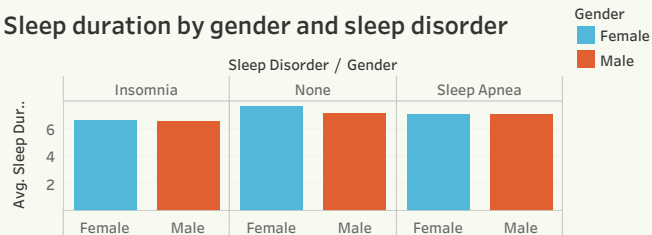
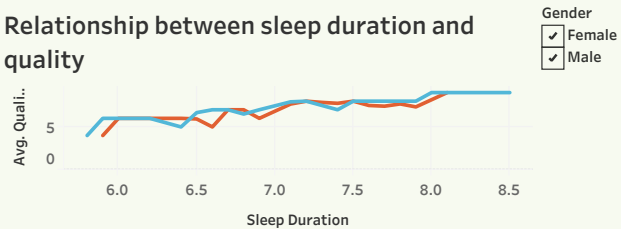


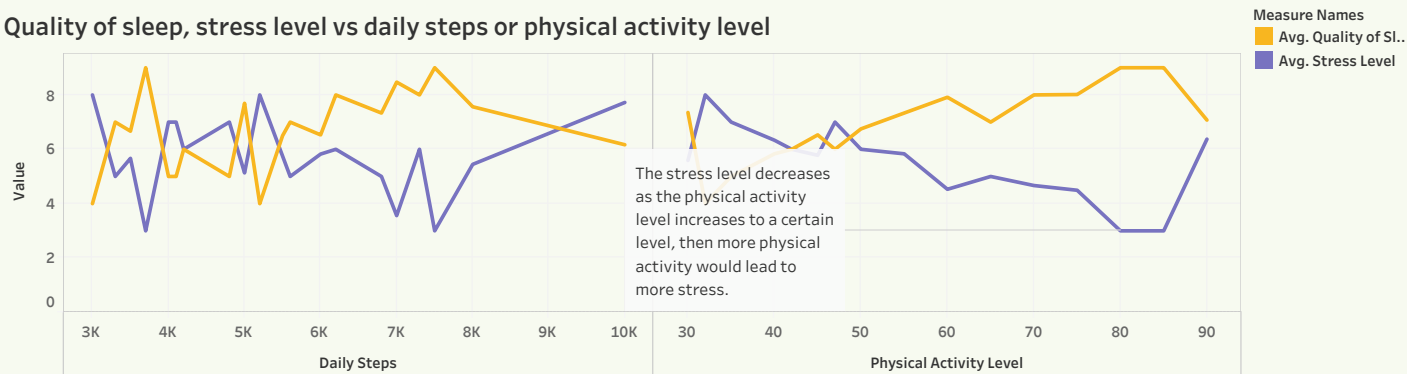
Sleep duration by gender and sleep disorder



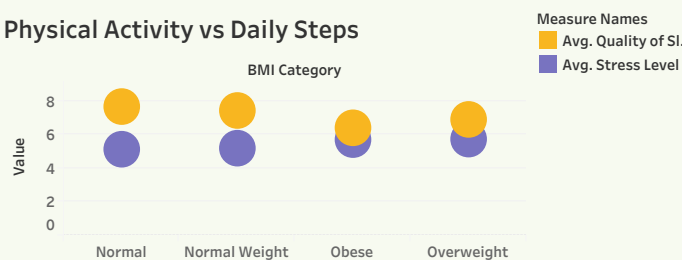
Relationship between sleep duration and quality



Quality of sleep, stress level vs daily steps or physical activity level



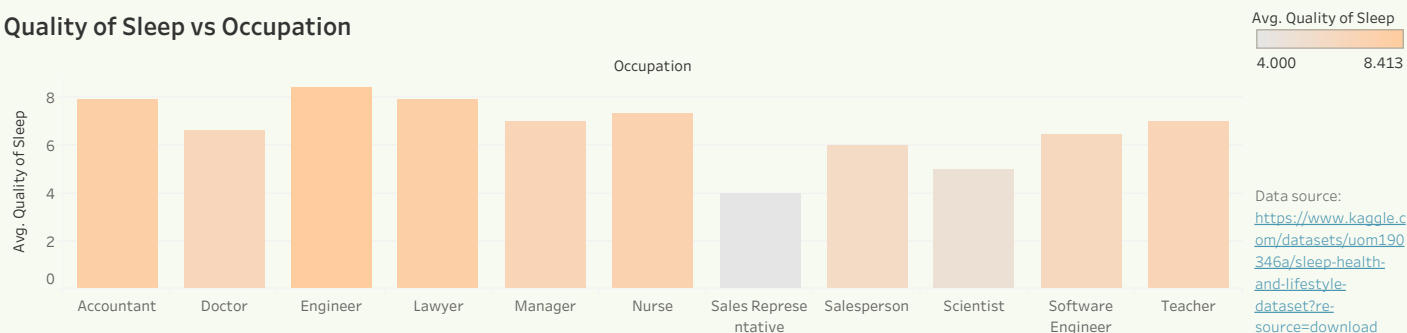
Physical Activity vs Daily Steps



Heart Rate vs Quality of Sleep



Quality of Sleep vs Occupation



Data source:
<https://www.kaggle.com/datasets/uom190346a/sleep-health-and-lifestyle-dataset?re-source=download>