



# Safe, hassle-free shipping for mother's milk

When work takes you away from your baby, breast-feeding can be a real challenge. If you want to ship your milk back home, you have to search for a way to keep it sufficiently refrigerated during transport. If you stow your breast milk in a carry-on, you worry about being able to pass through airport security without incident. **Let us help you alleviate the added stress and deliver your milk safely.**

The cost-effective, temperature-controlled **cold shipping package provided by FedEx** eliminates the hassle of searching for freezers, gel packs or dry ice for your breast milk shipments. The solution also helps you avoid wasting precious nutrition while you're on a business trip.

Each package maintains a constant 2–8°C environment for up to 96 hours and safely refrigerates the contents from pickup through delivery — helping to ensure that your milk remains viable and safe.

## Minimal preparation, maximum benefits

The cold shipping package provided by FedEx can help you maintain your milk expression schedule throughout your trip.

- Simply order your packages online through the customized, secure **orderboxesnow.com** web portal. Just allow 48 hours to have the boxes delivered by FedEx to your destination.<sup>1</sup>



You can choose to take the boxes with you or have them waiting at your hotel or chosen destination.

- When you're ready, load your sealed containers of breast milk into each box and push the button on the cooler engine to activate. **No preconditioning is required.**
- Select your FedEx delivery option.<sup>2</sup> Your shipments will remain in the custodial control of the secure FedEx® network.
- Upon final delivery, just unpack the milk from each box. For added convenience, you can order additional replacement cooling engines for your cold shipping packages and be prepared for the next trip.

## A size to fit all your travel needs

The cold shipping package provided by FedEx is available in three different sizes, so you can select the one that best fits your requirements. You can also choose between 48 hours and 96 hours of cooling duration for the medium and large sizes.

	<b>Duration</b> (in hours)	<b>Content Capacity</b> (in inches)
Small Standard Duration	48	8.5 x 4.7 x 1.6
Medium Standard Duration	48	8.5 x 4.7 x 3.0
Large Standard Duration	48	9.5 x 8.7 x 4.5
Medium Extended Duration	96	8.5 x 4.7 x 2.7
Large Extended Duration	96	9.5 x 8.7 x 4.8

<sup>1</sup>For international destinations, order your cold shipping packages 96 hours prior to your arrival date.

<sup>2</sup>Transportation charges are billed separately.

### Easy as 1-2-3

The cold shipping package provided by FedEx simplifies the process of safely shipping your breast milk:



1. Press the actuator button on the cooler engine to begin cooling action.



2. Pack your sealed containers and cooler engine into the box.



3. Prepare the package for shipping and call **1.800.GoFedEx 1.800.463.3339** to schedule a pickup or just drop off the package at any FedEx location.



### More info

- Contact your FedEx account executive
- Go to [fedex.com/coldshipping](https://www.fedex.com/coldshipping)
- Call the cold shipping hotline at **1.888.817.9993** to place your order or for more information on incorporating the solution into your corporate benefits program.