

# 结直肠癌 (大肠癌)

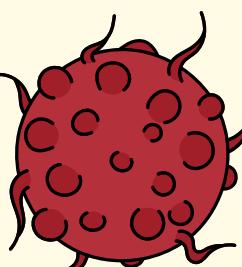


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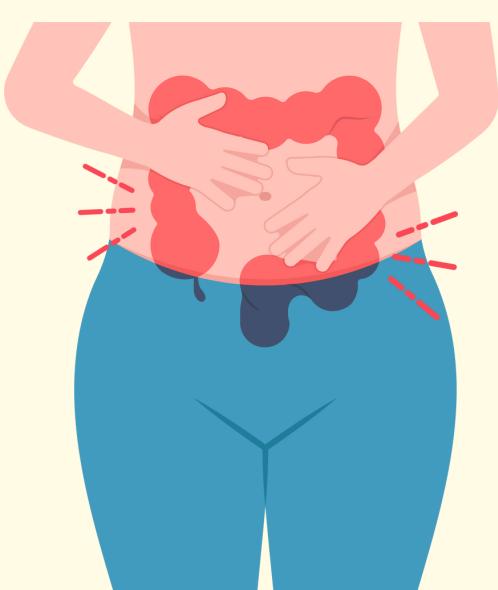
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## 结直肠癌是什么?

- 是一种从结肠或直肠开始的细胞生长失控



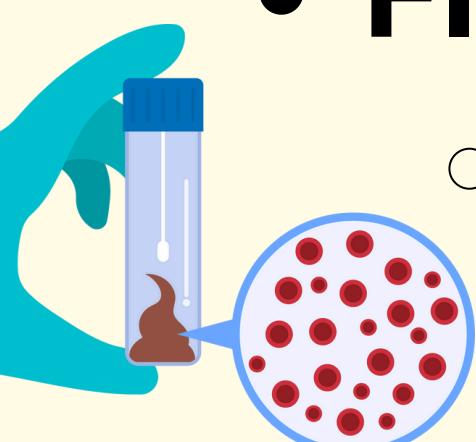
- 这些细胞可能会异变成为良性的息肉，然后变成恶性肿瘤。



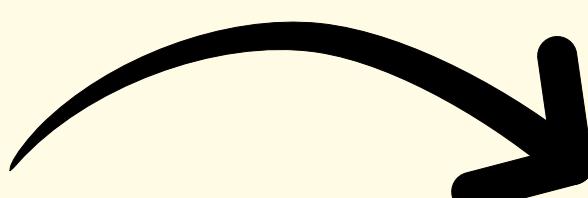
## 怎么可以检查我有没有结直肠癌?

### • FIT-DNA 粪便测试

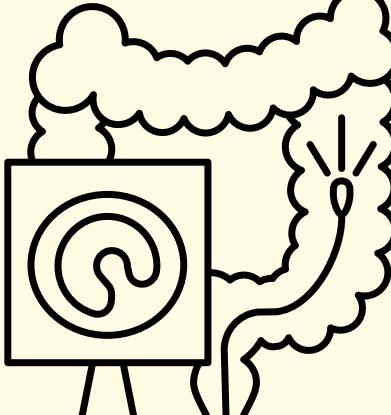
- 测量粪便中的血液或异常情况
- 每1-3年 在家里做
- 如果呈阳性则需要进一步检测



### • 结肠镜检查



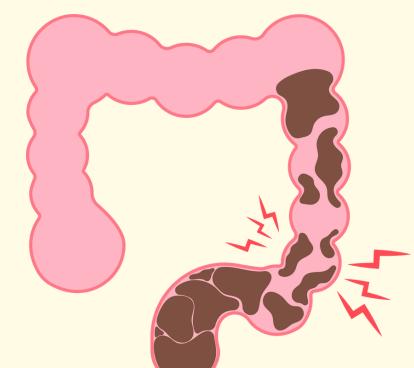
- 由医生用相机扫描并去除直肠和结肠的异常生长
- 更准确, 每10年验一次



## 为什么需要做检查? !

- 结直肠癌是全球第三大最常见癌症
- 主要的病人是 50岁以上的老年人
- **早期癌症没有任何症状**，所以每隔几年进行一次检查去发现任何异常是非常重要的!

## 结直肠癌症状



- 排便习惯的变化
- 腹泻/便秘
- 血便
- 肚子疼/胃痉挛
- 突然体重下降

## 桥港免费诊所

- 免费患者就诊和检测
- 打773-888-3368预约结肠镜检查!

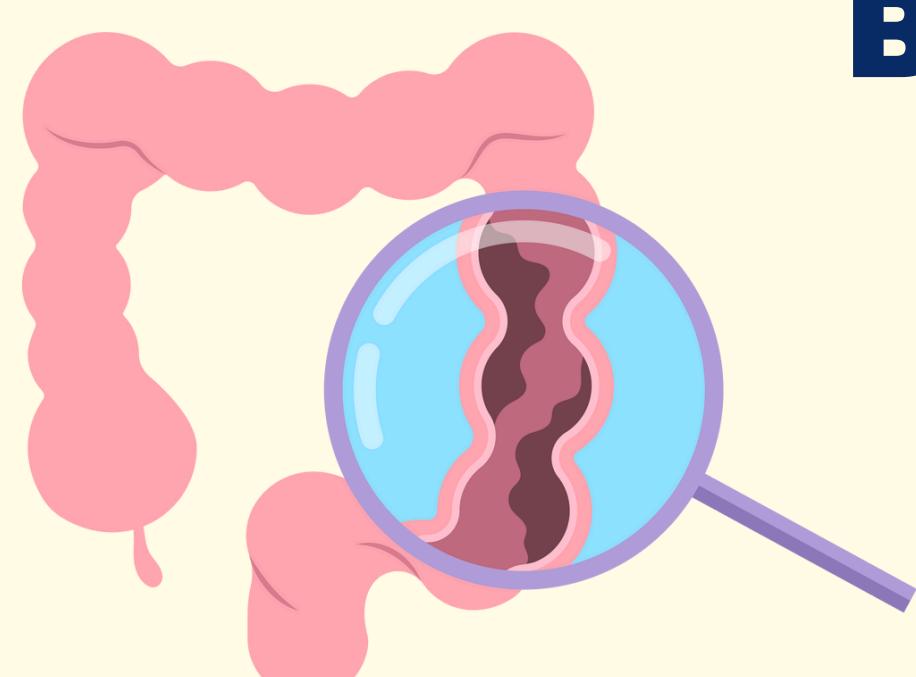
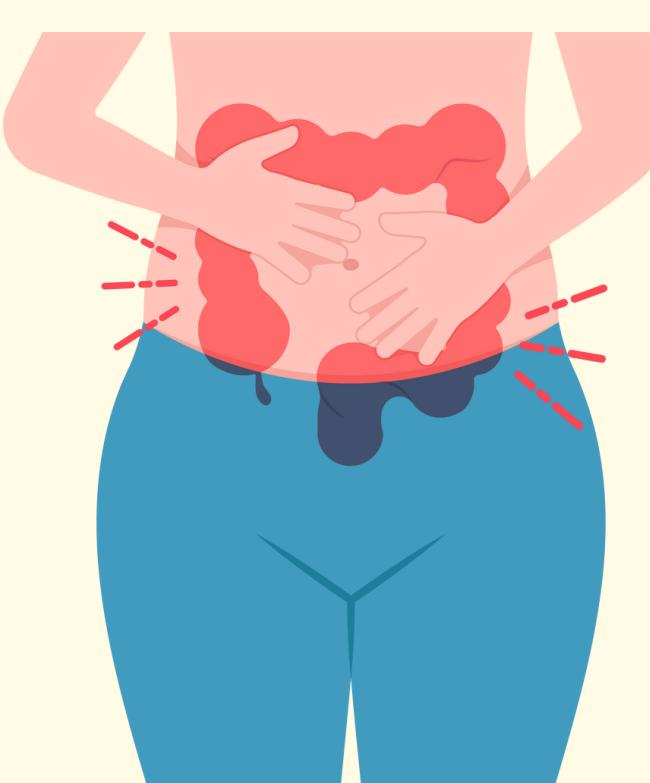
# COLORECTAL CANCER

## WHAT IS COLORECTAL CANCER?

- A disease where cells begin to **grow out of control**, starting in the colon or rectum
- There can be abnormal growths in the colon or rectum (called **polyps**) that may start as benign, then become cancerous

## SYMPTOMS

- Change in bowel habits, diarrhea/constipation
- Blood in your stool
- Abdominal pain or cramps
- Abnormal weight loss

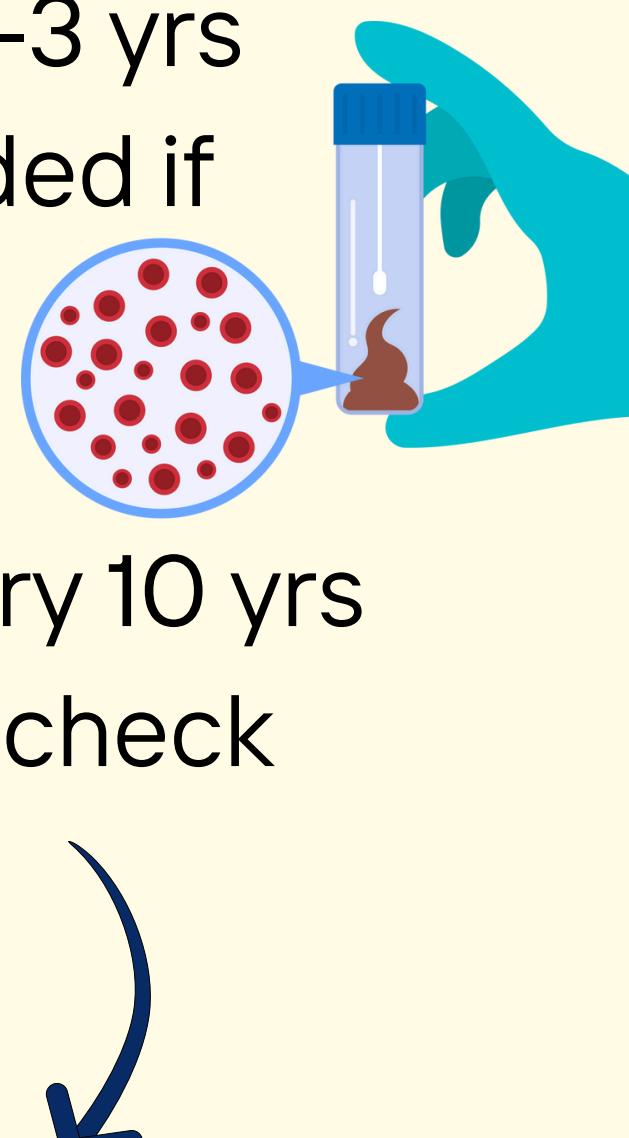


## WHY IS SCREENING IMPORTANT?

- **3rd most common** cancer
- Mostly affects older individuals **over age of 50**
- **No symptoms in early stages**, so it is important to screen every few years to catch and remove any abnormalities!

## TYPES OF SCREENING

- FIT-DNA Stool Tests
  - **Take Home**, every 1-3 yrs
  - Further testing needed if positive
- Colonoscopy
  - more **accurate**, every 10 yrs
  - uses camera tool to check for and remove any abnormal growths



## BRIDGEPORT FREE CLINIC

- offers free patient visits and testing
- Call 773-888-3368 to schedule an appointment!



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