGHT

181 lbs / 82 kg

### COLOR

Charcoal/Black



### CONSOLE OPTIONS



VISION



VISION  
WITH COMPASS



ENVISION 9



EMERGE

# PREMIUM 900 SERIES



## C900 RECLINENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Envision 9), 220V Option Available
	Cord Length	12' / 3.7 M
	Drive System	Dual Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat Bottom with 25 Settings and Custom Molded, Breathable Seat Back with Infinite Reclining Positions
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Folding Armrests	Optional
	Quick Access Control	Resistance Level Thumb Controls
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision, Envision with Compass, Envision 9 , Emerge	
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS	Accessories Water Bottle Holder, Over Molded Reading Rack/Tablet Holder	
PHYSICAL SPECIFICATIONS	Footprint 58" L x 26" W x 51" H / 147 cm x 66 cm x 130 cm Machine Weight 181 lbs / 82 kg Shipping Weight 203 lbs / 92 kg Maximum User Weight 400 lbs / 181 kg Portability 2 Front Transport Wheels	
WARRANTY	Warranty Type Commercial (all dues paying facilities, regardless of usage) Frame Lifetime Parts 3 Years Labor 3 Years	

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# 900 UPRIGHT BIKE

The C900 Upright Bike is the sleekest upright bike on the market today. With an industrial design combined with TRUE's quality and durability, this bike is sure to be a favorite of your facilities' users. A low step-up height ensures it is a safe and easy entry for all ages and fitness levels. Plus, the small footprint allows you to maximize the premium space in your facility.

## FEATURES

- Self-Generating Capability (Or plug-in, depending on console)
- Single Stage Drive System
- 3-Piece Forged Steel Crank System
- 30 Resistance Levels

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

44" x 24" x 59" / 111.76 cm x 60.96 cm x 149.86 cm

### STEP-OVER HEIGHT

18" / 45.72 cm

### DRIVE SYSTEM

Single Stage Drive System with Poly-V Belt

### PRODUCT WEIGHT

143 lbs / 65 kg

### COLOR

Charcoal/Black

## CONSOLE OPTIONS



**ENVISION II**  
16" Touchscreen



**ENVISION II**  
9" Touchscreen



**SHOWRUNNER II**  
16" Integrated LCD



**EMERGE II**  
LED Console



# 900 SERIES



## C900 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS	<b>Power Source</b>	110V, Self-Generating (with Emerge II or Envision II 9"), 100-220V Option Available (with Envision II 16" and Showrunner II)
	<b>Cord Length</b>	12' / 3.7 M
	<b>Drive System</b>	Single Stage Drive System with Poly-V Belt
	<b>Crank</b>	3-Piece Forged Steel Crank System with Sealed Bearings
	<b>Resistance Source</b>	Hybrid Self-Generating Brake
	<b>Resistance Levels</b>	30
	<b>Workload Range</b>	40-600 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Pedals</b>	Dual Sided and Weighted with Integrated Ratcheting Strap
	<b>Seat</b>	Ergonomic Seat with 15 Position Settings (Lever Under Seat)
	<b>Handlebar Design</b>	Multi Position with Moisture-Resistant Sleeves
	<b>Quick Access Control</b>	Resistance Level Thumb Controls
	<b>Contact Heart Rate Monitoring</b>	Yes
	<b>Wireless Heart Rate Monitoring</b>	Polar®
AVAILABLE CONSOLES	Envision II 16", Envision II 9", ShowRunner II, Emerge II	
ASSET MANAGEMENT	EcoFit	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS	<b>Accessories</b>	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	<b>Footprint</b>	44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm
	<b>Machine Weight</b>	143 lbs / 65 kg
	<b>Shipping Weight</b>	147 lbs / 67 kg
	<b>Maximum User Weight</b>	400 lbs / 181 kg
	<b>Step-Over Height</b>	18" / 45.72 cm
	<b>Portability</b>	2 Front Transport Wheels
WARRANTY	<b>Warranty Type</b>	Commercial (all dues paying facilities, regardless of usage)
	<b>Frame</b>	Lifetime
	<b>Parts</b>	3 Years
	<b>Labor</b>	3 Years

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# SPECTRUM ADJUSTABLE STRIDE ELLIPTICAL

The Spectrum Adjustable Stride Elliptical offers the unmatched versatility of a stepper, elliptical and runner—all in one machine. Spectrum Elliptical delivers a patented Core Drive<sup>®</sup> technology that keeps users centered and moving naturally.

## CARDIO 360™

a guided workout to engage the upper, core, and lower body with varying resistance.

Ergonomic Multi-Grip Handles  
with Stride and Workload Speed Keys

Soft Step Cushioned  
Footpads

Brushed Aluminum  
with Textured Pattern  
Side step design

1" Stride Adjustments  
From 13" To 30"

## FEATURES

- Core Drive<sup>®</sup> System
- Hybrid Self-Generating Brake
- 1" Stride adjustments from 13" to 30"
- Self-Generating Capability
- Soft Step Cushioned Footpads

## SPECIFICATIONS

### DIMENSIONS (L X W)

78" x 36" / 198cm x 91 cm

### Q-FACTOR

1.9" (4.8 cm)

### STEP-UP HEIGHT

5" / 13 cm

### PRODUCT WEIGHT

425 lbs / 193 kg

### COLOR

Charcoal/Black





## SPECTRUM ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	110V / 220V option available
	Cord Length	12' / 3.7M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Electromagnetic Eddy Current Brake
	Maximum Workload	600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Quick Stride Buttons	13"/33 cm, 21"/53 cm, 30"/76.2 cm / Envision <sup>18</sup> , Envision 9
	Adjustable Stride Range	13"/33 cm to 30"/76.2 cm / 1" increments
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Multi Grip Exercise Arms	Ergonomic Multi-Grip Handles with Stride and Workload Speed Keys
	Handrail Design	Center Contact Heart Rate Grips
	Side Step Design	Brushed Aluminum with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
	AVAILABLE CONSOLES	Envision, Envision with Compass, Envision 9 , Emerge
ASSET TRACKING		EcoFit Compatible
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	78" L x 36" W / 198cm x 91 cm
	Active Footprint	85" L x 36" W / 214cm x 91 cm
	Q-Factor	1.9" (4.8 cm)
	Machine Weight	425 lbs / 193 kg
	Shipping Weight	475 lbs / 215 kg
	Maximum User Weight	400 lbs. / 181 kg
	Step-Up Height	5" / 13 cm
	Portability	2 Front Transport Wheels
	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
WARRANTY	Frame	Lifetime
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



[truefitness.com](http://truefitness.com) | 800.426.6570 | 636.272.7100

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# EMERGE II

## LED Console

Traditional LED console provides users a simple and inviting design that is easy to navigate.

### FEATURES

#### + SIMPLIFIED PROGRAMMING

Traditional console style allows users to visually see where they are on their run or workout and easily make transitions. Pre-programmed workouts help users achieve their goals.

#### + ASSET TRACKING

Real-time asset management with usage reporting and notifications through ECOFIT®.



		White LED
ENTERTAINMENT & CONNECTIVITY	Displays	Time, Distance, Calories, Heart Rate, Incline, Speed, Track, Pace
	Heart Rate Control	✓
	EcoFit	Compatible
	C-SAFE	✓
	USB Ports	✓
	Tablet Holder / Reading Rack	✓
PROGRAMMING TREADMILLS	Total Workouts	10
	Heart Rate Control Programs	✓
	HRC Cruise Control	✓
PROGRAMMING ELLIPTICALS	Total Workouts	12
	Heart Rate Control Programs	✓
	HRC Cruise Control	✓
	Cardio 360 Total Body Workout	✓
PROGRAMMING STATIONARY BIKES	Total Workouts	10
	Heart Rate Control Programs	✓
	HRC Cruise Control	✓
PROGRAMMING CLIMBERS	Total Workouts	7
	Heart Rate Control Programs	✓
	HRC Cruise Control	✓
SERVICE	Software Update via USB (USB-A port not designed for use with Apple devices)	✓
	Self Diagnostics	✓
	Locked Back End (Maintenance Mode)	✓
POWER CONSERVATION	ERP Mode (Sleep Mode)	✓
LANGUAGES		English
PRODUCT AVAILABILITY		All commercial models (except CS200 line)
WARRANTY	Warranties outside the U.S. and Canada may vary - Please contact your dealer or sales rep for details. Specifications subject to change without notice.	3 Years (5 years on TC400)



## Power Requirements

### Power Requirements for TRUE Fitness Equipment

- All TRUE Fitness treadmills with Touchscreen consoles require power
- All other cardio platforms may be self-powered depending on the console type
  - TRUE bikes, ellipticals (excluding the Spectrum) and Traverse require additional installation of a power supply (included with console).

### Power Supplies for TRUE Fitness Equipment

#### Treadmills

- All treadmills require a dedicated 120V/20A 50/60 Hz circuit with a non-looped (isolated) ground
  - A dedicated circuit means that each outlet you plug into should not have anything else running on that same circuit
  - Non-looped (isolated) grounding means that each circuit must have an individual neutral/ground connection coming from it and terminating at an approved earth ground.
- Please refer to NEC Article 210-21 ad 210-23 for additional information
- The power cord on the treadmills use a NEMA 5-20P plug
- The treadmill receptacle must be a NEMA 5-20R receptacle



#### Non-Treadmill Cardio

- All non-treadmill cardio equipment uses a NEMA 5-15P plug
- The equipment requires a 120V/15A 50/60 Hz circuit
  - Multiple units may be daisy-chained together, up to four units per 15A circuit
- The non-treadmill cardio receptacle must use a NEMA 5-15R receptacle, or a NEMA 5-20R T-Slot receptacle





# International Power Requirements

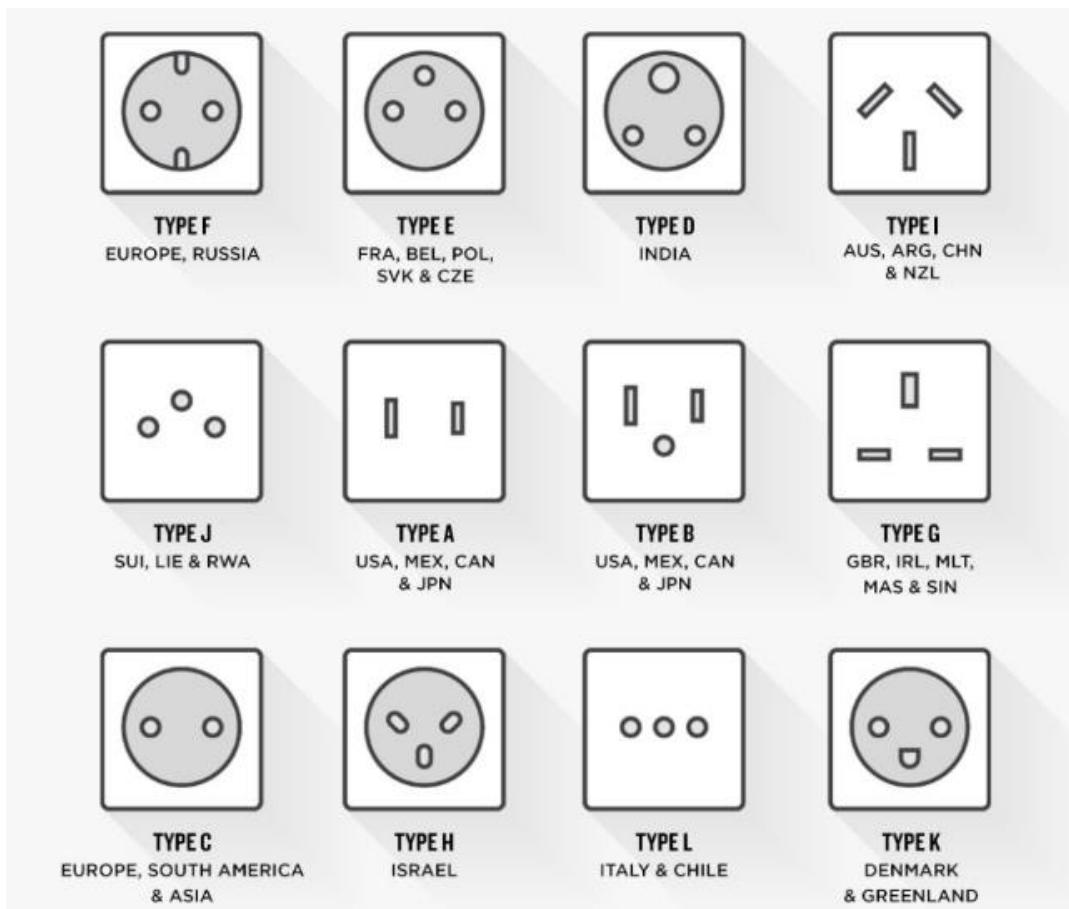
## Power Supplies for TRUE Fitness Equipment

### Treadmills

- All TRUE treadmills sold internationally require a dedicated 240V/16A 50/60 Hz circuit
  - A dedicated circuit means that each outlet you plug into should not have anything else running on that same circuit
  - Non-looped (isolated) grounding means that each circuit must have an individual neutral and/or ground connection coming from it and terminating at an approved earth ground.
- Please refer to NEC Article 210-21 ad 210-23 for additional information
- The power cord supplied on the treadmills is a NEMA 6-20P plug, or region-specific plug (click [here](#), or see sample chart below)
- The receptacle is also region specific
  - International Power Guide can be found [here](#)

### Non-Treadmill Cardio

- All non-treadmill international cardio equipment uses a NEMA 6-15P plug
- The equipment requires a 240V/15A 50/60 Hz circuit
  - Multiple units may be daisy-chained together, up to four units per 10A/15A/16A or 10A region-specific circuit
- The power cord supplied on the treadmills is a NEMA 6-15R plug, or region-specific plug (click [here](#), or see sample chart below)
- The treadmill receptacle must be a NEMA 6-20R receptacle





## Install Checklist

We created this basic how-to installation guide to help you in the installation process of internet and/or TV to your TRUE console. Here is a final installation checklist to help make the process run smoother. Please contact your sales rep if you have any questions. You can also contact TRUE's service department at [www.TRUEFitness.com](http://www.TRUEFitness.com) and fill out a Service Ticket [here](#).

POWER REQUIREMENTS	COMPLETE	N/A
U.S. - Dedicated 120V/20A Circuit with NEMA 5-20R receptacle, one (1) for each treadmill	<input type="checkbox"/>	<input type="checkbox"/>
Intl - Dedicated 240V/15A Circuit with region-specific receptacle, one (1) for each treadmill	<input type="checkbox"/>	<input type="checkbox"/>
Circuits complete for all non-treadmill cardio with region-specific receptacles, if applicable	<input type="checkbox"/>	<input type="checkbox"/>
Power supplied for Internet router/gateway	<input type="checkbox"/>	<input type="checkbox"/>

CABLE TV REQUIREMENTS	COMPLETE	N/A
Confirm TV solution option for equipment	<input type="checkbox"/>	<input type="checkbox"/>
Coaxial cable run to each machine, if applicable	<input type="checkbox"/>	<input type="checkbox"/>
Cat5e or Cat6 cable run to each machine (IPTV), if applicable	<input type="checkbox"/>	<input type="checkbox"/>
Confirm that A/V signal levels are adequate and verified by provider	<input type="checkbox"/>	<input type="checkbox"/>
Wireless Audio Transmitters ordered and installed onto wall TV, if applicable	<input type="checkbox"/>	<input type="checkbox"/>

INTERNET	COMPLETE	N/A
Proper bandwidth confirmed for the equipment	<input type="checkbox"/>	<input type="checkbox"/>
Internet line installed and accessible for fitness equipment, if applicable	<input type="checkbox"/>	<input type="checkbox"/>
Wireless Network connected, if applicable	<input type="checkbox"/>	<input type="checkbox"/>

### CHECKLIST ACKNOWLEDGMENT:

Club/Facility Rep: \_\_\_\_\_

Date: \_\_\_\_\_

TRUE Rep: \_\_\_\_\_

Date: \_\_\_\_\_

### LATERAL X®

Move in a different direction. Add new dimension and excitement to your cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and high caloric burn – all in a space-efficient design.



#### LATERAL MOTION

Active side-to-side motion increases caloric expenditure by up to 27% and increases hip muscle activation when going from the narrowest to the widest width.\*

#### ADJUSTABLE MOTION

Ten adjustable width levels begin in a narrow stepping motion and diverge to an active, side-to-side movement for greater variety.

#### UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.

#### ADVANCED PROGRAMS

Exercisers can take on HIIT with Octane's exclusive 30:30 Interval and MMA workouts, which incorporate rigorous intervals for challenges that help drive results.

\* Study conducted by Minnesota State University Mankato going from lateral width 1 to lateral width 10.

# LateralX Specifications

• Standard   ° Optional

KEY MECHANICAL FEATURES	
Lateral width adjustments	10
Electronically adjustable lateral width	•
Quiet motor	•
Soft grip pedals	•
Low step-up height	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack**	•
Transport wheels	•
ELECTRONIC FEATURES	
Apple Gym Kit***	•
Resistance levels	30
Quick Starts (Narrow, Medium, Wide)	•
Digital contact heart rate on moving handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Fingertip controls on moving handlebars	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•
CONSOLE OPTIONS	
Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons
ENTERTAINMENT OPTIONS	
LG TV	°
Wireless 900 Mhz***	°

\*\*Smart console only

\*\*\*Standard console only

WORKOUTS	
Number of programs	14
LATERAL WIDTH PROGRAMS	
Lateral Interval	•
Dual Direction	•
PRESET PROGRAMS	
Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
HEART RATE-CONTROLLED PROGRAMS	
Heart Rate Fat Burn	•
Heart Rate Interval	•
ADVANCED PROGRAMS	
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•
WORKOUT BOOSTERS	
X-Mode	•
ThighToner	•
QuadPower	•
PRODUCT SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Footprint (W x L)	42" x 63" (106 cm x 160 cm)
Product weight	388 lbs (176 kg)
WARRANTY	
Frame	3 years
Parts	3 years
Labor	1 year

Smart Console



Standard Console



# Octane

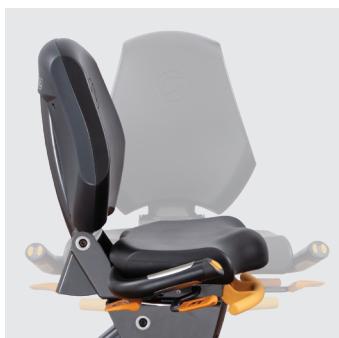
888-OCTANE-4 octanefitness.com

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BROCH2OCLATX

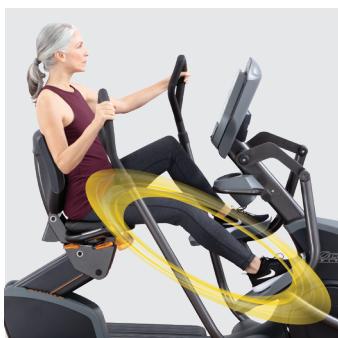
# xRide®

Offer comfortable challenges and variety in workouts with the unique Xride® recumbent elliptical, which delivers incredible effectiveness to exercisers of different ages and fitness levels.



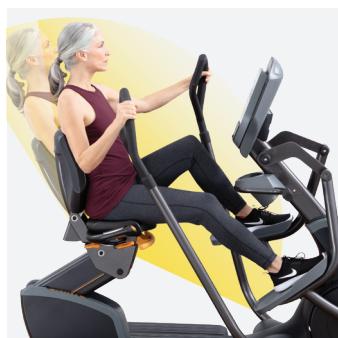
### SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns +/- 105 or 210 degrees to comfortably accommodate exercisers.



### POWERSTROKE

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



### CUSTOMIZED COMFORT

The Active Seat Position is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



### UPPER-AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

### OCTANE ADVANTAGES

- +/- 210 - degree swivel seat
- Powerstroke Technology
- Side platforms
- Upper/lower-body isolation
- Active Seat Position
- Step-through design
- Simple start-up

## xR6000s Specifications

KEY MECHANICAL FEATURES	
Swivel seat	•
Side platforms	•
Oversized platform	•
Step-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	•
MultiGrip handlebars	•
Stationary handlebars	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•
Pedal straps	◦
ELECTRONIC FEATURES	
Apple Gym Kit**	◦
Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	ANT+® and Polar®
Fingertip controls on stationary handles	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•
CONSOLE OPTIONS	
Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

\*Smart console only

\*\*Standard console only

• Standard	◦ Optional
<b>ENTERTAINMENT OPTIONS</b>	
LG TV	◦
Wireless 900 MHz**	◦
<b>WORKOUTS</b>	
Number of programs	14
<b>PRESET PROGRAMS</b>	
Manual	•
Random	•
Interval	•
Hill	•
Distance goal	•
Calorie goal	•
<b>HEART RATE-CONTROLLED PROGRAMS</b>	
Fat Burn	•
Heart Rate Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
<b>ADVANCED PROGRAMS</b>	
30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•
<b>WORKOUT BOOSTERS</b>	
X-Mode	•
Leg Press	•
Chest Press	•
<b>PRODUCT SPECIFICATIONS</b>	
Max user weight	400 lbs (181 kg)
Footprint (W x L)	39" x 72" (98 cm x 182 cm)
Product weight	339 lbs (154 kg)
<b>WARRANTY</b>	
Frame	10 years
Parts	3 years
Labor	1 year



# Octane

888-OCTANE-4 octanefitness.com

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BROCH22OCXR6000S



**Prescribed for Progress™**



## PRO2® Total Body Exerciser Product Specifications

Order Code: PRO230-INT

### FEATURES

Total body solution	Use with total body, upper body or lower body for versatile exercise
Dependent motion	Allows stronger extremities to assist weaker ones
Knee-to-elbow motion	Provides optimized torso rotation
Bi-directional movement and resistance	Pedaling in forward and reverse provides versatility, helps prolong exercise and promotes reciprocal muscle balance
Low starting resistance	6 watts
Resistance range	191 levels of resistance - 20 levels adjustable in .1 increments
Resistance system	3 phase combination generator & eddy current brake - largest watt range in the industry
Easy to transport	Integrated transport wheels
Heart rate monitoring	Telemetric (chest strap required)

### ACCESSIBILITY & ADJUSTABILITY

Adjustable arm and leg cranks	3 length settings
Step-through seating	Adjustable step-through allows easy entry and safe and easy access for all users
Direct wheelchair access	Seat slides off for direct wheelchair access - ADA compliant
Premium seat	Seat adjusts up/down, forward/back, swivels and reclines
360° Therapist Assist Pedals	Adjust the seat forward and back from any point around the machine
Seat Recline	Recline to any point within a 23 degree range
Seat Swivel	360 degree swivel that locks at each 90 degrees for safety
Seat height adjustment	Select seat height anywhere from 18.5"-23"
Seat removal handle	Integrated handle on seat back makes it easy to remove the seat
Accessible adjustment levers	Reach all adjustment levers from both sides of the seat
Zero-sloping forward/back seat adjustment	Adjust forward and back on level monorail for optimum control and safe positioning

### INTELLI-FIT™ CONSOLE

7"LCD full color touch screen display	Touch screen with clear, simple screens and large, readable font.
Audible beep	Yes
Tactile buttons	Tactile buttons in addition to touch screen
Resistance levels	191 levels of resistance - 20 levels adjustable in .1 increments
Display feedback	Time, level, distance, METs, heart rate, calories, RPM, watts
One touch quick start	Yes
Control METs - Constant Work Program	Set constant METs level and the workload remains constant throughout the program.
Iso-Strength Program	Isokinetic program for safe, accommodating resistance
Power Burst	8-second burst of high intensity training
Cool down	Automatic cool down begins after each exercise is completed
Administrative mode	User defined settings, metric or US units of measure and other custom settings

## INTELLI-FIT™ CONSOLE (cont.)

User-defined console languages	9 languages - English, Spanish, French, German, Russian, Japanese, Chinese, Italian, Dutch			
Download results to USB flash drive	Plug USB flash drive into the Fit-Key® slot to save workout results in a .txt file			
CSAFE port and 8-volt DC power port	Yes			
USB charger	For phones and other electronic devices			
Water bottle holder, accessory tray, reading rack	Integrated			
Personal Cooling Fan	Integrated dual fans with three speeds			
Programs	Quick Start Manual Heart Rate	Constant Work - METs Constant Work - Watts Iso-Strength	Hills Fit-Quik® Random	Heart Fit Test & Training Power Fit Test & Training Stress Test

## TECHNICAL SPECIFICATIONS

Power Requirements	Self-generating; low-voltage AC adapter, included			
Maximum user weight capacity	450 lbs.			
Unit weight	260 lbs.			
Unit size	61" L x 30" W x 62" H			
Color	Frame: Charcoal Cover: Cool Gray			
Manufacturing	Assembled in USA			

## WARRANTY

Parts	3 years
Labor	1 year

## ENHANCEMENTS

Fit-Key® software	Optional Fit-Key® software makes it easy to create specialized programs and track data		
Entertainment options	Yes		

## ACCESSORIES

Leg Stabilizers	Provides comfort and stabilization for users with leg weakness or spasticity. Durable steel construction with padded calf cuff. Large foot bed with straps for secure foot placement.
Low Boots	Keeps the foot on the pedal with sturdy straps around the back, top, and front of foot.
Assist Gloves	Designed for individuals who require help gripping the hand cranks. Made of heavy-duty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.
Straight Grips	For those who have spasticity, weakness, or tremors in their upper extremities.
Wheelchair Platform	Provides a sturdy foundation for wheelchair use, includes tethers for stabilization.
Heavy-Duty Wheelchair Ramps	For manual and powered wheelchair access. Provides increased stabilization
Polar Chest Strap	Transmits heart rate directly to console - works on all SCIFIT products
Seat Belt	Adjustable seat belt for added security and stability. Easy to attach and remove. Storage pouch included. Fits Premium seat only.

SCIFIT Systems, Inc. reserves the right to change or alter specifications at any time without notice and without incurring any obligation.

©Copyright 2015, SCIFIT Systems, Inc. SCIFIT, PRO2, Fit-Quik, and Fit-Key, are registered trademarks of SCIFIT Systems, Inc. Intelli-Fit and Prescribed for Progress are trademarks of SCIFIT Systems, Inc. Fit-Key Technology is Patented.

PRO2 Specs - PRO230-INT - 2015 - v1



PREPARED FOR:

Long Beach Recreation Center  
700 Magnolia Blvd  
Long Beach, NY 11561  
Attn: Joe Brand



**Wayne Fizzuoglio**

631-834-8227 | Director of Commercial Sales | [wayne@spsfitness.com](mailto:wayne@spsfitness.com)



# Quote

**Siegel Performance Systems, Inc.**

12 Christa Court  
Huntington, NY, 11743  
(631)367-9044  
info@spsfitness.com

Date	Quote #
01/19/2025	54440
Exp.Date	
	02/18/2025

**Billing Address:**

Parks and Recreation Of Long Beach  
1 West Chester Street  
Long Beach, NY 11561  
Attn:  
info@longbeachny.gov  
(516) 431-1000

**Shipping Address:**

Long Beach Recreation Center  
700 Magnolia Blvd  
Long Beach, NY 11561  
Attn: Joe Brand  
info@longbeachny.gov  
(516) 431-1000

Your sales rep is: Wayne Fizzuoglio, 631-834-8227, [wayne@spsfitness.com](mailto:wayne@spsfitness.com)

Product	Description	Quantity	Unit Price	Line Total
Hoist CF-3365-COLOR EXTENSION	HALF RACK	1	\$3,599.10	\$3,599.10
Hoist CF-3365-PLATW-4	4' Sound Dampening Wood Platform	1	\$4,499.10	\$4,499.10
Miscellaneous - York	29093 York USA Colored 325 lb Rubber Training Set (2 x 45, 2 X 35, 4 X 25, 2 X 10 Lb.), 32110, pr. Spring Collars)	1	\$912.60	\$912.60

**Quotation Notes:**

NYS Contract # PC67849 SB

Group # 30204

Award #23073

Fed ID # 113143856

NYS Vendor ID # 100005464

INCLUDES FREIGHT, DELIVERY, AND INSTALLATION

<b>Subtotal</b>	<b>\$9,010.80</b>
<b>Total</b>	<b>\$9,010.80</b>

**Attachment 09**  
**CONTRACTOR and RESELLER INFORMATION**  
**(for ordering and contract administration purposes)**

<b>CONTRACTOR/COMPANY INFORMATION</b>	
Company Name:	Andrew Venditti DBA Syracuse Fitness Store
Address (from first page of bid):	2922 Erie Blvd. E. Syracuse, NY 13224
Company Website:	www.syracusefitness.com
Federal ID #:	161555460
NYS Vendor ID #:	1000008361
Contract Administrator Name:	Andrew Venditti
Title:	Owner
Email:	andy@syracusefitness.com
Phone:	315-446-4136
Toll Free Phone:	315-446-4136

<b>SALES/BILLING (if different from above)</b>	
Contact Name:	
Title:	
Address:	
Email:	
Phone:	
Toll Free Phone:	

<b>EMERGENCIES</b>	
Contact Name:	Andrew Venditti
Title:	Owner
Address:	2922 Erie Blvd. E., Syracuse, NY 13224
Email:	andy@syracusefitness.com
Phone:	315-446-4136
Cell Phone:	315-446-4136

<b>RESELLER/DISTRIBUTOR INFORMATION</b>	
Company Name:	Siegel Performance Systems, Inc.
Address:	12 Christa Court, Huntington, NY 11743
Federal ID #:	11-3143856
NYS Vendor ID #:	1100005464
Contact Name:	Mark Siegel
Title:	President
Email:	mark@spsfitness.com
Hours of Availability:	M-F 9am - 5pm
Phone:	631-367-9044
MWBE and/or SDVOB Certification:	<input type="checkbox"/> NYS Certified Women Owned <input type="checkbox"/> NYS Certified Minority owned <input type="checkbox"/> SDVOB
SBE:	<input type="checkbox"/> NYS Small Business Enterprise (self-identified)
Reseller is Authorized to:	<input checked="" type="checkbox"/> Take orders <input checked="" type="checkbox"/> Ship Direct <input checked="" type="checkbox"/> Receive Payment *
Restrictions Applicable to this Reseller (if any):	

\*If a Reseller is allowed to accept payment, they MUST have a NYS Vendor ID

## HALF RACK

**CF-3365****OPTIONAL ADD ONS:**

6' SOUND DAMPENING RUBBER PLATFORM (SOLD SEPARATELY)

**SPECS****PRODUCT DIMENSIONS (L X W X H)**

67" X 68" X 98" (170 cm X 173 cm X 249 cm)

*(DIMENSIONS BELOW REPRESENT RUBBER PLATFORM  
COMBINED WITH MACHINE)***CF3365-PLATR-6\*:**

139.00" X 96.00" X 98.00" (353 cm X 244 cm X 249 cm)

**PRODUCT WEIGHT**

611 lbs (277 kg)

**MAX EXERCISE WEIGHT**

875 lbs (397 kg)

**MAX WEIGHT STORAGE**

1260 lbs (572 kg)

**FEATURES**

- ◆ Non-Removable Counterbalanced Safety Arms \* Patent Pending
- ◆ Non-Removable Easily Adjustable J-Hooks\* Patent Pending
- ◆ Five pull-up/chin-up grip options including patented Flip 'N Grip® handles and rock-climbing grips
- ◆ Pegs for adding resistance bands on both sides
- ◆ TPU covered J-Hooks
- ◆ UHMW Shielding on safety tiers
- ◆ 20 available adjustment points at 3.5" increments with Non-Removable Counterbalanced Safety Arms for varying user heights

# 4 FT WOODEN PLATFORM

## CF-3365-PLATW-4



### SPECS

#### PRODUCT DIMENSIONS (L X W X H)

116.33" X 96.10" X 3.00" ( 295 cm X 244 cm X 8 cm)

#### PRODUCT WEIGHT

652 lbs (296 kg)

### FEATURES

- ◆ Bamboo plywood
- ◆ Molded Rubber
- ◆ Powder-Coated Steel Frame



## 325 lb Rubber Training Bumper Plate Set



### Includes:

**2 – 10 lb**

**4 – 25 lb**

**2 – 35 lb**

**2 – 45 lb**

**1 – 7' Men's Needle Bearing Bar (20kg)**

**1 – Pair of Olympic Spring Collars**



# CITY OF LONG BEACH

KENNEDY PLAZA  
LONG BEACH, NEW YORK

FIRE DEPARTMENT <https://www.msn.com/en-us/feed>

**Joseph F. Miller**  
Fire Commissioner

(516) 431-2434  
FAX (516) 431-1432  
jmiller@longbeachny.gov

January 28, 2025

Subject: Long Beach Fire Department Lucas Device

At this time the Long Beach Fire Department is requesting to purchase a LUCAS chest compression system, currently the department is without one. The device performs consistent chest compressions for sudden cardiac arrest patients allowing EMS personnel to continue with life saving measures.

Funding for this purchase, total of \$25,863.79, is available through the 2024 CDBG Grant, budget code S9930-54513. The purchase will be through the SAAVIK buying cooperative that allows the city to purchase equipment where bidding has already been completed. The manufacturer is Stryker, 21343 Network Place, Chicago, IL 60673. This purchase includes the device and necessary equipment for a cost of \$21,284.09.

We are also purchasing a Preventive Maintenance contract for a 3 year term, with a value of \$4269.60.

Respectfully,

*Joseph F Miller*

Joseph F Miller  
Fire Commissioner



## Lucas 2025 SAVVIK

Quote Number: 11057075

Remit to:  
Stryker Sales, LLC  
21343 NETWORK PLACE  
CHICAGO IL 60673-1213  
USA

Version: 1

Prepared For: LONG BEACH FIRE DEPT  
Attn:  
Rep: Con Coakley  
Email: cornelius.coakley@stryker.com  
Phone Number: (914) 760-6400

Quote Date: 01/28/2025

Expiration Date: 04/28/2025

Contract Start: 01/28/2025

Contract End: 01/27/2026

Delivery Address		Sold To - Shipping		Bill To Account	
Name:	LONG BEACH FIRE DEPT	Name:	LONG BEACH FIRE DEPT	Name:	LONG BEACH FIRE DEPT
Account #:	20027640	Account #:	20027640	Account #:	20027640
Address:	1 W CHESTER ST  LONG BEACH	Address:	1 W CHESTER ST  LONG BEACH	Address:	1 W CHESTER ST  LONG BEACH
	New York 11561-2016		New York 11561-2016		New York 11561-2016

### Equipment Products:

#	Product	Description	Qty	Sell Price	Total
1.0	99576-000063	LUCAS 3, v3.1 Chest Compression System, Includes Hard Shell Case, Slim Back Plate, (2) Patient Straps, (1) Stabilization Strap, (2) Suction Cups, (1) Rechargeable Battery and Instructions for use With Each Device	1	\$19,682.27	\$19,682.27
2.0	11576-000060	LUCAS Desk-Top Battery Charger	1	\$772.32	\$772.32
3.0	11576-000071	LUCAS External Power Supply	1	\$254.50	\$254.50
4.0	11576-000080	LUCAS 3 Battery - Dark Grey - Rechargeable LiPo	1	\$478.50	\$478.50
5.0	11576-000046	LUCAS Disposable Suction Cup (3 pack)	1	\$96.50	\$96.50
Equipment Total:					\$21,284.09

### ProCare Products:

#	Product	Description	Months	Qty	Sell Price	Total
6.1	LUCAS-FLD-PROCARE	LUCAS 3, 3.1 for LUCAS 3, v3.1 Chest Compression System, Includes Hard Shell Case, Slim Back Plate, (2) Patient Straps, (1) Stabilization Strap, (2) Suction Cups, (1) Rechargeable Battery and Instructions for use With Each Device  03/03/2025 - 03/02/2028  Parts, Labor, Travel   Preventative Maintenance   Batteries Service	36	1	\$4,269.60	\$4,269.60
ProCare Total:						\$4,269.60



## Lucas 2025 SAVVIK

Quote Number: 11057075

Remit to:  
Stryker Sales, LLC  
21343 NETWORK PLACE  
CHICAGO IL 60673-1213  
USA

Version: 1

Prepared For: LONG BEACH FIRE DEPT

Rep: Con Coakley  
Email: cornelius.coakley@stryker.com  
Phone Number: (914) 760-6400

Attn:

Quote Date: 01/28/2025

Expiration Date: 04/28/2025

Contract Start: 01/28/2025

Contract End: 01/27/2026

### Price Totals:

Estimated Sales Tax (0.000%):	\$0.00
Freight/Shipping:	\$310.10
Grand Total:	\$25,863.79

### Comments:

SAVVIK PRICING  
Contract Name & No: Medical Equipment  
#2024-06

Prices: In effect for 30 days

Terms: Net 30 Days

### Terms and Conditions:

Deal Consummation: This is a quote and not a commitment. This quote is subject to final credit, pricing, and documentation approval. Legal documentation must be signed before your equipment can be delivered. Documentation will be provided upon completion of our review process and your selection of a payment schedule. Confidentiality Notice: Recipient will not disclose to any third party the terms of this quote or any other information, including any pricing or discounts, offered to be provided by Stryker to Recipient in connection with this quote, without Stryker's prior written approval, except as may be requested by law or by lawful order of any applicable government agency. A copy of Stryker Medical's terms and conditions can be found at [https://techweb.stryker.com/Terms\\_Conditions/index.html](https://techweb.stryker.com/Terms_Conditions/index.html).



**CALENDAR YEAR:** \_\_\_\_\_

## **ANNUAL STATEMENT OF FINANCIAL & ETHICAL DISCLOSURE**

## **THE CITY OF LONG BEACH, NEW YORK**

**\*FILING DUE MAY 15<sup>TH</sup>**

**\*MAY BE COMPLETED AND SIGNED ELECTRONICALLY**

PURSUANT TO SECTION 19 OF THE CITY CHARTER, THE FORM IS REQUIRED TO BE FILED ON OR BEFORE MAY 15<sup>TH</sup> EACH CALENDAR YEAR WITH THE BOARD OF ETHICS

**\*INSTRUCTIONS: ANSWER ALL QUESTIONS; USE THE ANSWER "NONE" OR "N/A" WHERE APPROPRIATE**

**1. NAME & BUSINESS ADDRESS INFO:**

LAST NAME                            MIDDLE INITIAL                            FIRST NAME

## MIDDLE INITIAL

**FIRST NAME**

## **TITLE OF POSITION**

DEPARTMENT, AGENCY, GOVERNMENTAL ENTITY, BUSINESS NAME

**RESIDENCE ADDRESS & PHONE NUMBER**

**BUSINESS ADDRESS & PHONE NUMBER**

## **2. SPOUSE & DEPENDENT:**

SPOUSE NAME DEPENDENT/AGE

**DEPENDENT/AGE**

**DEPENDENT/AGE**

DEPENDENT/AGE

**DEPENDENT/AGE**

DEPENDENT/AGE

**REPORT CATEGORIES OF AMOUNTS, USING THE FOLLOWING:**

**CATEGORY A: under \$5,000**  
**CATEGORY B: \$5,000 to under \$20,000**  
**CATEGORY C: \$20,000 to under \$60,000**

**CATEGORY D: \$60,000 to under \$100,000**  
**CATEGORY E: \$100,000 to under \$250,000**  
**CATEGORY F: \$250,000 or over**

\*A REPORTING INDIVIDUAL SHALL INDICATE THE CATEGORY BY LETTER ONLY.

**3. FINANCIAL INTERESTS:**

- A. *BUSINESS POSITION.* LIST ANY OFFICE, TRUSTEESHIP, DIRECTORSHIP, PARTNERSHIP, OR OTHER POSITION IN ANY BUSINESS, PROPRIETARY, PARTNERSHIP, PROFESSION, EMPLOYMENT, TRADE ASSOCIATION, MEMBERSHIP, MUNICIPALITY, MINISTERIAL OR NOT-FOR-PROFIT ORGANIZATION HELD BY YOU, YOUR SPOUSE OR YOUR DEPENDENT CHILDREN, IF THESE BUSINESSES RECEIVE FUNDS FROM THE CITY OF LONG BEACH, INCLUDING, BUT NOT LIMITED TO COMPENSATION AND APPLICATION FOR AND APPROVAL OF FUNDS. LIST ANY ACTIVITY AND NAME ANY SUCH AGENCY.

CITY, STATE, TOWN DEPT.,  
OR LOCAL AGENCY &

NAME OF FAMILY MEMBER	POSITION	ORGANIZATION	NATURE OF INVOLVEMENT	CATEGORY AMOUNT

- B. *OUTSIDE EMPLOYMENT/INCOME.* DESCRIBE ANY OUTSIDE OCCUPATION, EMPLOYMENT, TRADE, BUSINESS, OR PROFESSION, PROVIDING IN EXCESS OF \$1,000.00 INCOME, INCLUDING DEFERRED INCOME, IN THE REPORTING YEAR FOR YOU, YOUR SPOUSE OR YOUR DEPENDENT CHILDREN, ONLY IF SUCH ACTIVITIES OR SOURCES WERE OR ARE UNDER CONTRACT WITH AND/OR DID BUSINESS WITH AND/OR ARE REGULATED OR LICENSED BY THE CITY OF LONG BEACH.

NAME OF FAMILY MEMBER	POSITION	NAME, ADDRESS & DESCRIPTION OF ORGANIZATION OR SOURCE	LOCAL AGENCY	CATEGORY AMOUNT

- C. *LICENSED ATTORNEYS & REAL ESTATE AGENTS.* LIST A GENERAL DESCRIPTION OR THE NATURE OF ANY BUSINESS ACTIVITY, CONDUCTED BY REPORTING INDIVIDUAL WITH THE CITY OF LONG BEACH. YOU ARE REQUIRED TO LIST THE NAMES OF THE INDIVIDUAL CLIENTS OR CUSTOMERS, ONLY IF THERE IS A CASE OR CLIENT ACTIVE WITH THE CITY OF LONG BEACH AND REQUIRED RECUSALS MAY BE NEEDED TO BE FILED.

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- D. *FUTURE EMPLOYMENT.* DESCRIBE ANY CONTRACT, PROMISE, OR OTHER AGREEMENT BETWEEN YOU AND ANYONE ELSE WITH RESPECT TO YOUR EMPLOYMENT AFTER LEAVING YOUR OFFICE OR POSITION WITH THE CITY OF LONG BEACH.

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- E. **NOTES/ACCOUNTS RECEIVABLE.** LIST BELOW ALL NOTES AND ACCOUNTS RECEIVABLE, OTHER THAN FROM GOODS OR SERVICES SOLD, HELD BY THE REPORTING INDIVIDUAL AT THE CLOSE OF THE TAXABLE YEAR LAST OCCURRING PRIOR TO THE DATE OF FILING AND OTHER DEBTS OWED TO SUCH INDIVIDUAL AT THE CLOSE OF THE TAXABLE YEAR LAST OCCURRING PRIOR TO THE DATE OF FILING, IN EXCESS OF \$1,000, INCLUDING THE NAME OF THE DEBTOR, TYPE OF OBLIGATION, DATE DUE AND THE NATURE OF THE COLLATERAL SECURING PAYMENT OF EACH, IF ANY, EXCLUDING SECURITIES. ONLY DEBTS, NOTES AND ACCOUNTS RECEIVABLE INCURRED BY A PERSON OR ENTITY UNDER CONTRACT WITH, OR AS A REGULAR AND SIGNIFICANT PART OF THE BUSINESS OR ACTIVITY OF SUCH DEBTOR, DID BUSINESS WITH OR HAD MATTERS, OTHER THAN MINISTERIAL MATTERS, WITH THE CITY, ARE REQUIRED TO BE REPORTED HEREUNDER.

NAME OF DEBTOR	TYPE OF OBLIGATION, DATE DUE & NATURE OF COLLATERAL, IF ANY	CATEGORY	AMOUNT

F. *INVESTMENTS.* ITEMIZE AND DESCRIBE INVESTMENTS YOU, YOUR SPOUSE AND YOUR DEPENDENT CHILDREN HOLD IN EXCESS OF \$1,000.00 OR 10% OF THE VALUE IN ANY BUSINESS, CORPORATION, PARTNERSHIP, OR OTHER ASSETS, INCLUDING STOCKS, BONDS, LOANS, PLEDGED COLLATERAL, REAL ESTATE AND OTHER INVESTMENTS, AS WELL AS MONETARY VALUE OF FINANCIAL INTEREST, FOR YOU, YOUR SPOUSE OR YOUR DEPENDENT CHILDREN, IN ANY CONTRACT EXECUTED BY OR WITH THE CITY OF LONG BEACH. LIST THE LOCATION OF ALL REAL ESTATE WITHIN THE CITY OF LONG BEACH IN WHICH YOU, YOUR SPOUSE, OR YOUR DEPENDENT CHILDREN HAVE AN INTEREST, REGARDLESS OF ITS VALUE.

NAME OF FAMILY MEMBER	NAME, ADDRESS & DESCRIPTION OF BUSINESS OR REAL ESTATE	RELATIONSHIP & DESCRIPTION OF CONTRACT HELD INTEREST OR INVESTMENT	CATEGORY AMOUNT

G. *TRUSTS.* IDENTIFY EACH INTEREST IN A TRUST OR ESTATE OR SIMILAR BENEFICIAL INTEREST IN ANY ASSETS IN EXCESS OF \$1,000.00, AND IF SUCH INTEREST WAS ESTABLISHED BY A PERSON OR ENTITY WHO HAD A CONTRACT WITH THE CITY OF LONG BEACH, EXCEPT FOR IRS ELIGIBLE RETIREMENT PLANS OR INTERESTS IN AN ESTATE OR TRUST OF A RELATIVE, FOR YOU, YOUR SPOUSE OR YOUR DEPENDENT CHILDREN.

NAME OF FAMILY MEMBER	INTEREST IDENTITY	TRUSTEE/EXECUTOR	DESCRIPTION OF TRUST/ESTATE	CATEGORY AMOUNT

4. **RELATIVES EMPLOYED WITH THE CITY OF LONG BEACH:**

IDENTIFY ANY RELATIVES EMPLOYED BY THE CITY OF LONG BEACH. THE TERM "RELATIVE" INCLUDES THE SPOUSE, CHILD, STEPCHILD, STEPPARENT, PARENT, GRANDPARENT, NIECE, NEPHEW, AUNT, UNCLE, COUSIN, GRANDCHILD, BROTHER, SISTER, STEPBROTHER OR STEPSISTER OF THE REPORTING INDIVIDUAL. INCLUDE THE RELATIVES OF REPORTING INDIVIDUAL'S SPOUSE; OR ANY PERSON WHO IS A DIRECT DESCENDANT OF THE GRANDPARENTS OF THE REPORTING INDIVIDUAL OR OF THE REPORTING INDIVIDUAL'S SPOUSE.

<b>NAME OF FAMILY MEMBER</b>	<b>RELATIVE</b>	<b>EMPLOYMENT DEPARTMENT</b>

**5. GIFTS, HONORARIUMS AND CAMPAIGN CONTRIBUTIONS:**

LIST EACH SOURCE OF ALL CAMPAIGN CONTRIBUTIONS, TO YOU OR YOUR CAMPAIGN COMMITTEE, AND GIFTS FOR YOU IN EXCESS OF \$75.00, AND FOR YOUR SPOUSE AND DEPENDENT CHILDREN IN EXCESS OF \$500.00 RECEIVED DURING THE LAST YEAR, EXCLUDING GIFTS FROM A RELATIVE. THE TERM "GIFTS" INCLUDES GIFTS OF CASH, PROPERTY, PERSONAL ITEMS, PAYMENTS TO THIRD PARTIES ON YOUR BEHALF, FORGIVENESS OF DEBT, HONORARIUMS, AND ANY OTHER PAYMENTS THAT ARE NOT REPORTABLE AS INCOME.

<b>NAME OF FAMILY MEMBER</b>	<b>NAME &amp; ADDRESS OF DONOR</b>	<b>CATEGORY AMOUNT</b>

**6. THIRD-PARTY REIMBURSEMENTS:**

IDENTIFY AND DESCRIBE THE SOURCE OF ANY THIRD-PARTY REIMBURSEMENT FOR EXPENDITURES, INCLUDING BUT NOT LIMITED TO TRAVEL EXPENDITURES, IN EXCESS OF \$1,000.00 FOR ANY MATTER THAT RELATES TO YOUR OFFICIAL DUTIES. THE TERM "REIMBURSEMENT" INCLUDES ANY TRAVEL-RELATED EXPENSES PROVIDED BY ANYONE OTHER THAN THE CITY OF LONG BEACH FOR SPEAKING ENGAGEMENTS, CONFERENCES, OR FACT-FINDING EVENTS THAT RELATE TO YOUR OFFICIAL DUTIES.

<b>SOURCE</b>	<b>DESCRIPTION</b>	<b>CATEGORY AMOUNT</b>

## **7. INTERESTS IN CONTRACTS**

DESCRIBE ANY INTEREST OF YOU, YOUR SPOUSE, OR YOUR DEPENDENT CHILDREN IN ANY CONTRACT INVOLVING THE CITY OF LONG BEACH.

## **8. POLITICAL PARTIES:**

LIST ANY POSITION YOU HELD WITHIN THE LAST YEAR AS AN OFFICER OF ANY POLITICAL PARTY, POLITICAL COMMITTEE, OR POLITICAL ORGANIZATION. THE TERM "POLITICAL ORGANIZATION" INCLUDES ANY INDEPENDENT BODY OR ANY ORGANIZATION THAT IS AFFILIATED WITH OR A SUBSIDIARY OF A POLITICAL PARTY.

NAME OF FAMILY MEMBER	CONTRACT DESCRIPTION

**THE REQUIREMENTS OF LAW RELATING TO THE REPORTING OF FINANCIAL INTERESTS ARE IN THE PUBLIC INTEREST AND NO ADVERSE INFERENCE OF UNETHICAL OR ILLEGAL CONDUCT OR BEHAVIOR WILL BE DRAWN MERELY FROM COMPLIANCE WITH THESE REQUIREMENTS.**

**FALSE STATEMENTS MADE HEREIN ARE PUNISHABLE AS A CLASS "A"  
MISDEMEANOR PURSUANT TO SECTION 210.45 OF THE PENAL LAW.**

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**(SIGNATURE OF REPORTING INDIVIDUAL)**

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DATE