



The five axes of the Turtle: symmetry and asymmetry in NGC 6210

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The five axes of the Turtle: symmetry and asymmetry in NGC 6210

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ABSTRACT

We carry out a comprehensive kinematic and morphological study of the asymmetrical planetary nebula: NGC 6210, known as the Turtle. The nebula's spectacularly chaotic appearance has led to proposals that it was shaped by mass transfer in a triple star system. We study the three-dimensional structure and kinematics of its shells, lobes, knots, and haloes by combining radial velocity mapping from multiple long-slit spectra with proper motion measurements from multi-epoch imaging. We find that the nebula has five distinct ejection axes. The first is the axis of the bipolar, wind-blown inner shell, while the second is the axis of the lop-sided, elliptical, fainter, but more massive intermediate shell. A further two axes are bipolar flows that form the point symmetric, high-ionization outer lobes, all with inclinations close to the plane of the sky. The final axis, which is inclined close to the line of sight, traces collimated outflows of low-ionization knots. We detect major changes in outflow directions over the last 6000 years, beginning in the pre-planetary nebula phase and continuing through the ionization of the nebula, which began 3500 years ago. Most notably, all redshifted low-ionization knots have kinematic ages greater than 2000 years, whereas all blueshifted knots have ages younger than 2000 years. Such a sudden and permanent 180-degree flip in the ejection axis at a relatively late stage in the nebular evolution is a challenge to models of planetary nebula formation and shaping.

Key words: planetary nebulae: individual: NGC 6210 – stars: AGB and post-AGB – stars: jets – stars: mass-loss – techniques: imaging spectroscopy

1 INTRODUCTION

NGC 6210 is a bright and relatively large planetary nebula (PN) in the northern constellation of Hercules, first described by Friedrich Georg Wilhelm von Struve (1827).¹ Early photographic images (Curtis 1918; Duncan 1937) already revealed the complex shape of the nebula, described by Duncan as having a “*bizarre form*”. Other descriptions of the nebula include “*resembling the popular artist’s conception of an atom*” (Feibelman 1971), or “*a mid-air collision of two intergalactic warships*” (O’Meara 2007), or, more succinctly, “*messy*” (Soker 2004).

More recent images, obtained with the *Hubble Space Telescope* (*HST*)² are shown in Figure 1, with the most important morphological features labelled in the upper panels. In most emission lines, such as H α λ 6563 and [O III] λ 5007, the brightest part of the nebula is the inner shell, which is elongated approximately NNW–SSE, with a peanut-like shape. The larger and fainter intermediate shell is

elongated on a roughly perpendicular axis and is not centered on the progenitor star, but is offset towards the WSW. Outside these shells are the four lobes of the nebula, which form the “flippers” of the Turtle. In low-ionization lines, such as [N II] λ 6583, the shells emit only faintly and the lobes are not seen at all. Instead, the brightest emission comes from a series of individual knots and knot complexes (seen as pink in Figure 1d). The N knot is the farthest from the star and is superimposed on the N lobe, with no counterpart to the S. The NW knot and SE knot form a symmetrical pair, although the SE knot is closer to the star. The brightest of the more diffuse knot complexes are concentrated to the N and W of the star.

Spectrophotometry of NGC 6210 at UV, optical, and infrared wavelengths (Rubin et al. 1997; Kwinter & Henry 1998; Liu et al. 2004; Pottasch et al. 2009; Bohigas et al. 2015) have provided ionic and elemental abundances, together with electron densities and temperatures in the bright inner shell. Distance estimates range from 1.5 to 2.1 kpc (Hajian et al. 1995; Frew et al. 2016), and we adopt 2 kpc in this paper. There have been many previous studies of the internal kinematics of the nebula (Osterbrock et al. 1966; Weedman 1968; Becker et al. 1984; Icke et al. 1989; Rechy-García et al. 2020) but the lack of a single dominant symmetry axis has made it difficult to derive a comprehensive spatio-kinematic model. The same lack of symmetry has led to speculation (Soker 2004; Bear

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¹ Facsimile available at <https://books.google.com.mx/books?id=R9JAAAAcAAJ&pg=PA88>.

² <https://www.spacetelescope.org/images/opo9836f/> and <https://www.spacetelescope.org/images/potw1026a/>.

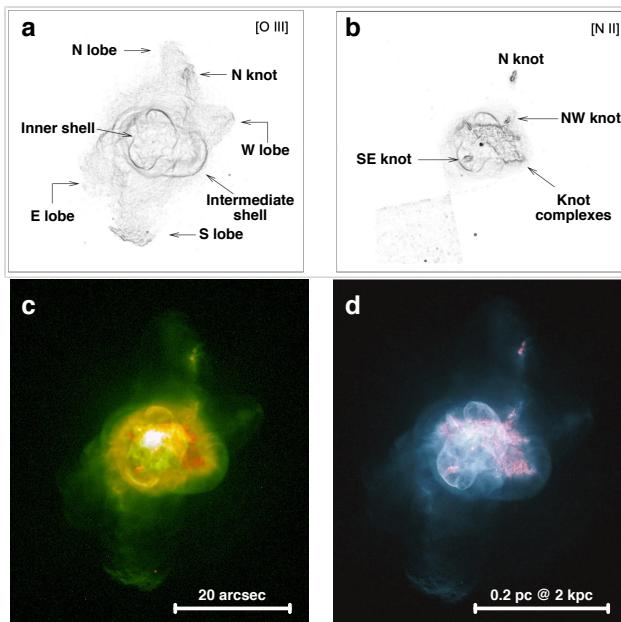


Figure 1. Images from the *HST* WFPC2 camera of NGC 6210. (a) A logarithmic stretch and an edge-detection algorithm are applied to an [O III] $\lambda 5007$ image, in order to accentuate small-scale structure and remove large-scale radial brightness gradients. The most salient nebular features are labeled for reference. (b) Same, but for [N II] $\lambda 6583$. (c) Two-color composite image of [O II] $\lambda 3727$ (red) and [O III] $\lambda 5007$ (green). Image credit: Robert Rubin and Christopher Ortiz (NASA/ESA Ames Research Center), Patrick Harrington and Nancy Jo Lame (University of Maryland), Reginald Dufour (Rice University), and NASA/ESA. (d) Three-color composite image of [N II] $\lambda 6583$ (red), broad V band (green), and [O III] $\lambda 5007$ (blue). Image credit: ESA/Hubble and NASA.

& Soker 2017) that the nebula has been shaped by an interacting triple star system.

In this work we present a thorough spectral mapping of all the morphological elements of the PN obtained at high spectral resolution, which allows us to disentangle the various spatio-kinematic components and provides an overall view of its structure and evolution. In § 2, we describe our spectroscopic observations and corresponding data-reduction steps. In § 3 we describe the proper motions that we derive from archival *HST* images. In § 4 we extract kinematic components from the slit spectra and classify them into different systems under the categories of shells, knots, lobes and halo, which are each analysed. In § 5 we combine the proper motion and spectroscopic observations to reconstruct the three-dimensional structure of the nebula and derive its mass-loss history. In § 6 we discuss our results in the broader context of planetary nebula studies and post-AGB stellar evolution. Finally, in § 7 we summarise our conclusions. Technical details of the density calibration and ionization diagnostics are given in appendices.

2 LONGSLIT SPECTROSCOPY

Longslit echelle spectroscopic observations of the nebula NGC 6210 were performed with the 2.1 m telescope at the Observatorio Astronómico Nacional at San Pedro Mártir (OAN-SPM), Baja California, México. We used the Manchester Echelle Spectrometer (MES-SPM) (Meaburn et al. 2003) on the 2.1 m telescope in its

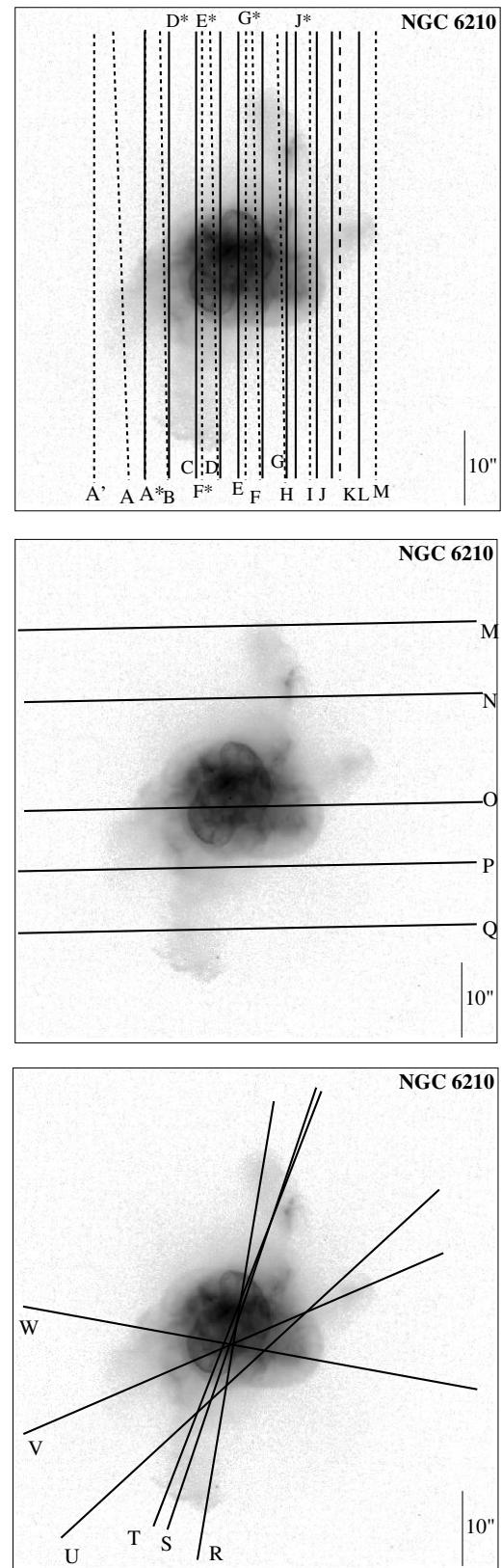


Figure 2. Spectrograph slit positions for vertical orientations (upper panel), horizontal orientations (middle panel), and diagonal orientations (lower panel). Background image in each case is an *HST* [O III] image of the nebula. In the top panel, slit positions from the 2015 season are indicated as solid lines and positions from other seasons are shown as dashed lines (see Table 1 for details).

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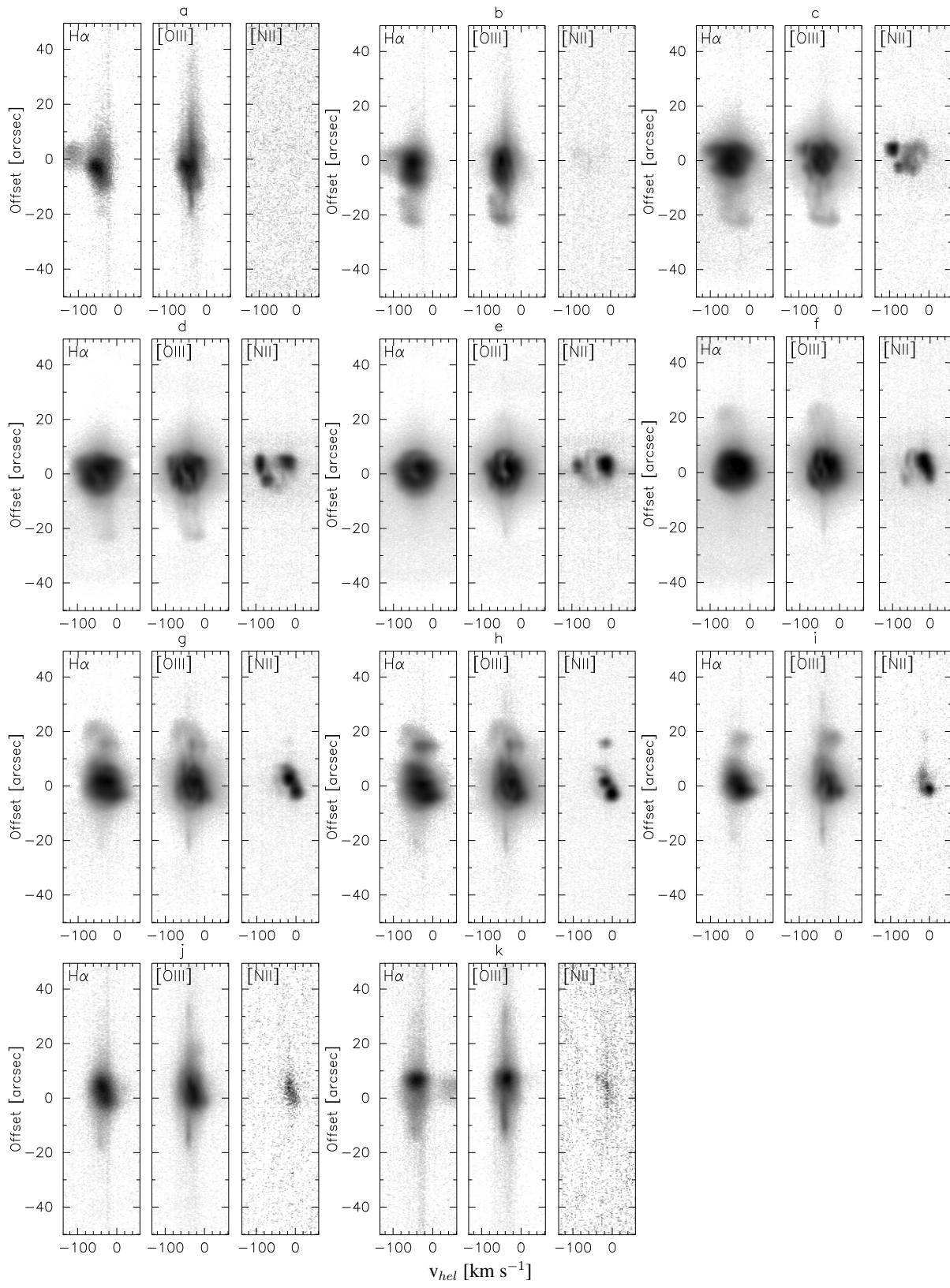


Figure 3. Position–velocity line profiles for the slit positions from the 2015 run are shown in sets where the H α bi-dimensional line profile is on the left panel of the set, the [O III] line profile is on the central panel and the [N II] line profile is on the right panel. The corresponding slit positions are indicated at the top of each set of line profiles. The velocity scale is heliocentric and the spatial scale is indicated in arcsec with respect to the central star.

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Table 1. OAN MES-SPM high-resolution spectroscopy of NGC 6210

Epoch	Exposure (s)	Spectral Range	Width (μm)	P.A. ($^{\circ}$)	Slit Label
(1)	(2)	(3)	(4)	(5)	(6)
1998/06/28	30	H α	150	90	O
1998/06/28	300	H α	150	90	N
1998/06/28	1200	H α	150	90	M,P,Q
2003/06/05	1800	H α	70	0	A,B,D*,E*,F,H,I,K
2003/10/16	1800	H α	70	-21	T
2003/10/16	1800	H α	70	-68	V
2003/10/17	1800	H α	70	77	W
2004/06/13	1800	[O III]	70	-9	R
2004/06/14	1800	[S II]	150	-19	S
2004/06/13	1800	[O III]	70	-19	S
2004/06/13	1800	[O III]	70	-56	U
2004/06/14	1800	[O III]	150	0	A',L
2011/05/21	1800	H α	150	0	G*
2011/05/21	600	[O III]	150	0	G
2013/07/06	1800	H α	150	0	C,I,J
2015/08/18	1800	H α , [O III]	70	0	C,D,E,F,G
2015/08/19	1800	H α , [O III]	70	0	B,A*,I
2015/08/20	1800	H α , [O III]	70	0	H,J,K
2019/09/18	1800	H α	150	56	X

COLUMNS: (1) Date of each observing run. (2) Length of each spectroscopic exposure. (3) Spectral range of each observation. H α includes [N II] $\lambda 6548, 83$ and He II $\lambda 6560$. [S II] includes both doublet lines $\lambda 6716, 31$. (4) Slit width in microns. (5) Position angle of slit orientation in degrees. (6) Labels assigned to each slit position, see Fig. 2.

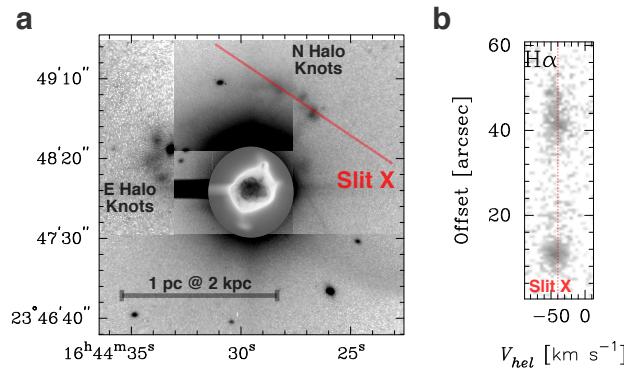


Figure 4. Deep images and spectra of the outer halo of NGC 6210, showing knotty structure. (a) Composite mosaic of [O III] images, each with an exposure time of 1800 s, giving a combined field of view of $3' \times 3'$ centered on the nebula. The position of slit position X is shown, for which a deep H α spectrum was obtained. Note that different sections of the mosaic are shown with different brightness normalizations, leading to abrupt jumps at the boundaries. The images were taken with an occulting bar that blocks out the bright core of the nebula, allowing the faint halo to be seen. (b) H α spectrum from Slit X, showing emission from two of the halo knots. The red dotted line shows the nebular nominal systemic velocity.

f/7.5 configuration. The MES-SPM is a long-slit, echelle spectrometer that has no cross-disperser; it isolates single orders using interference filters. We used a 90 Å and 50 Å bandwidth filter to isolate the 87th and 114th orders containing the H α + [N II] 6583 and [O III] 5007 Å nebular emission lines, respectively. Spectroscopic data on NGC 6210 was collected within our regular observing pro-

grams over nine observing runs from 1998 to 2019. Table 1 shows the log of observations, and the location of each slit is shown on an [O III] *HST* archive image in Figure 2. In the top panel the vertical solid lines represent the set of 11 slits obtained in the 2015 run. The vertical dashed lines represent 12 slit positions from other runs, in some cases they are highly coincident in location with the 2015 set but selected for reasons such as different exposure times or spectral range. The middle panel shows 5 slit positions oriented E-W and the bottom panel 6 slit positions obtained at position angles that align with specific features, such as collimated outflows or the twisted arms of the nebula. In order to establish the exact position with respect to the nebula of the slit in each pointing, we use an automatic procedure available in MES-SPM prior to the spectroscopic exposure.

During the 21 year span of the observations, the spectrograph was fitted with a variety of CCD detectors: TEK-1 (1998), SITE-3 (2003–2004), Marconi E2V-4240 (2011–2019). The TEK-1 and SITE-3 detectors consisted of 1024×1024 square pixels, each $24 \mu\text{m}$ on a side, used with 2×2 binning to give a plate scale of 0.624 arcsec per double-binned pixel and a projected slit length of 5.32 arcmin . The spectral resolution was 11.5 km s^{-1} for the $150 \mu\text{m}$ (1.9 arcsec) slit and 4.6 km s^{-1} for the $70 \mu\text{m}$ (0.95 arcsec) slit. The Marconi detector has 2048×2048 square pixels, each $13.5 \mu\text{m}$ on a side. Again, 2×2 binning was used to give a plate scale of 0.352 arcsec per double-binned pixel and a projected slit length of 5.47 arcmin , with a spectral resolution of 11.9 km s^{-1} ($150 \mu\text{m}$ slit) or 5.9 km s^{-1} ($70 \mu\text{m}$ slit).

All data was reduced using standard IRAF³ routines. Bias and cosmic-ray removal was followed by rectification and first-order wavelength calibration of the two-dimensional spectra based on the comparison spectrum of a Th/Ar lamp, yielding an accuracy in velocity units of $\pm 1 \text{ km s}^{-1}$. Figure 3 shows example position-velocity arrays of (left-to-right) H α $\lambda 6563$, [O III] $\lambda 5007$, and [N II] $\lambda 6583$ for the 11 individual positions from the 2015 run. The velocity scale is heliocentric and the scale along the slit is specified as arcsecond offsets from the central star. An additional slit (X, shown in Figure 4) was placed on the northern outskirts of the nebula in the outer halo of NGC 6210 where filaments had been clearly detected in some of our deep images.⁴ Most of the spectra presented here are publicly available from the San Pedro Mártir Kinematic Catalogue of Galactic Planetary Nebulae⁵ (López et al. 2012).

3 PROPER MOTIONS

We employ archival emission line images from the Wide-Field Planetary Camera 2 (WFPC2, Holtzman et al. 1995) of the *Hubble Space Telescope* (*HST*) to derive plane-of-sky motions in the nebula. The images, which we downloaded from the Barbara A. Mikulski Archive for Space Telescopes,⁶ come from observations made between 1997 (Cycle 6) and 2008 (Cycle 16) via proposal IDs 6792, 7501, 8773, and 11122. Images were aligned with Astrodrizzle⁷ and proper motions were estimated from pairs of images separated by 10 to 12 years, using the FLCT method (Welsch et al. 2004; Fisher

³ IRAF was originally distributed by the National Optical Astronomy Observatory, <http://ast.noao.edu/data/software>, and is currently available from <https://iraf-community.github.io>.

⁴ For this spectrum only, 3×3 pixel on-chip binning was used.

⁵ <http://kincatpn.astrosen.unam.mx>

⁶ MAST, <https://archive.stsci.edu/>

⁷ <https://drizzlepac.readthedocs.io>

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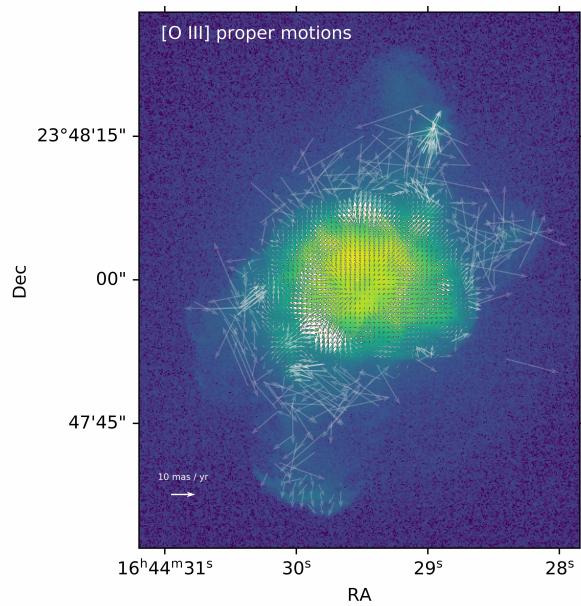


Figure 5. Proper motions derived from two HST [O III] images (F502N filter) separated by 10.45 years, using the FLCT algorithm with a Gaussian window width of 10 pixels. The key at bottom left shows a proper motion of 10 mas yr^{-1} , corresponding to 95 km s^{-1} for an assumed distance of 2 kpc.

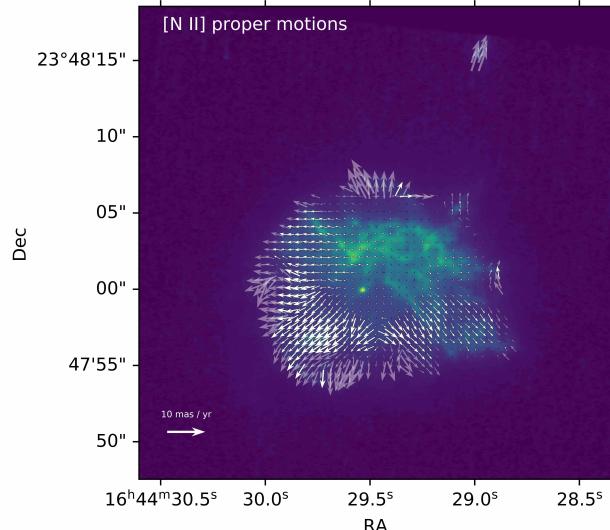


Figure 6. As Fig. 5 but for two HST [N II] images (F658N filter). Note that the field of view is cropped slightly smaller than for [O III].

& Welsch 2008).⁸ Results are shown in Figures 5 and 6 for [O III] (filter F502N) and [N II] (filter F658N), respectively. In both cases, the images were remapped to a uniform square pixel grid at the

⁸ We used version 1.07 of FLCT, obtained from <http://cgem.ssl.berkeley.edu/cgi-bin/cgem/FLCT/home>, together with version 1.04 of the Python wrapper pyflct, obtained from <https://github.com/PyDL/pyflct>.

WFC resolution of $0.1 \text{ arcsec pix}^{-1}$ before applying the algorithm. The resultant per-pixel motions between the two epochs are found to be of order 0.5 pix ($\approx 5 \text{ mas yr}^{-1}$) and these raw results were then corrected by applying a global shift to force the motion of the central star to be zero. The systematic error from the global alignment of the two epochs is estimated to be 1.5 mas yr^{-1} , which is expected to dominate the proper motion uncertainties in the brighter parts of the nebula. In fainter and more featureless regions of the nebula, the proper motions are increasingly affected by random noise, which we indicate by partially transparent arrows in the figures, such as can be seen in parts of the lobes in Figure 5. To convert the angular motions into transverse velocities, we assume a distance of 2 kpc, so that 10 mas yr^{-1} is equivalent to 95 km s^{-1} .

In both lines, we find motions that are predominantly radial from the central star. From the [O III] images (Fig. 5), the fastest plane-of-sky motions are of order 60 km s^{-1} , and are chiefly along the NNW–SSE direction, including the projected major axis of the inner peanut shell, the NW knot, the N jet, and the end-cap of the S lobe. Motions along the perpendicular ENE–WSW direction are typically slower, of order 30 km s^{-1} . Note that proper motions are unavailable for the end cap of the N lobe since the second epoch HST image does not cover this region. The [N II] images (Fig. 6) show a similar expansion pattern for the features that are visible in both lines. Remarkably low plane-of-sky velocities of $\leq 15 \text{ km s}^{-1}$ are seen for the [N II]-bright knot complexes immediately north and west of the central star.

Previously, Schönberner et al. (2018) have also studied the proper motions in the Turtle Nebula, based on the same HST observations as those used here. They employ a magnification method, which implicitly assumes a homologous expansion, finding a magnification factor over the 10 to 11-year baseline of $M = 1.0085 \pm 0.0005$ for the inner high-ionization shell (which they call the cavity rim) and $M = 1.0055 \pm 0.0005$ for the low-ionization knot complexes (see their Table 2). After conversion to velocity units (assuming a distance of 2 kpc), these are consistent within the stated errors with our own average results for each of these two nebular components.

4 KINEMATIC COMPONENTS FROM SLIT SPECTRA

In order to investigate the kinematics of the nebula in detail, we have measured the velocities of distinct emission components in each slit spectrum and organized them into broad systems based on their location, morphology and degree of ionization. Maps of the individual slit positions, marked with the position and velocity of each component are presented in Figures 7 to 11. All line-of-sight velocities are given with respect to a nominal systemic heliocentric velocity of -40 km s^{-1} , which we choose as a typical velocity of the planetary nebula halo. The figures are organized according to the different nebular features shown in Figure 1: shells (Figure 7 for [O III] and Figure 8 for He II), knot complexes (Figure 9), outer lobes (Figure 10), and halo (Figure 11). Each of these features is discussed in more detail below.

4.1 High-ionization shells

These systems represent the majority of the [O III] emission in the core of the nebula and show a nested elliptical shell morphology. Figure 7 shows the [O III] emission components associated with these shells, as derived from the longslit spectra, separated into negative and positive velocities with respect to the nominal systemic

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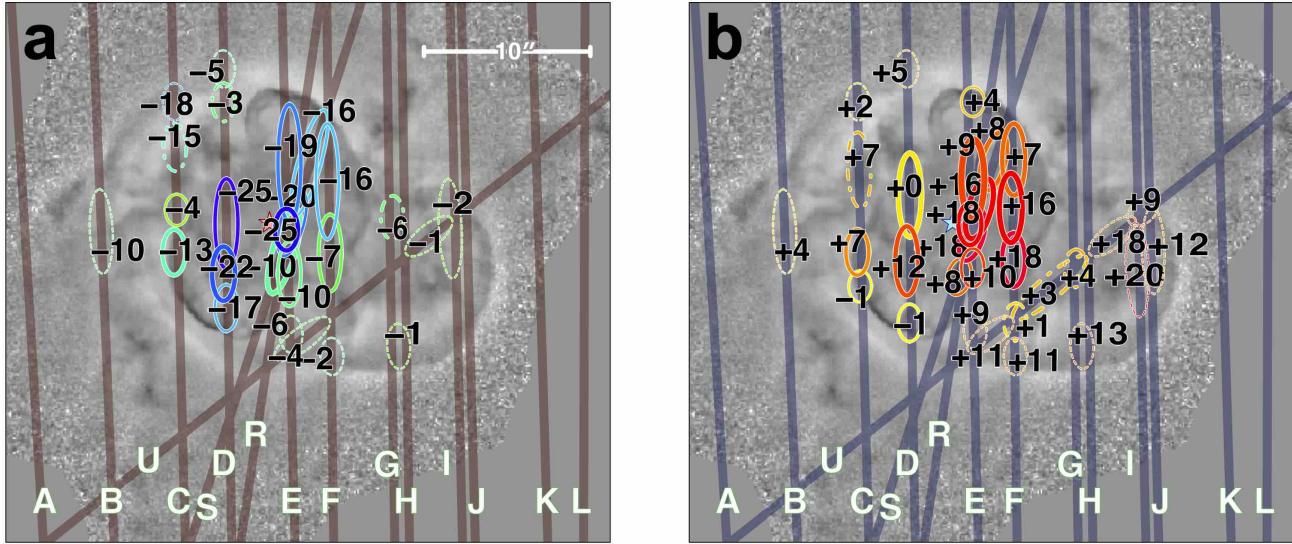


Figure 7. Velocity features in the high-ionization shells, which have been identified in the [O III] slits. Left panel shows blue-shifted features, while right panel shows red-shifted features, each labelled with their line-of-sight velocity with respect to the nominal systemic velocity of -40 km s^{-1} . Solid lines show features in the inner shell, dashed lines show features in the intermediate shell, and dot-dashed lines show miscellaneous features between the two shells. The line width is a qualitative indicator of the brightness of each feature. The background grayscale shows a high-pass filtered version of the HST [O III] image.

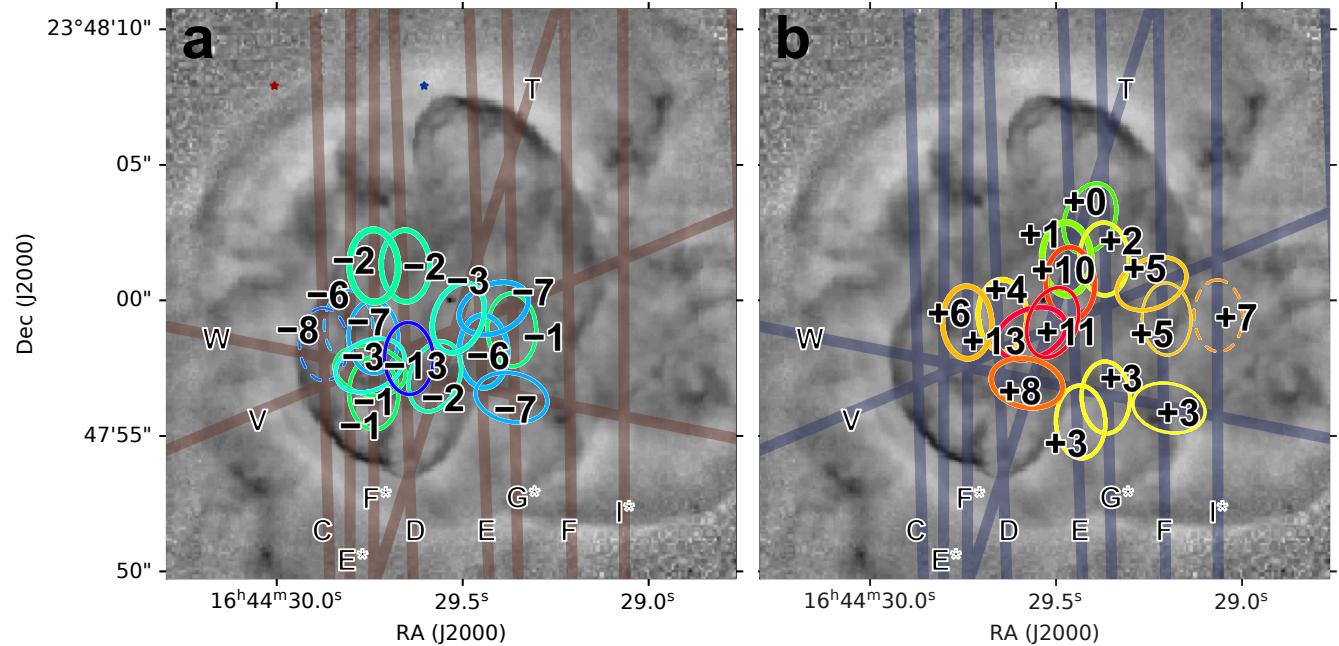


Figure 8. Velocity features in the highest-ionization gas, which have been identified in the He II slits. Left panel shows blue-shifted features, while right panel shows red-shifted features, each labelled with their line-of-sight velocity with respect to the nominal systemic velocity of -40 km s^{-1} . The line width is a qualitative indicator of the brightness of each feature, with dashed lines showing the very faintest features. The background grayscale image is the same as in Fig. 7.

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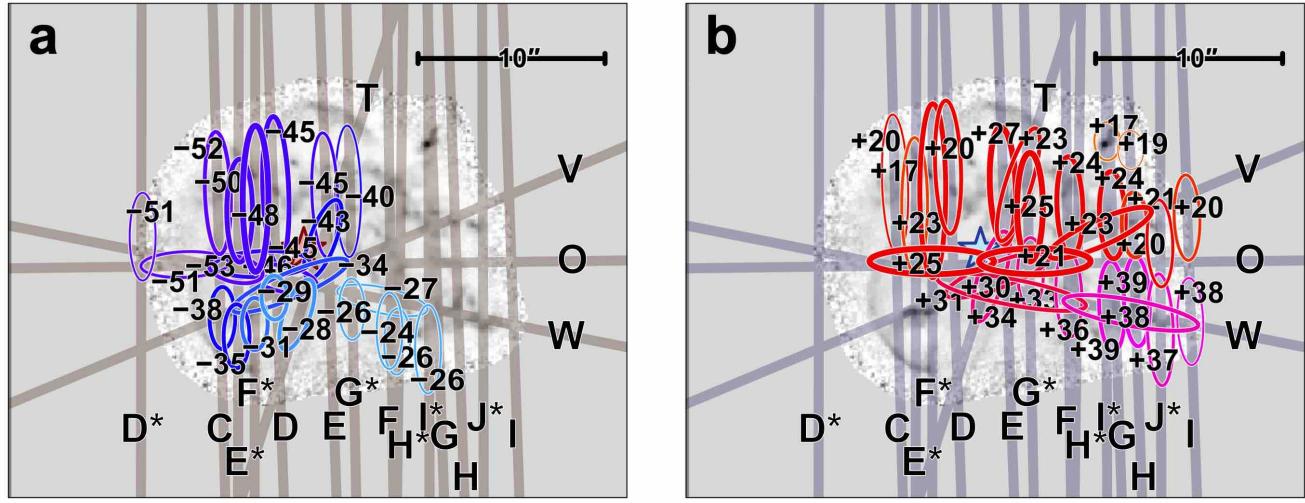


Figure 9. Velocity features in the low-ionization knot complexes, which have been identified in the [N II] slits. Left panel shows blue-shifted features, while right panel shows red-shifted features, each labelled with their line-of-sight velocity with respect to the nominal systemic velocity of -40 km s^{-1} . The line width is a qualitative indicator of the brightness of each feature.

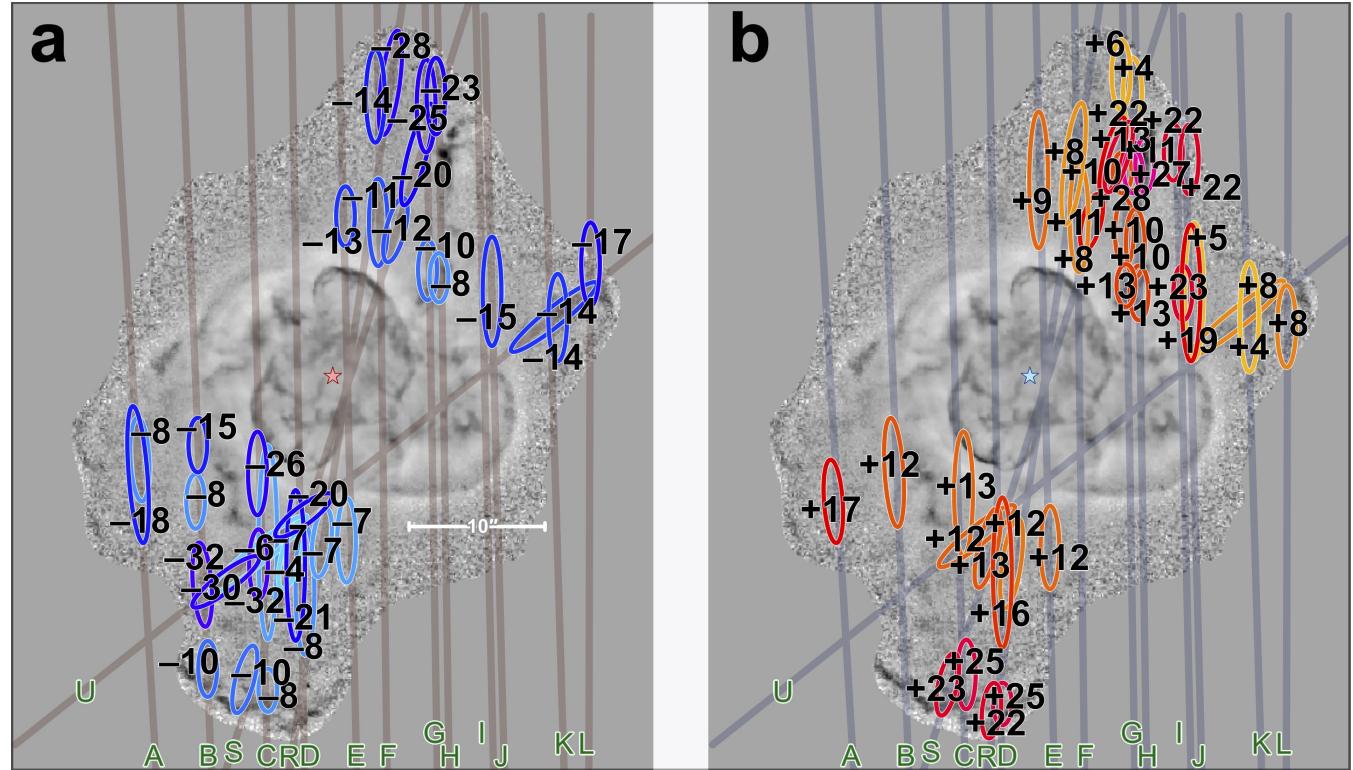


Figure 10. Velocity components in the outer lobes, which have been identified in the [O III] slits. (a) Blue-shifted components identified in individual slits. (b) Red-shifted components identified in individual slits.

velocity (left and right panels, respectively). The inner shell, with a radius of $5''$ to $7''$, is the brightest and is indicated by thick-lined colored ellipses. The edge of the more extended intermediate shell, with a radius of $8''$ to $12''$, is 10 to 100 times fainter than the inner shell and is indicated by thinner dashed ellipses. Additional

miscellaneous emission features located in between these shells are indicated by dot-dashed ellipses. Further features that seem to be associated with the low-ionization knots discussed below in § 4.2 are omitted from the figure.

The inner shell has an irregular peanut-like shape with an

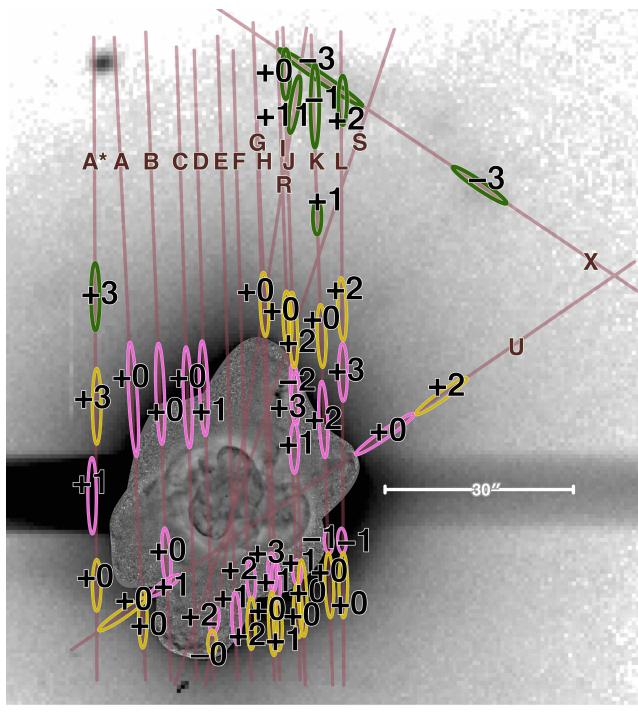


Figure 11. Velocity components in the halo, all measured from the [O III] spectra with slit positions as indicated. Components are divided into three classes: inner halo (pink ellipses), outer halo (yellow ellipses), and halo knots (green ellipses). The inner portion of the background image is the same high-pass-filtered *HST* image shown in Figs. 7 and 10. The outer portion of the background image is a deep [O III] exposure of the halo obtained with MES-SPM in direct imaging mode with an occulting bar (see Fig. 4).

apparent elongation along PA $\approx 160^\circ$. The intermediate shell is elongated roughly perpendicular to this, along PA $\approx 70^\circ$. In Figure 12 we plot the velocity of each shell component against position along each of these axes, which we denote axis A and axis B. Each component was assigned to only one axis (A or B), according to its location, but this assignment is unavoidably subjective for components near the center, where the two axes cross.

Along axis A a closed velocity ellipse can be seen for the inner shell, with a maximum splitting of $\pm 22 \text{ km s}^{-1}$ close to the central star and velocities close to zero at either end ($\pm 7''$). The pattern is not entirely symmetric, with a slight gradient of $\pm 3 \text{ km s}^{-1}$ along the length, in which the more negative velocities are at the SSE end. The centroid of the ellipse is also shifted by -3.5 km s^{-1} with respect to the systemic velocity.

Along axis B, which is the apparent minor axis of the inner shell ($\pm 5''$), the ellipse is distorted and the gradient is much more pronounced: $\pm 11 \text{ km s}^{-1}$, with the more negative velocities at the ENE end (large blue circle symbols in lower panel of Fig. 12). Velocity splitting of $\pm 9 \text{ km s}^{-1}$ is seen near both ends, but it is not clear from the [O III] spectra if the ends are closed or open, since none of the [O III] slits are aligned with this axis. However, one of the [N II] slits (slit W) is indeed oriented close to axis B and, although the shell emits only weakly in [N II], the distorted ellipse is clearly closed at the ENE end (large pink triangle symbol in Fig. 12). The situation is not so clear at the WSW end since any [N II] emission from the shell is swamped by brighter emission

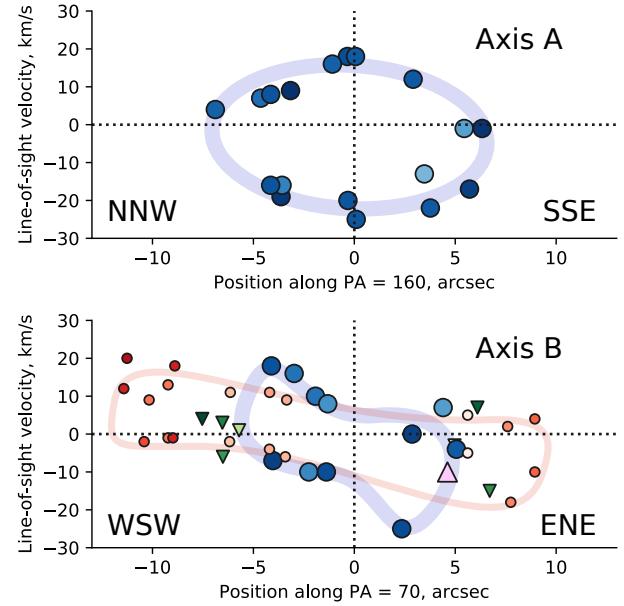


Figure 12. Radial velocity versus position for the shell features shown in Fig. 7. Results are shown along two axes: Axis A (upper panel) is the apparent projected major axis of the inner shell, while Axis B (lower panel) is perpendicular to this. Large blue circles show the inner shell, small red circles show the intermediate shell, and green triangles show miscellaneous features between the two shells. Darker colors indicate features that are closer to each respective axis. Colored lines are merely to guide the eye, and show possible interpretations of the shell kinematics along the two axes.

from the knot complexes. However, the evidence from *HST* imaging suggests that the shell is closed in this direction also.

The intermediate shell along axis B repeats a similar kinematic pattern to the inner shell, but at larger radii. It is represented by dashed ellipses in Figure 7 and small red circle symbols in Figure 12. The gradient ($\pm 9 \text{ km s}^{-1}$) and splitting ($\pm 8 \text{ km s}^{-1}$) are both marginally smaller than for the inner shell. Note that, unlike the inner shell, the intermediate shell is markedly lop-sided, extending $12''$ to the WSW, but only $10''$ to the ENE.

The miscellaneous high-ionization components lie outside the inner shell, and are represented by dot-dashed ellipses in Figure 7 and small green triangle symbols in Figure 12. They do not show any marked kinematic pattern, but are broadly compatible with the velocities of nearby portions of the intermediate shell.

In order to trace the more highly photo-ionized gas in the nebula, we also analyze the weak He II 6560.10 line, which is seen in the blue wing of the H α line, displaced in velocity units by -123 km s^{-1} . Figure 13 shows a three-color combination of channel maps in this line, reconstructed from our slit spectra. It can be seen that the emission is more centrally concentrated than other emission lines (contours show the HST [O III] image for comparison) and is mainly confined to the inner shell. Note that the red channel is partially contaminated by H α emission in some slits. It is also notable that the He II emission is lop-sided in the opposite sense to the other emission lines, with a brightness peak that is displaced $\approx 2.5''$ to the south of the central star. All three of the lines H α , [N II], and [O III] have a brightness peak that is displaced $\approx 2''$ to the north of the central star.

Further details of the He II kinematics are illustrated in Figure 8,

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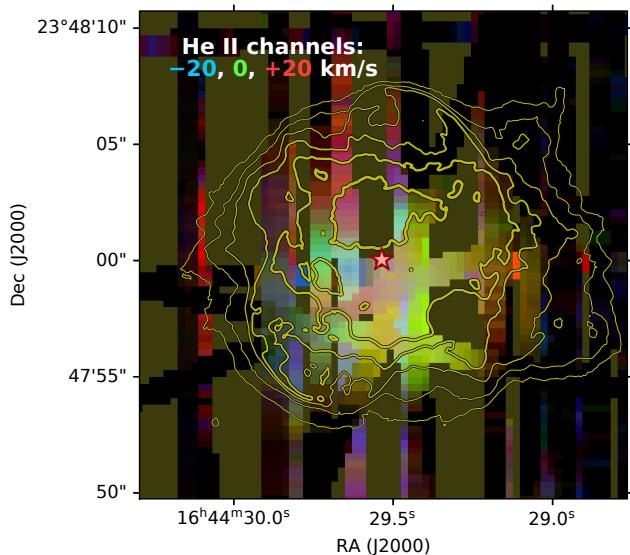


Figure 13. Reconstructed velocity channel maps from the He II slit spectra, showing the highest ionization gas in the nebula. The color image is constructed from 3 channels, each of width 20 km s^{-1} , as indicated in the figure. Contours show the [O III] HST image. The star symbol indicates the position of the central star. No spatial interpolation is performed, so regions between the slits are lacking data, indicated by olive green color.

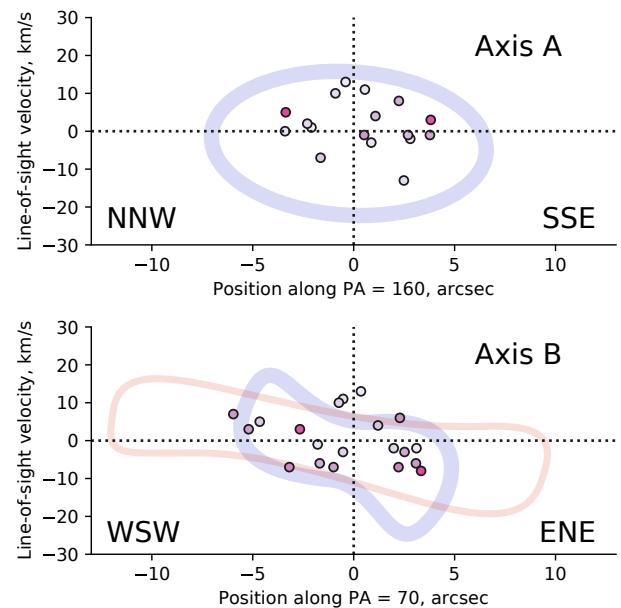


Figure 14. Radial velocity versus position for the He II shell features shown in Fig. 8. Results are shown projected along the same two axes as in Fig. 12: Axis A (upper panel) and Axis B (lower panel). Colored lines show the [O III] shells from Fig. 12.

which shows velocity features identified in the slit spectra. For the slits that pass closest to the central star, a full velocity ellipse is visible in the spectrum, in which case four velocity components are measured, two corresponding to the maximum spatial extension and two to the maximum velocity splitting. For other slits, only a partial ellipse is seen and fewer velocity components are measured. As expected for an expanding shell structure, the largest absolute velocities (blue and red) are seen close to the center, with smaller absolute values around the periphery. On the other hand, there is also a clear tendency for bluer velocities towards the east and redder velocities towards the west, see also Figure 13.

Figure 14 shows the He II velocity components projected on to the same two axes, A and B, which were found above from analysis of the [O III] shell kinematics. The velocity and spatial scales are the same as in Figure 12 and the approximate loci of the [O III] shells are indicated by solid lines, which allows the [O III] and He II kinematics to be easily compared. The maximum He II velocity splitting of $\pm 13 \text{ km s}^{-1}$ is a little more than half as large as is seen in [O III]. Along axis A, the He II emission is also more spatially compact than in [O III]. Along axis B, on the other hand, the He II emission has a similar spatial extent to the inner [O III] shell, even extending slightly beyond the inner shell on the WSW side (for instance, the He II component detected in slit I*, as shown in the right panel of Fig. 8). A gradient of $\pm 7.5 \text{ km s}^{-1}$ is seen along axis B, which has the same sense as the slightly larger gradient seen in [O III] along the same axis.

4.2 Low-ionization knot complexes

The [N II] emission from the nebula is dominated by small-scale knots, as can be appreciated on the *HST* images (Figure 1). These knots have typical sizes $< 1''$ and so are not spatially resolved in our ground-based spectroscopy. A small number of isolated knots are individually detected in our spectra, but in general we detect only the combined emission of extended knot complexes. Figure 9 shows all the [N II] emission components identified from our spectra, but excluding those associated with the high-ionization shells discussed above. As previously, the components are divided into negative (left panel) and positive (right panel) velocities. In Figure 15 we classify the emission components into six knot complexes, plus three individual knots, whose plane-of-sky distribution and typical line-of-sight velocity are shown superimposed on the *HST* [N II] image (contours) and isovelocity channel maps reconstructed from our slit spectra (color images).

Figure 16 shows the velocity of each [N II] component as a function of position along the two axes that characterize the high-ionization shells: axis A at $\text{PA} = 160^\circ$ and axis B at $\text{PA} = 70^\circ$ (see § 4.1). The kinematics of the shells themselves are shown by faint continuous lines for comparison. Note that the extent of the velocity axis in this figure is twice as large as in Figure 12.

The upper panel of Figure 16 indicates that there is no clear velocity gradient along axis A, but the low-ionization knots have significantly faster radial velocities than the high-ionization shells, by roughly a factor of two. In addition, there is an asymmetry between the blue and red components: the blue-shifted knot complexes tend to have a larger radial velocity magnitude, but to have fainter [N II] emission, as compared with the red-shifted knot complexes.

From the lower panel of Figure 16, it is apparent that there is a significant gradient of $\approx 20 \text{ km s}^{-1}$ along axis B, which is seen in both blue-shifted and red-shifted components. The sense of this gradient is the same as that seen in the high-ionization shells along this axis. It is mainly due to velocity differences between complexes

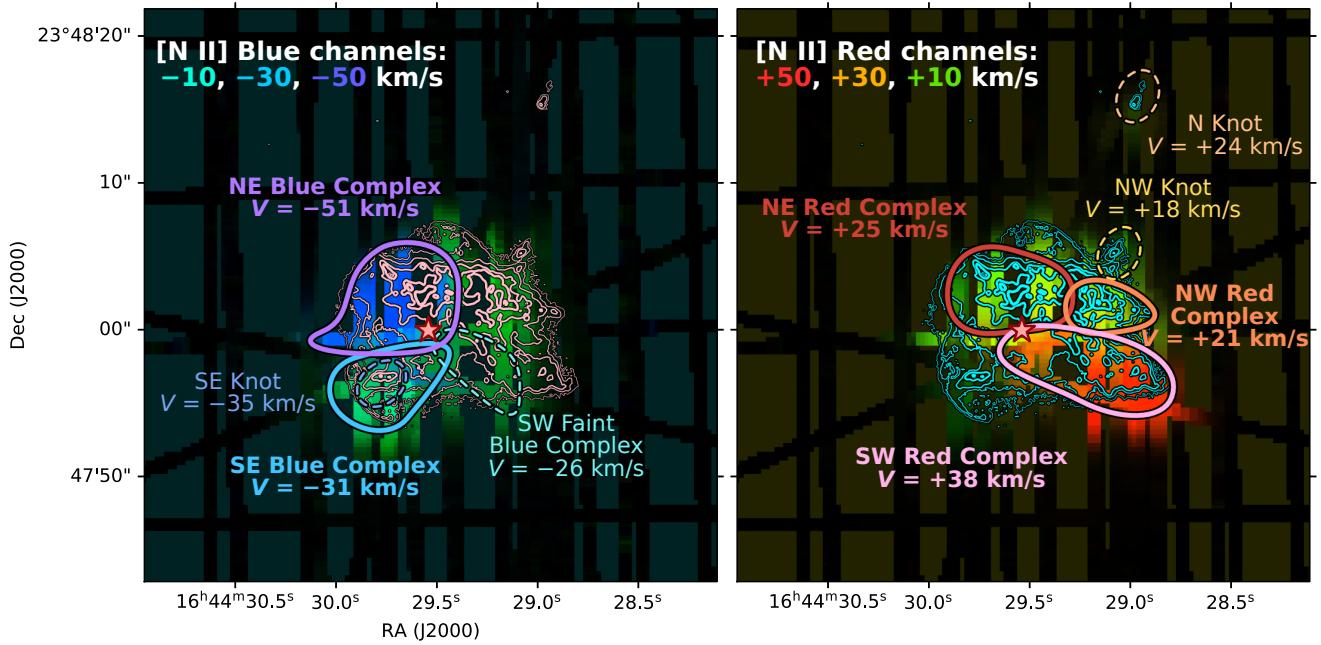


Figure 15. Reconstructed velocity channel maps from the [N II] slit spectra, showing the blue-shifted (left panel) and red-shifted (right panel) knot complexes. Note that channel maps have not been spatially interpolated, so that the individual slit positions can be seen. Each color image is constructed from 3 channels, each of width 20 km s^{-1} , as indicated on the figure. All velocities are with respect to the nominal heliocentric systemic velocity of -40 km s^{-1} . The low-ionization emission components from Fig. 9 have been classified into 6 knot complexes, which are shown as colored outlines. Regions that lack data are shown in dark turquoise (left panel) and olive green (right panel).

rather than within them, although both the SW Red and NE Blue complexes show significant internal gradients of $\approx 10 \text{ km s}^{-1}$ in the same direction. There is an approximate kinematic and spatial symmetry between pairs of opposite knot complexes: SW Red with NE Blue, NW Red with SE Blue, and NE Red with SW Faint Blue.

The knot complexes are also visible in the [O III] spectra, although they are fainter than the shells in this line. There is also a slight difference in velocity, with [O III] showing expansion velocities that are 2 to 5 km s^{-1} smaller than [N II]. If the expansion velocities within the knot complexes are assumed to increase with radius, then this is evidence for ionization stratification along the line of sight with the [O III] emission arising slightly closer to the star than [N II]. This is also consistent with the HST images (e.g., Figure 1d), which show that the [O III] emission associated with the complexes is more diffuse than the compact [N II] knots.

4.3 Outer lobes

The emission from the outer lobes is much fainter than the inner shell, and is most easily detected in [O III]. Figure 10 shows all the outer lobe velocity components that we have been able to measure from the [O III] slits: blue-shifted components in panel a and red-shifted components in panel b. We have not included all of the [O III] components that lie outside the inner shell, since some of these are closely associated with the low ionization knot complexes discussed above in § 4.2. Such [O III] components are omitted from the figure with the exception of the N knot and the NW knot (see Fig. 15).

As with the low-ionization knot complexes, there are many apparent pairings between blue and red outer lobe components on opposite sides of the nebula. This is illustrated in Figure 17, where we classify the components into four high-velocity systems, I to IV

with $|V| = 17 \text{ km s}^{-1}$ to 25 km s^{-1} (panel a) and six intermediate-velocity systems, V to X with $|V| = 5 \text{ km s}^{-1}$ to 14 km s^{-1} (panel b). Nearly all of these systems have a blue and a red component which are approximately symmetrically arranged about the central star. For instance, the blue-shifted II⁻ component in the north is paired with the red-shifted II⁺ component in the south. Note, however, that III⁻ and VII⁺ have no opposite counterparts.

The high-velocity systems seem to define three separate flow axes (Figure 17a). Most notably, system I, with $\text{PA} = (155 \pm 5)^\circ$, is closely aligned with axis A of the high-ionization shells at $\text{PA} \approx 160^\circ$ (see § 4.1), and also has the same sense of inclination (receding to the north). Although system II, with $\text{PA} = (171 \pm 5)^\circ$, is also marginally consistent in projection with axis A, the sense of inclination is opposite (receding to the south), implying that the axis is distinct, and we name it axis C. System IV, with $\text{PA} = (120 \pm 15)^\circ$, defines yet another axis, which we name axis D. Note that none of the outer lobe components are aligned with axis B of the high-ionization shells.

The intermediate velocity systems (Fig. 17b) are less well collimated than the high-velocity components, but seem to be aligned with the same three axes: A, C, and D. This is most clearly seen in the East and West Lobes, where systems V and X overlap the higher velocity system IV along axis D. They may represent slower moving entrained material or bow shock wings from the same flow. The same is true of the North and South Lobes, where systems VI, VII, VIII, and IX overlap the higher velocity systems I and II. However, the fact that axis A and axis C have similar projected position angles makes it hard to assign each intermediate velocity system to one axis or the other.

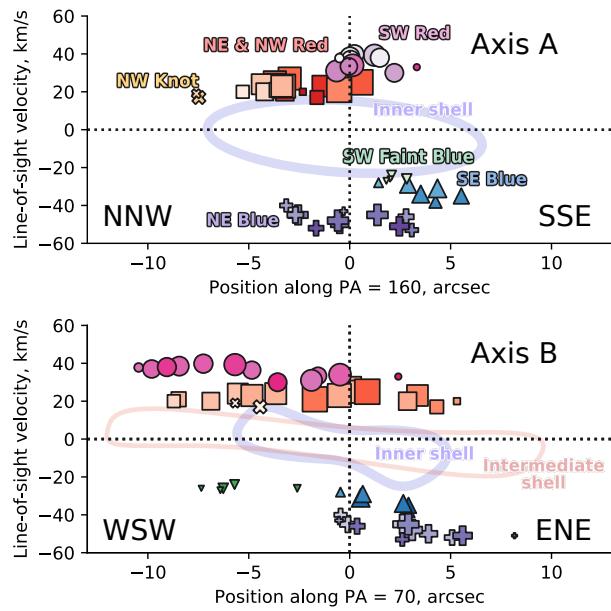


Figure 16. Radial velocity versus position for the low-ionization features shown in Fig. 9. Results are shown projected along the same two axes, Axis A (upper panel) and Axis B (lower panel), as in Fig. 12, but this time each feature is shown projected along both axes. The features are divided into different knot complexes, as shown in Fig. 15, which are indicated by symbol type and color. Symbol size is proportional to feature brightness (log scale) and symbol shade indicates position along the other axis (darker is more positive). Continuous lines show the same high ionization shells as in Fig. 12.

4.4 Haloes

Figure 11 shows the velocity components from the [O III] slits that are close to the systemic velocity, and which are mainly associated with the nebula halo. These components can be divided into three different types, according to the width and location of the component. The *inner halo* (pink ellipses in the figure) is characterised by broad lines, while the *outer halo* (yellow ellipses in the figure) is characterised by narrower lines. After correcting for instrumental broadening, the full-width half-maximum line widths are $W = (28 \pm 2)$ km s $^{-1}$ for the inner halo, but only $W = (14 \pm 1)$ km s $^{-1}$ for the outer halo.

The outer halo shows a smooth drop in brightness with distance between about 20'' and 30'' from the central star, beyond which it generally becomes undetectable in our spectra, although it can still be seen in the very deep image shown as the background to Figure 11. Some bright emission patches are detected at larger radii (40'' to 70''), which we denote *halo knots* (dark green ellipses in the figure). These have a corrected velocity width intermediate between the inner and smooth outer halo, $W = (19 \pm 1)$ km s $^{-1}$ but the signal-to-noise is low.

There is no clear pattern to the small velocity deviations between individual halo components, and these are probably largely due to residual wavelength calibration uncertainties. The mean and standard deviation for both the inner and outer halo are identical at $V = (+0.7 \pm 0.3)$ km s $^{-1}$, which gives a more refined estimate for the heliocentric systemic velocity as $V_\odot = (-39.3 \pm 0.3)$ km s $^{-1}$, instead of the nominal -40 km s $^{-1}$ that we have been assuming.

Comparison of Figures 10 and 11 shows that some inner-

halo components overlap spatially with the high-velocity and intermediate-velocity systems of the outer lobes. This is particularly true on the western side of the north and south lobes. In these regions, there is a selection effect whereby the halo components are more easily identifiable in regions where the outer lobe emission is weaker.

5 THREE DIMENSIONAL NEBULAR STRUCTURE

5.1 Velocities and positions of nebular features

For those nebular features where both proper motion and radial velocity measurements exist, it is possible to estimate the full three-dimensional velocity vector. Under the assumption that all motions are strictly radial, one can also find the three-dimensional position. These are given in Table 2 for a wide variety of nebular features in the inner shell, intermediate shell, low-ionization knots, and outer lobes.⁹ When combining radial velocities and proper motion measurements, it is necessary to account for the fact that radial velocities measure the material speed, whereas proper motions measure pattern speeds of shocks or ionization fronts (Mellema 2004). The exact correction factor (material speed divided by pattern speed) is model-dependent (e.g., Appendix A of O'Dell et al. 2009), but is predicted to be generally larger than unity (see Fig. 8 of Jacob et al. 2013) unless the nebula is in the recombination phase. For simplicity, we adopt a constant correction factor of 1.2 for all entries in Table 2, which is consistent with the predicted value for expansion velocities greater than 30 km s $^{-1}$ (see Fig. 3 of Schönberner & Steffen 2019).

An approximate three-dimensional visualization of the nebular structure is given in Figure 18. The high-ionization shells have two distinct symmetry axes, A and B, which are close to orthogonal. Axis A is shared with the outer lobes but the lobes also present outflows along two additional axes, C and D. The low-ionization knot complexes and individual knots do not share any of these four axes, with the notable exception of the N knot, which lies along axis A.

Despite the apparent complexity of the multi-axis structure, there are some clear systematic patterns, one of which is illustrated in Figure 19. This shows histograms of the outflow inclination angle from the plane of the sky (absolute value) for all of the individual features of Table 2, classified by nebular component. The inclination distribution for the outer lobes is very different from that of the knot complexes. The lobes are concentrated at low inclinations, $|i| = (20 \pm 3)^\circ$, whereas the knot complexes are concentrated at high inclinations, $|i| = (63 \pm 6)^\circ$. The shells show intermediate inclinations, $|i| = (32 \pm 3)^\circ$, while the individual knots are diverse (the SE and NW knot have high inclinations like the knot complexes, while the N knot has a low inclination like the lobes).

The concentration of high inclinations for the knot complexes imply the presence of a fifth axis in the nebula, which we denote axis E. Since this axis is close to the line of sight, its signature is not obvious on images of the nebula but can only be discerned from spectroscopy. If we take the average vector outflow direction of the knot complexes, then axis E has an inclination $i = 69^\circ$ and a position angle PA = 331°. The individual knot complexes have outflows that deviate by only 16° to 29° from this average direction, confirming

⁹ Note that the uncertainties given in the table are derived from observational errors only, and they do not include the systematic uncertainty in the distance.

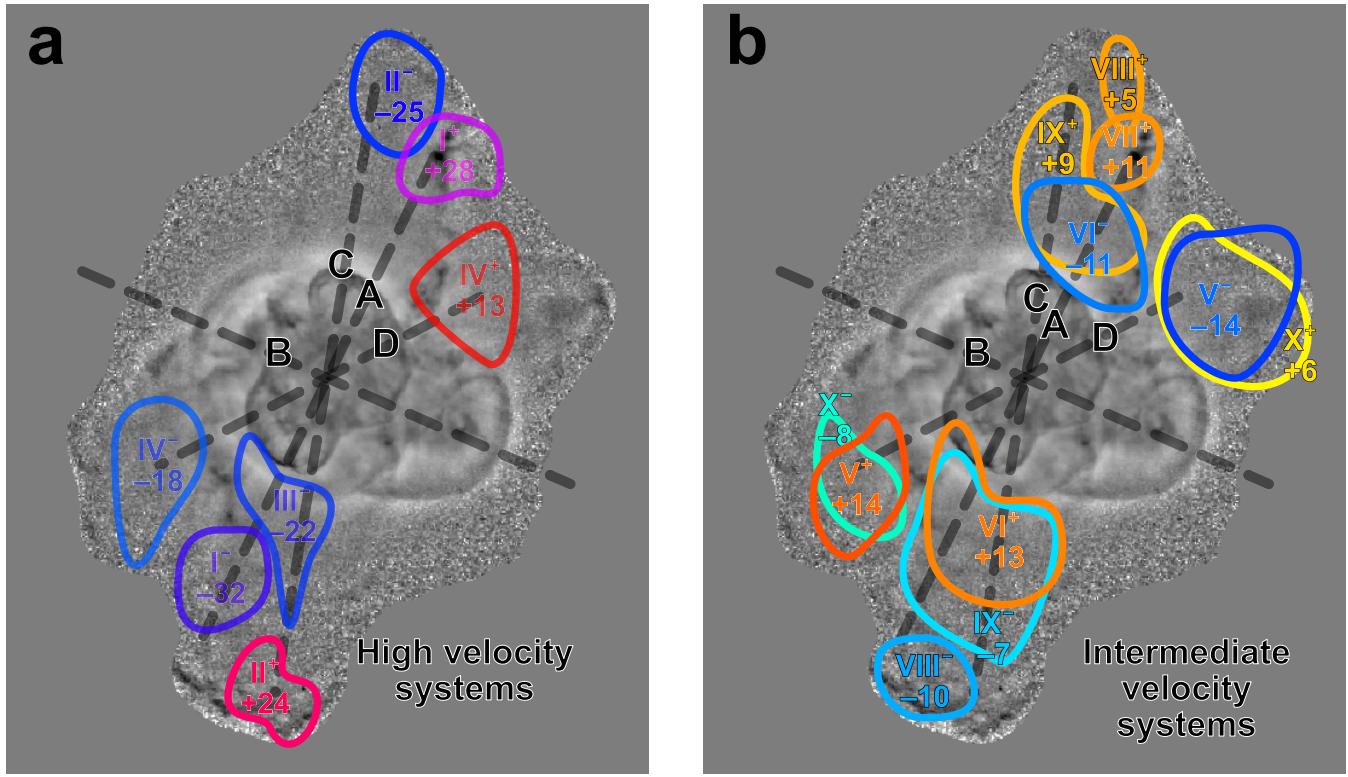


Figure 17. Velocity systems in the outer lobes. (a) Classification of components into seven high-velocity systems (colored shapes) along three different axes (heavy dashed lines). (b) Same but for eleven intermediate velocity systems.

that it is indeed a well-defined axis, albeit with a substructure of three point symmetric pairs of outflows, as discussed in § 4.2, which we denote E(i), E(ii), and E(iii) in Table 2.

Figure 20 plots the deprojected velocity versus position for each feature, classified by type (symbol shape) and position angle (symbol color). Diagonal lines show constant values of kinematic time (distance divided by velocity) with values between 1000 and 16 000 years. There is no clear trend for the velocity to increase as a function of distance, but rather a wide variety of kinematic times are found among the different features. Figure 21 shows a timeline of the history of ejections along each axis, assuming that the kinematic time reflects the true age of each feature. Axes A to D tend to show matched pairs of ejections with similar ages along the positive and negative arms. There is evidence that the ejections along axes A and B are more recent than those along C and D. Axis E is very different, with all the ejections along the positive arm occurring first, followed by all the ejections along the negative arm.

5.2 Density structure of the nebula

To further investigate the structure of NGC 6210, we have used HST WFPC2 narrow-band images to derive the surface brightness in the lines H α λ 6563, H β λ 4861, [N II] λ 6583, and [O III] λ 5007. Flux calibration is carried out following the procedure outlined in Rubin et al. (2002), which accounts for contamination of each emission line filter by non-target lines and atomic continuum emission (see also Ueta et al. 2019). Foreground dust extinction is corrected for using the observed Balmer decrement, H α /H β , assuming an intrinsic value of 2.85 and the reddening law of Cardelli et al. (1989), yielding an average extinction of $C(\text{H}\beta) = 0.13$ for

the nebula. The total extinction-corrected H α flux for the nebula is then found by summing over the entire HST image, yielding $F(\text{H}\alpha) = 3.176 \times 10^{-10} \text{ erg s}^{-1} \text{ cm}^{-2}$, which is very close to that found by previous studies (Liu et al. 2004).

For each of the nebular features listed in Table 2, we have measured the H α surface brightness $S(\text{H}\alpha)$ and flux $F(\text{H}\alpha) = S(\text{H}\alpha) d\Omega$, where $d\Omega$ is the solid angle of each feature. Results aggregated by type of feature are presented in Table 3. Column 2 gives the fraction of the total H α flux due to each component, which is dominated by the high-ionization inner shell.

Assuming a homogeneous fully-ionized emission region of hydrogen density n and line-of-sight depth dz , the H α surface brightness due to recombinations is predicted to be

$$S(\text{H}\alpha) = \frac{1.0932 \alpha_{\text{eff}} E(\text{H}\alpha) n^2 dz}{4\pi} \quad (1)$$

where $\alpha_{\text{eff}} = 8.6 \times 10^{-14} \text{ cm}^3 \text{ s}^{-1}$ is an effective recombination coefficient (Osterbrock & Ferland 2006)¹⁰ and $E(\text{H}\alpha) = hc/\lambda = 3.027 \times 10^{-12} \text{ erg}$. The factor 1.0932 accounts for the free electron contribution from Helium, assumed to be singly ionized. Therefore, if dz can be determined for each feature, then the ionized density follows as $n \propto [S(\text{H}\alpha)/dz]^{1/2}$. We estimate dz differently for knot-like and shell-like features. For the first, we take $dz = (dr ds)^{1/2}$, where dr is the projected width of the knot in the radial direction and ds is the width in the transverse direction. For the second we take the maximum chord length of the shell, calculated as $dz =$

¹⁰ We assume $T = 9500 \text{ K}$ and that the Lyman lines are optically thick, while the Lyman continuum is optically thin, as appropriate for a matter-bounded nebula.

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Table 2. Positions and velocities of nebular features in three dimensions

Feature	PA °	Axis	V_{los} km s^{-1}	V_{pos} km s^{-1}	V_{tot} km s^{-1}	i °	R_{proj} "	R pc	t_{kin} 1000 yr
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
Inner shell A NNW	340	A ⁺	+8 ± 3	48 ± 7	49 ± 7	11 ± 4	7 ± 1	0.07 ± 0.01	1.4 ± 0.2
Outer lobe I ⁺ /VII ⁺	340	A ⁺	+28 ± 2	82 ± 29	89 ± 27	22 ± 7	16 ± 1	0.17 ± 0.01	1.9 ± 0.7
North knot	340	A ⁺	+24 ± 1	60 ± 4	67 ± 4	26 ± 2	17 ± 1	0.19 ± 0.01	2.7 ± 0.2
Inner shell A SSE	160	A ⁻	-17 ± 3	51 ± 7	55 ± 7	-22 ± 4	7 ± 1	0.08 ± 0.01	1.2 ± 0.2
Outer lobe I ⁻	160	A ⁻	-32 ± 1	71 ± 29	81 ± 26	-28 ± 10	15 ± 2	0.17 ± 0.03	2.0 ± 0.8
Outer lobe VIII ⁻	160	A ⁻	-10 ± 1	67 ± 9	68 ± 9	-10 ± 2	23 ± 1	0.23 ± 0.01	3.2 ± 0.4
Outer lobe II ⁺	170	C ⁺	+24 ± 2	58 ± 12	65 ± 11	26 ± 5	24 ± 1	0.27 ± 0.02	3.9 ± 0.9
Outer lobe II ⁻	355	C ⁻	-25 ± 3		>25	< 0	21 ± 3	>0.21	
Inner shell B ENE	65	B ⁻	-25 ± 3	31 ± 5	43 ± 4	-44 ± 6	4 ± 1	0.06 ± 0.01	1.2 ± 0.4
NE Blue complex	60	E ⁻⁽ⁱⁱⁱ⁾	-51 ± 1	23 ± 5	65 ± 2	-69 ± 4	5 ± 1	0.14 ± 0.04	2.1 ± 0.6
Intermediate shell ENE	50	B ⁻	-18 ± 3	27 ± 15	35 ± 12	-39 ± 16	9 ± 2	0.12 ± 0.04	3.2 ± 2.0
Inner shell B WSW	240	B ⁺	+18 ± 3	29 ± 4	36 ± 4	37 ± 6	5 ± 1	0.06 ± 0.01	1.5 ± 0.4
Intermediate shell WSW	260	B ⁺	+20 ± 3	29 ± 26	38 ± 20	40 ± 26	12 ± 1	0.16 ± 0.06	3.8 ± 3.5
SW Red complex	250	E ⁺⁽ⁱⁱⁱ⁾	+38 ± 1	18 ± 3	49 ± 2	68 ± 3	7 ± 2	0.19 ± 0.06	3.7 ± 1.2
NE Red complex	30	E ⁺⁽ⁱⁱ⁾	+25 ± 2	5 ± 4	30 ± 2	81 ± 7	4 ± 1	0.26 ± 0.21	8.0 ± 6.7
SW Faint Blue	225	E ⁻⁽ⁱⁱ⁾	-26 ± 1	26 ± 4	41 ± 3	-50 ± 4	7 ± 1	0.11 ± 0.02	2.6 ± 0.5
Outer lobe X ⁺	285	D ⁺	+6 ± 2	48 ± 43	49 ± 43	9 ± 8	19 ± 2	0.19 ± 0.02	3.7 ± 3.3
Outer lobe IV ⁺	315	D ⁺	+13 ± 1	33 ± 7	37 ± 6	25 ± 5	10 ± 1	0.11 ± 0.01	2.9 ± 0.6
NW knot	310	E ⁺⁽ⁱ⁾	+18 ± 1	11 ± 8	24 ± 4	63 ± 17	8 ± 1	0.18 ± 0.10	6.7 ± 4.5
NW Red complex	300	E ⁺⁽ⁱ⁾	+21 ± 2	10 ± 4	27 ± 3	68 ± 8	6 ± 2	0.16 ± 0.08	6.0 ± 3.1
Outer lobe X ⁻	120	D ⁻	-8 ± 4	24 ± 14	26 ± 13	-22 ± 15	13 ± 3	0.14 ± 0.04	5.2 ± 3.3
SE Blue complex	135	E ⁻⁽ⁱ⁾	-31 ± 3	39 ± 10	54 ± 8	-44 ± 8	5 ± 1	0.07 ± 0.02	1.1 ± 0.4
SE knot	135	E ⁻⁽ⁱ⁾	-35 ± 3	39 ± 10	57 ± 7	-47 ± 8	8 ± 1	0.09 ± 0.02	1.5 ± 0.4

COLUMNS: (1) Name of nebular feature. (2) Position angle of feature with respect to central star. (3) Outflow axis that feature is best aligned with. (4) Line-of-sight velocity, derived from longslit spectra. (5) Plane-of-sky velocity, derived from proper motions assuming $D = 2 \text{ kpc}$. (6) Total pattern velocity: $V_{\text{tot}} = [(1.2V_{\text{los}})^2 + V_{\text{pos}}^2]^{1/2}$ (see text for explanation of the factor 1.2). (7) Inclination of velocity vector to line of sight: $\tan i = 1.2V_{\text{los}}/V_{\text{pos}}$. (8) Projected radius of feature from central star. (9) True radius, assuming that velocity vector is strictly radial: $R = R_{\text{pos}}/\cos i$. (10) Kinematic timescale: $t_{\text{kin}} = R_{\text{pos}}/V_{\text{pos}}$.

Table 3. Physical parameters of nebular components

Component	H α flux % of total	Ionized Density H cm^{-3}	Ionized Mass M_{\odot}	Ionization Parameter	t_{start} 1000 yr	t_{end} 1000 yr	\dot{M} $\text{M}_{\odot} \text{ yr}^{-1}$	V km s^{-1}
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Inner shell	70%	4000–5000	0.078	0.0036–0.0070	-4	-1.5	3.1×10^{-5}	40–55
Intermediate shell	13%	700–1000	0.135	0.0080–0.0140	-10	-4	2.3×10^{-5}	35–38
Red knots	11%	2000–5000	0.038	0.0004–0.0020	-8	-3.7	9.5×10^{-6}	25–40
Blue knots	4%	1500–2000	0.025	0.0040–0.0170	-2.7	-1.2	1.2×10^{-5}	40–65
Outer Lobes	1%	160–320	0.024	0.0086–0.0224	-5	-2	8×10^{-6}	40–90
Inner Halo	0.5%	80–160	0.030	0.0200–0.0340	-20	-10	3×10^{-6}	15:
Outer Halo	0.2%	15–40	0.042	0.0540–0.0760	-40	-20	2.1×10^{-6}	7:
NW knot	0.01%	6700	10^{-5}	0.0006	-7.1	-6.7	2.5×10^{-8}	24
SE knot	0.08%	8200	6×10^{-5}	0.0034	-1.25	-0.95	2×10^{-7}	54
N knot	0.02%	3000	3×10^{-5}	0.0012	-3.0	-2.7	10^{-7}	67

$2[R_c^2 - (R_c - dr)^2]^{1/2}$, where R_c is the shell radius of curvature and dr is the shell thickness (limiting cases are $dz \approx 2R_c$ for thick shells and $dz \approx (2R_c dr)^{1/2}$ for thin shells).

Resultant densities are shown in column 3 of Table 3 and are plotted against true (deprojected) radius in Figure 22. In Appendix A, we compare the H α -derived densities with measurements of the [S II] doublet ratio, finding good agreement. It can be seen that a very wide range of densities is present in the nebula, from $\approx 4000 \text{ cm}^{-3}$ in the inner shell and knot complexes down to $\approx 30 \text{ cm}^{-3}$ in the outer halo. For most components, there is a consistent steep decline of density with radius, which is well approximated by $n \propto R^{-4}$ (gray dotted line in the figure). The exception to this

rule is the outlying low-ionization knots, located at about 0.2 pc from the star, which have a density 20–50 times higher than the other components at a comparable radius.

5.3 Reconstructed mass-loss history

Once the density is known, then the column density of ionized hydrogen follows as proportional to $S(\text{H}\alpha)/n$ and the ionized mass of each component can be calculated as

$$M = \frac{4\pi D^2 \bar{m} F(\text{H}\alpha)}{\alpha_{\text{eff}} E(\text{H}\alpha) n}, \quad (2)$$

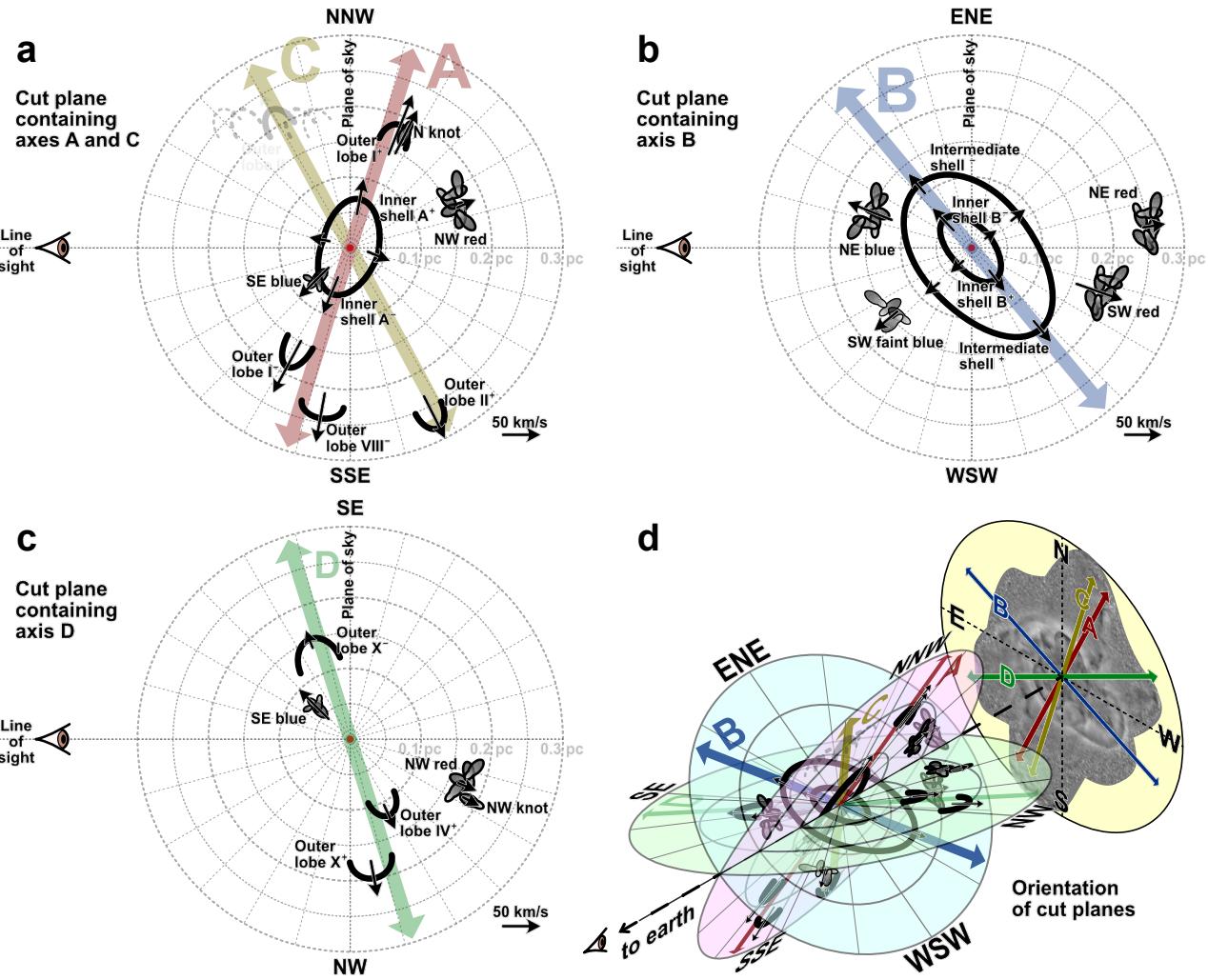


Figure 18. Three dimensional reconstruction of the nebular structure and kinematics, assuming all outflows are strictly radial. Panels (a), (b), and (c) show cut planes containing the line of sight and the symmetry axes of the shells and lobes. Some small artistic license is taken, since axis A and C are not strictly coplanar with the line of sight. Knots and knot complexes do not share these axes, but are also shown projected onto the closest planes. Arrows show the magnitude and direction of the derived three-dimensional velocity of each feature. Faint gray dashed lines for Outer lobe system II^- show the range of possibilities for this feature given that no proper motions are available for it.

where D is the distance from Earth (assumed 2 kpc) and $\bar{m} \approx 2.17 \times 10^{-24}$ g is the mean mass per hydrogen nucleon. The total ionized mass of the nebula *including the halo* is found to be $0.372 M_{\odot}$ and results for individual components are shown in column 4 of Table 3. It is interesting to note that the high-density components (inner shell plus knot complexes) only represent about one-third of the total ionized mass, despite dominating the emission line flux. The intermediate shell is the most massive single component ($0.135 M_{\odot}$), also roughly one-third of the total, with the remaining third corresponding to the outer lobes and halos.

The masses can be combined with the kinematic ages (column 10 of Table 2) to estimate the mass loss history of the nebula. This is given in columns 6 to 8 of Table 3 and illustrated in Figure 23. For the start and end times of each component, we take the full range of kinematic times of discrete features in the case of the lobes and knot complexes. In the case of shells, the start time

is taken as the kinematic age of material just outside the shell (for instance, the innermost halo material in the case of the intermediate shell). In all cases, it is implicitly assumed that no significant acceleration or deceleration has taken place, which may not be accurate, especially for the inner shell that has been shocked due to the action of the fast wind. In general, the mass loss is seen to increase monotonically over the last 40 000 yr from about $2 \times 10^{-6} M_{\odot} \text{ yr}^{-1}$ to about $3 \times 10^{-5} M_{\odot} \text{ yr}^{-1}$ in the last few thousand years. Note that the values shown in Figure 23 are average values over the respective periods, so the sudden jump that is apparent 10 000 yr ago may have been a more gradual transition. Also, this method can only estimate mass loss before 1500 yr ago, which is the kinematic timescale of the youngest components, which are the blue knot complexes. Since that time, the mass-loss rate is expected to have declined significantly due to the central star transitioning to higher effective temperature and smaller radius, eventually reaching the present-day value of

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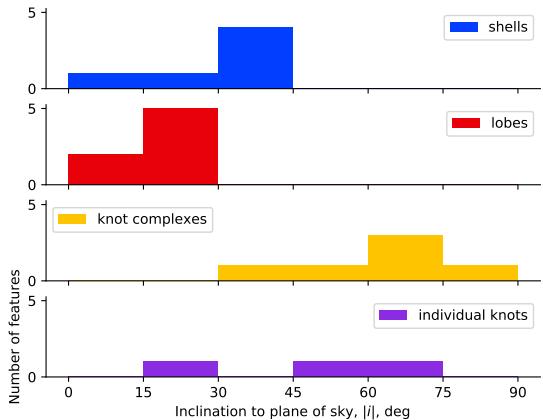


Figure 19. Distribution of outflow inclinations with respect to the plane of the sky for the different features.

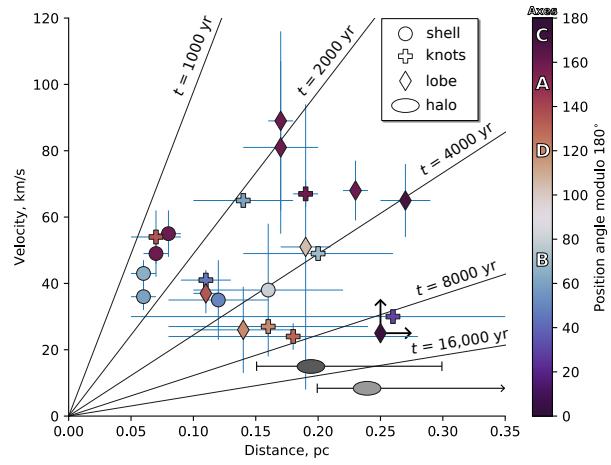


Figure 20. True velocity, V_{tot} , versus true radius, R , for all the features listed in Table 2. Diagonal lines show dynamical times between 1000 and 16 000 years, as marked. Symbol shape indicates the type of feature: circle symbols are high-ionization shells (§ 4.1), cross symbols are low-ionization knots or knot complexes (§ 4.2), diamond symbols are high-velocity and intermediate-velocity systems in the outer lobes (§ 4.3). Error bars show the observational uncertainties given in the table, except for outer lobe system II⁻, where the lack of proper motion measurements mean that only lower limits for V_{tot} and R are available, indicated by arrows. The color of each symbol corresponds the position angle of the feature, as shown by the key at right, which also indicates the values for each of the four axes: A, B, C, and D. The position angle is calculated modulo 180° so that the positive and negative arm of each axis have the same color. Also shown (gray ellipses) are the expansion velocity and range of radii of the inner and outer halo features (§ 4.4).

$\dot{M} = 9.12 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ at a wind velocity of $V = 2150 \text{ km s}^{-1}$ (Herald & Bianchi 2011). This is indicated on the figure by the gray downward pointing arrow.

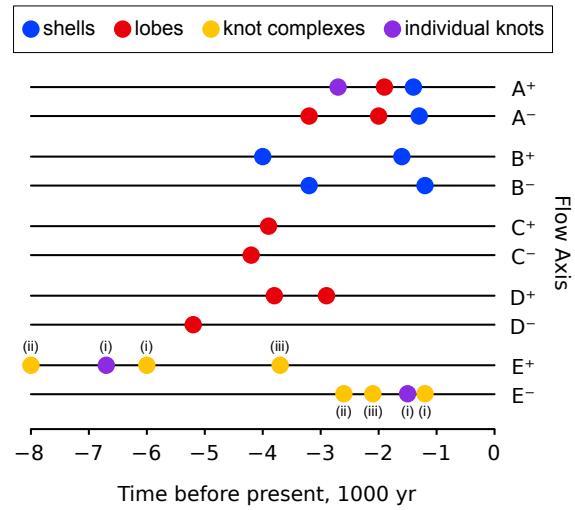


Figure 21. Ejection history of each flow axis, assuming no acceleration or deceleration of the features. Lower-case roman numerals indicate sub-axes of axis E. Uncertainties are typically of order $\pm 30\%$, see Table 2 for details, except for E⁺⁽ⁱⁱ⁾ where the uncertainty is much higher.

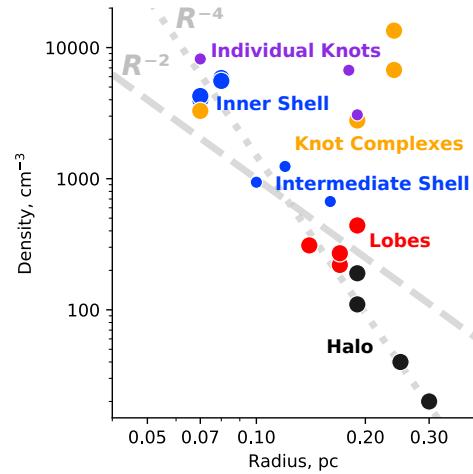


Figure 22. Ionized density of different nebular features as a function of true distance from the central star. Densities are derived from the H α surface brightness, as explained in the text, and distances are deprojected using the kinematic information of Table 2. Gray lines show power-law density distributions of $n \propto R^{-2}$ (dashed) and $n \propto R^{-4}$ (dotted).

6 DISCUSSION

Despite the complex structure of NGC 6210 revealed by our observations, the broad division into different components (shells, knots, lobes, halo) is similar to that seen in many other nebulae (Balick 1987) and needs to be analyzed in the light of theories of planetary nebula formation and evolution. The basic framework for interpreting planetary nebulae has long been the Generalised Interacting Stellar Winds (GISW) paradigm (Kwok et al. 1978; Kahn & West 1985): a slow, dense wind is emitted while the central star is in the cool Asymptotic Giant Branch phase, which is subsequently ion-

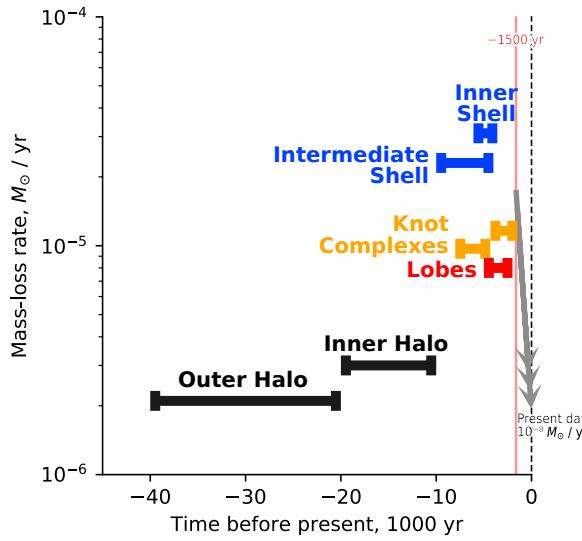


Figure 23. Reconstruction of the mass-loss history of NGC 6210. Horizontal bars show the time period and mass-loss rate that led to the formation of each nebular component, as labeled. Only the average mass-loss rate is shown, although for the cases of the knot complexes and lobes the ejection was highly intermittent and non-isotropic during the indicated period. The red vertical line shows the end of the period of high mass-loss. Since then, the mass loss rate has declined to a much lower value, as indicated by the gray arrow.

ized after the central star has lost the majority of its outer envelope, revealing the hot stellar core. At the same time, a fast, tenuous stellar wind from the core interacts with the envelope to form a dense, shocked shell. This scenario has been elaborated in great detail in subsequent studies that include additional physics and couple the nebular evolution to the evolution of the central star (for example, Frank & Mellema 1994; García-Segura 1997; Villaver et al. 2002; Perinotto et al. 2004; García-Segura et al. 2006; Steffen et al. 2013; Toalá & Arthur 2014). Despite the success of the GISW paradigm, there is much that it cannot explain (Soker 1997) and it has become increasingly clear that binary interactions play a vital role in the shaping of planetary nebulae (Boffin & Jones 2019 and references therein). This includes not only stellar companions, but also planets. For sufficiently close orbits, Roche lobe overflow can lead to a common-envelope phase and the ejection of a bipolar or elliptical nebula (García-Segura et al. 2018). For wider orbits, the situation is less clear but various processes can lead to non-spherical mass ejection in this case also (Kim & Taam 2012; Chen et al. 2017, 2020).

A significant fraction of planetary nebulae show deviations even from axisymmetry (Soker & Rappaport 2001). In the cases where these deviations are moderate, then they may be explained by binary interactions in which the stars are on eccentric orbits, or the presence of hot or cold spots in the AGB star envelope (Soker & Hadar 2002). Other cases, where the nebular asymmetries occur only at the outer boundary, are probably due to interaction with the interstellar medium (Ali et al. 2012). However, a significant minority ($\sim 10\%$) of nebulae show such large deviations from bipolar symmetry (Bear & Soker 2017) that it has been proposed that interacting triple systems are responsible for their shaping (Soker 2004; Glanz & Perets 2020). NGC 6210 falls into this category and has been proposed to be the outcome of either a “tight binary in a wide

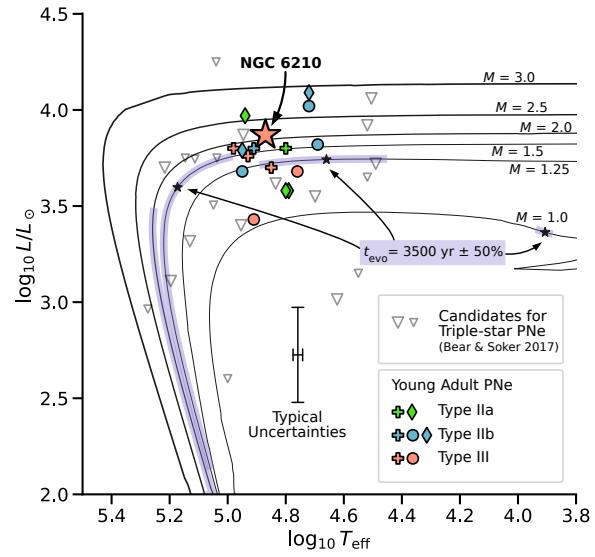


Figure 24. HR diagram of planetary nebula central stars, showing the observed luminosity and effective temperature of the Turtle (large star symbol), compared with post-AGB evolutionary tracks from Miller Bertolami (2016) (solid lines, labelled with initial stellar mass in solar masses). Small star symbols show an evolutionary time along each track equal to the kinematic age of the intermediate shell of NGC 6210, with purple shading indicating 50% variation about this value. Open triangle symbols show sources from Bear & Soker (2017) that are suspected to harbor triple star systems on the basis of the nebular morphology. Filled symbols show the sample of “young-adult” nebulae that have been selected to be physically similar to NGC 6210 and which are illustrated in Figure 25. Symbol shape indicates the morphological complexity, from simple (circle) to multipolar (cross).

orbit” or a “tight binary merger” scenario (Soker 2016). However, given the multitude of evolutionary pathways available in hierarchical triple systems (Toonen et al. 2016, 2020), other scenarios are also possible. Sub-arc second imaging observations of young planetary nebulae (Sahai & Trauger 1998; Sahai et al. 2011; Hsia et al. 2014) and preplanetary nebulae (Sahai et al. 2007) show that multipolarities and asymmetries can appear very early in the evolution of the nebula, even before the central star is hot enough to emit ionizing photons.

6.1 Comparison with post-AGB stellar evolution tracks

Figure 24 shows the Turtle’s central star on the Hertzsprung–Russell diagram (large star symbol). Post-AGB stellar evolutionary tracks for approximately solar metallicity (Miller Bertolami 2016) are indicated by solid lines for initial masses between $1 M_\odot$ and $3 M_\odot$ (final masses of $0.532 M_\odot$ to $0.706 M_\odot$), with evolution proceeding from right to left, followed by top to bottom.

Comparison of the Turtle’s central star ($T_{\text{eff}} = (75 \pm 13) \text{kK}$, $L \approx (7400 \pm 3500) L_\odot$) with the evolutionary tracks would seem to imply an initial mass of $2 M_\odot$, but such an inference is unwarranted since the uncertainty in the stellar luminosity is of the same order as the vertical offset between the different mass tracks. The evolutionary timescale in this phase is a very steep function of mass ($t \sim M^{-5}$; Miller Bertolami 2019, Fig. 4), so comparison with the kinematic expansion timescale of the nebula allows a

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much more precise mass estimate. Small black star symbols on the evolutionary tracks indicate evolutionary times of 3500 yr, which is the approximate expansion timescale of the intermediate shell. This shell represents the “superwind” material, initially ejected as a slow neutral outflow at the end of the AGB phase, and subsequently ionized and accelerated by thermal pressure gradients once $T_{\text{eff}} > 20\,000$ K (see § 6.2 for details). As such, it is the nebular component whose kinematic timescale should most closely match the evolutionary timescale (see discussion in § 2.3.4 of Schönberner et al. 2005). Light purple shading shows a variation of $\pm 50\%$ about this timescale to account for possible shell acceleration/deceleration and observational uncertainties. It is immediately clear that only the 1.25 and $1.5 M_{\odot}$ models are at all consistent with the Turtle’s central star. The $2 M_{\odot}$ model evolves so fast that within a few thousand years it would be a hot, low luminosity star on the vertical white-dwarf cooling track, whereas the $1 M_{\odot}$ model evolves so slowly that it would still be a B-type star with a low-excitation, ionization-bounded nebula. The $1.25 M_{\odot}$ model provides the best fit, which implies a lower luminosity of $5000 L_{\odot}$ and a slightly closer distance of 1.7 kpc, but this is still within the estimated uncertainties and would not significantly effect the analysis in the rest of the paper.

This estimate of the central star mass is consistent with nebular abundance studies (Liu et al. 2004; Pottasch et al. 2009; Delgado-Ingla et al. 2009; Bohigas et al. 2015), which show no evidence for chemical enrichment: $O/H \approx 4 \times 10^{-4}$, $N/O \approx 0.15$, $C/O \approx 0.25$. Spectral signatures of crystalline silicates are seen at mid-infrared wavelengths (Delgado-Ingla & Rodríguez 2014), which is further evidence for O-rich chemistry. Predictions for C and N enrichment as a function of mass vary significantly with initial metallicity and between different AGB evolution codes (Figs. 8 and 9 of Henry et al. 2018), but all models agree that $M < 1.5 M_{\odot}$ is required to maintain N/O and C/O at or below solar values, as seen in the Turtle. Pottasch et al. (2009) deduced $M = 0.9 M_{\odot}$ because the models of Karakas & Lattanzio (2007) result in noticeable N enrichment for $M \geq 1 M_{\odot}$, contrary to what is observed in the Turtle, but they noted that such a low mass is inconsistent with the kinematic age of the nebula, as we discuss above. However, other stellar evolution simulations (Ventura & D’Antona 2005; Di Criscienzo et al. 2016) do allow $N/O \approx 0.15$ for initial masses as high as $1.25 M_{\odot}$, which removes this inconsistency.

A mass of $1.25 M_{\odot}$ is also consistent with the fact that the Turtle is at a high Galactic latitude, $b = 37.7^{\circ}$, implying a large height $|z| \sim 1$ kpc above the Galactic plane. Combined with the large peculiar velocity, $|\Delta V| = 56 \text{ km s}^{-1}$, this leads to a classification as Type III (Quireza et al. 2007) according to the scheme of Peimbert (1978), which places the star in the “thick disk” stellar population with ages > 5 Gyr and masses $\lesssim 1.2 M_{\odot}$ (Maciel & Koppen 1994; Stanghellini & Haywood 2018).

Finally, an initial stellar mass of $1.25 M_{\odot}$ corresponds to a final mass of $0.566 M_{\odot}$ in the Miller Bertolami (2016) models, meaning that about $0.7 M_{\odot}$ should have been lost to mass-loss, most of which occurs during the AGB phase. This is consistent with the nebular mass determinations that we make in § 5.3, where we find a total ionized mass of $0.4 M_{\odot}$. Our measurement is an underestimate, since the ionized halo becomes too faint to observe beyond a radius of 1 pc, meaning that we are only detecting the last 10^5 years of mass loss. We show in Appendix B that the Turtle is optically thin to H-ionizing radiation and there is no detectable H_2 emission (Kastner et al. 1996), so there is unlikely to be any significant hidden reservoir of neutral gas in the nebula. Note that our nebular mass determination is much higher than previous estimates for the Turtle,

for instance Bohigas et al. (2015) find only $0.046 M_{\odot}$. This is mainly because those authors only included the emission from the bright, high-density inner nebula in their estimate, whereas, as we show in Table 3, the outer faint low-density components (intermediate shell, lobes, and halo) dominate the total mass.

6.2 Detailed anatomy of the Turtle

6.2.1 Shells

The innermost nebular components of NGC 6210 are the nested high ionization shells: the inner shell, with a radius of about 0.05 pc and the intermediate shell, with a radius of about 0.1 pc. The intermediate shell is the more massive (Table 3) but the inner shell is roughly 5 times denser and dominates the emission line flux from the nebula. In terms of the GISW model, the intermediate shell represents the detached stellar envelope that was ejected during a short period of intense mass loss at the end of the AGB phase, while the inner shell represents material at the inner edge of the detached envelope that has been compressed by a shock driven by the fast stellar wind from the central stellar remnant.¹¹ The expansion velocity of the inner shell (30 to 50 km s^{-1}) is higher than that of the intermediate shell (20 to 30 km s^{-1}), which is the opposite to the trend that is typically seen in multiple-shell planetary nebulae (Corradi et al. 2007). In a sample of 20 high-luminosity nebulae, Schönberner et al. (2014) find that the intermediate shell expansion velocity lies in the range 20 to 40 km s^{-1} , while the inner shell velocity is always slower at 10 to 30 km s^{-1} . In general, the expansion velocities are found to increase with stellar effective temperature during the high-luminosity phase of central star evolution (Richer et al. 2008, 2010; Pereyra et al. 2016). On the other hand, a faster inner shell such as the Turtle’s is not totally unprecedented, with a particularly extreme example being NGC 2392, where the inner shell has an observed expansion velocity of up to 120 km s^{-1} (García-Díaz et al. 2012). In both nebulae the inner shell is non-spherical, with fastest expansion along the line of sight in NGC 2392, but in the plane of the sky in the case of the Turtle. In addition, the Turtle’s inner shell is not cylindrically symmetric but rather shows two distinct axes, A and B (§ 4.1). Axis A corresponds to the projected major axis of the inner shell, which lies close to the plane of the sky, while axis B is inclined at roughly 40° to the plane of the sky and corresponds to the largest net velocity gradient across the shell. Axis B also coincides with the major axis of the intermediate shell, which seems to have a simpler, more elliptical morphology, albeit slightly lop-sided.

6.2.2 Lobes and knots

Outside of the nested shell structure lie two highly anisotropic outflow systems with very different characteristics: the lobes and the knot complexes. The lobes, located at radii of 0.15 to 0.25 pc, are high-ionization and show a bow-shock morphology in [O III], with maximum outflow velocities of 90 km s^{-1} . They are arranged on three bipolar axes: A, C, and D (Figure 17), all of which are close to the plane of the sky (Figure 18). The kinematic ages of the flows

¹¹ Various different names for these components appear in the literature. Villaver et al. (2002) use “intermediate shell” in the same sense that we do and use “main shell” for the inner shell when it dominates the brightness. On the other hand, Balick & Frank (2002) prefer “mantle” and “rim”, while Schönberner and collaborators consistently use “shell” for the outer structure and “rim” for the inner structure (e.g., Perinotto et al. 2004; Schönberner et al. 2014, 2018).

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1
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5 along axes C and D are similar to or slightly larger than that of
6 the intermediate shell (Figures 20 and 21), suggesting that these
7 lobes were ejected contemporaneously with the “birth” of the plan-
8 etary nebula 3500 yr ago. The flow along axis A is younger (about
9 2000 yr), implying that it was ejected more recently, after the central
10 star had already begun to ionize the nebula. This is the same axis
11 as the major axis of the inner shell (Figure 12), which has a similar
12 kinematic timescale of 1500 yr. Another difference between the axes
13 is that the red-shifted arm of axis A uniquely shows a low-ionization
14 [N II]-bright feature, the N knot, which shares the kinematics of the
15 more diffuse [O III] emission.

16 The knot complexes are much lower ionization than the lobes
17 and are most prominent in [N II]. The redshifted knot complexes
18 are also located at radii of 0.15 to 0.25 pc, but, unlike the lobes,
19 their outflow axis (axis E) is close to the line of sight (Figure 19),
20 so that in images of the nebula they appear superimposed on the
21 inner and intermediate shells. The blueshifted knot complexes lie
22 significantly closer to the star, at radii of 0.07 to 0.15 pc, with
23 the closest of them (SE Blue complex) lying physically inside the
24 intermediate shell. The outflow velocities of the knot complexes
25 range from 30 to 70 km s⁻¹, which are slower than the lobes, but
26 faster than the shells. As we found with the lobes, there is evidence
27 for a change in the outflow direction about 3500 yr ago, but in
28 the case of the knot complexes it is a much more dramatic shift
29 of 180°, from exclusively red-shifted ejections before that time to
30 exclusively blue-shifted ejections afterward (see Figure 21). The
31 density of the knot complexes ranges from 2000 to 5000 cm⁻³,
32 which is comparable to the density of the inner shell and is more
33 than an order of magnitude higher than the lobes. Since the lobes
34 and knots are at similar distances from the star, they receive the
35 same ionizing flux, so it is this difference in density that accounts
36 for the low ionization of the knots (see Appendix B).

37 Despite their differences, the knot complexes and the lobes
38 span a similar range of ages (Figure 21), and have apparently sim-
39 ilar average mass loss rates of $\sim 10^{-5} M_{\odot} \text{ yr}^{-1}$ (Figure 23). It is
40 therefore worth asking if they are truly distinct, or simply two dif-
41 ferent manifestations of the same collimated outflow phenomenon.
42 The disparity in their ejection patterns, however, would argue that
43 the two types of outflow are indeed fundamentally different in na-
44 ture. The lobe components tend to occur in point symmetric blue/red
45 pairs along each axis, with similar kinematic ages. In contrast, al-
46 though the knot complexes also show a partial point symmetry in
47 each of the 3 sub-axes, E(i), E(ii), and E(iii), it is very lop-sided,
48 with the blue side invariably being younger.

49 In addition, the mass loss rate that we calculate does not nec-
50 cessarily reflect the mass loss rate of the collimated outflow, since it
51 may instead be measuring the mass of the nebula that has been swept
52 up by the outflow. This might apply to the lobes, whose densities
53 are a few times higher than the density of the inner halo (Figure 22),
54 which is a similar density contrast to that between the inner shell and
55 the intermediate shell. The mass of the inner shell does not come
56 from the fast stellar wind, which is very low density, but rather from
57 ionized slow AGB-wind material that has been shock-compressed
58 by the expansion of this relatively isotropic fast wind. In a similar
59 way, a fast light jet or collimated wind with a much lower mass
60 loss rate than $10^{-5} M_{\odot} \text{ yr}^{-1}$ may be responsible for driving the lobe
flows.

61 In the case of the knot complexes, such a scenario is less
62 attractive because the density contrast between the knots and the
63 inner halo is as high as 100. A radiative shock with Mach number
64 M can produce a maximum compression factor of M^2 , so that
65 $M \sim 10$ is required in order for the knots to be the result of shocks

in the AGB outflow. The relative velocity between the knots and the inner halo yields only $M \approx 3$ in ionized gas, rendering such a mechanism unlikely. It is therefore more reasonable to suppose that the knots were directly ejected as dense bullets from the central star system, in which case the measured mass loss rate is a true reflection of the mass loss in the collimated outflow.

Guerrero et al. (2020) studied the kinematics of jets in a sample of 58 planetary nebulae. They found that the observed distribution of radial velocities can be reproduced by a bimodal distribution of three-dimensional space velocities: 70% of nebulae have low-velocity jets with $V = (66 \pm 26) \text{ km s}^{-1}$, while 30% have high-velocity jets with $V = (180 \pm 60) \text{ km s}^{-1}$. All of the collimated outflows that we find in the Turtle, with $V = 30$ to 90 km s^{-1} , are typical of the low-velocity jet population. When compared with the general taxonomy of collimated outflows seen in planetary nebulae (López 1997), the outer lobes are similar to the class of Bipolar Rotating Episodic Jets (BRETs, López et al. 1993) while the knot complexes are similar to the class of Fast Low-Ionization Emission Regions (FLIERS, Balick et al. 1994) with the exception that we find no evidence for enhanced N abundance in the knots, as is often found in FLIERS.

6.2.3 Halo

The outermost component of NGC 6210 is the fully ionized attached halo (see Fig. 4 and Fig. 11), which can be divided into three parts: the inner halo, outer halo, and halo knots. The inner halo and outer halo form a single smooth, circularly symmetric structure, extending from roughly 0.1 to at least 0.7 pc from the central star. The distinction between the two is purely kinematic, with the outer halo showing much narrower lines than the inner halo, which we interpret as a lower outflow velocity (Table 3). The halo knots are chains of bright condensations, visible in the outer halo beyond 0.5 pc to the NNW and ENE (Figures 4 and 11), each with diameter ≈ 0.05 pc and low radial velocities $< 5 \text{ km s}^{-1}$.

In terms of the GISW model, the halo represents the relatively undisturbed remnant of the AGB wind. The wind is originally neutral, but it is flash-ionized when the intermediate shell becomes optically thin to EUV radiation. Since the propagation of the ionization front through the halo is R-type (Kahn 1954), the gas initially experiences no mechanical effect and maintains its original density and velocity, but since the outflow velocity is now subsonic or transonic, the density gradient becomes a pressure gradient that will begin to accelerate the ionized halo. The acceleration is stronger at smaller radii, which may explain the difference in velocity between the inner and outer halo. The time required to produce a velocity change Δv is $t = H \Delta v / c_s^2$, where H is the pressure scale height and $c_s \approx 12 \text{ km s}^{-1}$ is the isothermal sound speed. Assuming a power-law density profile, $\rho \sim R^{-\alpha}$, yields $H = R/\alpha$, where $\alpha \approx 4$ is implied by our observations (Figure 22). The transition between the inner and outer halo is observed to occur around $R \approx 0.22$ pc (Figure 11) and the velocity change is $\Delta v \approx 8 \text{ km s}^{-1}$, which together imply a halo ionization age of $t \approx 2500$ yr, albeit with considerable uncertainty.

An alternative way of deriving the halo ionization age is to use the observed size of the halo knots, assuming that they had a very small size when the halo was neutral and have expanded at the sound speed since the halo was ionized. The result is $t \approx 2000$ yr, which is very similar to the previous estimate. This is consistent with the idea that the intermediate shell first became optically thin when the nebula was roughly half its current age and the central star

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effective temperature was considerably cooler than it is now (40 to 50 kK).

6.2.4 Asymmetries

One of the most obvious qualities of the Turtle Nebula is its chaotic and unstructured appearance, far from the neat symmetries of many other planetary nebulae. In part this is due to the sheer number of symmetry axes in the nebula (we have found at least five of them), but there are also asymmetries *along* many of the axes. In this section we collect together the principle ways in which the nebula is lop-sided:

1. The inner shell emission in [O III] and H α shows brightness asymmetries in both position and velocity. The redshifted half of the shell is roughly twice as bright as the blueshifted half, while both halves show spatial asymmetries along axis A, but in opposite senses: redshifted emission is 2.5 times brighter on the north side, while blueshifted emission is 1.5 times brighter on the south side. Because the inner shell dominates the total flux, this leads to a north–south asymmetry in the nebula as a whole, with the peak brightness region lying 2 arcsec north of the central star.
2. In the He II line, the inner shell has an opposite asymmetry: it is brighter to the south than to the north, as measured in our slit spectra. Such an asymmetry is hard to explain if the He $^{2+}$ zone of the nebula is ionization-bounded and the central star emits isotropically. Note however that there is a gap in our slit coverage in precisely the region of maximum H α brightness, so it is possible that this discrepancy only apparent.
3. The intermediate shell shows an egg-shaped morphology that is lop-sided along its major axis (axis B), extending roughly 30% further from the star to the WSW than to the ENE.
4. The outer lobes are probably the *least* asymmetric component of the entire nebula, consisting as they do of balanced point-symmetric red-blue pairs of emission components along the axes A, C, and D (Figure 17). However, there is one significant asymmetry: [O III] system VII $^+$, which corresponds to the N knot in [N II] has no corresponding blue-shifted feature to the S.
5. With the low-ionization knot complexes, the principle asymmetry is between the redshifted and blueshifted knots. The redshifted knots are brighter by a factor of 2.5, slower-moving by a factor of 1.5, and further from the star by a factor of 2.
6. In the halo, the only significant asymmetry is in the halo knots, which are found only to the N and E of the star.

What is the origin of the asymmetries? Mechanisms proposed to date (Soker 2004, 2016) involve accretion disk and jet formation in a triple star system. This may be via accretion of the AGB wind onto a close binary on a wide orbit around the AGB, or, if the orbit is closer, via a common envelope or grazing envelope phase, which may or may not result in the merger of the close binary pair. The descendant system would be binary if a merger or ejection occurred, or still a triple if not, but there is no direct evidence that the Turtle’s central star is binary or triple. The fact that the basic parameters of the nebula and its central star can be consistently interpreted in terms of single-star evolution (see § 6.1) suggests that a triple interaction was not required for the initial ejection of the envelope that forms the intermediate shell, although it may be responsible for its subsequent shaping. The possible role of magnetic fields in shaping the nebula and its bipolar outflows (García-Segura & López 2000) is also unclear.

6.3 A plausible history of outflows in the Turtle

The complex history of collimated and uncollimated mass-loss episodes that we have deduced from studying the shells, lobes and knot complexes should provide important constraints for any future modeling of this nebula:

1. Around the end of the central star’s AGB phase, there were several episodes of unipolar, collimated dense bullet ejections along axis E $^+$, which resulted in what we now observe as the redshifted knot complexes.
2. A few thousand years after that, collimated fast bipolar jets were launched along axes C and D, driving shocks into the slow AGB wind to form what we now observe as the outer lobes.
3. At roughly the same time, approximately 3500 yr before the present, the central star began to ionize the nebula, driving a D-type ionization/shock front into the slow AGB wind to form what we now observe as the intermediate shell. The expansion is approximately isotropic, but slightly elongated and lop-sided along axis B.
4. Soon thereafter, the fast stellar wind from the central star began to drive a shock into the now-ionized AGB wind to form the inner shell.
5. Around the same time, the orientation of the bipolar jets shifted to axis A, which coincides with the major axis of the inner shell. The most recent ejections along this axis occurred roughly 2000 yr ago.
6. Also around the same time, the unipolar bullet ejections flipped their direction by 180° and began a sequence of outflow episodes along axis E $-$ to form what we now observe as the blueshifted knot complexes. The most recent ejection along this axis occurred roughly 1000 yr ago.
7. Roughly 2000 yr ago the intermediate shell became completely ionized, followed by the rapid ionization of the halo, which has led to the acceleration of the inner halo.

Note that these timings rely on kinematic timescales, which assume constant velocity outflows. Any significant acceleration or deceleration could modify the numbers, but is unlikely to change the relative ordering of events.

6.4 Comparison with other planetary nebulae

Planetary nebulae as a class are extremely diverse, so we will concentrate our comparison on those nebulae that are similar to NGC 6210, either in morphology, or in other physical characteristics, such as size, brightness, ionization, and chemical composition.

For morphological similarity, we use the sample of nebulae from Bear & Soker (2017), identified based on deviations from axisymmetry or point symmetry. Of the 89 nebulae in this sample, 24 have central star effective temperatures and luminosities listed in the catalog of Weidmann et al. (2020), and these are shown as open triangle symbols in Figure 24, with those listed as “Triple progenitor” shown by larger symbols and those listed as “Likely triple” shown by smaller symbols. It can be seen that the putative triple-star sources are widely distributed along the evolutionary tracks, implying that the effects of triple interactions can be seen for a wide variety of nebula ages and central star masses. It is notable, however, that only one of the triple sources has a luminosity below 300 L $_\odot$, whereas such low-luminosity central stars represent a significant fraction in other samples of well-measured sources, such as the “Golden Astrometry PNe” sample (González-Santamaría et al. 2019). Such sources are typically old, with very extended nebulae, so their relative absence

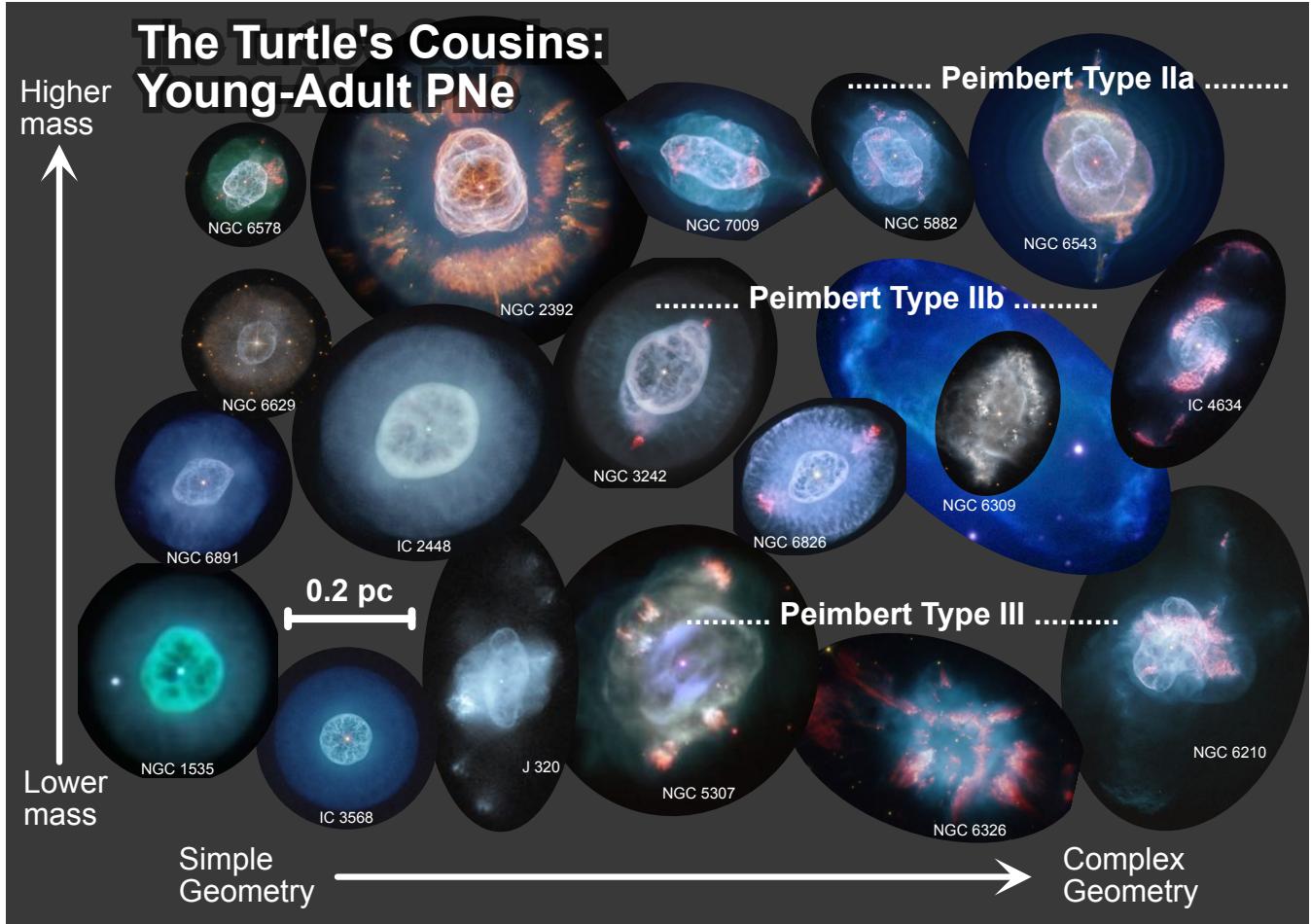


Figure 25. A selection of planetary nebulae that are similar to NGC 6210 in terms of central star effective temperature and atmospheric abundances, as well as nebular radius, luminosity and ionizing optical depth. All nebulae are shown at the same physical scale (see scale bar of 0.2 pc). Each row corresponds to a different Peimbert type, from bottom to top: Type III, Type IIb, Type Ia, in decreasing order of stellar population age and increasing order of stellar mass. Within each row, the nebulae are arranged from left to right in order of increasing geometric complexity. Image credits: Judy Schmidt/HST for all except NGC 1535 (Mount Lemmon SkyCenter, University of Arizona) and outer portions of NGC 6309 (Rubio et al. 2015).

may be due to the signatures of triple-interaction becoming increasingly “washed out” as the nebula expands. On the other hand, it may also be that asymmetries in such nebulae tend to be ascribed to interaction with the interstellar medium instead of triple interactions, and increasing incompleteness of the Weidmann et al. (2020) catalog for fainter stars is another likely contributing factor.

For physical (non-morphological) similarity, we select a primary sample of Peimbert Type III nebulae from the catalog of Quireza et al. (2007) that satisfy all the following criteria:

1. Moderate stellar effective temperature $50 \text{ kK} < T_{\text{eff}} < 100 \text{ kK}$.
2. Matter-bounded, optically thin nebula: ratio of He I to H I Zanstra temperature ≥ 1.3 (Phillips 2003).
3. Within a distance of 4 kpc of the Earth (distances are taken from Frew et al. 2016).
4. Similar nebular physical size to NGC 6210: $0.07 \text{ pc} < R < 0.2 \text{ pc}$, where R is measured on the minor axis of the intermediate shell.
5. Central star with H-rich spectral classification, principally O(H). (Weidmann et al. 2020)

This yields five sources in addition to the Turtle: NGC 1535

(PN G206.4–40.5), IC 3568 (PN G123.6+34.5), Jonckheere 320 (PN G190.3–17.7), NGC 5307 (PN G312.3+10.5), and NGC 6326 (PN G338.1–08.3). The central stars are plotted on the HR diagram as orange symbols in Figure 24 and the nebulae themselves are illustrated in the bottom row of Figure 25, all at the same physical scale.

We also select a secondary sample of Peimbert Type IIb, which otherwise meet the 5 criteria given above, yielding another seven sources: NGC 6891 (PN G054.1–12.1), NGC 6629 (PN G009.4–05.0), IC 2448 (PN G285.7–14.9), NGC 3242 (PN G261.0+32.0), NGC 6826 (PN G083.5+12.7), and NGC 6309 (PN G009.6+14.8),¹² and IC 4634 (PN G000.3+12.2). Applying the same criteria to Type Ia nebulae yields more than 10 sources, from which we cherry pick five of the most famous: NGC 6578 (PN G010.8–01.8), NGC 2392 (PN G197.0+17.3), NGC 7009 (PN G037.7–34.5), NGC 5882 (PN G327.8+10.0), and NGC 6543 (PN G096.4+29.9).¹³ Type II nebulae have low z -heights and pecu-

¹² We relax criterion 5 to admit NGC 6309, which has spectral classification “O(He)?”.

¹³ Again, we relax criterion 5 to admit NGC 6543, which has spectral

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liar velocities, indicating membership of a younger, thin-disk stellar population (Quireza et al. 2007). Type IIb have similar abundances to Type III, while type IIa are moderately enriched in N and He. On average, the progenitor mass should increase in sequence from Type III, through IIb, to IIa, but there is a large overlap between the types (Stanghellini & Haywood 2018) and by filtering on both T_{eff} and R we are probably restricting our samples to a narrow range of masses.¹⁴

We call the nebulae in these samples “Young-adult PNe” because they are an intermediate evolutionary stage between “Young PNe” (which are ionization bounded, with $T_{\text{eff}} < 50 \text{ kK}$ and $[\text{O III}]/\text{H}\alpha < 1$, Sahai et al. 2011) and the fully mature nebulae whose central stars have reached their maximum T_{eff} of 100 to 200 kK and are about to descend the white dwarf cooling track. As can be seen in Figure 25, all of these nebulae are built from the same basic architectural elements: a bright inner shell (rim), and a fainter intermediate shell.¹⁵ Many also, like the Turtle, have larger-scale, faint ionized halos, but these are not shown in the figure. However, the details of the morphology can vary greatly: two of the Type III nebulae, NGC 1535 and IC 3568, have a very regular, spherical appearance, albeit with low amplitude irregularities in the inner shell. Three of the Type IIb nebulae also show a regular structure, but these tend to be elliptical rather than spherical, especially in the inner shell. The remaining two-thirds of the sample nebulae all show bipolar or multipolar structures. In most cases, there is one principal axis of symmetry, which corresponds both to the elongation of the inner shell and dominant low-ionization knots. Others, such as J320 and NGC 5307 have multiple axes, but even in these cases the structures are approximately point symmetric. Chong et al. (2012) propose that a very wide range of morphologies can be reproduced using three pairs of lobes, and it is indeed true that nearly all of our sample can be accommodated under their scheme, with the exception of the Turtle, which is a clear outlier in terms of the extremity of its asymmetries.

In some cases, the apparent differences in morphology are due to viewing angle effects. An example is NGC 2392 where morpho-kinematic modeling (García-Díaz et al. 2012) shows that the nebula is highly elongated, similar to NGC 7009 and NGC 6543, but appears much more circular than those nebulae because its symmetry axis is close to the line of sight. In most other cases, however, the differences in morphology are intrinsic. Longslit spectroscopy reveals fast collimated outflows in many of the nebulae with lobes (Rechy-García et al. 2020), whereas most apparently circular or mildly elliptical nebulae show no evidence for such outflows (Corradi et al. 2007), indicating that they truly are approximately spheroidal. It is particularly instructive to compare the Turtle with the almost-spherical NGC 1535, since the central stars of these two nebulae are almost perfect twins (Herald & Bianchi 2011), with closely similar effective temperature, surface gravity, and stellar wind mass-loss rate and velocity. The basic parameters of the nebulae (radii, densities, chemical composition, and velocities of the shells and halo) are

classification “Of-WR(H)”. We also relax criterion 4 to admit NGC 2392, which is slightly larger than the other nebulae ($R = 0.22 \text{ pc}$).

¹⁴ The highest mass progenitors ($M > 2 M_{\odot}$) are associated with Peimbert Type I nebulae, but no such nebulae from the Quireza et al. (2007) catalog satisfy our combined constraints. This may well be because the faster evolutionary timescale of higher mass stars on the post-AGB heating track (see § 6.1) means that T_{eff} exceeds 100 kK while the nebula is still compact, $R < 0.07 \text{ pc}$.

¹⁵ Although the inner shell is rather diffuse in two of the Type III nebulae: NGC 5307 and NGC 6326.

also similar.¹⁶ Despite these similarities, NGC 1535 is totally lacking the fast lobes, low-ionization knots, and asymmetries that are so prominent in the Turtle. The implication is that none of these phenomena are intrinsic or necessary for the formation and expansion of the main planetary nebula shell.

7 CONCLUSIONS

We have carried out detailed velocity mapping of the Turtle Nebula, NGC 6210, via longslit spectroscopy at 34 slit positions in $\text{H}\alpha$, He II , $[\text{O III}]$, and $[\text{N II}]$ lines. By combining the spectroscopy with proper motion measurements from HST imaging, we derive the three-dimensional structure and kinematics of the multiple components that comprise this complex, asymmetrical nebula.

We find five separate ejection axes in the nebula, which show an intricate interplay between symmetries and asymmetries. The first two axes, A and B, which are approximately perpendicular to one another, describe the major axes of the inner shell (rim) and intermediate shell, respectively. The intermediate shell is the most massive component of the nebula ($0.135 M_{\odot}$) and probably represents the bulk of the mass lost by the central star at the end of its AGB phase. It has a kinematic age of roughly 3500 yr, which should roughly correspond to the length of time since the central star began to ionize the nebula. Its shape is approximately a prolate spheroid, with 2:1 axis ratio and inclined at 40° to the plane of the sky, but spatially offset from the star. The high-density inner shell dominates the $\text{H}\alpha$ flux from the nebula, even though it is only half the mass of the intermediate shell. The inner shell represents material that has been shock-compressed by the expansion of the fast stellar wind from the central star. Its projected shape is approximately bipolar and with axis of elongation (axis A) at 15° to the plane of the sky, but its true shape must be more complex since it shows a pronounced velocity gradient parallel to the major axis of the intermediate shell (axis B). Although the inner shell is geometrically well-centered on the central star, it shows complex brightness asymmetries in both position and velocity, with an opposite sense in He II to that in $\text{H}\alpha$ and $[\text{O III}]$. The expansion velocity of the intermediate shell is 35 km s^{-1} , while the inner shell expands at 50 km s^{-1} , which is atypically fast for the rim of a double-shell planetary nebula.

The next two axes, C and D, are ejection axes of the high-ionization outer lobes of the nebula. The lobes are bipolar flows with a high degree of point symmetry, inclined at 10° to 20° to the plane of the sky. They show outflow velocities of 40 to 60 km s^{-1} close to the axis and slightly lower velocities in a wider angle flow, with bow-shock like morphologies at their tips. We propose that they are the result of collimated bipolar fast winds or jets from the central star system, which shock and entrain material from the intermediate shell and ionized halo of the nebula. The kinematic timescales imply that axis C and D were active around 3000 to 5000 yr ago, around the same time as the “birth” of the nebula. An additional lobe outflow is aligned with axis A (the axis of elongation of the inner shell), with a higher speed of 90 km s^{-1} . Axes A and C are almost coincident on the plane of the sky, but can be clearly separated kinematically in the spectra. The axis A outflow is younger than the other lobes, with a kinematic age of 2000 to 3000 years. Although its high-ionization emission shows the same point symmetry as the other lobes, it is

¹⁶ Minor exceptions are that NGC 1535 is slightly higher excitation, as measured by $\text{He II}/\text{H}\beta$ (Barker 1989), and has a higher carbon abundance (Kwitter & Henry 1996), although both nebulae are oxygen-rich with $\text{C}/\text{O} < 1$.

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unique in having a low-ionization compact component (N knot), which is present on one side only.

The final axis, E, is the ejection axis of the low-ionization knot complexes, which dominate the appearance of the nebula in the [N II] line. Axis E is highly inclined ($\approx 70^\circ$) to the plane of the sky and the low-ionization outflow is less well collimated than the lobes. These combine to make the axis hard to identify in images, although it is clearly revealed in the longslit spectra. Furthermore, while A, B, C, and D are symmetry axes, axis E would be better described as an *asymmetry* axis, since the kinematic timescales are utterly different between the redshifted and blueshifted sides. The red semi-axis (predominantly N and W of the central star) was active with outflow velocities of 30 km s^{-1} from 8000 to 4000 yr ago, that is, before the planetary nebula phase. In contrast, the blue semi-axis (predominantly S and E) was active with outflow velocities of 50 km s^{-1} from 1200 to 2700 yr ago, making it the kinematically youngest component of the nebula. The density of the low-ionization knots is too high for them to be explained by shocked ionized halo material, so we propose that they represent dense bullets ejected from the central star system. Their total mass is $0.06 M_\odot$, or about 30% of the mass of the nebular shells.

NGC 6210 is the product of a relatively low-mass ($\approx 1.25 M_\odot$) progenitor and its post-AGB central star is halfway along its high-luminosity heating track. In some ways it is very similar to much simpler nebulae such as NGC 1535 and IC 3568, but its rich variety of bipolar and monopolar outflows, combined with marked asymmetries in the nebular shells, set it apart from most other nebulae. An interacting triple star system is a natural explanation for the Turtle's many peculiarities, but the exact mechanism is unknown and direct evidence for multiplicity of the central star is still lacking. We hope that our detailed elucidation of the Turtle's complicated history of anisotropic mass loss will provide inspiration for future modeling efforts.

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¹⁷ <https://sites.google.com/cfa.harvard.edu/saoimageds9>

¹⁸ <https://cds.u-strasbg.fr>

¹⁹ <http://planetarynebulae.net/EN/hash.php>

DATA AVAILABILITY

The data underlying this article are available from the San Pedro Mártir Kinematic Catalogue of Galactic Planetary Nebulae at <http://kincatpn.astrosen.unam.mx> and from the Mikulski Archive for Space Telescopes at <https://dx.doi.org/10.17909/t9-9g3w-nd31>.

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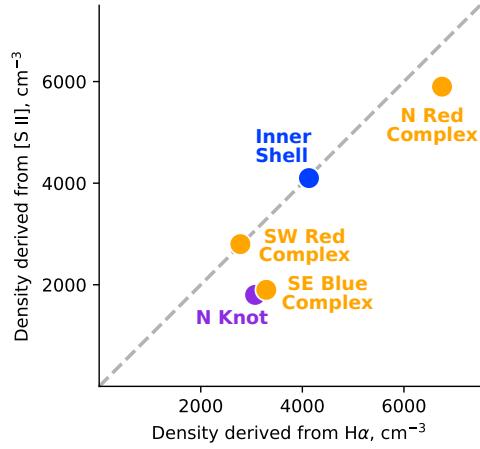


Figure A1. Comparison between densities derived from H α surface brightness and densities derived from the [S II] 6716/6731 line ratio for the small number of features that are detected in our single MES-SPM [S II] slit spectrum.

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APPENDIX A: DENSITY CALIBRATION

As a check on our H α -derived densities, we also calculate densities from MES-SPM observations of the red [S II] doublet for a single slit position (Slit S of Fig. 2). This passes through five distinct spatio-kinematic features in the inner nebula, allowing us to measure the line ratio $I(6716)/I(6731)$ for each (unfortunately, [S II] emission from the outer lobes and halo is undetectably weak). Because the relative spectrograph efficiency between the doublet wavelengths is not well-determined, we have calibrated the line ratios by forcing the average value over the entire slit to be $I(6716)/I(6731) = 0.60$, in agreement with the spectrophotometry of Liu et al. (2004). Results are shown in Figure A1, calculated with PyNeb (Luridiana et al. 2015) using atomic data from Podobedova et al. (2009) and Tayal & Zatsariny (2010). It can be seen that there is a reasonable agreement between the two density diagnostics, which justifies our decision not to use any filling factor correction in equation (1). The need for a

filling factor is obviated by carefully calculating the line-of-sight depth of each emission component separately.

APPENDIX B: IONIZATION STRUCTURE OF THE NEBULA

There is a marked difference in appearance of the nebula between high-ionization lines such as [O III] (Fig. 5) and low-ionization lines such as [S II], [O II] and [N II] (Fig. 6), implying that there are strong variations in the degree of ionization. The appearance in H α is broadly similar to [O III], which suggests that the doubly ionized ions, such as O $^{2+}$ and N $^{2+}$, are the dominant stages, whereas the singly ionized ions, such as O $^+$ and N $^+$, have low abundance in most of the nebula. This in turn implies that the nebula must be optically thin in the H 0 and He 0 ionizing continua, which is also consistent with the fact that the [N II] emission is *not* concentrated in an outer ring, as would be expected for an optically thick nebula (for example, the Ring Nebula, O'Dell et al. 2013).

In an optically thin nebula, the flux of ionizing photons at each point is $F_{\text{ion}} = Q/4\pi R^2$, where Q is the ionizing photon luminosity. The local ionization parameter is defined as $U_{\text{ion}} = F_{\text{ion}}/nc$, where c is the speed of light. We have calculated U_{ion} for each of the features listed in Table 2 and list in column 5 of Table 3 the range of values found for each component. In this calculation, we use the density of each feature as calculated from the H α surface brightness (§ 5.2) and assume $Q = 4.9 \times 10^{47} \text{ s}^{-1}$, which we derive from the CSPN stellar atmosphere models of Krčíčka et al. (2020) using the stellar parameters of Herald & Bianchi (2011). In Figure B1 we plot the line ratios [N II] $\lambda 6583/\text{H}\alpha$ and [O III] $\lambda 5007/\text{H}\beta$ against the ionization parameter for each feature. The [N II] and [O III] surface brightness were determined from HST images, as outlined in § 5.2.

It is apparent from the table and figure that there is a wide range of ionization parameters in the nebula. The steep decline in density with radius (faster than R^{-2}) means that the ionization parameter tends to increase with radius, although the lowest values are associated with the knot complexes, owing to their relatively high densities as compared with other features at similar radii. Figure B1 shows that the [N II]/H α ratio varies by two orders of magnitude and is clearly anti-correlated with U_{ion} . The [O III]/H β ratio, on the other hand, shows no correlation with U_{ion} and indeed varies little within the nebula. This is what is expected in an optically thin nebula, where the doubly ionized metals predominate.

As an example, gray solid lines in Figure B1 show a toy photoionization model, in which we assume O $^{2+}/\text{O}^+ = \text{N}^{2+}/\text{N}^+ = A U_{\text{ion}}$, where $A \approx 1.6 \times 10^4$ is a dimensionless constant, whose value we fix by requiring the model to approximately fit the [N II]/H α observations.²⁰ In the model, we calculate the line emissivities using PYNEB, assuming electron temperatures and abundances as marked on the figures, which are based on the values derived by Pottasch et al. (2009). Selected ionic fractions are indicated by white dots, which show that, even in the [N II]-brightest knots, the N $^+/N$ ratio never exceeds 0.1.

One caveat here is that the measured line ratios correspond to

²⁰ Setting the N and O ion fractions to be equal in this equation is tantamount to assuming an N $^+/O^+$ ionization correction factor (ICF) of unity (Kingsburgh & Barlow 1994). Fits to a large suite of photoionization models (equations [14–16] of Delgado-Inglada et al. 2014) imply ICF(N $^+/O^+$) = 1.4 ± 1.0 for the nebular parameters of NGC 6210, whereas spectrophotometry of the whole nebula (Pottasch et al. 2009, Table 7) yields ICF(N $^+/O^+$) = 0.78. Both of these estimates are sufficiently close to unity for our purposes.

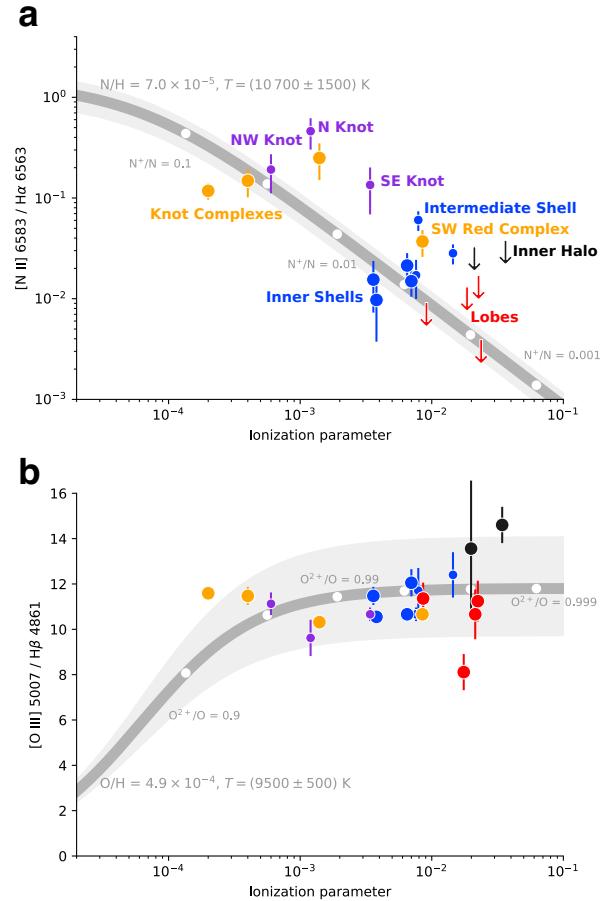


Figure B1. Diagnostic line ratios plotted against ionization parameter for different nebular features: (a) [N II]/H α , (b) [O III]/H β . Yellow symbols show knot complexes and purple symbols show individual knots, as labeled. Large blue symbols show the inner shell, and small blue symbols show the intermediate shell. Red symbols show the outer lobes and black symbols show the halo. Since the [N II] line is not detected from the lobes and halo, only upper limits are available for these components in panel a. The ionization parameter is calculated from the H α surface brightness and the three-dimensional reconstruction, as explained in the text. The thick gray line in each panel shows a toy model of fixed elemental abundance and temperature as labeled, with varying ion fraction as determined by optically thin photoionization equilibrium as a function of ionization parameter. The gray shaded area shows the effect of varying the model temperature by ±1500 K (panel a) and ±500 K (panel b).

the integrated emission along the line of sight, whereas, in the case of the knot complexes, there is spectroscopic evidence for ionization stratification (see final paragraph of § 4.2), which means that the [N II] and [O III] emission may come from distinct zones.²¹ It is therefore possible that *locally* N $^+/N$ may reach unity, but that the effect is masked by integration along the line of sight.

Although we have demonstrated that the nebula as a whole is optically thin in the H 0 - and He 0 -ionizing continua, this is clearly not the case for the He $^+$ -ionizing continuum ($h\nu > 54.4 \text{ eV}$), as evidenced by the compact distribution of He II emission at the inner

²¹ The H α and H β emission would come from both zones but the [O III] zone would predominate due to its larger emission measure.

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6 edge of the high-ionization shell (see Figs. 13, 8, and 14). This is
7 consistent with the presence of an ionization-bounded He²⁺ Strömgren
8 sphere, with radius ≈ 0.04 pc, which traps all the He⁺-ionizing
9 radiation. An interesting consequence is that, even though the ion-
10 ization parameter increases with distance from the central star, there
11 is likely to be no O³⁺ in the outer nebula since the photoionization
12 of O²⁺ requires $h\nu > 54.9$ eV. Indeed, our measurements (Fig. B1b)
13 show that [O III]/H β remains high in the lobes and halo, consistent
with O²⁺/O ≈ 1 .

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