

Wardrobe Tips

1

Neutrals

2

Comfort & confidence

3

Keep patterns simple

4

Dress for the weather

5

Clothing that allows movement

Neutrals

Neutrals are your best friend when it comes to a photo session. They show up the nicest in photos and do not reflect onto your skin tone.



Examples of neutral colours:

- Brown
- Taupe
- Cream/White
- Black
- Grey
- Muted pinks, blues
- Olive Green

Comfort & Confidence



Feeling confident & being comfortable will reflect in your photos. You will be feeling your best self & it will show!



Keep Patterns Simple.

Patterns are fun & can bring an outfit to life! But, loud patterns can distract from the rest of the photo. Also, in sessions with more than one person, avoid wearing patterns that will clash (ie. both wearing different plaids).

Dress For The Weather



Dressing for the weather is key and goes hand in hand with comfort. If it is winter time, make sure to wear something warm and have a jacket handy for between shots. If it is summer, look for something breathable. If the weather is stormy, speak with your photographer about possibly rescheduling.



Clothing That Allows Movement

Shirts, skirts & dresses that glide will bring your photo to life. If you have long hair, let it down to flow in the wind. You can also wear form fitted clothing; just ensure that you can sit down, reach high & can move your arms with ease in the outfit. Ideally, you can do all these moves without skin showing as well.



By Cassie Leigh Photography