

# The Original



**335 East Albertoni Street  
Carson, California 90746**

**MAndMSoulFood.com  
310-324-5317**

# Breakfast Menu

8am-12pm, daily

## Early Bird SPECIALS

**Monday-Friday, 8am-10am**

*Includes country-style potatoes or rice or grits,  
2 eggs, biscuit or toast, and coffee.*

*Substitute biscuit or toast for pancakes \$2*

- #1 : 2 Bacon or 2 Turkey Links ..... 10.25  
#2: 1 Salmon Croquette..... 10.25  
#3: Turkey Link Omelet ..... 10.25

## Daily SPECIALS

- French Toast, 2 Links, 2 Bacon, and 2 Eggs ..... 12.50  
2 Pancakes, 2 Eggs, and 2 Bacon ..... 11.75  
2 Pancakes, 2 Eggs, 1 Hotlink, and Country-style Potatoes ..... 13.00  
1 Waffle and 3 Chicken Wings ..... 14.50  
Oatmeal, 2 Bacon, and Biscuit or Toast ..... 9.25

## Signature PLATES

*Includes country-style potatoes or rice or grits,  
2 eggs, and biscuit or toast.*

*Substitute biscuit or toast for pancakes \$2*

- Smothered Beef Patty ..... 12.75  
Pork / Turkey Bacon ..... 12.25  
Pork / Turkey Patty ..... 12.25  
Beef Hotlinks (2) ..... 14.50  
Turkey Links ..... 12.25  
Liver & Onions ..... 12.75  
Ham Steak ..... 13.75  
Chicken Wings (3)..... 15.25  
Pork Chop (1)..... 14.00  
Pork Chop (2)..... 16.75  
Turkey Chops (2) ..... 16.75  
Catfish..... 16.00  
Red Snapper..... 14.75  
Salmon Croquettes (2)..... 14.75

## OMELETS

*Includes country-style potatoes or  
grits or rice, and biscuit or toast.*

- Ham & Cheese ..... 14.25  
Denver ..... 15.00  
Turkey & Cheese ..... 12.75  
Cheese ..... 11.50  
Veggie ..... 11.00

*Egg whites substitution \$0.75*

## Vennie Mac's ULTIMATE BREAKFAST

- 2 Chicken Wings, 1 Fish,  
Country-style Potatoes or  
Grits or Rice, 2 Eggs, and  
Biscuit or Toast or Pancakes.  
18.50

## SIDES

*Includes country-  
style potatoes, rice*

- Grits or Rice ..... 3.00  
Country-style Potatoes ..... 4.00  
Pancakes (2)..... 4.00  
Waffle (1) ..... 6.00  
French Toast (2) ..... 5.00  
Egg (1) ..... 2.95  
Bacon (4 Strips) ..... 4.25  
Chicken Wings (2) ..... 5.95  
Pork Chop (1) ..... 5.00

*Add Cheese or Onions 0.45*

## BEVERAGES

- Tea (Sweet or Unsweetened) ..... 3.00  
Fruit Punch ..... 3.00  
Soft Drinks ..... 3.00  
Coffee ..... 3.00

## SPECIALTY DRINKS

Take Out: \$3.00 (Regular) | \$5.00 (Large)  
Dine-In: \$5.00 (One-size)

- Blue Thunder (Lemonade & Polar Blast)  
Sunrise (Orange Juice & Lemonade)  
Sunset (Ice Tea & Lemonade)  
Twist (Fruit Punch & Lemonade)  
Lemonade





# Lunch Menu

Monday-Friday, 11am-3pm

Free Tea  
before 2pm

## Today's SPECIALS

*Includes 2 sides and cornbread muffins*

Monday: Neckbones .....	11.99
Tuesday: Sirloin Tips .....	12.99
Wednesday: Pig Feet.....	11.99
Thursday: Chicken & Dumplings.....	11.99
Friday & Saturday:	
BBQ Pork Ribs .....	14.99
Smothered Steak .....	14.99
Friday - Sunday:	
Gumbo w/Rice (No Sides) .....	17.99

## Lunch SELECTIONS

*Includes 2 sides and cornbread muffins*

	Plate	A La Carte
Veggie Plate.....	11.50	-----
Short Ribs .....	16.99	(1) 10.00
Turkey Wings .....	13.99	(1) 4.50
Liver & Onions .....	12.99	(1) 4.25
Meat Loaf.....	12.99	(1) 4.25
Oxtails (5).....	19.99	(4) 11.50
Pork Chops (1).....	14.99	(1) 5.00
Pork Chops (2).....	17.99	-----
Turkey Chops.....	17.99	(1) 5.00
Catfish.....	15.99	(1) 7.50
Red Snapper.....	13.99	(1) 6.50
Salmon Croquettes .....	14.99	(1) 4.00
BBQ Hotlinks.....	12.99	(1) 3.75
BBQ Chicken* .....	12.99	(1) 4.75
Baked Chicken* .....	12.99	(1) 4.75
Smothered Chicken* .....	12.99	(2) 4.75
Fried Chicken* .....	12.99	(2) 4.75
Chitterlings .....	31.50	see below

Chitterlings: \$15 (6 oz) | \$44 (16 oz) | \$59 (32 oz)

*\*Add \$1.50 for white meat*

## SIDES

Collard Greens	Succotash	Candied Yams
Mac & Cheese	Dressing	Buttered Corn
Black Eyed	Cabbage	Mashed Potatoes
Peas	String Beans	Rice & Gravy
Potato Salad	Red Beans	

## DESSERTS

\$4.00 (Small)    \$7.00 (Medium)    \$12.00 (Large)

Peach Cobbler      Banana Pudding

## Daily SPECIALS

*Includes 1 side*

4 Fried Chicken Wings.....	13.50
2 Piece Fried Chicken (dark) .....	9.99
2 Piece Fried Chicken (white).....	11.50
BBQ Hot Links .....	9.50
Red Snapper Nuggets .....	11.00
Catfish Nuggets .....	13.50
Red Beans & Rice w/Links .....	10.00

## SuperSPECIAL

Tuesdays: Free Chicken Special  
2 pieces of dark meat  
with purchase of veggie plate.

*Add \$1.50 for white meat.*

## BURGERS & SANDWICHES

(Available Monday-Saturday, only)  
Includes Fries or Potato Salad

Hamburger.....	12.25
Double Burger.....	13.75
Bacon Burger.....	15.25
Fried Ham & Cheese .....	10.75
Grilled Cheese .....	8.75
Red Snapper.....	13.75
Catfish .....	14.25
Hotlink.....	11.25
BLT (Bacon, Lettuce, Tomato).....	10.25

*Add 0.45 for Cheese. Ground Turkey available.*

## BEVERAGES

Tea (Sweet or Unsweetened) .....	3.00
Fruit Punch.....	3.00
Soft Drinks .....	3.00
Coffee .....	3.00

## SPECIALTY DRINKS

Take Out: \$3.00 (Regular) | \$5.00 (Large)  
Dine-In: \$5.00 (One-size)

Blue Thunder	(Lemonade & Polar Blast)
Sunrise	(Orange Juice & Lemonade)
Sunset	(Ice Tea & Lemonade)
Twist	(Fruit Punch & Lemonade)
Lemonade	



# Dinner Menu

11am-9pm, Daily

## Today's SPECIALS

*Includes 3 sides and cornbread muffins*

Sunday: Roast Beef .....	15.99
Monday: Neckbones .....	14.99
Tuesday: Sirloin Tips .....	15.99
Wednesday: Pig Feet.....	14.99
Thursday: Chicken & Dumplings.....	14.99
Friday & Saturday:	
BBQ Pork Ribs.....	18.99
Smothered Steak .....	18.99
Friday-Sunday:	
Gumbo w/Rice (no sides).....	17.99

## DinnerSELECTIONS

*Includes 3 sides and cornbread muffins*

	Plate	A La Carte
Veggie Plate .....	11.50	-----
Short Ribs .....	22.99	(1) 10.00
Turkey Wings.....	18.99	(1) 4.50
Liver & Onions .....	15.99	(1) 4.25
Meat Loaf.....	15.99	(1) 4.25
Oxtails (7) .....	25.99	(4) 11.50
Pork Chops.....	19.99	(1) 5.00
Turkey Chops .....	19.99	(1) 5.00
Catfish.....	21.99	(1) 7.50
Red Snapper.....	20.99	(1) 6.50
Salmon Croquettes .....	17.99	(1) 4.00
BBQ Hotlinks .....	15.99	(1) 3.75
BBQ Chicken* .....	15.99	(1) 4.75
Baked Chicken* .....	15.99	(1) 4.75
Smothered Chicken* .....	16.99	(2) 4.75
Fried Chicken* .....	16.99	(2) 4.75
Chitterlings.....	34.50	see below

Chitterlings: \$15 (6 oz) | \$44 (16 oz) | \$59 (32 oz)

*\*Add \$1.50 for white meat*

## SIDES

Collard Greens	Succotash	Candied Yams
Mac & Cheese	Dressing	Buttered Corn
Black Eyed	Cabbage	Mashed Potatoes
Peas	String Beans	Rice & Gravy
Potato Salad	Red Beans	

## DESSERTS

\$4.00 (Small)    \$7.00 (Medium)    \$12.00 (Large)

Peach Cobbler      Banana Pudding

## DailySPECIALS

*Includes 1 side*

4 Fried Chicken Wings .....	13.50
2 Piece Fried Chicken (dark) .....	9.99
2 Piece Fried Chicken (white).....	11.50
BBQ Hot Links .....	9.50
Red Snapper Nuggets .....	11.00
Catfish Nuggets .....	13.50
Red Beans & Rice w/Link .....	10.00

## SuperSPECIALS

Tuesday: Free Chicken Special  
*2 pieces of dark meat w/ purchase of veggie plate.  
Add \$1.50 for white meat.*

Thursday: Senior Citizen Special (Age 65+)  
*Free dessert with purchase of a dinner.*

## BURGERS & SANDWICHES

*(Available Monday-Saturday, only)*

*Includes Fries or Potato Salad*

Hamburger .....	12.25
Double Burger .....	13.75
Bacon Burger .....	15.25
Fried Ham & Cheese .....	10.75
Grilled Cheese .....	8.75
Red Snapper.....	13.75
Catfish.....	14.25
Hotlink .....	11.25
BLT (Bacon, Lettuce, Tomato)....	10.25

*Add 0.45 for Cheese. Ground Turkey available.*

## BEVERAGES

Tea (Sweet or Unsweetened) .....	3.00
Fruit Punch .....	3.00
Soft Drinks.....	3.00
Coffee.....	3.00

## SPECIALTY DRINKS

Take Out: \$3.00 (Regular) | \$5.00 (Large)  
Dine-In: \$5.00 (One-size)

Blue Thunder	(Lemonade & Polar Blast)
Sunrise	(Orange Juice & Lemonade)
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Lemonade	

