

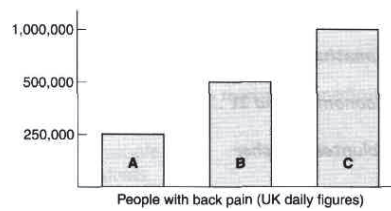
Test 1

SECTION 4 Questions 31-40

Questions 31-36

Choose the correct letters A-C.

- 31 Which column of the bar chart represents the figures quoted?



- 32 According to the speaker, the main cause of back pain in women is
A pregnancy.
B osteoporosis.
C lack of exercise.
- 33 As treatment for back pain the Clinic mainly recommends
A pain killers.
B relaxation therapy.
C exercise routines.
- 34 The back is different from other parts of the body because
A it is usually better at self-repair.
B a back injury is usually more painful.
C its response to injury often results in more damage.
- 35 Bed rest is advised
A for a maximum of two days.
B for extreme pain only.
C for pain lasting more than two days.
- 36 Being overweight
A is a major source of back pain.
B worsens existing back pain.
C reduces the effectiveness of exercise.

Questions 37-40

Choose the correct letters A—C.

	Strongly recommended A	Recommended in certain circumstances B	Not recommended C
<i>Example</i> Diet if overweight	<i>Answer</i> [A]	B	C
37 Buy special orthopaedic chairs	A	B	C
<i>Example</i> Buy orthopaedic mattresses	A	<i>Answer</i> [B]	C
38 Buy shock-absorbing inserts	A	B	C
39 Wear flat shoes	A	B	C
40 Buy TENS machine	A	B	C