

He has been smoking everyday and has a very serious addiction. It seems that he can't live without cigarettes, but he can only smoke outdoors. In fact, he knew the dangers of smoking well, and after several attempts to quit smoking, he failed. Until one day, he saw a TV commercial for e-cigarettes, and the description of e-cigarettes on it was very attractive to him, "e-cigarettes can help you quit cigarettes, and you can smoke anytime and anywhere." In this way he started smoking e-cigarettes. Three years have passed in the blink of an eye. Now he has quit smoking. Besides, he is also addicted to e-cigarettes. He smokes cigarettes and e-cigarettes at the same time. He smokes cigarettes when he is outdoors, and he smokes them indoors. e-cigarette. Because he was coughing more than ever, he went to the doctor for a physical examination and found that his lungs not only had lesions, but also began to fibrosis. He was hopeless, and he soon passed away from a serious illness. Before he died, he thought back, did e-cigarettes really help him get rid of cigarettes? Look at the result, maybe it is, after all, he is free forever.

I seem to been  
smoking for more  
than ten years

Beavis and Butt-head

