

1. despite 尽管
2. manage①管理, 经营②设法做到
3. It's up to you. 由你决定
4. turn out 结果是, 证明是
5. turn down①拒绝②调低(音量等)
6. turn up①出现②调高(音量等)
7. unique 独特的, 独一无二的
8. obvious 明显的, 显然的
9. regular 定期的, 有规律的
10. original①最初的②独创的, 新颖的
11. currently 目前
12. significantly 显著地, 大大地
13. in memory of 为了纪念....
14. in charge of 负责
15. advantage 优势, 益处
16. matter①有关系, 要紧②事情
17. process①过程②加工
18. instruction①用法说明②教导
19. extra 额外的, 附加的
20. approval 同意, 认可, 批准
21. light up①照亮②容光焕发
22. belief 信念
23. lift up①举起②(使)振奋
24. be capable of 有能力做
25. be willing to 愿意
26. review①复习②评论
27. fold 折叠      unfold 打开
28. be devoted to 致力于, 投身于
29. effort 努力
30. pick up①捡起②接某人③学会
31. bring up①抚养②提出
32. routine 常规
33. separate 分开的, 各自的
34. take delight in 以...为乐, 喜欢做
35. take risks 冒险
36. resource 资源
37. source 来源
38. reward 奖赏, 报酬
39. relief (痛苦等) 缓解, 宽慰, 解脱
40. regard...as 把...看作
41. interschool 校际的
42. determined 有决心的
43. outgoing 外向的
44. long-term 长期的
45. cheer up 振作起来
46. common sense 常识
47. media 媒体, 媒介
48. survey 调查
49. truth 真相, 事实, 真理
50. average 平均的, 平均数
51. amusement 娱乐, 消遣
52. teens 青少年
53. subject①主题②学科③研究对象
54. technology 技术, 科技
55. expand①扩大②拓展(视野等)
56. contrary 相反的
57. set limit 设定限制
58. reasonable 合理的
59. appropriately 适当地
60. make advance 取得进展, 取得进步
61. make up for 弥补
62. get rid of 摆脱
63. chest 胸膛
64. heart attack 心脏病发作
65. legal 合法的, 法律的
66. technical 技术的
67. pale 苍白的
68. take over 接管
69. show off 炫耀
70. interpret 解释, 说明, 口译
71. destination 目的地
72. interact 互动
73. appreciate①感激②欣赏
74. hang out 闲逛
75. boundary 边界, 界线
76. leap 跳跃
77. territory 领土, 领地
78. perspective①观点, 看法②视角
79. accessible①可到达的②易懂的③平易近人的
80. insight 洞察力
81. comfort zone 舒适区
82. in advance 提前
83. pace①速度, 节奏②踱步
84. revise①修改②复习
85. come up with 想出
86. on end 连续地
87. potential①潜力②有潜力的
88. accommodation①住宿, 膳宿②适应
89. detail 细节
90. favorable①适宜的②赞同的
91. global 全球的
92. charge①充电②要价③指控④负责
93. spoil①溺爱②破坏
94. unexpected 意料之外的
95. costly 昂贵的
96. what's more 此外
97. emergency 紧急情况
98. viewpoint 观点, 看法
99. quote 引用, 引述
100. quit 放弃

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|-------------------------------|----------------------------|--|---|
| 1. extra                      | 26. truth                  | 51. pale                               | 76. quit  |
| 2. belief                     | 27. relief                 | 52. legal                              | 77. leap  |
| 3. unique                     | 28. effort                 | 53. teens                              | 78. detail  |
| 4. regular                    | 29. media                  | 54. chest                              | 79. costly  |
| 5. obvious                    | 30. survey                 | 55. interact                           | 80. global  |
| 6. approval                   | 31. reward                 | 56. interpret                          | 81. quote   |
| 7. despite                    | 32. source                 | 57. contrary                           | 82. insight   |
| 8. advantage                  | 33. fold            unfold | 58. technical                          | 83. on end  |
| 9. currently                  | 34. routine                | 59. hang out                           | 84. territory                                       |
| 10. turn out                  | 35. average                | 60. set limit                          | 85. viewpoint                                       |
| 11. in charge of              | 36. resource               | 61. take over                          | 86. emergency                                       |
| 12. be willing to             | 37. outgoing               | 62. technology                         | 87. unexpected                                      |
| 13. significantly             | 38. separate               | 63. amusement                          | 88. what's more                                     |
| 14. in memory of              | 39. interschool            | 64. destination                        | 89. in advance                                      |
| 15. be capable of             | 40. take risks             | 65. reasonable                         | 90. comfort zone                                    |
| 16. It's up to you.           | 41. determined             | 66. boundary                           | 91. come up with                                    |
| 17. matter①            ②      | 42. long-term              | 67. show off                           | 92. pace①            ②                              |
| 18. process①            ②     | 43. cheer up               | 68. get rid of                         | 93. spoil①            ②                             |
| 19. manage①            ②      | 44. regard...as            | 69. heart attack                       | 94. revise①            ②                            |
| 20. original①            ②    | 45. take delight in        | 70. make up for                        | 95. potential①            ②                         |
| 21. lift up①            ②     | 46. be devoted to          | 71. make advance                       | 96. favorable①            ②                         |
| 22. turn up①            ②     | 47. common sense           | 72. appropriately                      | 97. perspective①            ②                       |
| 23. turn down①            ②   | 48. review①②               | 73. expand①            ②               | 98. accommodation①            ②                     |
| 24. light up①            ②    | 49. bring up①②             | 74. appreciate①            ②           | 99. accessible①            ②            ③           |
| 25. instruction①            ② | 50. pick up①②③             | 75. subject①            ②            ③ | 100. charge①            ②            ③            ④ |