

## Meguro City

FY2025 Edition

# How to Separate and Dispose of Waste Items and Recyclables



Waste reduction character  
Comiras

Please take all waste items and recyclables out to the designated collection site.

Check your collection day with the collection day schedule list on page 4 and put it in the blank ○.

### Recyclables

Once a week

Day of the week

Separate garbage into the four categories and put out by 8:00 a.m.

#### ① Plastic

Plastic containers and packages

- Plastic products  
(Made completely out of plastic, approximately less than 30cm on all sides)



Place items in a transparent bag for visibility.  
※Do not double or triple layer the bags.



Items with unremovable stains ⇒ Dispose as combustible wastes

#### ② PET bottles

PET bottles



Dispose caps and labels as ① Plastic

Rinse and drain off the water.  
Crush lengthwise.

Put them into a designated net or a transparent bag.



#### ③ Bottles

※for beverage and food



Remove metal caps and dispose of them as non-combustible wastes.

Rinse bottles.  
Place items in a transparent bag or a designated bin.



#### ④ Cans

※for beverage and food



Rinse bottles.  
Place items in a transparent bag or a designated bin.



### Combustible

Twice a week

Day of the week Day of the week

#### Kitchen garbage

Drain the water completely.



#### Plastic that cannot be recycled

Items that cannot be cleaned, or that are mixed with metal or other non-plastic materials.



#### Cooking oil



Leather products and rubber products



#### Clothes and fabric



Paper unable to be collected as used paper



#### Twigs and dead leaves



Cut twigs into 50cm long or less and bundle them in 30cm in diameter or less.

### Non-combustible

Twice a month

Week of the month



#### Products containing mercury

Once a month

Week of the month

Dispose of items no later than 8:00 a.m.

Glass, broken bottles, ceramics, etc.



#### Metal



#### Spray cans, lighters, gas cartridge bottles



Use a garbage bag separate from other non-combustible wastes.



Mark "キケン" (dangerous) on the garbage bag.

#### Used paper

Group Collection

Once a week



Dispose of items no later than 8:00 a.m.

Separate into the three categories and tie with rope in bundles



※Remove parts other than paper (tape, film, metal, etc.).



Used paper from households are collected by your town council or residents' association. Check your collection day on the signboard at your waste collection site.

\* Wastepaper generated by business is not collected as group collection. See P3 for details.

### Large-sized waste

Paid service,  
application required

Dispose of items no later than 8:00 a.m.

Please take out your large-sized waste to the location instructed at the time of application.

In general, any item measuring at least 30 cm on any side

Meguro City Large-Sized Waste Acceptance Center

**03-5715-0053**

Internet application: available 24/7 Please use multilingual translation function.

Meguro City Website:

"粗大ごみ処理の手続き" (Procedures of oversized garbage processing)

Batteries • Collection of used small home appliances (mobile phones, etc.) ⇒ P5

Collection of four item types of home appliances, computers, etc. ⇒ P6

Inquiries: ●Meguro Waste Collection Office (Collection and Transportation, and Others) ☎ 03-3719-5345

●Waste Management & Recycling Section (Planning and Promotion, and Others) ☎ 03-5722-9572

# Recyclables

Once a week

- Clean off recyclables and separate into the four categories before putting it out.
- Be sure to place recyclables at the collection site before 8:00 am on the designated collection day.
- Collection time and collection vehicles differ depending on types of items.

## ① Plastic

### Plastic containers and packages

Packages, Cups, Trays, Bottles, Bags, Packing materials and Styrofoam, containers and packages, Other



#### How to dispose



- ① No contents left inside
- ② Rinse to remove stains and drain the water
- ③ Place plastic containers, packaging, and plastic products together in a transparent bag

※ If paper price tags or paper labels cannot be removed, dispose of them as is.  
※ Do not double or triple-layer the bags.

### Plastic products

(Made completely out of plastic, approximately less than 30cm on all sides)



#### Items not acceptable

- |  |   |   |   |  |
|--|---|---|---|--|
| • Items with unremovable stains<br>⇒ Dispose as combustible wastes | • Items that contain materials other than plastic, such as metal<br>⇒ Dispose as combustible wastes | • Items approximately larger than 30cm on either sides<br>⇒ Dispose as Large-sized waste  | • PET bottles<br>⇒ Dispose as combustible wastes  | • Items that would interfere with recycling<br>⇒ Dispose as combustible wastes |
| • Knives, lighters ⇒ Dispose as non-combustible waste              | • Home medical appliances ⇒ Take to the pharmacy or medical institution                             | • Mobile batteries, electronic/heated cigarettes, etc. (items with built-in small rechargeable batteries)<br>⇒ Contact the manufacturer, distributor or collection agencies | • Videotapes and the like, items with a thickness of 5mm or more, and others<br>⇒ as recyclables<br>• Rubber and silicone products<br>⇒ Dispose as combustible wastes | • Take special caution!  |

## ② PET bottles

### for softdrinks, alcoholic beverages, soy sauce, etc.



As indicated by this sign.

#### How to dispose

- ① Remove and dispose of caps and labels  
⇒ as recyclables ① plastic
- ② Rinse and drain off the water. Crush lengthwise  
※ Do not crush vertically or twist.
- ③ Put them into a designated net or a transparent bag.

※ The cap ring that remains on the spout of the plastic bottle should be removed, but if it is not possible, please leave it as is.

#### Items not acceptable

- Contents were oil products.
- Items had any un-removable stains  
⇒ Dispose as combustible
- Colored bottles (imported items, etc.)  
⇒ as recyclables ① plastic

## ③ Bottles

### for beverage and food



#### How to dispose

- ① Remove caps
- ② Rinse and drain off the water.
- ③ Put them into the designated bin (yellow) or a transparent bag.

⇒ Dispose metal caps as non-combustible wastes  
※ Colored bottles are also collected.

#### Items not acceptable

- Stains or oil are unremovable.
  - Broken bottles, glass sheets or glass cups
  - Bottles for cosmetics and chemicals
- ※ Medicine bottles are collected.

- Product bottles
- Spray cans

## ④ Cans (aluminum cans and steel cans)

### for beverages and foods



#### How to dispose

- ① Rinse and drain off the water.
- ② Put them into the designated bin (blue) or a transparent bag.

※ Close the lid lightly and dispose together.  
※ For pull-tops, dispose as is.



⇒ Dispose as non-combustible wastes

Set PET bottles, glass bottles and cans outside of the garbage container instead of placing them inside.



# Combustible waste

## Twice a week

### Kitchen garbage



Squeeze out water from kitchen garbage.

### Cooking oil



Soak cooking oil in used paper or old fabric, or solidify it with a coagulator.

### Clothes and fabric



### Twigs and dead leaves



Cut twigs into 50cm long or less and bundle them in 30cm in diameter or less. Up to four bundles are collectable at one time.

### Leather products and rubber products



If small metal parts such as clasps cannot be removed, dispose of them as is.

### Paper unable to be collected as used paper

Paper cups, receipts, photos, crimped postcards, paper scraps, tissue paper, detergent boxes, courier service labels, and paper lined with aluminum (sake cartons, etc.)

Paper egg cartons, paper packaging for fruits, etc.



### Others

Cooling packs, health products, etc.



\* Flush excrements from diapers into a toilet bowl.

### Plastics and other materials that cannot be disposed of as recyclables

#### Items with unremovable stains



#### Plastic bottles with unremovable stains



#### Items that contain materials other than plastic, such as metal



If there are excessive amounts of metal parts, please dispose of them in the "non-combustible waste."

### How to dispose

Place combustible wastes into either a garbage can with a lid or a transparent bag.



\*Generally, dispose of any waste product 30cm wide or larger as large-sized waste.

Please take out waste items before the time designated on the signboard at the collection site.

## Used paper (newspapers, cardboard boxes, magazines)

### Group Collection

Used paper products from around the household are collected by your town council or residents' association (group collection).

Place items outside of the garbage container instead of placing them inside.

- Please place used papers at the collection site before 8:00am.  
(Check your collection day on the signboard at your waste collection site.)
- Used paper is collected even on rainy days.

### How to dispose Separate into the three categories and tie with rope in bundles.

#### ① News papers



\*Bundle flyers together with newspapers.

#### ③ Cardboard boxes



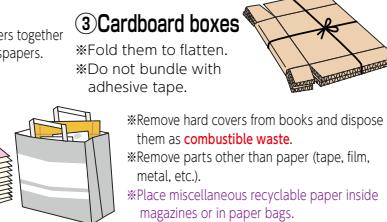
\*Fold them to flatten.

\*Do not bundle with adhesive tape.

#### ② Miscellaneous



\*Magazines, books, waste paper, etc.



\*Remove hard covers from books and dispose of them as combustible waste.  
\*Remove parts other than paper (tape, film, metal, etc.).  
\*Place miscellaneous recyclable paper inside magazines or in paper bags.

# Non-combustible waste

## Twice a month

### Ceramics, glass



Wrap sharp or broken objects such as blades or metal sticks with paper and mark "キケン" (dangerous) on it before disposing.

### Metal



### Spray cans, lighters, gas cartridge bottles (use up contents)



#### Caution !!

If spray cans, lighters and gas cartridge bottles have remaining contents inside, it may create a fire hazard for waste collection vehicles. Follow the instructions below for disposal:

- Be sure to use up contents inside.
- Use a garbage bag separate from other non-combustible wastes.
- Mark "キケン" (dangerous) on the garbage bag.

\*You do not need to puncture cans.

\*If you need to dispose spray cans with contents inside, be sure to consult with Meguro Waste Collection Office.

### Small home appliances

(A longest side is smaller than 30cm)



\*Nine item types, such as mobile phones, are collected at 10 item collection points in the City. See page 5 for details.

### How to dispose

Place non-combustible wastes into either a garbage can with a lid or a transparent bag.



\*Generally, dispose of any waste product 30cm wide or larger as large-sized waste.

Please take out waste items before the time designated on the signboard at the collection site.

## Products containing mercury

Place items outside of the garbage container instead of placing them inside.

### Tube-shaped and bulb-shaped fluorescent lights

Place it in replacement packaging or write "Keikoukan" (fluorescent tube) on the garbage bag.



#### How to dispose

### Other items containing mercury Mercury thermometers, mercury blood pressure manometer, etc.

Write "Suigin" on the transparent bag before disposal.



#### How to dispose

### Incandescent bulbs, LED bulbs, miniature bulbs and neon glow lamps are Non-Combustible waste.

Place them in replacement packaging or wrap in paper and dispose them.



# Recyclables and Waste Items Collection Days of the Week



Non-combustibles and products containing mercury are collected on the days marked in yellow .

Area	Recyclables	Combustibles	Non-combustibles Products containing mercury
1 to 3 Aobadai	Thu.	Tue. & Fri.	1st & 3rd Sat.
4 Aobadai	Thu.	Tue. & Fri.	1st & 3rd Sat.
1 & 2 Chucho	Sat.	Mon. & Thu.	2nd & 4th Fri.
1 & 2 Gohongi	Mon.	Tue. & Fri.	2nd & 4th Wed.
3 Gohongi	Wed.	Mon. & Thu.	2nd & 4th Fri.
1 & 2 Haramachi	Tue.	Wed. & Sat.	2nd & 4th Thu.
1 & 2 Higashigaoka	Wed.	Mon. & Thu.	1st & 3rd Fri.
1 to 3 Higashiyama	Mon.	Tue. & Fri.	1st & 3rd Wed.
1 & 2 Himonya	Tue.	Wed. & Sat.	2nd & 4th Thu.
3 & 4 Himonya	Fri.	Wed. & Sat.	2nd & 4th Thu.
5 & 6 Himonya	Wed.	Mon. & Thu.	2nd & 4th Fri.
1 to 3 Jiyugaoka	Fri.	Wed. & Sat.	1st & 3rd Mon.
1 Kakinokizaka	Wed.	Mon. & Thu.	2nd & 4th Fri.
2 & 3 Kakinokizaka	Wed.	Mon. & Thu.	1st & 3rd Fri.
1 Kamimeguro	Thu.	Tue. & Fri.	1st & 3rd Sat.
2 Kamimeguro	Sat.	Mon. & Thu.	2nd & 4th Tue.
3 Kamimeguro	Sat.	Tue. & Fri.	2nd & 4th Wed.
4 & 5 Kamimeguro	Mon.	Tue. & Fri.	2nd & 4th Wed.
1 to 4 Komaba	Mon.	Tue. & Fri.	1st & 3rd Sat.
1 Meguro	Thu.	Tue. & Fri.	2nd & 4th Sat.
2 Meguro	Thu.	Tue. & Fri.	1st & 3rd Sat.
3 & 4 Meguro	Sat.	Mon. & Thu.	1st & 3rd Tue.
1 to 3 Megurohoncho	Tue.	Wed. & Sat.	1st & 3rd Thu.
4 to 6 Megurohoncho	Tue.	Wed. & Sat.	1st & 3rd Thu.
1 to 3 Midorigaoka	Fri.	Wed. & Sat.	1st & 3rd Mon.
1 Minami	Tue.	Wed. & Sat.	2nd & 4th Thu.
2 Minami	Fri.	Wed. & Sat.	2nd & 4th Thu.

Area	Recyclables	Combustibles	Non-combustibles Products containing mercury
3 Minami	Fri.	Wed. & Sat.	2nd & 4th Mon.
1 & 2 Mita	Thu	Tue. & Fri.	2nd & 4th Sat.
1 & 2 Nakacho	Sat.	Mon. & Thu.	1st & 3rd Tue.
1 & 2 Nakameguro	Thu.	Tue. & Fri.	1st & 3rd Sat.
3 to 5 Nakameguro	Sat.	Mon. & Thu.	2nd & 4th Tue.
1 Nakane	Fri.	Wed. & Sat.	1st & 3rd Mon.
2 Nakane	Fri.	Wed. & Sat.	2nd & 4th Mon.
1 & 2 Ohashi	Mon.	Tue. & Fri.	1st & 3rd Wed.
1 & 2 Ookayama	Fri.	Wed. & Sat.	2nd & 4th Mon.
1 & 2 Senzoku	Tue.	Wed. & Sat.	2nd & 4th Thu.
1 & 2 Shimomeguro	Thu.	Tue. & Fri.	2nd & 4th Sat.
3 to 5 Shimomeguro	Thu.	Tue. & Fri.	2nd & 4th Sat.
6 Shimomeguro	Tue.	Wed. & Sat.	1st & 3rd Thu.
1 & 2 Tairamachi	Fri.	Wed. & Sat.	2nd & 4th Mon.
1 to 3 Takaban	Wed.	Mon. & Thu.	2nd & 4th Fri.
1 to 5 Yakumo	Wed.	Mon. & Thu.	1st & 3rd Fri.
1 & 2 Yutenji	Sat.	Mon. & Thu.	2nd & 4th Tue.

## Example of bimonthly collection days for non-combustible wastes

For example, "1st & 3rd Mon." represents the first and third Monday of the month.



Collection of used paper

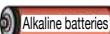
Check your collection days by the signboard at your waste collection site.

The City will notify residents the day before the collection day for recyclables and waste in that area, given they have "friend-added" the Meguro City official LINE account (@meguro\_city) via LINE and registered their area of residence.



# Collection of batteries (other than small rechargeable batteries, etc.)

## [Batteries subject to collection]

• Alkaline batteries ..... 

• Lithium primary batteries (cylindrical and coin-shaped) ..... 

• Manganese batteries ..... 

• Button batteries ..... 

Deposit in the collection boxes located at the following collection points

\*Please be sure to insulate both ends with adhesive tape or the like before disposal.

## Major locations of the recycling-collection box

- Meguro City Office Complex (West Entrance)
- Chiku Service Offices
- Juku Centers
- Dendo Fureai-kan
- Meguro Citizens Campus
- Meguro Citizens Center
- Midorigaoka Community Center , Others



## Collection of lithium-ion batteries,

When disposing of, choose from one of the following methods!

### ◆Lithium-ion batteries etc., with the Recycle Mark

Collected at recycling cooperative stores.

Visit the Website below to find out more.

JBRC General Incorporated Association



☎03-6403-5673 <https://www.jbrc.com/>  
(Information is available only in Japanese.)



(Recycle marks)

### ◆Collection of heated cigarettes by the Tobacco Institute of Japan

Selected heated cigarettes are collected and recycled free of charge at cigarette stores and other retailers.

Tobacco Institute of Japan

☎03-6746-4955

<https://www.tioj.or.jp/recycling/>

(Information is available only in Japanese.)



### ◆Also collected at collection boxes located at 10 locations in the City.

Please dispose of rechargeable batteries, etc., with a recycle mark to cooperative stores or retailers as much as possible.

(ex.)

- Lithium-ion batteries
- Mobile batteries
- E-cigarettes and heated cigarettes
- Electric shavers
- Electric toothbrushes (excl. toothbrush portion)
- Portable electric fans
- Other items containing small rechargeable batteries



\*Do not place items measuring more than 30 cm on one side in the trash.

\*Regarding broken or bulging items, contact the Meguro Waste Collection Office.

\*Collection boxes are not for business waste.

## Collection points for used small home appliances (nine item types) and small rechargeable batteries, etc. (10 locations in the City)

Komaba Juku Center (1-22-4 Komaba)

Meguro City Office Complex (West Entrance)(2-19-15 Kamimeguro)

Main Building, Midorigaoka Community Center (2-14-23 Midorigaoka)

Meguro Waste Collection Office (2-13-19 Meguro Honcho)

Meguro Waste Collection Operation Office (4-1-2 Nakameguro)

(Waste will be accepted at the office on the 2nd floor. Please notify when you arrive.)

Meguro Eco Plaza (Basement Floor, Dendo Fureai Kan (Dendo Juku Center) 1-25-26 Meguro

Hokubu-chiku Service Office (9F Cross Air Tower, 1-5-1 Ohashi)

Chuo-chiku Service Office (Inside Shokuhon Building, 2-9-13 Chuo-cho)

Nanbu-chiku Service Office (Southwest side of Ishibumi Elementary School, 1-18-14 Himonya)

Seibu-chiku Service Office (1-28-10 Kakinokizaka)

## Collection of used small home appliances

(Nine item types including mobile phones)

### Collecting subjects

- ①Mobile phones
- ②Handheld gaming devices
- ③Handheld music players
- ④Digital cameras
- ⑤Portable video cameras
- ⑥Electronic dictionaries
- ⑦Handheld calculators
- ⑧Portable car navigation devices
- ⑨Cables (include AC adapters)

\*Do not place the following items in the collection box:

- Other small home appliances not listed above
- Small home appliances from business entities
- Items which will not be able to pass through the collection box entrance



Small home appliance collection box

# Large-sized waste



Items approximately larger than 30cm on either sides are considered large-sized waste and requires prior application via phone or online.

Application to:

Meguro City Large-sized Waste Acceptance Center

☎ 03-5715-0053

Hours of operation: Monday through Saturday, 8:00am to 7:00pm

Phone calls can be made on national holidays except for during the year-end/New Year's holiday

Online application (available 24/7) Please use multilingual translation function.

※Meguro City Website : “粗大ごみ処理の手続き” (Procedures of oversized garbage processing)

※There are restrictions on items that can be applied for collection online.



## Collection of four item types of home appliances, computers, etc.

Air conditioners, Televisions, Refrigerators and freezers, Washing machines and dryers (for clothes)

Recycling is required by the Home Appliance Recycling Law.

**How to dispose** Please choose a method from the followings:

1. Request for disposal at the store where you purchased the item or at the store where you will purchase a replacement.
2. Request for disposal at the Home Appliances Recycling Pick-up Center.

Applying via online

<https://kaden23rc.jp/> (24-hour reception, information is available only in Japanese.)



Applying by phone

☎ 0570-087200 (Navi-Dial)  
Monday through Friday 9:00 a.m. to 5:00 p.m.  
Closed on Saturdays, Sundays, national holidays, and during the year-end/New Year's holidays.

3. Bring the items to the designated dealers.

Contact the Waste Management & Recycling Section or Meguro Waste Collection Office for the locations of the designated dealers.

### Cost for disposal

You have to pay recycling fee plus transportation cost.

※If you bring any items to the designated dealer by yourself, you will be exempted from transportation cost.

## Personal computers and other devices

### 1. Collection by the computer manufacturer

Contact the manufacturer of the computer to be disposed of for collection.

Computers with the “PC Recycle Mark” will be collected free of charge. If you are not sure of the manufacturer of your computer, please contact the PC3R Promotion Association.

☎ 03-5282-7685

Website: <https://www.pc3r.jp/>  
(Information is available only in Japanese.)



### 2. Collection via home collection service



Apply via the ReNet Japan Recycle Co., Ltd. Website  
<https://www.renet.jp/>  
(Information is available only in Japanese.)

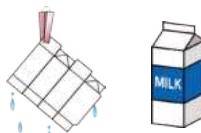
#### When application through internet is not available...

⇒Please contact the ReNet customer center

☎ 0570-085-800

Reception hours are from 10:00 a.m. to 5:00 p.m., open 365 days a year (\*except for the New Year holidays).

## Paper cartons



※Wash inside, cut open, and dry cartons.

※If an item's inside is silver-colored (aluminum coating), dispose of it as combustible waste.

Please deposit in the collection boxes at the following collection points, supermarkets, etc.

#### Major collection points:

- Meguro City Office Complex (West Entrance)
- Some Juku centers
- Meguro Eco Plaza
- Consumer Affairs Center
- Midorigaoka Community Center Annex Building
- Komaba Senior Citizen's Home
- Komabano Park Nature Observatory, etc.



Some offer group collections.

## Waste Cooking Oils



Collection point  
Meguro-ku Eco Plaza  
(☎ 03-5721-2300)

## Used ink cartridges

Limited to genuine products from the following four companies:  
Brother, Canon, Epson and HP Japan.

## Clothes (Re-useable clothing)

Not all used clothing are collected.  
See the Website for details.



### ● Meguro Waste Collection Office

(Waste Collection, Transportation, Recycling Collection, Waste Collection Sites, and Others)

☎ 03-3719-5345 2-13-19, Megurohoncho, Meguro-ku

### ● Waste Management & Recycling Section (Planning and Promotion, and Others)

☎ 03-5722-9572 6F Main Building, Meguro City Office Complex, 2-19-15, Kamimeguro, Meguro-ku

### ● Meguro City Website

[Meguro City](#) [Search](#)

### Meguro City How to Separate and Dispose of Waste Items and Recyclables

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