

PDF [FREE] DOWNLOAD Smart but Scattered Teens [DOWNLOAD] ONLINE

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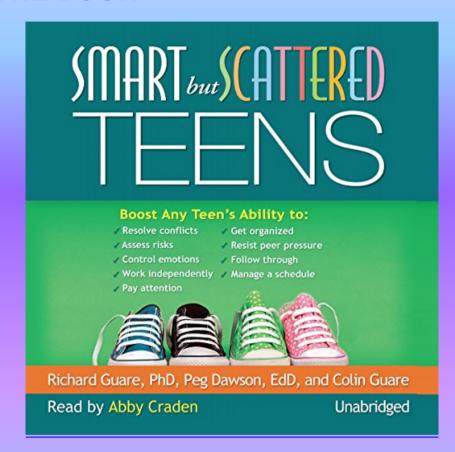
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ABOUT THE BOOK

If you re the parent of a smart but scattered ?? teen, trying to help him or her grow into a self-sufficient, responsible adult may feel like a never-ending battle. Now you have an alternative to micromanaging, cajoling, or ineffective punishments. This positive guide provides a science-based program for promoting teens independence by building their executive skills -- the fundamental brain-based abilities needed to get organized and stay focused. Drs. Richard Guare and Peg Dawson are joined by Colin Guare, a young adult who has successfully faced these issues himself. Learn step-by-step strategies to help your teen live up to his or her potential now and in the future. Read more



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