

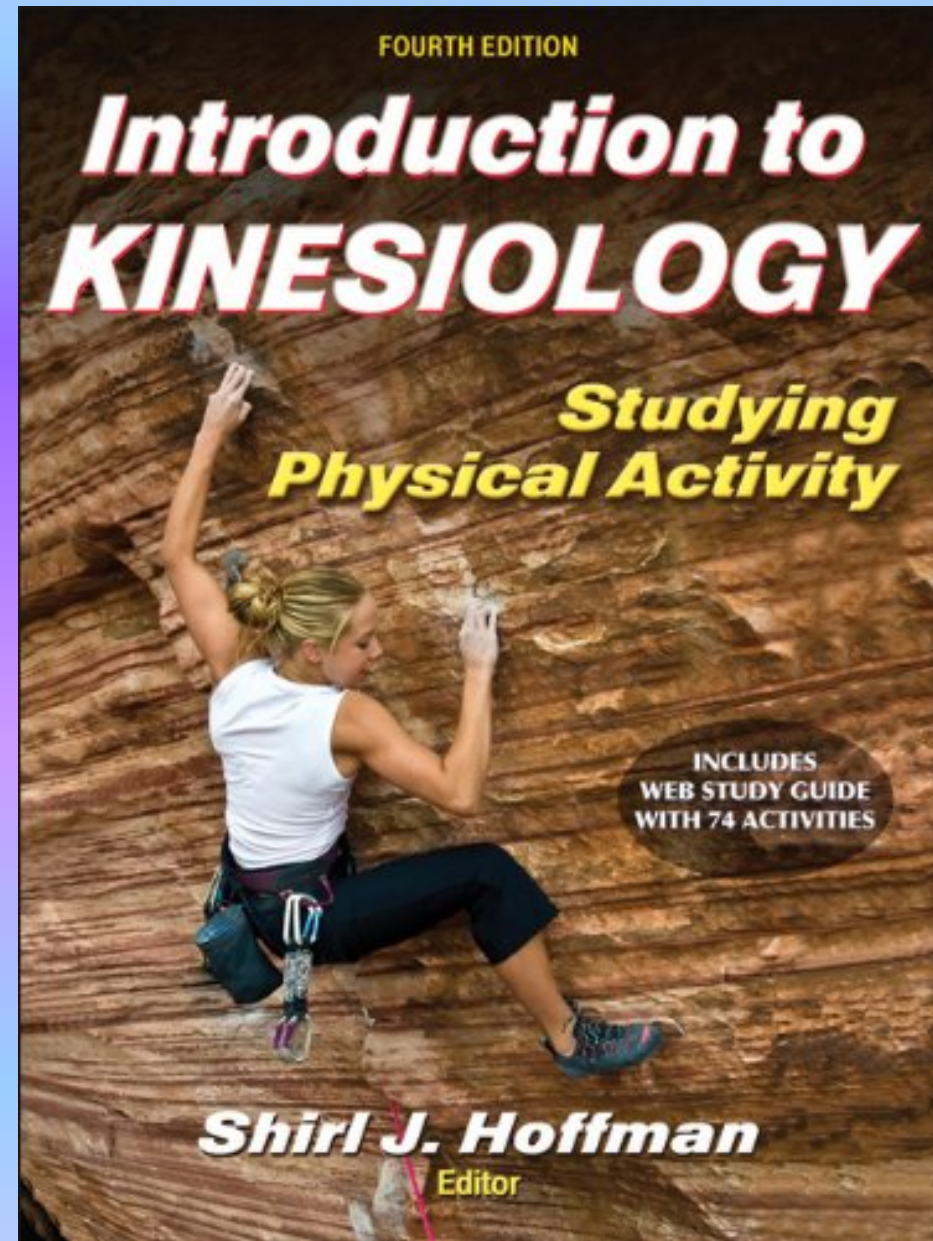
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Introduction to Kinesiology: Studying Physical Activity, Fourth Edition, is the most cohesive introduction to the field of kinesiology available, demonstrating how its many disciplines integrate into a unified body of knowledge. This all-inclusive approach gives students a solid background in the field and prepares them for further study and course work. This engaging and jargon-free text also introduces students to job prospects and areas of study and professional practice in kinesiology. Introduction to Kinesiology, Fourth Edition, orients and prepares students for in-depth studies in their areas of interest. Its broad scope acknowledges students' diverse interests and aspirations in professional and scholarly career tracks as well as teaching and coaching. Top kinesiologists expand discussion of physical activity beyond exercise, sport, or health-related activity in an effort to [Read more](#)



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