

## List of Mental Health Programs and resources available

- [COAST](#)
- [Student Case Management \(SCM\)](#)
- [Alternatives for Youth \(AY\)](#)
- [Therapy groups include: Procrastination, Eating Disorders, Anxiety, and Depression.](#)
- [Student Accessibility Services \(SAS\)](#)
- [Student Success Centre \(SSC\)](#)
- [Black Student Success Centre \(BSSC\)](#)
- [Student Assistance Program \(SAP\)](#)
- [Academic Advisors](#)
- [Student Case Management \(SCM\)](#)
- [CAMA](#)
- [List of Community Mental Health Programs - Hamilton](#)