

Test 4

**Questions 1–6**

Do the following statements agree with the information given in Reading Passage 1?

*In boxes 1–6 on your answer sheet write*

**TRUE**            *if the statement agrees with the information*  
**FALSE**          *if the statement contradicts the information*  
**NOT GIVEN**   *if there is no information on this*

- 1 Modern official athletic records date from about 1900.
- 2 There was little improvement in athletic performance before the twentieth century.
- 3 Performance has improved most greatly in events requiring an intensive burst of energy.
- 4 Improvements in athletic performance can be fully explained by genetics.
- 5 The parents of top athletes have often been successful athletes themselves.
- 6 The growing international importance of athletics means that gifted athletes can be recognised at a younger age.

**Questions 7–10**

*Complete the sentences below with words taken from Reading Passage 1.*

*Use **ONE WORD** for each answer.*

*Write your answers in boxes 7–10 on your answer sheet.*

- 7 According to Professor Yessis, American runners are relying for their current success on .....
- 8 Yessis describes a training approach from the former Soviet Union that aims to develop an athlete's .....
- 9 Yessis links an inadequate diet to .....
- 10 Yessis claims that the key to setting new records is better .....

**Questions 11–13**

*Choose the correct letter, A, B, C or D.*

*Write your answers in boxes 11–13 on your answer sheet.*

- 11** Biomechanics films are proving particularly useful because they enable trainers to
- A** highlight areas for improvement in athletes.
  - B** assess the fitness levels of athletes.
  - C** select top athletes.
  - D** predict the success of athletes.
- 12** Biomechanics specialists used theoretical models to
- A** soften the Fosbury flop.
  - B** create the Fosbury flop.
  - C** correct the Fosbury flop.
  - D** explain the Fosbury flop.
- 13** John S. Raglin believes our current knowledge of athletics is
- A** mistaken.
  - B** basic.
  - C** diverse.
  - D** theoretical.