# **World Happiness**

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```
setwd("~/R/Dataset")
WorldHappiness<- read.csv("~/R/Dataset/WorldHappiness Capstone.csv")
View(WorldHappiness)
WorldHappiness<- read.csv("~/R/Dataset/WorldHappiness Capstone.csv")
View(WorldHappiness)
attach(WorldHappiness)</pre>
```

#### **#INTRODUCTION**

This report is being submitted to satisfy the "Choose-your-own-project" Capstone Project requirements of the 'HarvardX: PH125.9x Data Science course. The World Happiness 2017 dataset available on Kaggle (https://www.kaggle.com/unsdsn/world-happiness) was used for this project. The goal was to use R and RStudio and employ skills learned during the course to create a machine learning algorithm that could help solve a problem.

#### **#OVERVIEW**

The World Happiness Report is generated by the United Nations Sustainable Development Solution Network. There are a total of six factors the study uses to calculate happiness in 2017. The six factors are economy, family, health, freedom, trust, and generosity. The six factors were added together to generate the happiness score. The total happiness score is used to determine a countries happiness rank. The highest World Happiness score receives a ranking of one (1). The happiness scores are ranked in descending order from largest to smallest. The World Happiness report suggests that happiness in the United States is falling as a result of social issues. Therefore, the goal for this study is to determine the correlation between happiness. Score, freedom and family.

The freedom and family variables were chosen because these two variables are aligned with, or affected by social issues. A multiple linear regression model is used to predict the likelihood of a countries ranking for overall happiness improving when freedom and family receive high scores. The data is also assessed against the Pearson correlation coefficient.

This report has five parts: (1) Dataset Description, (2) Data Exploration, (3) Methods & Analysis, (4) Results, and (5) Conclusion. The data's dimensions and attributes are assessed in the dataset exploration section to ensure it is suitable for the intended purpose. In the data exploration section, data attributes, such as the country, happiness. Score, and freedom are explored. The methods employed to predict the ranking and the corresponding analysis are presented in the methods and analysis section. The final sections of the report present the results and conclusion.

#### **#DATASET DESCRIPTION**

A Worldhappiness 2017 dataset was used for this project. The excel file was converted into cvs format and set as the working directory. Then the file was imported as a text file so it

could be attached to the file making it available for others to view the data and run the script in R. The following libraries were also loaded:

#load library(glm2) library(caret) library(rpart) library(caret) library(dplyr) library(MASS) library(ggplot2) library(reshape2)

#### **#DATA EXPLORATION**

Exploring the data involved looking at variables and examining them for accuracy, completeness, emerging patters and to ensure the data can support the statistical analysis. Results of the examination appear below.

**#View the headers** 

```
head(WorldHappiness)
##
      i...Country Happiness.Rank Happiness.Score Whisker.high Whisker.low
## 1
          Norway
                               1
                                           7.537
                                                     7.594445
                                                                  7.479556
## 2
         Denmark
                               2
                                           7.522
                                                     7.581728
                                                                  7.462272
                                           7.504
## 3
         Iceland
                               3
                                                     7.622030
                                                                  7,385970
## 4 Switzerland
                               4
                                           7.494
                                                     7.561772
                                                                  7.426227
                               5
## 5
         Finland
                                           7.469
                                                     7.527542
                                                                  7.410458
## 6 Netherlands
                               6
                                                                  7.326574
                                           7.377
                                                     7.427426
##
     Economy..GDP.per.Capita.
                                 Family Health..Life.Expectancy.
                                                                    Freedom
## 1
                     1.616463 1.533524
                                                       0.7966665 0.6354226
## 2
                     1.482383 1.551122
                                                       0.7925655 0.6260067
## 3
                                                       0.8335521 0.6271626
                     1.480633 1.610574
## 4
                     1.564980 1.516912
                                                       0.8581313 0.6200706
## 5
                     1.443572 1.540247
                                                       0.8091577 0.6179509
## 6
                     1.503945 1.428939
                                                       0.8106961 0.5853845
##
     Generosity Trust..Government.Corruption. Dystopia.Residual
      0.3620122
## 1
                                     0.3159638
                                                        2.277027
      0.3552805
                                     0.4007701
## 2
                                                        2.313707
## 3 0.4755402
                                     0.1535266
                                                        2.322715
## 4 0.2905493
                                     0.3670073
                                                        2.276716
## 5
      0.2454828
                                     0.3826115
                                                        2.430182
## 6 0.4704898
                                     0.2826618
                                                        2,294804
```

#View the dimension of the dataset

```
dim(WorldHappiness)
## [1] 155 12
```

#View the dataset attributes - class

```
##
                      Whisker.low
                                         Economy...GDP.per.Capita.
##
                         "numeric"
                                                         "numeric"
##
                            Family
                                         Health..Life.Expectancy.
##
                         "numeric"
                                                         "numeric"
##
                           Freedom
                                                        Generosity
##
                         "numeric"
                                                         "numeric"
## Trust..Government.Corruption.
                                                Dystopia.Residual
                         "numeric"
                                                         "numeric"
##
```

#Summary of WorldHappiness 2017 dataset

```
summary(WorldHappiness)
##
          i..Country
                      Happiness.Rank
                                      Happiness.Score Whisker.high
## Afghanistan: 1
                      Min.
                            : 1.0
                                      Min.
                                              :2.693
                                                       Min.
                                                              :2.865
## Albania
                      1st Qu.: 39.5
                                       1st Qu.:4.505
                                                       1st Qu.:4.608
                  1
## Algeria
                                      Median :5.279
                                                       Median :5.370
                  1
                      Median : 78.0
## Angola
                             : 78.0
                                              :5.354
                  1
                      Mean
                                      Mean
                                                       Mean
                                                              :5.452
## Argentina
                  1
                      3rd Qu.:116.5
                                       3rd Qu.:6.101
                                                       3rd Qu.:6.195
## Armenia
               : 1
                      Max.
                             :155.0
                                      Max.
                                              :7.537
                                                       Max.
                                                              :7.622
##
    (Other)
               :149
##
    Whisker.low
                    Economy..GDP.per.Capita.
                                                  Family
##
   Min.
           :2.521
                    Min.
                           :0.0000
                                              Min.
                                                     :0.000
    1st Qu.:4.375
                    1st Qu.:0.6634
                                              1st Qu.:1.043
   Median :5.193
                    Median :1.0646
                                              Median :1.254
##
##
   Mean
           :5.256
                    Mean
                           :0.9847
                                              Mean
                                                     :1.189
##
    3rd Qu.:6.007
                    3rd Qu.:1.3180
                                              3rd Qu.:1.414
##
   Max.
           :7.480
                    Max.
                           :1.8708
                                              Max.
                                                     :1.611
##
##
    Health..Life.Expectancy.
                                Freedom
                                                 Generosity
           :0.0000
                                     :0.0000
                                               Min.
                                                      :0.0000
    1st Ou.:0.3699
##
                             1st Ou.:0.3037
                                               1st Ou.:0.1541
   Median :0.6060
##
                                               Median :0.2315
                             Median :0.4375
##
   Mean
           :0.5513
                             Mean
                                     :0.4088
                                               Mean
                                                      :0.2469
##
    3rd Qu.:0.7230
                             3rd Qu.:0.5166
                                               3rd Qu.:0.3238
##
   Max.
           :0.9495
                             Max.
                                     :0.6582
                                               Max.
                                                      :0.8381
##
##
   Trust..Government.Corruption. Dystopia.Residual
##
   Min.
           :0.00000
                                  Min.
                                          :0.3779
##
    1st Qu.:0.05727
                                   1st Qu.:1.5913
##
   Median :0.08985
                                  Median :1.8329
##
   Mean
           :0.12312
                                  Mean
                                          :1.8502
##
    3rd Qu.:0.15330
                                   3rd Qu.:2.1447
##
   Max.
           :0.46431
                                  Max.
                                          :3.1175
##
```

#Review the structure of the WorldHappines 2017 dataset

```
str(WorldHappiness)
```

```
## 'data.frame':
                   155 obs. of 12 variables:
                                  : Factor w/ 155 levels "Afghanistan",..: 1
## $ i..Country
05 38 58 133 45 99 26 100 132 7 ...
## $ Happiness.Rank
                                         1 2 3 4 5 6 7 8 9 10 ...
                                  : int
## $ Happiness.Score
                                         7.54 7.52 7.5 7.49 7.47 ...
                                  : num
## $ Whisker.high
                                         7.59 7.58 7.62 7.56 7.53 ...
                                  : num
## $ Whisker.low
                                         7.48 7.46 7.39 7.43 7.41 ...
                                  : num
## $ Economy..GDP.per.Capita.
                                  : num
                                         1.62 1.48 1.48 1.56 1.44 ...
## $ Family
                                         1.53 1.55 1.61 1.52 1.54 ...
                                  : num
## $ Health..Life.Expectancy.
                                  : num
                                         0.797 0.793 0.834 0.858 0.809 ...
## $ Freedom
                                         0.635 0.626 0.627 0.62 0.618 ...
                                  : num
## $ Generosity
                                         0.362 0.355 0.476 0.291 0.245 ...
                                  : num
## $ Trust..Government.Corruption.: num
                                         0.316 0.401 0.154 0.367 0.383 ...
## $ Dystopia.Residual
                                  : num 2.28 2.31 2.32 2.28 2.43 ...
```

The data is deemded sufficient and ready for analysis after exploring the data, visually inspecting it, and verifying nothing is missing.

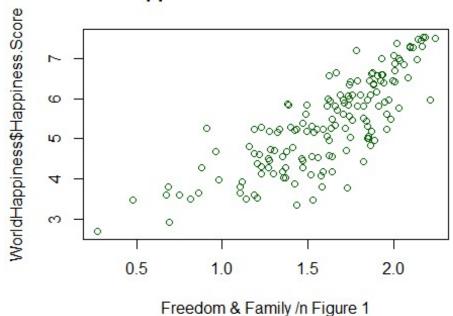
#### **#METHODS & ANALYSIS**

Multiple linear regression is appropriate to investigate more than one variable. Multiple linear regression goes beyond simple linear regression because it uses two or more variables and can be linear or nonlinear. For this project, the two independent variables are family and freedom. Freedom and family are the x variable and Happiness. Score is the y variable. The goal is to determine if increased levels of freedom and family result in an improved happiness score.

#Multiple Linear Regression #Create a scatterplot with freedom and family as the x value and happiness.score as the y value to visualize the data

```
plot(WorldHappiness$Freedom+WorldHappiness$Family,WorldHappiness$Happiness.Sc
ore,main="Happiness Score and Freedom",col="dark green", xlab="Freedom & Fami
ly /n Figure 1")
```

## **Happiness Score and Freedom**



#Correlation the relationsip between Freedom and Family and happiness.score

```
cor(WorldHappiness$Freedom+WorldHappiness$Family,WorldHappiness$Happiness.Sco
re)
## [1] 0.8017802
```

The correlation is .0817802, which indicates that there is variation around the line of best fit. When assessed together there appers to be a negative correlation between freedom, family and the happiness. Score. This suggests that as one one variable decreasess in value the other will increase. However, does not imply that there is a cause and effect relationship between these two specific variables. There are four other variables that contribute to the happiness score.

#Fit the linear regression model. Using this to scale the relationship between the freedom,family and generosity (x) and happiness. Score (y)

```
lr_model<-lm(WorldHappiness$Happiness.Score~WorldHappiness$Freedom+WorldHappi
ness$Family)
lr_model

##
## Call:
## lm(formula = WorldHappiness$Happiness.Score ~ WorldHappiness$Freedom +
## WorldHappiness$Family)
##
## Coefficients:</pre>
```

```
## (Intercept) WorldHappiness$Freedom WorldHappiness$Family
## 2.303 2.453
```

A correlation test was performed to assess the association between freedom and family. When using the cor.test function, the Pearson's Correlation is the default. Results appear below:

```
cor.test(WorldHappiness$Freedom,WorldHappiness$Family)

##
## Pearson's product-moment correlation
##
## data: WorldHappiness$Freedom and WorldHappiness$Family
## t = 5.807, df = 153, p-value = 3.558e-08
## alternative hypothesis: true correlation is not equal to 0
## 95 percent confidence interval:
## 0.2865125 0.5460325
## sample estimates:
## cor
## 0.4249658
```

#Plot Pearson's product-moment correlation

```
cor(WorldHappiness[,6:12])
##
                                  Economy...GDP.per.Capita.
                                                                Family
## Economy..GDP.per.Capita.
                                                1.00000000 0.68829631
## Family
                                                0.68829631 1.00000000
## Health..Life.Expectancy.
                                                0.84307664 0.61208006
## Freedom
                                                0.36987339 0.42496576
## Generosity
                                               -0.01901125 0.05169263
## Trust..Government.Corruption.
                                                0.35094410 0.23184139
## Dystopia.Residual
                                                0.02422642 0.07050576
##
                                  Health..Life.Expectancy.
                                                               Freedom
                                                0.84307664 0.36987339
## Economy..GDP.per.Capita.
## Family
                                                0.61208006 0.42496576
## Health..Life.Expectancy.
                                                1.00000000 0.34982679
## Freedom
                                                0.34982679 1.00000000
## Generosity
                                                0.06319149 0.31608271
## Trust..Government.Corruption.
                                                0.27975198 0.49918279
## Dystopia.Residual
                                                0.05496328 0.08192597
##
                                   Generosity Trust..Government.Corruption.
## Economy..GDP.per.Capita.
                                  -0.01901125
                                                                  0.35094410
## Family
                                   0.05169263
                                                                  0.23184139
## Health..Life.Expectancy.
                                   0.06319149
                                                                  0.27975198
## Freedom
                                   0.31608271
                                                                  0.49918279
## Generosity
                                   1.00000000
                                                                  0.29415945
## Trust..Government.Corruption.
                                   0.29415945
                                                                  1.00000000
## Dystopia.Residual
                                  -0.11662674
                                                                 -0.02275506
                                  Dystopia.Residual
## Economy..GDP.per.Capita.
                                         0.02422642
```

```
## Family 0.07050576

## Health..Life.Expectancy. 0.05496328

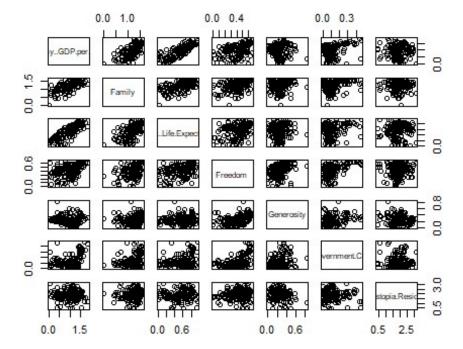
## Freedom 0.08192597

## Generosity -0.11662674

## Trust..Government.Corruption. -0.02275506

## Dystopia.Residual 1.00000000

plot((WorldHappiness[,6:12]))
```



We assess the scatterplots to identify values of zero becuase this indicates the variables are not associated. Values above zero are indicative of positive associations between the variables while negative values are indicative of an inverse relationship between variables, which means as one increases the other decreases. Unlike multiple linear regression, the Pearson's Correlation does not distinguish between the dependent and independent variables. In this plot all six variables appear making it easier to visually inspect the data to determine which, if any, of the variables have a postivie correlation.

#### #summary of the model results

```
summary(lr_model)

##
## Call:
## lm(formula = WorldHappiness$Happiness.Score ~ WorldHappiness$Freedom +
## WorldHappiness$Family)
##
## Residuals:
```

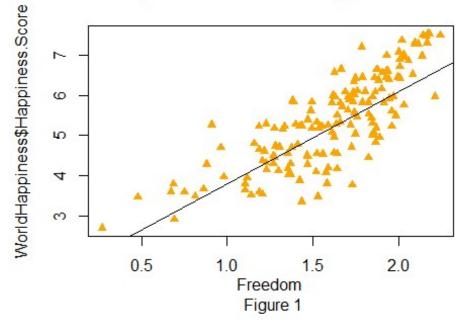
```
Min
                  10
                       Median
                                            Max
## -1.89019 -0.49980
                     0.09403 0.51089
                                        1.58109
##
## Coefficients:
                          Estimate Std. Error t value Pr(>|t|)
##
## (Intercept)
                            1.4959
                                       0.2406
                                                6.218 4.65e-09 ***
## WorldHappiness$Freedom
                                                5.705 5.91e-08 ***
                            2.3033
                                       0.4037
## WorldHappiness$Family
                                       0.2108 11.636 < 2e-16 ***
                            2.4532
## Signif. codes:
                   0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.6803 on 152 degrees of freedom
## Multiple R-squared: 0.643, Adjusted R-squared: 0.6383
## F-statistic: 136.9 on 2 and 152 DF, p-value: < 2.2e-16
```

The standard error in this model is .2522. The slope for freedom is 1.4532. The Root Means Squared Error or Residual standard error is 0.6818 on 151 degrees of freedom.

#### #Scatterplot with Freedom

```
plot(WorldHappiness$Freedom+WorldHappiness$Family,WorldHappiness$Happiness.Sc
ore,main="Scatterplot of Freedom & Happiness Score",pch=17, col="orange",xlab
="Freedom \n Figure 1")
abline(lr_model)
## Warning in abline(lr_model): only using the first two of 3 regression
## coefficients
```

# Scatterplot of Freedom & Happiness Score



There appears to be a linear relationship between freedom, family and the happiness score.

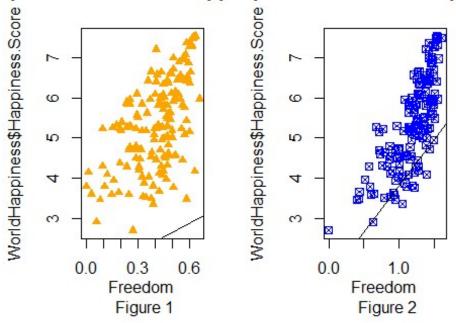
```
par(mfrow=c(1,2))
plot(WorldHappiness$Freedom,WorldHappiness$Happiness.Score,main="Scatterplot
    of Freedom & Happiness Score",pch=17, col="orange",xlab="Freedom \n Figure 1"
)
abline(lr_model)

## Warning in abline(lr_model): only using the first two of 3 regression
## coefficients

plot(WorldHappiness$Family,WorldHappiness$Happiness.Score,main="Scatterplot o
    f Freedom & Happiness Score",pch=7, col="blue",xlab="Freedom \n Figure 2")
abline(lr_model)

## Warning in abline(lr_model): only using the first two of 3 regression
## coefficients
```

## rplot of Freedom & Happinrplot of Freedom & Happin



#Identify the coefficient intercept

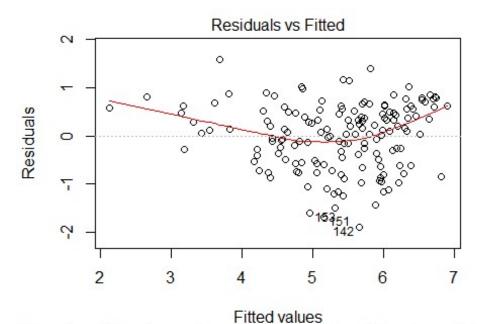
This value helps to determine or measure the usefulness of the regression prediction. Based on the results there is a 97.5% likelihood that freedom and family will be within the confidence interval of the regression line.

#Identify the model coefficient

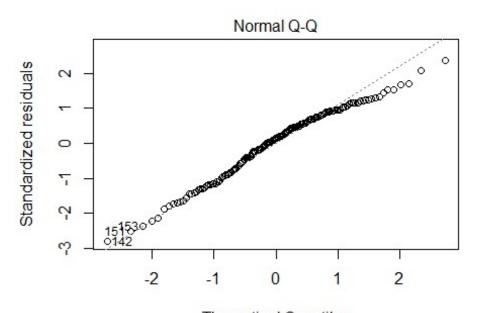
```
coef(lr_model)
## (Intercept) WorldHappiness$Freedom WorldHappiness$Family
## 1.495930 2.303262 2.453153
```

The coefficient value is used to measure the strength of the linear relationship between freedom, family, and the happiness score. Based on the results the intercept is 3.596327.

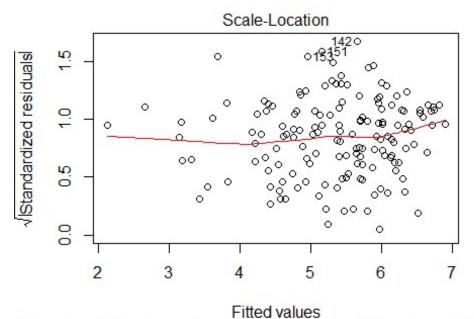
```
anova(lr model)
## Analysis of Variance Table
## Response: WorldHappiness$Happiness.Score
##
                          Df Sum Sq Mean Sq F value
                                                       Pr(>F)
## WorldHappiness$Freedom
                           1 64.059 64.059 138.41 < 2.2e-16 ***
## WorldHappiness$Family
                           1 62.665 62.665 135.40 < 2.2e-16 ***
## Residuals
                         152 70.346
                                      0.463
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
#Plot the lr_model
plot(lr_model)
```



dHappiness\$Happiness.Score ~ WorldHappiness\$Freedom + World



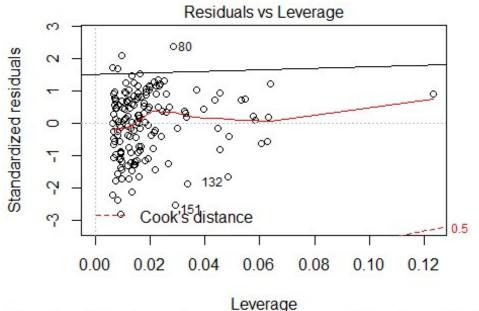
Theoretical Quantiles | dHappiness\$Happiness.Score ~ WorldHappiness\$Freedom + World



dHappiness\$Happiness.Score ~ WorldHappiness\$Freedom + World

```
abline(lr_model)
```

## Warning in abline(lr\_model): only using the first two of 3 regression
## coefficients



dHappiness\$Happiness.Score ~ WorldHappiness\$Freedom + World

#### par(mfrow=c(2,2))

The residual vs fitted graph shows that happiness scores between 3.5 and 5.0 are more linear than happiness scores between 5.0 and 6.5. By looking at the QQ plot, we see that the errors are normally distributed because most of the variables align with the regression line.

#### #Make a prediction

```
predict(lr_model)
##
          1
                    2
                              3
                                        4
                                                 5
                                                           6
                                                                     7
                                                                              8
## 6.721443 6.742926 6.891434 6.645332 6.697694 6.349630 6.537431 6.708236
##
                   10
                             11
                                      12
                                                13
                                                          14
                                                                    15
   6.533813 6.585953 5.807278 6.306780 6.385113 6.144065 6.638533 6.403859
##
                   18
##
         17
                             19
                                      20
                                                21
                                                          22
                                                                    23
  6.326440 6.445796 6.337470 5.513928 6.003807 6.014713 6.144248 6.168584
##
##
                   26
                             27
                                      28
                                                29
                                                          30
   5.416986 6.083471 6.503316 6.294833 5.799820 6.131437 5.983404 6.329971
##
         33
                   34
                             35
                                      36
                                                37
                                                          38
                                                                    39
##
   5.725033 6.195914 6.013447 6.035478 5.688240 6.076384 5.729359 5.869416
                   42
                             43
                                                45
##
                                      44
                                                          46
                                                                    47
   5.977991 5.573885 5.684496 5.699540 5.391915 6.240967 6.811907 5.631221
##
         49
                   50
                             51
                                      52
                                                53
                                                          54
                                                                    55
                                                                             56
   5.961225 5.409871 6.184075 5.650188 4.845210 5.692101 4.857821 5.121312
##
##
         57
                   58
                             59
                                                61
                                      60
                                                          62
                                                                    63
                                                                             64
## 5.369879 5.794376 6.122243 5.899571 5.491419 6.377973 5.522235 5.594640
                             67
                                      68
```

```
## 5.089252 6.221995 5.720986 5.898949 5.470328 6.284143 5.724579 5.919884
##
                   74
                            75
                                      76
                                                         78
                                                                   79
                                                                            80
         73
                                               77
## 5.063189 5.499338 5.195901 5.944832 4.459651 4.886770 5.432596 3.687906
         81
                   82
                            83
                                      84
                                               85
                                                         86
                                                                   87
                                                                            88
## 5.643428 5.361916 4.982968 4.336887 5.240001 6.209032 4.756898 4.931599
                            91
                                      92
                                               93
                                                         94
##
         89
                   90
                                                                   95
  5.997592 4.589969 5.103921 5.209723 4.651881 5.945102 5.388080 5.701166
         97
                            99
                                     100
                   98
                                              101
                                                        102
                                                                  103
                                                                           104
## 5.938638 5.964064 5.403032 6.066332 5.996859 4.293340 4.917576 4.592654
##
        105
                  106
                           107
                                     108
                                              109
                                                        110
                                                                  111
                                                                           112
## 5.680859 4.644211 4.807956 3.815729 4.346184 4.401101 5.389042 5.158610
        113
                  114
                           115
                                     116
                                              117
                                                        118
                                                                  119
                                                                           120
##
## 4.739281 5.436410 5.260349 5.020096 4.561237 5.050218 4.558768 5.879466
##
        121
                  122
                           123
                                     124
                                              125
                                                        126
                                                                  127
                                                                           128
## 4.424186 4.429025 4.837755 4.539041 3.608388 5.054394 5.345792 4.746679
                                     132
        129
                  130
                           131
                                              133
                                                        134
                                                                  135
## 5.423217 4.508618 4.613504 5.200187 5.288344 4.802360 4.769574 3.828766
##
        137
                  138
                           139
                                     140
                                              141
                                                        142
                                                                  143
                                                                           144
## 4.209801 4.927711 5.315211 4.205222 3.167104 5.656191 3.544891 4.171479
##
        145
                  146
                           147
                                     148
                                              149
                                                        150
                                                                  151
                                                                           152
## 3.137001 4.365146 3.309791 4.402081 4.239863 3.431625 5.156033 2.655437
        153
                  154
                           155
## 4.950404 3.178877 2.119750
```

#### **#RESULTS**

Based on the results, this model has a good confidence level and can be used to make predictions.

#### #CONCLUSION

The algorithm can to predict happiness based on the level of freedom and family with a confidence level of 97.5%, making this a good model. There are six factors that contribute to the happiness score. Further analysis investigating the effects of multiple variables on the happiness score may prove to provide useful information for the researchers associated with the study. They may find that some variables influence happiness more than others.