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M: Hello English learners! Welcome back to another edition here with us at **EnglishPod**! My name is **Marco**.

E: And I'm **Erica**.

M: And today we are doing the **third part** of our **old English series** and today we're transported back to the **nineteen seventies** (1970's).

E: That's right, so, we're gonna learn some nineteen seventies' slang, um, some phrases that were really popular back in the seventies, but are also **still in use** today.

M: Exactly, so, it's gonna be a very, uh, cool lesson today and before we start with the dialogue, let's take a look at some of the words that we're gonna find in "**vocabulary preview**".

Voice: Vocabulary preview.

E: Well, we have two words for you in vocabulary preview and they're both found in the dialogue. The first one – **roller rink**.

M: A roller rink.

E: A roller rink.

M: Okay, so, a roller rink, let's break that down and let's look at the first part.

E: Alright, so, **roller** – we might recognize this from **rollerblades** or **roller-skates**.

M: Okay, so, yeah, when you go rollerblading, roller-skating, those things that you put on your feet to skate.

E: Right, wheels not... not like a blade or a knife.

M: Exactly, so, that's roller.

E: Uhu.

M: And what about **rink**?

E: Rink is the place where you do skating.

M: Okay, so, if you go to a roller rink, it's this big area, where everyone can rollerblade or roller-skate.

E: That's right.

M: Okay. And what about the next word?

E: A **block**.

M: Block.

E: A block.

M: Okay, so, this is a **noun** - a **block**.

E: Uhu. And a block is a part of a city that is surrounded by four streets.

M: Okay, so, a city is **made up of** many blocks.

E: Yeah.

M: And everyone lives on a block.

E: Exactly, so, it's a square within the city.

M: Alright, very good, so, these are the two words that we previewed and we're gonna listen to them now in the dialogue; we're gonna hear two guys just talking about normal everyday things, but we're gonna be listening to them in nineteen seventy.

DIALOGUE, FIRST TIME

E: Okay, groovy dialogue.

M: Yeah, really nice, ha?

E: Alright, so, some interesting language in here and like we said it sounds a bit strange, but a lot of this is still used today in modern English, so, why don't we look at some of these words in "**language takeaway**"?

Voice: Language takeaway.

M: Alright, on language takeaway today we have the first word – **far out**.

E: Far out.

M: That was far out.

E: To be far out.

M: Okay, so, it's just another way of saying...

E: Cool.

M: Cool.

E: Yeah.

M: That was nice.

E: Yeah.

M: It was really cool. So, they went to the roller rink, it was far out, it was really cool, but the other guy couldn't go because he saw a **foxy lady**.

E: A foxy lady.

M: Okay, foxy lady.

E: So, basically, a foxy lady is a really good looking or sexy woman.

M: Right, commonly you would hear some men refer to a[n]... attractive women as a fox.

E: Okay, so, foxy lady.

M: Okay.

E: Now, Marco, can we say "a foxy man".

M: No, this is a phrase that you would only use for women.

E: Okay, so, foxy lady.

M: Foxy lady.

E: So, after he met up with the foxy lady, they both just decided to **mellow out** at her place.

M: To mellow out.

E: To mellow out.

M: Okay, so, mellow out, what does this mean, exactly?

E: Basically, just to relax.

M: Right, so, to relax, to take it easy.

E: Uhu.

M: To mellow out.

E: So, what did you do on the weekend?

M: Oh, nothing, I just stayed at home and mellowed out.

E: Okay. Alright, and so the response to that was...

M: **Right on.**

E: Right on, right on.

M: Right, right on, right on.

E: And, so, basically, they're saying "okay", "good", "I agree".

M: Yeah, this phrase is... you can say as "good", "yeah, that's nice" or you can also say it as well "correct", "correct, I agree". So, why don't we listen to some examples of how we can use this word in other situations?

Voice: Example one.

A: **Can you believed Patrick?** *He came up to me a month ago and tried to hit me up for some money.*

Voice: Example two.

B: *When I was a kid, I used to always hit my dad up for lunch money.*

Voice: Example three.

C: *This is the last time I lend you money; don't even try to hit me up for more.*

E: Okay, so, I think that's pretty clear; we can see how it means – "correct" or also "okay, good".

M: Alright, right on. And now we also have another word that's similar to far out.

E: Uhu.

M: He said **gravy**.

E: Gravy.

M: Gravy.

E: Gravy.

M: Now, if you **look it up** in a dictionary, it... it's gonna tell you something else, right?

E: Yeah... gravy is a sauce you put on meat.

M: Right, but in this case we say gravy is cool.

E: Uhu.

M: It's nice.

E: Yeah.

M: Right, so, gravy.

E: That was gravy.

M: Uhu.

E: Now, finally, at the end of their conversation, they said "wannab**ook**".

M: Okay, let's book.

E: Book.

M: So, **to book**... as a **verb**.

E: Yeah, interesting verb, it basically means to leave a place quickly.

M: Okay, so, "we have to book, the police are coming".

E: Right, or "I gotta book guys, I'm late".

M: Aha, so, book – to leave quickly, to leave suddenly.

E: Yeah, and that word is used quite commonly today, isn't it?

M: Yeah, yeah, it's used among like younger people. You would say "yeah, let's book, this party is dead".

E: Okay, great, so, there's a lot of pretty cool phrases in this dialogue, pretty groovy phrases.

M: Mmm, yeah.

E: Why don't we hear them again in context?

DIALOGUE, SECOND TIME (slow)

M: Alright, so, **now that** we understand these six words that we saw in language takeaway, it's time for us now to take a look at some great phrases that we can use today in "**fluency builder**".

Voice: Fluency builder.

E: Okay, so, at the start of the conversation there was an interesting way he started talking to his friend, right?

M: Alright, he said **how's it hanging?**

E: How's it hanging?

M: How's it hanging?

E: Okay, so, basically, how is it going?

M: How's it going?

E: Yeah.

M: How are you?

E: Uhu.

M: Now, you noticed in the **spelling** that we do have a **G** at the end, **-ing**, right?

E: Yeah, but usually you don't really pronounce the **G** in this context, cause it's very informal, so, how's it hangin'?

M: How's it hangin'? So, he said everything was just groovy and then he started telling him about how he met a girl and he **chat her up** a bit.

E: Ch... to chat her up.

M: Okay, so, to chat somebody up.

E: So, when you chat someone up, um, you... you talk with them, right?

M: Yeah, you... you're making conversation.

E: But it's... it's sort of... it's more than just conversation, isn't it?

M: Yeah, you're trying to be a little bit **flirty** and maybe saying nice, romantic phrases or something like that.

E: Yeah, so, usually it's between a woman and a man.

M: Yeah.

E: Right?

M: Uhu.

E: And it's the man who chats up a woman.

M: Yeah, exactly.

E: So, a little bit of a sexist phrase here.

M: Hehe. To **chat someone up** or to **chat up a girl**, right?

E: Uhu.

M: Okay, so, he was chatting her up.

E: That's right, and, so, they were talking about how Jim went to the roller rink, but he didn't have any money, right? Because Jim is always hitting his friends up for cash.

M: Okay, so, to **hit someone up**.

E: To hit someone up.

M: So, before we explain this word, let's listen to some other examples, so then we can maybe understand the meaning.

Voice: Example one.

A: Right on, you got a high score, that's amazing.

Voice: Example two.

B: You got the job? Right on!

Voice: Example three.

C: Jenny was right [on] when she told me she thought Rick was no good for me; I should have listened to her.

E: Alright, so, when you hit someone up for something, you ask for it.

M: So, usually, it's to ask for money, right?

E: That's right.

M: Okay, so, to hit someone up. And now, for our last phrase – let's book and let's go **grab some grub**.

E: To grab some grub.

M: Grab some grub.

E: Okay, let's break this one down. With the final word **grub** what are we talking about?

M: Grub is an informal way of saying food.

E: Okay, so, to grab some grub is to get some food quickly.

M: Yeah, let's go get some food.

E: Alright, so, maybe it's time for us to grab some grub, um, and while we're doing that, you can listen to the dialogue one last time.

DIALOGUE, THIRD TIME

M: Alright, so, some interesting phrases and even though some of these words you may not really commonly hear anymore, they might still be used in movies or something that's related to the **disco era**, because it's very, very popular still, right?

E: Yeah, that's right, some of our more advanced users could even use a lot of these phrases in a kind of funny way to reference back to nineteen seventy (1970).

M: Yeah, exactly, so, it's fun and well, you will use them or you will hear them from time to time even today.

E: And remember if you have any questions about the language you hear in these lessons, check [out] our website at englishpod.com.

M: Exactly, we're there to answer any questions and, uh, we'll see you guys there.

E: Thanks for listening and until next time... Good bye!

M: Bye!
