

## Melbourne Graduate School of Education



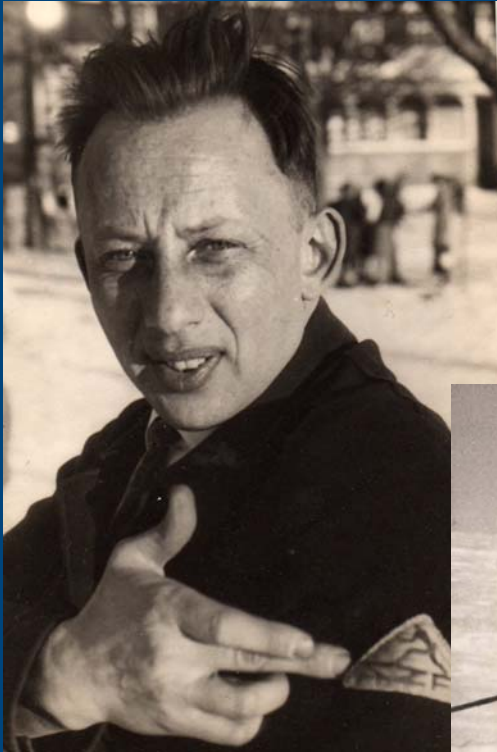
1896-1965

***THE FRITZ DURAS LECTURE***

1915-1918  
**PARTICIPATION IN  
THE FIRST WORLD WAR**



***THE FRITZ DURAS LECTURE***



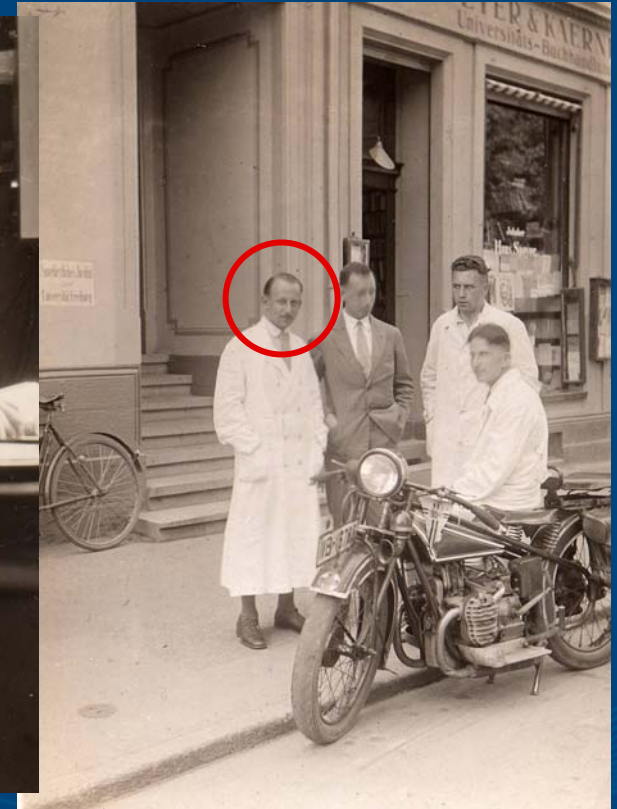
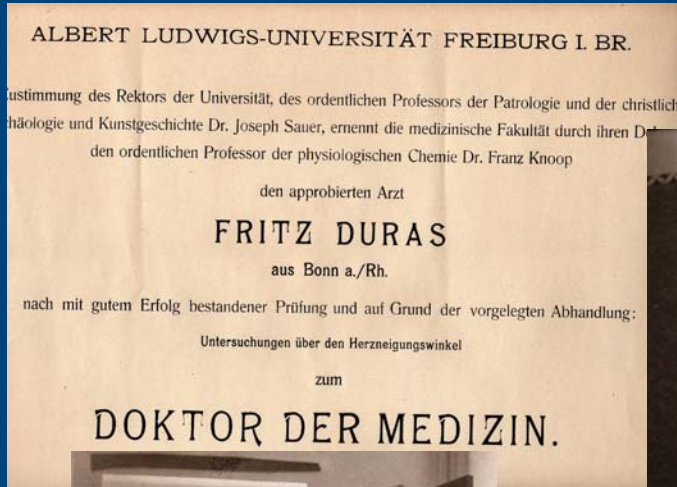
1920s  
**SKIING**  
Black Forest Germany

***THE FRITZ DURAS LECTURE***



1929 - 1934

**UNIVERSITY OF FRIEBURG**  
**Institute for Sports Medicine**  
**Director and Senior Physician**



**THE FRITZ DURAS LECTURE**

1937  
**ARRIVAL AT  
THE UNIVERSITY OF MELBOURNE**  
Professor G. S. Browne  
Dean Faculty of Education



***THE FRITZ DURAS LECTURE***



22 Ships, Broadcasting

*1st March 37*

# YOUTH MOVE PLANNED

## Expert Here For Big Health Drive

Establishment of a youth movement in Victoria with the first of several youth hostels, probably to be inaugurated at Mount Buffalo, are part of plans envisaged by Dr. Fritz Duras, newly appointed professor of Physical Education at the Melbourne University, who reached Melbourne in the Strathnaver today.

The practical art of camping and skiing will be part of the course to be taught by Dr. Duras, who said today he believed that physical education should develop the whole personality and not merely the anatomy.

"The best way is to bring the individuals into strong association with



Professor Fritz Duras on his arrival at Port Melbourne in the Strathnaver.

# THE NEW PHYSICAL EDUCATION

*Herald 5th March 37*

## A Talk With Dr Fritz Duras

By a Special Correspondent

Wherever one looks upon the world overseas, one finds Governments encouraging the cult of physical fitness. In the totalitarian States, such as Germany and Italy, the organisation is naturally upon a footing of compulsion, and nothing makes a stronger impression upon visitors to such countries than the physical vigor of their youth.

IN the democratic countries physical training is compulsory in the schools but for adolescents and adults it is purely voluntary, and the aim is to make the training so inter-

playgrounds ought to provide play-leaders. A playground without a play-leader is of very limited use.

"In Melbourne, one finds playgrounds with lots of good equipment, which the children don't know how to use to the best advantage, for sheer lack of guidance. Others have little apparatus but are blessed with a good play-leader, and on these you see all the children doing something useful and interesting. Parents, moreover, are much more likely to allow their children to use the playgrounds if they know there is someone on each of them to guard the children from harm.

"My own students have become so interested in the playground movement that some of them are giving honorary service as play-leaders and supervisors, and we gather that it is much appreciated.

"On the playgrounds, then, let the children run about and play games to their hearts' content; and as they grow older, bring into their games rules and order and law. In that way their sense of self-discipline will be educated, and they will discover that without law and order and discipline it is impossible, even for a group of children, to work and play together.

"The school, and physical education as part of it, is preparation for life. School should be life itself.

## Directed Exercise

THAT, then, is the first stage of physical



Dr. Fritz Duras

for older girls fencing; and for both sexes,



## UNIQUE IN AUSTRALIA

## THE FRITZ DURAS LECTURE

### Finding A Man

AN interesting announcement was made last week by the New South Wales Minister for Education (Mr Drummond). It had been found, he said, after the fullest inquiry by

the Public Service Board and by the Government, that there was apparently no male person in Australia with the proper qualifications available to fill the position of director of physical culture.



#### Unique in Australia?

The one suitably qualified man in the Commonwealth, he added, was a German doctor in Victoria who had been brought out especially for this work. The reference was to Dr. Fritz Duras, director of physical education at Melbourne University.

The uniqueness of Dr. Duras is that the appointment calls for a man who can be a university professor as well as a physical culture expert. This combination of talent, according to Mr Drummond, is not found among Australians.



# A NATIONAL FITNESS SCHEME

## LIGHT ON GERMAN EXPERIENCE.

### Dr. Fritz Duras' Views.

A NY national scheme of physical

port. Such children need corrective exercises, which games cannot provide.

#### Scientific Basis Taught.

The diploma course which Dr. Duras directs includes lectures, which give the scientific basis and biological knowledge to enable the teacher to recognise the special needs of their pupils. An ex-

perimentally, but there is a danger that their mental and intellectual development is being neglected. Many articles in medical journals have pointed out to the German authorities that the child's development in one direction of education should be a balanced one. Dr. Duras feels, and each child's nature should be



**THE FRITZ DURAS LECTURE**





## HAPPY CHILDREN IN NEW PLAYGROUND DEMONSTRATION FOR KNIGHT

WHEN Sir James Barrett arrived at the Exhibition Gardens yesterday afternoon to open the new model playground, hundreds of children crowded around in spite of efforts to move them back while he spoke. They stayed about him, many clinging to his coat.

A number of the children thanked Sir James Barrett and afterwards followed him to a seat



Sir J. Barrett



Dr. Duras

Friday, December 30, 1938

## NATIONAL VALUE IN PLAY

ties for activity, such as this playground."

Both Sir James Barrett and Dr. Duras spoke of the need for more trained play leaders. They told of plans for a school in Melbourne soon to train such leaders, whom they hope will be able to draw a living wage from funds supplied by municipal councils and other public organisations.

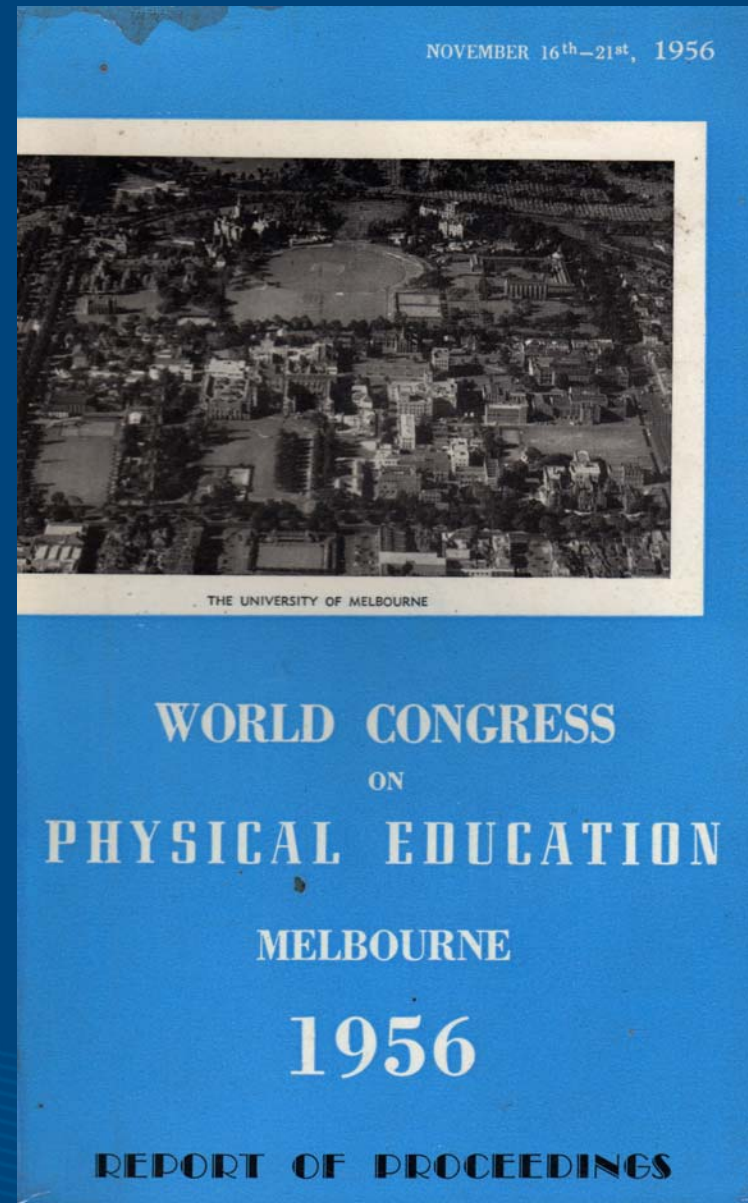
Sir James Barrett said that the new playground was only a foun-

marked "This kind of thing is

1938-1965  
PLAYGROUNDS AND RECREATION  
ASSOCIATION OF VICTORIA

THE FRITZ DURAS LECTURE

1956  
**FIRST WORLD CONGRESS  
ON PHYSICAL EDUCATION**  
The University of Melbourne



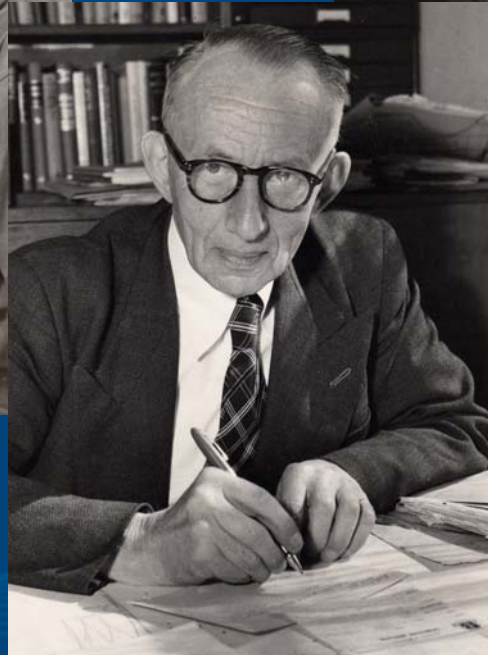
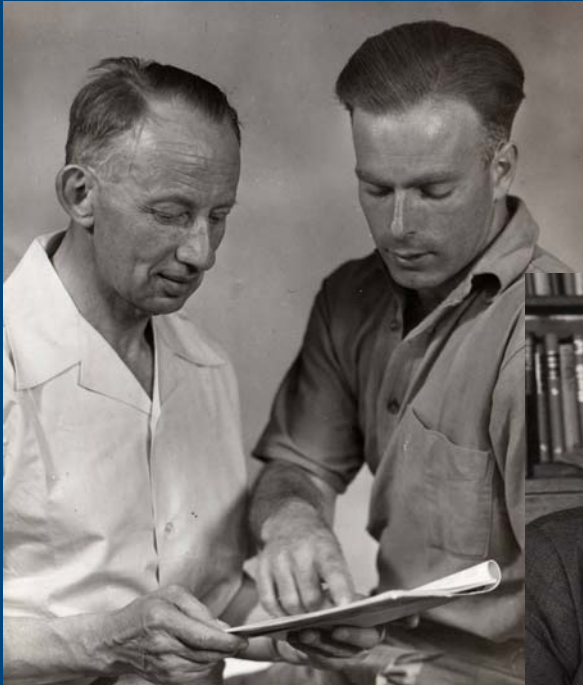
***THE FRITZ DURAS LECTURE***



1957-  
**VICTORIAN YOUTH ADVISORY COUNCIL**  
Dame Phyllis Frost



***THE FRITZ DURAS LECTURE***



1937-1962  
DIRECTOR OF  
PHYSICAL EDUCATION  
The University of Melbourne

***THE FRITZ DURAS LECTURE***



## FAMILY

**Michael & Betty Duras, Michael & Marianne Kloss, Fritz & Peter Duras**



***THE FRITZ DURAS LECTURE***

## Melbourne Graduate School of Education



1896-1965  
FRITZ DURAS

### **The University of Melbourne**

- *first university Director of Physical Education in Australia*

### **Australian Sports Medicine Federation**

- *foundation member and first vice-president*

### **Australian College of Education**

- *fellow*

### **Australian Physical Education Association**

- *first president*

### **American Academy of Physical Education**

- *first Australian to be elected fellow*

### **International Council for Physical Education and Sport**

- *first president*

### **Victorian Youth Advisory Council**

- *chairman*

### **Victorian National Fitness Council**

- *foundation member*

### **Victorian Marriage Guidance Council**

- *president*

### **Playgrounds and Recreation Association of Victoria**

- *chairman*

### **Victorian Association of Youth Clubs**

- *vice-president*