# From Sensor Variables to Phenomenal Facts

Wolfgang Schwarz Draft, 5 February 2019

#### 1 Dualist intuitions

I want to outline a materialist explanation of certain intuitions that are often thought to cast doubt on materialism. The intuitions I have in mind are more or less those Chalmers discusses in [Chalmers 2019]. My explanation will recapitulate ideas from [Schwarz 2018], but here I will present it more directly, abstracting away from the details of the Bayesian framework assumed in that paper. I begin by describing the relevant intuitions, since I want to highlight certain points Chalmers passes over.

First of all, some physical processes seem to give rise to conscious experience, in the sense that there is something it is like to undergo these processes. There is something it is like to eat broccoli, or to burn one's fingers. Moreover, what it's like to eat broccoli is different from what it's like to burn one's fingers: the two processes seem to be associated with different "phenomenal properties".

Only a small range of physical processes seem to involve phenomenal properties. Paradigmatic examples are certain brain processes related to perception. Most other things that happen in the brain seem to happen in the dark, without any accompanying phenomenal properties. The same is true (intuitively) for processes outside the brain, such as the digestion of food in our intestines, the recording of a burglary on a security camera, or the flow of a river down a valley.

A second, more puzzling fact about phenomenal properties is that they seem to be directly and infallibly revealed to the subject of a perceptual experience. For example, earlier today I was cycling through the rain. As I recall what that was like, I am certain that I am not right now having an experience with that phenomenal character. I may be hallucinating the desk in front of me, I may be a brain in a vat, but I can conclusively rule out that my present experience has *those* phenomenal properties.

A third important feature of the association between phenomenal properties and physical processes is its apparent contingency. While experiences of eating broccoli are in fact associated with *these* phenomenal properties, it seems that they could have been associated with other phenomenal properties, or with none at all. This appearance of contingency gives rise to the anti-materialist intuitions that are the focus of Chalmers's "meta-problem". For example, since phenomenal properties seem to be independent of physical properties, an agent could intuitively know all physical facts about colour

perception without knowing what it is like to see red. And it seems that even the totality of all physical facts is a priori compatible with the hypothesis that there is nothing it is like to see red. As a corollary, it is hard to see how physical facts could truly explain the existence and distribution of phenomenal properties: one could always accept the physical facts, it seems, and still wonder why the phenomenal side should be one way rather than another.

That's how things seem – to me, at least, and I suspect to many others. In short, perceptual processes (along with a few other things that happen in the brain) seem to have an irreducible phenomenal aspect that is directly revealed to the relevant subject. It is this seeming that I want to explain.

Chalmers identifies his target as a class of linguistic dispositions: dispositions to think or assert sentences like 'consciousness is irreducible'. I think of my target as causally upstream of these dispositions. For example, it seems to me that any physical way an agent could be is compatible with a complete absence of phenomenal properties. I am here reporting a seeming in English, but the report is not identical to the seeming, nor is the seeming a brute disposition to make the report.

I mention this because I want my explanation to support a certain answer to the puzzle of consciousness, and I don't think that puzzle is primarily a puzzle about linguistic dispositions. I want to explain why certain physical processes appear to have an independent phenomenal character, not why some people are disposed to think or utter certain words.

Taking the intuitions I have described at face value leads to dualism. We would have to accept that some physical processes are associated with special properties that aren't fixed by the physical properties, except by contingent laws.

Like many others, I worry how such properties fit into a naturalistic picture of the world. But I also think there is something highly counter-intuitive about the dualist proposal. Consider a world physically like ours but in which the phenomenology of seeing a red flower and burning one's fingers have traded places. In that world, people mostly classify the sensation that we know a kind of pain as neutral or even pleasant, and a popular opinion among philosophers is that it has intrinsic representational properties related to colours and flowers. Such a world seems conceivable. But it is strange – much stranger than a world in which ordinary laws of physics are different. Intuitively, the phenomenology of burning one's fingers somehow involves bad things happening to one's fingers; something has gone wrong if that phenomenology is associated with looking at a flower.

My intuitions here pull in opposite directions. On the one hand, the physical facts seem to radically underdetermine the phenomenal facts: physical information about an agent, it seems, can never conclusively rule out any hypothesis about what it's like to be that agent. On the other hand, the actual association between phenomenal and

physical/functional properties does not seem arbitrary; unlike the laws of physics, it is not a brute empirical coincidence.

I will outline explanation that accounts for both of these conflicting intuitions. Since I don't think the source of the intuitions is essentially linguistic or conceptual, I don't think the answer lies in special features of our phenomenal concepts or words, as some have suggested. Even a being without a (public or private) language could be puzzled about consciousness. What gives rise to the intuitions, I think, is something more elementary. It is the functional architecture of our perceptual system.

#### 2 From stimulus to belief

It used to be easy. When a sensory stimulus arrived, our ancestors responded with a fixed pattern of behaviour. Same stimulus again, same behavioural response. That was some hundred million years ago. Since then, we have grown intermediate neural layers between sensory input and behavioural output. These layers allow us to store an internal representation of the world that is detached from current sensory input. We can navigate around an obstacle even if we don't constantly perceive it. When a sensory stimulus arrives, our brain updates our internal model of the world and then chooses a behavioural response that makes sense in light of that model and our goals.

But now a problem arises that our distant ancestors didn't face. How should our world model be updated when a sensory stimulus arrives?

There are well-known methods for updating a model in response to new *information*. But here the input isn't information; it's a (proximate) stimulus: a certain pattern of activity at our neural periphery. To apply the well-known methods, we need to convert the stimulus into information.

It would help if every possible stimulus could only be caused in one relevant way – for example, if a certain pattern of photoreceptor activity could only be caused by a snake. Evolution could then have selected for systems whose internal world model represents the presence of a snake whenever that stimulus arrives. In fact, however, the correlation between receptor activity and relevant external (or internal) circumstances is far from perfect. An oddly shaped stick in the grass may produce the same receptor activity as a snake. A red surface under white light can cause the very same activity as a white surface under red light. Conversely, due to microscopic "noise", one and the same state of the macroscopic environment can lead to different patterns of receptor activity.

So suppose a stimulus S arrives that could have been caused by a variety of environmental conditions  $E_1, E_2, E_3, \ldots$  How should a cognitive system update its world model, if the goal is to reliably achieve at an accurate representation?

In philosophy, some have argued (in effect) that the system's world model should be sensitive not just to the proximal stimulus, but also to the distal causes of the stimulus:

if S was caused by  $E_1$ , the system should represent  $E_1$ ; if S was caused by  $E_2$ , the system should represent  $E_2$ . One problem with this proposal is that if  $E_1$  and  $E_2$  call for sufficiently different behavioural reactions, then it is physically impossible to build such a system. Besides, the proposal has highly implausible consequences. Suppose an organism has placed a snake-like stick in a certain patch of grass, but worries that the stick has been removed, and so comes back to check. Before looking at the patch of grass, the organism is confident that it contains either a snake-like stick or nothing snake-like at all. When it then takes a look and receives the kind of stimulus (S) that could be caused either by a snake  $(E_1)$  or by a snake-like stick  $(E_2)$ , it ought to become confident that the patch contains a snake-like stick – even if someone in fact took away the stick and a snake happened to crawl in its place.

In what follows, I will assume without further argument that we need to find a method that takes a system's prior world model and a sensory stimulus as input and outputs a posterior world model, without direct access to what caused the stimulus. What should that method look like?

A simple but sub-optimal method would select one of the conditions  $(E_1, E_2, ...)$  that could have caused the stimulus – the most common one, perhaps – and update the system's internal model so that it assigns high probability (say) to that condition. Ideally, however, the update should take into account earlier information, as in the above example of the snake and the stick. Depending on the system's prior world model, the incoming stimulus S should sometimes be taken to carry information  $E_1$ , sometimes  $E_2$ , sometimes a certain probability of  $E_3$ , and so on. How could that work?

The standard solution in artificial intelligence is to expand the system's world model by extra variables corresponding to the sensory stimuli. A variable, in this context, is simply a part of the world model. Let's assume a system has variables representing things like distance to the next wall or inclination of the floor. (Variables typically have numbers as values.) To process sensory input, extra sensor variables are added to the model. These new variables are causally associated with incoming stimuli so that any relevant stimulus causes an update of the model with a particular value of its sensor variables. Since there are no fixed logical connections between sensor variables and other variables, the same stimulus can lead to very different values of the ordinary variables, depending on their prior values.

Intuitively, the values of the sensor variables (which, again, might be numbers) represent the stimuli with which they are associated. So the system starts out with certain views about which stimuli are likely to arrive given various configurations of the ordinary variables. For example, the system might initially assume that  $E_1$  is more likely to produce stimulus S than  $E_2$ . But these assumption can be revised. The impact of a given stimulus on the ordinary variables can even be sensitive to earlier values of the relevant variables: after surprisingly receiving stimulus S when the ordinary variables

were in such-and-such a configuration, the system may be less surprised to find S again when its ordinary variables are again in that configuration.

In principle, we wouldn't need to add a new dimension of sensor variables if a system already had a sufficiently rich world model. Suppose a system's ordinary variables allow it to make fine-grained distinctions about the electrochemical events taking place at its computational periphery. When a given stimulus arrives, we could then design the system to update its world model by a configuration of ordinary variables that correctly describes the stimulus in electrochemical terms. However, we will see that this method would be highly inefficient. It also doesn't work for simpler systems like our not-so-distant ancestors whose ordinary variables weren't sufficiently rich to identify all different stimuli by their physical or functional profile.

So a more general and more efficient strategy is to use designated sensor variables in the system's world model. These variables represent sensory stimuli in the sense that every suitable stimulus systematically causes the system to update its world model by a corresponding value of its sensor variables. But this causal association between sensor variables and electrochemical events need not be transparent to the system. If a certain stimulus involves the release of glutamate, say, and the system is unsure about whether glutamate is presently being released at its computational periphery, then merely receiving the stimulus will not resolve its uncertainty. Computationally, sensor variables are just further variables, logically independent of ordinary world variables.

From the system's own perspective, then, receiving a sensory stimulus will seem to make it certain of a special kind of fact that is only contingently associated with ordinary hypotheses about the world.

## 3 A bag of tricks

You can see where this is going. Evolution had to find a method for updating our internal world model in response to sensory stimuli. The method it stumbled upon, I suggest, is the method of sensor variables. That's why perceptual experiences appear to reveal to us a special kind of information – information about a primitive, non-physical aspect of the experience.

To flesh out this explanation, we need to look at another challenge our brain faces when processing sensory input: the sheer volume of information. Imagine a sense organ with  $1000 \times 1000$  photoreceptors, each of which can distinguish 10 different kinds of electromagnetic waves. There are  $10^{10^6}$  possible activation patterns of the photoreceptors. It isn't practical to discretely store for each of these patterns, perhaps encoded as a  $1000 \times 1000$  pixel matrix, how it affects any possible hypothesis about the external world.

More tricks are needed to make the update of a system's world model tractable. An obvious first move is to pre-process and compress the sensory input, with an eye to the the

kind of information that is important to the system's goals. The raw pixel matrix input could be re-encoded in terms of edges, movements, shapes, and colours, factoring out the influence of ambient luminance or movements of the system's own sense organs. There are attractive computational models showing how a hierarchy of processing steps can efficiently convert raw sensory input of different kinds into a more useful representational format involving feature spaces for sounds, colours, orientation, and the like (perhaps influenced by attention and other top-down effects).

Plausibly, then, the "input" to our personal-level, amodal world model does not consist of sensor variables tracking raw sensory activity. Rather, the amodal input is the output of perceptual pre-processing, with different perceptual systems using different feature spaces that make it easy to extract relevant information about the world.

The problem from the previous section now returns in a modified form: relevantly different states of the world can cause the same end result of visual pre-processing. So how should a prior world model be updated in response to a given pre-processing output (a point in a feature space, say)?

The answer, I suggest, is the same as before. When a system looks at a snake in a patch of grass, generating a corresponding visual representation R, the system should not become certain that it is looking at a snake, irrespective of its background beliefs. The impact of R on the system's world model should depend on the prior state of the model, and even on the history of earlier experiences. So the system's world model should be extended by extra variables for perceptual input.

Further tricks are needed. Updating an entire world model in response to a given input is computationally taxing. If it looks like a rock is about to hit your head, the first priority is to duck; later you can figure out whether the object is really a rock, where it came from, and what it reveals about the geology of your environment. So if a certain representation R is typically caused by an environmental condition  $E_1$ , it could make sense to implement a fast and frugal process that computes salient aspects of  $E_1$  from R, checks if these call for any immediate behavioural response, and then lets a slower background process figure out whether endorsing  $E_1$  is really sensible in light of other information available to the system, and how other aspects of the system's world model should be revised in response to R.

Such a fast and frugal process puts further constraints on the format of perceptual representation (the output of perceptual pre-processing): it should be easy to read off the relevant environmental condition  $E_1$  from R. If the system's world model represents snakes and rocks in terms of certain variables, then it shouldn't be computationally hard to link the output of visual pre-processing to these variables.

Here it may help to "import" features from perceptual representations into the system's model of the environment. So far, I have assumed that a system's world model is neatly divided into "ordinary" variables, representing physical features of itself and its

environment, and sensor variables, representing the pre-processed sensory input. The sensor variables provide the basis for updating the system's model of the external world, and that is all they do. The present suggestion is that a system could re-use the feature space of sensor variables in its model of the external world, to represent objects in its environment. For example, a system might represent objects in the environment as having colour properties that are defined not in physical or functional terms, but through their association with features in the space of visual representations. This would make it almost trivial to infer the relevant external-world variables from the output of perceptual pre-processing.

All these tricks, I suspect, are used in our nervous system. The success of multi-cellular organisms largely rests on their capacity to adequately update an internal world model in response to sensory input. So evolution won't have missed any opportunities. Most of the ideas I have outlined are also commonplace in cognitive science.

If a system works the way I described, then its world model will have an "imaginary" dimension, as I called it in [Schwarz 2018]: an extra degree of freedom whose functional purpose is to allow for an efficient and context-sensitive update of the rest of the world model in response to sensory input. Perceptual experiences will make the system certain of particular points along the imaginary dimension; these points will stand in no logical connections to points in the "real", non-imaginary part of the system's world model.

None of that requires a language. But suppose the system has developed a language, and has started theorizing about its own perceptual experiences. It would be no surprise if the system were inclined to judge that there are special phenomenal facts, contingently related to ordinary physical or functional facts, to which perceptual experience provides direct access.

A sophisticated system may also have realized that that it closesly resembles certain other systems in its environment. If its world model represents its own experiences as having special, phenomenal properties, it would be natural to represent the experiences of other systems as also having these properties – properties that are directly revealed only to the relevant system at the relevant time. From the outside, such a system might conclude, we can never be sure whether other agents experience green and red the way we do, and we can never know what it is like to be a bat.

To be clear, a system like that is not condemned to dualism. A system's world model need not match its considered judgements about metaphysical reality. If the system finds out that its world model has an extra dimension for the processing of sensory input, it may well resist the temptation to postulate an extra dimension in metaphysical reality.

## 4 Is consciousness an illusion?

Perceptual experiences appear to have special properties, independent of all physical facts and directly revealed to the subject of the experience. This appearance, I suggest, is an illusion. It is an artefact of the way our brain processes sensory input.

Does this mean that phenomenal consciousness itself is an illusion? Does it mean that no-one ever feels pain?

Imagine a community of completely physical agents in a completely physical world whose cognitive system works the way I described. When these agents burn their fingers, they update their world model by a certain imaginary proposition. Over time, they have developed a language in which that proposition has become associated with a certain sentence Q, so that when an agent burns their fingers, they become disposed to utter and assent to Q. Some members of this community may hold that Q describes a basic dimension of metaphysical reality, but that is not built into the meaning of Q. On the other hand, Q also isn't equivalent to any physical or functional proposition, at least not in a transparent way: for any physical/functional proposition P, a competent speaker could coherently assert or entertain  $P \land \neg Q$ .

This is, very roughly, how I think 'I am feeling pain' works in English. You are not committed to dualism by uttering that sentence, but the sentence also seems to convey more than straightforward physical or functional information.

Now suppose one of our imaginary agents, Bob, has burnt his fingers, updates his world model by the relevant imaginary proposition, and utters Q. Is his utterance true or false?

Here is an argument that it is true. Bob is in precisely the kind of state in which it is appropriate by the rules of his language to assert Q. And if it is appropriate to assert Q then it is also appropriate to assert that Q is true, and it is not appropriate to say that Q is false. And if it is OK for Bob to say that Q is true, then it also appropriate for us to say that Bob's utterance of Q is true.

However, you might complain that an utterance is genuinely true only if (1) it represents the world as being a certain way, and (2) the world is that way. To assess whether Bob's utterance is genuinely true, we would therefore need to know its "representational content" – how it represents the world as being.

The answer will depend on how we understand 'representational content'. In some sense, perhaps, Bob's utterance of Q represents certain patterns of electrochemical activity in his brain, due to suitable causal connections between these events and productions of Q. On that approach, Bob's utterance would again be true. Like Chalmers, I don't think brute causal conceptions of content can do much explanatory work. So I prefer conceptions of content on which ideally rational and competent speakers can't be ignorant of the fact that two sentences of their language have the same content (in a given context).

On such a conception, the content of Bob's utterance arguably can't be any physical proposition about the world, since an ideally rational and competent speaker needn't recognize  $P \land \neg Q$  as a contradiction.

So there is a special, strict and philosophical sense in which Bob's utterance is not true, insofar as it does not represent the physical world – which is all the world there is – as being a certain way. The utterance also isn't false, which would mean that (1) it represents the world as being a certain way, and (2) the world is not that way.

The upshot is that if we accept the explanation I have outlined, we don't have to deny that people feel pain when they burn their fingers. We don't have to say that consciousness is an illusion. We don't have to revise our practice of expressing and attributing phenomenal properties. At most, we might have to say that in a certain strict and philosophical sense, attributions of phenomenal properties are neither true nor false.

### References

David Chalmers [2019]: "The Meta-Problem of Consciousness". *Journal of Consciousness Studies*. Forthcoming

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