



# WILLIAM JOHN MITCHELL

PhD Researcher in Social Affective Neuroscience

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## ABOUT ME

I'm a PhD Candidate who uses dynamic, feature-rich stimuli and study designs to study neural representations of emotion and how people behaviorally respond to or regulate those emotions.

## EXPERTISE

### Programming Languages

R Bash Python CSS Git

Markdown LaTeX SQL HTML

### Neuroimaging Tools

Lvl 3 Siemens 3T Prisma FSL

fMRIPrep NITools

### Experiment Design & Analysis

Adobe Creative Suite Rayyan.AI

Hume.AI EmoNet PsychoPy

Reaper LIWC jsPsych

### Electronic Data Capture

Qualtrics REDCap EPIC

OnCore Prolific MTurk

## AWARDS & HONORS

2023 | Fellowship:  
MIND Summer Program

2023 | Fellowship:  
SISPP Summer Program

2022 | Fellowship:  
Neurohackademy Summer Program

2022 | Honors Mentor of the Year:  
Temple Psychology

2022 | Graduate Travel Award:  
Society for Personality & Social Psych.

2021 | Best Poster Award:  
Social Affective Neuroscience Society

2021 | Best Poster Award:  
SPSP Emotion Pre-conference

2011 - 2014 | Presidential Scholarship:  
Loyola University Maryland

2010 - 2014 | University Scholarship:  
Loyola University Maryland

## EDUCATION

### Ph.D. | Cognition & Neuroscience

Mentor: Chelsea Helion

Sept 2019 – Dec 2025

Temple University

GPA: 3.97

Concentration in Quantitative Methods

### B.A. | Psychology

Graduated Magna Cum Laude

Sept 2010 – May 2014

Loyola University Maryland

## RESEARCH EXPERIENCE

### Graduate Research Assistant | Social & Affective Neuroscience Lab

PI: Chelsea Helion

Sept 2019 – Ongoing

Temple University

### Clinical Research Coordinator | Gastroenterol., Hepatol., & Nutrit.

PIs: Natalie Terry, Louis Ghanem

Oct 2017 – Aug 2019

Children's Hospital of Phila.

### Editorial Office Manager | Drug & Alcohol Dependence

Editor in Chief: Eric Strain

Nov 2016 – May 2018

Elsevier

### Research Coordinator | Behavioral Pharmacology Research Unit

PIs: Ryan Vandrey, Maxine Stitzer

April 2016 – Oct 2017

Johns Hopkins University

### Research Assistant

Sept 2013 – April 2016

## PUBLICATIONS

Cliver, K., Gregory, D., Martinez, S. A., **Mitchell, W. J.**, Stasiak, J., Reisman, S., Helion, C., & Murty, V. (Under Review). Temporal memory for emotionally arousing events encoded in a haunted house.

**Mitchell, W. J.**, Stasiak, J., Martinez, S. A., Cliver, K., Gregory, D., Reisman, S., Murty, V., & Helion, C. (In Revision). Emotion regulation strategy usage in a dynamic, high-intensity context. *PsyArxiv*. <https://doi.org/10.31234/osf.io/23wtz>

**Mitchell, W. J.**, Stasiak, T., Joanne Bounyarith, O'Shea, I., Kunkel, B., & Helion, C. (In Preparation). Perspective moderates the resolution of social uncertainty using naturalistic behavioral paradigm.

Stasiak, J. E., **Mitchell, W. J.**, Reisman, S. S., Gregory, D. F., Murty, V. P., & Helion, C. (2023). Physiological arousal guides situational appraisals and metacognitive recall for naturalistic experiences. *Neuropsychologia*, 180, 108467. <https://doi.org/10.1016/j.neuropsychologia.2023.108467>

Kastl, A., Zong, W., Gershuni, V. M., Friedman, E. S., Tanes, C., **Mitchell, W. J.**, Boateng, A., O'Connor, K., Bittinger, K., Terry, N. A., Bales, C., Albenberg, L., & Wu, G. D. (2022). Dietary fiber-based regulation of bile salt hydrolase activity in the gut microbiota and its relevance to human disease. *Gut Microbes*, 14(1), 2083417. <https://doi.org/10.1080/19490976.2022.2083417>

Reisman, S., Gregory, D., Stasiak, J., **Mitchell, W. J.**, Helion, C., & Murty, V. (2022). Influence of Naturalistic, Emotional Context and Intolerance of Uncertainty on Arousal-Mediated Biases in Episodic Memory. *PsyArxiv*. <https://doi.org/10.31234/osf.io/fy2tm>

**Mitchell, W. J.**, Tepfer, L. J., Henninger, N. M., Perlman, S. B., Murty, V. P., & Helion, C. (2021). Developmental Differences in Affective Representation Between Prefrontal and Subcortical Structures. *Social Cognitive and Affective Neuroscience*, 17(3), 311–322. <https://doi.org/10.1093/scan/nsab093>

# TEACHING & MENTORSHIP

## Workshop Designer/Leader

2023 | Analyzing Data in R:  
The Coding Outreach Group

2023 | Introduction to SQL:  
The Coding Outreach Group

2022 | Analyzing Data in R:  
The Coding Outreach Group

2022 | Animating Data in R:  
The Coding Outreach Group

2021 | Analyzing Data in R:  
The Coding Outreach Group

2021 | Visualizing Data in R:  
The Coding Outreach Group

## Instructor of Record

2023, Summer | Temple University:  
Developmental Psychology

2022, Summer | Temple University:  
Developmental Psychology

2021, Summer | Temple University:  
Statistics for Psychology

## Teaching Assistant

2023, Fall | Temple University:  
Workings of the Mind

2023, Spring | Temple University:  
Behavioral Neuroscience

2022, Fall | Temple University:  
Statistics for Psychology

2021, Spring | Temple University:  
Fundamentals of Neuroscience

2020, Fall | Temple University:  
Fundamentals of Neuroscience

## Miscellaneous

2015 - 2017 | Johns Hopkins Univers.:  
BPRU Internship Program Manager

2012 - 2014 | Loyola Univers. Maryland:  
Psychology Department Mentor

## Undergrad Mentees

Caroline George: Temple University  
Aaliyah Johnson: Temple University  
Tiara Bounyarith: Temple University  
Modupe Osuntokun: Temple University  
Brett Kunkel: West Chester University  
Angelique Vittone: Temple University  
Sophia Tran: Temple University  
Niambe Bacon: Lincoln University

# EXTERNAL FUNDING

2024 - 2026	NIH D-SPAN F99 Pre-Doctoral Scholar	NINDS
2026 - 2030	NIH D-SPAN K00 Post-Doctoral Scholar	NINDS

# POSTERS & PRESENTATIONS

## Invited Presentations

2023 - *Affective & Brain Sciences Lab, Northeastern University*. Emotions, Self-Regulation Use, and Forecasting Using Dynamic, Feature-Rich Stimuli. **Presenter**

2023 - *March Lab, Florida State University*. Fear Factor: Emotions and Self-Regulation in a Threatening, Quasi-Naturalistic Setting. **Presenter**

2021 - *Fundamentals of the Adolescent Brain Lab, Yale University*. Neural representations of affective information across developmental contexts. **Presenter**

## Symposia & Seminars

Mitchell, W.J., Helion, C., Satpute, A.B., Nook, E.C., & Cosme, D.J., (2022). Contextualizing Emotion – Influences of Context on Affective Representation, Experience and Regulation. *Annual Conference of the American Psychological Association in Minneapolis, MN.* **Organizer** **Presenter**

Mitchell, W.J., Tepfer, L. J., Henninger, N. M., Perlman, S. B., Murty, V. P., & Helion, C. (2022). Neurodevelopmental differences in affective representations between adults and children. *Annual Decision Neuroscience Symposium in Philadelphia, PA.* **Presenter**

Mitchell, W.J., Stasiak, J., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2020). When We Regulate At Eastern State: Regulation Beyond the Lab. *Maladaptive Motivational Behavior Seminar Series in Philadelphia, PA.* **Presenter**

## Selected Poster Presentations

Mitchell, W.J., Stasiak, J., Cliver, K., Martinez, S., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2024). High-Intensity, Dynamic Stimuli Complicate Emotion Regulation Strategy Usage. *Annual Convention of the Society for Personality and Social Psychology in San Diego, CA.* **Presenter**

Mitchell, W.J., Stasiak, J., Cliver, K., Martinez, S., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2023). Emotion Regulation Strategy Usage in a Quasi-Naturalistic Context. *Annual Convention of the Society for Affective Science in Long Beach, CA.* **Presenter**

Mitchell, W.J., Tepfer, L.J., Henninger, N., Perlman, S.B., Murty, V., & Helion, C. (2022). Do You Feel How I Feel?: Developmental Differences in Affective Neural Representations. *Annual Flux convention in Paris, FR.* **Presenter** **Video**

Mitchell, W.J., Stasiak, J., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2022). Emotional Intensity Influences Prediction but Not Action in Emotion Regulation. *Annual Convention of the Society for Affective Science.* **Presenter** **Video**

Mitchell, W.J., Stasiak, J., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2022). Emotional Intensity Influences Prediction but Not Action in Emotion Regulation. *Annual Convention of the Society for Personality and Social Psychology.* **Presenter** **Video**

Mitchell, W.J., Tepfer, L.J., Henninger, N., Murty, V., Helion, C., & Perlman, S.B. (2021). Do You Feel How I Feel?: Developmental Differences in Affective Neural Representations. *Annual Meeting of the Social Affective Neuroscience Conference.* **Presenter** **Video**

Mitchell, W.J., Tepfer, L.J., Henninger, N., Murty, V., Helion, C., & Perlman, S.B. (2021). Do You Feel What I Feel?: Developmental Differences in Emotion Representation. *Annual Meeting of the Society for Personality and Social Psychology Emotion Pre-Conference.* **Presenter** **Video**

Mitchell, W.J., Stasiak, J., Gregory, D., Reisman, S., Murty, V., & Helion, C. (2021). Fear and Loathing in Eastern State Penitentiary: Emotion Regulation in a Quasi-Naturalistic Setting. *Annual Meeting of the Society for Personality and Social Psychology.* **Presenter**

# RELEVANT SERVICE & LEADERSHIP

2023	Ad Hoc Reviewer	Journal of Neuroscience
2023	Coordinator	Temple Univrs. Neurosci. Colloquium Series
2022 -	Co-Director	Temple Univrs. Coding Outreach Group

# PROFESSIONAL MEMBERSHIP

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Since 2021: Flux  
Since 2021: SAS  
Since 2020: SANS  
Since 2020: APS  
Since 2020: SPSP

📅	2021 - 2022	Program Assistant	Temple Univers. Coding Outreach Group
📅	2023 -	Steward	Temple Univers. Grad. Student Association
📅	2023	Labor Action Coordinator	Temple Univers. Grad. Student Association
📅	2020 - 2023	Core Coordination Team	Temple Univers. Grad. Student Association
📅	2020 - 2021	Racial Justice Committee	Temple Univers. Grad. Student Association
📅	2021	Research Awards Reviewer	SPSP Student Committee
📅	2016 - 2017	Coordinator	Johns Hopkins BPRU Remodeling Committee
📅	2013 - 2014	Chapter Co-President	Loyola Univers. Psi Chi Honors Society
📅	2013 - 2014	Co-Founder, Co-President	Loyola Univers. PURSUE Psych. Research Society