

Online Learning Experience Setting Expectations

Laura McGibney
January 2024



Laura McGibney



Working in SETU since 1993



Degree in Computing part-time (7 years by night)



Worked as HR/Office Manager for software company for 2 years (during career break)



Qualified life and business coach



Online Engagement Advisor since Jan 2020



My role is to offer additional support to you on your online journey



Where to find me:

The screenshot shows a digital course reader interface. At the top left is the profile picture and name "Life etc..." and "Laura McGibney, WIT". At the top right are search, layout, and menu icons. Below is a navigation bar with "Life etc...". The main area displays four cards:

- Time Management**: Tips on how to manage your time. Includes an icon of a person at a desk with books and a clock.
- Reflections**: Advice from students who have been where you are now. Includes an icon of two people with lightbulbs and thought bubbles.
- Study Environment**: Setting up your home study environment. Includes an icon of a person at a desk with a lamp and books.
- Life etc Podcasts**: Aimed at part-time learners who are trying to fit study into their already.. Includes an icon of a microphone and headphones.

SETU Higher Diploma in Comp



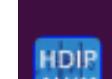
Threads



Later



Direct messages



More

Channels



connections



general



enrolment



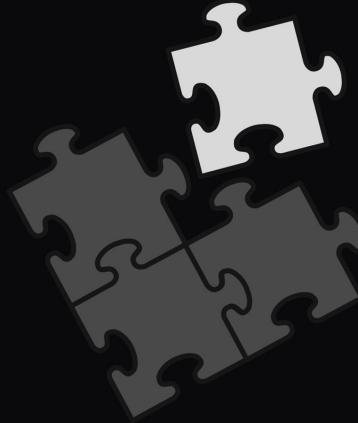
life-etc

random



Life etc

Fitting study into your life



In conversation with the Online Engagement Advisor
the School of Education and Lifelong Learning

Life etc
Fitting study into your life



Invitation open to all current HDip in Computer Science students.



HDip virtual meet up

Interested in a cuppa and chat
with fellow HDip students?
Join Laura on:

**Thurs, 17th Nov
at 8pm**

See below for details

Life etc

Fitting study into your life



Confidence
Imposter Syndrome
Time
Doubt

Like a one to one chat?
email: laura.mcgibney@setu.ie

WIT HDip in Computer ... 

 Threads

 Direct messages

 Mentions & reactions

 Drafts & sent NEW

 Saved items

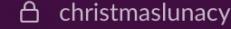
 Slack Connect

 More

 Connections

 Starred

 Channels

 christmaslunacy

course-web

 delta

general

job-opportunities

 # life-etc 1

programming-fundamentals

 retention

 springboard-proposal

 staff

watercooler

web-development

work-placement

+ Add channels

life-etc 

Tip: Try  F to search this channel 

 **Laura McGibney (Online Engagement Advisor)** 10:56

You can book a one-to-one "create a new routine" session with me by clicking on this link:
<https://calendly.com/lauramcgibney-wit/create-a-new-routine>

You can also use this link to book a regular coaching session with me. If you have any questions, please feel free to D
1-to-1 Time Management sessions (1).png 

one-to-one
Time Management sessions

You can now book a 45 minute "create a new routine" session with Laura via calendly (see link in text)

In this session we will work together to create a new routine for you:

- We will look at what you are trying to do every day
- Together we will create a "new normal" routine for you on an excel spreadsheet which you can see via Laura sharing her screen with you.
- Laura will send you the excel sheet with your new routine after the session

Reasons to consider this:
This session is specific to your situation so it is more likely to be successful

It will introduce accountability and focus for you to help you through this tough time.



THANK YOU 4  1 

17 April 2020 

 **Laura McGibney (Online Engagement Advisor)** 12:17

Hi everyone,

I hope you are all well, doing ok and enjoyed the Easter weekend. Here is a little tip for those times when you want to Remember, please feel free to DM me if you need support and/or want to chat about anything. You can also book a sl

Time Management

1	Time	Mon	Tues	Wed	Thurs	Fri	Sat
2	06:00						
3	06:30						
4	07:00						
5	07:30						
6	08:00						
7	08:30						
8	09:00						
9	09:30						
10	10:00						
11	10:30						
12	11:00						
13	11:30						
14	12:00						
15	12:30						
16	13:00						
17	13:30						
18	14:00						
19	14:30						
20	15:00						
21	15:30						
22	16:00						
23	16:30						
24	17:00						
25	17:30						
26	18:00						
27	18:30						
28	19:00						
29	19:30						
30	20:00						

one-to-one Time Management sessions

You can book a 30 minute time management session with Laura via calendly (see link in text)

In this session we will work together to create a new routine for you:

- We will look at what you are trying to do every day
- Together we will create a new routine for you on an excel spreadsheet which you can see via Laura sharing her screen with you.
- Laura will send you the excel sheet with your new routine after the session

Two weeks later you have a check-in with Laura to see how it is going and if changes have been/need to be made.

Reasons to consider this:

This session is specific to your situation so it is likely to be more successful than a generic suggested plan

It will introduce accountability and focus for you.



Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
06:30	wake	wake	wake	wake	wake			
07:00	phone	phone	phone	phone	phone			
07:30	physio	physio	physio	physio	physio			
08:00	shower	shower	shower	shower	shower	wake		
08:30	breakfast	breakfast	breakfast	breakfast	breakfast			
09:00	work	work	work	work	work	breakfast	wake	
09:30								
10:00						housework/groceries	get up	
10:30							walk	
11:00							brunch	
11:30								
12:00								
12:30								
13:00	walk	walk	walk	walk	walk	study		
13:30	lunch	lunch	lunch	lunch	lunch			
14:00	work	work	work	work	work			
14:30								
15:00								
15:30								
16:00								
16:30								
17:00								
17:30	gentle walk	date night	gentle walk	gentle walk	dinner	family time		
18:00	dinner		dinner	dinner	study		dinner	
18:30								
19:00	study		study	study				
19:30								
20:00								
20:30								
21:00								
21:30								
22:00	reading	reading	reading	reading	reading			
22:30								
exercise	work	study	meals	me time	family time	phone	housework	



Time Mangement

Life etc...

Search

Layout



› Life etc... › Time Mangement



Finding the Time



The benefits of creating a schedule

Scheduling



How to create a personal schedule

Making Lists



Prioritise items on your wish list



You

Eamonn

de Leastar

Programme Leader
Lecturer: Full Stack 1

HDIP CS
TEAM

Bernie

McKeown

Programme Leader

HDIP BSA
TEAM

Firstname

Surname

HDIP
24

Firstname

Surname

24

Firstname

Surname

HDIP
23

Firstname

Surname

HDIP
22

Firstname

Surname

BSA
23

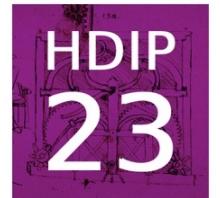
Find your
class



Left front: HDip in Computer Science 2024



Right front: HDip in Computer Science 2023

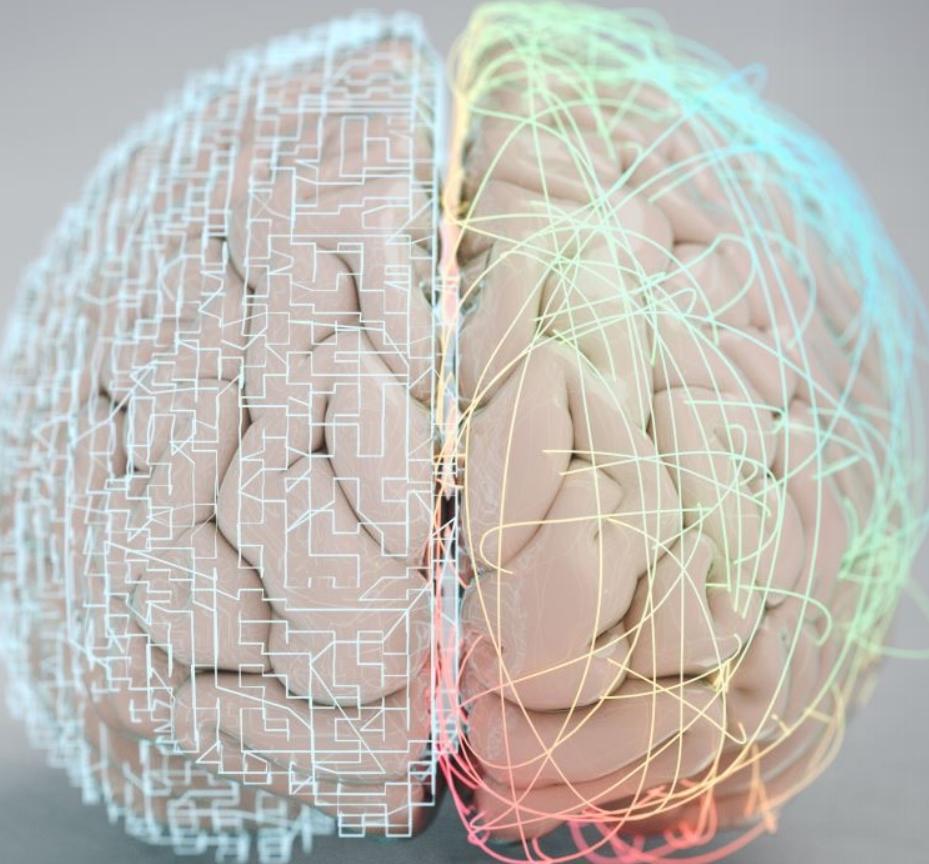


Left back: HDip BSA 2024



Right back: HDip BSA 2023





Mindset

How are you feeling
about starting this
programme?

Mindset

**Set of beliefs that
shape how
you make sense of
things**

**Influences how you
think, feel and behave**

**What you believe
impacts the outcome**



Mindset

Stay in the now – see the value of the journey

Put the word “yet” into your vocabulary

What are you telling yourself?

Background



Which of these statements best describes you?

Right: Significant ICT experience
(ICT qualification/employment)

Left: Some ICT experience
(interest/hobby/short courses)

Back: Completely new to the area

BSA students: Experience in the area

Connection



Which of these statements best describes you?

Right: Want to connect with classmates

Left: Like some connection

Back: Neutral/don't feel it is essential

Getting to know your classmates



The background consists of numerous small, rectangular pieces of paper in various colors including pink, yellow, blue, green, and white. Each piece of paper features a large, dark grey question mark in the center. The papers are scattered across the frame, creating a textured, layered effect.

Questions

What if I can't grasp the
concept/module?

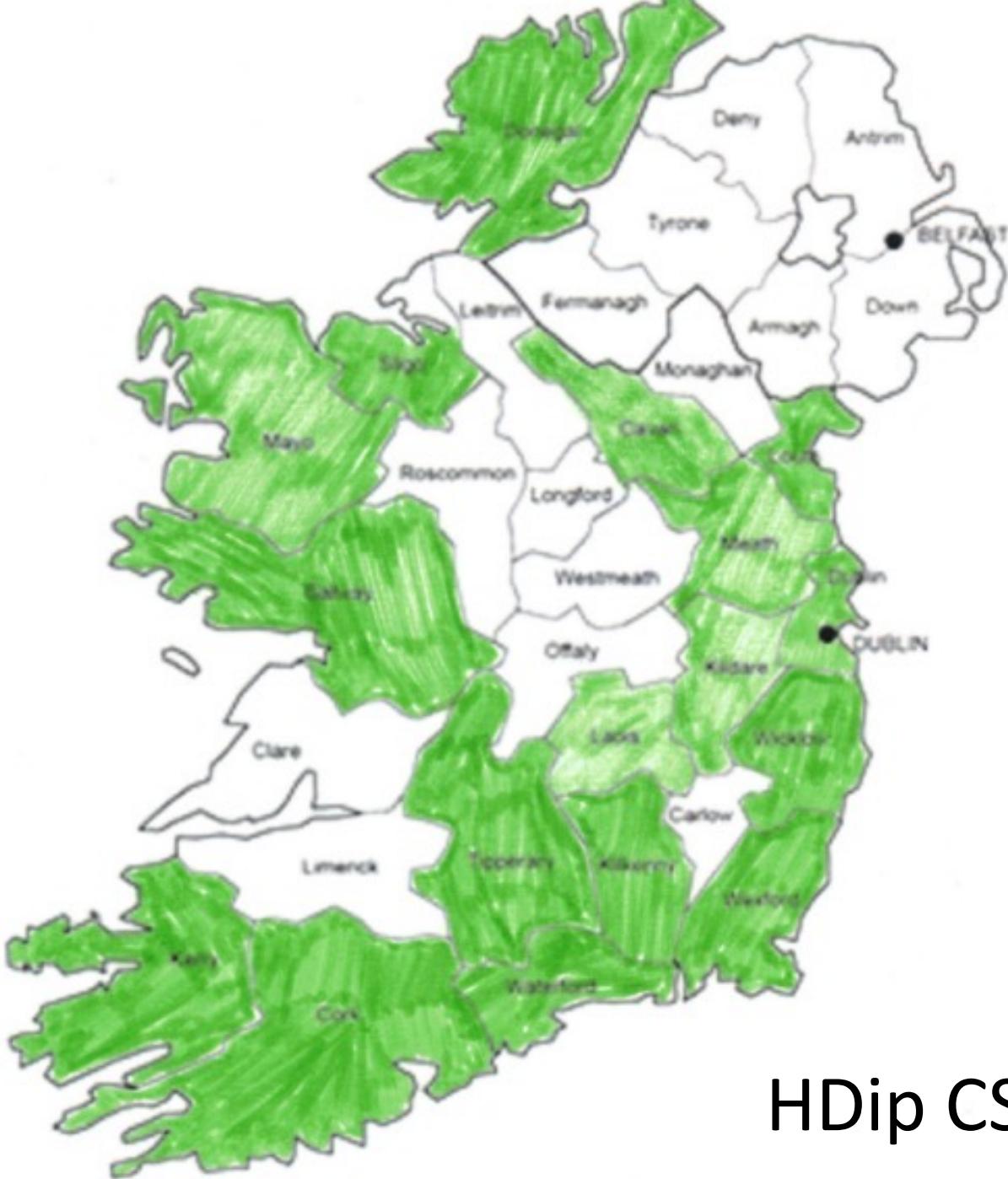
How much time do I need to put in
every week?

A close-up photograph of a map with three pushpins. One red pushpin is prominently featured in the foreground, standing upright. In the background, two blue pushpins are visible, slightly out of focus. The map shows various geographical features and roads.

Location

Where are you?

Cork	18
Dublin	7
Waterford	5
Galway	4
Tipperary	4
Kilkenny	3
Wexford	3
Meath	2
Kildare	2
Laois	2
Louth	2
Cavan, Sligo, Wicklow, Donegal, Mayo, Kerry	1



HDip CS 2024

Opportunity



A dark, moody photograph of a tea set. In the center is a clear glass mug filled with a dark liquid, likely tea, with steam rising from it. To the left is a teapot with a white lid, also containing tea. In the background, there's a bowl filled with various citrus fruits, including blood oranges and lemons. A small slice of blood orange sits on a saucer in the foreground. A spoon lies next to the saucer. The lighting is low, creating a cozy and intimate atmosphere.

Time for a cuppa

A close-up photograph of a map with three pushpins. One pushpin is red and stands prominently in the foreground. In the background, there are two other pushpins: one blue on the left and one yellow on the right. The map features various geographical features like roads and bodies of water.

Location

Where are you from?

Left: **South West** *IT118 – Siobhan Roche*

Cork, Kerry

Right: **South East/North West** *IT119 – Mairead Meagher*

Waterford, Tipperary, Wexford, Wicklow,
Kilkenny, Galway, Sligo, Donegal, Mayo

Back: **East** *IT120 – Peter Windle*

Dublin, Louth, Meath, Kildare, Laois, Cavan