William Lu

Professor Albertson

COM230

12 April 2019

Show and Tell Self Evaluation

In my feedback that I received from my classmates, most of the feedback was that I had a good story and it was organized well. There were also a few comments saying that I made good eye contact. I agree that the storyline and the way that I organized the speech was good because when rehearsing what to say for the speech, I focused a lot on how I would organize my content. I feel like I was able to give the details of my speech in the order that I planned for it to be, but there were times that I would forget what I wanted to say.

A few grows that I have noticed among my classmates was that I was not loud enough when I spoke. Also, the timing of my speech was a little bit too fast, which I agree with because two minutes normally feels like a short amount of time, but when speaking it is a lot longer than I anticipate it to be. I think if I timed myself when practicing my speech I could have had a better sense of timing when I was speaking. At first I thought that I was speaking loud enough for the class to hear, but after watching my video my voice was a little too quiet. In order to practice projecting my voice more I plan to record myself while I am rehearsing my speeches as well as possibly presenting it to my peers to receive their input.

Leading up to the presentation I was nervous about leaving out information or stuttering a lot during my speech. After rehearsing my speech a couple of times, I felt more confident and prepared for the presentation. I was not extremely satisfied with my speech because there were a couple of details that I forgot and spots that I stumbled on that I did better when practicing. As I was giving my speech I was more conscious about saying “like” and “um” and trying to not say those words, that I would lose my train of thought sometimes. I would give myself an 8 if I had to grade myself because I was not loud enough at some points for my speech. I also did not meet the time requirement of two minutes.