

### Nashville TENNESSEE

### Welcome Y'all

So glad you are choosing to visit one of the most vibrant, unique places in the U.S.

A city coveted for country music, bachelorette parties (fondly referred to as "'woo' girls"), and deep fried everything. But Nashville is so much more than cowboy boots and Broadway honky tonks (aka SoBro). Some pieces of advice when in Music City...

Do not count your calories.

Because they don't count outside of your zip code anyways.

And when they ask you to "holler and swaller," for the millionth time, just do it.

And if you do wear cowboy boots, just know, yes, the locals are in fact silently judging you.

Bless your heart.

# Mind your own biscuits and life will be gravy ,"

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### Good Eats

### **BBQ**

Martin's Bar-B-Que Joint (Downtown) Edley's Bar-B-Que (Sylvan Park or 12 South) Peg Leg Porker BBQ Hog Heaven

### Nashville Hot Chicken

Prince's Hot Chicken Shack (South Nashville)
Hattie B's Hot Chicken (Melrose, Midtown or West)
Bolton's Hot Chicken
McDougal's Chicken Fingers & Wings
Party Fowl

### **Comfort Food**

The Mockingbird
Monell's Dining
Kitchen Notes (also good brunch)
The Loveless Café (it's okay to have pie for breakfast...)
Puckett's Grocery
Pancake Pantry (there is always a line but worth the wait...)
Arnold's Country Kitchen (featured on Diner's Drive-ins & Dives)
Holler + Dash Biscuit House

### Steakhouse

Oak Steakhouse
Kayne Prime
Jeff Ruby's Steakhouse
The Southern Steak & Oyster
Rodizio Brazilian Steakhouse
Ellington's Mid Way Bar & Grill (live music all weekend long)
The Standard
Union Common
Char Restaurant
Jimmy Kelly's Steakhouse

### Brunch

Adele's (unlimited kale pecorino salad)
Milk & Honey
Saint Anejo (2-4-1 cocktails... enough said)
The Mockingbird (clearly I'm a fan...)
Biscuit Love (one word: bonuts)
M.L. Rose
Whiskey Kitchen
The Sutler Saloon (Live Bluegrass Brunch on Saturdays & Sundays)
Sinema (Bottomless Brunch)
Josephine

### **Good Eats**

### **Lotso Tacos**

Bartaco

Nada

**Bakersfield** 

Uncle Julio's

Rosepepper (fair warning, the margaritas are dangerous)

Taco Mamacita

Taqueria del Sol

Little Donkey

Pancho & Lefty's

Local Taco (Sylvan Park)

Saint Anejo

### Pizza Pizza/ Italiano

5 Points Pizza (garlic knots)

312 Pizza Company

Donatos Pizza

DeSanos Pizza

Coco's Italian Market (great pasta, cute little market!)

Mafioza's (good Italian too!)

Emmy Squared

Night Train

Slim & Huskys (I suggest going during the day)

### **Nashville Essentials**

Rolf & Daughters

Bastion (on-line reservations only)

Two Ten Jack

Urban Grub

Catbird Seat (one of a kind culinary experience)

Marsh House

Silo

Tavern (the pub for chefs)

Henrietta Red

Lockeland Table

City House

Midtown Café

Folk

Butchertown Hall

5th & Taylor

Etch

### For the Healthy Minded

Sunflower Café

The Wild Cow

AVO

Nama (sushi)

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## Butter my bum and call me a biscuit

### **Good Eats**

### Dinner and Something More...

Black Rabbit (Havana Mondays with salsa dancing) Gray and Dudley (cocktails while touring the museum!) Skull's Rainbow Room (jazz and burlesque on weekends) House of Cards (magic show AND food, whaaat) Pinewood Social (bocce, bowling, and pool)

### **Low Key Favorites**

The Stillery
Two Bits
Hopsmith Tavern
The Row Kitchen & Pub
The Flipside
Burger Up
The Pharmacy (know for burgers, great beer garden)

### Still on the To Do List...

Husk Mangia (Italian) Pastaria Sea Salt

Epice (Lebanese) The Farm House

Deacon's New South

Fort Louise Café Roze

Bar Otaku: A Japanese Izakaya

The Treehouse Restaurant

Geist

Butcher & Bee Nicky's Coal Fired Otaku Ramen Moto

Green Pheasant (Japanese)

Makeready Libations and Liberations

Woolworth on 5th

### **Sweet Treats**

Jeni's Splendid Ice Cream
Five Daughters Bakery (100 layer donuts)
Christie's Cookies
Goo Goo Shop
Tempered Café & Chocolate (truffles)
The Legendairy Milkshake Bar
Ivy Cake's in Brentwood (best cupcakes in town)

### This ain't my first rodeo

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### Sip and See

### **Boujie Rooftops**

LA Jackson at the Thompson Hotel
The Bobby Hotel Rooftop Lounge
L27 Rooftop Lounge
Bourbon Sky at the JW Marriott

### **Casual Patios**

FGL House (had to put at least one touristy spot)
Acme Feed & Seed (hello moonshine slushies)
Von Elrod's
Broadway Brewhouse [West End] (no patio, but the OG BB Bushwhackers are worth it)
Kung Foo Saloon (patio and arcade games)

### **Breweries**

Fat Bottom Brewing (the "Hop Yard" has cornhole)
Tennessee Brew Works (solid patio)
Yazoo (Gerst, all the way)
Jackalope
Little Harpeth
Mill Creek Taproom
The Black Abbey
Bearded Iris
Turtle Anarchy

### **Cool Wine Spots**

360 Bistro City Winery 404 Kitchen

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I'm outdoorsy in that I like to drink on patios

### Sip and See

### Coffee

8th & Roast
Barista Parlor
Frothy Monkey (great breakfast and lunch at Germantown location)

### Still To Try...

Barcelona (wine bar and tapas)
Attaboy (speakeasy bar)
Headquarters Beercade
No. 308
Oak Bar
Old Glory
SandBar

### **Best Music/Entertainment Spots**

Bluebird Café
Tootsies Orchid Lounge
The Stage
Rudy's Jazz Room
Marathon Music Works
Exit/In
Printers Alley
Cannery Ballroom
Demonbreun Hill
Ole Red
Legends
The Basement East
The Crying Wolf

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Music is the Medicine of the Mind

### I'm Fixin' To

### **Outside**

Cheekwood Estate and Gardens Walk around the Parthenon at Centennial Park Walk Broadway & the Pedestrian Bridge by foot Top Golf Explore Radnor Lake

Arrington Vineyards (28 miles from downtown)

### Inside

Catch a show at the Historic Ryman Auditorium
Tour the Country Music Hall of Fame
Grand Ole Opry
Tour Greenbriar Distillery
Prichard's Distillery
Ray Stevens CaboRay Showroom
NashTrash Tours (never done it, heard it's hilarious)
George Dickel Distillery (69 miles from downtown)
Frist Art Museum
The Jack Daniel Distillery (72 miles from downtown)
The George Jones
Battle of Nashville Tour of Historic Homes
The Hermitage (14.8 miles from downtown)
Nashville Predators Hockey Game

### Shopping

The Mall at Green Hills
Opry Mills Outlets
Cool Springs Galleria
Stroll Along Downtown Franklin (America's Favorite Main Street)

Y'all come back now ya hear

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