

# THE PURSUIT

## PROTECTION WITHOUT CONTROL

Cyber-based stalking and abuse can affect anyone, and knowing how to spot warning signs on your devices helps protect your privacy and keep you in control.



## LOCATION SERVICES

WHO HAS ACCESS TO YOUR LOCATION?  
APPS LIKE RING AND FIND MY, YOUR  
LOCATION CAN BE TRACKED.  
CONTROL WHO CAN SEE YOUR LOCATION

## PASSWORDS

REVIEW YOUR PASSWORDS.  
THREE WORDS UNIQUE TO YOU CAN  
KEEP SOMEONE FROM GUESsing  
YOUR PASSWORD.



Office 365



Google / Email  
iCloud / Banking



Shopping, parking  
apps, tv streaming

# THE PURSUIT

PROTECTION  
WITHOUT  
CONTROL

## BATTERY USAGE

CHECK WHICH APPS USE THE MOST  
BATTERY ON YOUR PHONE.

DO YOU USE THE APP OFTEN? IF YOU  
DON'T KNOW WHAT IT DOES, THEN ITS  
BEST TO REVIEW AND DELETE IT.



## FINANCE

BEFORE MANAGING FINANCES,  
UPDATE YOUR PASSWORDS AND  
SECURE YOUR DEVICE.

CHECK WHO HAS ACCESS TO YOUR  
ACCOUNTS AND MONITOR WHERE  
YOUR MONEY IS BEING SPENT.

Keep control of your digital life:

- Secure accounts
- Update passwords
- Review apps & check activity to protect your finances and data

