

# UNCHARTED TERRITORY

macOS Operations and Development

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clear advice with a hacker mindset

Charles Muschel

# WHOAMI

**Kyle Avery – @kyleavery\_**

- Offensive Developer @ Outflank
- Red team background / .NET and C development
- Lone US Outflank member



# OUTFLANK

- Outflank Security Tooling (OST)
- Red Teaming Services

# AGENDA

## macOS Internals

- Relevant security controls
- EDR telemetry sources

## Red Team Operations

- Typical macOS environment
- Initial access techniques

## Malware Development

- Current reflective loaders
- PIC Mach-O loader



A painting of two cowboys on horseback in a desert landscape. The cowboys are wearing hats and light-colored shirts. The horses are dark-colored. The background shows a vast, open landscape with mountains in the distance. The sky is blue with some clouds. The overall tone is somewhat somber due to the dark overlay.

# MACOS INTERNALS

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# CODE SIGNING

- Most executables and libraries are signed
  - Certificates available through Apple Developer Program (\$99/year)
  - Can be revoked by Apple
- Hardened runtime
  - Enforces signed dylibs (sideloading/hijacking)
  - Prevents remote task ports (process handle)
- Notarization
  - Submit binary to Apple for “review”
  - Must be compiled with hardened runtime

# TRANSPARENCY, CONSENT, & CONTROL

- Restricts access, even for root
  - Desktop, Documents, Downloads
  - Camera, Microphone
- Some resources require **entitlements**
  - Part of signature
  - May disable hardened runtime features:
    - Unsigned executable memory
    - Library validation
    - DYLD environment variables





# APP SANDBOX AND SIP

- **App Sandbox**

- Opt-in restrictions

```
codesign -d --entitlements - /Applications/Microsoft\ Excel.app
```

```
[Key] com.apple.security.app-sandbox
```

```
[Value]
```

```
  [Bool] true
```

```
[Key] com.apple.security.temporary-exception.sbpl
```

```
[Value]
```

```
[Array]
```

```
[String] (allow file-read* file-write*
```

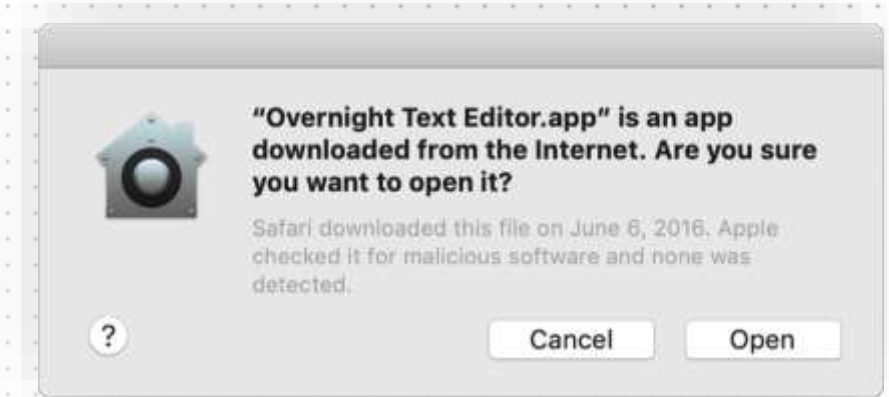
```
         (require-all (vnode-type REGULAR-FILE) (regex #" (^|/)~\${[^/]+$" ) )
```

- **System Integrity Protection**

- Enforces code signatures, TCC, and sandbox

# XPROTECT AND GATEKEEPER

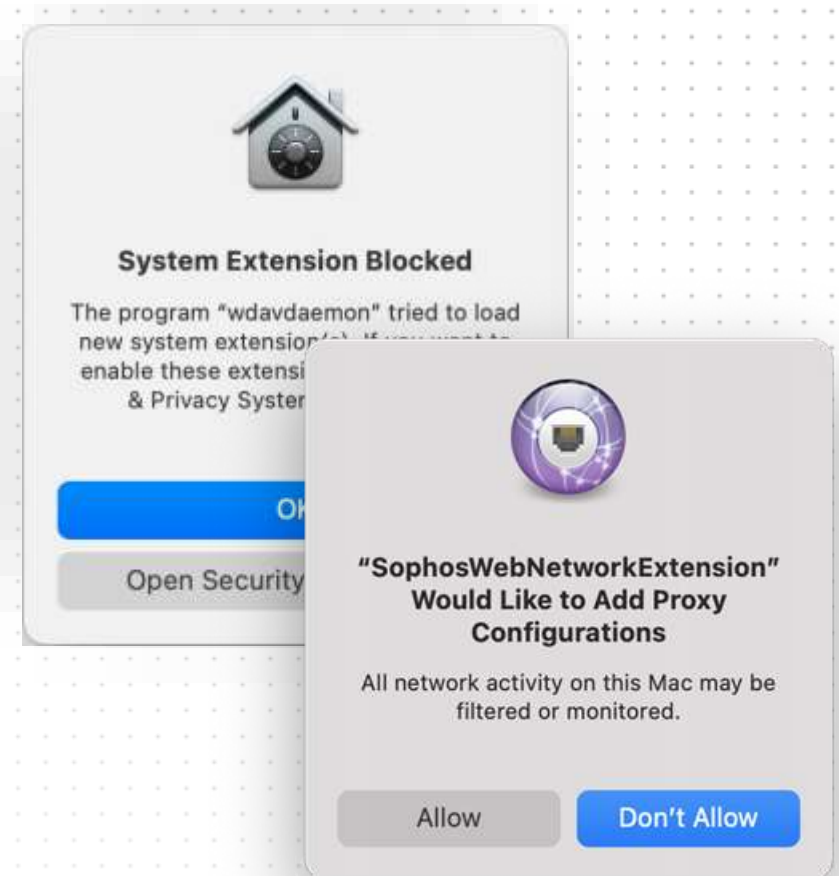
- **XProtect** – Built-in antivirus
  - Silent updates
  - Very specific rules, not really an issue
- **Gatekeeper**
  - Validates signature+notarization
  - Similar to Windows SmartScreen





# EDR TELEMETRY

- **Endpoint Security API**
  - Authentication attempts
  - Process creation and termination
  - File access, modification, and creation
- **Network Extensions – Full packet capture**



Source: <https://www.outflank.nl/blog/2024/06/03/edr-internals-macos-linux/>

A background image of a cowboy herding cattle in a desert landscape, overlaid with a dark blue grid pattern.

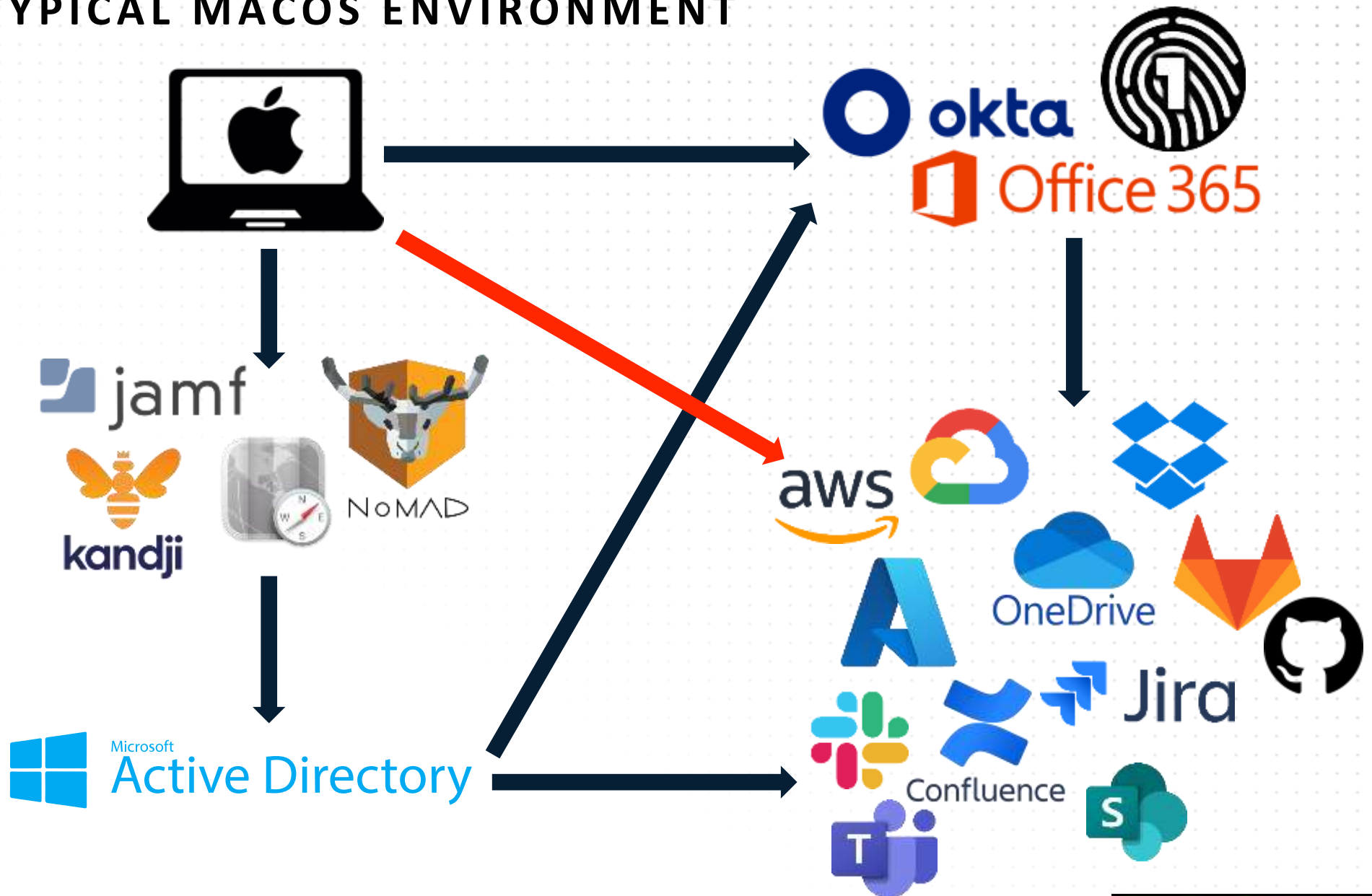
# RED TEAM OPS

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# TYPICAL MACOS ENVIRONMENT





# MACOS C2

- Mythic
  - Multiple agents with different formats
    - Hermes, Poseidon – Mach-O
    - Apfell – JXA
- Other agents:
  - Sliver – Mach-O
  - Empire – Python



# OFFICE MACROS



- Good reasons to use macros:
  - Signature not required
  - No AMSI
  - Full API access

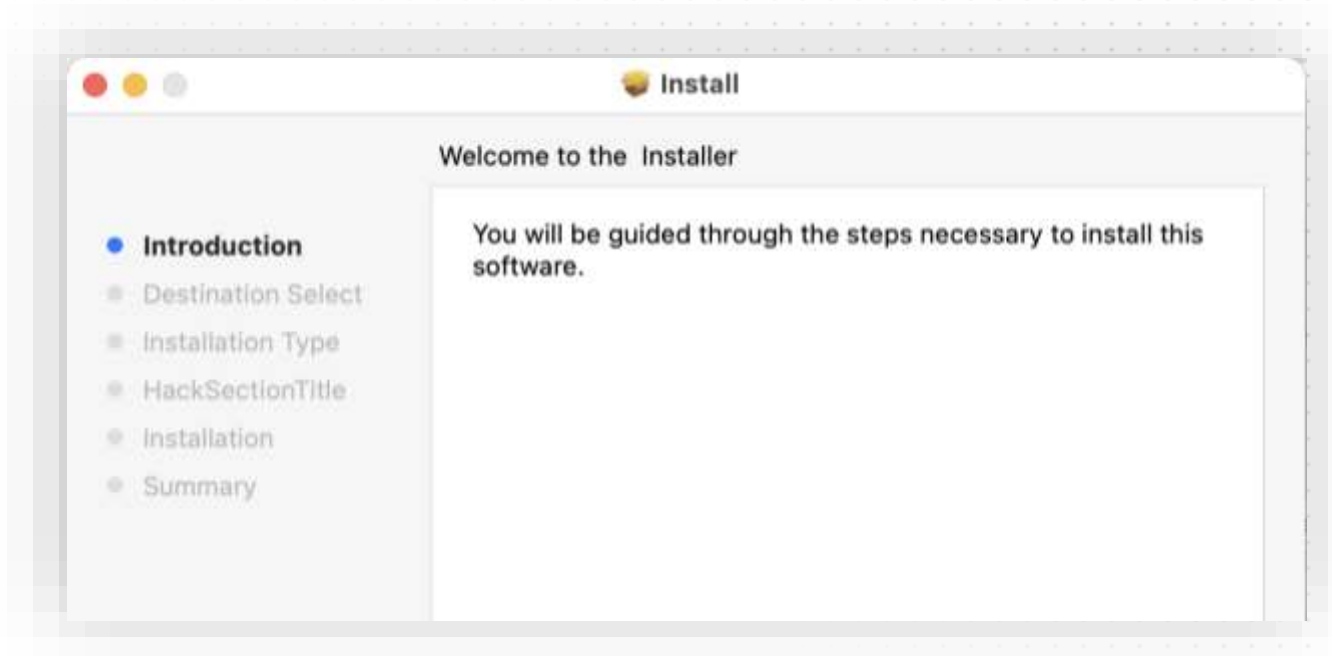
```
Private Declare PtrSafe Function mach_task_self Lib "libSystem.B.dylib"  
    () As LongPtr  
  
Private Declare PtrSafe Function memcpy Lib "libc.dylib"  
    (ByVal dst As LongPtr, ByVal src As LongPtr, ByVal sz As LongPtr) As LongPtr
```

- Restricted by sandbox
  - Cannot access local files
  - Possible to escape, currently requires reboot
  - Full network access

# INSTALLER PACKAGES



- Three execution methods:
  - Pre/Post install Bash scripts
  - Installer plugins (Mach-O binary)
  - Distribution XML (Installer JS)





# DMG WRAPPER

- Notarization “blocks” unsigned executables and installer packages
- Use DMG for social engineering / delivery



# MORE MACOS RED TEAM

- SpecterOps Blog
  - <https://posts.specterops.io/tagged/macos>
- Objective by the Sea Conference
  - <https://www.youtube.com/@objectiveseefoundation>



## Malicious Installer Plugins



Christopher Ross  
Published in Posts By SpecterOps Team Members

## Dylib Loads that Tickle your Fancy



Leo Pitt · Follow  
Published in Posts By SpecterOps Team Members

## Introducing Mystikal



Leo Pitt · Follow  
Published in Posts By SpecterOps Team Members

## Sparkling Payloads

## When Kirbi walks the Bifrost



Cody Thomas · Follow  
Published in Posts By SpecterOps Team Members · 14 min read · Nov 14, 2019

Team Members · 7 min read · Jul 27, 2020

# MALWARE DEVELOPMENT

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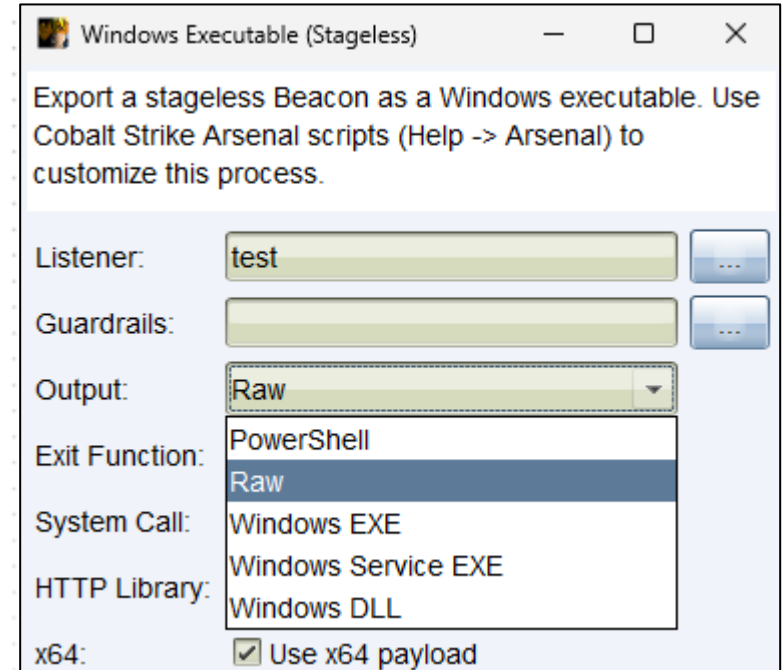
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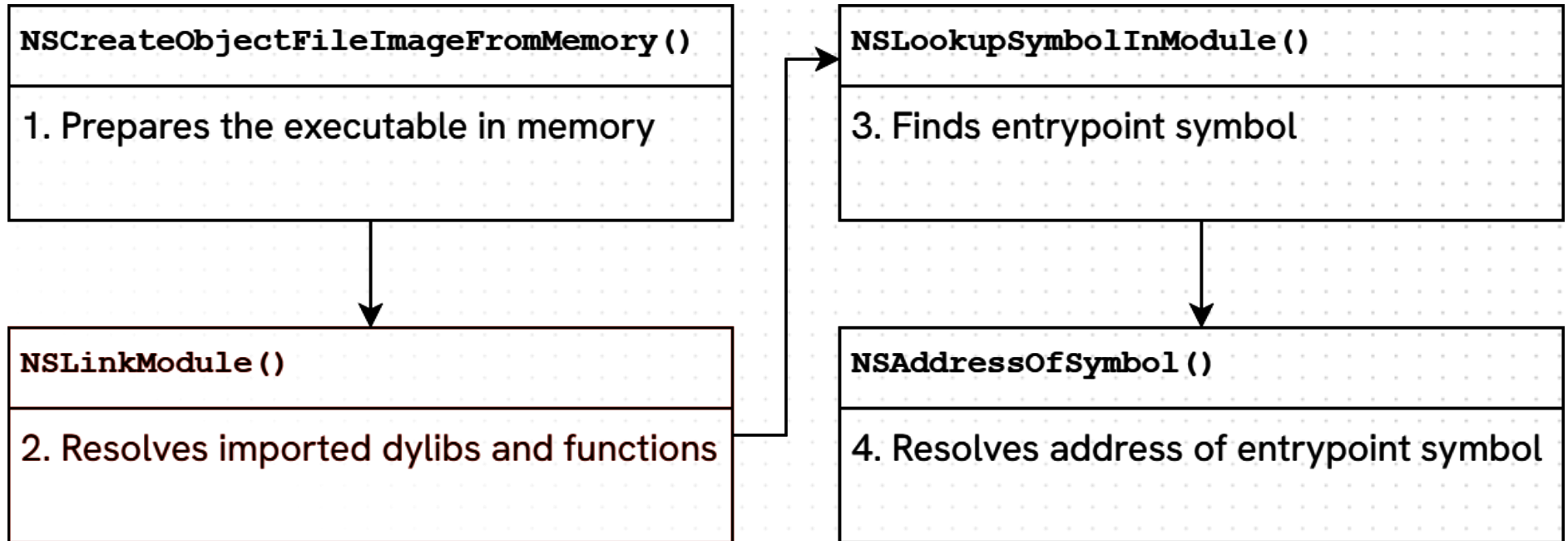


# SOMETHING MORE FLEXIBLE?

- Learning from Windows
  - Reflective DLL + PIC loader
  - Executed with shellcode loader
- macOS Restrictions
  - Unsigned executable memory
  - Hardened runtime exceptions:
    - Excel, PowerPoint
    - PyCharm, Android Studio
    - GoTo Meeting, Discord



# COULD IT BE THAT EASY?



- Newer versions of dyld write the module to disk and load with `dlopen()`
  - Static prefix `NSCreateObjectFileImageFromMemory-`

Source: The Mac Hacker's Handbook (2009)

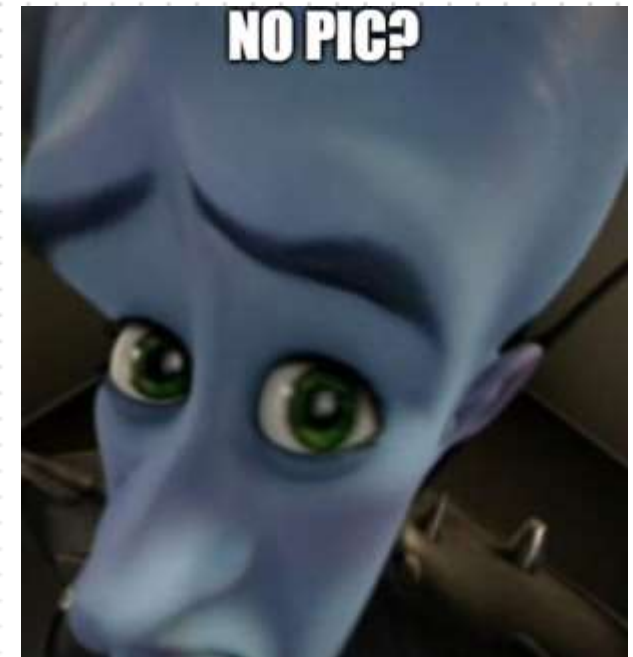
# CUSTOM MACH-O LOADER

- XPN already solved this! Mostly...
  - Written in Objective-C
  - Resolves imports with dlopen/dlsym
- Converting to PIC:
  1. Rewrite without libc or objc libraries
  2. Control code placement and order
  3. Manually resolve imported functions



## Building a Custom Mach-O Memory Loader for macOS - Part 1

Posted on 2023-02-04 Tagged in macos, loader



Source: <https://blog.xpnsec.com/building-a-mach-o-memory-loader-part-1/>



# ORDER FILE – LINUX & WINDOWS

- Linux GCC/Clang and MinGW
  - Decorate functions with section name

```
/* gcc -Wl,-T,link.ld

__attribute__((section(".text$A"))) void Example();
*/

SECTIONS {
    .text : {
        *( .text$A )
        *( .text$B )
        *( .rdata* )
        *( .text$C )
    }
}
```

# ORDER FILE – MACOS

- macOS Clang doesn't support linker scripts
  - Must list every function in “order file”

```
/* clang -Wl,-order_file,"link.order"  
  
void Example();  
*/  
  
_Example
```

# DYNAMIC IMPORTS

- Windows makes this easy:

1. Find the PEB at `FS:[0x30]` / `GS:[0x60]`
2. Go to `InLoadOrderModuleList`
3. Walk the list of modules to find NTDLL

- macOS is similar:

1. Find dyld in memory
2. Resolve `dyld_get_all_image_infos`
3. Walk the list of modules to find libdyld

# FIND DYLD WITH CHMOD

- Memory scanning may access invalid memory
  - Use chmod to check each region!

## ERRORS

The **chmod()** system call will fail and the file mode will be unchanged if:

[EFAULT]                    Path points outside the process's allocated address space.

- Don't we need to import chmod?

```
int
chmod(const char *path, mode_t mode)
{
    int res = __chmod(path, mode);
```

Source: <https://blogs.blackberry.com/en/2017/02/running-executables-on-macos-from-memory>



# IT'S SO OVER

- This won't work – why?

```
int sys_chmod(const char* path, mode_t mode) {
    int ret = 0;

    register long rax asm("rax") = SYS_chmod;
    register long rdi asm("rdi") = (long)path;
    register long rsi asm("rsi") = (long)mode;

    __asm__ volatile (
        "syscall"
        : "=r" (ret)
        : "0" (rax), "D" (rdi), "S" (rsi)
        : "memory", "cc"
    );

    return ret;
}
```

# MACOS SYSTEM CALL CLASSES

- Multiple syscall “classes”
  - Must set higher-order bits of eax to class number
  - Apple open-source headers define the classes

```
#define SYSCALL_CLASS_NONE      0      /* Invalid */  
#define SYSCALL_CLASS_MACH     1      /* Mach */  
#define SYSCALL_CLASS_UNIX     2      /* Unix/BSD */  
#define SYSCALL_CLASS_MDEP     3      /* Machine-dependent */  
#define SYSCALL_CLASS_DIAG     4      /* Diagnostics */  
#define SYSCALL_CLASS_IPC      5      /* Mach IPC */
```

Source: <https://dustin.schultz.io/mac-os-x-64-bit-assembly-system-calls.html>

# WE'RE SO BACK

- Use Apple's macro to set the syscall class:

```
int sys_chmod(const char* path, mode_t mode) {
    int ret = 0;

    register long rax asm("rax") = SYSCALL_CONSTRUCT_UNIX(SYS_chmod);
    register long rdi asm("rdi") = (long)path;
    register long rsi asm("rsi") = (long)mode;

    __asm__ volatile (
        "syscall"
        : "=r" (ret)
        : "0" (rax), "D" (rdi), "S" (rsi)
        : "memory", "cc"
    );

    return ret;
}
```



# THANK YOU

- Try it yourself:
  - macOS Reflective Loader  
<https://github.com/outflanknl/macho-loader>
- If you have questions about OST or macOS, let's chat!

# OUTFLANK

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The word "BEACON" is displayed in a glowing green, neon-style font. The letters have a thick, double-lined outline and a bright green center, giving it a digital or cybernetic appearance. It is set against a solid black rectangular background.

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