P8123 Final

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```
library(tidyverse)
library(survey)
library(ggsurvey)
library(tableone)
library(gtsummary)
library(sjPlot)

knitr::opts_chunk$set(
    message = FALSE,
    warning = FALSE,
    tidy.opts = list(width.cutoff = 60)
)

theme_set(theme_minimal() + theme(legend.position = "bottom"))

load("./data/nhanes_data.rda") #put files into data folder so everyone can run this
load("./data/nhanes_key.rda")
load("./data/key_guide.rda")
```

Problem statement: Controlling blood pressure (BP) reduces the risk for cardiovascular disease. However, the prevalence of BP control (i.e., systolic BP < 140 and diastolic BP < 90) among US adults with hypertension has decreased since 2013. We invite teams to analyze publicly available data from US adults to help identify potential causes or correlates of worsening BP control among US adults with hypertension over the past decade, as this may allow for development of effective interventions to help control BP and prevent cardiovascular disease.

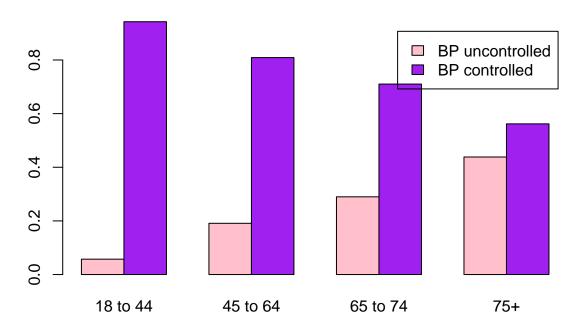
Svydesign and subset for hypertension patients 2013 onwards

Some EDA

The outcome of interest -> bp_control_140_90 OR bp_uncontrolled_140_90

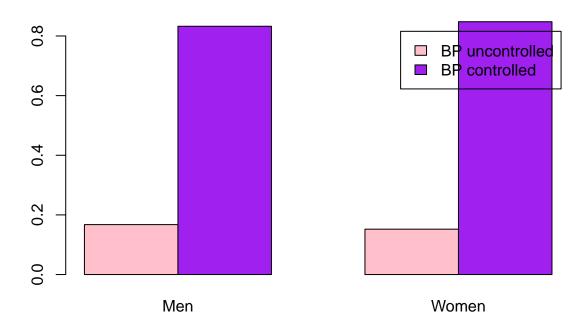
```
#age -> so for older people, BP control is definitely lower
age <- svyby(~factor(bp_control_140_90), ~factor(demo_age_cat), design=htsub2, svymean, na.rm=TRUE)
barplot(age, legend.text=c("BP uncontrolled", "BP controlled"), col=c("pink", "purple"), main="Proporti</pre>
```

Proportion of BP control by age category

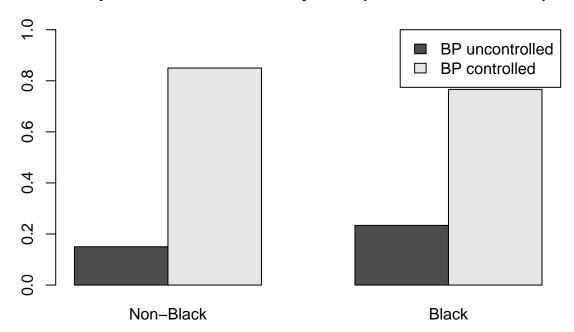


```
#gender -> not really any difference
gender <- svyby(~factor(bp_control_140_90), ~factor(demo_gender), design=htsub2, svymean, na.rm=TRUE)
barplot(gender, legend.text=c("BP uncontrolled", "BP controlled"), col=c("pink", "purple"), main="Proposition")</pre>
```

Proportion of BP control by gender

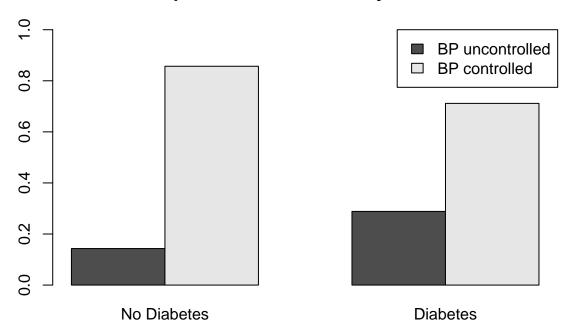


Proportion of BP control by race (non-Black vs Black)

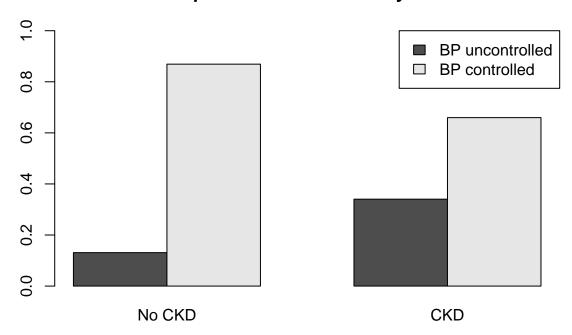


```
#diabetes
diabetes <- svyby(~factor(bp_control_140_90), ~factor(cc_diabetes), design=htsub2, svymean, na.rm=TRUE)
barplot(diabetes,
    legend.text=c("BP uncontrolled", "BP controlled"),
    names.arg=c("No Diabetes", "Diabetes"),
    ylim=c(0, 1.0),
    args.legend = list(x = "topright"),
    main="Proportion of BP control by diabetes")</pre>
```

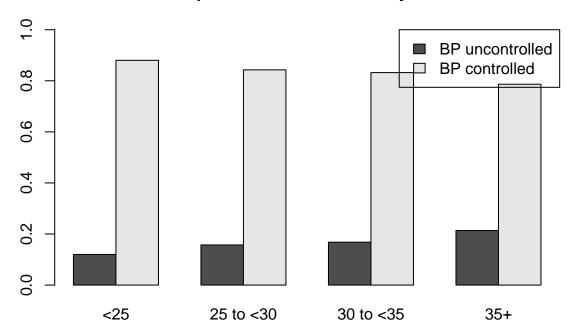
Proportion of BP control by diabetes



Proportion of BP control by CKD



Proportion of BP control by BMI



```
#meds recommended -> 100% for those with uncontrolled BP
# look at med recommended and meds taken ratio by different subgroups?
table(nhanes_data$bp_med_recommended_jnc7, nhanes_data$bp_med_use) #48% of people recommended medicatio
##
##
            No
                 Yes
##
    No 37755
     Yes 7062 14690
##
svyCreateCatTable(vars= c("bp_med_recommended_jnc7" ,"bp_med_use"),
                  strata="demo_race",
                  data=htsub2) #across all races, the % of med use is lower than % recommended -? this
##
                                      Stratified by demo_race
##
                                       Non-Hispanic White Non-Hispanic Black
##
                                       443841370.8
                                                           78256419.3
```

Stratified by demo_race

Non-Hispanic Asian Hispanic

111473163.2 (25.1) 23255215.8 (29.7)

6822774.8 (18.0) 15828214.5 (15.0)

105372525.4

37820092.9

bp_med_recommended_jnc7 = Yes (%) 156173388.2 (35.2) 33534720.2 (42.9)

bp_med_recommended_jnc7 = Yes (%) 11080831.4 (29.3) 26424308.7 (25.1)

##

##

##

##

##

bp_med_use = Yes (%)

bp_med_use = Yes (%)

```
##
                                      Stratified by demo_race
##
                                       Other
                                                          р
                                                                 test
##
                                       24220134.3
    bp_med_recommended_jnc7 = Yes (%) 8029041.0 (33.2) <0.001</pre>
##
##
    bp_med_use = Yes (%)
                                       5443707.4 (22.5) < 0.001
#for table 1 -> age category, gender, race, BMI, smoking status, diabetes, CKD, cholesterol, recommende
# removed "bp_med_recommended_jnc7", "bp_med_recommended_accaha" for space
# didn't they say something in class about the Rao and Scott being wrong in R? not sure if we should in
# I don't think we should have p-values in the table 1 since we're not running models yet, just showing
reset_gtsummary_theme()
theme_gtsummary_compact()
tab1 <- tbl_svysummary(data = htsub2, by = "bp_control_140_90", include = c("demo_age_cat", "demo_gende
                       label = list(demo_age_cat ~ "Age",
                                    demo_gender ~ "Gender",
                                    demo_race ~ "Race",
                                    cc_bmi ~ "BMI",
                                    cc_ckd ~ "Chronic Kidney Disease",
                                    cc_diabetes ~ "Diabetes",
                                    cc_cvd_any ~ "Cardiovascular Disease",
                                    bp_med_use ~ "BP Medication Use",
                                    chol_total ~ "Total Cholesterol",
                                    chol_hdl ~ "HDL",
                                    chol_ldl ~ "LDL",
                                    chol_trig ~ "Triglycerides",
                                    chol_med_use ~ "Cholesterol Medication Use")) %>% add_p() %>% add_
  italicize_levels()
tab1
```

Table 1: Subject Characteristics (Survey Weighted)

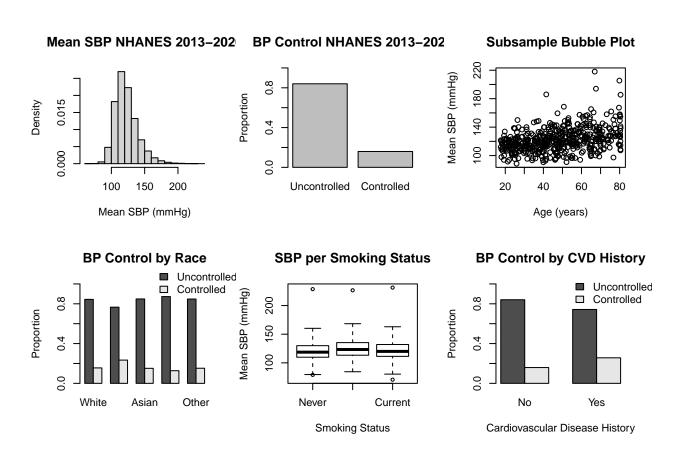
Characteristic	No, N = 110,019,543	Yes, N = 579,490,999	p-value
Age, n (%)			< 0.001
18 to 44	18,218,707 (17%)	299,580,713 (52%)	
45 to 64	45,525,230 (41%)	192,746,908 (33%)	
65 to 74	23,816,079 (22%)	58,369,736 (10%)	
75+	22,459,527 (20%)	28,793,643 (5.0%)	
Gender, n (%)			0.050
Men	55,991,881 (51%)	278,426,528 (48%)	
Women	54,027,662 (49%)	301,064,472 (52%)	
Race, n (%)			< 0.001
Non-Hispanic White	68,928,072 (63%)	374,913,299 (65%)	
Non-Hispanic Black	18,291,583 (17%)	59,964,836 (10%)	
Non-Hispanic Asian	5,715,421 (5.2%)	32,104,671 (5.5%)	
Hispanic	13,404,152 (12%)	91,968,373 (16%)	
Other	3,680,315 (3.3%)	20,539,820 (3.5%)	
BMI, n (%)	,	,	< 0.001
<25	23,597,988 (22%)	173,248,879 (30%)	

Characteristic	No, N = 110,019,543	Yes, N = 579,490,999	p-value
25 to <30	33,526,572 (31%)	179,795,985 (32%)	
30 to <35	23,810,864 (22%)	117,994,322 (21%)	
35+	26,600,214 (25%)	97,987,747 (17%)	
Unknown	2,483,906	10,464,066	
Chronic Kidney Disease, n (%)	32,045,575 (29%)	62,111,324 (11%)	< 0.001
Diabetes, n (%)	22,552,554 (20%)	55,629,143 (9.6%)	< 0.001
Cardiovascular Disease, n (%)	15,856,616 (14%)	40,856,909 (7.1%)	< 0.001
BP Medication Use, n (%)	51,549,103 (47%)	111,273,973 (19%)	< 0.001
Total Cholesterol, Median	192 (163, 222)	183 (158, 211)	< 0.001
(IQR)			
Unknown	63,100,407	$325,\!591,\!825$	
HDL, Median (IQR)	52 (42, 65)	52(43, 63)	> 0.9
Unknown	63,100,407	325,591,825	
LDL, Median (IQR)	112 (88, 139)	109 (86, 133)	0.013
Unknown	63,221,679	325,731,647	
Triglycerides, Median (IQR)	105 (72, 155)	89 (61, 135)	< 0.001
Unknown	63,221,679	325,731,647	
Cholesterol Medication Use, n	16,391,227 (34%)	$47,895,434 \ (19\%)$	< 0.001
(%)	, ,	, ,	
Unknown	62,505,218	323,610,642	

Possible Figure 1:

I made a six-panel figure that could serve as our single Figure 1, feel free to change these plots to different things or remove ones we might not need. - Will

```
par(mfrow = c(2, 3))
svyhist(~bp sys mean, htsub2, main = "Mean SBP NHANES 2013-2020", xlab = "Mean SBP (mmHg)")
prop <- svymean(~bp_uncontrolled_140_90, htsub2, na.rm=TRUE)</pre>
barplot(prop,
        ylim=c(0, 1.0),
       main="BP Control NHANES 2013-2020", names.arg = c("Uncontrolled", "Controlled"),
       ylab = "Proportion")
 svyplot(bp_sys_mean~demo_age_years, htsub2, style = "subsample", xlab = "Age (years)", ylab = "Mean SB
race <- svyby(~bp_uncontrolled_140_90, ~factor(demo_race), htsub2, svymean, na.rm=TRUE)
barplot(race,
        legend.text=c("Uncontrolled", "Controlled"),
        ylim=c(0, 1.0),
        args.legend = list(x = "topright", bty = "n", inset = c(-0.25, -0.2)),
       main="BP Control by Race",
       ylab = "Proportion",
       names.arg = c("White", "Black", "Asian", "Hispanic", "Other"))
svyboxplot(bp_sys_mean~factor(cc_smoke), htsub2, na.rm=TRUE, xlab = "Smoking Status", ylab = "Mean SBP
```



Regression models - really don't know which variables to select

using the bp_uncontrolled_140_90 variable instead of bp_control for regression

```
m1 <- svyglm(bp_uncontrolled_140_90 ~ demo_age_cat + demo_race + demo_gender + cc_smoke + cc_bmi+ cc_di
#need to set BMI reference value to normal level rather than underweight
summary(m1)
```

```
##
## Call:
## svyglm(formula = bp_uncontrolled_140_90 ~ demo_age_cat + demo_race +
## demo_gender + cc_smoke + cc_bmi + cc_diabetes + cc_ckd +
```

```
cc_cvd_any + chol_trig + chol_ldl + chol_hdl, design = htsub2,
##
##
       family = quasibinomial())
##
## Survey design:
##
   subset(htsub, svy_year == "2013-2014" | svy_year == "2015-2016" |
       svy year == "2017-2020")
##
##
## Coefficients:
##
                                 Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                               -4.2784289
                                           0.2847878 -15.023 < 2e-16 ***
## demo_age_cat45 to 64
                                1.1528233
                                           0.1252890
                                                        9.201 5.47e-11 ***
## demo_age_cat65 to 74
                                1.7627753
                                           0.1598648
                                                       11.027 4.28e-13 ***
## demo_age_cat75+
                                2.4495017
                                           0.1681808
                                                       14.565
                                                              < 2e-16 ***
## demo_raceNon-Hispanic Black 0.8670093
                                           0.1173396
                                                        7.389 1.02e-08 ***
## demo_raceNon-Hispanic Asian 0.3999404
                                                        3.517 0.001199 **
                                           0.1137010
## demo_raceHispanic
                                0.1559047
                                           0.1091321
                                                        1.429 0.161743
## demo_raceOther
                                           0.2431672
                                                        0.085 0.932594
                                0.0207119
## demo_genderWomen
                               -0.3087733
                                           0.1070130
                                                       -2.885 0.006566 **
## cc_smokeFormer
                                0.0729305
                                           0.1250743
                                                        0.583 0.563463
## cc smokeCurrent
                                0.2004411
                                           0.1685633
                                                        1.189 0.242179
## cc_bmi25 to <30
                               -0.0215815
                                           0.1116762
                                                      -0.193 0.847849
## cc_bmi30 to <35
                                0.2261152
                                           0.1130356
                                                        2.000 0.053045
## cc_bmi35+
                                0.7023231
                                           0.1345164
                                                        5.221 7.63e-06 ***
## cc diabetesYes
                                0.3421597
                                           0.1262108
                                                        2.711 0.010214 *
## cc_ckdYes
                                0.6520772 0.1190915
                                                        5.475 3.49e-06 ***
## cc_cvd_anyYes
                               -0.0273710
                                           0.1208875
                                                       -0.226 0.822158
## chol_trig
                                0.0017308
                                           0.0003819
                                                        4.533 6.21e-05 ***
## chol_ldl
                                0.0052070
                                           0.0012622
                                                        4.125 0.000209 ***
## chol_hdl
                                0.0061692
                                           0.0032180
                                                        1.917 0.063190 .
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for quasibinomial family taken to be 0.9486429)
##
## Number of Fisher Scoring iterations: 5
#need to look into subset of high cholesterol and hypertension?
```

Modeling medication use with bp_uncontrolled_140_90 outcome

Model is limited to survey design subset of hypertension patients from 2013-2020. We selected medication variables concerning self-reported blood pressure medication use (yes/no), the number of antihypertensive medication pills taken per day, the use of vasodilators (yes/no), alpha and beta blockers (yes/no), the use of angiotensin receptor blockers, and the use of statins or other cholesterol medication for cholesterol control (yes/no). These variables were selected based on their prior association with blood pressure levels in existing clinical trials and research studies.

```
meds_binary <- svyglm(bp_uncontrolled_140_90 ~ bp_med_use + bp_med_n_pills + bp_med_vasod + bp_med_alph
```

Use of blood pressure medications, number of antihypertensive pills (1-4+), and angiotensin receptor blockers, were significantly associated with having uncontrolled blood pressure. The use of vasodilators, statins or other cholesterol medication, alpha and beta blockers, had non-statistically significant associations with having uncontrolled blood pressure.

Modeling medication use with bp_sys_mean outcome

We now model the continuous outcome of the average systolic blood pressure with the same medication covariates among those with hypertension from 2013-2020.

```
meds_continuous <- svyglm(bp_sys_mean ~ bp_med_use + bp_med_n_pills + bp_med_vasod + bp_med_alpha + bp_s
```

The use of blood pressure medications, number of antihypertensive pills (1), and angiotensin receptor blockers were significantly associated with mean systolic blood pressure levels in those with hypertension from 2013-2020. The use of (2-4+) antihypertensive pills per day, vasodilators, alpha and beta blockers, and statins and other cholesterol medications, had non-statistically significant associations with mean systolic blood pressure levels in those with hypertension from 2013-2020.

Nested Models

Level One Demographic Characteristics.

```
##
## Call:
## svyglm(formula = bp_uncontrolled_140_90 ~ demo_age_cat + demo_race +
       demo_gender, design = htsub2, family = quasibinomial())
##
##
## Survey design:
   subset(htsub, svy_year == "2013-2014" | svy_year == "2015-2016" |
       svy_year == "2017-2020")
##
##
## Coefficients:
                               Estimate Std. Error t value Pr(>|t|)
##
## (Intercept)
                               -2.92319
                                           0.09320 -31.364 < 2e-16 ***
## demo age cat45 to 64
                                1.41571
                                           0.07074 20.014 < 2e-16 ***
## demo_age_cat65 to 74
                                                    25.696 < 2e-16 ***
                                2.01652
                                           0.07848
## demo age cat75+
                                2.70181
                                           0.10722
                                                    25.200
                                                           < 2e-16 ***
## demo_raceNon-Hispanic Black 0.86309
                                           0.07301
                                                    11.822 1.1e-15 ***
## demo_raceNon-Hispanic Asian 0.26243
                                           0.07708
                                                     3.405 0.00136 **
## demo_raceHispanic
                                0.23525
                                           0.07650
                                                     3.075 0.00350 **
## demo_raceOther
                                0.27350
                                           0.17971
                                                     1.522
                                                            0.13474
## demo_genderWomen
                               -0.21386
                                           0.06224 -3.436 0.00124 **
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for quasibinomial family taken to be 0.9818051)
## Number of Fisher Scoring iterations: 5
```

Level Two Health-related Characteristics

```
model_2 <- svyglm(bp_uncontrolled_140_90 ~ demo_age_cat + demo_race + demo_gender + #demographics
                  cc_smoke + cc_bmi+ cc_diabetes + cc_ckd + cc_cvd_any + chol_trig + chol_ldl + chol_
                design = htsub2, family=quasibinomial())
summary(model_2)
##
## Call:
## svyglm(formula = bp_uncontrolled_140_90 ~ demo_age_cat + demo_race +
      demo_gender + cc_smoke + cc_bmi + cc_diabetes + cc_ckd +
      cc_cvd_any + chol_trig + chol_ldl + chol_hdl, design = htsub2,
##
      family = quasibinomial())
##
##
## Survey design:
## subset(htsub, svy_year == "2013-2014" | svy_year == "2015-2016" |
      svy_year == "2017-2020")
##
## Coefficients:
##
                            Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                          -4.2784289 0.2847878 -15.023 < 2e-16 ***
                           1.1528233 0.1252890
## demo_age_cat45 to 64
                                                9.201 5.47e-11 ***
## demo_age_cat65 to 74
                           1.7627753 0.1598648 11.027 4.28e-13 ***
                      2.4495017 0.1681808 14.565 < 2e-16 ***
## demo_age_cat75+
## demo_raceNon-Hispanic Black 0.8670093 0.1173396 7.389 1.02e-08 ***
## demo_raceNon-Hispanic Asian 0.3999404 0.1137010 3.517 0.001199 **
## cc_smokeCurrent
## cc_bmi25 to <30
## cc_bmi30 to <35
## cc_bmi35+
## cc_diabetesYes
## cc_ckdYes
                           0.6520772  0.1190915  5.475  3.49e-06 ***
                         -0.0273710 0.1208875 -0.226 0.822158
## cc_cvd_anyYes
## chol_trig
                            0.0017308 0.0003819
                                                4.533 6.21e-05 ***
## chol_ldl
                            0.0052070 0.0012622 4.125 0.000209 ***
## chol_hdl
                             0.0061692 0.0032180 1.917 0.063190 .
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## (Dispersion parameter for quasibinomial family taken to be 0.9486429)
## Number of Fisher Scoring iterations: 5
```

Level Three Medication Use

```
model_3 <- svyglm(bp_uncontrolled_140_90 ~ demo_age_cat + demo_race + demo_gender + #demographics cc_smoke + cc_bmi+ cc_diabetes + cc_ckd + cc_cvd_any + chol_trig + chol_ldl + chol_i
```

```
bp_med_use + bp_med_n_pills + bp_med_vasod + bp_med_alpha + #medication
                  bp_med_beta + bp_med_angioten + chol_med_statin + chol_med_use, #medication
                 design = htsub2, family=quasibinomial())
summary(model 3)
##
## Call:
## svyglm(formula = bp_uncontrolled_140_90 ~ demo_age_cat + demo_race +
##
      demo_gender + cc_smoke + cc_bmi + cc_diabetes + cc_ckd +
##
      cc_cvd_any + chol_trig + chol_ldl + chol_hdl + bp_med_use +
      bp med n pills + bp med vasod + bp med alpha + bp med beta +
##
      bp_med_angioten + chol_med_statin + chol_med_use, design = htsub2,
##
      family = quasibinomial())
##
##
## Survey design:
  subset(htsub, svy_year == "2013-2014" | svy_year == "2015-2016" |
##
      svv year == "2017-2020")
##
## Coefficients:
##
                              Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                             -4.2354978 0.2697846 -15.700 1.86e-14 ***
                             1.0690468 0.1288047
                                                   8.300 1.19e-08 ***
## demo_age_cat45 to 64
                             1.6111371 0.1594032 10.107 2.58e-10 ***
## demo age cat65 to 74
## demo_age_cat75+
                             ## demo_raceNon-Hispanic Black  0.8434587  0.1182782
                                                  7.131 1.79e-07 ***
## demo_raceNon-Hispanic Asian 0.3873648 0.1161263
                                                   3.336 0.002659 **
                                                  1.838 0.078030
## demo_raceHispanic
                      0.1973600 0.1073986
## demo raceOther
                            0.0066420 0.2505540 0.027 0.979062
## demo_genderWomen
                           ## cc_smokeFormer
                             0.0752089 0.1281457
                                                  0.587 0.562533
## cc_smokeCurrent
                             0.2019008 0.1687557
                                                   1.196 0.242761
## cc_bmi25 to <30
                            0.1786980 0.1134249
## cc_bmi30 to <35
                                                  1.575 0.127718
## cc bmi35+
                             0.5917701 0.1431533
                                                   4.134 0.000351 ***
## cc_diabetesYes
                            0.3255830 0.1337452
                                                  2.434 0.022397 *
## cc_ckdYes
                            0.6201295 0.1265869
                                                  4.899 4.84e-05 ***
## cc_cvd_anyYes
                            -0.0996443 0.1392883 -0.715 0.481002
                             0.0016698 0.0003928
                                                   4.252 0.000259 ***
## chol_trig
                                                   4.051 0.000434 ***
## chol_ldl
                            0.0050071 0.0012360
                                                   1.963 0.060870 .
## chol hdl
                            0.0063284 0.0032239
## bp_med_useYes
                            0.5344699 0.2079053
                                                   2.571 0.016488 *
## bp_med_n_pillsOne
                            -0.1874577 0.2794390 -0.671 0.508476
                            -0.2084591 0.2981528 -0.699 0.490901
## bp_med_n_pillsTwo
## bp_med_n_pillsThree
                            -0.4789832 0.3351850 -1.429 0.165378
## bp med n pillsFour or more -0.4355646 0.3967429 -1.098 0.282731
## bp_med_vasodYes
                             0.0736384 0.3720228
                                                  0.198 0.844692
## bp_med_alphaYes
                             0.1738527 0.3837901
                                                   0.453 0.654464
                            0.2530225
## bp_med_betaYes
                                       0.1310938
                                                   1.930 0.065016
## bp_med_angiotenYes
                             0.3140413
                                        0.1492004
                                                   2.105 0.045525 *
## chol_med_statinYes
                             0.0018895
                                       0.3706140
                                                   0.005 0.995973
## chol_med_useYes
                            -0.1105545 0.3425864 -0.323 0.749602
## ---
```

Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1

```
##
## (Dispersion parameter for quasibinomial family taken to be 0.941334)
##
## Number of Fisher Scoring iterations: 5
```

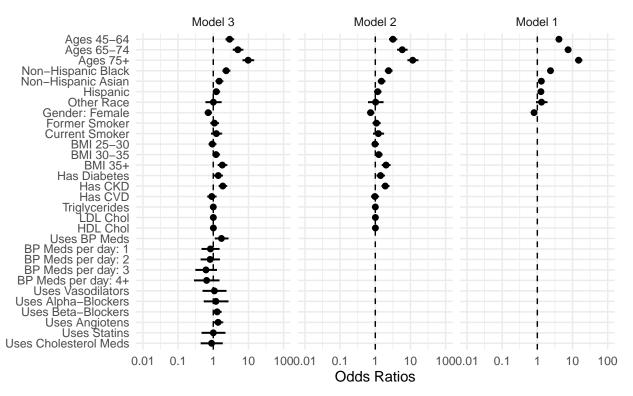
I added the nested models based on three levels. Should we also make figures based on the significant variables from these models? If these models look good, I will proceed making the table two - Harry

Figure 2: Forest plot of estimates from models 1-3

This plots estimates and 95% CI for odds ratios from models 1-3 and can be our figure 2 - Will

```
plot_models(model_1, model_2, model_3, transform = "exp", legend.title = "", show.p = T, grid = T, show
```

Odds Ratio Estimates for Uncontrolled Blood Pressure

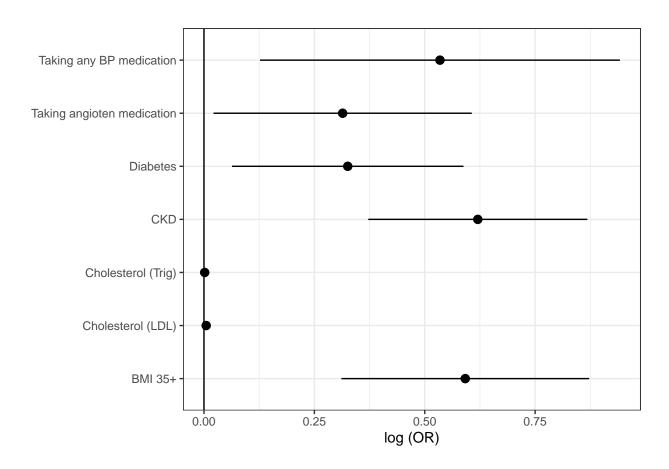


Farizah's code for plotting forest plot of model 3, I don't think it's outputting correctly:

```
#age
reg_age <- matrix(c(1.0690468, 1.6111371, 2.2844522, 0.1288047, 0.1594032, 0.1762558), byrow=FALSE, nco
colnames(reg_age) <- c("log_or", "se")

reg_age <- reg_age %>% as_tibble()
reg_age$age <- c("45 to 64", "65 to 74", "75+")
reg_age$195 <- reg_age$log_or=1.96*reg_age$se
reg_age$u95 <- reg_age$log_or+1.96*reg_age$se</pre>
```

```
age_plot <- ggplot(reg_age, aes(x = log_or, y = age)) + geom_point() + geom_pointrange(aes(xmin = 195,
#race
reg race <- matrix(c(0.8434587, 0.3873648, 0.1973600, 0.0066420, 0.1182782, 0.1161263, 0.1073986, 0.250
colnames(reg_race) <- c("log_or", "se")</pre>
reg_race <- reg_race %>% as_tibble()
reg race$race <- c("Non-Hispanic Black", "Non-Hispanic Asian", "Hispanic", "Other")
reg_race$195 <- reg_race$log_or-1.96*reg_race$se</pre>
reg_race$u95 <- reg_race$log_or+1.96*reg_race$se</pre>
race_plot <- ggplot(reg_race, aes(x = log_or, y = race)) + geom_point() + geom_pointrange(aes(xmin = 19</pre>
#health
reg_health <- matrix(c(0.5917701, 0.3255830, 0.6201295, 0.0016698, 0.0050071, 0.5344699, 0.3140413, 0.1
colnames(reg_health) <- c("log_or", "se")</pre>
reg_health <- reg_health %>% as_tibble()
reg_health$Variable <- c("BMI 35+", "Diabetes", "CKD", "Cholesterol (Trig)", "Cholesterol (LDL)", "Taki:
reg_health$195 <- reg_health$log_or-1.96*reg_health$se
reg health$u95 <- reg health$log or+1.96*reg health$se
health_plot <- ggplot(reg_health, aes(x = log_or, y = Variable)) + geom_point() + geom_pointrange(aes(x
health_plot
```



```
library(ggpubr)
ggarrange(age_plot, race_plot, health_plot, ncol =3, nrow=1, labels = c("Age (ref = 18-44)", "Race (ref
```

