Exercise Monitor

Welcome message goes here.

Few details and benefits of exercise

HOME PAGE

Exercise Monitor

Please sign in to enter your data of exercise.

Name /Email [   ]

Password [   ]

[Submit]   Once signed in will take to the data page.

Not a registered user?   Sign up here   This will take to registration

Please remember you need a secret passcode to become a member, that can be obtained by

emailing the owner at xyz@exercisemonitor.com .

LOGIN PAGE

Exercise Monitor

Registration Form

First Name : ex: John

Last Name : ex: Smith

Email : ex: john.smith@xyz.com

User name : 👍 👎

Green thumb displayed, if the username is accepte, otherwise red will be shown.

This is the name you use to login, alternatively you will be able to login with your email.

Password : 👍 👎

Green thumb will be shown if the password meets requirements, otherwise red thumb will be shown.

Minimum 8 characters, must contain number and characters.

Secret Passcode :

This is the code provided by the Owner of the Website, Without this you cannot become a member.

Back to Login Page   Submit

Exercise Monitor

Home	Login	Registration	Data	Graph	Pie Chart	Calender

Enter your Activity

Choose Date   :   15 /10 /2015 📅

Activity   :   Choose a category ▼   Time :   Enter in minutes

New Activity :   Time :   Enter in minutes

[ADD ANOTHER]   [SUBMIT]

The below table will be shown with last 7 days data once the user presses SUBMIT Button

Your activity for the past 7 days

	Cycling (in minutes)	Running (in minutes)	Weights training (in minutes)	New Category
28/09/2015	15	30	0	0
29/09/2015	0	0	0	0
30/09/2015	15	15	20	0
1/10/2015	0	30	20	0
2/10/2015	30	0	0	0
3/10/2015	10	20	0	0
4/10/2015	15	30	0	0

MEMBERS

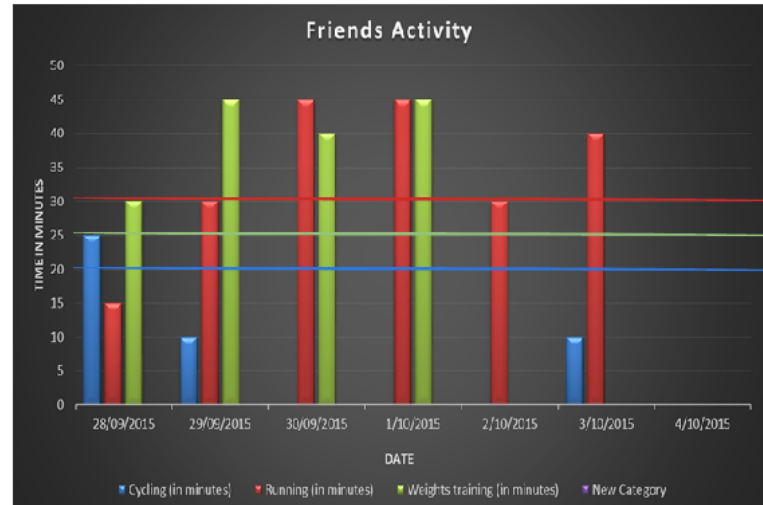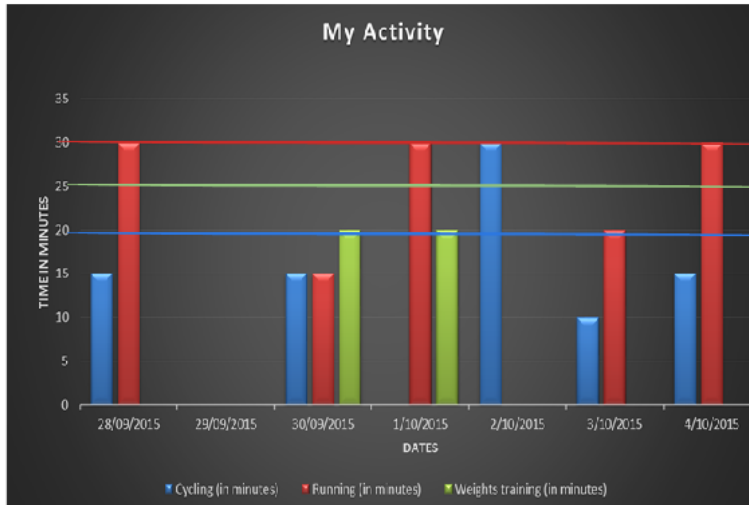| Member	Permission
Lewis	✔
Dan Will	⊖
Aidan Won't	⊖
Linux Guru	✔
ReddyGK	✔
Anonymus	⊖

If thre is a tick, that means you have permision to see their data.

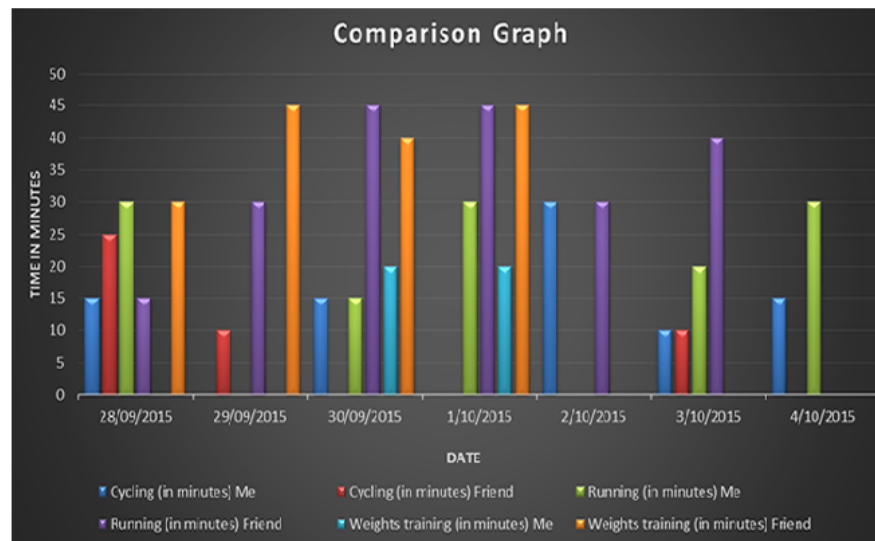*If thre is a Minus, that means you do not have permission to see their data.*

DATA PAGE

Exercise Monitor

Individual Graphs for Exercise activy of me and friend

Cycling Target

Weights Target

Running Target

Comparison Graph

Exercise Monitor
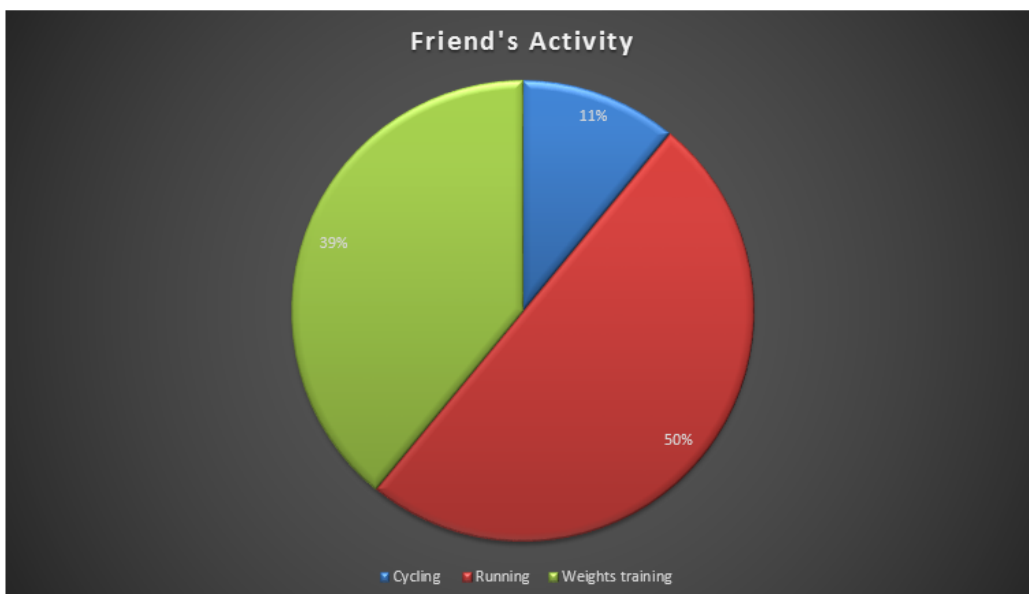
Pie Chart for My activity for the past week

My Activity

- 34%
- 51%
- 15%

- Cycling
- Running
- Weights training

Pie Chart for friend's activity for the past week

Friend's Activity

- 11%
- 50%
- 39%

- Cycling
- Running
- Weights training

Exercise Monitor

My Activities in Calender

◄ OCTOBER 2015 ►

S	M	T	W	T	F	S
27	28	29	30	1 — 30 min / 20 min	2 — 30 min	3 — 20 min / 10 min
4 — 30 min / 15 min	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

- ■ - Running
- ■ - Weights
- ■ - Cycling