# FYS-MEK1110 - Mandatory assignment 1

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#### 100m sprint 1

# Free-body diagram



Figure 1: Plot of driving force F, air resistance  $F_D$  and friction force  $F_f$ .

# Finding x(t)

With F = 400N and m = 80kg we can find the acceleration;  $a_{net} = \frac{\sum F}{m} = 5 \text{ms}^{-2}$ . We use the equation for motion in a straight line:

$$x(t) = x_0 + v_0 t + \int_0^t \int_0^{t''} a(t') dt' dt''$$

$$= 0 + 0 * t + \frac{1}{2} a t^2$$
(2)

$$= 0 + 0 * t + \frac{1}{2}at^2 \tag{2}$$

$$=\frac{5}{2}t^2\tag{3}$$

#### c Calculating running time analytically

$$x(t) = 100 = \frac{5}{2}t^2$$
$$t = \sqrt{\frac{2*100}{5}}$$
$$t \approx 6.32s$$

#### d Finding an expression for acceleration

We are given the following equation as a model of the force due to air resistance:

$$D = \frac{1}{2}\rho C_D A_0 (v - w)^2 \tag{4}$$

where  $\rho$  is the density of air,  $C_D$  is a coefficient of resistance,  $A_0$  is the surface area of the sprinter, v is the runners velocity and w is the velocity of the air. We are given the values  $\rho=1.293 {\rm kgm^{-3}}$ ,  $A_0=0.45 {\rm m^2}$ ,  $C_D=1.2$  and  $w=0 {\rm ms^{-1}}$ . To find the acceleration of the sprinter we use Newton's second law.

$$\sum F = ma = F - D \tag{5}$$

$$\implies a = \frac{2F - \rho C_D A_0 (v - w)^2}{2m} \tag{6}$$

#### e Finding x(t) and v(t) numerically

```
import matplotlib.pyplot as plt
  class Sprint:
      def __init__(self, rho, cd, a0, w, m, F, dt, x0, v0, acc0):
          self.rho = rho
          self.cd = cd
          self.a0 = a0
          self.w = w
          self.m = m
10
          self.F = F
11
          self.dt = dt
12
          self.n = int(np.ceil(10/dt))
13
          self.x0 = x0
14
          self.v0 = v0
15
          self.acc0 = acc0
16
17
      def calculate_100m(self):
18
          t = np.array([0])
19
          x = np.zeros(self.n); x[0] = self.x0
20
          v = np.zeros(self.n); v[0] = self.v0
21
          a = np.zeros(self.n); a[0] = self.acc0
22
          i_max = 0
24
          for i in range(self.n-1):
25
              if x[i-1] > 100:
```

```
a[i+1] = (2*self.F - self.rho*self.cd*self.a0*(v[i]**2))/(2*self.m)
                v[i+1] = v[i] + a[i] * self.dt
x[i+1] = x[i] + v[i+1] * self.dt
29
30
31
                t = np.append(t, (i+1)*self.dt)
                i_max += 1
32
33
           self.i_max = i_max
34
           self.t_max = t[i_max]
35
           return t[:i_max], x[:i_max], v[:i_max], a[:i_max]
36
37
  bolt = Sprint(rho, cd, a0, w, m , F, 0.01, x0, v0, acc0)
38
  t, x, v, a = bolt.calculate_100m()
40 bolt.plot(t, x, v, a)
41 plt.show()
```

I chose  $\Delta t$  to be 0.01s as i figured 100 points per second would be sufficient given the inaccuracy of our model.

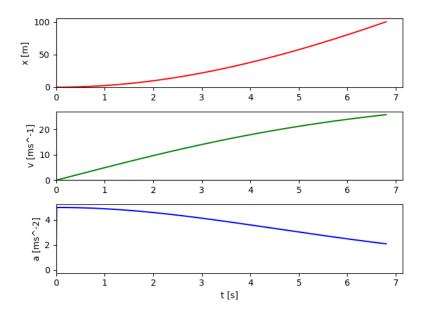


Figure 2: Plot of x(t), v(t) and a(t) for  $t \in [0, 6.8]$ .

# f Calculating running time numerically

```
>>> print(f'Time to run {x[-1]:.2f}m is {t[-1]:.2f}s')
Time to run 100.15m is 6.80s
```

#### Theoretical terminal velocity

The terminal velocity is reached when acceleration is 0.

$$a = 0 = \frac{2F - \rho C_D A_0 (v - w)^2}{2m}$$

$$2F = \rho C_D A_0 v^2$$
(8)

$$2F = \rho C_D A_0 v^2 \tag{8}$$

$$v^2 = \frac{2F}{\rho C_D A_0} \tag{9}$$

$$v^{2} = \frac{2F}{\rho C_{D} A_{0}}$$

$$v = \sqrt{\frac{2F}{\rho C_{D} A_{0}}}$$

$$(9)$$

#### Numerical terminal velocity

I add the following method to the previously defined class Sprinter:

```
def terminal_velocity(self):
       t, x, v, a = self.calculate_100m()
self.dt = 1  # Scaling dt to reduce computing time
        i = self.i_max-1
        while a[i] > 0.01:
             a = np.append(a, (2*self.F - self.rho*self.cd*self.a0*(v[i]**2)) \setminus
                                   / (2*self.m))
            v = np.append(v, v[i] + a[i] * self.dt)
x = np.append(x, x[i] + v[i+1] * self.dt)
             t = np.append(t, (i+1)*self.dt)
10
11
12
        return v[-1]
13
14
   vt = bolt.terminal_velocity()
  print(f'Terminal velocity: {vt:.2f}m/s')
```

```
Terminal velocity: 33.82m/s
```

This value is far above what is achievable by any human being.

#### Improved terminal velocity

We are given

$$F_D = F - f_v v \tag{11}$$

with values F = 400N and  $f_v = 25.8$ Nsm<sup>-1</sup>. Since we can neglect air resistance in this task we achieve the terminal velocity when  $F_D = 0$ .

$$F_D = 0 = F - f_v v$$

$$F = f_v v$$

$$v = \frac{F}{f_v} = \frac{400}{25.8} \approx 15.5 m s^{-1}$$

#### j Improved force model

```
class Sprint2(Sprint):
      super().__init__(rho, cd, a0, w, m, F, dt, x0, v0, acc0)
          self.fc = fc
          self.tc = tc
6
          self.fv = fv
      def calculate_100m(self):
          t = np.array([0])
9
          x = np.zeros(self.n); x[0] = self.x0
10
          v = np.zeros(self.n); v[0] = self.v0
          a = np.zeros(self.n); a[0] = self.acc0
12
13
14
          i_max = 0
          for i in range(self.n-1):
15
              if x[i-1] > 100:
16
                  break
17
18
19
              D = -0.5*self.rho*self.cd*self.a0 
                  *(1-0.25*np.exp(-(t[i]/self.tc)**2))*(v[i]-self.w)**2
20
              F_{net} = self.F + self.fc*np.exp(-(t[i]/self.tc)**2) \setminus
21
                      - self.fv*v[i] + D
22
23
              a[i+1] = (F_net/self.m)
24
              v[i+1] = v[i] + a[i] * self.dt
x[i+1] = x[i] + v[i+1] * self.dt
25
26
27
              t = np.append(t, (i+1)*self.dt)
              i_max += 1
28
29
          self.i_max = i_max
30
          self.t_max = t[i_max]
31
          return t[:i_max], x[:i_max], v[:i_max], a[:i_max]
32
33
                 # N
_{34} fc = 488
  tc = 0.67
35
                 # s
_{36} fv = 25.8
                 # Ns/m
37
38 bolt2 = Sprint2(rho, cd, a0, w, m , F, 0.01, x0, v0, acc0, fc, tc, fv)
39 t, x, v, a = bolt2.calculate_100m()
bolt2.plot(t, x, v, a)
41 plt.show()
42 print(f'Time to run {x[-1]:.2f}m is {t[-1]:.2f}s')
```

```
Time to run 100.03m is 9.31s
```

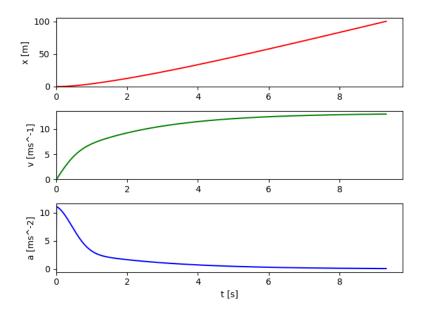


Figure 3: Plot of x(t), v(t) and a(t) for  $t \in [0, 9.3]$  with improved force model.

#### k Comparison of forces

```
class Forces(Sprint2):
       def forces(self):
2
           t = np.array([0])
           x = np.zeros(self.n); x[0] = self.x0
           v = np.zeros(self.n); v[0] = self.v0
a = np.zeros(self.n); a[0] = self.acc0
           F = np.full(self.n, self.F)
           Fc = np.zeros(self.n)
           Fv = np.zeros(self.n)
10
11
           D = np.zeros(self.n)
12
           i_max = 0
13
14
           for i in range(self.n-1):
                if x[i-1] > 100:
15
                    break
16
17
                Fc[i+1] = self.fc*np.exp(-(t[i]/self.tc)**2)
18
                Fv[i+1] = -self.fv*v[i]
19
                D[i+1] = -0.5*self.rho*self.cd*self.a0 
20
                          *(1-0.25*np.exp(-(t[i]/self.tc)**2))*(v[i]-self.w)**2
21
22
                F_{net} = self.F + Fc[i] + Fv[i] + D[i]
23
24
25
                a[i+1] = (F_net/self.m)
                v[i+1] = v[i] + a[i] * self.dt
26
                x[i+1] = x[i] + v[i+1] * self.dt
27
                t = np.append(t, (i+1)*self.dt)
28
                i_max += 1
29
30
           self.i_max = i_max
31
```

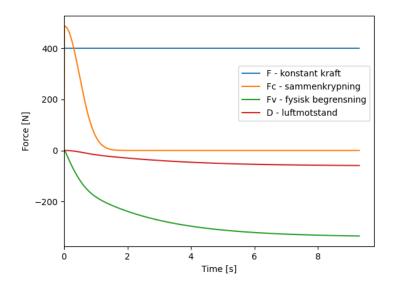


Figure 4: Plot of F,  $F_c$ ,  $F_v$  and D for  $t \in [0, 9.3]$  with improved force model.

The force due to crouching is rapidly decreasing at the start, and the physical limitations plays a larger role at the latter half of the race.

# l Running times with $\pm 1.0 \text{ms}^{-1}$ wind

```
for wind in (-1.0, 1.0):
    runner = Sprint2(rho, cd, a0, wind, m , F, 0.01, x0, v0, acc0, fc, tc, fv)
    t, x, v, a = runner.calculate_100m()
    print(f'Time to run {x[-1]:.2f}m with {wind}m/s wind is {t[-1]:.2f}s')
```

```
Time to run 100.06m with -1.0m/s wind is 9.43s
Time to run 100.11m with 1.0m/s wind is 9.21s
```