

SECTION 4

LECTURER

Welcome to further education Information Week. This is the Physical Education Faculty's session and I'm the Head of the Faculty. During the course of this morning we hope to give you a clear idea of what we offer in our training programs and we will look at the types of courses and the entry requirements, if any, for those courses. Some of these courses are open to school leavers, but for some you need previous qualifications, or relevant successful employment.

So firstly, the Physical Fitness Instructor's course is offered as a six-month certificate course which includes an important component of personal fitness but there are no specific entry requirements. *Example*

For Sports Administrators we provide a four-month certificate course but you should be aware that this is designed for those who are in employment. This employment must be current and related to sports administration. *Q31 Q32*

For the Sports Psychologist course we offer a one-year diploma course, but this diploma course is available only to those who already hold a degree in psychology. so *Q33*

you need to make sure you have that before you apply to do this course.

Now . . . for Physical Education Teachers we offer a four-year degree in education. This degree course is designed for preparing students to teach in primary and secondary schools and needs no prior qualifications as it is entered directly by school leavers. Q34

And lastly for the Recreation Officer's course we offer a six-month certificate. Entry to this course normally includes applicants of a wide range of ages and experiences, but we do not insist on any prerequisites for this course. Q35

Remember that this is a vocational training institute. We train you so that you can take up a particular kind of job. So it is important that you know the main roles of the jobs—what the work is like and what kind of qualities you need to succeed at them.

A Physical Fitness Instructor works in health and fitness centres preparing individual programs for ordinary members of the public. Physical Fitness Instructors prepare routines of exercises to suit the individual client's age and level of fitness. Q36

Sports Administrators run clubs and sporting associations. Their duties include such things as booking playing fields with local councils and organising the schedule of games or events for the club, so they need good organisational skills. Q37

Sports Psychologists spend time with professional athletes helping them approach competition with a positive mental attitude to enable them to achieve their personal best. They do this by improving motivation and concentration or assisting with stress management. Q38

Physical Education or PE Teachers instruct young students in how to exercise, play sport, and do other recreational activities correctly and safely. PE teachers help the development of co-ordination, balance, posture, and flexibility with things like simple catching and throwing skills. They are not expected to be experts in all sports, but must be able to show students the basic techniques involved in a wide range of activities. Q39

Recreation Officers often find themselves working for local government authorities and local groups. Their aim is to raise people's awareness of healthy lifestyles and improved general fitness through arranging recreational activities for groups of all ages from the very young to the elderly. Q40

There are many other job opportunities which our graduates can look forward to. If you are interested in any of these . . .