In this lecture, we give a brief introduction to stable homotopy theory and spectra.

From this lecture on, we use the notation

$$Spc := Grpd_{\infty}$$
.

1. Stable homotopy groups

1.1. Let Top, be the ordinary category of pointed spaces. There is an adjunction

$$\Sigma : \mathsf{Top}_* \Longrightarrow \mathsf{Top}_* : \Omega,$$

where

• The left adjoint Σ is the (based) suspension functor given by

$$\Sigma X := \mathbb{S}^1 \wedge X := (\mathbb{S}^1 \times X) / ((\{*\} \times X) \cup (\mathbb{S}^1 \times \{*\})).$$

• The right adjoint Ω is the **loop functor** given by

$$\Omega Y := \underline{\mathsf{Hom}}_{\mathsf{Top}_*}(\mathbb{S}^1, Y),$$

where the RHS is equipped with the compact-open topology.

1.2. In fact, this adjunction is compatible with Quillen's classical model structure¹. Taking derived functors, we obtain an adjunction

$$\mathbb{L}\Sigma:\mathsf{hTop}_* \ensuremath{\longleftarrow} \mathsf{hTop}_*: \mathbb{R}\Omega.$$

Since pointed CW complexes are bifibrant, we have

$$[\Sigma X, Y] \simeq [X, \Omega Y]$$

where [-,-] is the set of homotopy classes of continuous maps.

Exercise 1.3. Show that $\Sigma \mathbb{S}^n \simeq \mathbb{S}^{n+1}$.

Exercise 1.4. For $Y \in \mathsf{Top}_*$, there is a canonical isomorphism $\pi_{n+1}(Y) \simeq \pi_n(\Omega Y)$ where the group structure on the RHS is induced by the concaternation map $\Omega Y \times \Omega Y \to \Omega Y$.

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¹For this to be true, we have to replace Top by the category of *compactly generated topological spaces* (to make sure it is Cartesian closed). Any CW complex is compactly generated.

1.5. For pointed CW complexes X and Y, define

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$$[X,Y]_s \coloneqq \operatorname{colim}_k [\Sigma^k X, \Sigma^k Y].$$

Exercise 1.6. Show that $[X,Y]_s$ is naturally an abelian group. Hint:

$$[\Sigma^{k+2}X, \Sigma^{k+2}Y] \simeq [\Sigma^k X, \Omega^2 \Sigma^{k+2}Y].$$

Definition 1.7. Let Y be a pointed CW complex, the n-th stable homotopy group of Y is defined to be

$$\pi_n^{\mathsf{s}}(Y) \coloneqq \operatorname{colim}_k \pi_{n+k}(\Sigma^k Y).$$

Example 1.8. The group $\pi_n(\mathbb{S}) := \pi_n^{\mathfrak{s}}(\mathbb{S}^0)$ is called the n-th stable homotopy group of the sphere (spectum). Up to today, people have calculated them for $n \leq 90$.

1.9. **Stable homotopy theory** studies the stable homotopy groups of spaces, and more generally, the limit behavior of various homotopy invaraints under the suspension functor Σ^k , $k \to \infty$. In constrast, the usual homotopy theory is referred as the **unstable homotopy theory**. Our guiding philosephy is

Slogan 1.10. Stable homotopy theory is the linearization of unstable homotopy theory:

 $stable\ homotopy\ theory\ =\ linear\ algebra\ in\ homotopy\ theory\ .$

2. Spectra

2.1. In previous lectures, we have explained the following philosephy. In order to capture all the homotopy invariant information in Top, we need to word with the ∞ -category Spc of spaces rather than its homotopy 1-category hSpc \simeq hTop. Similarly, the homotopy invariant information of *pointed* spaces should be captured by the coslice ∞ -category

$$Spc_* := Spc_{\{*\}/}$$
.

It follows that the "correct" playground for *stable* homotopy theory should be an ∞ -categorical *stablization* or *linearization* Spc_* . For instance, we hope for (good) objects $X,Y \in \mathsf{Spc}_*$, the corresponding mapping space in this stablized ∞ -category is given by

$$\operatorname{colim}_k \operatorname{Maps}_{\operatorname{Spc}_*}(\Sigma^k X, \Sigma^k Y).$$

Let us first define the ∞ -categorical version of Σ and Ω .

Definition 2.2. We say an ∞ -category C is **pointed** if it admits an object $0 \in C$ which is both initial and final. We call it the **zero object** of C.

Exercise 2.3. Let C be an ∞ -category that admits a final object *, show that $C_{*/}$ is pointed. In particular, Spc_* is pointed.

Definition 2.4. Let C be a pointed ∞ -category that admits finite colimits. The suspension functor on C is defined as

$$\Sigma: \mathsf{C} \to \mathsf{C}, \ X \mapsto 0 \underset{X}{\sqcup} 0.$$

Definition 2.5. Let C be a pointed ∞ -category that admits finite limits. The **loop** functor on C is defined as

$$\Omega: \mathsf{C} \to \mathsf{C}, \ Y \mapsto 0 \underset{Y}{\times} 0.$$

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Exercise 2.6. Let C be a pointed ∞ -category that admits both finite limits and colimits. Construct an adjunction:

$$\Sigma : \mathsf{C} \longrightarrow \mathsf{C} : \Omega.$$

Exercise 2.7. For $C := \mathsf{Spc}_*$, the above adjunction induces an adjunction for homotopy categories:

$$h\Sigma : hSpc_* \Longrightarrow hSpc_* : h\Omega.$$

Show that this adjunction can be identified with (1.1) via the equivalence $\mathsf{hSpc}_* \simeq \mathsf{hTop}_*$.

2.8. The construction

$$\mathsf{Maps}(-,-) \mapsto \mathsf{colim}_k \, \mathsf{Maps}(\Sigma^k(-),\Sigma^k(-)).$$

can be viewed as formally inverting the functor Σ .

Exercise 2.9. Let A be a commutative ring and $f \in A$ be an element. Show that

$$A_f \simeq \operatorname{colim} \left[A \xrightarrow{f} A \xrightarrow{f} \cdots \right]$$

2.10. Let C be a pointed ∞ -category that admits both finite limits and colimits. Motivated by the above construction, we would like to define the stablization of C to be

$$\operatorname{colim} \left[\mathsf{C} \xrightarrow{\Sigma} \mathsf{C} \xrightarrow{\Sigma} \cdots \right].$$

However, we need to be careful about where this colimit is taken inside. For instance, when C is presentable, such as Spc_* , we would like to obtain a presentable ∞ -category.

Exercise 2.11. Let C be a pointed presentable ∞ -category. Show that the colimit

$$\mathsf{colim} \left[\mathsf{C} \xrightarrow{\Sigma} \mathsf{C} \xrightarrow{\Sigma} \cdots \right] \in \mathsf{Pr}^\mathsf{L}$$

corresponds to the limit

$$\lim \left[\mathsf{C} \overset{\Omega}{\leftarrow} \mathsf{C} \overset{\Omega}{\leftarrow} \cdots \right] \in \mathsf{Pr}^\mathsf{R}$$

$$via \ \mathsf{Pr}^{\mathsf{L}} \simeq (\mathsf{Pr}^{\mathsf{R}})^{\mathsf{op}}.$$

2.12. Recall limits in Pr^R can be calculated as limits in $\widehat{\mathsf{Cat}}_\infty$. This motivates the following definition.

Definition 2.13. Let C be a pointed ∞-category that admits finite limits. Define

$$\mathsf{Sptr}(\mathsf{C}) \coloneqq \mathsf{lim}\left[\mathsf{C} \xleftarrow{\Omega} \mathsf{C} \xleftarrow{\Omega} \cdots\right]$$

and call it the ∞ -category of **spectum objects** of C. We denote the evaluating morphism for the (k+1)-term by

$$\Omega^{\infty-k}: \operatorname{Sptr}(\mathsf{C}) \to \mathsf{C}.$$

Example 2.14. For $C := Spc_*$, write

$$Sptr := Sptr(Spc_{\star})$$

and call it the ∞ -category of spectra.

Exercise 2.15. Show that $\Omega: \mathsf{C} \to \mathsf{C}$ preserves finite limits. Deduce that $\mathsf{Sptr}(\mathsf{C})$ admits finite limits and the functors $\Omega^{\infty-k}$ preserve and detect them.

Exercise 2.16. Show that Sptr(C) is pointed.

Exercise 2.17. Let $\Omega_{\mathsf{Sptr}(\mathsf{C})}$ be the loop functor on $\mathsf{Sptr}(\mathsf{C})$. Show that

$$\Omega^{\infty-k} \circ \Omega_{\mathsf{Sptr}(\mathsf{C})}(E) \simeq \Omega^{\infty-k+1}(E).$$

Deduce that $\Omega_{\mathsf{Sptr}(\mathsf{C})}$ is an equivalence. Hint:

$$\begin{array}{cccc}
C & \stackrel{\Omega}{\longleftarrow} & C & \stackrel{\Omega}{\longleftarrow} & \cdots \\
\downarrow^{\Omega} & & \downarrow^{\Omega} & & \\
C & \stackrel{\Omega}{\longleftarrow} & C & \stackrel{\Omega}{\longleftarrow} & \cdots
\end{array}$$

Exercise 2.18. Show that

$$\Omega^{\infty-k}: \operatorname{Sptr}(\operatorname{Sptr}(\mathsf{C})) \to \operatorname{Sptr}(\mathsf{C}).$$

is an equivalence.

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Remark 2.19. In the next lecture, we will define and study stable ∞ -categories, which are exactly those pointed ∞ -category admitting finite limits such that Ω is an equivalence.

Exercise 2.20. Show that hSptr(C) is an additive category. Hint:

$$\mathsf{Maps}_{\mathsf{Sptr}(\mathsf{C})}(E,E') \simeq \Omega^2 \mathsf{Maps}_{\mathsf{Sptr}(\mathsf{C})}(E,\Sigma^2 E').$$

- 3. Spectra and infinite loop spaces
- 3.1. Informally speaking, knowing an object $X \in \mathsf{Sptr}(\mathsf{C})$ is equivalent to knowing the following datum
 - For any $n \ge 0$, an object $X_n \in \mathsf{C}$;
 - For any $n \ge 0$, an equivalence $X_n \simeq \Omega X_{n+1}$.

Here we take X_n to be $\Omega^{\infty-k}X$.

Note that X_{n+1} , equipped with the equivalence $X_n \simeq \Omega X_{n+1}$, gives a **delooping** of X_n . As a consequence, we obtain the following slogan.

Slogan 3.2. A spectrum is a space **equipped** with infinite deloopings.

Warning 3.3. For a space $Y \in \operatorname{Spc}_*$, its delooping is not unique even up to homotopy. Hence in above, it is crucial to remember all the deloopings.

3.4. Note that a loop space ΩZ is equipped with a homotopy coherent multiplicative structure, which makes $\pi_0(\Omega Z)$ an abstract group. In future lectures, we will rigorously define such a structure, and call it a *grouplike* \mathbb{E}_1 -structure. Moreover, given a grouplike \mathbb{E}_1 -space Y, there is an essentially unique connected delooping of Y, denoted by $\mathbb{B}Y$, such that $Y \simeq \Omega \mathbb{B}Y$ is compatible with the grouplike \mathbb{E}_1 -structures.

Moreover, we will generalize the above to iterated loop spaces $\Omega^n Z$ and grouplike \mathbb{E}_n -spaces. In fact, this even works for $n = \infty$, and we will explain the following slogan.

Slogan 3.5. A connective spectrum² is a grouplike \mathbb{E}_{∞} -space.

²We say a spectrum $E \in Sptr$ is connective if $\pi_n E \simeq 0$ for n < 0. See Definition 4.7 below.

4. Spaces vs. spectra

4.1. In this section, we focus on the case when C is pointed and presentable, such as $C := \mathsf{Spc}_*$. By definition, we have a colimit diagram

$$\left[\mathsf{C} \xrightarrow{\Sigma} \mathsf{C} \xrightarrow{\Sigma} \cdots\right] \to \mathsf{Sptr}(\mathsf{C}) \in \mathsf{Pr}^\mathsf{L}$$

and a limit diagram

$$\left[\mathsf{C} \overset{\Omega}{\leftarrow} \mathsf{C} \overset{\Omega}{\leftarrow} \cdots\right] \leftarrow \mathsf{Sptr}(\mathsf{C}) \in \mathsf{Pr}^\mathsf{R}.$$

It follows that we have an adjunction

$$\Sigma^{\infty-k}: \mathsf{C} \Longrightarrow \mathsf{Sptr}(\mathsf{C}): \Omega^{\infty-k}$$

with $\Sigma^{\infty-k}$ given by the evaluating morphism for the (k+1)-term.

Example 4.2. The object

$$\mathbb{S} \coloneqq \Sigma^{\infty} \mathbb{S}^0 \in \mathsf{Sptr}$$

is called the **sphere spectrum**. It plays the role of \mathbb{Z} in homotopical algebra.

Example 4.3. Let A be an abstract abelian group. For each n, choose an Eilenburg–Maclane space K(A,n), which is characterized up to homotopy by $\pi_n K(A,n) \cong A$ and $\pi_m K(A,n) \cong 0$ for $m \neq n$. We can also choose weak homotopy equivalences

$$K(A, n) \xrightarrow{\sim} \Omega K(A, n+1).$$

These choices give an object $\mathbb{H}A \in \mathsf{Sptr}$, which is well-defined up to homotopy. We call it an **Eilenburg-Maclane spectrum** for A.

Remark 4.4. In future lectures, we will characterize $\mathbb{H}A$ up to a contractible space of choices.

Exercise 4.5. Let $E \in Sptr(C)$, show that

$$\operatorname{colim}_{L} \Sigma^{\infty - k} \Omega^{\infty - k} E \xrightarrow{\cong} E.$$

Exercise 4.6. Suppose C is compactly generated, show that for any $X \in C$ and $j \ge 0$,

$$\operatorname{colim}_{k > j} \Omega^{k-j} \Sigma^k X \xrightarrow{\simeq} \Omega^{\infty-j} \Sigma^{\infty} X.$$

Deduce that if $X \in C$ is compact, then for any $Y \in C$, we have

$$\mathsf{Maps}_{\mathsf{Sptr}(\mathsf{C})}(\Sigma^{\infty}X,\Sigma^{\infty}Y) \simeq \operatornamewithlimits{colim}_k \mathsf{Maps}_\mathsf{C}(\Sigma^kX,\Sigma^kY).$$

Definition 4.7. Let $E \in \mathsf{Sptr}$ be a spectrum. For any $n \in \mathbb{Z}$, we define the n-th homotopy group of E to be

$$\pi_n(E) := \pi_0 \mathsf{Maps}(\mathbb{S}, \Omega^n E),$$

where $\Omega^n := \Sigma^{-n}$ for n < 0.

Remark 4.8. $\pi_n(E)$ is an abelian group because hSptr is additive.

Exercise 4.9. For $Y \in Spc_*$, show that

$$\pi_n(\Sigma^{\infty}Y) \simeq \pi_n^{\mathsf{s}}(Y).$$

In particular, it vanishes for n < 0.

Remark 4.10. The above exercise implies all the stable homotopy groups of the spheres are encoded as the usual homotopy groups of the space $\mathsf{Maps}_{\mathsf{Sptr}}(\mathbb{S},\mathbb{S})$. Note that this space admits a homotopy coherent multiplication structure³.

Exercise 4.11. Let $E \in \mathsf{Sptr}$ be a spectrum. Show that $\Omega^{\infty}E \simeq \{*\}$ iff $\pi_nE \simeq 0$ for $n \geq 0$.

5. Finite spectra

Exercise 5.1. Let $C := Ind(C_0)$ be the ind-completion of an essentially small pointed ∞ -category that admits finite limits and colimits. Show that

$$\operatorname{Sptr}(\mathsf{C}) \simeq \operatorname{Ind}(\operatorname{colim} \left[\mathsf{C}_0 \xrightarrow{\Sigma} \mathsf{C}_0 \xrightarrow{\Sigma} \mathsf{C}_0 \cdots \right]),$$

where the colimit is taken inside Cat_{∞} . Deduce that

- Sptr(C) is compactly generated;
- the functors $\Omega^{\infty-k}: \mathsf{Sptr}(\mathsf{C}) \to \mathsf{C}$ preserve and detect small filtered colimits.

Example 5.2. For $C = \operatorname{Spc}_*$, we can take $C_0 := \operatorname{Spc}_*^{fin}$, where $\operatorname{Spc}^{fin} \subset \operatorname{Spc}$ is the smallest full $\operatorname{sub-\infty-category}$ that contains * and admits all finite colimits⁴. Write

$$\mathsf{Sptr}^{\mathsf{fin}} \coloneqq \mathsf{colim} \left[\mathsf{Spc}^{\mathsf{fin}}_* \xrightarrow{\Sigma} \mathsf{Spc}^{\mathsf{fin}}_* \xrightarrow{\Sigma} \mathsf{Spc}^{\mathsf{fin}}_* \cdots \right]$$

and call it the ∞-category of finite spectra. We obtain an equivalence

$$Ind(Sptr^{fin}) \simeq Sptr,$$

which allows us to identify Sptr^{fin} as a full sub-∞-category of Sptr.

Exercise 5.3. The functors $\operatorname{Sptr} \xrightarrow{\Omega^{\infty}} \operatorname{Spc}_{*} \to \operatorname{Spc}$ preserve small filtered colimits.

Theorem 5.4. We have⁵ $Sptr^{fin} \simeq Sptr^{cpt}$.

APPENDIX A. SPECTRA AND COHOMOLOGY THEORIES

Construction A.1. Let $E \in \text{Sptr}$ be a spectrum. For any CW pair (X,Y), define $E^n(X,Y) := \pi_{-n}(\text{Maps}(\Sigma^{\infty}(X/Y),E)).$

Write $E^n(X) := E^n(X, \varnothing)$.

Exercise A.2. For any CW pair (X,Y), construct a long exact sequence

$$\cdots E^n(X,Y) \to E^n(X) \to E^n(Y) \to E^{n+1}(X,Y) \to E^{n+1}(X) \to E^{n+1}(Y) \to \cdots.$$

Exercise A.3. Assign a (generalized) cohomology theory (on CW pairs) to a spectrum E. What do you get for $E := \mathbb{H}A$ or \mathbb{S} ?

Exercise A.4. Show that any cohomology theory is represented (in the above sense) by a spectrum, which is unique up to homotopy.

Warning A.5. Nonzero morphisms between spectra could induce zero transformations between cohomology theories. Such maps are called **phantum maps**. See this MathOverflow question.

Remark A.6. We also have similar story for homology theories. However, such construction uses the smash products on spectra, which we have not defined yet.

³We have not yet defined what this means!

⁴An object is contained in Spc^{fin} iff it can be represented by a finite CW complex.

⁵This result is well-known. For example, see this MathOverflow question.

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A.7. Suggested readings. HA.1.4.1.