[[Image:Jack Bender.png|thumb|right|225px|傑克·本德在“迷失”的“艙口”裏。]]

'''傑克·本德'''是一名[[美國]][[電影]]和[[電視]][[導演]]並同時是一名[[演員]]。目前本德正為[[美國廣播公司|ABC]]的[[電視連續劇]]''[[迷失]]''做編劇和主要導演。本德也曾為其他著名節目做導演，如''[[黑道家族]]''、''[[奇幻嘉年華]]''、''[[Alias (TV series)|Alias]]''和''[[Boston Public]]''。

本德曾以演員身份出演於''[[一家子]]''、''[[The Bob Newhart Show]]''和''[[The Mary Tyler Moore Show]]''。並在''[[The Million Dollar Duck]]''、''[[Savage]]''和''McNaughton's Daughter''中作配角。

==電影導演==

{{MOSLOW}}

\*2004年電視連續劇''[[迷失]]''

\*\*第一季第3集“[[一片空白]]”<ref name = "Tabula Rasa">{{cite episode | title = Tabula Rasa | episodelink = Tabula Rasa (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] | network = ABC | airdate = 2004-10-06 | season = 1 | number = 3}}</ref>

\*\*第一季第4集“[[叢林流浪]]”<ref name = "Walkabout">{{cite episode | title = Walkabout | episodelink = Walkabout (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[David Fury]] | network = ABC | airdate = 2004-10-13 | season = 1 | number = 4}}</ref>

\*\*第一季第7集“[[The Moth (Lost)|The Moth]]”<ref name = "The Moth">{{cite episode | title = The Moth | episodelink = The Moth (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Jennifer Johnson]] & [[Paul Dini]] | network = ABC | airdate = 2004-11-03 | season = 1 | number = 7}}</ref>

\*\*第一季第12集“[[Whatever the Case May Be]]”<ref name = "Whatever the Case May Be">{{cite episode | title = Whatever the Case May Be | episodelink = Whatever the Case May Be | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] & [[Jennifer Johnson]] | network = ABC | airdate = 2005-01-05 | season = 1 | number = 12}}</ref>

\*\*第一季第16集“[[Outlaws (Lost)|Outlaws]]”<ref name = "Outlaws">{{cite episode | title = Outlaws | episodelink = Outlaws (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Drew Goddard]] | network = ABC | airdate = 2005-02-16 | season = 1 | number = 16}}</ref>

\*\*第一季第23集“[[Exodus (Lost)#Part 1|Exodus: Part 1]]”<ref name = "Exodus: Part 1">{{cite episode | title = Exodus: Part 1 | episodelink = Exodus (Lost)#Part 1 | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] & [[Carlton Cuse]] | network = ABC | airdate = 2005-05-18 | season = 1 | number = 23}}</ref>

\*\*第一季第24集“[[Exodus (Lost)#Part 2|Exodus: Part 2]]”<ref name = "Exodus: Part 2">{{cite episode | title = Exodus: Part 2 | episodelink = Exodus (Lost)#Part 2 | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] & [[Carlton Cuse]] | network = ABC | airdate = 2005-05-25 | season = 1 | number = 24}}</ref>

\*\*第二季第1集“[[Man of Science, Man of Faith]]”<ref name = "Man of Science, Man of Faith">{{cite episode | title = Man of Science, Man of Faith | episodelink = Man of Science, Man of Faith | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] | network = ABC | airdate = 2005-09-21 | season = 2 | number = 1}}</ref>

\*\*第二季第3集“[[Orientation (Lost)|Orientation]]”<ref name = "Orientation">{{cite episode | title = Orientation | episodelink = Orientation (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Javier Grillo-Marxuach]] & [[Craig Wright]] | network = ABC | airdate = 2005-10-05 | season = 2 | number = 3}}</ref>

\*\*第二季第12集“[[Fire and Water (Lost)|Fire and Water]]”<ref name = "Fire + Water">{{cite episode | title = Fire and Water | episodelink =Fire and Water (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Edward Kitsis]] & [[Adam Horowitz]] | network = ABC | airdate = 2006-01-25 | season = 2 | number = 12}}</ref>

\*\*第二季第15集“[[Maternity Leave (Lost)|Maternity Leave]]”<ref name = "Maternity Leave">{{cite episode | title = Maternity Leave | episodelink = Maternity Leave (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Dawn Lambertsen Kelly]] & [[Matt Ragghianti]] | network = ABC | airdate = 2006-03-01 | season = 2 | number = 15}}</ref>

\*\*第二季第18集“[[Dave (Lost)|Dave]]”<ref name = "Dave">{{cite episode | title = Dave | episodelink = Dave (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Edward Kitsis]] & [[Adam Horowitz]] | network = ABC | airdate = 2006-04-05 | season = 2 | number = 18}}</ref>

\*\*第二季第23集“[[Live Together, Die Alone]]”<ref name = "Live Together, Die Alone">{{cite episode | title = Live Together, Die Alone | episodelink = Live Together, Die Alone | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] & [[Carlton Cuse]] | network = ABC | airdate = 2006-05-24 | season = 2 | number = 23}}</ref>

\*\*第三季第1集“[[A Tale of Two Cities (Lost)|A Tale of Two Cities]]"<ref name = "A Tale of Two Cities">{{cite episode | title = A Tale of Two Cities | episodelink = A Tale of Two Cities (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[J. J. Abrams]] & [[Damon Lindelof]] | network = ABC | airdate = 2006-10-04 | season = 3 | number = 1}}</ref>

\*\*第三季第5集“[[The Cost of Living (Lost)|The Cost of Living]]”<ref name = "The Cost of Living">{{cite episode | title = The Cost of Living | episodelink = The Cost of Living (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Alison Schapker]] & [[Monica Owusu-Breen]] | network = ABC | airdate = 2006-11-01 | season = 3 | number = 5}}</ref>

\*\*第三季第8集“[[Flashes Before Your Eyes]]”<ref name = "Flashes Before Your Eyes">{{cite episode | title = Flashes Before Your Eyes | episodelink = Flashes Before Your Eyes | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Damon Lindelof]] & [[Drew Goddard]] | network = ABC | airdate = 2007-02-14 | season = 3 | number = 8}}</ref>

\*\*第三季第13集“[[The Man from Tallahassee]]”<ref name = "The Man from Tallahassee">{{cite episode | title = The Man from Tallahassee | episodelink = The Man from Tallahassee | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Drew Goddard]] & [[Jeff Pinkner]] | network = ABC | airdate = 2007-03-21 | season = 3 | number = 13}}</ref>

\*\*第三季第16集“[[One of Us (Lost)|One of Us]]”<ref name = "One Of Us">{{cite episode | title = One Of Us | episodelink = One Of Us (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Carlton Cuse]] & [[Drew Goddard]] | network = ABC | airdate = 2007-04-11 | season = 3 | number = 16}}</ref>

\*\*第三季第22集“[[Through the Looking Glass (Lost)|Through the Looking Glass]]”<ref name = "Through the Looking Glass">{{cite episode | title = Through the Looking Glass | episodelink = Through the Looking Glass (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Carlton Cuse]] & [[Damon Lindelof]] | network = ABC | airdate = 2007-05-23 | season = 3 | number = 22}}</ref>

\*\*第四季第1集“[[The Beginning of the End (Lost)|The Beginning of the End]]”<ref name = "The Beginning of the End">{{cite episode | title = The Beginning of the End | episodelink = The Beginning of the End (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Carlton Cuse]] & [[Damon Lindelof]] | network = ABC | airdate = 2008-01-31 | season = 4 | number = 1}}</ref>

\*\*第四季第3集“[[The Economist (Lost)|The Economist]]”<ref name = "The Economist">{{cite episode | title = The Economist | episodelink = The Economist (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Edward Kitsis]] & [[Adam Horowitz]] | network = ABC | airdate = 2008-02-14 | season = 4 | number = 3}}</ref>

\*\*第四季第5集“[[The Constant (Lost)|The Constant]]”<ref name = "The Constant">{{cite episode | title = The Constant | episodelink = The Constant (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Carlton Cuse]] & [[Damon Lindelof]] | network = ABC | airdate = 2008-02-28 | season = 4 | number = 5}}</ref>

\*\*第四季第9集“[[The Shape of Things to Come (Lost)|The Shape of Things to Come]]”<ref name = "The Shape of Things to Come">{{cite episode | title = The Shape of Things to Come | episodelink = The Shape of Things to Come (Lost) | series = Lost | serieslink = Lost (TV series) | credits = [[Jack Bender]] | writers = [[Brian K. Vaughn]] & [[Drew Goddard]] | network = ABC | airdate = 2008-04-24 | season = 4 | number = 9}}</ref>

\*2003年電視連續劇''[[The Lyon's Den]]''

\*2003年電視連續劇''[[Joan of Arcadia]]''

\*2003年電視連續劇''[[奇幻嘉年華]]''

\*\*第一季第9集“Insomnia”<ref name = "Insomnia">{{cite episode | title = Insomnia | series = Carnivàle | serieslink = Carnivàle | credits = [[Jack Bender]] | writers = [[William Schmidt (TV writer)|William Schmidt]] | network = HBO | airdate = 2003-11-09 | season = 1 | number = 9}}</ref>

\*\*第二季第2集“Alamogordo, NM”<ref name = "Alamogordo, NM">{{cite episode | title = Alamogordo, NM | series = Carnivàle | serieslink = Carnivàle | credits = [[Jack Bender]] | writers = [[William Schmidt (TV writer)|William Schmidt]] | network = HBO | airdate = 2005-01-16 | season = 2 | number = 2}}</ref>

\*2003年電視電影''[[The Lone Ranger]]''

\*2002年電視連續劇''[[Boomtown (TV series)|Boomtown]]''（episode "Blackout"）

\*2002年電視連續劇''[[Presidio Med]]''

\*\*Episode "Breathless"

\*2001年電視連續劇''[[Alias (TV series)|Alias]]''

\*\*第一季第7集“Color-Blind”

\*\*第一季第10集“Spirit”

\*\*第一季第12集“The Box, Part 1”

\*\*第一季第13集“The Box, Part 2”

\*\*第二季第13集“Phase One”

\*\*第三季第3集“Reunion”

\*\*第三季第7集“Prelude”

\*\*第三季第10集“Remnants”

\*\*第三季第15集“Façade”

\*\*第三季第18集“Unveiled”

\*\*第三季第20集“Blood Ties”

\*2000年電視連續劇''[[Boston Public]]''

\*2000年電視連續劇''[[That's Life (television 2000)|That's Life]]''

\*2000年電視電影''[[The David Cassidy Story]]''

\*1999年電視電影''[[My Little Assassin]]''

\*1999年電視連續劇''[[Judging Amy]]''

\*\*第一季第2集“Short Calendar”

\*\*第一季第15集“Culture Clash”

\*\*第一季第17集“Drawing the Line”

\*\*第二季第9集“The Undertow”

\*\*第二季第16集“Everybody Falls Down”

\*\*第三季第2集“Off the Grid”

\*1999年電視節目''[[It Came From the Sky]]''

\*1999年電視連續劇''[[黑道家族]]''

\*\*第三季第5集“Another Toothpick”

\*\*第三季第10集“...To Save Us All From Satan's Power”

\*\*第四季第4集“The Weight”

\*\*第六季第3集“Mayham”

\*1998年電視電影''[[The Tempest]]''

\*1998年電視連續劇''[[Felicity]]''

\*\*第二季第21集“The Aretha Theory”

\*\*第二季第23集“The Biggest Deal There Is”

\*\*第三季第2集“The Anti-Natalie Intervention”

\*1997年電視電影''[[A Call to Remember]]''

\*1997年電視電影''[[Killing Mr. Griffin]]''

\*1997年電視電影''Friends 'Til the End''

\*1996年電視連續劇''[[Profiler (TV series)|Profiler]]''

\*\*Episode "Cycle Of Violence"

\*\*Episode "It Cuts Both Ways"

\*\*Episode "Modus Operandi"

\*\*Episode "Old Acquaintance"

\*1996年電視節目''[[Sweet Dreams (1996 film)|Sweet Dreams]]''

\*1996年電視節目''[[A Face to Die For]]''

\*1995年電視節目（小）''[[Nothing Lasts Forever (1995 TV miniseries)|Nothing Lasts Forever]]''

\*1995年電視連續劇''[[New York News]]''

\*1995年''[[Lone Justice 2]]''

\*1994年電視電影''[[Family Album]]''

\*1994年電視電影''[[Gambler V: Playing for Keeps]]''

\*1994年電視電影''[[Armed and Innocent]]''

\*1993年電視連續劇''[[Ned Blessing: The Story of My Life and Times]]''

\*1992年電視電影''[[Love Can Be Murder]]''

\*1991年''[[Child's Play 3]]''

\*1991年電視電影''[[The Perfect Tribute]]''

\*1990年電視電影''[[The Dreamer of Oz]]''

\*1990年電視連續劇''[[飛越比佛利]]''

\*\*Episode "The Game Is Chicken"

\*\*Episode "Home and Away"

\*\*Episode "Sentenced to Life"

\*1990年電視連續劇''[[Northern Exposure]]''

\*1989年電視節目''[[My Brother's Wife]]''

\*1989年電視節目''[[Charlie]]''

\*1988年電視節目''[[Tricks of the Trade]]''

\*1988年電視節目''[[Side by Side]]''

\*1985年電視節目''[[The Midnight Hour]]''

\*1985年電視節目''[[Letting Go]]''

\*1985年電視節目''[[Deadly Messages]]''

\*1984年電視節目''[[Shattered Vows]]''

\*1983年電視節目''[[Two Kinds of Love]]''

\*1982年電視節目''[[In Love with an Older Woman]]''

\*1982年電視連續劇''[[King's Crossing]]''

\*1982年電視連續劇''[[Fame (1982 TV series)|Fame]]''

\*1981年電視連續劇''[[Falcon Crest]]''

\*1980年''[[A Real Naked Lady]]''

\*1978年電視連續劇''[[The Paper Chase]]''

\*1977年電視連續劇''[[Eight Is Enough]]''

==參考資料==

{{reflist|2}}

==外部鏈接==

\*{{imdb name|id=0070474|name=Jack Bender}}

{{DEFAULTSORT:Bender, Jack}}

[[Category:美國電影導演]]

[[Category:美國電視導演]]

[[Category:Year of birth missing (living people)]]

[[Category:在世人物]]

[[Category:University of Southern California alumni]]

[[da:Jack Bender]]

[[en:Jack Bender]]

[[es:Jack Bender]]

[[fr:Jack Bender]]

[[no:Jack Bender]]

[[pt:Jack Bender]]

[[tr:Jack Bender]]