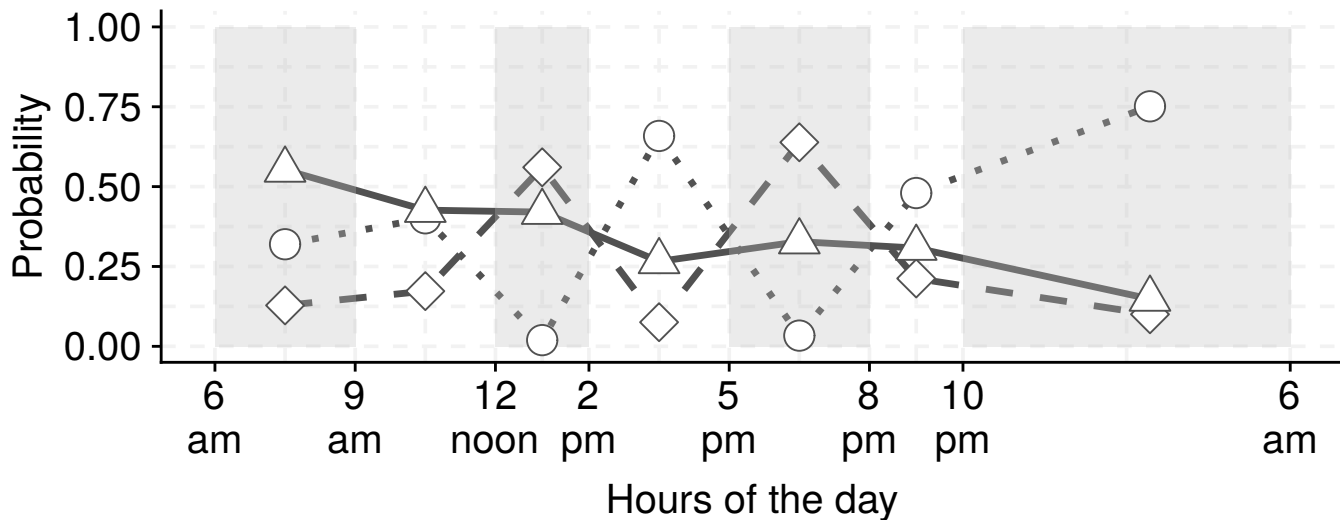


Class 3 days - Regular meals day (40.1%)



Note:

Grey, and white shades indicate the 7 time slots;

Carbohydrate < 50% indicates CH contributed less than 50% total energy intake;

Carbohydrate \geq 50% indicates CH contributed higher or equal to 50% total energy intake.