

HUMAN MOTOR CONTROL

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4

4. Models and theories

PRELIMINARY

planning*

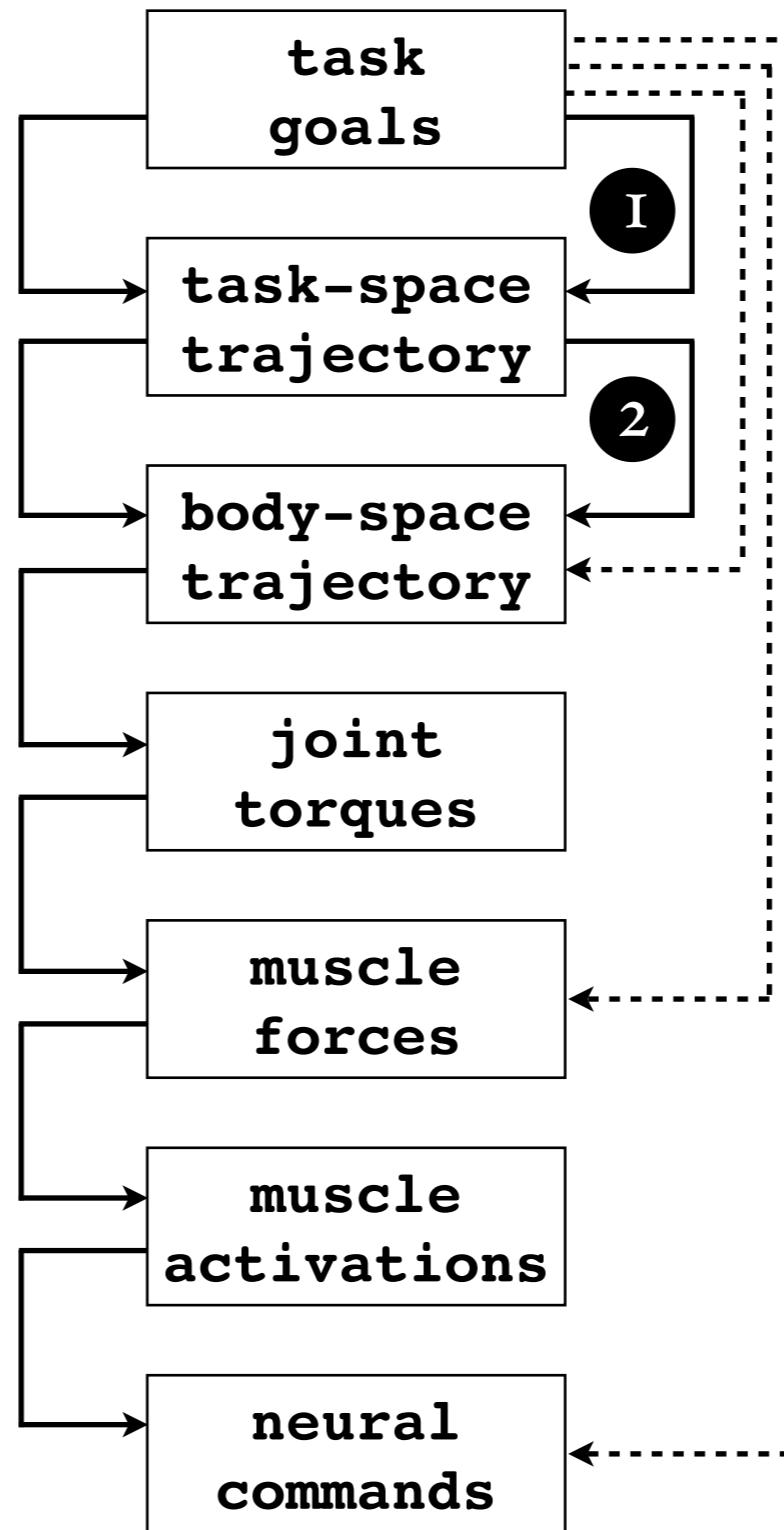
inverse kinematics*

inverse dynamics

force distribution*

muscle model**

motoneuron model**



I e.g. minimum-jerk trajectory

II e.g. pseudo-inverse of the Jacobian

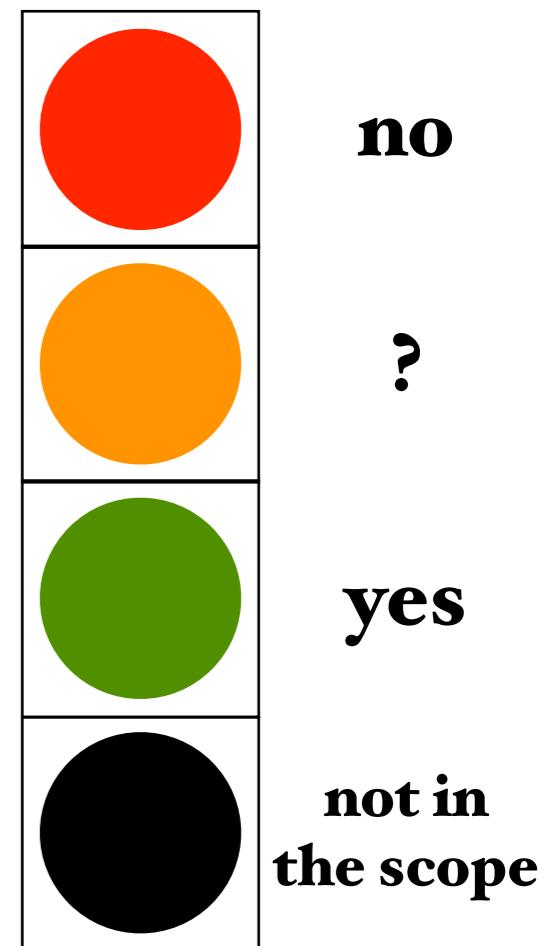
* ill-posed problem, in general

** model-dependent

EVALUATION OF MODELS

- **Degrees-of-freedom problem [dof]**
coordination, redundancy
- **Kinematics [kin]**
 - trajectories
- **Flexibility in space and time [flex]**
 - perturbations

**Does the model provide
a solution to the
problem?**

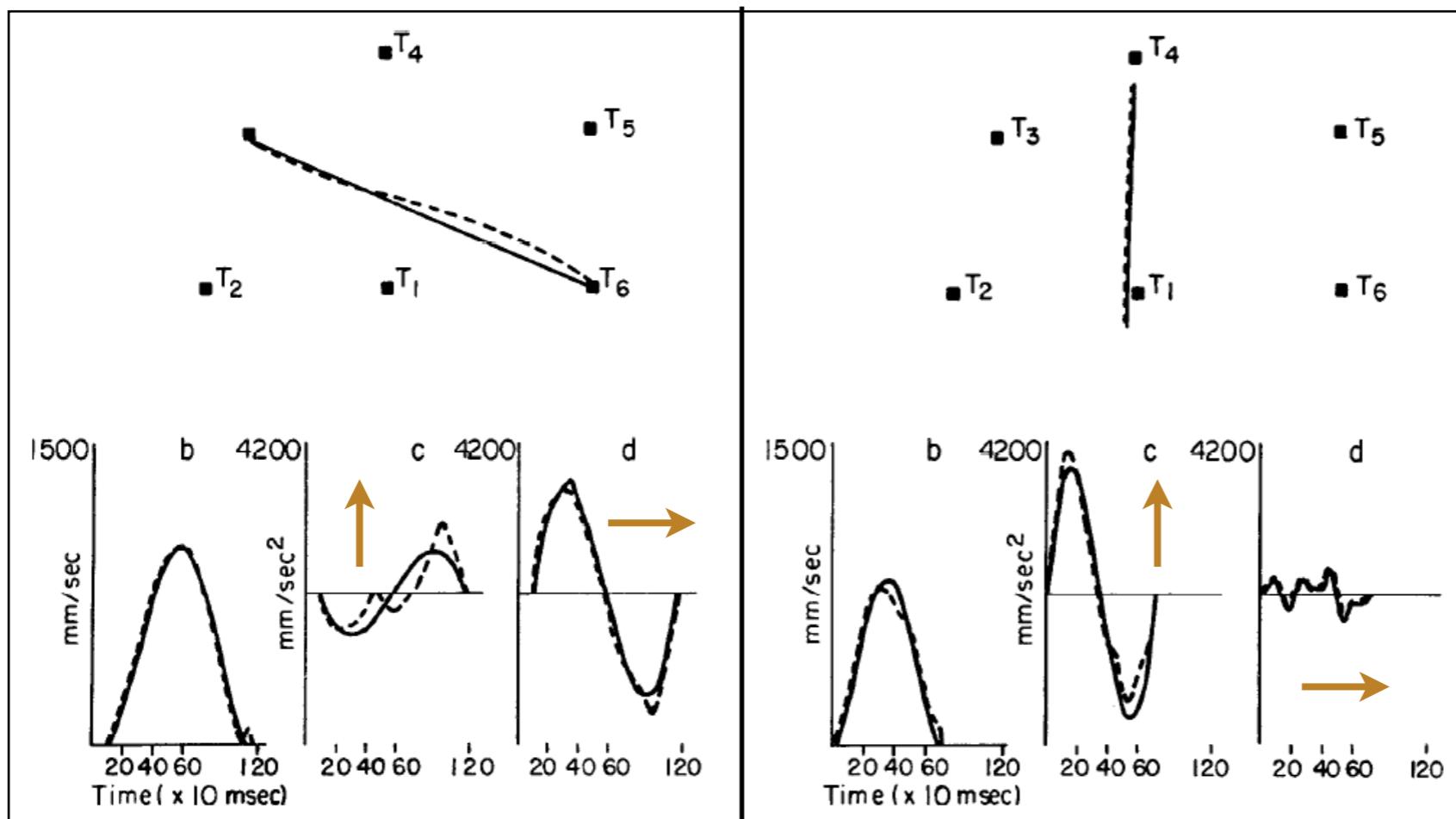
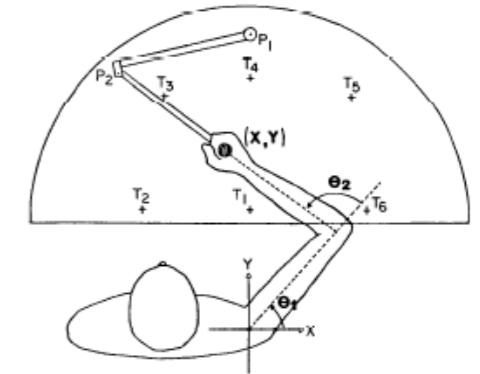


PLANNING: MINIMUM-JERK TRAJECTORY

$$C = \frac{1}{2} \int_0^{t_f} \left(\left(\frac{d^3x}{dt^3} \right)^2 + \left(\frac{d^3y}{dt^3} \right)^2 \right) dt$$

$$x(t) = x_0 + (x_0 - x_f)(15\tau^4 - 6\tau^5 - 10\tau^3)$$

$$y(t) = y_0 + (y_0 - y_f)(15\tau^4 - 6\tau^5 - 10\tau^3)$$

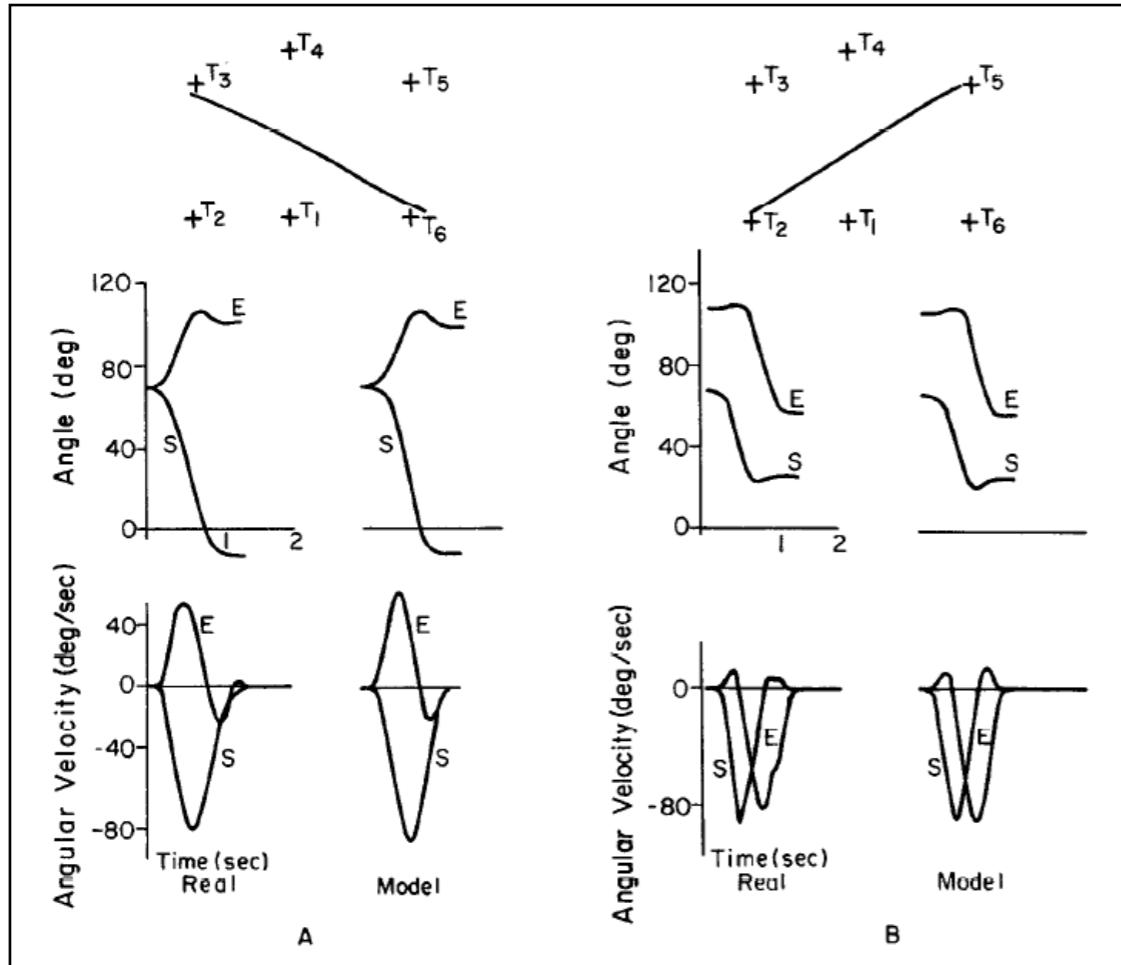


—
predicted

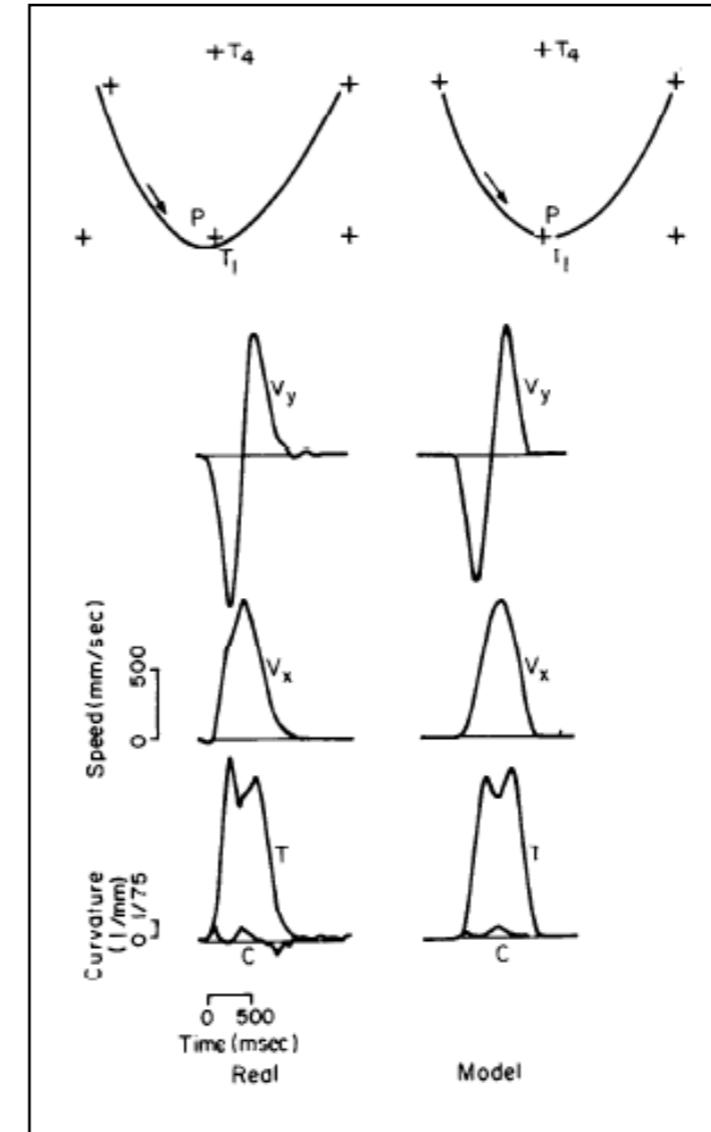
measured

PLANNING: MINIMUM-JERK TRAJECTORY

measured and predicted
shoulder and elbow angles



curved movements
through via-points



— Flash & Hogan,
1985, *J Neurosci*
5:1688

limitations – trajectories are exactly straight – velocity profiles are symmetric – time is given in advance – only in task space

how to execute
the plan?

dof
kin
flex

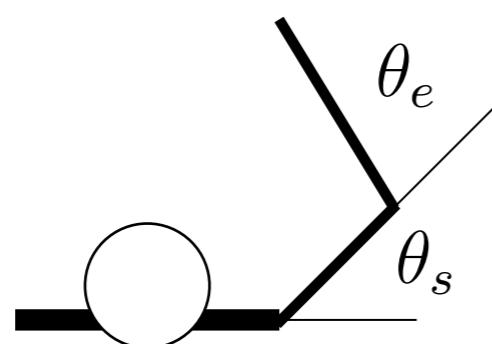
task
goals

task-space
trajectory

INVERSE DYNAMICS

$$\begin{aligned}\tau_s = & (I_s + I_e + m_e l_s l_e \cos \theta_e + \frac{m_s l_s^2 + m_e l_e^2}{4} + m_e l_s^2) \ddot{\theta}_s + \\ & (I_e + \frac{m_e l_e^2}{4} + \frac{m_e l_s l_e}{2} \cos \theta_e) \ddot{\theta}_e - \\ & \frac{m_e l_s l_e}{2} \dot{\theta}_e^2 \sin \theta_e - m_e l_s l_e \dot{\theta}_s \dot{\theta}_e \sin \theta_e \\ \tau_e = & (I_e + \frac{m_e l_s l_e}{2} \cos \theta_e + \frac{m_e l_e^2}{4}) \ddot{\theta}_s + \\ & (I_e + \frac{m_e l_e^2}{4}) \ddot{\theta}_e + \frac{m_e l_s l_e}{2} \dot{\theta}_s^2 \sin \theta_e\end{aligned}$$

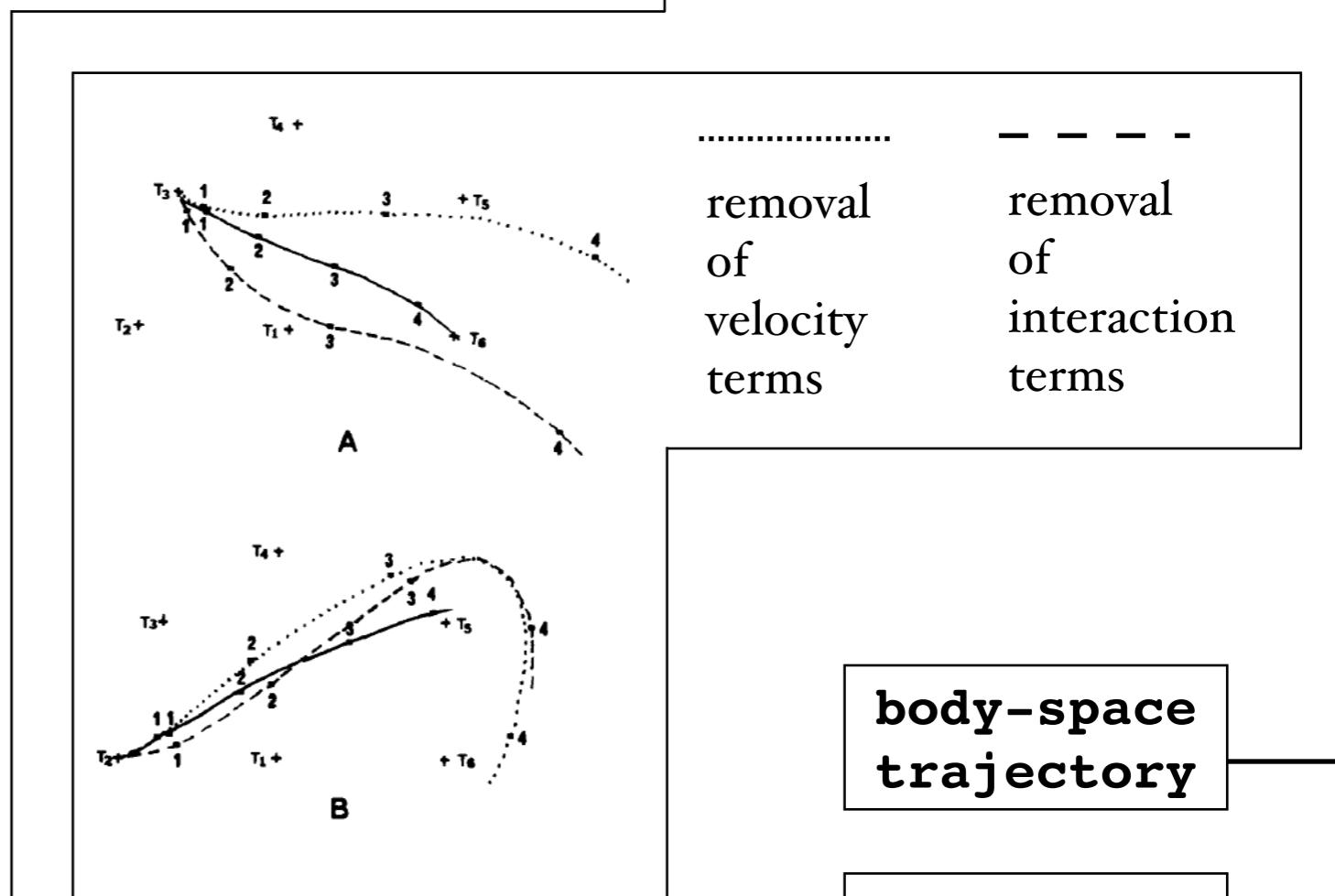
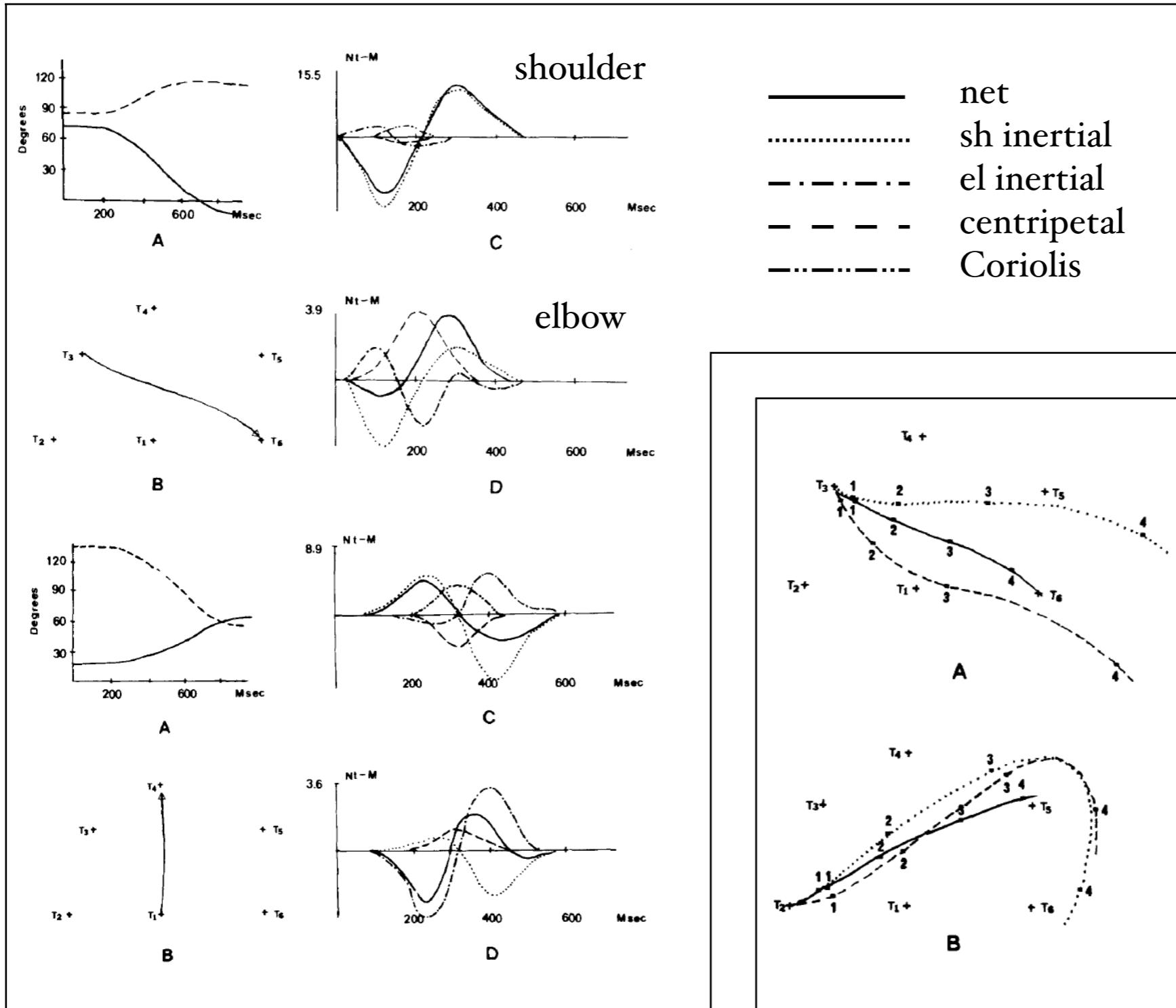
τ_s, τ_e shoulder, elbow torques
 m_s, m_e segment masses
 l_s, l_e segment lengths
 I_s, I_e moments of inertia



- Inertial torques: \propto acceleration
 - Normal ($\tau_s = \dots + [] \times \ddot{\theta}_s + \dots$)
 - Interaction ($\tau_s = \dots + [] \times \ddot{\theta}_e + \dots$)
- Velocity-dependent torques
 - Coriolis ($\tau_s = \dots + [] \times \dot{\theta}_s \dot{\theta}_e + \dots$)
 - Centripetal ($\tau_s = \dots + [] \times \dot{\theta}_s^2 + \dots$)
- Gravity torques

INVERSE DYNAMICS

dof
kin
flex



— Hollerbach & Flash, 1982, *Biol Cybern* 44:67

limitations — only
in body space

body-space
trajectory

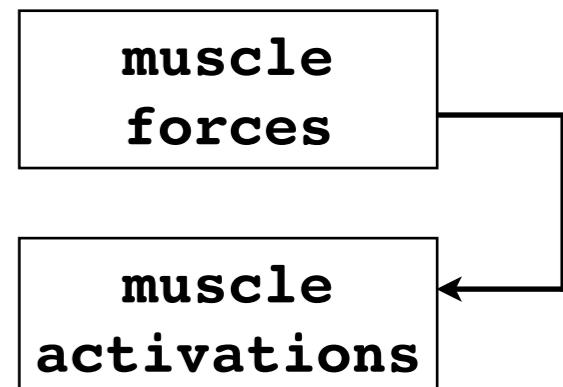
joint
torques

MUSCLE MODEL

- **3 types of model (by complexity order)**
 - **input/output**: black box that reproduces the behavior of a muscle in specific conditions. In general, linear transfert function that translates nervous signals into force
 - **lumped**: combination of linear mechanic elements that reproduces the viscoelastic properties of muscles. Sometimes nonlinear. Measurable parameters.
 - **cross-bridge**: description of molecular aspects of muscular contraction. Parameters not directly measurable

- **How to choose?**

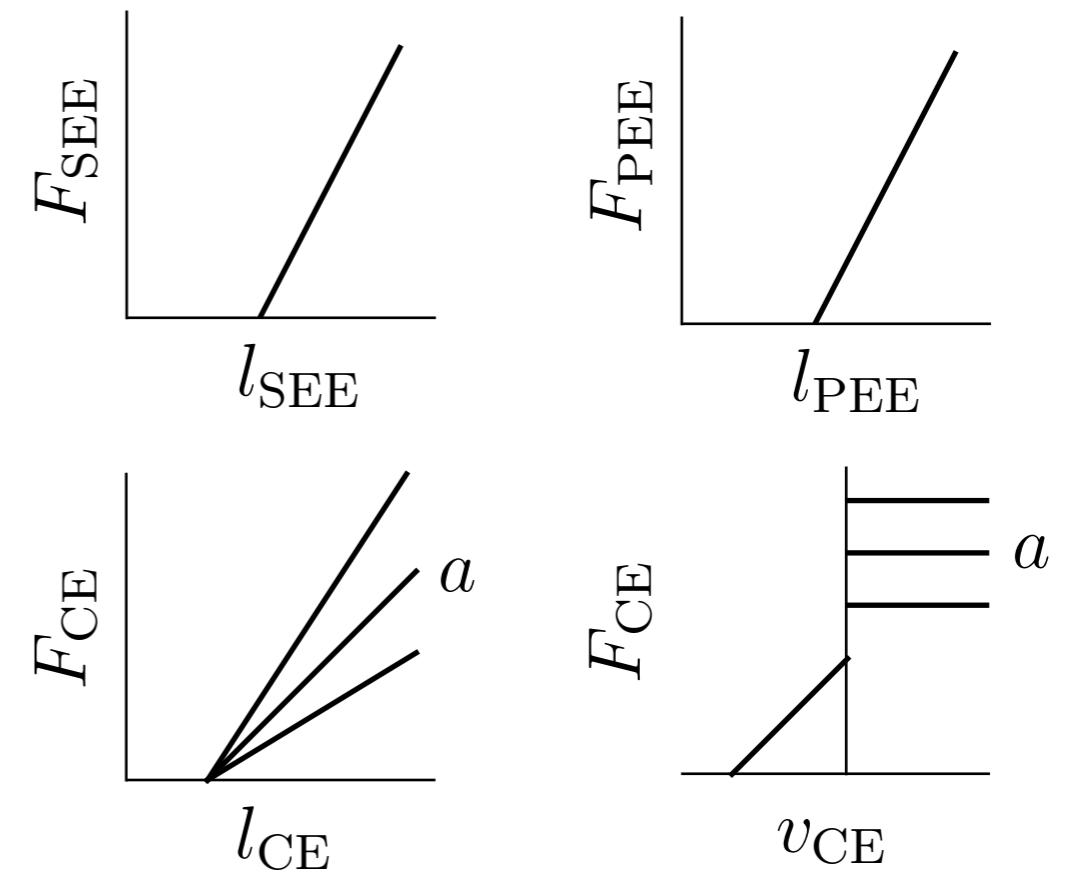
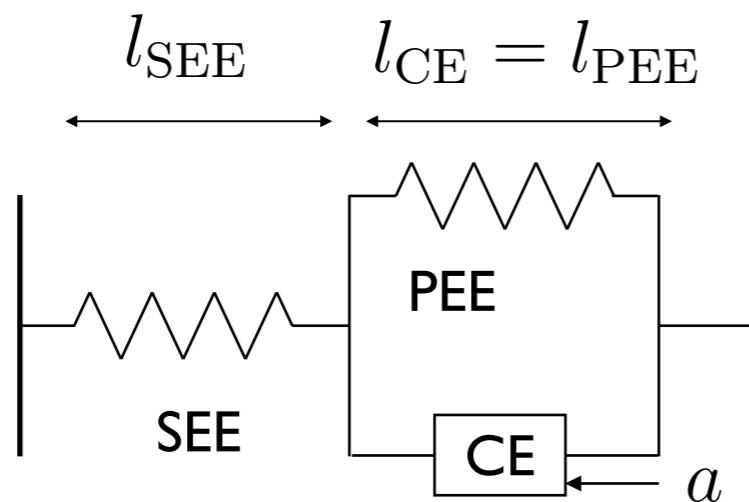
- a more complex model requires a larger number of parameters
- what is the expected influence of a complex model compare to a simpler one?



MUSCLE MODEL: LUMPED

The muscle is made of three elements

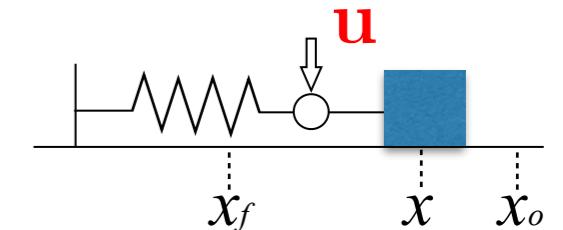
a contractile element (CE) which is a force generator; a parallel elastic element (PEE) which represents the contribution of passive tissues; a serial elastic element (SEE) which represents the stiffness of tendon and cross-bridges acting in series with the CE



TWO DICHOTOMIES

- **To model or not**

— e.g. existence of an inverse model

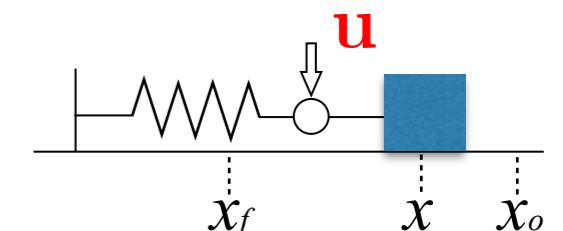


$$m\ddot{x} + b\dot{x} + k(x - x_f) = \mathbf{u}$$

$$\mathbf{u} = \mathbf{u}(t, m, b, k)$$

- **To control or not**

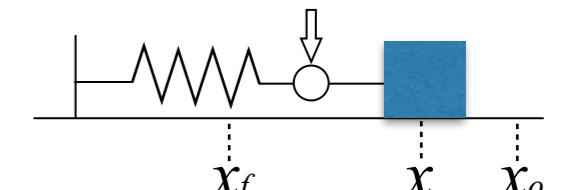
— constraints on the evolution of the system



$$m\ddot{x} + b\dot{x} + k(x - x_f) = \mathbf{u}$$

$$\mathbf{u} = \mathbf{K}(x - x_f)$$

	Model	No
Control	inverse dyn. optimal c.	mass-spring classical FB c.
No	X	task dynamics



$$m\ddot{x} + b\dot{x} + k(x - x_f) = 0$$

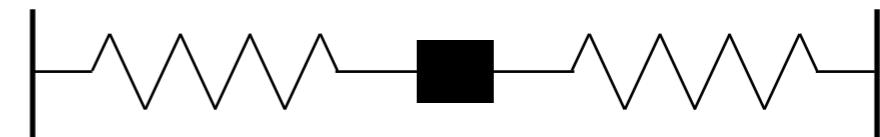
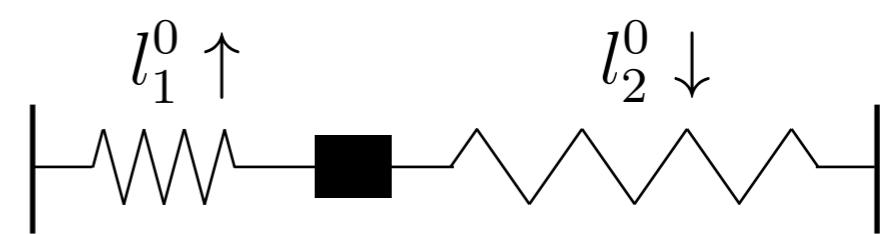
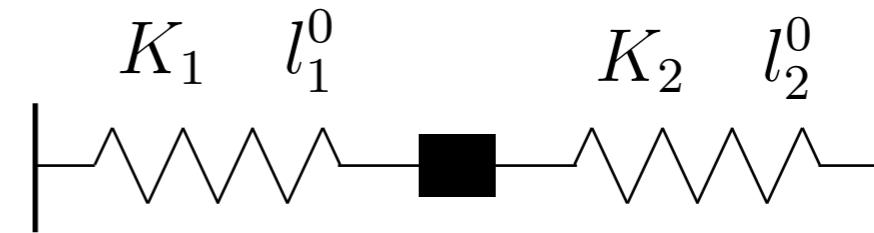
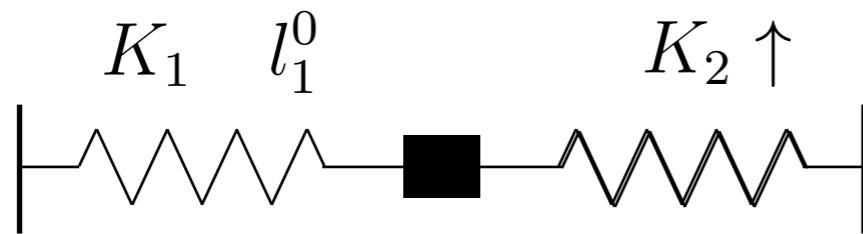
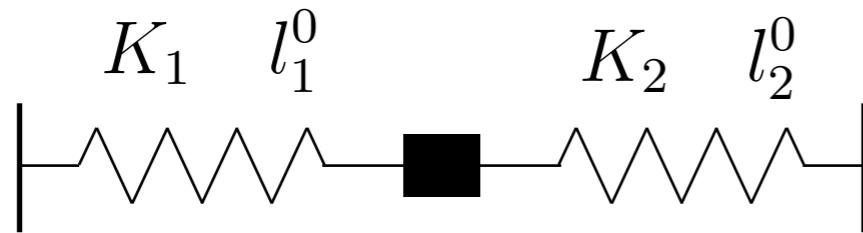
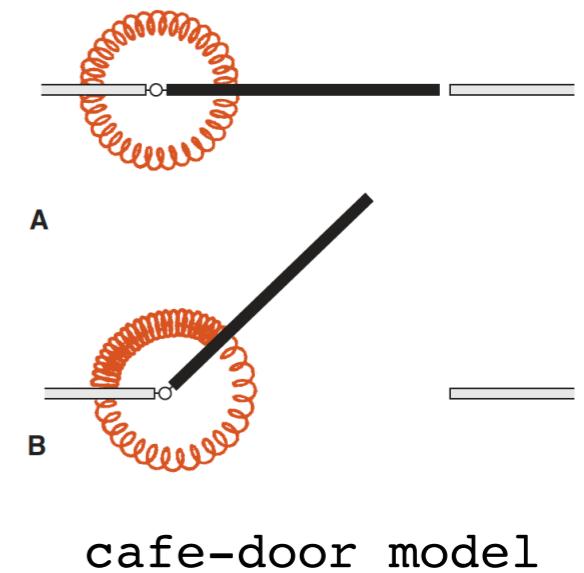
$$x = x(t, m, b, k)$$

MASS-SPRING MODELS

Endpoint location programming

- stiffness control
- rest-length control

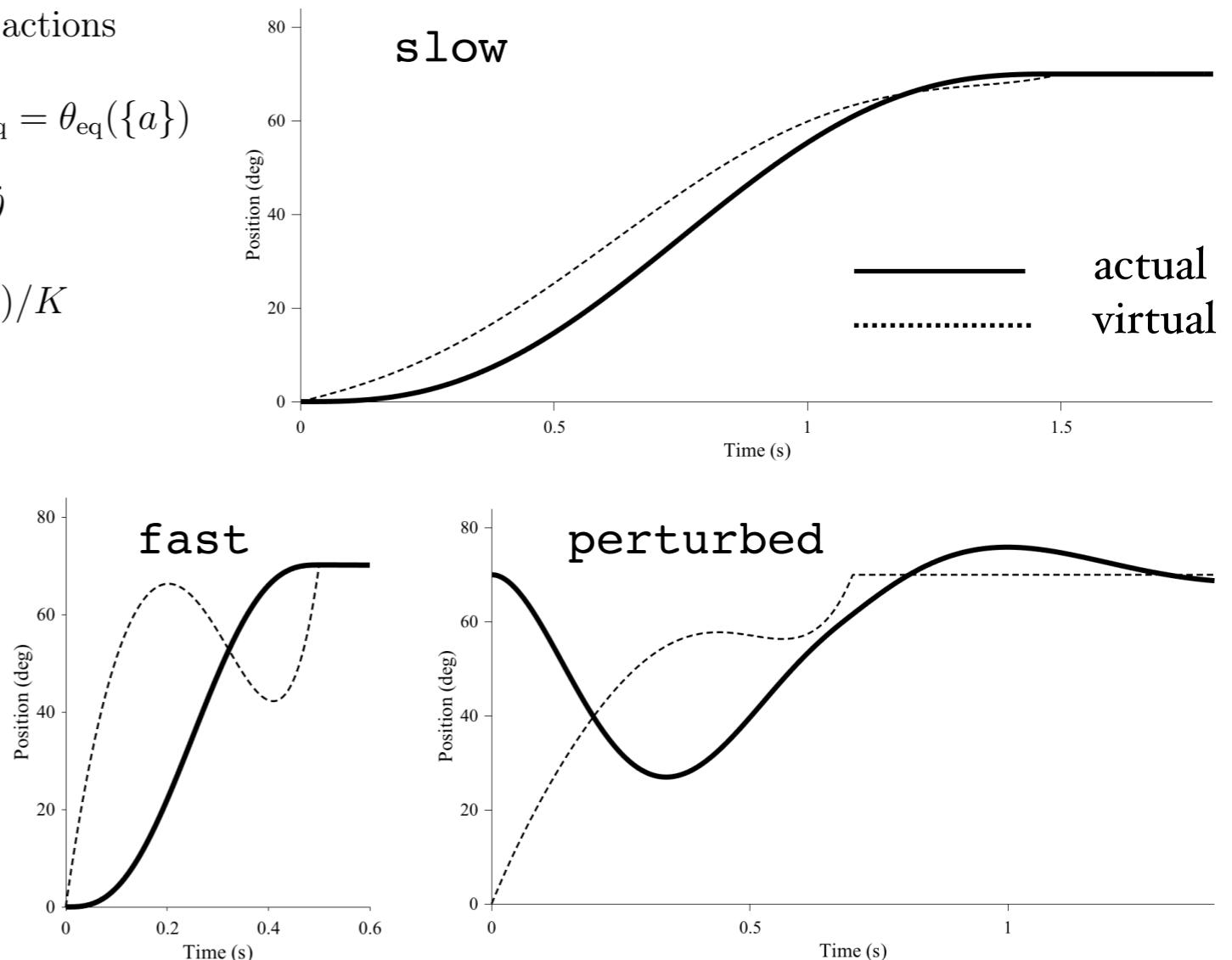
details of trajectory are determined by inertial and viscoelastic properties of the limb and the muscles



MASS-SPRING MODELS: SIMULATION

Equilibrium point model, single-joint infer equilibrium from minimum-jerk desired trajectory

1. Dynamics $I\ddot{\theta} = T(\theta, \dot{\theta}, \{a\})$, $\{a\}$ set of muscle actions
2. At equilibrium, $\theta = \dot{\theta} = 0$, $T(\theta, \{a\}) = 0 \Rightarrow \theta_{eq} = \theta_{eq}(\{a\})$
3. Assumption: $T(\theta, \dot{\theta}, \{a\}) = T(\{a\}) - K\theta - B\dot{\theta}$
4. At equilibrium, $T(\{a\}) = K\theta$ and $\theta_{eq} = T(\{a\})/K$
5. New dynamics $I\ddot{\theta} + B\dot{\theta} + K\theta = K\theta_{eq}$
6. Calculate the minimum-jerk trajectory $\theta_{mj}(t)$
7. Calculate the equilibrium trajectory $\theta_{eq} = (I\ddot{\theta}_{mj} + B\dot{\theta}_{mj} + K\theta_{mj})/K$
8. Calculate the actual trajectory $\theta_{ac}(t)$
 $I\ddot{\theta}_{ac} + B\dot{\theta}_{ac} + K\theta_{ac} = K\theta_{eq}$



— Hogan, 1984, J Neurosci 4:2745

MASS-SPRING MODELS: SIMULATION

Equilibrium point model, double-joint

- infer equilibrium from measured trajectory
- compare measured trajectory with trajectory derived from minimum-jerk

dof
kin
flex

$$\mathbf{n} = \mathbf{I}(\theta)\ddot{\theta} + \mathbf{C}(\theta, \dot{\theta})\dot{\theta} \quad \text{dynamics}$$

$$\mathbf{n}(t) = \mathbf{R}(\phi(t) - \theta(t)) - \mathbf{B}\dot{\theta}(t) \quad \text{control law}$$

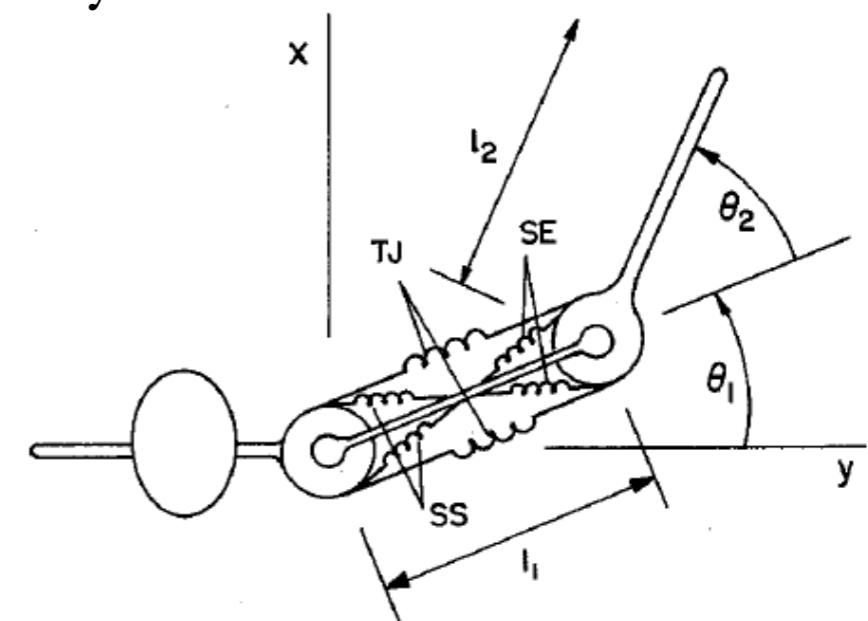
$$\phi(t) \quad \text{equilibrium angular trajectory}$$

$$\mathbf{R} = \begin{pmatrix} R_{11} & R_{12} \\ R_{21} & R_{22} \end{pmatrix} \quad \mathbf{B} = \begin{pmatrix} B_{11} & B_{12} \\ B_{21} & B_{22} \end{pmatrix}$$

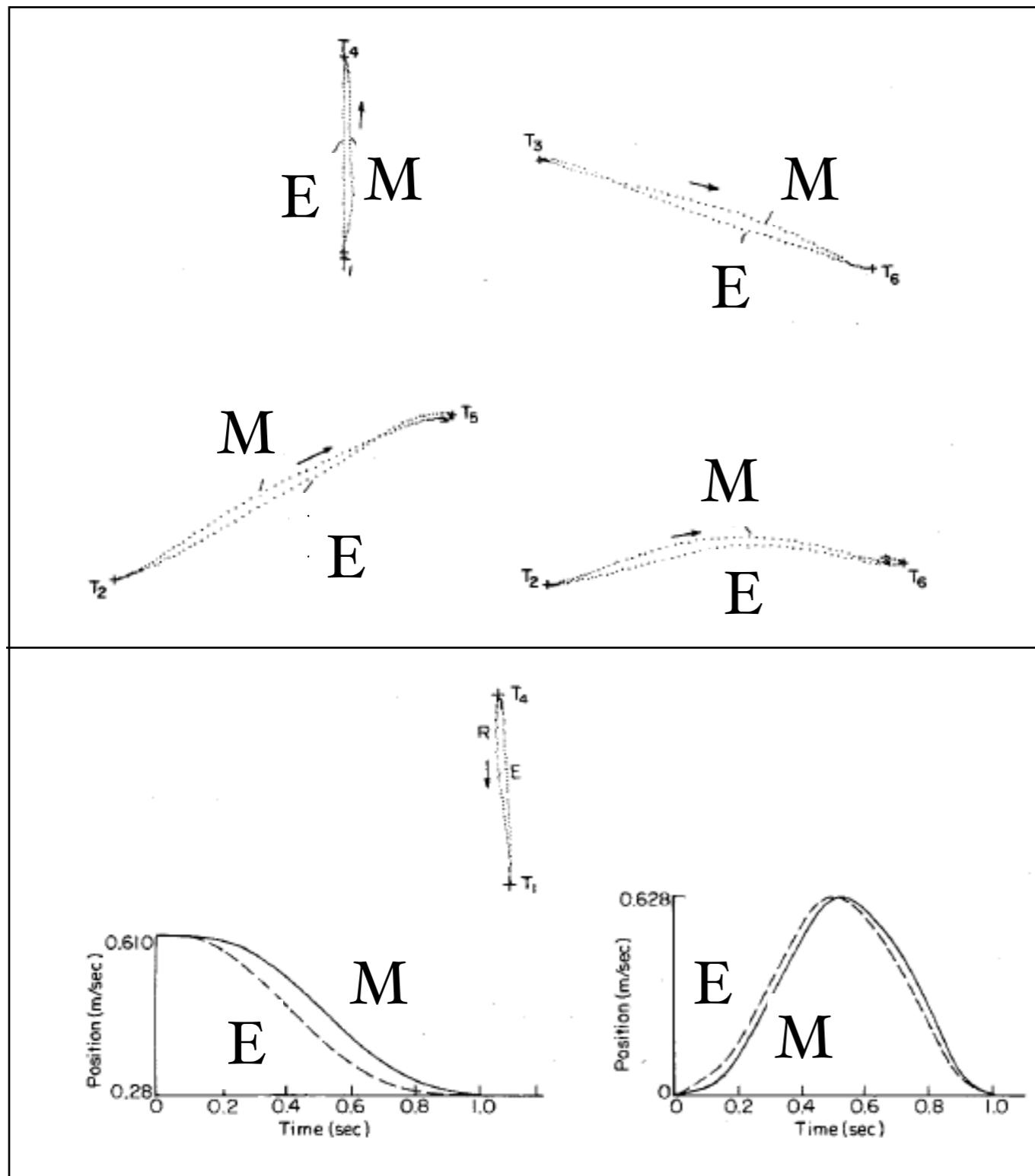
stiffness

viscosity

— Flash, 1987, *Biol Cybern* 57:257

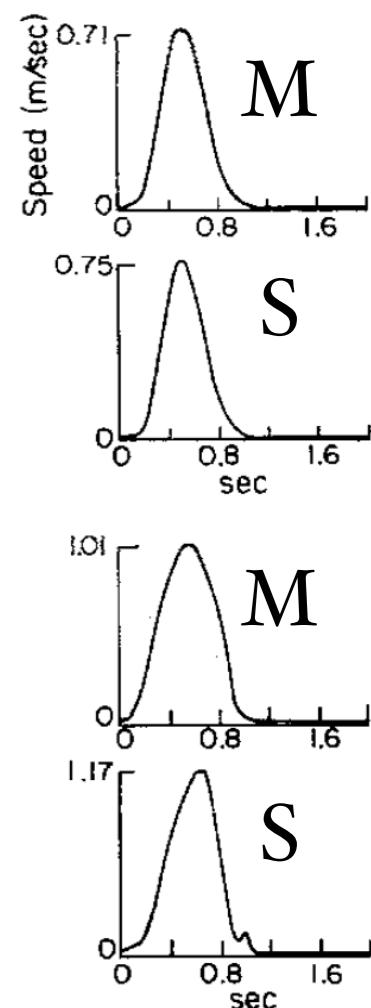
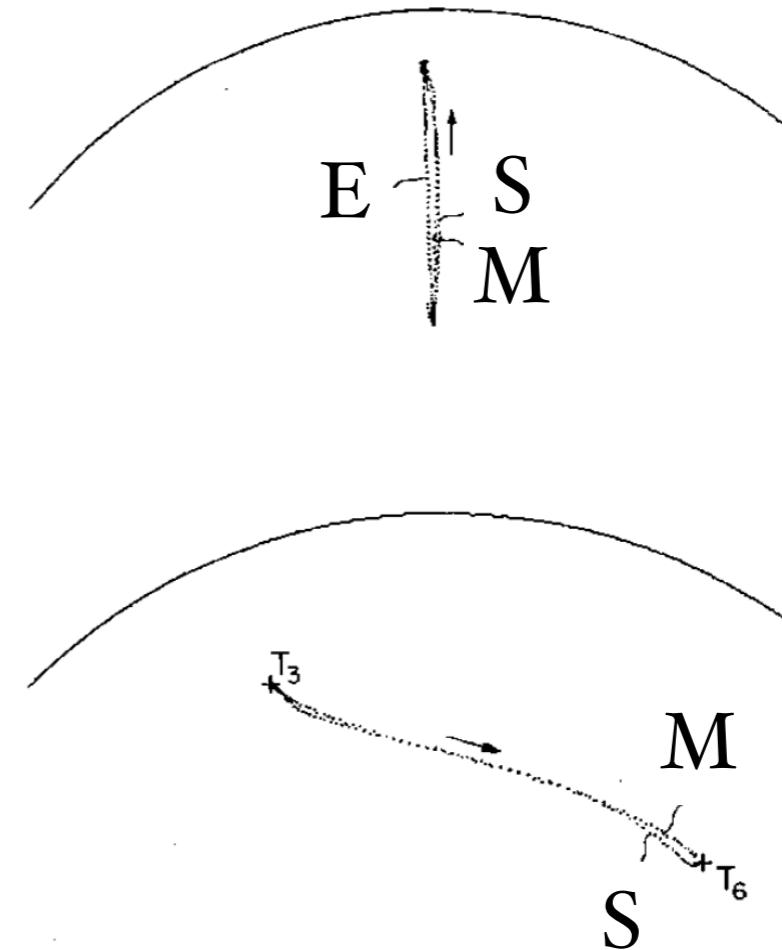
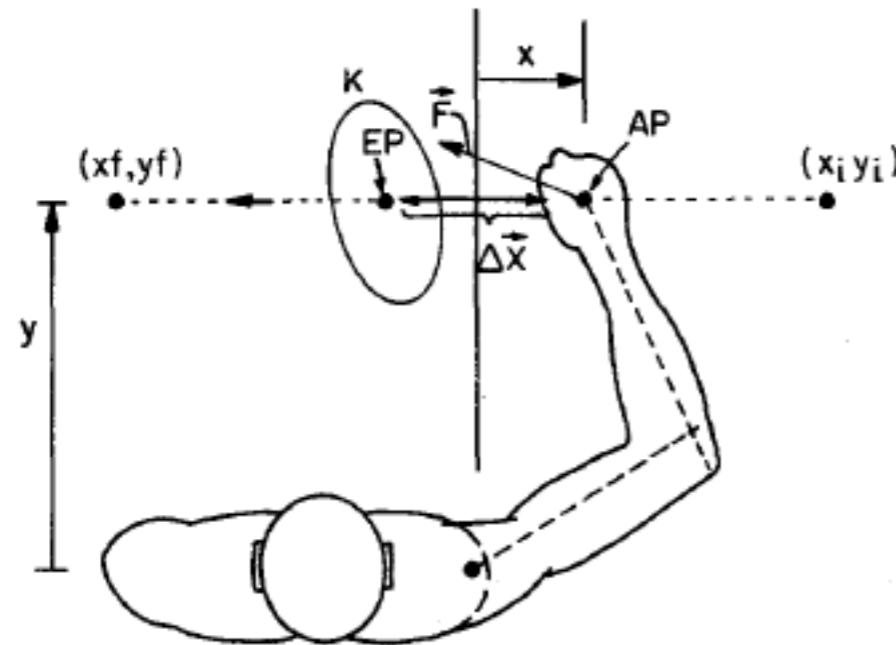


MASS-SPRING MODELS: SIMULATION



equilibrium trajectory
(E) derived from
measured trajectory (M)

MASS-SPRING MODELS: SIMULATION



equilibrium (E)
measured (M)
simulated (S)

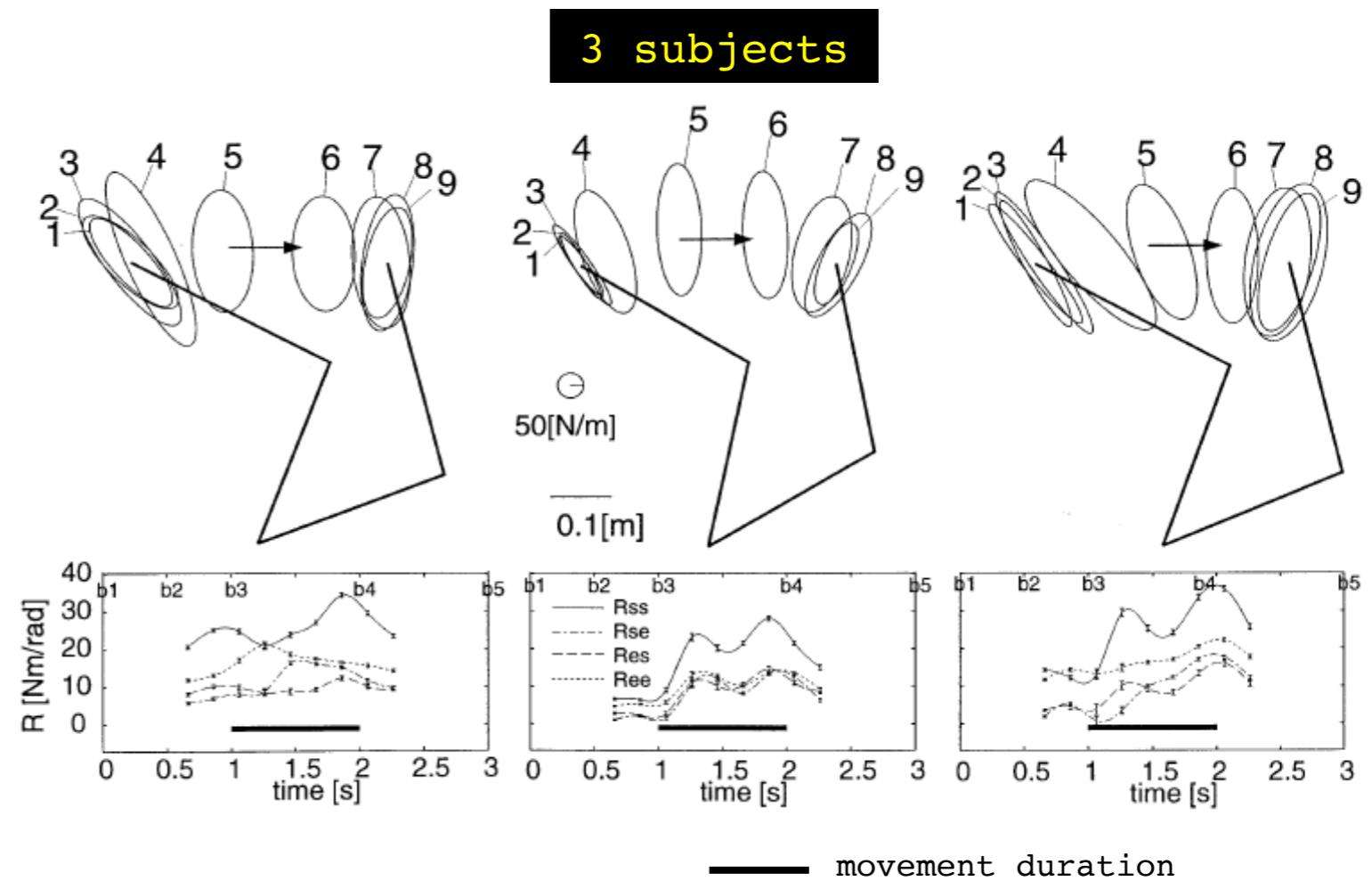
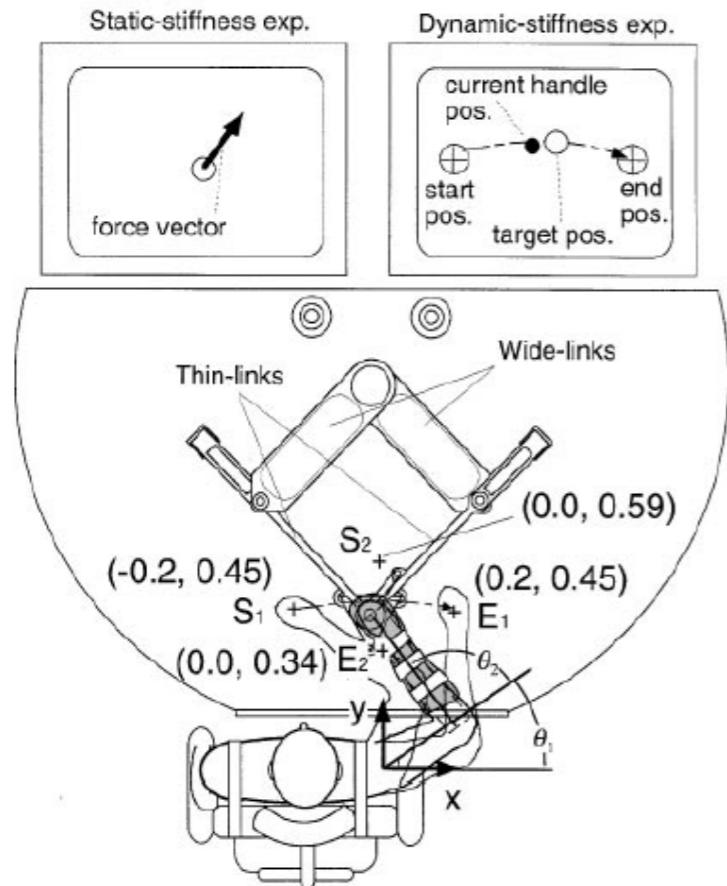
limitations – Fast movements require a larger stiffness and viscosity. For 0.5–0.8 s movements, calculated trajectories are close to real trajectories. Below 0.5 s, differences are observed. The scaling strategy is not uniform. Some movements require a change in the shape and orientation of stiffness and viscosity ellipses.

— Flash, 1987, *Biol Cybern* 57:257

MASS-SPRING MODELS: ISSUES

Measuring stiffness *in vivo*

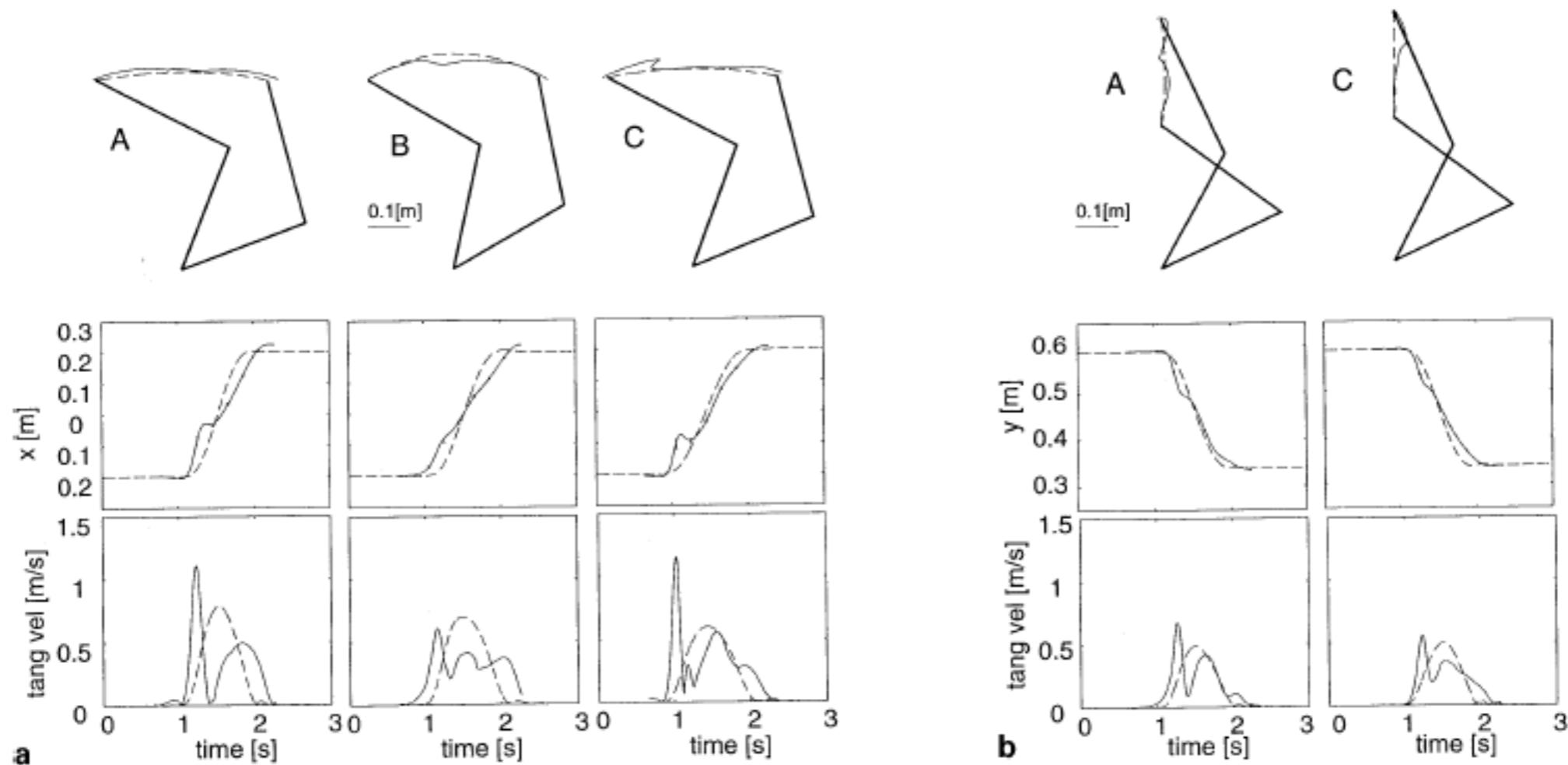
Is stiffness large enough for the equilibrium point scenario?



MASS-SPRING MODELS: ISSUES

Measuring stiffness *in vivo*

Is stiffness large enough for the equilibrium point scenario? NO



— Gomi & Kawato, 1997, *Biol Cybern* 76:163

CLASSICAL FEEDBACK CONTROL

Inverted pendulum — posture

maintain the pendulum to a reference position

dynamics

$$I\ddot{\theta}(t) = mgh\theta(t) + u(t) + \text{noise}$$

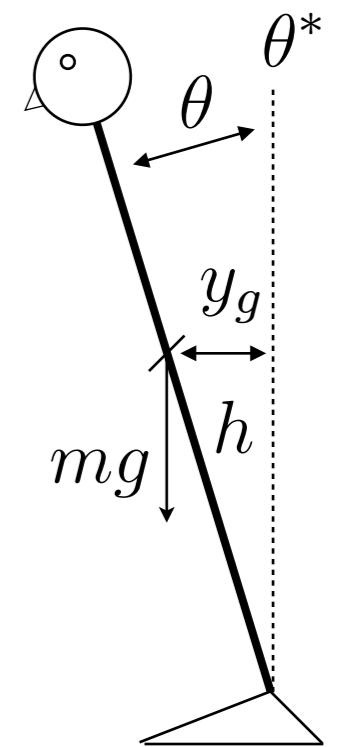
$$\theta^* = 0$$

$$\theta(t) \approx 0$$

$$K_P > mgh$$

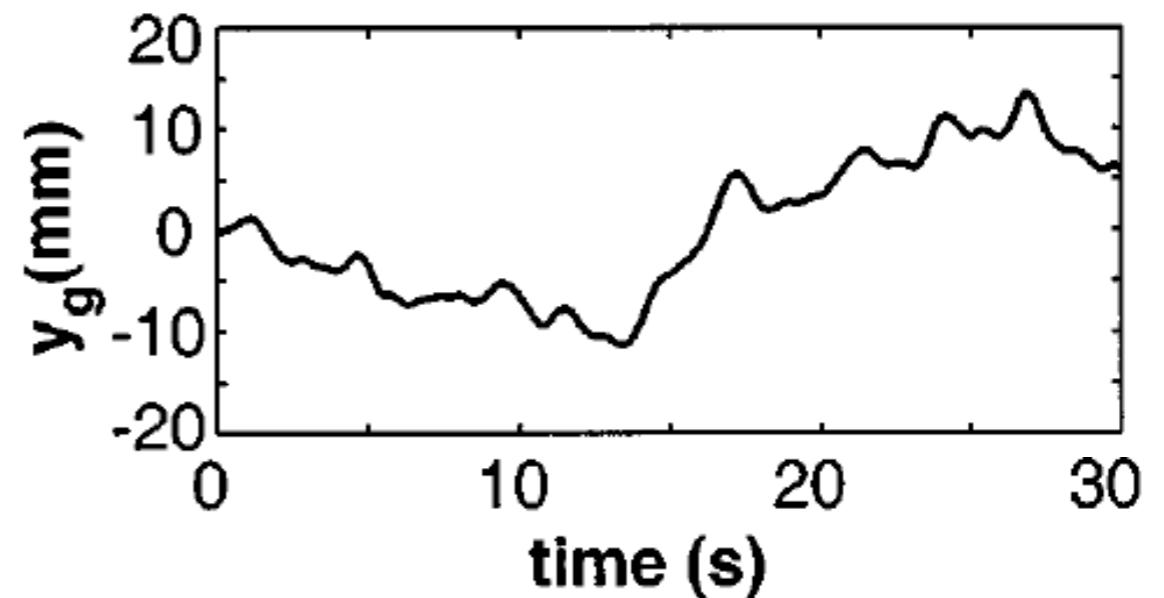
control policy

$$u(t) = K_P(\theta^* - \theta(t)) - K_D\dot{\theta}(t) + K_I \int_{t_0}^t (\theta^*(\tau) - \theta(\tau)) d\tau$$



- model of postural oscillations
- **reminder:** the controller has no knowledge of the system to be controlled (e.g. mass, height)

— Peterka, 2000, *Biol Cybern* 82:335



CLASSICAL FEEDBACK CONTROL

Inverted pendulum — movement

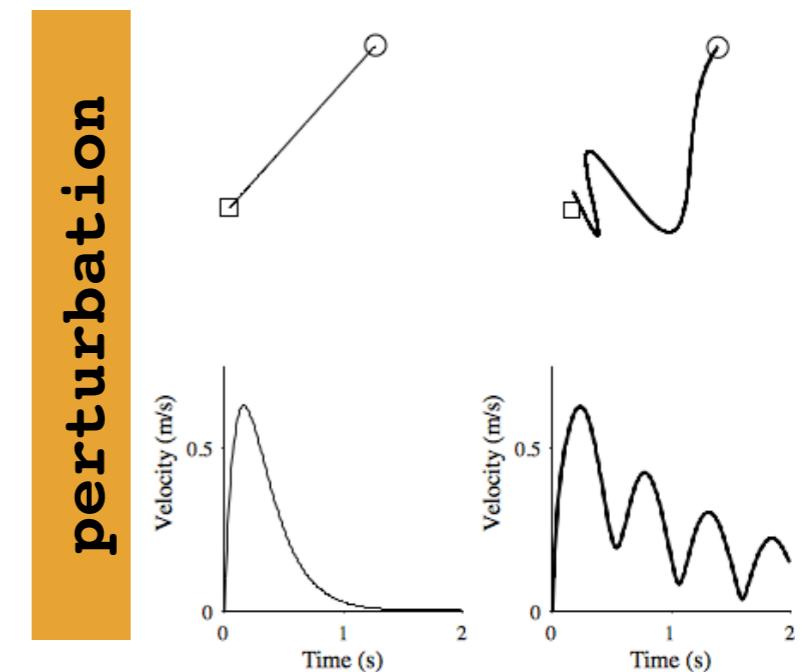
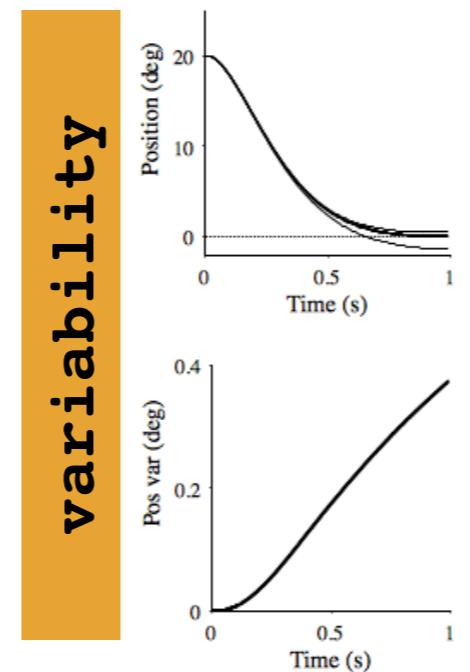
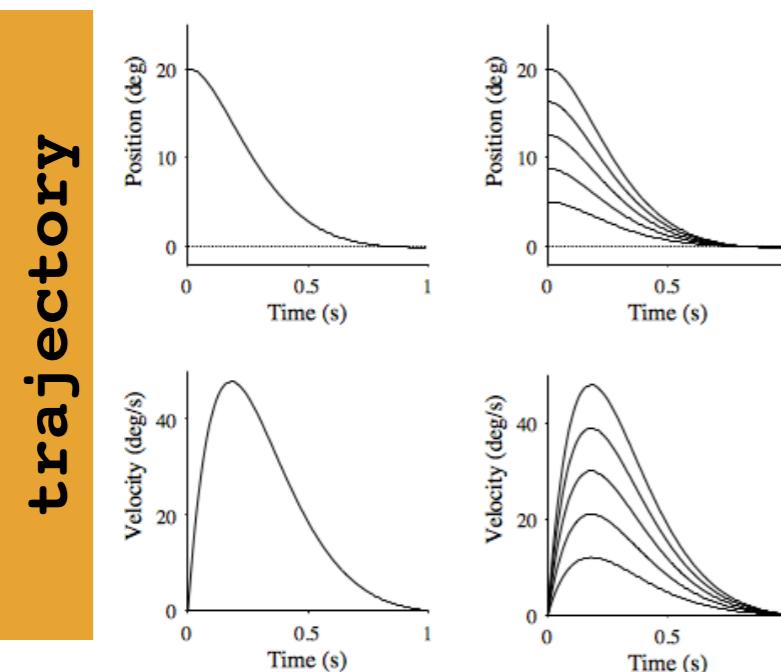
displace the pendulum to a reference position

dynamics

$$I\ddot{\theta}(t) = mgh \sin \theta(t) + u(t)$$

control policy

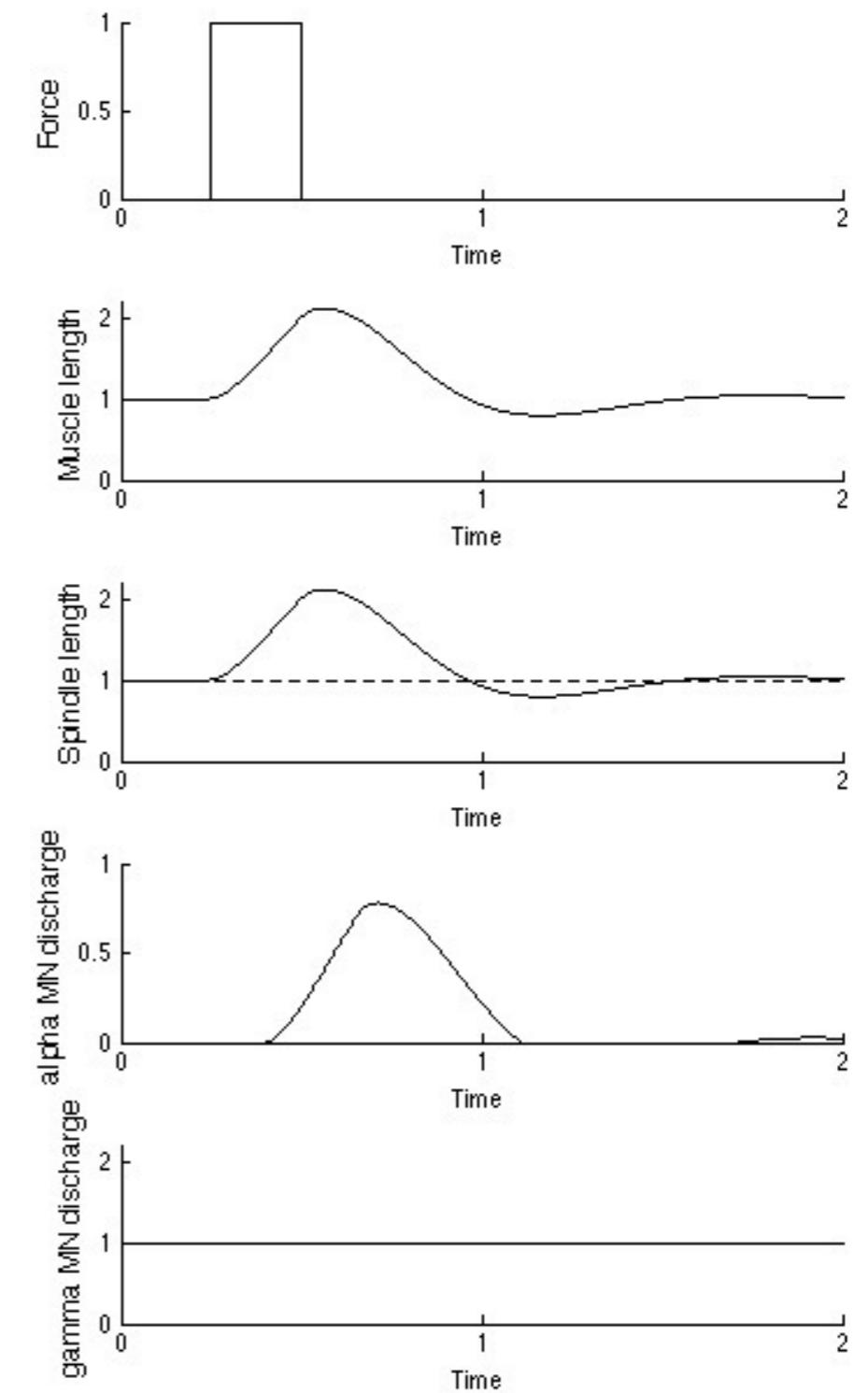
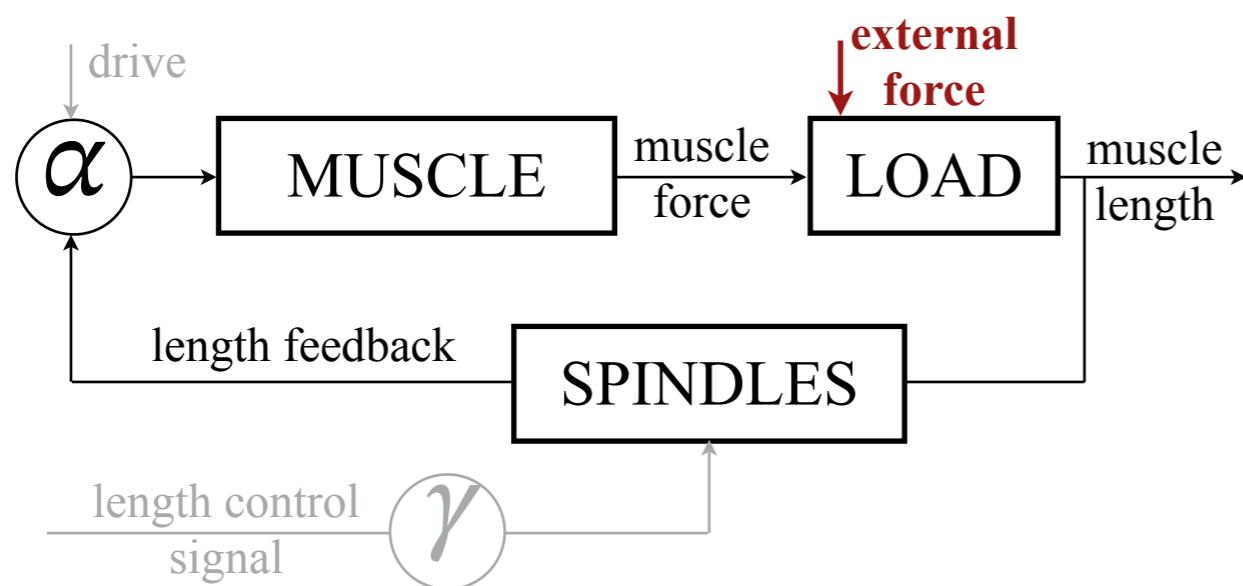
$$u(t) = K_P(\theta^* - \theta(t)) - K_D\dot{\theta}(t) + K_I \int_{t_0}^t (\theta^*(\tau) - \theta(\tau)) d\tau$$



dof
kin
flex

CLASSICAL FEEDBACK CONTROL

Neural implementation stretch reflex

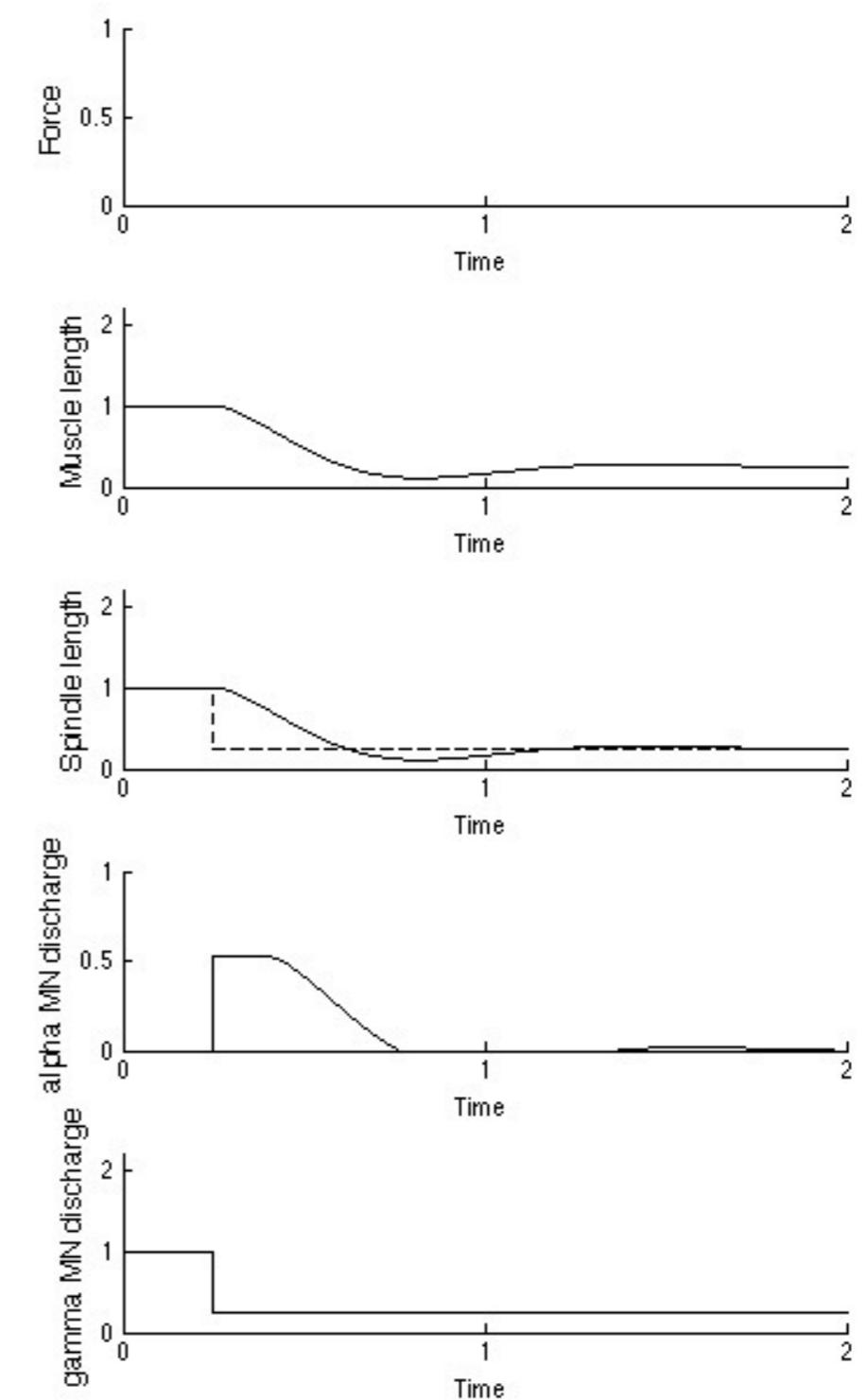
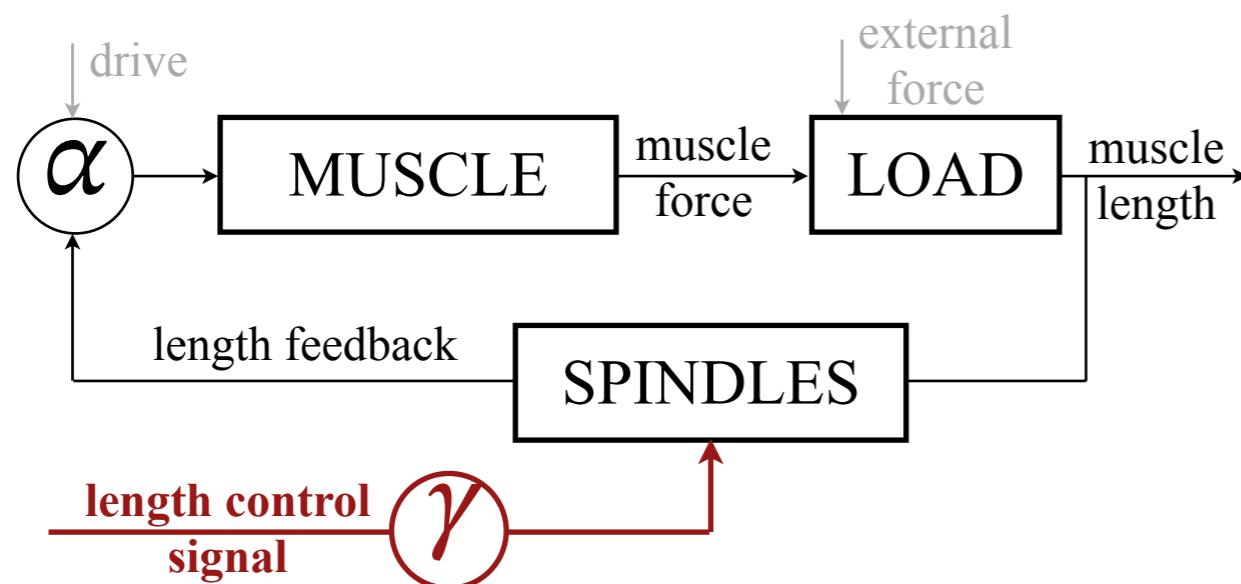


CLASSICAL FEEDBACK CONTROL

Neural implementation

stretch reflex = servo-control

Merton's model



CLASSICAL FEEDBACK CONTROL

Can servo-control be a general model of motor control?

No

- alpha/gamma coactivation
- Restricted to single-joint movements.
Problem of intersegmental dynamics for multijoint movements. Rapid feedback is too slow to compensate for intersegmental dynamics
- Feedback can only have a modest effect on motor output

INVERSE DYNAMICS

Movement of a point mass
follow a desired trajectory

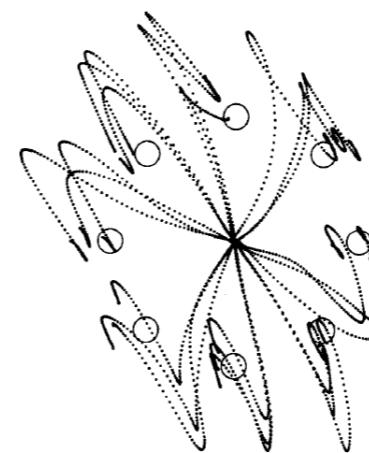
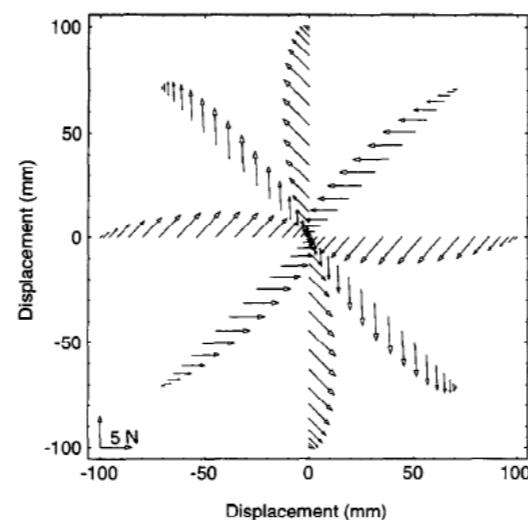
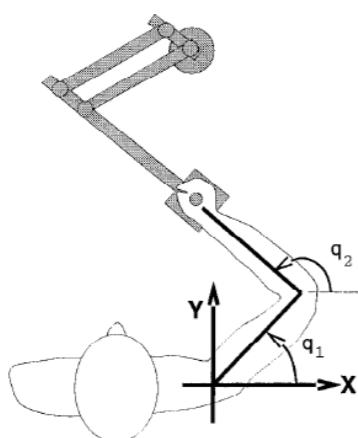
dynamics

$$m\ddot{x}(t) = u(t)$$

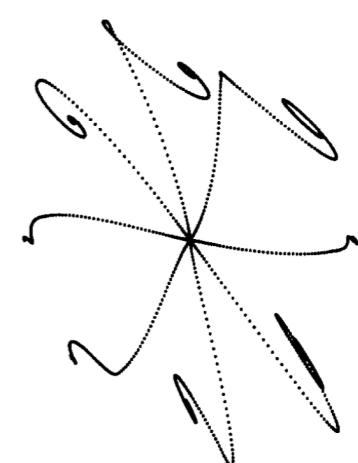
desired trajectory $x^*(t)$

control policy

$$u(t) = \hat{m}\ddot{x}^*(t) + K_P(x^*(t) - x(t)) + K_D(\dot{x}^*(t) - \dot{x}(t))$$



data



simulation

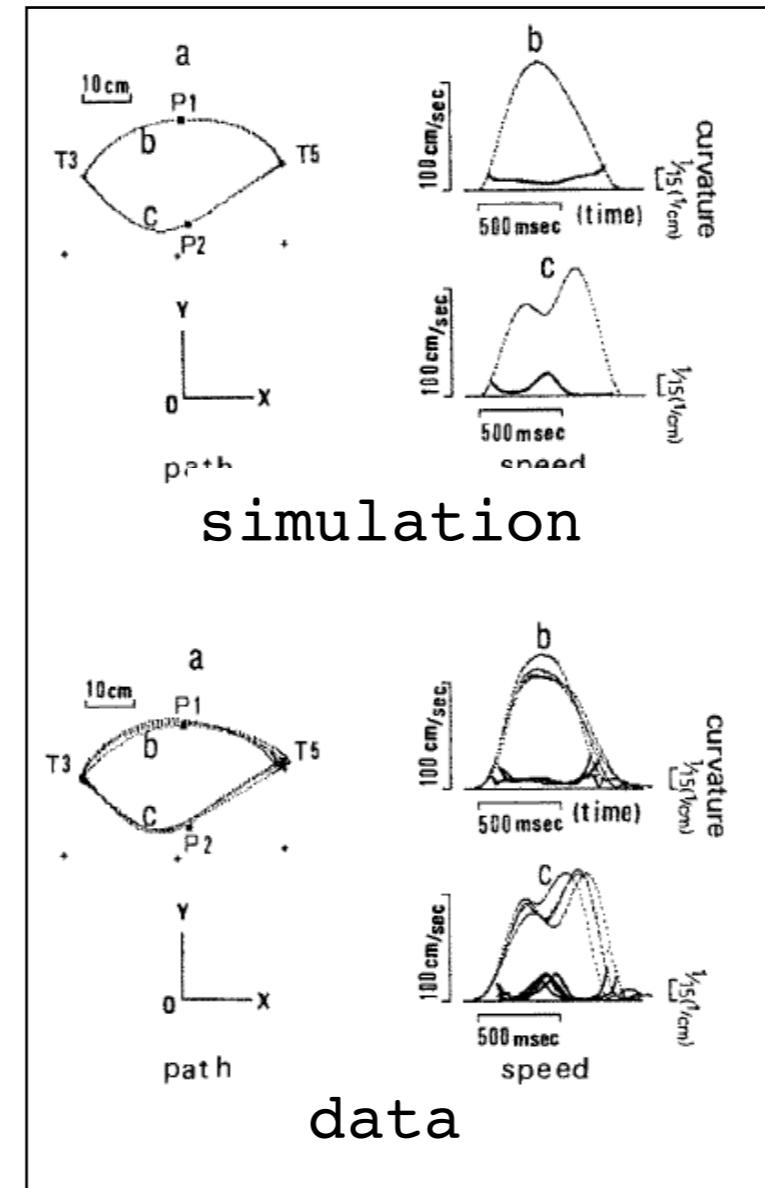
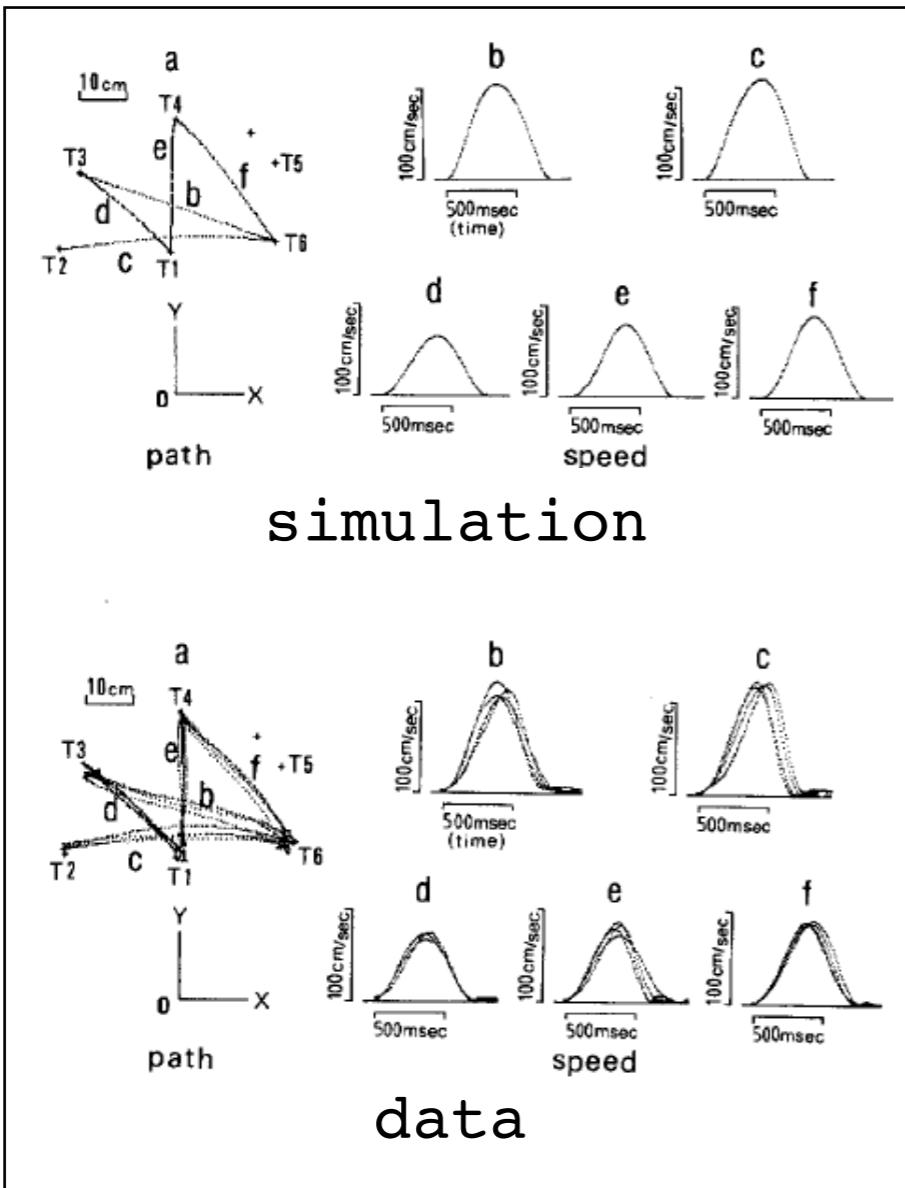
— Shadmehr & Mussa-Ivaldi, 1994, *J Neurosci* 14:3208

OPTIMAL CONTROL

dof
kin
flex

Minimum torque change
to circumvent the limitations
of minimum jerk

$$C = \int_{t_0}^{t_f} \sum_i \left(\frac{d\tau_i}{dt} \right)^2 dt$$



— Uno et al., 1989,
Biol Cybern 61:89

OPTIMAL CONTROL

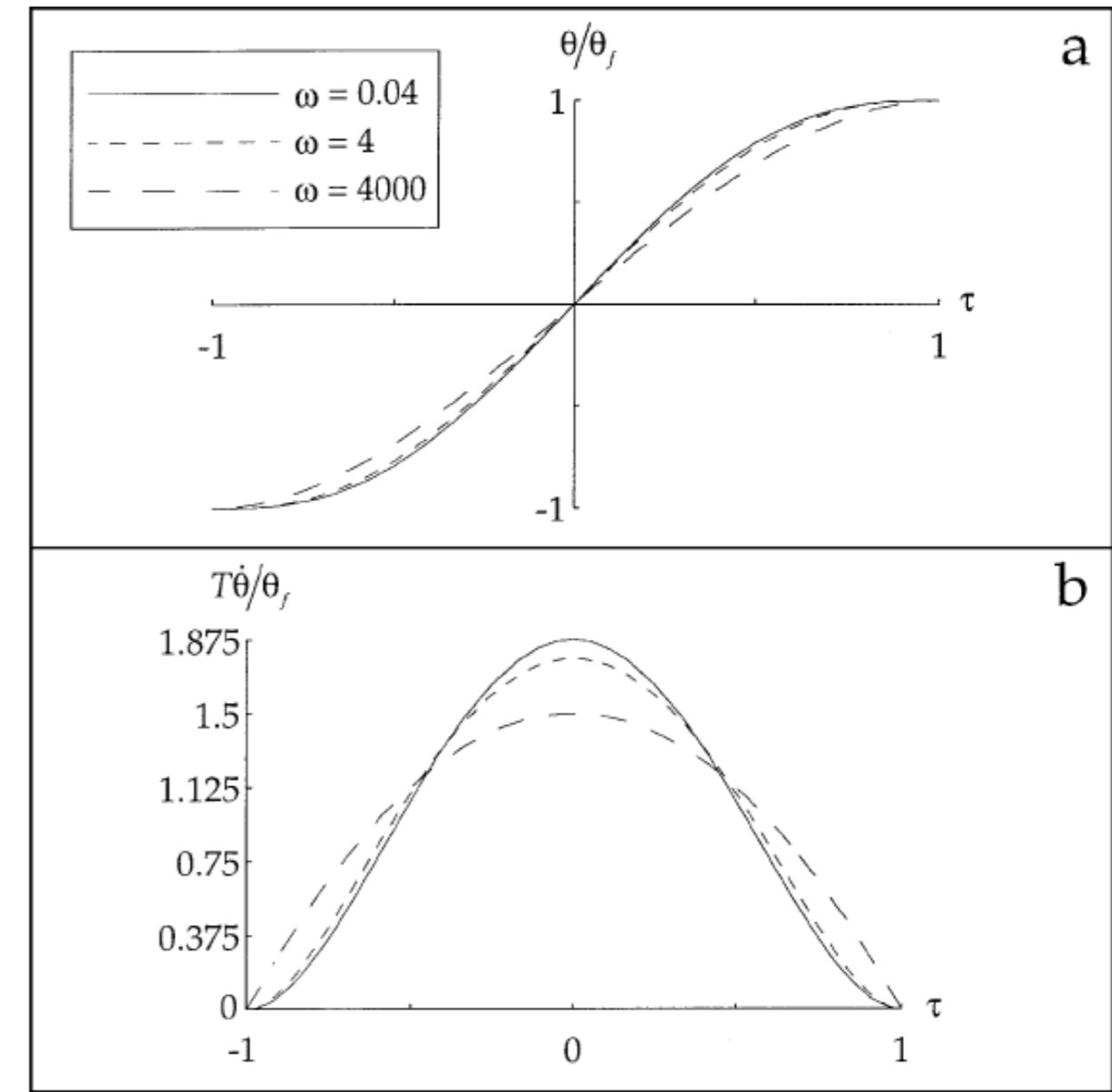
Minimum torque change analytical solution

$$\tau = I\ddot{\theta} + B\dot{\theta} \quad C = \int_{t_0}^{t_f} \dot{\tau}^2(t) dt$$

$$\frac{d^3}{dt^3} \frac{\partial \dot{\tau}^2}{\partial \ddot{\theta}} - \frac{d^2}{dt^2} \frac{\partial \dot{\tau}^2}{\partial \dot{\theta}} = 0$$

$$\begin{aligned} \theta(t) = \theta_f Q(\omega) & \left(\frac{\sinh \beta t}{\sinh \omega} - \frac{1}{6} \omega^2 \left(\frac{t}{T} \right)^3 \right. \\ & \left. + \left(\frac{1}{2} \omega^2 - \omega \coth \omega \right) \frac{t}{T} \right) \end{aligned}$$

$$t_0 = -T \quad t_f = T \quad \beta = \frac{B}{I} \quad \omega = \beta(t_f - t_0)$$



$\frac{\text{peak velocity}}{\text{mean velocity}}$	1.5-1.875	2.01-2.09
simulation		data

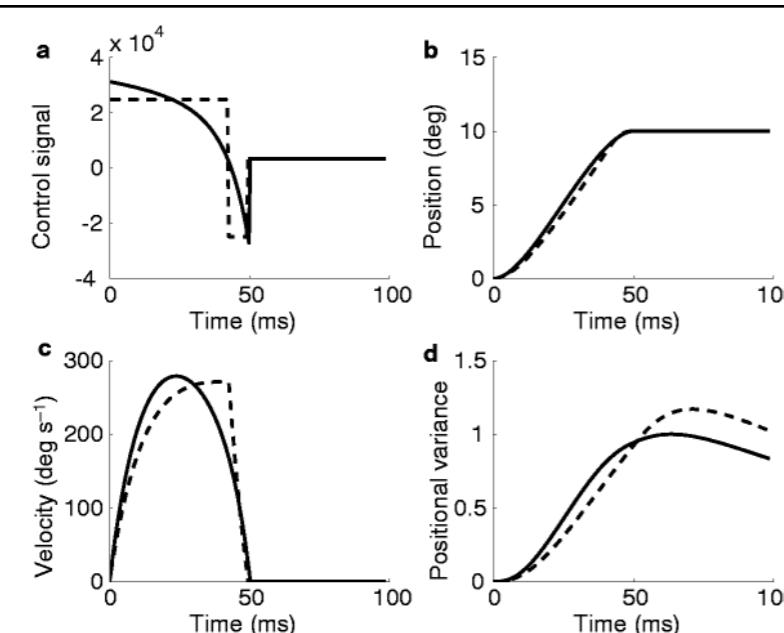
OPTIMAL CONTROL

dof
kin
flex

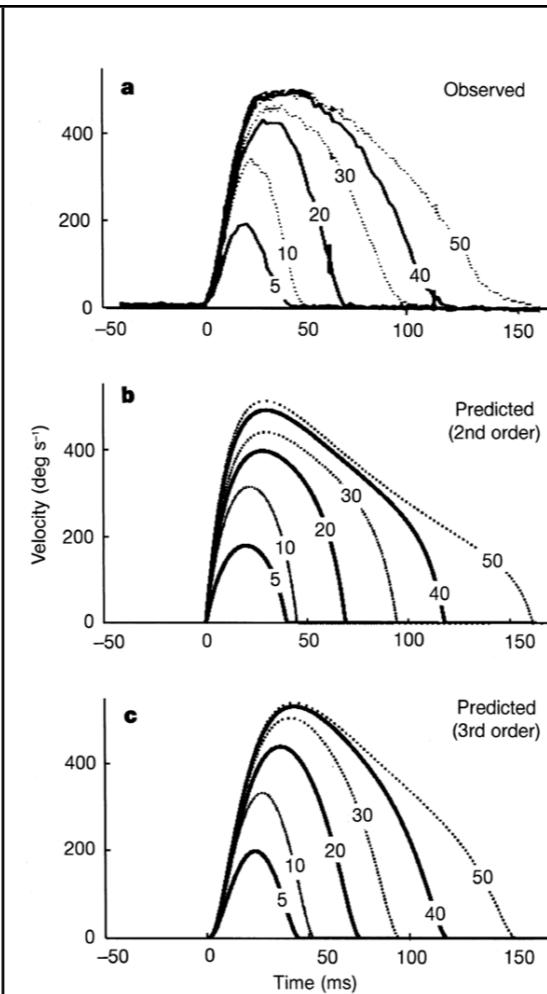
Minimum variance

minimize terminal variance in the presence of signal-dependent-noise = find the smallest command

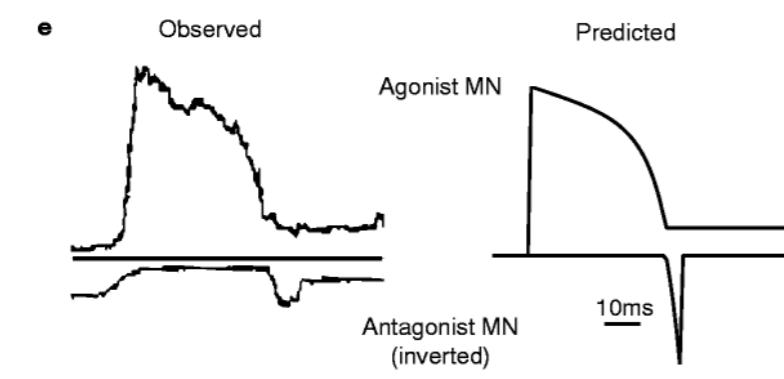
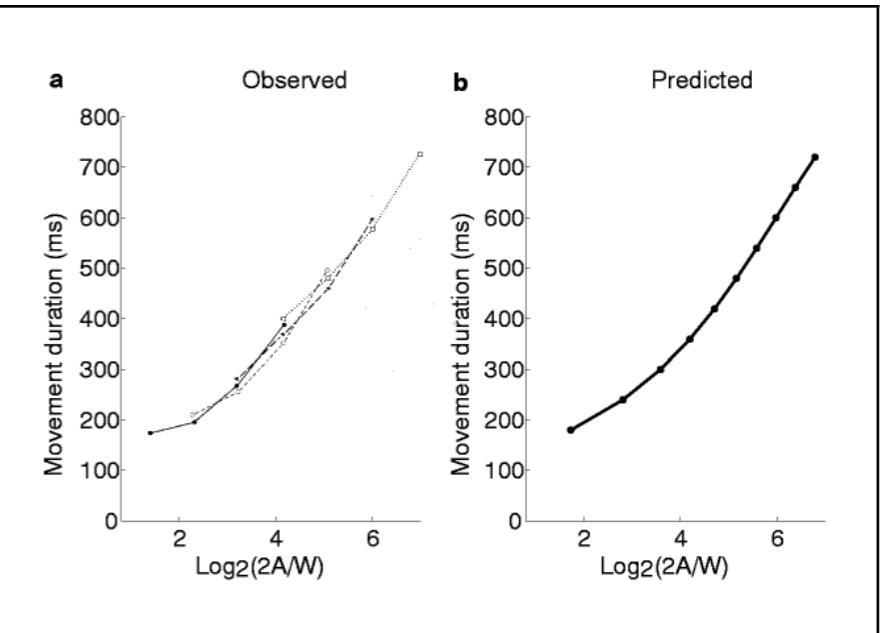
Control signal



Velocity profiles



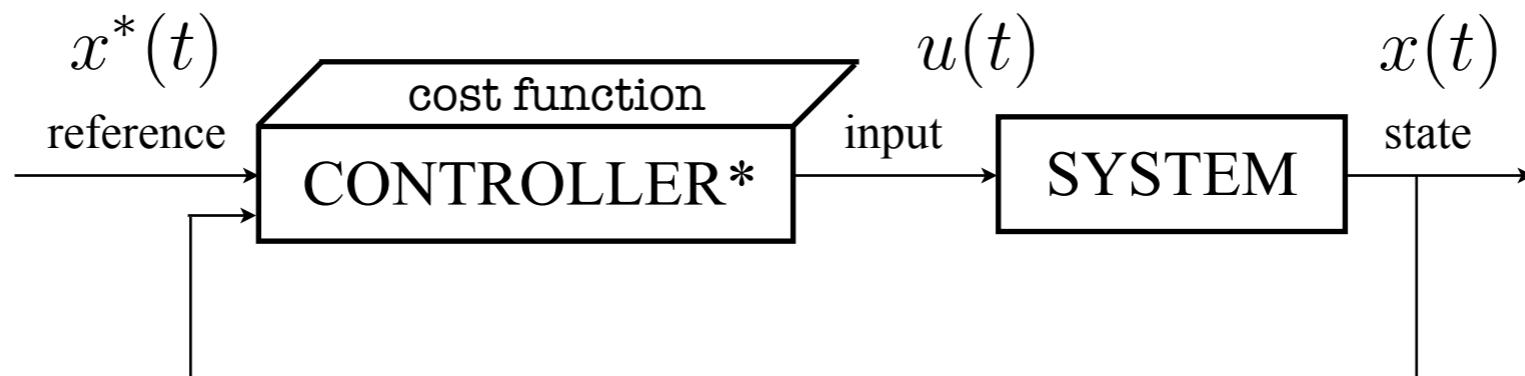
Fitts' law



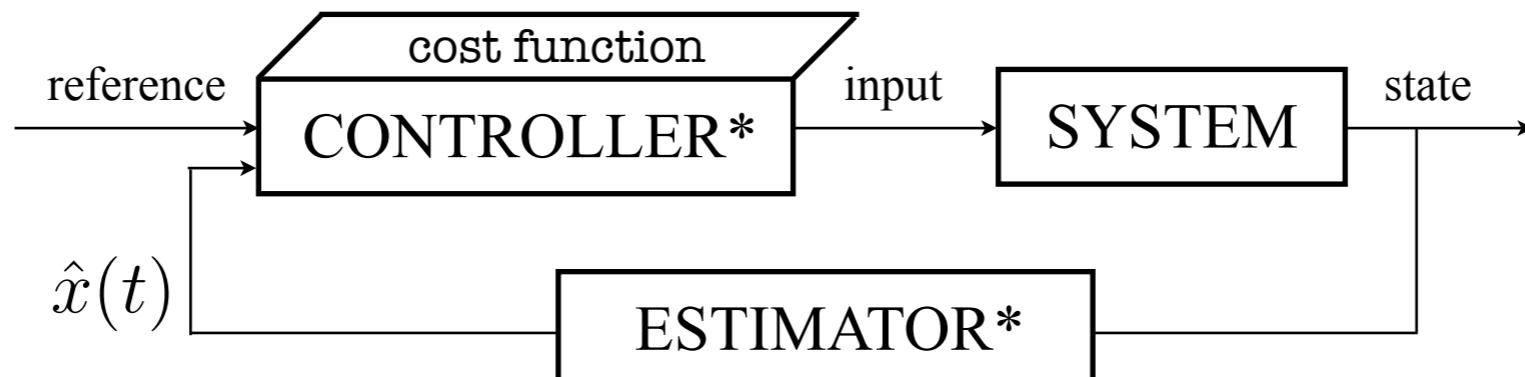
— Harris & Wolpert,
1998, *Nature* 394:780

OPTIMAL FEEDBACK CONTROL

Recalculate optimal control at each time step



$$u(t) = \pi(x(t), x^*(t))$$



$$u(t) = \pi(\hat{x}(t), x^*(t))$$

OPTIMAL FEEDBACK CONTROL

Linear Quadratic Regulator (LQR) algorithm (discrete case)

$$x_{k+1} = Ax_k + Bu_k$$

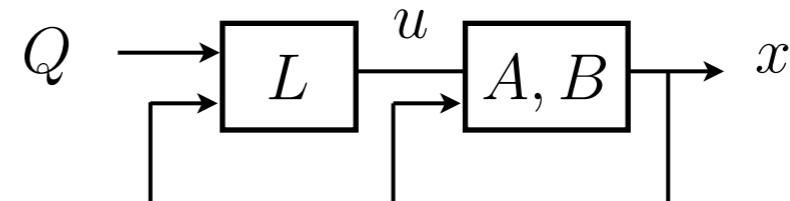
controlled object
discrete time linear system

$$J = \sum_{k=0}^N (x_k^T Q x_k + u_k^T R u_k)$$

performance index

$$u_k = -L_k x_k$$

feedback control law



$$L_k = (R + B^T P_k B)^{-1} B^T P_k A$$

$$\begin{aligned} P_{k-1} &= Q + A^T (P_k - P_k B \\ &\quad (R + B^T P_k B)^{-1} B^T P_k) A \end{aligned}$$

$$P_N = Q \qquad \qquad \text{solution}$$

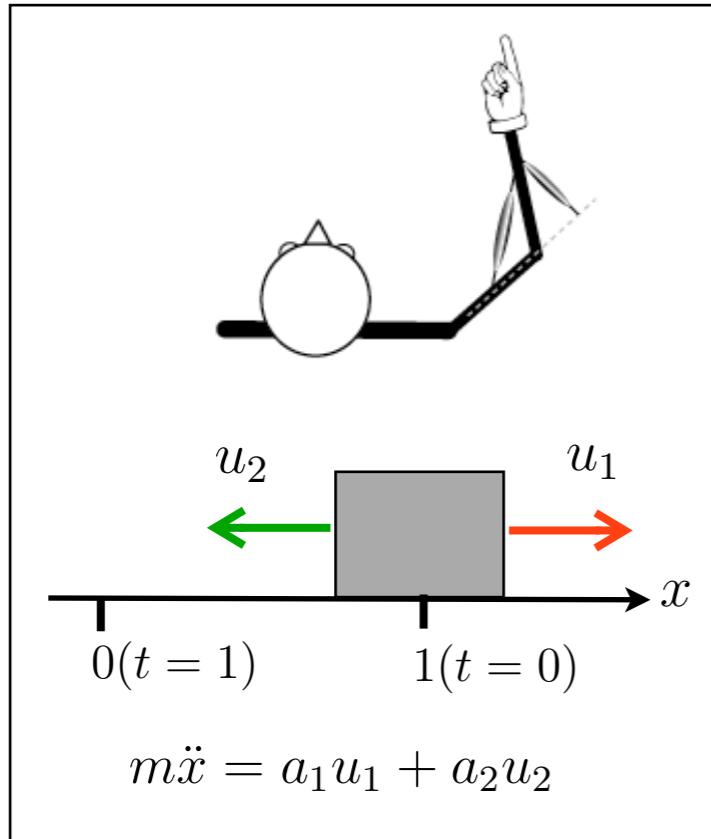
- requires backward evaluation
- time is fixed in advance
- nonstationarity:
the control law depends on time

OPTIMAL FEEDBACK CONTROL

dof
kin
flex

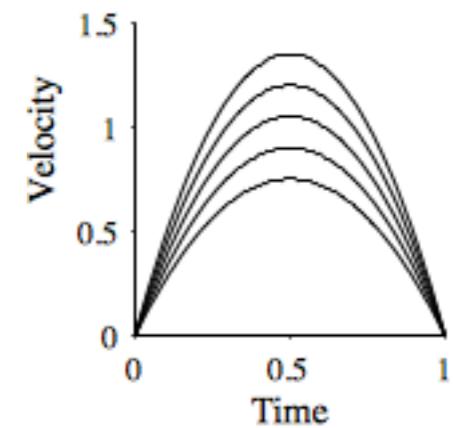
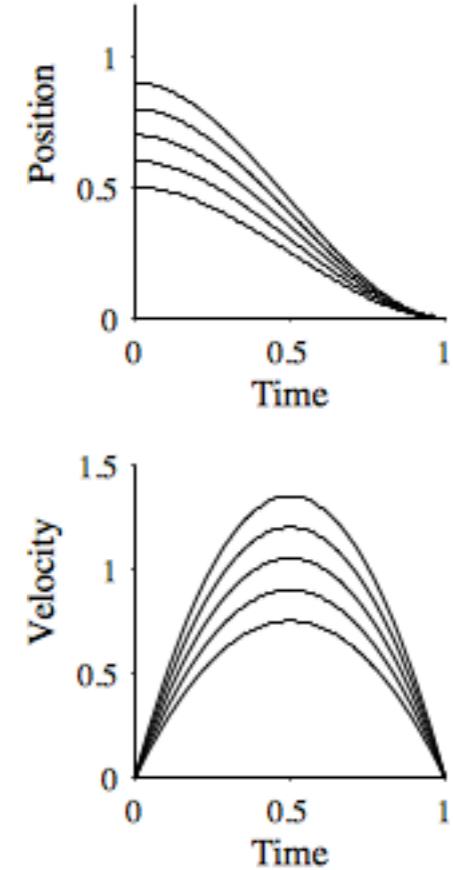
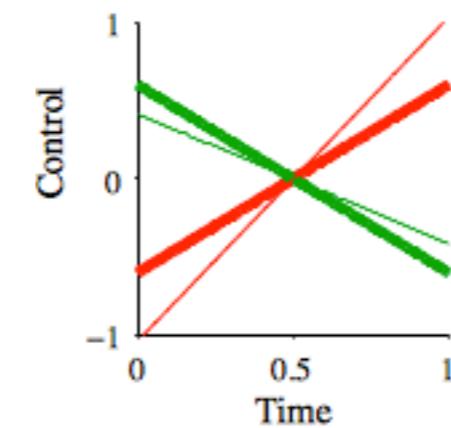
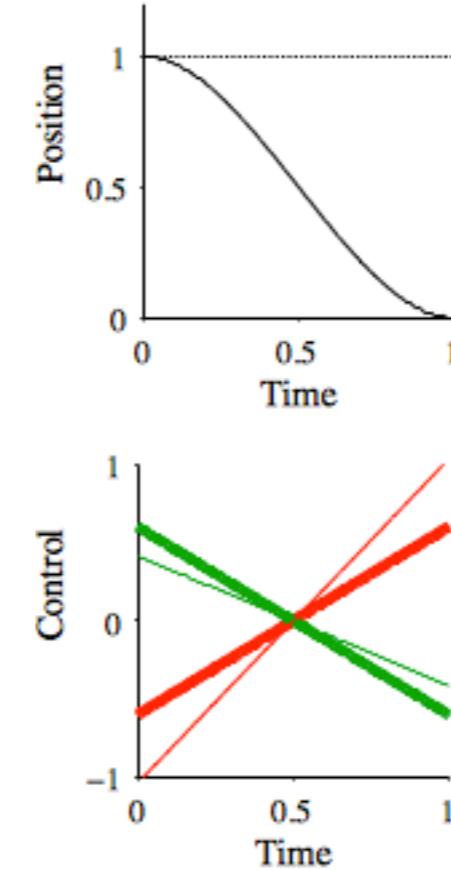
Linear Quadratic Regulator (LQR)

simulation (continuous case)



Two sets of parameters for the LQR problem, each with a green arrow pointing up and a red arrow pointing down, indicating a range of values:

Parameter	Value 1	Value 2
a_1	+5	+5
a_2	-5	-2



OPTIMAL FEEDBACK CONTROL

Linear Quadratic Gaussian (LQG)

continuous/discrete case

$$\frac{d\mathbf{x}}{dt} = A\mathbf{x}(t) + B\mathbf{u}(t) + \mathbf{w}(t)$$

noise

controlled object — continuous time linear system

$$x_{k+1} = Ax_k + Bu_k$$

controlled object

discrete time linear system

$$J = E \left\{ \int_{t_0}^{t_f} [\mathbf{x}^T(t)Q\mathbf{x}(t) + \mathbf{u}^T(t)R\mathbf{u}(t)] dt \right\}$$

performance index

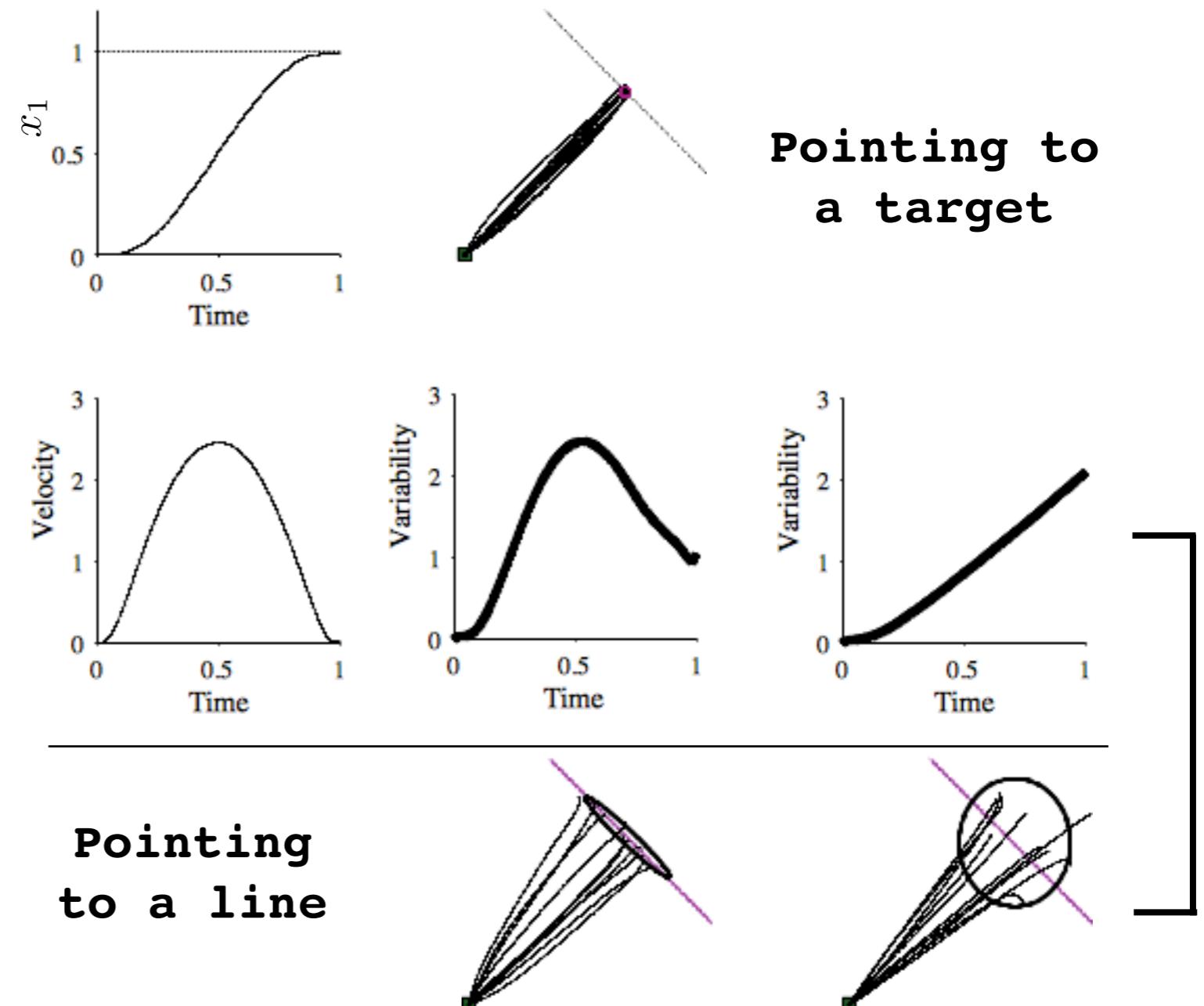
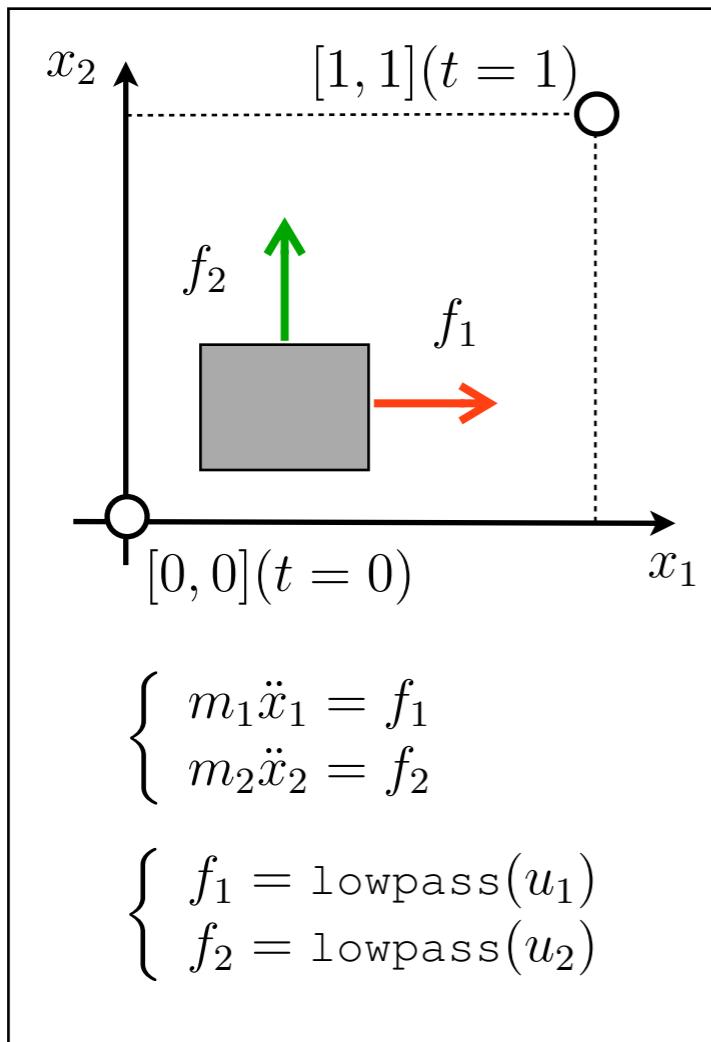
$$J = \sum_{k=0}^N (x_k^T Q x_k + u_k^T R u_k)$$

performance index

OPTIMAL FEEDBACK CONTROL

Linear Quadratic Gaussian (LQG)

simulation (continuous case)

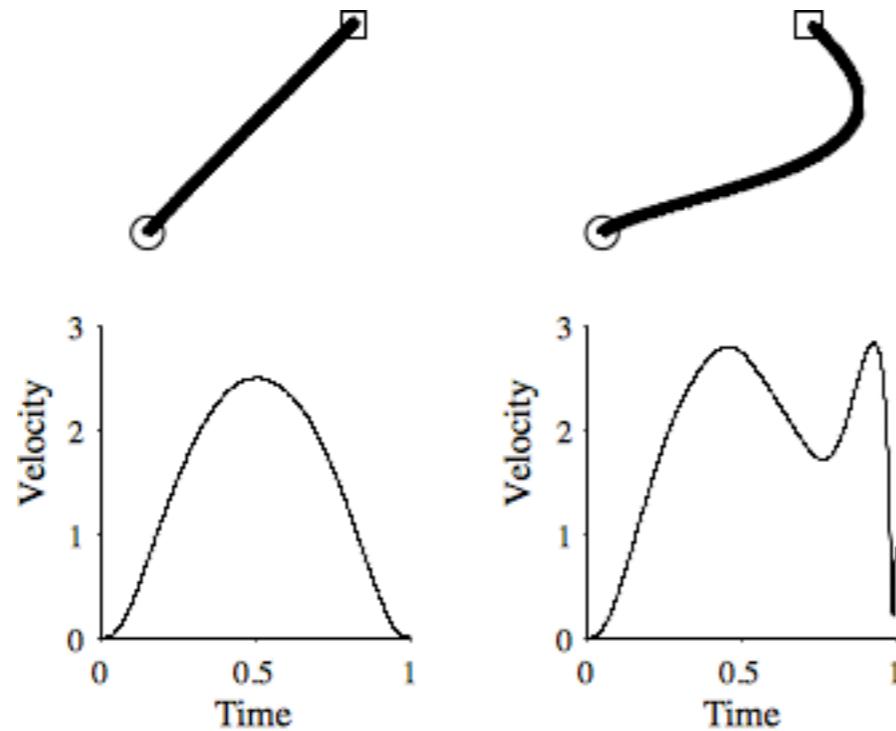


OPTIMAL FEEDBACK CONTROL

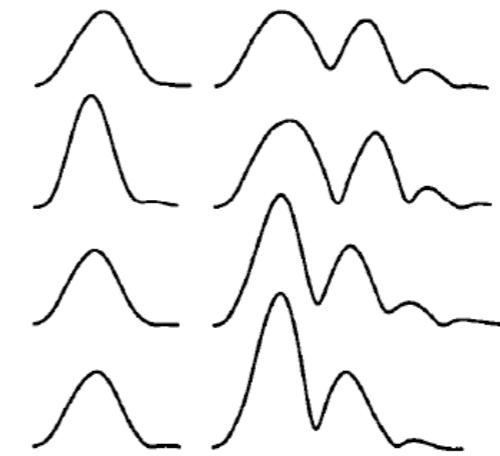
dof
kin
flex

Linear Quadratic Gaussian (LQG)

simulation (continuous case)



Perturbation
(force field)



— Shadmehr & Mussa-Ivaldi, 1994, J Neurosci 14:3208

OPTIMAL FEEDBACK CONTROL

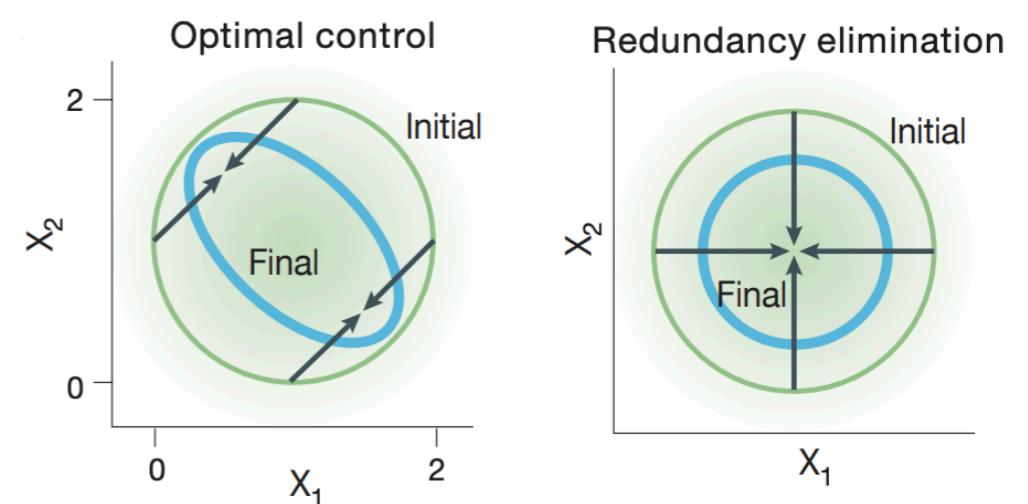
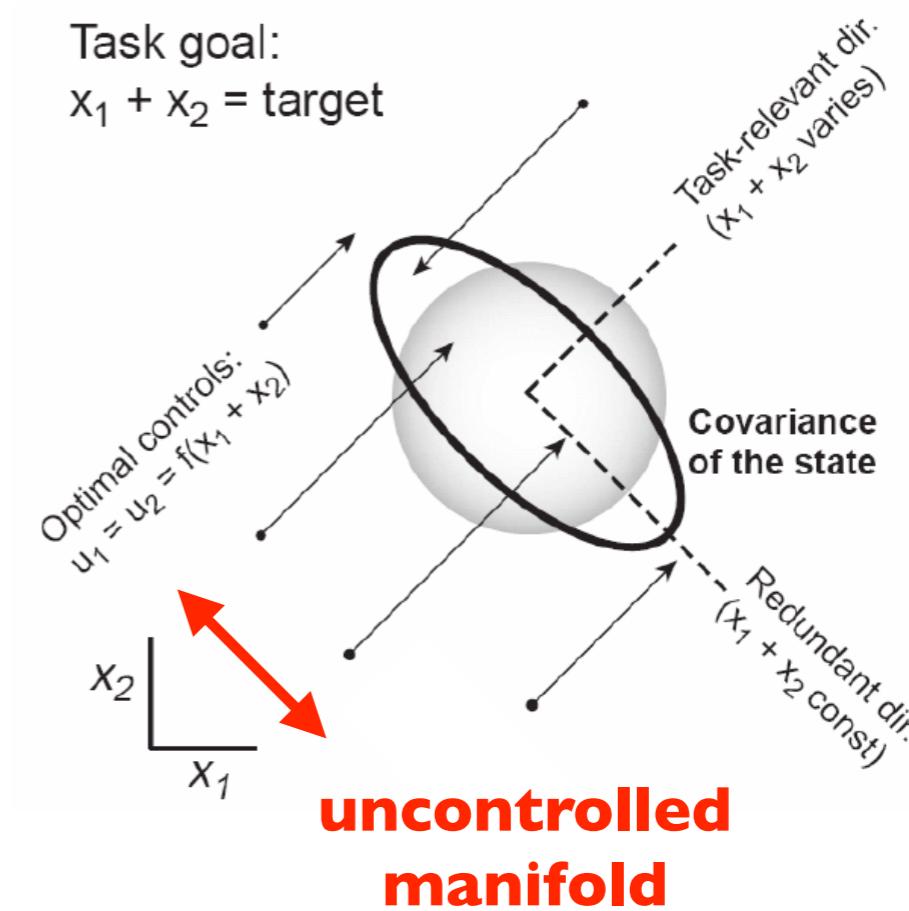
- **Paradox**

- ability to reach a goal in a fiable and repetitive way vs. variability of each trial

- **Minimum intervention**

- fluctuations on individual dof are larger than on the parameters to be controlled (i.e. specified by the task). Variability is constrained to a redundant subspace rather than being suppressed in a nonspecific manner

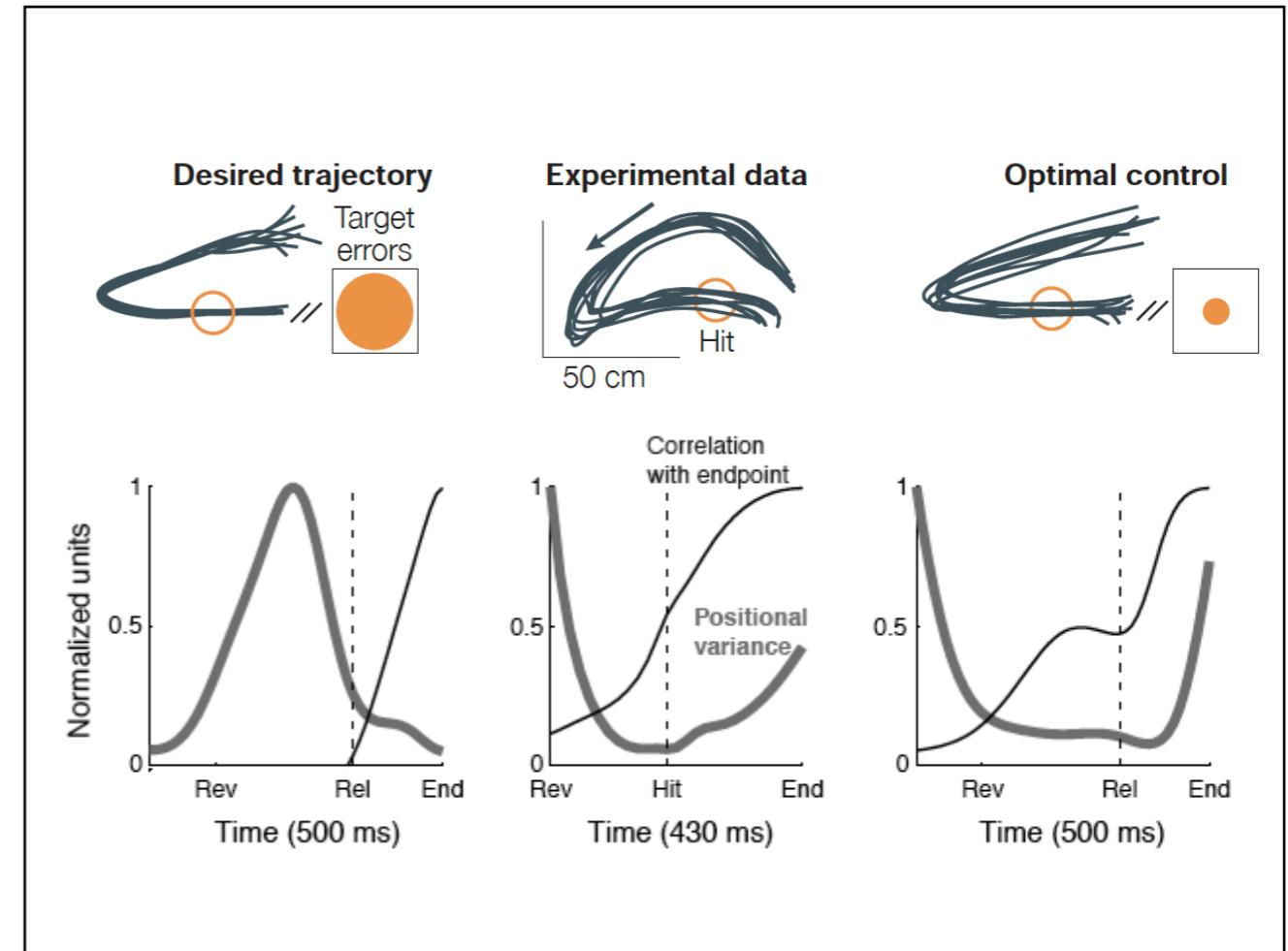
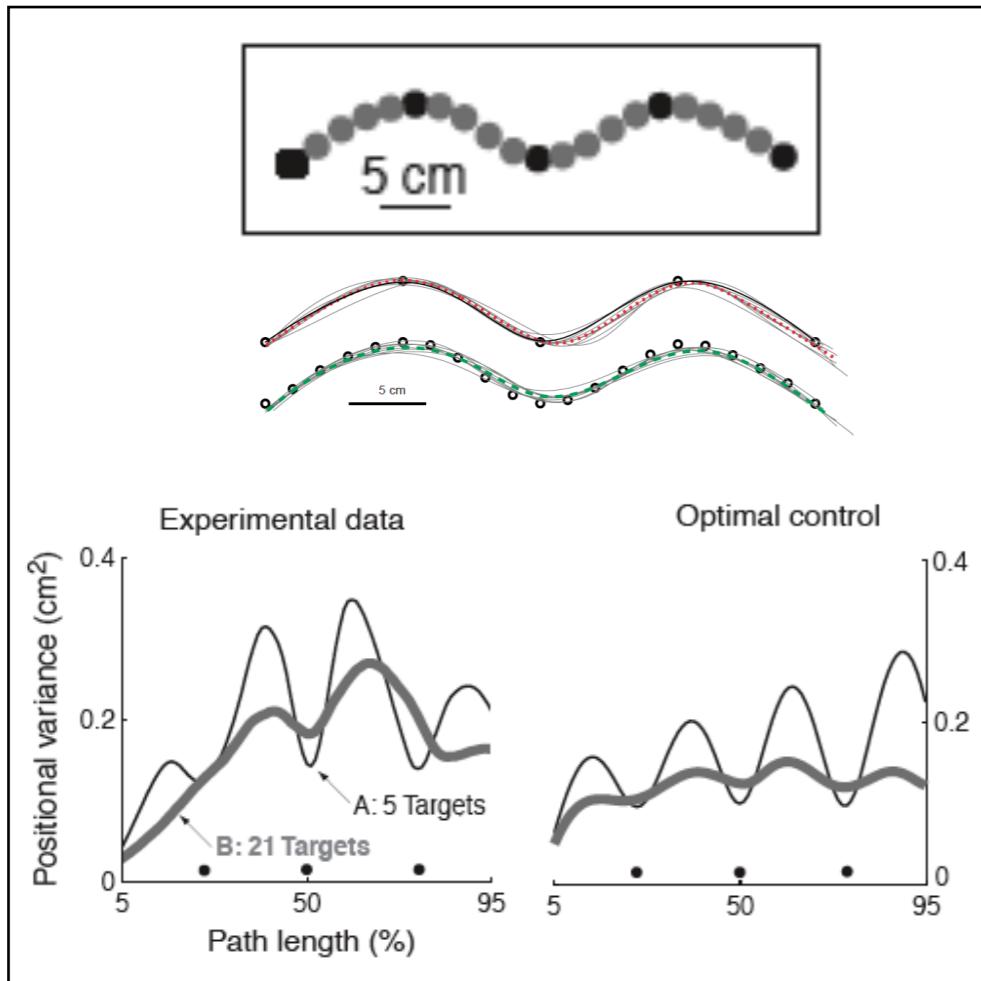
— Todorov & Jordan, 2002, *Nat Neurosci* 5:1226
— Scott, 2004, *Nat Rev Neurosci* 5:532



OPTIMAL FEEDBACK CONTROL

dof
kin
flex

LQG, signal-dependent noise



OPTIMAL CONTROL: ISSUES

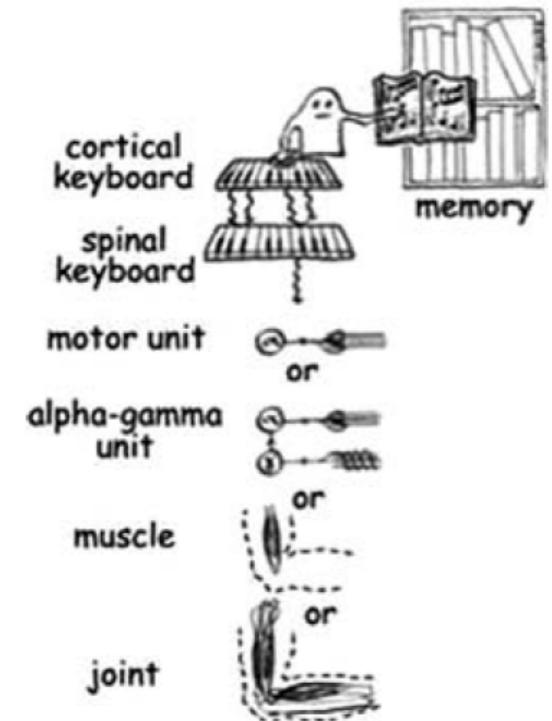
- **Energy, effort, force, force change, duration, ...**
arbitrary nature, no underlying principle
- **How can the nervous system measure a cost?**
 - e.g. no sensor for acceleration or jerk
- **Is it possible to prove that an observed movement is optimal for a given cost function?**
 - difficult («data are accurately depicted by the model»)
 - depends on the nature of the data
- **Too complex calculus?**
«good-enough»
 - Loeb, 2012, *Biol Cybern* 106:757

CONTROL: ISSUES

Control theory approach

- the nervous system performs computations
- two parts in the body: a controller (nervous system?) and a controlled object
- actions are represented and stored in the nervous system

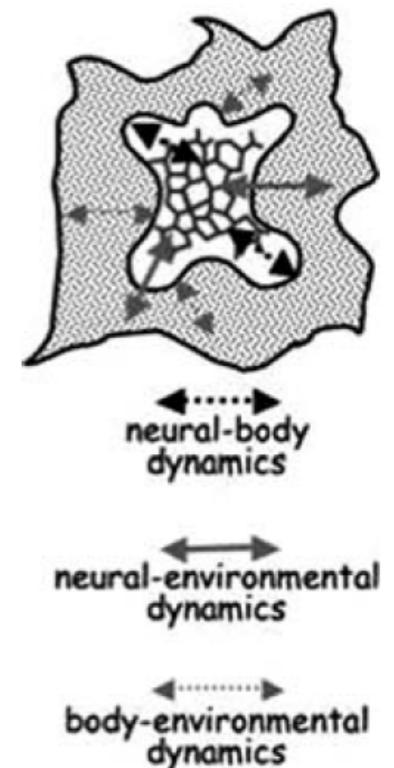
Information processing — Cognitive — Motor programs



Physical approach

- the nervous system does not perform computations
- actions are not *represented* in the brain by way of a plan or a program but emerge naturally (or self-organize) out of the physical properties of the body, the environment and the brain

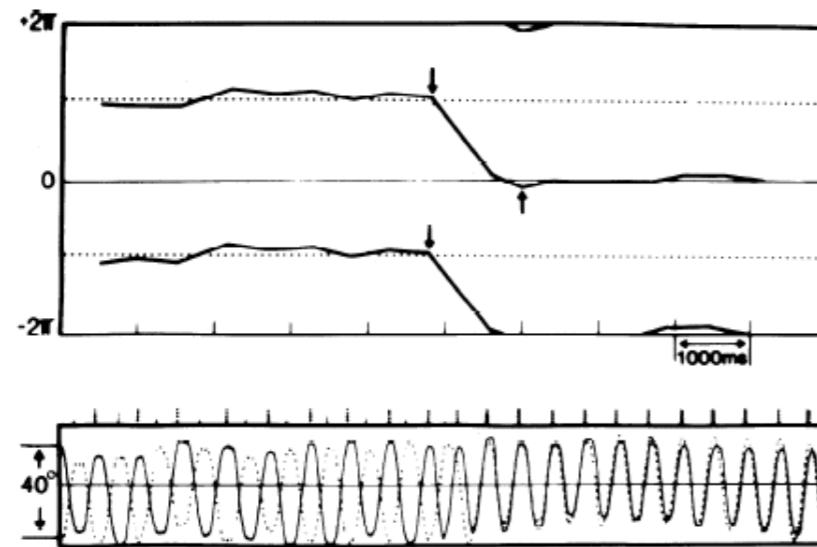
Action systems — Dynamical systems — Task dynamics



TASK DYNAMICS

Bimanual coordination

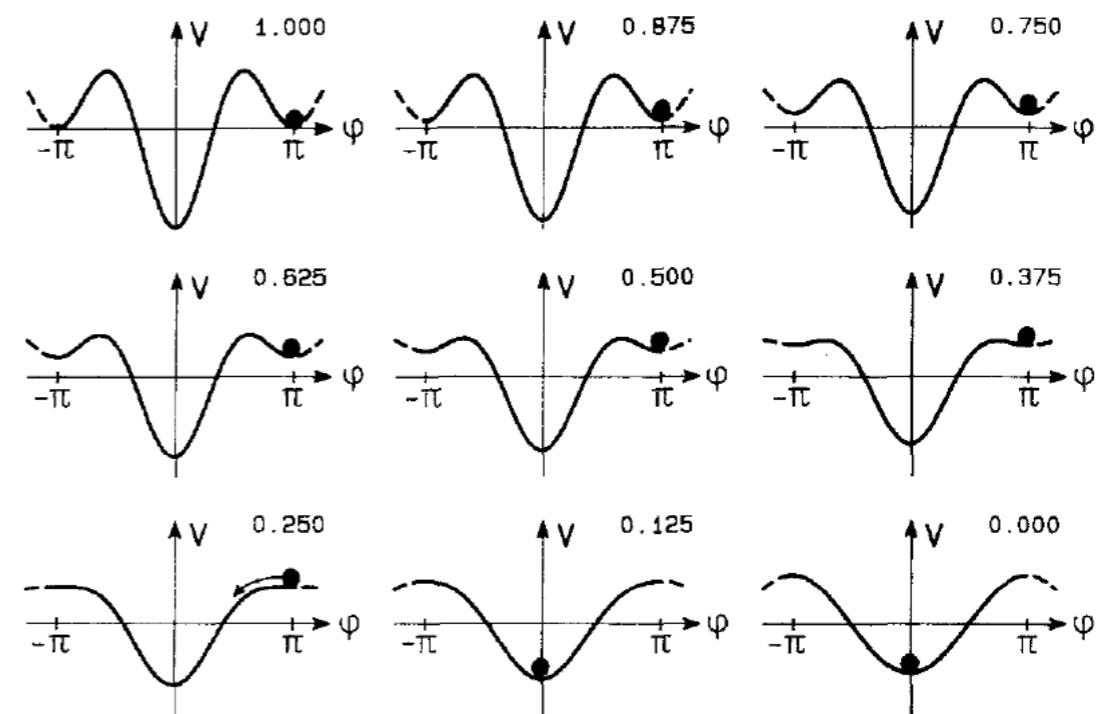
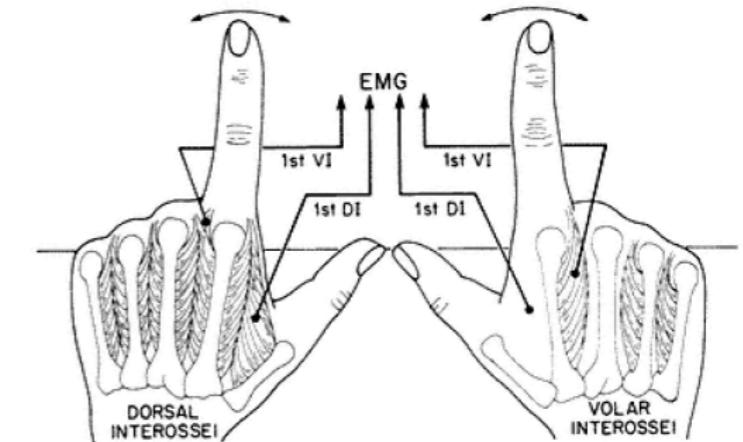
- start in opposition phase
- increasing frequency (1-5 Hz)



$$\dot{\phi} = -\frac{dV}{dt}$$

$$V = -a \cos \phi - b \cos 2\phi$$

phenomenological model



— Haken et al., 1985, Biol Cybern 51:347