

women 10 mile time

160
140
120
100
80
60

washington dc

arlington va
silver spring md
alexandria va
bellefonte md
cherry chase md

falls church va
mclean va

springfield va

rockville md
vienna va

fairfax va

gaithersburg md
reston va

woodbridge va
herndon va

columbia md
centreville va

ashburn va

annapolis md

baltimore md
leesburg va

philadelphia pa
brooklyn ny
new york ny

0

10

20

30

40

50

60

distance from DC (km)

